

2006 Richmond Cross Country

Richmond Men's Cross Country Individual Meet Performances

Spider Alumni Open (5K)

Place	Name	Time
5th	Matt Llano	15:57.42
6th	Andrew Benford	15:58.16
8th	Mike Stubbs	16:04.17
10th	Jonathan Molz	16:10.11
12th	Garrett Graham	16:14.14
15th	Jeff Strojny	16:18.31
18th	Sean Welsh	16:33.96
20th	Jon Wilson	16:36.42

Navy Invitational (8K)

Place	Name	Time
13th	Matt Llano	25:51.50
17th	Hunter Willis	26:01.77
24th	Jonathan Molz	26:16.15
29th	Mike Stubbs	26:36.15
36th	Jon Wilson	27:08.43
37th	Jeff Strojny	27:09.77
46th	Ryan Buhl	27:47.60
52nd	Garrett Graham	28:14.53
55th	Sean Welsh	28:22.51
66th	Dan Petty	29:47.20

George Mason Invitational (8K)

Place	Name	Time
13th	Hunter Willis	25:26.78
14th	Andrew Benford	25:29.05
20th	Matt Llano	25:45.05
21st	Jonathan Molz	25:45.77
40th	Mike Stubbs	26:22.10
50th	Jon Wilson	26:39.25
71st	Jeff Strojny	27:09.44
78th	Sean Welsh	27:21.84
83rd	Garrett Graham	27:29.67
84th	Ryan Buhl	27:34.57
106th	Dan Petty	29:11.23

Winthrop Fall Classic (6K)

Place	Name	Time
2nd	Hunter Willis	18:38
4th	Matt Llano	18:41
6th	Jonathan Molz	18:53
7th	Andrew Benford	18:59
19th	Garrett Graham	19:32
22nd	Jon Wilson	19:35
30th	Peter Norquist	19:50
33rd	Sean Welsh	19:56
36th	Mike Stubbs	19:58
43rd	Jeff Strojny	20:07
60th	Ryan Buhl	20:42
64th	Dan Petty	20:49

Atlantic 10 Championship (5-Mile)

Place	Name	Time
8th	Andrew Benford	25:44.50
10th	Matt Llano	25:50.55
13th	Hunter Willis	25:57.85
26th	Jonathan Molz	26:23.60
44th	Jon Wilson	26:54.55
64th	Sean Welsh	27:18.80
74th	Peter Norquist	27:34.30
n/a	Jeff Strojny	27:46.10
n/a	Mike Stubbs	28:03.15
n/a	Garrett Graham	28:40.25
n/a	Dan Petty	29:04.80
n/a	Ryan Buhl	29:29.00

2006 Richmond Cross Country

Richmond Women's Cross Country Individual Meet Performances

Spider Alumni Open (2-Mile)

Place	Name	Time
2nd	Amanda Russell	11:32.95
3rd	Amy Van Alstine	11:34.70
4th	Alyssa Mankin	11:40.29
5th	Kylee Schuler	11:41.30
7th	Mary Bertram	12:01.90
8th	Karen Guthrie	12:04.35
9th	Emily Nagle	12:16.70
16th	Shelby Faircloth	13:03.77

Navy Invitational (6K)

Place	Name	Time
2nd	Amy Van Alstine	22:50.22
3rd	Amanda Russell	22:58.58
4th	Kylee Schuler	23:02.69
6th	Alyssa Mankin	23:31.03
9th	Mary Bertram	23:46.04
27th	Shelby Faircloth	24:46.21

George Mason (6K)

Place	Name	Time
4th	Kylee Schuler	22:00.79
5th	Amy Van Alstine	22:02.87
6th	Amanda Russell	22:21.29
8th	Alyssa Mankin	22:32.74
9th	Mary Bertram	22:39.40
14th	Karen Guthrie	22:56.83
21st	Shelby Faircloth	23:28.50
56th	Emily Nagle	25:05.50

Winthrop Fall Classic (4K)

Place	Name	Time
2nd	Amy Van Alstine	14:25
3rd	Amanda Russell	14:39
4th	Kylee Schuler	14:42
6th	Alyssa Mankin	14:57
9th	Mary Bertram	15:02
10th	Karen Guthrie	15:04
13th	Shelby Faircloth	15:14

Atlantic 10 Championship (5K)

Place	Name	Time
4th	Amy Van Alstine	18:02.35
9th	Amanda Russell	18:28.80
21st	Kylee Schuler	18:56.75
23rd	Shelby Faircloth	18:58.00
24th	Alyssa Mankin	18:59.30
28th	Karen Guthrie	19:07.90
34th	Mary Bertram	19:24.70

2006 Richmond Cross Country

Richmond Men's Cross Country Individual Results

Andrew Benford ▶ Fr. ▶ Ravenswood, W.V.

Sept. 2	15:47.42 (5th)	5K	Spider Alumni Open
Sept. 30	25:29.05 (14th)	8K	George Mason Invitational
Oct. 14	18:59 (7th)	5K	Winthrop Fall Classic
Oct. 28	25:44.50 (8th)	5M	Atlantic 10 Championship

Ryan Buhl ▶ Fr. ▶ Northbrook, Ill.

Sept. 16	27:47.60 (46th)	8K	Navy Invitational
Sept. 30	27:34.57 (84th)	8K	George Mason Invitational
Oct. 14	20:42 (60th)	5K	Winthrop Fall Classic
Oct. 28	29:29.00	5M	Atlantic 10 Championship

Garrett Graham ▶ So. ▶ Brevard, N.C.

Sept. 2	16:14.14 (12th)	5K	Spider Alumni Open
Sept. 16	28:14.53 (52nd)	8K	Navy Invitational
Sept. 30	27:29.67 (83rd)	8K	George Mason Invitational
Oct. 14	19:32 (19th)	5K	Winthrop Fall Classic
Oct. 28	28:40.25	5M	Atlantic 10 Championship

Matt Llano ▶ Fr. ▶ Arnold, Md.

Sept. 2	15:57.42 (5th)	5K	Spider Alumni Open
Sept. 16	25:51.50 (13th)	8K	Navy Invitational
Sept. 30	25:45.05 (20th)	8K	George Mason Invitational
Oct. 14	18:41 (4th)	5K	Winthrop Fall Classic
Oct. 28	25:50.55 (10th)	5M	Atlantic 10 Championship

Jonathan Molz ▶ Jr. ▶ East Northport, N.Y.

Sept. 2	16:10.11 (10th)	5K	Spider Alumni Open
Sept. 16	28:14.53 (52nd)	8K	Navy Invitational
Sept. 30	25:45.77 (21st)	8K	George Mason Invitational
Oct. 14	18:53 (6th)	5K	Winthrop Fall Classic
Oct. 28	26:23.60 (26th)	5M	Atlantic 10 Championship

Peter Norquist ▶ Jr. ▶ Shamong, N.J.

Oct. 14	19:50 (30th)	5K	Winthrop Fall Classic
Oct. 28	27:34.30 (74th)	5M	Atlantic 10 Championship

Dan Petty ▶ So. ▶ Pennington, N.J.

Sept. 16	29:47.20 (66th)	8K	Navy Invitational
Sept. 30	29:11.23 (106th)	8K	George Mason Invitational
Oct. 14	20:49 (64th)	5K	Winthrop Fall Classic
Oct. 28	29:04.80	5M	Atlantic 10 Championship

Jeff Strojny ▶ So. ▶ Hockessin, Del.

Sept. 2	16:18.31 (15th)	5K	Spider Alumni Open
Sept. 16	27:09.77 (37th)	8K	Navy Invitational
Sept. 30	27:09.44 (50th)	8K	George Mason Invitational
Oct. 14	20:07 (43rd)	5K	Winthrop Fall Classic
Oct. 28	27:46.10	5M	Atlantic 10 Championship

Mike Stubbs ▶ Jr. ▶ Newington, Conn.

Sept. 2	16:04.17 (8th)	5K	Spider Alumni Open
Sept. 16	26:36.71 (29th)	8K	Navy Invitational
Sept. 30	26:22.10 (40th)	8K	George Mason Invitational
Oct. 14	19:58 (36th)	5K	Winthrop Fall Classic
Oct. 28	28:03.15	5M	Atlantic 10 Championship

Sean Welsh ▶ So. ▶ Burke, Va.

Sept. 2	16:33.96 (18th)	5K	Spider Alumni Open
Sept. 16	28:22.51 (55th)	8K	Navy Invitational
Sept. 30	27:21.84 (78th)	8K	George Mason Invitational
Oct. 14	19:56 (33rd)	5K	Winthrop Fall Classic
Oct. 28	27:18.80 (64th)	5M	Atlantic 10 Championship

Hunter Willis ▶ Jr. ▶ Mt. Pleasant, S.C.

Sept. 2	16:36.42 (20th)	5K	Spider Alumni Open
Sept. 16	27:08.43 (36th)	8K	Navy Invitational
Sept. 30	25:26.78 (13th)	8K	George Mason Invitational
Oct. 14	18:38 (2nd)	5K	Winthrop Fall Classic
Oct. 28	25:57.85 (13th)	5M	Atlantic 10 Championship

Jon Wilson ▶ Fr. ▶ Falmouth, Maine

Sept. 2	16:36.42 (20th)	5K	Spider Alumni Open
Sept. 16	27:08.43 (36th)	8K	Navy Invitational
Sept. 30	26:39.25 (50th)	8K	George Mason Invitational
Oct. 14	19:35 (22nd)	5K	Winthrop Fall Classic
Oct. 28	26:54.55 (44th)	5M	Atlantic 10 Championship

2006 Richmond Cross Country

Richmond Women's Cross Country Individual Results

Mary Bertram ▶ So. ▶ Salisbury, N.C.

Sept. 2	12:01.90 (7th)	2M	Spider Alumni Open
Sept. 16	23:46.04 (9th)	6K	Navy Invitational
Sept. 30	22:39.40 (9th)	6K	George Mason Invitational
Oct. 14	15:02 (9th)	4K	Winthrop Fall Classic
Oct. 28	19:24.70 (34th)	5K	Atlantic 10 Championship

Shelby Faircloth ▶ Jr. ▶ Centennial, Colo.

Sept. 2	13:03.77 (16th)	2M	Spider Alumni Open
Sept. 16	24:46.21 (27th)	6K	Navy Invitational
Sept. 30	23:28.50 (21st)	6K	George Mason Invitational
Oct. 14	15:14 (13th)	4K	Winthrop Fall Classic
Oct. 28	18:58.00 (23rd)	5K	Atlantic 10 Championship

Karen Guthrie ▶ So. ▶ Mendham, N.J.

Sept. 2	12:04.35 (8th)	2M	Spider Alumni Open
Sept. 30	22:56.83 (14th)	6K	George Mason Invitational
Oct. 14	15:04 (10th)	4K	Winthrop Fall Classic
Oct. 28	19:07.90 (28th)	5K	Atlantic 10 Championship

Alyssa Mankin ▶ Fr. ▶ Brentwood, Tenn.

Sept. 2	11:40.29 (4th)	2M	Spider Alumni Open
Sept. 16	23:31.03 (6th)	6K	Navy Invitational
Sept. 30	22:32.74 (8th)	6K	George Mason Invitational
Oct. 14	14:57 (6th)	4K	Winthrop Fall Classic
Oct. 28	18:59.30 (24th)	5K	Atlantic 10 Championship

Emily Nagle ▶ So. ▶ Annapolis, Md.

Sept. 2	12:16.70 (32nd)	2M	Spider Alumni Open
Sept. 30	25:05.50 (56th)	6K	George Mason Invitational

Amanda Russell ▶ Sr. ▶ North Bay, Ontario

Sept. 3	11:32.95 (2nd)	2M	Spider Alumni Open
Sept. 16	22:58.58 (3rd)	6K	Navy Invitational
Sept. 30	22:21.29 (6th)	6K	George Mason Invitational
Oct. 14	14:39 (3rd)	4K	Winthrop Fall Classic
Oct. 28	18:28.80 (9th)	5K	Atlantic 10 Championship

Kylee Schuler ▶ Jr. ▶ Chambersburg, Pa.

Sept. 2	11:41.30 (5th)	2M	Spider Alumni Open
Sept. 16	23:02.69 (4th)	6K	Navy Invitational
Sept. 30	22:00.79 (4th)	6K	George Mason Invitational
Oct. 14	14:42 (4th)	4K	Winthrop Fall Classic
Oct. 28	18:56.75 (21st)	5K	Atlantic 10 Championship

Amy Van Alstine ▶ Fr. ▶ Midland Park, N.J.

Sept. 2	11:34.70 (3rd)	2M	Spider Alumni Open
Sept. 16	22:50.22 (2nd)	6K	Navy Invitational
Sept. 30	22:02.87 (5th)	6K	George Mason Invitational
Oct. 14	14:25 (2nd)	4K	Winthrop Fall Classic
Oct. 28	18:02.35 (4th)	5K	Atlantic 10 Championship