

Licensed to University of Richmond HY-TEK's Meet Manager 3/26/2011 04:10 PM
 Richmond's Fred Hardy Invitational - 3/25/2011 to 3/26/2011
 Robins Stadium
 University of Richmond, Virginia
 Results

Women 100 Meter Dash

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School: R 11.70 2007 Jessica Young
Facility: F 11.70 2007 Jessica Young, Richmond
Meet: M 11.70 2007 Jessica Young, Richmond
Name Year School Seed Finals Wind H#
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Finals
1 Robinson, G'Ana Virginia Uni 11.94 12.74 1.1 1
2 Timberlake, Sherrie VCU 12.31 12.75 1.1 1
3 Martin, Courtney Shippensburg 12.90 12.94 NWI 2
4 Mathews, Brooke Kutztown 12.61 13.02 1.1 1
5 Aumiller, Maisie Shippensburg 13.00 13.04 NWI 2
6 Kirk, Demi CONC 12.85 13.06 NWI 2
7 Pratt, Brittany CONC 12.75 13.07 1.1 1
8 Barnett, Erin CONC 12.80 13.17 1.1 1
9 Valente, Becca Wagner 12.86 13.23 NWI 2
10 Kirk, Donnie CONC 13.00 13.30 NWI 2
11 Herr, Allison Shippensburg 13.00 13.30 NWI 3
12 Diodati, Danielle Wagner 12.86 13.32 NWI 2
13 Oxley, Grace William and 12.50 13.33 1.1 1
14 Hart, Meghan Richmond 13.37 NWI 3
15 Messner, Sarah Kutztown 12.81 13.44 1.1 1
16 Porter, Marrah CONC 13.20 13.57 NWI 3
17 Crump, Victoria Virginia Uni 13.68 NWI 3
18 Jones, Crystal CONC 13.70 13.81 NWI 3
19 Herring, Lacy CONC 13.70 13.83 NWI 3
  
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Women 200 Meter Dash

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School: R 23.50 2006 Jessica Young
Facility: F 23.53 2005 Francena McCorory, Bethel
Meet: M 24.26 2007 Jessica Young, Richmond
Name Year School Seed Finals Wind H#
=====
1 Timberlake, Sherrie VCU 25.50 25.98 -0.7 1
2 Carnett, Shawnee CONC 25.90 25.98 -0.7 1
3 Barnett, Erin CONC 26.00 26.57 -0.7 1
4 Aumiller, Maisie Shippensburg 26.44 26.85 -0.7 1
5 Kirk, Demi CONC 26.00 26.93 -0.7 1
6 Savioli, Meagan CONC 27.50 26.96 NWI 2
7 Evins, Francyna Wagner 26.85 27.06 NWI 2
8 Martin, Courtney Shippensburg 26.42 27.17 -0.7 1
9 Johnson, Jasmyne Lynchburg 26.11 27.21 -0.7 1
10 Diodati, Danielle Wagner 26.55 27.40 NWI 2
11 Wlazelek, Sara Shippensburg 26.80 27.40 NWI 2
12 Oxley, Grace William and 26.00 27.50 -0.7 1
13 Herr, Allison Shippensburg 26.50 27.51 NWI 2
14 Messner, Sarah Kutztown 27.11 27.63 NWI 2
15 Yates, Jessica Shippensburg 27.70 28.05 -0.7 3
  
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16	Jackson, Shawn	Lynchburg	26.94	28.45	NWI	2
17	Wagner, Sara	Shippensburg	27.87	28.58	-0.7	3
18	Lyles, Daniesa	Shippensburg	27.50	28.64	-0.7	3
19	Herring, Lacy	CONC	29.30	28.91	2.2	4
20	Beebe, Lauren	Lynchburg	28.79	28.98	-0.7	3
21	Harvey, Grace	Quinnipiac	29.39	29.19	2.2	4
22	Porter, Marrah	CONC	27.20	29.33	NWI	2
23	Grandy, Nichole	Longwood		29.85	2.2	4
24	Lapierre, Renee	Quinnipiac	30.66	30.23	2.2	4

Women 400 Meter Dash

=====						
School: R 52.47		2007	Jessica Young			
Facility: F 55.67		2007	Shantea Calhoun, Pittsburgh			
Meet: M 55.67		2007	Shauntea Calhoun, Pittsburgh			
Name	Year	School	Seed	Finals	H#	
=====						
1	Hess, Erica	Shippensburg	55.50	56.37	1	
2	Carnett, Shawnee	CONC	56.50	56.43	1	
3	Spence, Victoria	Kutztown	59.21	58.01	1	
4	Henzy, Laura	Shippensburg	58.50	58.58	1	
5	Washington, Christina	Lynchburg	56.89	58.97	1	
6	Wlazelek, Sara	Shippensburg	59.41	59.97	1	
7	Stuetz, Caitlin	Shippensburg	1:00.00	1:00.07	2	
8	Powell, Lydia	CONC	59.00	1:00.21	1	
9	Franks, Jaquana	Virginia Uni	1:00.12	1:01.73	2	
10	Williams, Rachel	CONC	59.50	1:01.75	1	
11	Haupt, Rachel	Shippensburg	1:01.00	1:02.08	2	
12	O'Toole, Ann	Richmond		1:02.18	2	
13	DeVaughn, Lindsey	CONC	1:01.00	1:03.27	2	
14	Junghahn, Veronica	William and	1:02.00	1:04.33	2	
15	Smith, Rebecca	Quinnipiac	1:03.00	1:08.03	2	

Women 800 Meter Run

=====						
School: R 2:04.40		1981	Josephine White			
Facility: F 2:07.38		2005	Sarah Bowman, Fauquier			
Meet: M 2:08.05		2007	Alisa Harvey, Unattached			
Name	Year	School	Seed	Finals		
=====						
1	Raudabaugh, Amanda	Shippensburg	2:10.00	2:12.83		
2	Lewis, Allie	UNAT	2:09.68	2:13.51		
3	Brown, Keri	Kutztown	2:14.00	2:13.83		
4	Weatherly, Jennifer	Virginia	2:12.00	2:14.62		
5	McGehee, Jayna	Virginia	2:15.00	2:15.22		
6	Potasinski, Tasia	Virginia	2:14.00	2:15.22		
7	Kuhn, Natalia	Virginia	2:15.00	2:16.17		
8	Barber, Rosemary	Virginia	2:12.00	2:16.97		
9	Lineberry, Amanda	Richmond	2:17.40	2:17.21		
10	Dubs, Emily	Shippensburg	2:12.80	2:17.56		
11	Rhyner, Megan	Shippensburg	2:18.00	2:18.16		
12	Murphy, Laurie	UNAT	2:17.00	2:18.85		
13	Balling, Jessica	Wagner	2:19.50	2:20.55		
14	DeFonce, Andi	Richmond	2:17.50	2:20.93		
15	McGonigle, Alyson	Richmond	2:20.50	2:21.03		
16	Sevachko, Brittany	William and	2:25.00	2:21.60		
17	Kirk, Cameo	Wagner	2:18.45	2:21.78		

18	Karabinus, Ariel	Virginia	2:12.00	2:22.10
19	Scheren, Hailey	VCU	2:20.30	2:23.42
20	Donadio, Hannah	Quinnipiac	2:18.00	2:23.63
21	Royal, Alisha	Longwood	2:25.00	2:24.86
22	Callaway, Chelsea	CONC	2:25.00	2:25.01
23	Shuck, Heidi	Shippensburg	2:24.00	2:25.37
24	France, Chelsea	Virginia	2:16.00	2:26.62
25	Whited, Tabatha	CONC	2:34.00	2:27.22
26	Long, Brennan	Richmond	2:25.50	2:27.39
27	Weir, Julia	George Washi	2:21.00	2:27.55
28	Bartz, Kelly	George Washi	2:24.71	2:28.71
29	Seitz, Alexandra	Quinnipiac	2:21.00	2:28.83
30	Hoffman, Caitlin	VCU	2:25.40	2:29.26
31	Zarger, Lauren	Virginia	2:18.00	2:29.72
32	Soja, Jessica	Quinnipiac	2:24.00	2:30.09
33	Morelli, Rachel	Quinnipiac	2:22.00	2:30.48
34	Lauro, Samantha	Wagner	2:19.56	2:30.62
35	Serpe, Dominique	Wagner	2:29.15	2:31.44
36	Smith, Rebecca	Quinnipiac	2:27.00	2:31.98
37	Harding, Olivia	William and	2:23.00	2:32.02
38	Zielinski, Valerie	Quinnipiac	2:27.00	2:33.58
39	Hymon, Lauren	VCU	2:22.50	2:33.72
40	Favat, Jeana	Quinnipiac	2:24.00	2:34.47
41	Sprinkle, Jenna	Longwood	2:30.00	2:34.88
42	Armstrong, Courtney	Quinnipiac	2:26.00	2:35.18
43	O'Keefe, Brittany	Wagner	2:30.70	2:36.07
44	DeBellis, Christina	Quinnipiac	2:26.00	2:38.23
45	Cox, Kelsey	VCU	2:25.00	2:39.90
46	Alvarez, Martha	Quinnipiac	2:28.00	2:40.18
47	Donnelly, Christine	Quinnipiac	2:35.00	2:46.53
48	Rumrill, Diane	CONC	2:38.84	3:03.14

Women 1500 Meter Run

=====				
School:	R 4:19.90	1982	Josephine White	
Facility:	F 4:31.17	3/25/2011	Nicol Traynor, RICHMOND	
Meet:	M 4:31.17	3/25/2011	Nicol Traynor, RICHMOND	
Facility:	F 4:31.17	3/25/2011	Nicol Traynor, RICHMOND	
Meet:	M 4:31.17	3/25/2011	Nicol Traynor, RICHMOND	
Name		Year School	Seed	Finals
=====				
1	Traynor, Nicol	Richmond	4:30.00	4:31.17F
2	Mannon, Alli	Richmond	4:37.50	4:39.85
3	Fornshell, Ashley	Shippensburg	4:46.00	4:40.58
4	Carnett, Shawnee	CONC	4:36.00	4:40.72
5	White, Rebecca	Quinnipiac	4:40.00	4:43.83
6	Janeczko, Cara	William and	4:50.00	4:47.12
7	Morton, Lydia	Richmond	4:49.50	4:48.07
8	Bivona, Alexis	Wagner	4:48.60	4:49.33
9	Fredrickson, Taylor	Wagner	4:53.40	4:50.12
10	Weir, Julia	George Washi	4:49.00	4:51.50
11	Sleboda, Stephanie	Shippensburg	4:59.00	4:53.30
12	Britto, Michelle	William and	4:50.00	4:53.66
13	Constant, Allison	Shippensburg	4:53.00	4:53.86
14	Mayer, Lauren	Kutztown	5:05.00	4:54.99
15	Paradis, Stephanie	Richmond	4:53.50	4:55.11
16	Faust, Amanda	Quinnipiac	4:52.00	4:56.57

17	Antinucci, Laura	Shippensburg	5:02.00	4:57.38
18	Pernisi, Jennie	Lynchburg	4:55.32	4:58.11
19	Williams, Rachel	CONC	4:50.00	4:58.84
20	Reis, Patricia	Shippensburg	4:53.00	4:58.89
21	Kostishion, Jill	Kutztown	5:05.00	5:00.35
22	Faust, Christina	Quinnipiac	4:55.00	5:02.13
23	Beam, Katie	Quinnipiac	5:00.00	5:03.98
24	Humphreys, Jill	Quinnipiac	4:58.00	5:04.07
25	DelaCruz, Heather	VCU	4:53.40	5:04.35
26	Santandreu, Martha	Quinnipiac	5:02.00	5:04.44
27	Moran, Karena	Shippensburg	5:08.00	5:06.01
28	O'Keefe, Brittany	Wagner	5:17.50	5:11.32
29	Lash, Hanna	Shippensburg	5:08.00	5:11.91
30	Massa, Patty	Quinnipiac	5:03.00	5:13.59
31	DeVaughn, Lindsey	CONC	5:18.00	5:13.94
32	Bartz, Kelly	George Washi	5:01.56	5:15.01
33	Serpe, Dominique	Wagner	5:17.00	5:15.38
34	Wiechelt, Katie	Shippensburg	5:12.00	5:16.97
35	Saba, Ashley	Lynchburg	5:15.00	5:17.75
36	Miller, Micalyn	CONC	5:30.00	5:22.12
37	Zuniga, Frances	Wagner	5:24.50	5:23.20
38	Trennepohl, Kiley	Lynchburg	5:14.00	5:28.28
39	Armstrong, Courtney	Quinnipiac	5:08.00	5:28.38
40	Backus, Katie	CONC	5:30.00	5:33.76
41	Rumrill, Diane	CONC	5:43.29	6:05.88

Women 3000 Meter Run

=====				
School:	R 9:29.54	3/26/2011	Amy VanAlstine,	RICHMOND
Facility:	F 9:29.54	3/26/2011	Amy VanAlstine,	RICHMOND
Meet:	M 9:29.54	3/26/2011	Amy VanAlstine,	RICHMOND
Name	Year	School	Seed	Finals
=====				
1	VanAlstine, Amy	Richmond	9:35.00	9:29.54F
2	Calle, Maria Elana	UNAT	9:40.00	9:45.60
3	Dell, Mary	UNAT	9:45.00	9:47.39
4	Prentice, Jill	Richmond	9:50.00	9:55.39
5	Reimer, Christina	Kutztown	10:10.00	9:56.44
6	Chesser, Rena	UNAT		10:00.09
7	White, Rebecca	Quinnipiac	9:58.00	10:06.88
8	DiVecchia, Melissa	William and	10:25.00	10:12.40
9	Brown, Keri	Kutztown	10:20.00	10:14.28
10	Dietz, Kristen	William and	10:29.94	10:14.45
11	Cupido, Kristin	Kutztown	10:15.00	10:21.59
12	Cleary, Jen	Kutztown	10:30.00	10:25.89
13	Sleboda, Stephanie	Shippensburg	10:36.23	10:30.86
14	Parsons, Molly	Richmond	10:30.00	10:31.81
15	Callaway, Chelsea	CONC	10:35.00	10:32.16
16	Henningson, Roxanne	Richmond	10:20.00	10:33.69
17	Reis, Patricia	Shippensburg	10:45.07	10:34.96
18	Brandt, Becca	Kutztown	10:10.16	10:35.16
19	Faust, Amanda	Quinnipiac	10:15.00	10:37.97
20	Frey, Kathleen	Shippensburg	10:47.41	10:38.37
21	Constant, Allison	Shippensburg	10:47.24	10:38.92
22	Antinucci, Laura	Shippensburg	10:52.29	10:39.41
23	Daly, Jayme	Kutztown	10:55.00	10:39.49
24	Fergus, Carolyn	Kutztown	10:50.00	10:41.39

25 Szarkowicz, Andrea	Quinnipiac	10:28.74	10:42.35
26 Santandreu, Martha	Quinnipiac	10:40.00	10:43.19
27 Hardcastle, Kiah	William and	10:40.00	10:57.04
28 Tragelles, Charlotte	William and	10:40.00	11:07.50
29 Royal, Alisha	Longwood		11:11.34
30 Wiechelt, Katie	Shippensburg	11:10.00	11:16.45
31 Miller, Micalyn	CONC	11:45.00	11:43.51
32 Brady, Shannon	VCU	11:35.50	12:05.62
33 Backus, Katie	CONC	11:50.00	12:26.96
34 Sprinkle, Jenna	Longwood		13:04.54
35 McGann, Emberli	Longwood		13:59.77
-- Stern, Juliana	George Washi	10:15.00	DNF

Women 5000 Meter Run

=====				
School: R 16:17.64	2009	Nicol Traynor		
Facility: F 17:07.94	2005	Amanda Russell, Richmond		
Meet: M 17:07.94	2005	Amanda Russell, Richmond		
Name	Year	School	Seed	Finals
=====				
1 Kelly, Beth		Richmond	17:15.00	17:24.98
2 Ennis, Jennifer		Richmond	17:15.00	17:27.85
3 Roche, Morgan		Quinnipiac	17:35.21	17:47.54
4 Stevens, Kristen		Quinnipiac	18:15.00	17:49.38
5 Dennis, Kelly		Wagner	20:12.04	17:53.08
6 Pallotto, Paige		Quinnipiac	18:50.00	18:19.86
7 Berry, Emma		Richmond	18:00.00	18:22.16
8 Lanning, Julie		Quinnipiac		18:25.34
9 Schinski, Liz		Richmond	18:20.00	18:52.11
10 Malloy, Kelly		Quinnipiac	19:20.00	19:20.77
11 Alley, Jessica		Longwood	19:50.00	19:21.67
12 Faust, Brianna		Quinnipiac	18:15.00	19:24.39
13 Newcomb, Kelly		Quinnipiac	19:10.00	19:54.98
14 Vannatter, Cortney		CONC	21:00.00	21:05.80
15 Coon, Courtney		CONC	22:04.94	22:45.94

Women 100 Meter Hurdles

=====						
School: R 14.41	2004	Ashley Bell				
Facility: F 13.97	2005	Tamara McGill, Pittsburgh				
Meet: M 13.97	2005	Tamara McGill, Pittsburgh				
Name	Year	School	Seed	Finals	Wind	H#
=====						
1 Lyles, Daniesa		Shippensburg	15.25	15.51	-0.2	1
2 Dawson, Tiffany		Wagner	15.52	15.57	-0.2	1
3 Stuetz, Caitlin		Shippensburg	14.97	15.60	-0.2	1
4 Zaremba, Kiah		William and	15.50	16.24	-0.2	1
5 Wagner, Sara		Shippensburg	16.97	16.75	-0.2	2
6 Savioli, Meagan		CONC	16.20	16.91	-0.2	1
7 Haupt, Rachel		Shippensburg	16.20	16.99	-0.2	1
8 Kirk, Donnie		CONC	16.85	17.25	-0.2	2
9 Kaisershot, Morgan		Wagner	15.65	17.37	-0.2	1
10 Barna, Lyndsay		Shippensburg	15.50	17.82	-0.2	1
11 Yates, Jessica		Shippensburg	17.50	18.45	-0.2	2
12 Watson, Leanne		CONC	18.50	18.64	-0.2	2
13 Harvey, Grace		Quinnipiac	17.05	19.26	-0.2	2
-- Newhart, Rebekah		Shippensburg	15.50	DNF		

Women 400 Meter Hurdles

Name	Year	School	Seed	Finals	H#
=====					
School:	R	1:03.79	2000	Kary Brock	
Facility:	F	59.04	2005	Erin Crawford, Virginia	
Meet:	M	59.04	2005	Erin Crawford, Virginia	
Name	Year	School	Seed	Finals	H#
=====					
1	Stuetz, Caitlin	Shippensburg	1:03.00	1:04.81	1
2	Savioli, Meagan	CONC	1:04.90	1:05.94	1
3	Kaisershot, Morgan	Wagner	1:06.20	1:06.01	2
4	Denger, Amanda	George Mason	1:04.00	1:06.16	1
5	McFayden, Mel	Lynchburg	1:04.94	1:06.33	1
6	Haupt, Rachel	Shippensburg	1:05.00	1:08.30	1
7	Dorn, Tishana	Virginia Uni	1:06.34	1:09.21	2
8	Kirk, Donnie	CONC	1:06.50	1:10.15	2
9	Donadio, Hannah	Quinnipiac	1:06.00	1:10.19	1
10	Harvey, Grace	Quinnipiac	1:13.97	1:16.04	2
--	Garland, Christina	VCU		DNF	2

Women 4x100 Meter Relay

School	Seed	Finals
=====		
School:	R 46.14	2007
Facility:	F 46.08	2005
Meet:	M 46.08	2005
Hawkins, Major, Cottle, Young Pittsburgh, Pittsburgh Stephens, Lyles, Calhoun, Calhoun Pittsburgh		
School	Seed	Finals
=====		
1 Viun 'A'	48.45	49.28
1) Hunt, Shadiqua		2) Robinson, G'Ana
3) Porter, Johniqua		4) Dorn, Tishana
2 Ship 'A'	48.04	49.55
1) Herr, Allison		2) Redington, Lauren
3) Aumiller, Maisie		4) Martin, Courtney
3 Conc 'A'	48.80	50.04
1) Pratt, Brittany		2) Powell, Lydia
3) Barnett, Erin		4) Kirk, Demi
-- Wag 'A'	49.33	DQ
1) Dawson, Tiffany		2) Diodati, Danielle
3) Kaisershot, Morgan		4) Valente, Becca

Women 4x400 Meter Relay

School	Seed	Finals
=====		
School:	R 3:49.90	2007
Facility:	F 3:42.55	2007
Meet:	M 3:42.55	2007
Young, Cottle, Markey, Hawkins Seton Hall, Seton Hall McCoy, Friday, Hayes, Martin Seton Hall		
School	Seed	Finals
=====		
1 Lync 'A'	3:56.27	4:00.31
1) Johnson, Jasmyne		2) Gibbs, Jessica
3) McFayden, Mel		4) Washington, Christina
2 Wag 'A'	4:06.23	4:01.40
1) Evins, Francyna		2) Kaisershot, Morgan
3) Kirk, Cameo		4) Valente, Becca
3 Conc 'A'	3:57.82	4:02.21
1) Williams, Rachel		2) Powell, Lydia

3) Savioli, Meagan	4) Carnett, Shawnee		
4 Uva 'B'		3:54.00	4:05.99
1) Weatherly, Jennifer	2) France, Chelsea		
3) Kuhn, Natalia	4) Potasinski, Tasia		
5 Viun 'A'		3:55.89	4:06.54
1) Robinson, G'Ana	2) Porter, Johniqua		
3) Dorn, Tishana	4) Franks, Jaquana		
6 Kutz 'A'		4:06.00	4:14.10
1) Kostishion, Jill	2) Spence, Victoria		
3) Mathews, Brooke	4) Mayer, Lauren		
7 Uva 'A'		3:53.43	4:17.06
1) Barber, Rosemary	2) Zarger, Lauren		
3) Karabinus, Ariel	4) McGehee, Jayna		

Women 4x800 Meter Relay

School: R 9:00.00	1982	Mullett, Hendricks, Spillman, White	
Facility: F 8:58.87	3/28/2008	William & Mary, William & Mary	
		E Anderson, A Lewis, K McElroy, M Burns	
Meet: M 8:58.87	3/28/2008	William & Mary, William & Mary	
		E Anderson, A Lewis, K McElroy, M Burns	
School		Seed	Finals
1 Rich 'A'		9:00.00	9:13.81
2 Uva 'A'		9:00.00	9:25.86
1) Barber, Rosemary	2) Zarger, Lauren		
3) Karabinus, Ariel	4) McGehee, Jayna		
3 Uva 'B'		9:00.00	9:27.55
1) Weatherly, Jennifer	2) France, Chelsea		
3) Kuhn, Natalia	4) Potasinski, Tasia		
4 Ship 'B'		9:42.00	9:34.96
1) Lash, Hanna	2) Moran, Karena		
3) Rhyner, Megan	4) Shuck, Heidi		
5 Rich 'B'		9:35.00	9:43.31
6 Wag 'A'		9:47.51	9:46.26
1) Balling, Jessica	2) Fredrickson, Taylor		
3) Lauro, Samantha	4) Bivona, Alexis		
7 Quin 'A'		9:36.93	10:00.08
1) Donadio, Hannah	2) Morelli, Rachel		
3) Roche, Morgan	4) Seitz, Alexandra		
8 Quin 'B'		9:39.00	10:05.33
1) Faust, Christina	2) Lanning, Julie		
3) Faust, Brianna	4) Humphreys, Jill		
9 Quin 'C'			10:18.25
1) Massa, Patty	2) Pallotto, Paige		
3) Newcomb, Kelly	4) Malloy, Kelly		

Women High Jump

School: R 1.70m	2008	Megan Ney		
Facility: F 1.70m	2006	Tanika Brown, VCU		
Meet: M 1.70m	2005	Tanika Brown, VCU		
Name	Year	School	Seed	Finals
1 Morris, Allison		VCU	1.70m	1.65m
2 Graham, Dominique		George Mason	1.70m	1.60m
3 Flick, Erin		Shippensburg	1.65m	J1.60m

4	Eshleman, Rachel	Kutztown	1.62m	1.55m
5	Henry, Taren	George Mason	1.55m	1.50m
6	Franks, Jaquana	Virginia Uni	1.54m	J1.50m
7	Kimsey, Sarah	Kutztown	1.60m	J1.50m
7	Eppinger, Kait	Wagner	1.55m	J1.50m
7	Mantush, Kayla	Shippensburg	1.57m	J1.50m
--	Jones, Aluara	Virginia Uni	1.59m	NH
--	Hart, Meghan	Richmond		NH
--	McNamara, Mishelle	Wagner	1.55m	NH
--	Lapierre, Renee	Quinnipiac	1.50m	NH
--	Gibbs, Jessica	Lynchburg	1.57m	NH
--	Newhart, Rebekah	Shippensburg	1.62m	NH
--	Simpson, Megan	VCU	1.45m	NH

Women Pole Vault

=====				
School: R 3.25m		2011	Grace Gibson	
Facility: F 3.86m		3/28/2008	Nicole Kazuba, William & Mary	
Meet: M 3.86m		3/28/2008	Nicole Kazuba, William & Mary	
Name	Year	School	Seed	Finals
=====				
1	Breski, Megan	Shippensburg	3.65m	3.40mR
2	McGlade, Colleen	George Mason	3.45m	3.25mR
3	Gibson, Grace	Richmond	3.25m	J3.25mR
4	Hinz, Kelsey	George Mason	3.45m	J3.25mR
5	Newing, Stephanie	VCU	3.45m	J3.25mR
5	Dutton, Justine	VCU	3.35m	J3.25mR
7	Rapp, Austyn	William and	3.50m	J3.25mR
7	Dory, Nicole	William and	3.60m	J3.25mR
9	Walton, Caitlin	Lynchburg	3.30m	3.10m
9	Bresz, Kellie	Shippensburg	3.20m	3.10m
9	McNamara, Mishelle	Wagner	3.40m	3.10m
12	Osmolenski, Stasi	Shippensburg	3.04m	2.95m
12	Stenzel, Jennifer	George Mason	3.30m	2.95m
14	Ressler, Ellie	Shippensburg	3.12m	2.80m
14	Pratt, Brittany	CONC	2.90m	2.80m
14	Louden, Riley	VCU	3.05m	2.80m

Women Long Jump

=====					
School: R 6.12m		2001	Julee Wilson		
Facility: F 5.89m		2007	Alana Alfano, Wagner		
Meet: M 5.89m		2007	Alaina Alfano, Wagner		
Name	Year	School	Seed	Finals	Wind
=====					
1	Johnson, Verneice	UNAT	5.55m	5.68m	1.4
2	Dawson, Tiffany	Wagner	5.54m	5.50m	-0.3
3	Abraham, Brittany	Virginia Uni	5.51m	5.29m	0.8
4	Slack, Kristen	Kutztown	5.38m	5.17m	1.8
5	Hart, Meghan	Richmond	5.20m	5.04m	0.4
6	Hubbard, LaCear	Lynchburg	5.60m	J5.04m	0.7
7	Hunt, Shadiqua	Virginia Uni	5.22m	5.02m	+0.0
8	Barna, Lyndsay	Shippensburg	5.18m	5.01m	0.3
9	Wagner, Sara	Shippensburg	5.00m	4.83m	0.7
10	O'Toole, Ann	Richmond	5.05m	4.79m	0.4
10	Pratt, Brittany	CONC	4.95m	4.79m	0.1
12	Eshleman, Rachel	Kutztown	5.02m	4.63m	1.1

13	Harvey, Grace	Quinnipiac	4.60m	4.20m	0.6
14	Yates, Jessica	Shippensburg	5.05m	3.97m	-0.6
--	Dory, Nicole	William and	5.50m	ND	NWI

Women Triple Jump

=====					
School: R 12.02m		2010	Megan Ney		
Facility: F 11.97m		2005	Tomika Fergasun, Virginia		
Meet: M 11.97m		2005	Tomika Fergasun, Virginia		
Name	Year	School	Seed	Finals	Wind
=====					
1	Dawson, Tiffany	Wagner	12.14m	12.13m	2.1
2	Johnson, X' auntasia	Richmond	12.42m	11.77m	+0.0
3	McAvoy, Jennifer	VCU	11.59m	11.49m	-0.2
4	Slack, Kristen	Kutztown	11.27m	11.31m	-0.5
5	Abraham, Brittany	Virginia Uni	11.44m	11.30m	+0.0
6	Dory, Nicole	William and	11.19m	11.16m	+0.0
7	Hairston, Candice	Lynchburg	10.77m	11.08m	0.5
8	Kimsey, Sarah	Kutztown	10.66m	10.67m	1.2
9	Oxley, Grace	William and	11.00m	10.33m	+0.0
10	McKenna, Kelsey	Richmond	10.66m	10.31m	-0.5
--	Knight, Kayla	Wagner	10.18m	ND	NWI
--	Hubbard, LaCear	Lynchburg	11.00m	ND	NWI
--	Mantush, Kayla	Shippensburg	10.36m	ND	NWI
--	Hunt, Shadiqua	Virginia Uni	11.11m	ND	NWI
--	Dempsey, Janet	Quinnipiac	10.07m	ND	NWI

Women Shot Put

=====					
School: R 14.21m		2007	Kristin Crawford		
Facility: F 15.93m		2005	Amanda Walker, Pittsburgh		
Meet: M 15.93m		2005	Amanda Walker, Pittsburgh		
Name	Year	School	Seed	Finals	
=====					
1	Doyle, April	Kutztown	13.41m	13.83m	
2	Stewart, Vanessa	UNAT	15.20m	13.53m	
3	Taylor, Sheena	Wagner	13.62m	12.69m	
4	Mosley, Samantha	VCU	13.15m	12.64m	
5	Baird, Natalie	UNAT	13.75m	12.61m	
6	Boyd, Tia	George Mason	12.22m	12.21m	
7	Pinter, Ashley	Kutztown	12.49m	12.01m	
8	Allen, Ashley	Lynchburg	12.10m	11.66m	
9	Merlie, Margaret	Shippensburg	11.58m	11.02m	
10	Challis, Erin	William and	11.00m	11.00m	
11	Dibert, Crystal	Shippensburg	11.27m	10.63m	
12	Hoover, Maria	Kutztown	10.97m	10.26m	
13	Brown, Nia	Lynchburg	11.03m	10.04m	
14	Hughes, Kelsey	Lynchburg	10.68m	9.94m	
15	Jones, Kearistan	Virginia Uni	11.21m	9.72m	
16	Denger, Amanda	George Mason	9.68m	9.42m	
17	Watson, Leanne	CONC	10.20m	9.33m	
18	Newman, Kailyn	George Mason	8.62m	9.27m	
19	Ike, Lillian	Virginia Uni		9.22m	
20	Kinthead, Meghan	CONC		6.87m	
--	O'Toole, Ann	Richmond		ND	
--	Bentley, Alexandra	Virginia Uni	11.21m	ND	
--	Nicoletti, Miranda	Wagner	10.78m	ND	

-- Harrison, Stephanie	Shippensburg	12.51m	ND
-- Pratt, Brittany	CONC	6.64m	ND
-- Roush, Heather	Richmond		ND
-- Hart, Meghan	Richmond		ND

Women Discus Throw

=====				
School:	R 47.10m	2009	Monica Howard	
Facility:	F 50.47m	2005	Billie Jo Grant, Virginia	
Meet:	M 50.47m	2005	Billie Jo Grant, Virginia	
Name	Year	School	Seed	Finals
=====				
1	Roush, Heather	Richmond	43.01m	45.84m
2	Anyaugo, Julia	VCU	42.00m	42.46m
3	Howard, Monica	Richmond	43.45m	42.41m
4	Stewart, Vanessa	UNAT	42.50m	41.56m
5	Pinter, Ashley	Kutztown	41.14m	40.62m
6	Mosley, Samantha	VCU	38.85m	37.54m
7	Hoover, Maria	Kutztown	36.57m	37.18m
8	Doyle, April	Kutztown	39.62m	36.00m
9	Neely, Carena	Shippensburg	35.96m	34.99m
10	Oare, Meredith	George Mason	35.63m	33.89m
11	Schueschner, Samantha	Wagner	36.73m	32.86m
12	Newman, Kailyn	George Mason	33.75m	32.71m
13	Allen, Ashley	Lynchburg	36.85m	32.16m
14	Gulick, Britney	Lynchburg		31.83m
15	Merlie, Margaret	Shippensburg		31.59m
16	Jones, Kearistan	Virginia Uni		30.58m
17	Bentley, Alexandra	Virginia Uni	30.45m	30.53m
18	Dibert, Crystal	Shippensburg	36.57m	30.42m
19	Davis, Emily	Lynchburg		26.90m
20	Johnson, Alisha	Virginia Uni		26.15m
21	Ike, Lillian	Virginia Uni		26.06m
22	Watson, Leanne	CONC	23.69m	23.94m
23	Kinkead, Meghan	CONC		20.33m
--	Boyd, Tia	George Mason	37.02m	ND

Women Hammer Throw

=====				
School:	R 56.42m	2007	Beth Crocus	
Facility:	F 52.71m	2006	Marjorie Grap, Pittsburgh	
Meet:	M 52.71m	2006	Marjorie Grap, Bucknell	
Name	Year	School	Seed	Finals
=====				
1	McGovern, Meaghan	Richmond	50.47m	52.32m
2	Pinter, Ashley	Kutztown	48.76m	52.18m
3	Allen, Ashley	Lynchburg	49.74m	46.09m
4	Baird, Natalie	UNAT	48.00m	45.60m
5	Hoover, Maria	Kutztown	42.67m	45.52m
6	Taylor, Sheena	Wagner	43.88m	44.69m
7	Schueschner, Samantha	Wagner	42.03m	41.90m
8	Doyle, April	Kutztown	45.72m	41.85m
9	Boyd, Tia	George Mason	39.13m	40.31m
10	Merlie, Margaret	Shippensburg	41.16m	40.00m
11	Howard, Monica	Richmond	38.92m	38.99m
12	Oare, Meredith	George Mason	34.12m	36.30m
13	Crews, Deana	Lynchburg	37.26m	34.34m

14	Neely, Carena	Shippensburg	36.57m	34.33m
15	Challis, Erin	William and	32.45m	32.27m
16	Gulick, Britney	Lynchburg	34.00m	31.54m
17	Dibert, Crystal	Shippensburg	36.57m	30.98m
18	Newman, Kailyn	George Mason		29.74m

Women Javelin Throw

=====				
School: R 48.08m		3/26/2011	Heather Roush, RICHMOND	
Facility: F 48.08m		3/26/2011	Heather Roush, RICHMOND	
Meet: M 48.08m		3/26/2011	Heather Roush, RICHMOND	
Name	Year	School	Seed	Finals
=====				
1	Roush, Heather	Richmond	42.91m	48.08mR
2	Merton, Ashley	Shippensburg	39.62m	38.28m
3	Merlie, Margaret	Shippensburg	38.74m	37.93m
4	Harlacker, Brittany	Shippensburg	39.62m	36.73m
5	Denger, Amanda	George Mason	30.81m	35.37m
6	Merk, Lauren	Shippensburg	36.57m	35.26m
7	Landes, Krystle	Lynchburg	39.00m	34.94m
8	Brumbley, Nicole	Kutztown	37.18m	33.71m
9	Weikel, Jillian	Shippensburg	36.57m	32.15m
10	Gellert, Anna Rose	William and	30.01m	30.52m
11	Schueschner, Samantha	Wagner	31.05m	30.46m
12	Heal, Leah	Lynchburg	33.65m	28.06m
13	Trantham, Kayla	William and	26.90m	26.81m
14	Johnson, Alisha	Virginia Uni		24.28m
15	Pratt, Brittany	CONC	22.72m	23.03m
16	Knight, Kayla	Wagner		20.00m

Men 100 Meter Dash

=====						
School: R 10.24		1978	Jesse Williams			
Facility: F 10.29		1978	John Christian, VA State			
Meet: M 10.68		2009	Anthony Hobwana, Pittsburgh			
Name	Year	School	Seed	Finals	Wind	H#
=====						
1	Gurley, Bryan	Virginia Uni	10.52	10.84	2.3	1
2	Crawford, Greg	Kutztown	10.90	11.02	2.3	1
3	Eisemann, Jon	Shippensburg	11.10	11.16	0.7	2
4	Smith, Rashad	Virginia Uni	10.78	11.17	2.3	1
5	Sayles, Michael	Virginia Uni	10.89	11.20	2.3	1
6	Jones, Kyle	VCU	10.85	11.29	2.3	1
7	Jackson, Tyler	VCU	11.26	11.36	0.7	2
8	Chauteh, Mark	Lynchburg	11.24	11.48	0.7	2
9	Wiley, David	CONC	11.00	11.52	0.7	2
10	Moody, Allan	VCU	11.00	11.59	2.3	1
11	Johnson, Jimmy	VCU	11.35	11.72	0.7	3
12	McDuffie, Quentin	Virginia Uni	11.23	11.73	0.7	2
13	Bruce, KeDarrius	Lynchburg	11.40	11.76	0.7	3
14	Kopeloff, Alan	Wagner	11.95	11.91	0.7	3
15	Garrish, John	Wagner	11.65	12.01	0.7	3
16	Blakeney, Brett	Lynchburg	12.20	12.44	0.7	3
--	Snyder, Justing	Pony	10.72	FS	2.3	1
--	Thomas, Dennis	Virginia Uni	10.70	FS	2.3	1

Men 200 Meter Dash

Name	Year	School	Seed	Finals	Wind	H#
=====						
School:	R 21.20	1965	Robert Crute			
Facility:	F 21.09	1980	Manny Rosenthal, Israel			
Meet:	M 21.73	2005	Kellen Blassingame, Virginia			
Name	Year	School	Seed	Finals	Wind	H#
=====						
1	Gurley, Bryan	Virginia Uni	21.69	22.22	-0.3	1
2	Cannell, Matt	Kutztown	22.65	22.37	-0.3	1
3	Thomas, Dennis	Virginia Uni	21.89	22.66	-0.3	3
4	Eisemann, Jon	Shippensburg	22.50	22.76	-0.3	1
5	Ellison, Evan	Lynchburg	22.48	22.92	-0.3	1
6	Pellman, Dakota	Lynchburg	23.04	23.31	NWI	2
7	Jackson, Tyler	VCU	22.00	23.32	-0.3	1
8	Craig, Bob	Kutztown	23.10	23.33	NWI	2
9	Chauteh, Mark	Lynchburg	22.89	23.42	-0.3	1
10	Schultz, Derek	Wagner	23.51	23.47	-0.3	3
11	Adams, Rashard	Lynchburg	23.31	23.49	NWI	2
12	Wiley, David	CONC	23.00	23.70	-0.3	1
13	McDuffie, Quentin	Virginia Uni	23.54	23.79	-0.3	3
14	Smail, Tom	Richmond	23.30	24.58	NWI	2
15	Johnson, Jimmy	VCU	23.05	24.63	NWI	2
16	Smither, Dillon	Lynchburg	25.25	25.38	-0.3	3

Men 400 Meter Dash

Name	Year	School	Seed	Finals	H#
=====					
School:	R 46.70	1982	Edwin Koech		
Facility:	F 46.69	1977	Keith Brown, USA Jr. Team		
Meet:	M 47.51	2005	Kellen Blassingame, Virginia		
Name	Year	School	Seed	Finals	H#
=====					
1	Meshaw, Kori	Kutztown	48.90	49.65	1
2	Line, Marcus	Shippensburg	50.00	50.14	1
3	McIntosh, Chris	William and	49.70	50.18	4
4	Ellison, Evan	Lynchburg	49.36	50.18	1
5	Wolfe, Eric	Shippensburg	49.50	50.26	1
6	Pellman, Dakota	Lynchburg	49.83	51.06	1
7	Methabane, Tshepo	William and	50.50	51.18	2
8	Adams, Rashard	Lynchburg	50.12	51.39	1
9	Phillips, Todd	Shippensburg		51.47	4
10	Hargrove, Rodney	Virginia Uni	51.25	51.69	2
11	Mello, Matt	Richmond	50.30	51.99	2
12	Harvey, Shane	Kutztown	51.25	51.99	2
13	Prince, Eric	VCU	50.40	52.46	2
14	Nichols, Kevin	UNAT	50.00	52.49	1
15	Raguz, Dominic	Shippensburg	52.00	52.55	3
16	Schultz, Derek	Wagner	51.56	52.68	2
17	Whitlow, Curtis	Lynchburg	52.00	52.79	3
18	Wharton, Jarrett	CONC	51.00	53.41	2
19	Taylor, Reid	Lynchburg	51.90	53.56	3
20	Toukene, Tariq	UNAT	51.00	54.21	2
21	Dove, Reed	Lynchburg	54.00	54.51	4
22	Smail, Tom	Richmond	52.30	54.60	3
23	Perry, John	CONC	53.00	54.75	3
24	Njoku, Andrew	Virginia Uni	53.21	55.21	3
25	Carroll, Zach	CONC	53.00	55.34	3
26	Smither, Dillon	Lynchburg	56.70	58.82	4
--	Holmes, Taylor	Lynchburg	53.70	DQ	3

Men 800 Meter Run

=====				
School:	R 1:46.10	1984	Edwin Koech	
Facility:	F 1:47.29	1982	Edwin Koech, Richmond	
Meet:	M 1:50.82	2006	Mariuss Mostrag, VCU	
Name	Year	School	Seed	Finals
=====				
1	Miller, Harry	UNAT	1:51.00	1:54.95
2	Sklodowski, Brian	William and	1:53.00	1:55.03
3	Troxell, Tom	Shippensburg	1:57.20	1:55.23
4	Weeks, Eli	Kutztown	1:54.00	1:55.36
5	Bailey, Torion	UNAT	1:57.22	1:55.85
6	Jones, Jacob	Shippensburg	1:57.00	1:56.74
7	Quintrell, Brian	Shippensburg	1:56.60	1:57.40
8	Benford, Andrew	Richmond	1:54.72	1:57.54
9	Macdonald, Colin	Wagner	1:56.45	1:57.64
10	Abdillahi, Faisal	Wagner	1:57.12	1:58.15
11	Speer, Eric	HPCE	1:53.00	1:58.28
12	Fleming, Zach	Kutztown	1:58.00	1:58.70
13	Blitzer, David	William and	1:56.50	1:58.77
14	Rees, Nathan	CONC	1:55.00	1:59.06
15	Buck, Ed	UNAT	1:51.00	1:59.42
16	Reich, Ryan	Kutztown	2:00.00	2:01.21
17	Ejigu, Michael	William and	2:02.00	2:02.34
18	Rammelkamp, Derek	Wagner	2:04.30	2:02.53
19	Nelfrard, Emmanuel	Virginia Uni	1:56.32	2:02.90
20	Byrne, Jonathan	Kutztown	1:56.75	2:04.95
21	Doxey, Brian	Wagner	1:58.55	2:05.09
22	Edmonds, Andrew	CONC	2:03.00	2:05.65
23	Jasper, Jack	William and	2:02.00	2:05.89
24	Mancuso, Anthony	Wagner	1:58.77	2:06.21
25	Flynn, Sean	Longwood		2:07.14
26	Kulp, Ben	Lynchburg	2:04.50	2:08.08
27	Moulton, Dylan	Wagner	2:07.22	2:10.55

Men 1500 Meter Run

=====				
School:	R 3:39.07	1982	Sosthenes Bitok	
Facility:	F 3:40.38	1980	Sosthenes Bitok, Richmond	
Meet:	M 3:49.11	3/25/2011	Bryan Beegle, Shippensburg	
Meet:	M 3:49.11	3/25/2011	Bryan Beegle, Shippensburg	
Name	Year	School	Seed	Finals
=====				
1	Beegle, Bryan	Shippensburg	3:48.00	3:49.11M
2	Gillette, Matt	Shippensburg	3:51.00	3:51.92
3	Schelander, Stephen	Shippensburg	3:52.00	3:56.03
4	Iannacone, Thomas	Wagner	3:57.81	3:59.22
5	Mercado-Reigh, Joshua	William and	3:58.00	3:59.24
6	Zaccariello, Dan	Wagner	3:59.56	3:59.41
7	Reich, Ryan	Kutztown	3:58.00	4:02.86
8	Compton, Nolan	Lynchburg	3:59.00	4:03.23
9	Peters, Robby	CONC	4:02.00	4:03.42
10	Fleming, Zach	Kutztown	4:05.00	4:03.76
11	Dreeman, Dan	Shippensburg	4:08.00	4:05.47
12	Gelety, Matt	Shippensburg	3:59.00	4:05.77
13	Rammelkamp, Derek	Wagner	4:06.50	4:05.82

14	Flott, Joel	Shippensburg	4:03.00	4:06.46
15	Ryan, Andrew	William and	4:00.00	4:08.81
16	Driscoll, Matthew	Wagner	4:05.50	4:09.54
17	Love, Patrick	Richmond	4:13.02	4:10.96
18	Edmonds, Andrew	CONC	4:10.00	4:14.21
19	Sheikh, Rex	George Washi	4:08.45	4:14.36
20	Orndorff, William	Lynchburg	4:13.00	4:15.12
21	Nelfrard, Emmanuel	Virginia Uni	4:17.32	4:16.04
22	Bailey, Torion	UNAT	4:13.01	4:18.56
23	Scott, Corey	VCU	4:08.20	4:18.86
24	Moulton, Dylan	Wagner	4:19.45	4:22.90
25	Tumolo, Benjamin	Lynchburg	4:19.00	4:23.95
26	Brown, David	Lynchburg	4:18.00	4:23.98
27	Robinson, Brian	Lynchburg	4:15.41	4:27.21
28	Pealer, Ethan	Shippensburg	4:12.00	4:28.52
--	Speer, Eric	HPCE	3:52.00	DNF

Men 3000 Meter Run

=====				
School:	R 7:50.50	1982	Sosthenes Bitok	
Facility:	F 8:17.34	3/26/2011	Matt Llano, RICHMOND	
Meet:	M 8:17.34	3/26/2011	Matt Llano, RICHMOND	
Name	Year	School	Seed	Finals
=====				
1	Llano, Matt	Richmond	8:05.00	8:17.34M
2	Quinn, Tim	Richmond	8:15.00	8:23.77
3	Lee, Ryan	Richmond	8:25.00	8:25.83
4	York, Chris	Richmond	8:25.00	8:26.11
5	Stetler, Sean	Shippensburg	8:22.00	8:26.73
6	Wilson, Jon	Richmond	8:25.00	8:32.33
7	Spector, Zachary	Wagner	8:35.33	8:38.57
8	Peters, Robby	CONC	8:45.00	8:38.82
9	Van Alstine, Ryan	Lynchburg	8:25.00	8:41.74
10	Skipper, Jason	Richmond	8:45.00	8:51.41
11	Kendall, Justin	UNAT	8:50.00	8:55.28
12	Owens, Adam	Richmond	8:46.00	8:56.33
13	Minor, Lawrence	Lynchburg	8:42.00	9:00.23
14	Ragan, Kyle	Richmond	9:10.00	9:02.03
15	Evans, Eric	Shippensburg	9:05.00	9:10.60
16	Armstrong, Scott	Shippensburg	9:05.00	9:10.68
17	Stern, James	George Washi	8:45.00	9:16.93
18	Sheikh, Rex	George Washi	9:00.19	9:25.23
19	McKinney, Sean	UNAT	8:45.00	9:31.48
20	Flynn, Sean	Longwood		9:55.32

Men 5000 Meter Run

=====				
School:	R 13:33.60	1979	Hillary Tuwei	
Facility:	F 13:56.37	1980	Sosthenes Bitok, Richmond	
Meet:	M 14:41.67	2009	Brian Sklodowski, William and Mary	
Name	Year	School	Seed	Finals
=====				
1	Molz, Jon	NB Richmond	14:20.00	14:57.78
2	Boyer, Brandon	Shippensburg	14:52.00	15:02.98
3	Dybas, Piotr	UNAT	14:27.00	15:11.44
4	Kendall, Justin	UNAT	15:40.00	15:19.93
5	Leavitt, Brenden	VCU	15:40.00	15:25.58

6 Snyder, Sterling	CONC	15:37.00	15:29.06
7 Adams, Dustin	Shippensburg	14:56.00	15:31.94
8 Miller, Wade	Shippensburg	15:23.00	15:42.17
9 Nick, Frank	Kutztown	15:50.00	15:42.74
10 Ban, Charlie	GTRC	15:18.00	15:42.86
11 Cutright, Daniel	Lynchburg	15:45.00	15:51.22
12 Cobb, Patrick	Lynchburg	15:57.00	16:12.06
13 Suddeth, Timothy	VCU		16:29.96
14 Roark, Brent	CONC	16:40.00	16:46.58
15 McKinney, Wes	CONC	16:50.00	16:55.78
16 Monk, Taylor	CONC		17:59.42
-- Flynn, Ricky	UNAT	14:15.00	DNF
-- Phelan, Conor	Richmond	15:35.00	DNF

Men 10000 Meter Run

=====				
School: R 28:25.80	1980	Hillary Tuwei		
Facility: F 28:33.28	1980	Sydney Maree, Villanova		
Meet: M 29:56.30	2007	Jeff Weiss, Slippery Rock		
Name	Year	School	Seed	Finals
=====				
1 Rissell, Ethan		Shippensburg	33:00.00	32:32.82
2 Kroeger, Kristopher		Shippensburg	33:00.00	32:54.81
3 Ahlswede, Greg		Shippensburg	33:00.00	32:58.06
4 Rice, Andrew		Shippensburg	33:00.00	32:59.17
5 Ferguson, Brad		CONC	35:53.92	35:25.06
6 McLaughlin, Terry		UNAT	37:15.00	37:07.73

Men 110 Meter Hurdles

=====						
School: R 14.00	1974	Jim Detwiler				
Facility: F 13.50	1977	Renaldo Nehemiah, USA Jr. Team				
Meet: M 14.27	2007	Riccardo Melbourn, Unattached				
Name	Year	School	Seed	Finals	Wind	H#
=====						
1 Pierre, Karriem		UNAT	14.50	14.75	1.8	1
2 Harvey, Shane		Kutztown	15.35	15.10	1.8	1
3 Clark, Matt		William and	15.13	15.20	1.8	1
4 McIntosh, Chris		William and	15.24	15.34	1.8	1
5 Nelson, Tyrek		Shippensburg	15.28	15.38	1.8	1
6 Meshaw, Kori		Kutztown	15.22	15.57	1.8	1
7 Bailey, Matt		Kutztown	15.82	15.78	-0.1	2
8 Kopeloff, Alan		Wagner	16.40	16.64	-0.1	2
9 Strine, Austin		Shippensburg	16.20	16.88	-0.1	2
10 Turner, Chase		VCU	14.60	17.59	1.8	1
11 Smither, Dillon		Lynchburg	17.80	17.90	-0.1	2
12 Carney, James		Lynchburg	17.50	20.05	-0.1	2

Men 400 Meter Hurdles

=====						
School: R 49.70	1969	Carl Wood				
Facility: F 50.62	1977	Paul Lankford, USA Jr. Team				
Meet: M 53.37	3/25/2011	Kori Meshaw, Kutztown				
Meet: M 53.37	3/25/2011	Kori Meshaw, Kutztown				
Name	Year	School	Seed	Finals	H#	
=====						
1 Meshaw, Kori		Kutztown	52.50	53.37M	1	

2	Line, Marcus	Shippensburg	55.00	54.56	1
3	Raguz, Kyle	Shippensburg	55.00	55.58	1
4	Davis, Rachad	Lynchburg	54.89	55.78	1
5	Harvey, Shane	Kutztown	55.77	56.62	1
6	Bailey, Matt	Kutztown	58.50	57.64	3
7	Byrne, Jonathan	Kutztown	57.95	58.30	2
8	Osorio, Gustavo	George Mason	56.00	58.62	1
9	Bohigan, James	VCU	56.55	59.07	2
10	Raguz, Dominic	Shippensburg	56.60	59.28	2
11	Burkholder, Craig	Lynchburg	57.80	59.28	2
12	Turner, Chase	VCU		1:00.15	3
13	Wharton, Jarrett	CONC	57.00	1:01.06	2
14	Perry, John	CONC	58.50	1:01.65	3
15	Wells, Kenneth	Virginia Uni		1:07.76	3

Men 3000 Meter Steeplechase

=====				
School:	R 8:22.50	1980	Hillary Tuwei	
Facility:	F 8:32.56	1980	Hillary Tuwei, Richmond	
Meet:	M 8:56.87	3/25/2011	Andrew Benford, RICHMOND	
Meet:	M 8:56.87	3/25/2011	Andrew Benford, RICHMOND	
Name	Year	School	Seed	Finals
=====				
1	Benford, Andrew	Richmond	8:55.00	8:56.87M
2	Sitler, Jake	Shippensburg	9:23.95	9:32.14
3	Dugan, Brad	CONC	9:45.00	9:46.14
4	Rees, Nathan	CONC	9:40.00	10:25.67

Men 4x100 Meter Relay

=====				
School:	R 41.20	2009	Graham, Rogers, Williams, Mitchell	
Facility:	F 39.98	1977	USA Jr. Team, USA Jr. Team	
			Nehemiah, Harbour, Smith, Taylor	
Meet:	M 41.63	3/29/2008	V.C.U., V.C.U.	
			A Norvell, D Wilson, J Blyden, J Gallo	
School			Seed	Finals
=====				
1	Viun 'A'		40.89	42.24
	1) Sayles, Michael	2) Gurley, Bryan		
	3) Thomas, Dennis	4) Smith, Rashad		
2	Ship 'A'		41.50	42.50
	1) Mayle, Romarr	2) Marshall, Kevin		
	3) Kirkland, Herman	4) Eisemann, Jon		
3	Kutz 'A'		42.27	42.76
	1) Craig, Bob	2) Cannell, Matt		
	3) Berry, Percell	4) Crawford, Greg		
--	Vcu 'A'		43.00	DQ
	1) Moody, Allan	2) Jackson, Tyler		
	3) Shipp, Andrew	4) Jones, Kyle		

Men 4x400 Meter Relay

=====				
School:	R 3:10.40	1981	Koech, Kipkorir, Norgate, Spooner	
Facility:	F 3:07.26	1977	USA Jr. Team, USA Jr. Team	
			Brown, Jones, McCoy, Tufariello	
Meet:	M 3:16.29	2005	Pittsburgh	
School			Seed	Finals

1	Ship 'A'		3:20.00	3:20.44
	1) Line, Marcus	2) Phillips, Todd		
	3) Raguz, Kyle	4) Wolfe, Eric		
2	Vcu 'A'		3:20.00	3:27.73
	1) Bohigan, James	2) Turner, Chase		
	3) Hernandez, jeff	4) Morse, Cameron		
3	Viun 'A'		3:17.45	3:28.48
	1) Gurley, Bryan	2) Sayles, Michael		
	3) Smith, Rashad	4) Thorndique, Jefferson		
4	Kutz 'B'		3:27.00	3:31.79
	1) Byrne, Jonathan	2) Harvey, Shane		
	3) Bailey, Matt	4) Reich, Ryan		
5	Wag 'A'		3:30.25	3:32.98
	1) Abdillahi, Faisal	2) Doxey, Brian		
	3) Macdonald, Colin	4) Mancuso, Anthony		
6	Lync 'A'		3:33.00	3:46.49
	1) Whitlow, Curtis	2) Dove, Reed		
	3) Holmes, Taylor	4) Parry, Evan		
--	Kutz 'A'		3:16.95	DNF
	1) Berry, Percell	2) Meshaw, Kori		
	3) Weeks, Eli	4) Crawford, Greg		

Men 4x800 Meter Relay

School:	R 7:12.80	1982	Kimalel, Norgate, Bitok, Koech
Facility:	F 7:42.39	3/28/2008	Mount St. Mary's, Mount St. Mary's W Mitchell, B Dawson, M Sowell, G Gibilisco
Meet:	M 7:39.43	2007	Seton Hall
School			Seed Finals
1	Ship 'B'		7:44.00 7:48.61
	1) Beegle, Bryan	2) Gillette, Matt	
	3) Schelander, Stephen	4) Gelety, Matt	
2	Ship 'A'		7:44.00 7:55.41
	1) Flott, Joel	2) Dreeman, Dan	
	3) Jones, Jacob	4) Quintrell, Brian	
3	Wag 'A'		7:49.50 7:57.24
	1) Baio, Michael	2) Driscoll, Matthew	
	3) Iannacone, Thomas	4) Zaccariello, Dan	
4	Ship 'C'		8:04.00 8:16.16
	1) Demmel, Cody	2) Sitler, Jake	
	3) Adams, Dustin	4) Troxell, Tom	

Men High Jump

School:	R 1.98m		Walton, Rae, October, Elswick, Armstrong, Li
Facility:	F 2.33m	1977	Vladimer Yashchenks, USSR Jr. Team
Meet:	M 2.06m	3/29/2008	Davion Lambert, Unattached
Name		Year School	Seed Finals
1	Katz, Ben	William and	1.99m 1.95m
2	Petty, Jamaal	UNAT	2.13m J1.95m
3	Minor, Shawn	Lynchburg	2.00m 1.90m
4	Strine, Austin	Shippensburg	1.83m 1.85m
--	Carney, James	Lynchburg	1.83m NH

Men Pole Vault

=====				
School:	R 4.42m	1974	Jim Tucker	
Facility:	F 5.20m	2005	Sullivan/UVA,Higham	
Meet:	M 5.20m	2005	Sullivan/UVA-Higham/Pittsburgh	
Name	Year	School	Seed	Finals
=====				
1	Bell, James	Lynchburg	4.80m	4.80mR
2	Graybill, Donnie	UNAT	4.80m	4.70mR
3	Sun, Wes	George Mason	5.00m	4.60mR
4	Phillippi, Adam	Shippensburg	4.41m	4.45mR
5	Clark, Tommy	Lynchburg	4.55m	4.30m
5	Claypool, Brandon	Shippensburg	4.41m	4.30m
7	Trikakis, Josh	George Mason	4.50m	J4.30m
8	Oxenford, Lee	George Mason	4.65m	J4.30m
9	Osorio, Gustavo	George Mason	4.10m	4.15m
10	Cassels, Devin	Richmond	4.05m	J4.15m
11	Zwarycz, Eric	VCU	4.10m	4.00m
12	Wellington, David	George Mason	4.10m	3.85m
13	Hughes, Phil	Lynchburg	4.05m	3.70m
--	Lawson, Zach	UNAT	5.00m	NH
--	Carney, James	Lynchburg	3.80m	NH
--	Curtis, Nathan	Lynchburg	4.10m	NH
--	Dietrick, Patrick	George Mason	4.50m	NH
--	Madison, William	Lynchburg	3.75m	NH

Men Long Jump

=====					
School:	R 7.65m	1971	Norman Williams		
Facility:	F 7.75m	3/28/2008	Anthony Wallace, Unattached		
Meet:	M 7.75m	3/28/2008	Anthony Wallace, Unattached		
Name	Year	School	Seed	Finals	Wind
=====					
1	Deboer, Cody	Shippensburg	7.15m	7.54m	+0.0
2	Kirkland, Herman	Shippensburg	7.15m	7.31m	+0.0
3	Lambert, Davion	Pony	7.50m	J7.31m	+0.0
4	Charles, Berfrantz	UNAT	7.23m	6.95m	0.3
5	Shipp, Andrew	VCU	6.65m	6.84m	-2.4
6	Snyder, Justing	Pony	7.10m	6.75m	+0.0
7	Brooks, Tyler	Kutztown	7.06m	6.68m	-1.0
8	Lageroy, Fred	UNAT	6.55m	6.39m	+0.0
9	Dickinson, Kyle	Shippensburg	6.67m	J6.39m	-0.9
10	Trusty, Elijah	Shippensburg	7.00m	6.38m	0.1
11	Cannell, Matt	Kutztown	7.16m	6.35m	0.7
12	Bruce, KeDarrius	Lynchburg	6.58m	6.21m	0.8
13	Boysaw, Tristan	Lynchburg	6.40m	5.81m	+0.0
14	Mercorelli, Daniel	Wagner	6.22m	5.76m	-0.8
15	Yazdanpanah, Korosh	Lynchburg	6.17m	5.53m	+0.0
--	Bullock, Kim	Pony	6.50m	ND	NWI
--	Irving, Demetrius	Lynchburg	6.08m	ND	NWI

Men Triple Jump

=====					
School:	R 14.87m	2002	Joe Mallory		
Facility:	F 16.27m	1977	Gennadiy Vayukovitch, USSR Jr. Team		
Meet:	M 15.16m	2007	Sam Okantey, Unattached		
Name	Year	School	Seed	Finals	Wind
=====					

1	Snyder, Justing	Pony	15.86m	14.16m	-0.1
2	Tanner, Nate	CONC	13.97m	13.90m	+0.0
3	Bruce, KeDarrius	Lynchburg	13.53m	13.76m	0.4
4	Brooks, Tyler	Kutztown	14.32m	13.75m	-1.2
5	Irving, Demetrius	Lynchburg	13.25m	13.23m	-0.1
6	Boysaw, Tristan	Lynchburg	13.00m	13.19m	-0.3
7	Lageroy, Fred	UNAT	13.55m	12.94m	+0.0
--	Thomas, Shaquille	Virginia Uni	13.98m	ND	NWI

Men Shot Put

School: R 16.24m 2001 Justin McElfish
 Facility: F 18.35m 1977 Aleksandr Stepankov, USSR Jr. Team
 Meet: M 17.23m 2006 Brent Shelby, Kent State

Name	Year	School	Seed	Finals	
1		Cheshire, Mike	Kutztown	14.93m	15.14m
2		Dinnall, Tappah	Shippensburg	14.73m	14.68m
3		Senatore, Greg	Kutztown	15.29m	14.60m
4		D'Arcy, Steve	Shippensburg	15.95m	14.42m
5		Nye, Travis	Shippensburg	14.79m	14.39m
6		Edison, Marvin	VCU	14.20m	14.38m
7		Kraft, Justin	Kutztown	15.39m	14.04m
8		Wilson, Greg	Lynchburg	13.61m	14.01m
9		Pearson, Greg	Shippensburg	14.63m	13.52m
10		Deisoroth, Adam	Shippensburg	14.32m	13.35m
11		Davis, Ralph	Lynchburg	13.65m	13.27m
12		Van Dunk, Eric	Lynchburg	14.48m	13.05m
13		Thomason, Luke	VCU	13.90m	12.98m
14		Nelson, Chris	Shippensburg	14.02m	12.94m
15		Nguyen, Kirk	George Mason	13.00m	12.86m
16		Lusk, Chris	CONC	12.50m	12.68m
17		Roof, Bryan	CONC	13.00m	12.67m
18		Harrison, Tyler	Shippensburg	13.71m	12.60m
19		McDowell, Ivan	CONC		11.92m
20		Burton, Ceasar	Virginia Uni	12.93m	11.47m
21		Lusk, Morgan	CONC	9.65m	11.43m
22		Garrish, John	Wagner	12.89m	11.34m
23		Jordan, Justin	Virginia Uni	12.19m	11.28m
24		Johnson, Charles	Virginia Uni	13.02m	11.19m
25		Foley, Michael	George Mason	11.80m	10.96m

Men Discus Throw

School: R 49.60m 2008 Pierre Turner
 Facility: F 58.64m 1980 John Gamble, Charlottesville TC
 Meet: M 50.17m 2007 Dan Royal, FCA

Name	Year	School	Seed	Finals	
1		Kraft, Justin	Kutztown	45.72m	48.61m
2		Klatzkin, Dan	William and	45.47m	46.02m
3		Deisoroth, Adam	Shippensburg	45.11m	45.45m
4		Cheshire, Mike	Kutztown	45.72m	44.84m
5		Harrison, Tyler	Shippensburg	41.75m	43.10m
6		Nye, Travis	Shippensburg	45.06m	42.89m
7		D'Arcy, Steve	Shippensburg	42.28m	41.58m

8	Nguyen, Kirk	George Mason	42.66m	41.25m
9	Usman, Shaz	George Mason	39.89m	40.41m
10	Pavia, John Michael	Lynchburg	42.80m	38.67m
11	Parkhurst, Kevin	VCU	40.50m	38.01m
12	Burton, Ceasar	Virginia Uni	40.05m	37.94m
13	Roof, Bryan	CONC	40.00m	37.62m
14	Wilson, Greg	Lynchburg	35.73m	35.61m
15	Johnson, Charles	Virginia Uni		35.25m
16	Foley, Michael	George Mason	38.00m	34.15m
17	Waddy, Leslie	Lynchburg	36.95m	34.10m
18	Wooten, Kenneth	VCU	37.50m	33.44m
19	Lusk, Chris	CONC		33.02m
20	Bell, James	Lynchburg		31.14m
21	Jordan, Justin	Virginia Uni	31.71m	30.50m
22	Lusk, Morgan	CONC		29.75m
--	Pearson, Greg	Shippensburg	41.14m	ND
--	McDowell, Ivan	CONC		ND

Men Hammer Throw

=====				
School: R 52.83m		1979	Chris Gooch	
Facility: F 70.43m		1977	Sergei Litvinov, USSR Jr. Team	
Meet: M 60.95m		2006	Jaroslaw Zakrzewski, Kent State	
Name	Year	School	Seed	Finals
=====				
1	Jordan, Zach	William and	53.43m	55.48mR
2	Pavia, John Michael	Lynchburg	49.95m	52.29m
3	Dinnall, Tappah	Shippensburg	49.91m	48.47m
4	Davis, Ralph	Lynchburg	47.41m	43.98m
5	Wellington, Jason	George Mason	38.00m	43.91m
6	Stramara, Max	Kutztown	45.72m	43.86m
7	Nye, Travis	Shippensburg	40.33m	43.84m
8	Senatore, Greg	Kutztown	45.72m	42.91m
9	Roof, Bryan	CONC	40.00m	41.43m
10	Cheshire, Mike	Kutztown	47.24m	40.44m
11	Harrison, Tyler	Shippensburg	38.10m	40.41m
12	Merck, Gordon	Lynchburg	39.54m	40.18m
13	Nelson, Chris	Shippensburg	39.62m	40.02m
14	D'Arcy, Steve	Shippensburg	40.15m	39.53m
15	Deisoroth, Adam	Shippensburg	39.62m	38.93m
16	Nguyen, Kirk	George Mason	37.50m	38.81m
17	Garrish, John	Wagner	40.33m	38.13m
18	Renn, Matthew	William and	38.57m	37.02m
19	Foley, Michael	George Mason	37.00m	35.69m
20	Parkhurst, Kevin	VCU	38.00m	34.66m

Men Javelin Throw

=====				
School: R 60.60m		2010	Chris Eccelston	
Facility: F 77.42m		1980	Mike Juskus, Glassboro State	
Meet: M 69.17m		3/26/2011	Brandon Heroux, William and	
Name	Year	School	Seed	Finals
=====				
1	Heroux, Brandon	William and	69.07m	69.17mM
2	D'Annibale, Christian	Shippensburg	59.43m	56.06m
3	Bell, Glenn	Shippensburg	57.91m	54.69m
4	Stahl, Blake	Shippensburg	54.86m	52.21m

5	Lonegran, Paul	Kutztown	53.34m	48.23m
6	Gristick, Gary	Kutztown	53.34m	47.69m
7	Giannone, Chris	Lynchburg	45.34m	44.73m
8	Garrish, John	Wagner	44.34m	44.44m
9	Livesey, Sean	Richmond	42.16m	40.32m
10	Thomas, Shaquille	Virginia Uni	38.57m	34.88m
11	Carney, James	Lynchburg		32.13m
12	Burton, Ceasar	Virginia Uni	42.70m	28.51m