



# 2007-08 STATISTICS



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**Richmond vs. Duke and UNC-Wilmington**  
Oct. 20, 2007 • Durham, N.C.

Richmond.....	169.5
UNC-Wilmington.....	115.5
Richmond.....	.96
<b>Duke.....</b>	<b>199</b>

**Rutgers Quad Meet**  
Oct. 26, 2007 • Piscataway, N.J.

Richmond.....	197
Seton Hall.....	.96
Richmond.....	182
Rider.....	111
Richmond.....	132
<b>Rutgers.....</b>	<b>160</b>

**Richmond vs. Villanova and Connecticut**  
Oct. 27, 2007 • Villanova, Pa.

Richmond.....	145
<b>Connecticut.....</b>	<b>149</b>
Richmond.....	119
<b>Villanova.....</b>	<b>169</b>

**2007 Terrapin Cup**  
Nov. 15-17, 2007 • College Park, Md.

Connecticut.....	700
Maryland.....	609
William & Mary.....	585
<b>Richmond.....</b>	<b>514.5</b>
Villanova.....	462
Navy.....	320
West Chester.....	315
Drexel.....	237.5
Mary Washington.....	110

**Richmond vs. Maryland**  
January 12, 2008 • College Park, Md.

Richmond.....	121
<b>Maryland.....</b>	<b>150</b>

**Richmond vs. William & Mary**  
January 27, 2008 • Richmond, Va.

William & Mary.....	140
<b>Richmond.....</b>	<b>154</b>

**Richmond vs. James Madison**  
February 2, 2008 • Harrisonburg, Va.

Richmond.....	124
<b>James Madison.....</b>	<b>163</b>

**2008 Atlantic 10 Championships**  
Feb. 20-23, 2008 • Buffalo, N.Y.

<b>Richmond.....</b>	<b>690.5</b>
Xavier.....	488
Duquesne.....	470
Massachusetts.....	420.5
Fordham.....	414
St. Bonaventure.....	308
La Salle.....	225
Rhode Island.....	215
Saint Louis.....	214
George Washington.....	189

## 50 Free

23.09	<i>ncb</i>	Katie Sieben (So.).....	Terrapin Cup (11/15/07)
24.12		Alex Helland (So.).....	Terrapin Cup (11/15/07)
24.30		Kylie Francis (Fr.).....	A-10 Championship (2/20/08)
24.31		Nicole LePere (Fr.).....	A-10 Championship (2/20/08)
24.39		Natalie Lewis (Fr.).....	A-10 Championship (2/20/08)
24.84		Megan Riley (Fr.).....	A-10 Championship (2/20/08)
24.99		Elizabeth Hailand (Fr.).....	A-10 Championship (2/20/08)
25.31		# Lauren Beaudreau (Jr.).....	A-10 Championship (2/20/08)
25.40		Hannah Marlow (Fr.).....	Rutgers Quad (10/26/07)
25.87		Chrissy Brodt (Fr.).....	William & Mary Dual (1/27/08)

# - leadoff split in 400 free relay

## 100 Free

50.17	<i>ncb</i>	Katie Sieben (So.).....	Terrapin Cup (11/15/07)
52.49		Lauren Beaudreau (Jr.).....	A-10 Championship (2/20/08)
53.15		Alex Helland (So.).....	Terrapin Cup (11/15/07)
53.16		Natalie Lewis (Fr.).....	A-10 Championship (2/20/08)
53.17		Hannah Marlow (Fr.).....	A-10 Championship (2/20/08)
53.74		# Jessica Witt (Sr.).....	A-10 Championship (2/20/08)
54.67		Megan Riley (Fr.).....	A-10 Championship (2/20/08)
54.76		Chrissy Brodt (Fr.).....	James Madison Dual (2/2/08)
55.16		Kylie Francis (Fr.).....	Terrapin Cup (11/15/07)

# - leadoff split in 800 free relay

## 200 Free

1:51.81		Jessica Witt (Sr.).....	A-10 Championship (2/20/08)
1:52.27		Katie Sieben (So.).....	Terrapin Cup (11/15/07)
1:53.26		Lauren Beaudreau (Jr.).....	Villanova/UConn (10/25/07)
1:53.56		Chrissy Brodt (Fr.).....	A-10 Championship (2/20/08)
1:53.80		Hannah Marlow (Fr.).....	A-10 Championship (2/20/08)
1:53.88		Natalie Lewis (Fr.).....	A-10 Championship (2/20/08)
1:55.07		Elizabeth Hailand (Fr.).....	A-10 Championship (2/20/08)
1:58.28		Nicole LePere (Fr.).....	James Madison Dual (2/2/08)
1:59.41		Megan Riley (Fr.).....	A-10 Championship (2/20/08)

## 500 Free

4:50.44	<i>ur, ncb</i>	Jessica Witt (Sr.).....	Terrapin Cup (11/15/07)
5:00.89		Chrissy Brodt (Fr.).....	A-10 Championship (2/20/08)
5:05.50		Hannah Marlow (Fr.).....	A-10 Championship (2/20/08)
5:16.21		Elizabeth Hailand (Fr.).....	Terrapin Cup (11/15/07)
5:17.46		Natalie Lewis (Fr.).....	Terrapin Cup (11/15/07)

## 1,000 Free

10:19.46		Jessica Witt (Sr.).....	Villanova/UConn (10/27/07)
10:24.97		# Chrissy Brodt (Fr.).....	A-10 Championship (2/20/08)
10:48.12		Elizabeth Hailand (Fr.).....	Maryland Dual (1/12/08)

# - split in 1650 free

## 1,650 Free

17:17.71		Chrissy Brodt (Fr.).....	A-10 Championship (2/20/08)
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## 100 Fly

53.73	<i>nca</i>	Katie Sieben (So.).....	Terrapin Cup (11/15/07)
57.60		Nicole LePere (Fr.).....	A-10 Championship (2/20/08)
58.90		Alex Helland (So.).....	Terrapin Cup (11/15/07)
1:00.59		Beth Ann Platt (So.).....	Rutgers Quad (10/26/07)
1:03.12		Chrissy Brodt (Fr.).....	Duke/UNCW (10/20/07)
1:04.49		Natalie Lewis (Fr.).....	Rutgers Quad (10/26/07)

## 200 Fly

2:02.80		Jessica Witt (Sr.).....	A-10 Championship (2/20/08)
2:05.14		Nicole LePere (Fr.).....	A-10 Championship (2/20/08)
2:09.44		Katie Sieben (So.).....	James Madison Dual (2/2/08)
2:14.14		Cara Smaniotto (Jr.).....	Rutgers Quad (10/26/07)

## 100 Back

56.21	<i>ur</i>	Alex Helland (So.).....	Terrapin Cup (11/15/07)
57.96		Beth Ann Platt (So.).....	A-10 Championship (2/20/08)
58.12		Kylie Francis (Fr.).....	A-10 Championship (2/20/08)
58.75		Nicole LePere (Fr.).....	Terrapin Cup (11/15/07)
58.92		Elizabeth Hailand (Fr.).....	Terrapin Cup (11/15/07)

## 200 Back

2:01.08	<i>ur</i>	Nicole LePere (Fr.).....	A-10 Championship (2/20/08)
2:01.75		Alex Helland (So.).....	Terrapin Cup (11/15/07)
2:02.74		Jessica Witt (Sr.).....	Terrapin Cup (11/15/07)
2:02.83		Beth Ann Platt (So.).....	A-10 Championship (2/20/08)
2:04.13		Kylie Francis (Fr.).....	A-10 Championship (2/20/08)
2:05.41		Elizabeth Hailand (Fr.).....	A-10 Championship (2/20/08)

## 100 Breast

1:03.78		Lauren Beaudreau (Jr.).....	A-10 Championship (2/20/08)
1:04.40		Cara Smaniotto (Jr.).....	A-10 Championship (2/20/08)
1:08.12		Andrea Denney (Sr.).....	A-10 Championship (2/20/08)
1:15.07		Natalie Lewis (Fr.).....	Villanova/UConn (10/27/07)

## 200 Breast

2:15.35	<i>ncb</i>	Lauren Beaudreau (Jr.).....	Terrapin Cup (11/15/07)
2:21.30		Cara Smaniotto (Jr.).....	A-10 Championship (2/20/08)
2:25.92		Andrea Denney (Sr.).....	A-10 Championship (2/20/08)

## 200 IM

2:01.52	<i>ncb</i>	Lauren Beaudreau (Jr.).....	Terrapin Cup (11/15/07)
2:05.14		Cara Smaniotto (Jr.).....	A-10 Championship (2/20/08)
2:06.03		Beth Ann Platt (So.).....	A-10 Championship (2/20/08)
2:13.57		Andrea Denney (Sr.).....	A-10 Championship (2/20/08)

## 400 IM

4:18.97	<i>ncb</i>	Jessica Witt (Sr.).....	Terrapin Cup (11/15/07)
4:22.50		Lauren Beaudreau (Jr.).....	Terrapin Cup (11/15/07)
4:39.75		Cara Smaniotto (Jr.).....	Terrapin Cup (11/15/07)
4:40.58		Nicole LePere (Fr.).....	Terrapin Cup (11/15/07)
4:51.53		Andrea Denney (Fr.).....	Terrapin Cup (11/15/07)

## 200 Medley Relay

1:44.02		Helland, Beaudreau, Sieben, Witt.....	A-10 Championship (2/20/08)
1:44.07		Helland, Beaudreau, Sieben, Witt.....	Terrapin Cup (11/15/07)
1:47.43		Helland, Beaudreau, Sieben, Lewis.....	Maryland Dual (1/12/08)
1:48.52		Platt, Beaudreau, Sieben, Francis.....	Rutgers Quad (10/26/07)
1:49.68		Platt, Smaniotto, LePere, Francis.....	Maryland Dual (1/12/08)

## 200 Free Relay

1:34.63		LePere, Francis, Helland, Sieben.....	A-10 Championship (2/20/08)
1:36.50		Francis, Sieben, Helland, Lewis.....	Terrapin Cup (11/15/07)
1:40.39		Francis, Helland, Lewis, Witt.....	James Madison Dual (2/2/08)
1:40.72		Brodt, Denney, Hailand, Platt.....	William & Mary Dual (1/27/08)
1:40.90		Helland, Francis, Lewis, Witt.....	Rutgers Quad (10/26/07)

## 400 Medley Relay

3:45.74	<i>ur</i>	Helland, Beaudreau, Sieben, Witt.....	Terrapin Cup (11/15/07)
3:46.54	<i>a10</i>	Helland, Beaudreau, Sieben, Witt.....	A-10 Championship (2/20/08)
3:56.80		Platt, Smaniotto, Sieben, Marlow.....	Villanova/UConn (10/27/07)
3:57.85		Helland, Beaudreau, LePere, Lewis.....	William & Mary Dual (1/27/08)
3:58.00		Helland, Denney, LePere, Francis.....	Villanova/UConn (10/27/07)

## 400 Free Relay

3:26.02		Beaudreau, Helland, Witt, Sieben.....	A-10 Championship (2/20/08)
3:28.37		Helland, Marlow, Witt, Sieben.....	Terrapin Cup (11/15/07)
3:37.24		Beaudreau, Witt, Francis, Lewis.....	Villanova/UConn (10/27/07)
3:38.13		Francis, Brodt, Hailand, Lewis.....	Terrapin Cup (11/15/07)
3:39.39		Marlow, Francis, Hailand, Beaudreau.....	Duke/UNCW (10/20/07)

## 800 Free Relay

7:28.97		Witt, Marlow, Brodt, Beaudreau.....	A-10 Championship (2/20/08)
7:31.14		Witt, Beaudreau, Helland, Sieben.....	Terrapin Cup (11/15/07)
7:48.09		Hailand, Lewis, Marlow, Brodt.....	Terrapin Cup (11/15/07)

## Legend

*nca* - NCAA automatic qualifier  
*ncb* - NCAA consideration time  
*A10* - Atlantic 10 Conference record  
*UR* - Richmond school record

**50 Free**

22.64	<i>a10</i>	Brooke Boncher	2004
<b>23.09</b>		<b>Katie Sieben</b>	<b>2007</b>
23.71		Kristin Newkirk	2002
23.80		Michelle Coombs	2003
23.84		Jen Williams	1998
24.02		C.J. Pisano	2006
24.02		Maureen Sabri	2001
<b>24.12</b>		<b>Alex Helland</b>	<b>2007</b>
24.12		Sue Wager	1985
24.18		Kate Bergquist	1999

**100 Free**

49.79	<i>a10</i>	Brooke Boncher	2004
<b>50.17</b>		<b>Katie Sieben</b>	<b>2007</b>
51.48		Michelle Coombs	2004
51.71		Jen Williams	1998
51.86		Kate Bergquist	1999
51.92		Kristin Newkirk	2002
51.95		Maureen Sabri	2004
52.14		Casey Dluhos	2003
52.19		Sue Wager	1986/1987
52.22		Elizabeth Cook	2002

**200 Free**

1:50.80		Sue Wager	1986
1:50.97		Michelle Coombs	2004
<b>1:51.81</b>		<b>Jessica Witt</b>	<b>2008</b>
1:51.89		Elizabeth Cook	2002
1:51.92		Joanna Rakoczy	2007
1:52.01		Mary Adams	2005
<b>1:52.27</b>		<b>Katie Sieben</b>	<b>2007</b>
1:52.29		Caitlin Geary	2007
1:52.68		Jen Williams	1999
1:52.75		Holly Hinds	2004

**500 Free**

<b>4:50.44</b>		<b>Jessica Witt</b>	<b>2007</b>
4:52.81		Caitlin Geary	2007
4:55.85		Holly Hinds	2003
4:58.32		Anne Kirchner	2006
5:00.75		Michelle Carter	1998
<b>5:00.89</b>		<b>Chrissy Brodt</b>	<b>2008</b>
5:01.36		Sue Wager	1986
5:01.48		Brooke Boncher	2005
5:01.63		Megan Riley	2004
5:01.78		Hilary Phelps	1997

**1,000 Free**

10:05.65		Caitlin Geary	2007
<b>10:05.77</b>		<b>Jessica Witt</b>	<b>2007</b>
10:11.43		Holly Hinds	2004
10:19.61		Erin Lears	2001
10:22.09		Hilary Phelps	1997
10:22.33		Kara Swift	2003
10:22.82		Mary Adams	2003
<b>10:24.97</b>		<b>Chrissy Brodt</b>	<b>2008</b>
10:25.04		Megan Riley	2005
10:27.40		Michelle Carter	1996

**1,650 Free**

16:45.52	<i>a10</i>	Caitlin Geary	2007
16:49.13		Jessica Witt	2006
16:49.27		Holly Hinds	2003
17:01.25		Erin Lears	2001
17:05.65		Hilary Phelps	1997
17:11.22		Megan Riley	2004
<b>17:17.71</b>		<b>Chrissy Brodt</b>	<b>2008</b>
17:23.77		Anne Kirchner	2003
17:25.82		Leigh Figh	2003
17:28.92		Michelle Carter	1999

**100 Fly**

53.32	<i>a10</i>	Brooke Boncher	2005
<b>53.73</b>		<b>Katie Sieben</b>	<b>2007</b>
55.54		Kristin Newkirk	2002
56.94		Jen MacKay	1997
57.34		Lauren Beaudreau	2007
57.37		Casey Dluhos	2004
<b>57.60</b>		<b>Nicole LePere</b>	<b>2008</b>
58.04		Susie Gill	1994
58.16		Jamie Shriver	1998
58.47		C.J. Pisano	2006

**200 Fly**

2:00.52		Brooke Boncher	2003
<b>2:02.80</b>		<b>Jessica Witt</b>	<b>2008</b>
2:04.97		Anne Kirchner	2006
<b>2:05.14</b>		<b>Nicole LePere</b>	<b>2008</b>
2:06.01		Megan Riley	2004
2:06.25		Mary Adams	2002
2:07.13		Jamie Shriver	1998
2:07.34		Hilary Phelps	1997
2:07.61		Kristin Newkirk	2000
2:07.75		Kara Swift	2005

**100 Back**

<b>56.21</b>		<b>Alex Helland</b>	<b>2007</b>
56.42		Brooke Boncher	2004
56.76		Michelle Coombs	2004
57.19		Jen MacKay	1997
57.49		Jamie Shriver	1998
57.69		Brie McDowell	2006
57.94		Laura Thomas	2004
<b>57.96</b>		<b>Beth Ann Platt</b>	<b>2008</b>
57.98		Casey Dluhos	2004
<b>58.12</b>		<b>Kylie Francis</b>	<b>2008</b>

**200 Back**

<b>2:01.08</b>		<b>Nicole LePere</b>	<b>2008</b>
<b>2:01.75</b>		<b>Alex Helland</b>	<b>2007</b>
2:01.80		Mary Adams	2004
2:01.93		Jessica Witt	2006
2:02.29		Laura Thomas	2003
2:02.72		Elizabeth Cook	2003
<b>2:02.83</b>		<b>Beth Ann Platt</b>	<b>2008</b>
2:02.94		Casey Dluhos	2004
2:03.92		Kate Hibbard	2005
<b>2:04.13</b>		<b>Kylie Francis</b>	<b>2008</b>

**100 Breast**

1:01.81	<i>a10</i>	Lauren Beaudreau	2007
1:04.06		Anastasia Lau	2007
<b>1:04.40</b>		<b>Cara Smaniotto</b>	<b>2008</b>
1:04.45		Calla DeRuosi	2004
1:05.37		Alicia Crossman	2006
1:05.54		Mary Adams	2002
1:05.69		Leslie Moatz	2005
1:05.83		Andrea Denney	2005
1:06.70		Emily Pala	2002
1:06.79		Emily Woodburn	1997

**200 Breast**

2:14.87	<i>a10</i>	Lauren Beaudreau	2007
2:17.78		Mary Adams	2004
2:20.62		Alicia Crossman	2005
2:21.07		Anastasia Lau	2007
<b>2:21.30</b>		<b>Cara Smaniotto</b>	<b>2008</b>
2:21.98		Calla DeRuosi	2003
2:22.17		Andrea Denney	2006
2:25.05		Leslie Moatz	2002
2:25.60		Laura Douglas	1993
2:25.67		Jill Squires	2002

**200 IM**

2:00.81	<i>a10</i>	Lauren Beaudreau	2006
2:02.56		Mary Adams	2004
2:03.27		Elizabeth Cook	2002
<b>2:05.14</b>		<b>Cara Smaniotto</b>	<b>2008</b>
2:05.33		Kara Swift	2005
<b>2:06.03</b>		<b>Beth Ann Platt</b>	<b>2008</b>
2:06.09		Jessica Witt	2005
2:07.09		Jill Squires	2003
2:07.19		Beth Ann Platt	2007
2:07.22		Shannon Hutcherson	1991

**400 IM**

4:14.89	<i>a10</i>	Jessica Witt	2007
4:17.23		Lauren Beaudreau	2006
4:17.25		Mary Adams	2004
4:23.91		Elizabeth Cook	2002
4:23.92		Caitlin Geary	2007
4:24.94		Kara Swift	2006
4:27.18		Megan Riley	2004
4:29.94		Shannon Hutcherson	1991
4:30.01		Jill Squires	2003
4:30.13		Holly Hinds	2003

**200 Free Relay**

1:32.77	<i>a10</i>	Boncher, Sabri, Adams, Coombs	2004
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**400 Free Relay**

3:23.72	<i>a10</i>	Sabri, Coombs, Adams, Boncher	2004
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**800 Free Relay**

7:28.19	<i>a10</i>	Geary, Beaudreau, Witt, Rakoczy	2007
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**200 Medley Relay**

1:43.49	<i>a10</i>	Helland, Beaudreau, Sieben, Pisano	2007
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**400 Medley Relay**

<b>3:45.74</b>		<b>Helland, Beaudreau, Sieben, Witt</b>	<b>2007</b>
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**1M Dive (6)**

289.13		Katie Shipe	2002
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**1M Dive (10)**

352.65		Ami Burke	1999
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**1M Dive (11)**

413.65		Diana Robinson	1987
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**3M Dive (6)**

271.20		Michelle Robertson	1996
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**3M Dive (11)**

425.25		Diana Robinson	1987
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**Legend**

*A10 - Atlantic 10 Conference Championship record*