



2006-07 STATISTICS



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Richmond vs. Duke and UNC-Wilmington Oct. 21, 2006 (Wilmington, N.C.)

Richmond	135
Duke	165
Richmond	153
UNC-Wilmington	147

Richmond hosts NC State Oct. 27, 2006 (Richmond, Va.)

NC State	145
Richmond	154

Richmond vs. North Carolina and Minnesota Nov. 3-4, 2006 (Chapel Hill, N.C.)

Richmond	86
North Carolina	284
Richmond	98
Minnesota	272

Richmond at The Terrapin Invitational Nov. 16-18, 2006 (College Park, Md.)

West Virginia	641.5
Kansas	609
Maryland	370.5
Villanova	349
Connecticut	287
Richmond	272
William & Mary	258
Yale	247
Colgate	229
Navy	217
NC State	182
James Madison	61
West Chester	58
Drexel	36
Mary Washington	24

Richmond vs. Maryland, Pittsburgh and Villanova Jan. 12-13, 2007 (College Park, Md.)

Richmond	160
Maryland	186
Richmond	136
Pittsburgh	216
Richmond	179
Villanova	173

Richmond vs. William & Mary Jan. 26, 2007 (Williamsburg, Va.)

Richmond	153.5
William & Mary	146.5

Richmond vs. Virginia Jan. 31, 2007 (Charlottesville, Va.)

Richmond	110
Virginia	123

Richmond at The Atlantic 10 Championships Feb. 21-24, 2007 (Buffalo, N.Y.)

Richmond	737
Massachusetts	453
Fordham	425.5
Duquesne	412.5
St. Bonaventure	376.5
La Salle	356.5
Xavier	340
St. Louis	307
George Washington	151
Rhode Island	92

Richmond at The NCAA Championships March 8-10, 2007 (Minneapolis, Minn.)

Richmond	41st
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2006-07 Spider Swimming

Individual Season Bests

50 free			
23.73	Katie Sieben (Fr.)	Atlantic 10 Championships (2/22/07)	
24.19	CJ Pisano (So.)	Virginia (1/31/07)	
24.21 1	Joanna Rakoczy (Fr.)	Atlantic 10 Championships (2/22/07)	
24.34	Alex Helland (Fr.)	Atlantic 10 Championships (2/22/07)	
24.64	Caitlin Geary (Sr.)	Atlantic 10 Championships (2/22/07)	
24.77	Emily Bateman (Sr.)	Atlantic 10 Championships (2/22/07)	
24.92 1	Alicia Crossman (Sr.)	Terrapin Cup (11/16-18/06)	
25.05 1	Jessica Witt (Jr.)	Atlantic 10 Championships (2/22/07)	
25.40	Anastasia Lau (Jr.)	Atlantic 10 Championships (2/22/07)	
26.35 1	Erica Moschner	NC State (10/27/06)	
100 free			
52.27	Katie Sieben (Fr.)	Atlantic 10 Championships (2/24/07)	
52.31	Joanna Rakoczy (Fr.)	Atlantic 10 Championships (2/24/07)	
52.53 1	Lauren Beaudreau (So.)	Atlantic 10 Championships (2/22/07)	
52.92	CJ Pisano (So.)	Atlantic 10 Championships (2/24/07)	
53.56	Holly Hinds (Sr.)	Atlantic 10 Championships (2/24/07)	
53.72	Emily Bateman (Sr.)	Atlantic 10 Championships (2/24/07)	
54.07 1	Alicia Crossman (Sr.)	Terrapin Cup (11/16-18/06)	
54.48 1	Jessica Witt (Jr.)	Maryland/Nova/Pitt (1/12-13/07)	
55.01 1	Alex Helland (Fr.)	Maryland/Nova/Pitt (1/12-13/07)	
200 free			
1:51.92	Joanna Rakoczy (Fr.)	Atlantic 10 Championships (2/23/07)	
1:52.29 1	Caitlin Geary (Sr.)	Atlantic 10 Championships (2/23/07)	
1:53.30	Jessica Witt (Jr.)	William & Mary (1/26/07)	
1:54.83	Emily Bateman (Sr.)	Atlantic 10 Championships (2/23/07)	
1:55.54 1	Lauren Beaudreau (So.)	North Carolina/Minnesota (11/3-4/06)	
1:56.08	Holly Hinds (Sr.)	Atlantic 10 Championships (2/23/07)	
1:59.81 1	Alicia Crossman (Sr.)	North Carolina/Minnesota (11/3-4/06)	
2:06.41	Andrea Denney (Jr.)	Virginia (1/31/07)	
500 free			
4:50.52 ur,ncb	Jessica Witt (Jr.)	NCAA Championships (3/8/07)	
4:52.81 ncb	Caitlin Geary (Sr.)	Atlantic 10 Championships (2/22/07)	
5:11.44	Holly Hinds (Sr.)	Terrapin Cup (11/16-18/06)	
5:12.55	Alicia Crossman (Sr.)	Terrapin Cup (11/16-18/06)	
5:14.79	Emily Bateman (Sr.)	Terrapin Cup (11/16-18/06)	
5:25.19	Megan Riley (Sr.)	Maryland/Nova/Pitt (1/12-13/07)	
5:33.40	Alex Helland (Fr.)	NC State (10/27/06)	
1000 free			
10:05.65 ur	Caitlin Geary (Sr.)	Virginia (1/31/07)	
10:05.77	Jessica Witt (Jr.)	Virginia (1/31/07)	
10:43.93	Holly Hinds (Sr.)	NC State (10/27/06)	
10:45.74	Alicia Crossman (Sr.)	NC State (10/27/06)	
10:57.57	Megan Riley (Sr.)	William & Mary (1/26/07)	
1650 free			
16:45.52 ur,a10,ncb	Caitlin Geary (Sr.)	Atlantic 10 Championships (2/24/07)	
16:56.94	Jessica Witt (Jr.)	Terrapin Cup (11/16-18/06)	
17:52.72	Megan Riley (Sr.)	Atlantic 10 Championships (2/24/07)	
17:59.91	Holly Hinds (Sr.)	Terrapin Cup (11/16-18/06)	
100 fly			
55.90	Katie Sieben (Fr.)	Atlantic 10 Championships (2/23/07)	
57.34	Lauren Beaudreau (So.)	Maryland/Nova/Pitt (1/12-13/07)	
58.49	Joanna Rakoczy (Fr.)	Atlantic 10 Championships (2/23/07)	
59.96	CJ Pisano (So.)	Atlantic 10 Championships (2/23/07)	
1:00.23	Alex Helland (Fr.)	William & Mary (1/26/07)	
1:00.35	Beth Ann Platt (Fr.)	Terrapin Cup (11/16-18/06)	
1:02.51	Megan Riley (Sr.)	Maryland/Nova/Pitt (1/12-13/07)	
200 fly			
2:06.00	Jessica Witt (Jr.)	Maryland/Nova/Pitt (1/12-13/07)	
2:08.37	Caitlin Geary (Sr.)	William & Mary (1/26/07)	
2:13.78	Cara Smariotto (So.)	North Carolina/Minnesota (11/3-4/06)	
2:18.75	Megan Riley (Sr.)	UNCW/Duke (10/21/06)	
2:20.12	Alex Helland (Fr.)	North Carolina/Minnesota (11/3-4/06)	
50 back lead off (200 medley relay)			
26.88 1	Alex Helland (Fr.)	Maryland/Nova/Pitt (1/12-13/07)	
27.35 1	Lauren Beaudreau (So.)	NC State (10/27/06)	
28.03 1	Beth Ann Platt (Fr.)	Maryland/Nova/Pitt (1/12-13/07)	
100 back			
56.85	Alex Helland (Fr.)	Atlantic 10 Championships (2/23/07)	
58.14	Beth Ann Platt (Fr.)	Atlantic 10 Championships (2/23/07)	
58.33	Lauren Beaudreau (So.)	NC State (10/27/06)	
59.01	Katie Sieben (Fr.)	Terrapin Cup (11/16-18/06)	
59.25	Cara Smariotto (So.)	Atlantic 10 Championships (2/23/07)	
1:01.70 1	Jessica Witt (Jr.)	UNCW/Duke (10/21/06)	
200 back			
2:02.20	Jessica Witt (Jr.)	Atlantic 10 Championships (2/24/07)	
2:04.01	Alex Helland (Fr.)	Atlantic 10 Championships (2/24/07)	
2:04.45	Beth Ann Platt (Fr.)	Atlantic 10 Championships (2/24/07)	
2:04.52	Cara Smariotto (So.)	Terrapin Cup (11/16-18/06)	
2:09.50	Katie Sieben (Fr.)	Terrapin Cup (11/16-18/06)	
100 breast			
1:01.81 ur,a10,ncb	Lauren Beaudreau (So.)	Atlantic 10 Championships (2/23/07)	
1:04.06	Anastasia Lau (Jr.)	Atlantic 10 Championships (2/23/07)	
1:05.37	Alicia Crossman (Sr.)	Terrapin Cup (11/16-18/06)	
1:07.50	Andrea Denney (Jr.)	Terrapin Cup (11/16-18/06)	
200 breast			
2:14.87 ur,a10,ncb	Lauren Beaudreau (So.)	Atlantic 10 Championships (2/24/07)	
2:21.07	Anastasia Lau (Jr.)	Atlantic 10 Championships (2/24/07)	
2:22.59	Alicia Crossman (Sr.)	Terrapin Cup (11/16-18/06)	
2:23.60	Andrea Denney (Jr.)	Terrapin Cup (11/16-18/06)	
200 IM			
2:00.81ur,a10,ncb	Lauren Beaudreau (So.)	NCAA Championships (3/8/07)	
2:07.19	Beth Ann Platt (Fr.)	Atlantic 10 Championships (2/22/07)	
2:07.36	Cara Smariotto (So.)	Atlantic 10 Championships (2/22/07)	
2:07.81	Jessica Witt (Jr.)	Virginia (1/31/07)	
2:09.96	Anastasia Lau (Jr.)	Atlantic 10 Championships (2/22/07)	
2:12.44	Andrea Denney (Jr.)	Terrapin Cup (11/16-18/06)	
2:13.44	Alicia Crossman (Sr.)	Terrapin Cup (11/16-18/06)	
2:14.66	CJ Pisano (So.)	Terrapin Cup (11/16-18/06)	
2:17.67	Megan Riley (Sr.)	Virginia (1/31/07)	
400 IM			
4:14.89 ur,a10,nca	Jessica Witt (Jr.)	NCAA Championships (3/9/07)	
4:17.23 ncb	Lauren Beaudreau (So.)	Terrapin Cup (11/16-18/06)	
4:23.92	Caitlin Geary (Sr.)	Atlantic 10 Championships (2/23/07)	
4:35.26	Cara Smariotto (So.)	Atlantic 10 Championships (2/23/07)	
4:40.72	Beth Ann Platt (Fr.)	William & Mary (1/26/07)	
4:41.82	Andrea Denney (Jr.)	Terrapin Cup (11/16-18/06)	
4:44.21	Megan Riley (Sr.)	Maryland/Nova/Pitt (1/12-13/07)	

200 free relay

1:35.24	RichmondAtlantic 10 Championships (Helland, Rakoczy, Pisano, Sieben)
1:37.28	RichmondTerrapin Cup (11/16-18/06) (Pisano, Beaudreau, Sieben, Helland)
1:38.16	RichmondMaryland/Nova/Pitt (1/12-13/07) (Rakoczy, Crossman, Pisano, Sieben)
1:38.70	RichmondNorth Carolina/Minnesota (11/3-4/06) (Bateman, Pisano, Crossman, Sieben)
1:39.07	RichmondNC State (10/27/06) (Rakoczy, Bateman, Helland, Pisano)
1:39.82	RichmondTerrapin Cup (11/16-18/06) (Crossman, Bateman, Hinds, Malanga)
1:41.06	RichmondVirginia (1/31/07) (Rakoczy, Lau, Crossman, Pisano)
1:41.09	RichmondMaryland/Nova/Pitt (1/12-13/07) (Helland, Geary, Lau, Bateman)
1:41.55	RichmondNC State (10/27/06) (Malanga, Lau, Crossman, Witt)
1:41.79	RichmondNorth Carolina/Minnesota (11/3-4/06) (Helland, Rakoczy, Malanga, Lau)
1:41.91	RichmondNC State (10/27/06) (Moschner, Hinds, Smaniotto, Geary)
1:43.16	RichmondWilliam & Mary (1/26/07) (Witt, Denney, Smaniotto, Geary)
1:45.50	RichmondVirginia (1/31/07) (Helland, Platt, Smaniotto, Denney)

400 free relay

3:28.46	RichmondAtlantic 10 Championships (2/24/07) (Beaudreau, Sieben, Witt, Geary)
3:32.33	RichmondTerrapin Cup (11/16-18/06) (Sieben, Pisano, Bateman, Witt)
3:36.60	RichmondTerrapin Cup (11/16-18/06) (Crossman, Malanga, Helland, Geary)
3:37.78	RichmondMaryland/Nova/Pitt (1/12-13/07) (Witt, Pisano, Bateman, Sieben)
3:38.25	RichmondUNCW/Duke (10/21/06) (Pisano, Sieben, Rakoczy, Bateman)
3:39.24	RichmondNorth Carolina/Minnesota (11/3-4/06) (Witt, Pisano, Crossman, Bateman)
3:40.87	RichmondUNCW/Duke (10/21/06) (Malanga, Hinds, Crossman, Geary)
3:42.11	RichmondMaryland/Nova/Pitt (1/12-13/07) (Helland, Hinds, Lau, Geary)
3:43.14	RichmondNorth Carolina/Minnesota (11/3-4/06) (Hinds, Malanga, Smaniotto, Rakoczy)

800 free relay

7:28.19	ur,a10 RichmondAtlantic 10 Championships (2/21/07) (Geary, Beaudreau, Witt, Rakoczy)
7:36.69	RichmondTerrapin Cup (11/16-18/06) (Bateman, Beaudreau, Geary, Witt)
7:47.10	RichmondNorth Carolina/Minnesota (11/3-4/06) (Beaudreau, Hinds, Geary, Witt)
7:48.46	RichmondTerrapin Cup (11/16-18/06) (Hinds, Malanga, Pisano, Crossman)
8:05.95	RichmondNorth Carolina/Minnesota (11/3-4/06) (Crossman, Malanga, Smaniotto, Rakoczy)

200 medley relay

1:43.49	ur,a10 RichmondAtlantic 10 Championships (2/21/07) (Helland, Beaudreau, Sieben, Pisano)
1:46.41	RichmondWilliam & Mary (1/26/07) (Helland, Beaudreau, Sieben, Rakoczy)
1:46.51	RichmondMaryland/Nova/Pitt (1/12-13/07) (Helland, Lau, Beaudreau, Sieben)
1:46.72	RichmondNC State (10/27/06) (Beaudreau, Lau, Sieben, Pisano)
1:47.92	RichmondTerrapin Cup (11/16-18/06) (Helland, Crossman, Sieben, Bateman)
1:48.39	RichmondNorth Carolina/Minnesota (11/3-4/06) (Helland, Lau, Sieben, Pisano)
1:48.87	RichmondWilliam & Mary (1/26/07) (Platt, Lau, Pisano, Bateman)
1:49.92	RichmondMaryland/Nova/Pitt (1/12-13/07) (Platt, Crossman, Pisano, Bateman)
1:51.03	RichmondTerrapin Cup (11/16-18/06) (Platt, Denney, Pisano, Malanga)
1:51.84	RichmondNC State (10/27/06) (Platt, Denney, Helland, Rakoczy)
1:53.46	RichmondNorth Carolina/Minnesota (11/3-4/06) (Platt, Denney, Rakoczy, Malanga)

400 medley relay

3:47.43	RichmondAtlantic 10 Championships (2/23/07) (Helland, Beaudreau, Sieben, Rakoczy)
3:51.75	RichmondMaryland/Nova/Pitt (1/12-13/07) (Helland, Lau, Beaudreau, Sieben)
3:53.37	RichmondTerrapin Cup (11/16-18/06) (Helland, Beaudreau, Sieben, Witt)
3:54.33	RichmondNorth Carolina/Minnesota (11/3-4/06) (Beaudreau, Lau, Sieben, Bateman)
3:57.45	RichmondUNCW/Duke (10/21/06) (Platt, Beaudreau, Sieben, Pisano)
4:00.78	RichmondMaryland/Nova/Pitt (1/12-13/07) (Platt, Crossman, Pisano, Rakoczy)
4:02.24	RichmondUNCW/Duke (10/21/06) (Witt, Lau, Helland, Rakoczy)
4:06.07	RichmondNorth Carolina/Minnesota (11/3-4/06) (Platt, Denney, Helland, Geary)

50 free split

23.06	s	Katie Sieben (Fr.)Atlantic 10 Championships (2/22/07)
23.57	s	Joanna Rakoczy (Fr.)Atlantic 10 Championships (2/22/07)
23.74	s	CJ Pisano (So.)Atlantic 10 Championships (2/22/07)
23.84	s	Alex Helland (Fr.)Terrapin Cup (11/16-18/06)
24.23	s	Emily Bateman (Sr.)William & Mary (1/26/07)
24.43	s	Lauren Beaudreau (So.)Terrapin Cup (11/16-18/06)
24.46	s	Caitlin Geary (Sr.)William & Mary (1/26/07)
24.67	s	Alicia Crossman (Sr.)Maryland/Nova/Pitt (1/12-13/07)
24.80	s	Holly Hinds (Sr.)Terrapin Cup (11/16-18/06)
25.27	s	Jessica Witt (Jr.)NC State (10/27/06)
25.33	s	Anastasia Lau (Jr.)NC State (10/27/06)
25.50	s	Cara Smaniotto (So.)NC State (10/27/06)
26.60	s	Beth Ann Platt (Fr.)Virginia (1/31/07)
26.97	s	Andrea Denney (Jr.)Virginia (1/31/07)

50 fly split (200 medley relay)

24.47	s	Katie Sieben (Fr.)Atlantic 10 Championships (2/22/07)
25.80	s	Lauren Beaudreau (So.)Maryland/Nova/Pitt (1/12-13/07)
26.17	s	CJ Pisano (So.)Terrapin Cup (11/16-18/06)
27.16	s	Joanna Rakoczy (Fr.)North Carolina/Minnesota (11/3-4/06)
27.22	s	Alex Helland (Fr.)NC State (10/27/06)

50 breast split (200 medley relay)

28.11	s	Lauren Beaudreau (So.)Atlantic 10 Championships (2/21/07)
29.46	s	Anastasia Lau (Jr.)NC State (10/27/06)
30.05	s	Alicia Crossman (Sr.)Terrapin Cup (11/16-18/06)
31.58	s	Andrea Denney (Jr.)Terrapin Cup (11/16-18/06)

100 free split

51.10	s	Katie Sieben (Fr.)Atlantic 10 Championships (2/24/07)
51.62	s	Joanna Rakoczy (Fr.)Atlantic 10 Championships (2/23/07)
52.25	s	Caitlin Geary (Sr.)Atlantic 10 Championships (2/24/07)
52.58	s	Jessica Witt (Jr.)Atlantic 10 Championships (2/24/07)
53.06	s	CJ Pisano (So.)Terrapin Cup (11/16-18/06)
53.26	s	Emily Bateman (Sr.)Terrapin Cup (11/16-18/06)
54.00	s	Alex Helland (Fr.)Terrapin Cup (11/16-18/06)
54.42	s	Alicia Crossman (Sr.)UNCW/Duke (10/21/06)
54.80	s	Holly Hinds (Sr.)UNCW/Duke (10/21/06)
55.74	s	Anastasia Lau (Jr.)Maryland/Nova/Pitt (1/12-13/07)
57.14	s	Cara Smaniotto (So.)North Carolina/Minnesota (11/3-4/06)

100 fly split

55.22	s	Katie Sieben (Fr.)Atlantic 10 Championships (2/23/07)
56.77	s	Lauren Beaudreau (So.)Maryland/Nova/Pitt (1/12-13/07)
1:00.01	s	Alex Helland (Fr.)North Carolina/Minnesota (11/3-4/06)
1:01.76	s	CJ Pisano (So.)Maryland/Nova/Pitt (1/12-13/07)

100 breast split

1:03.19	s	Lauren Beaudreau (So.)Atlantic 10 Championships (2/23/07)
1:05.11	s	Anastasia Lau (Jr.)UNCW/Duke (10/21/06)
1:06.52	s	Alicia Crossman (Sr.)Maryland/Nova/Pitt (1/12-13/07)
1:10.09	s	Andrea Denney (Jr.)North Carolina/Minnesota (11/3-4/06)

200 free split

1:51.02	s	Jessica Witt (Jr.)Atlantic 10 Championships (2/21/07)
1:51.48	s	Lauren Beaudreau (So.)Atlantic 10 Championships (2/21/07)
1:53.40	s	Joanna Rakoczy (Fr.)Atlantic 10 Championships (2/21/07)
1:55.09	s	Caitlin Geary (Sr.)Terrapin Cup (11/16-18/06)
1:56.46	s	Alicia Crossman (Sr.)Terrapin Cup (11/16-18/06)
1:56.77	s	CJ Pisano (So.)Terrapin Cup (11/16-18/06)
1:58.29	s	Holly Hinds (Sr.)North Carolina/Minnesota (11/3-4/06)
2:05.38	s	Cara Smaniotto (So.)North Carolina/Minnesota (11/3-4/06)

1 M dive (6)

234.83		Courtney Plank (Fr.)NC State (10/27/06)
217.05		Maggie Maranda (Sr.)NC State (10/27/06)
202.35		Meredith Stackhouse (So.)NC State (10/27/06)
192.75		Anna Peabody (So.)NC State (10/27/06)

3 M dive (6)

238.05		Maggie Maranda (Sr.)NC State (10/27/06)
167.70		Meredith Stackhouse (So.)NC State (10/27/06)
167.25		Anna Peabody (So.)NC State (10/27/06)
171.38		Courtney Plank (Fr.)William & Mary (1/26/07)

nca - NCAA Automatic Qualifier

ncb - NCAA Consideration Time

l - Relay lead-off time

s - Relay split

a10 - Atlantic 10 Conference record

ur - Richmond Spider Record

50 free

22.64a10Brooke Boncher2004
23.71	Kristin Newkirk2002
23.73	 Katie Sieben2007
23.80	Michelle Coombs2003
23.84	Jen Williams1998
24.02	C.J. Pisano2006
24.02	Maureen Sabri2001
24.12	Sue Wager1985
24.18	Kate Bergquist1999
24.21	Emily Bateman2004
24.21	 Joanna Rakoczy2007

100 free

49.79a10Brooke Boncher2004
51.48	Michelle Coombs2004
51.71	Jen Williams1998
51.86	Kate Bergquist1999
51.92	Kristin Newkirk2002
51.95	Maureen Sabri2004
52.14	Casey Dluhos2003
52.19	Sue Wager1986/1987
52.22	Elizabeth Cook2002
52.27	 Katie Sieben2007

200 free

1:50.80	Sue Wager1986
1:50.97	Michelle Coombs2004
1:51.89	Elizabeth Cook2002
1:51.92	 Joanna Rakoczy2007
1:52.01	Mary Adams2005
1:52.17	Jessica Witt2006
1:52.29	 Caitlin Geary2007
1:52.68	Jen Williams1999
1:52.75	Holly Hinds2004
1:52.76	Brooke Boncher2004

500 free

4:50.52	Jessica Witt2007
4:52.81	 Caitlin Geary2007
4:55.85	Holly Hinds2003
4:58.32	Anne Kirchner2006
5:00.75	Michelle Carter1998
5:01.36	Sue Wager1986
5:01.48	Brooke Boncher2005
5:01.63	Megan Riley2004
5:01.78	Hilary Phelps1997
5:02.68	Mary Adams2003

1000 free

10:05.65	Caitlin Geary2007
10:05.77	Jessica Witt2007
10:11.43	Holly Hinds2004
10:19.61	Erin Lears2001
10:22.09	Hilary Phelps1997
10:22.33	Kara Swift2003
10:22.82	Mary Adams2003
10:25.04	Megan Riley2005
10:27.40	Michelle Carter1996
10:28.08	Anne Kirchner2002

1650 free

16:45.52a10Caitlin Geary2007
16:49.13	Jessica Witt2006
16:49.27	Holly Hinds2003
17:01.25	Erin Lears2001
17:05.65	Hilary Phelps1997
17:11.22	Megan Riley2004
17:23.77	Anne Kirchner2003
17:25.82	Leigh Figh2003
17:28.92	Michelle Carter1999
17:40.42	Diane Miller1983

100 fly

53.32a10Brooke Boncher2005
55.54	Kristin Newkirk2002
55.90	 Katie Sieben2007
56.94	Jen MacKay1997
57.34	 Lauren Beaudreau2007
57.37	Casey Dluhos2004
58.04	Susie Gill1994
58.16	Jamie Shriver1998
58.47	C.J. Pisano2006
58.49	 Joanna Rakoczy2007

200 fly

2:00.52	Brooke Boncher2003
2:04.97	Anne Kirchner2006
2:06.00	 Jessica Witt2007
2:06.01	Megan Riley2004
2:06.25	Mary Adams2002
2:07.13	Jamie Shriver1998
2:07.34	Hilary Phelps1997
2:07.61	Kristin Newkirk2000
2:07.75	Kara Swift2005
2:08.37	 Caitlin Geary2007

100 back

56.42	Brooke Boncher2004
56.76	Michelle Coombs2004
56.85	 Alex Helland2007
57.19	Jen MacKay1997
57.49	Jamie Shriver1998
57.69	Brie McDowell2006
57.94	Laura Thomas2004
57.98	Casey Dluhos2004
58.14	 Beth Ann Platt2007
58.20	Kate Hibbard2004

200 back

2:01.80	Mary Adams2004
2:01.93	Jessica Witt2006
2:02.29	Laura Thomas2003
2:02.72	Elizabeth Cook2003
2:02.94	Casey Dluhos2004
2:03.92	Kate Hibbard2005
2:04.01	 Alex Helland2007
2:04.23	Kara Swift2005
2:04.45	 Beth Ann Platt2007
2:04.52	 Cara Smaniotto2006

100 breast

1:01.81a10Lauren Beaudreau2007
1:04.06	Anastasia Lau2007
1:04.45	Calla DeRuosi2004
1:05.37	 Alicia Crossman2006
1:05.54	Mary Adams2002
1:05.69	Leslie Moatz2005
1:05.83	Andrea Denney2005
1:06.70	Emily Pala2002
1:06.79	Emily Woodburn1997
1:06.80	Brooke Boncher2004

200 breast

2:14.87a10Lauren Beaudreau2007
2:17.78	Mary Adams2004
2:20.62	Alicia Crossman2005
2:21.07	 Anastasia Lau2007
2:21.98	Calla DeRuosi2003
2:22.17	Andrea Denney2006
2:25.05	Leslie Moatz2002
2:25.60	Laura Douglas1993
2:25.67	Jill Squires2002
2:25.71	Jennifer Collins1993

200 IM

2:00.81a10Lauren Beaudreau2006
2:02.56	Mary Adams2004
2:03.27	Elizabeth Cook2002
2:05.33	Kara Swift2005
2:06.09	Jessica Witt2005
2:07.09	Jill Squires2003
2:07.19	 Beth Ann Platt2007
2:07.22	Shannon Hutcherson1991
2:07.36	 Cara Smaniotto2007
2:09.06	Jen MacKay1994

400 IM

4:14.89a10Jessica Witt2007
4:17.23	 Lauren Beaudreau2006
4:17.25	Mary Adams2004
4:23.91	Elizabeth Cook2002
4:23.92	 Caitlin Geary2007
4:24.94	Kara Swift2006
4:27.18	Megan Riley2004
4:29.94	Shannon Hutcherson1991
4:30.01	Jill Squires2003
4:30.13	Holly Hinds2003

200 free relay

1:32.77a10Boncher, Sabri, Adams, Coombs2004
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400 free relay

3:23.72a10Sabri, Coombs, Adams, Boncher2004
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800 free relay

7:28.19a10Geary, Beaudreau, Witt, Rakoczy2007
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200 medley relay

1:43.49a10Helland, Beaudreau, Sieben, Pisano2007
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400 medley relay

3:47.29a10Coombs, Lau, Boncher, Adams2005
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1 M dive (6)

289.13	Katie Shipe2002
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1 M dive (10)

352.65	Ami Burke1999
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1 M dive (11)

413.65	Diana Robinson1987
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3 M dive (6)

271.20	Michelle Robertson1996
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3 M dive (11)

425.25	Diana Robinson1987
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a10 - Atlantic 10 Conference record