

Thank you for considering the 2009 Fred Hardy Invitational. We look forward to hosting the 5th Annual Fred Hardy Invitational (March 27-28). **Due to campus construction we are moving the 2009 & 2010 editions of the Fred Hardy Invitational to the Richmond Sports Backers Facility (See below):**

ENTRY PROCEDURES / DEADLINE: Online Direct Athletics entries for our meet will be **OPEN until 09:00 AM on Tuesday (March 24)** ...

OPEN/POST COLLEGIATE ENTRIES: "Open/Post Collegiate" athletes and those that are being red shirted are welcome to compete. Those entries should be sent directly to staylor7@richmond.edu . Include their name(s), event(s), team name to be listed and entry mark(s) . An e-mail confirmation will be sent back indicating they are entered. The open athletes will pay their \$20 entry fee upon check-in with the clerk.

ENTRY FEE: The Entry Fee is \$300 per team (10 or more athletes constitute a team) and \$600 maximum for both men and women, \$20.00 for each unattached athlete or individual college entry. Athletes are permitted to enter in as many events as they like. Please note this is an entry fee not a competition fee. There will be no refunds on entry fees. Checks should be made payable to:

University of Richmond-Athletics

Attn: Fred Hardy Track & Field Invitational
217 Robins Center

University of Richmond, VA 23173

TEAM PACKETS: Packet pick-up for Teams and Unattached athletes will be held at the **yellow Equipment Building** near the finish line of the Sports Backers Track & Field Facility beginning at 1:30PM Friday, March 27th and 9:00AM Saturday, March 28th.

ENTRY LIMITS/MINIMUM MARKS: There will be no entry limits **except** in the throwing events (SP, HT, JT, DT) and there will be no minimum marks in any event. Schools will be limited to 2 athletes per throwing event. Additional athletes from the same school will be considered for the throwing events on a case-by-case basis (Please E-Mail us directly: staylor7@richmond.edu). You may enter as many athletes per event as you like in All Other Events, including relays.

RELAYS: You are welcome to add "B" and "C" relays to your entry. Relay uniforms must conform to NCAA Track & Field Rules.

OPENING HEIGHTS: The following will be the opening heights in the HJ and PV:

Women's High Jump (opening height 1.50M=5'00.25")

Men's High Jump (opening height 1.75M=5'09.25")

Women's Pole Vault (opening height 2.80M=9'06.25")

Men's Pole Vault (opening height 3.70M=12'06")

TRIPLE JUMP TAKE-OFF BOARDS: The Triple Jump take boards are 32' for the women and 40' for the men. We will not place shorter takeoff boards.

RULES: All NCAA Rules of competition apply.

TENTATIVE TIME SCHEDULE: Once entries close on the Tuesday (March 24) prior to the meet we will revise the schedule if needed. The first events scheduled each day will not change, but if we need to lengthen or shorten the schedule we will do so...

Final Time Schedule- A Final Time Schedule will be posted on our website Wednesday, March 26th. The final time schedule will be published on our web and sent to each coaches e-mail address by Wednesday evening.

Check-in for Track events will close 30 minutes prior to the event at the CLERK'S Tent located near the Finish Line. Athletes are asked to check-in any time prior to the 30 minute cut-off period. The Clerk will scratch athletes that have not checked in and then seed the events. This will allow meet management to group together the best combination of athletes loaded from the top to bottom. **The fastest sections will run first...women's events followed by men.**

Check-in for Field events will be 30 minutes prior to the event at the EVENT Site. Coaches...Please ensure that your athletes report to their field competition site ready to warm-up as they need. In the throwing events it's critical that the events start on time to avoid darkness.

Hip Numbers- Athletes will pick-up their hip numbers at the starting line of each oval race. Bib numbers will not be used...only hip numbers.

Equipment: Starting Blocks will be provided... 1/4" spikes on all rubberized surfaces including the high jump, pole vault, javelin, and long jump/triple jump runways...Relay Batons will not be provided...

Implement Weigh-In- Throwers should provide their own implement... Throwing implements will be certified at the **yellow Equipment Building** near the finish line of the Sports Backers Track & Field Facility beginning Friday, March 27th from 12:00PM-1:00PM only and on Saturday, March 28th from 7:30AM-8:30AM only. Please have all implements available during these timeframes. Please advise your athletes to warm-up well in advance of the scheduled start

Warming-up inside the oval- There will be no warm-ups inside of the track oval for track events...This area will be utilized for the field events.

Team Area/Tent Set-Up- Please use the stadium seating for team gear. Tents may be set-up outside the track oval on the North (Steeple Pit) and South (Scoreboard) ends of the facility. ***Teams should refrain from camping on the High Jump area.***

**Sports Backers
Track & Field Stadium
Site of the 2009 & 2010
Fred Hardy Track & Field Invitational
Hosted by the University of Richmond**

From the North:

ARRIVING FROM I95 HEADING SOUTH

1. Take Exit #78
2. Make a right onto the Boulevard
3. The Sports Backers Stadium entrance is on the left (3001 North Boulevard) just after the stop light and the entrance to the Richmond Braves Baseball Diamond. Sports Backers Stadium is 100 yards straight ahead.

From the South:

ARRIVING FROM I95 HEADING NORTH

1. Take Exit #78 and make a left at the bottom of the exit ramp.
2. Take a right at the first traffic light onto Robin Hood Road
3. Take a left at the next traffic light onto the Boulevard
4. The Sports Backers Stadium entrance is on the left (3001 North Boulevard) just after the stop light and the entrance to the Richmond Braves Baseball Diamond. Sports Backers Stadium is 100 yards straight ahead.

From the East:

ARRIVING FROM I64 HEADING WEST

1. Take Exit #78 and make a left at the bottom of the exit ramp.
2. Take a right at the first traffic light onto Robin Hood Road
3. Take a left at the next traffic light onto the Boulevard
4. The Sports Backers Stadium entrance is on the left (3001 North Boulevard) just after the stop light and the entrance to the Richmond Braves Baseball Diamond. Sports Backers Stadium is 100 yards straight ahead.

From the West:

ARRIVING FROM I64 HEADING EAST

1. Take Exit #78
2. Make a right onto the Boulevard
3. The Sports Backers Stadium entrance is on the left (3001 North Boulevard) just after the stop light and the entrance to the Richmond Braves Baseball Diamond. Sports Backers Stadium is 100 yards straight ahead.