

Fred Hardy Invitational Records

As of April 4, 2008

WOMEN:

100M	11.70	Jessica Young (Richmond)	2007
200M	24.26	Jessica Young (Richmond)	2007
400M	55.67	Shauntea Calhoun (Pittsburgh)	2007
800M	2:08.05	Alisa Harvey (Unattached)	2007
1500M	4:32.95	Maria-Elena Calle (Unattached)	2007
5000M	17:07.94	Amanda Russell (Richmond)	2005
10000M	37 :46.81	Suzette Bossart (Pittsburgh)	2005
100MH	13.97	Tamara McGill (Pittsburgh)	2005
400MH	59.04	Erin Crawford (Virginia)	2005
3000MSC	10:55.60	Betsy Graney (William & Mary)	2008
3000M	9:51.85	Maria-Elena Calle (Unattached)	2007
High Jump	5'07" (1.70M)	Tanika Brown (VCU)	2005
Pole Vault	12'08" (3.86M)	Nicole Kazuba (William & Mary)	2008
Long Jump	19'03.75" (5.89M)	Alaina Alfano (Wagner)	2005
Triple Jump	39'03.75" (11.97M)	Tomika Fergasun (Virginia)	2005
Shot Put	52'03.25" (15.93M)	Amanda Walker (Pittsburgh)	2005
Discus	165'07" (50.47M)	Billie Jo Grant (Virginia)	2005
Hammer	172'11" (52.71M)	Marjorie Grap (Bucknell)	2006
Javelin	157'08" (48.07M)	Angela Hoover (Pittsburgh)	2005
4x100M	46.08	Stephens,Lyles,Calhoun,Calhoun(Pittsburgh)	2005
4x400M	3:42.55	McCoy,Friday,Hayes,Martin (Seton Hall)	2007
4x800M	8:58.87	Anderson, Lewis, McElroy,Burns (William & Mary)	2008

MEN:

100M	10.83	Ruben Jones (Virginia)	2005
200M	21.73	Kellen Blassingame (Virginia)	2005
400M	47.51	Kellen Blassingame (Virginia)	2005
800M	1:50.82	Mariuss Mostrag (VCU)	2006
1500M	3:50.84	Sam Bair (Pittsburgh)	2005
5000M	14:48.38	Pat Comstock (William & Mary)	2005
10000M	29 :56.30	Jeff Weiss (Slippery Rock))	2007
110MH	14.27	Riccardo Melbourn	2007
400MH	53.91	Mark Piccolo (Shippensburg)	2005
3000MSC	9:07.21	Andrew Benford (Richmond)	2008
3000M	8:30.32	Matt Llano (Richmond)	2008
High Jump	6'09" (2.06M)	Davion Lambert (VCU)	2008
Pole Vault	17'00.75" (5.20M)	David Sullivan (UVa)	2005
		Keith Higham (Pittsburgh)	2005
Long Jump	25'05.25"" (7.75M)	Anthony Wallace (Unattached)	2008
Triple Jump	49'09"" (15.16M)	Sam Okantey (Unattached)	2007
Shot Put	56'06.50" (17.23M)	Brent Shelby (Kent State)	2006
Discus	164'07" (50.17M)	Dan Royal (FCA)	2007
Hammer	199'11" (60.95M)	Jaroslav Zakrzewski (Kent State)	2006
Javelin	205'11" (62.76M)	Corey Kuehner (Pittsburgh)	2005
4x100M	41.63	Norvell, Wilson, Blyden, Gallo (VCU)	2008
4x400M	3:16.29	Anderson, Pelham, Roberson, Wilborn (Pittsburgh)	2005
4x800M	7:39.43	Perkins,McKenzie,Gurr,Novak (Seton Hall)	2007