

Name: _____

Team: _____

Address: _____

City/State/Zip: _____

Parents Email: _____

Emergency Phone: _____

Age/Grade (Fall '09)/ Team _____

Shirt Size: _____ Youth/Adult: _____

Session #1: _____ Session #2: _____

A non-refundable deposit of \$100 is required with each application and will be applied to the total fee. Please make all checks payable to: University of Richmond Swim Camp.

Medical Form

Please send a list of all allergies or drug sensitivities for which your child may need attention. Kindly include physician's records or statements regarding special situations.

I certify that, _____, is physically able to participate in the University of Richmond Swim Camp. I, also, give the University of Richmond camp staff permission to determine appropriate care for my child while participating at camp. I understand the camp staff will contact me in case of emergency. I agree to bear the cost of any treatment such performed.

Signature of Parent/Guardian

Date

Name of Physician

Phone

Insurance Co.

Policy Number

University of Richmond Swimming
28 Westhampton Way
University of Richmond, VA 23173

SpiderSwim

UNIVERSITY OF RICHMOND
BOYS AND GIRLS
SUMMER SWIM CAMP
2009



A GREAT WAY TO START
THE SUMMER!

WEEK # 1: JUNE 21-25
WEEK #2: JUNE 28-JULY 2

www.richmondspiders.com

SpiderSwim Summer Camp 2009



The Camp

Who: Ideal for summer-league boys and girls ages 6-18 looking to jump start their summer season and year-round swimmers looking to sharpen their skills. The camp will not provide swim lessons; therefore, the swimmers must have basic knowledge of the four competitive strokes.

Sunday:

Registration and camp gift (t-shirt & swim cap) pick-up at noon. Introduction of camp staff and swim session will end at 4:00 p.m.

Monday-Thursday:

8:30 a.m. Campers Arrive.
 8:30 a.m. - 9:30 a.m. Dryland
 9:30 a.m. - 11:30 a.m. Swim Session
 11:30 a.m. - 1:00 p.m. Lunch & Rec
 1:00 p.m. - 2:00 p.m. Classroom Session
 2:00 p.m. - 4:00 p.m. Swim Session
 4:00 p.m. Camp ends

Dryland and Swim Sessions will aim to create good swimming habits. All aspects of competitive swimming will be covered: the four competitive strokes, starts and turns, and race strategy. Instructors will use video and other visual examples to model proper technique for the swimmers. All skill levels will be accommodated.

Lunch will be served at Heilman Dining Center located on campus.

Summer Schedule 2009		
Dates	Time	Location
Session #1		
Jun 21, 2009	Noon - 4:00 p.m.	Robins Center Pool
June 22-25	8:30 a.m. - 4:00 p.m.	Robins Center Pool
Session #2		
Jun 28, 2009	Noon - 4:00 p.m.	Robins Center Pool
June 29-July 2	8:30 a.m. - 4:00 p.m.	Robins Center Pool

Registration/Fees 2009		
Session #1	Sessions #2	Deposit Due
\$250/ per child	\$250/ per child	Jun 1, 2009
Please email for UR Staff, team, additional family members, and two week rates.		

How to register:

1.) Complete this form and mail it with deposit.

OR

2.) Visit www.richmondspiders.com for our online registration.

All campers will need a competitive swim suit (no two piece suit for girls; no heavy boardshorts for boys) and goggles. All swimmers will be given a cap to wear at the camp. Shorts, shirts, towels, and shoes are necessary for lunch and dryland session.

Head Coach Matt Barany

As a Richmonder, Coach Barany is proud to host the SpiderSwim Camp at the University of Richmond.

Coach Barany has coached in the RMAL and GRAL summer leagues in Richmond. He has coached Woodlake, Raintree, and the Dominion Club prior to becoming the head coach at Randolph-Macon College in 1999. After R-MC, he returned to his alma-mater, JMU, to coach the men's team and eventually the women's team as well. In 2005, he began serving as the head coach of the Richmond Spiders.

Barany received the A-10 Coach of the Year award in each of his three years at Richmond (2006,2007,2008). The Spiders continue their successful dominance of the A-10 in winning the last 8 A-10 championships. Richmond has sent swimmers to the NCAA championship in each of the last 6 years as well as sending two swimmers to last year's Olympic Trials in Omaha.



Please direct all questions to Matthew Barany.

Email (preferred) mbarany@richmond.edu
 Phone: 804.289.8750