

University of Richmond

2008 Women's Outdoor Track & Field Top Performances

As of April 22, 2008

100m		<i>UR Record: 11.70</i>
Major, Jasmine	12.27	Lou Onesty Invitational
White, Marissa	12.62	Duke Invitational
Cottle, Jasmine	12.64	Lou Onesty Invitational
Ubiwa, JoAnna	12.98	Lou Onesty Invitational
Lapp, Stefanie	13.27	Lou Onesty Invitational

3,000m		<i>UR Record: 9:53.69</i>
Van Alstine, Amy	9:53.98	Fred Hardy Invitational
Rechel, Julie	10:13.68	Fred Hardy Invitational
Faircloth, Shelby	10:19.81	Fred Hardy Invitational
Lunny, Erin	10:22.74	Duke Invitational
Mankin, Alyssa	10:40.89	Duke Invitational

100m Hurdles		<i>UR Record: 14.41</i>
Major, Jasmine	14.75	Lou Onesty Invitational
White, Marissa	15.32	Lou Onesty Invitational
Ney, Megan	16.97	Coastal Carolina Invitational

5,000m		<i>UR Record: 16:27.71</i>
Traynor, Nicol	16:54.89	Mt. SAC Relays
Van Alstine, A.	16:59.63	Duke Invitational
Schuler, Kylee	17:49.33	Princeton Invitational
Bertram, Mary	17:58.62	Princeton Invitational
Lunny, Erin	18:03.22	Princeton Invitational

200m		<i>UR Record: 23.50</i>
Major, Jasmine	25.64	Lou Onesty Invitational
Cottle, Jasmine	25.85	CNU Challenge
Ubiwa, JoAnna	26.39	Duke Invitational
Ney, Megan	26.43	Coastal Carolina Invitational
White, Marissa	26.96	Lou Onesty Invitational

10,000m		<i>UR Record: 35:07.09</i>
Schuler, Kylee	37:35.85	Duke Invitational
Bertram, Mary	38:04.30	Duke Invitational

400m		<i>UR Record: 52.47</i>
Cottle, Jasmine	58.74	CNU Challenge
Markey, Tara	59.99	Wake Forest Open
Krakower, Paloma	60.09	Duke Invitational

4x100m Relay		<i>UR Record: 46.14</i>
Cottle, Jasmine	48.83	Fred Hardy Invitational
Ubiwa, JoAnna		
Johnson, X'auntasia		
White, Marissa		

800m		<i>UR Record: 2:04.40</i>
Markey, Tara	2:15.56	Duke Invitational
Krakower, Paloma	2:17.21	CNU Challenge
Filtz, Diana	2:18.95	Lou Onesty Invitational
Traynor, Nicol	2:23.39	Fred Hardy Invitational
Mankin, Alyssa	2:24.58	Fred Hardy Invitational

4x400m Relay		<i>UR Record: 3:49.90</i>
Cottle, Jasmine	3:53.08	Lou Onesty Invitational
Ney, Megan		
Krakower, Paloma		
Markey, Tara		

1,500m		<i>UR Record: 4:19.90</i>
Van Alstine, Amy	4:34.26	Fred Hardy Invitational
Filtz, Diana	4:40.97	Duke Invitational
Traynor, Nicol	4:42.40	Fred Hardy Invitational
Mankin, Alyssa	4:49.04	Fred Hardy Invitational
Ennis, Jenn	4:49.29	CNU Challenge

4x800m Relay		<i>UR Record: 9:00.00</i>
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Shot Put		<i>UR Record: 14.21m</i>
Koroma, Samella	12.22m	Fred Hardy Invitational
Howard, Monica	11.79m	Fred Hardy Invitational
Ney, Megan	8.15m	Coastal Carolina Invitational

Long Jump		<i>UR Record: 6.12m</i>
Ney, Megan	5.60m	CNU Challenge
Johnson, X'auntasia	5.33m	VCU Invitational

Discus		<i>UR Record: 44.62m</i>
Howard, Monica	44.62m	Duke Invitational
Koroma, Samella	37.00m	Lou Onesty Invitational

Triple Jump		<i>UR Record: 11.80m</i>
Ney, Megan	11.80m	CNU Challenge
Johnson, X'auntasia	11.25m	Wake Forest Open

Javelin		<i>UR Record: 47.00m</i>
Howard, Monica	36.59m	Lou Onesty Invitational
Doran, M.	30.98m	VCU Invitational
Lapp, Stefanie	26.47m	Wake Forest Open
Ney, Megan	22.19m	Coastal Carolina Invitational

High Jump		<i>UR Record: 1.70m</i>
Ney, Megan	1.70m	Lou Onesty Invitational

Hammer		<i>UR Record: 46.52m</i>
Koroma, Samella	42.47m	Lou Onesty Invitational
Howard, Monica	41.50m	CNU Challenge
Lapp, Stefanie	40.48m	Fred Hardy Invitational

Hetathlon		<i>UR Record: 4436 pts.</i>
Ney, Megan	4189 pts.	Coastal Carolina Invitational

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100m		<i>UR Record: 10.24</i>
Hille, David	11.76	Fred Hardy Invitational

5,000m		<i>UR Record: 13:33.60</i>
Benford, Andrew	14:09.01	Mt. SAC Relays
Llano, Matt	14:36.30	Duke Invitational
Wilson, Jon	14:51.07	Princeton Invitational
Willis, Hunter	15:02.90	Princeton Invitational
Quinn, Tim	15:08.79	Princeton Invitational

200m		<i>UR Record: 21.20</i>
Schmittlein, Michael	23.52	Lou Onesty Invitational
Hille, David	23.54	Fred Hardy Invitational

10,000m		<i>UR Record: 28:25.80</i>
Llano, Matt	30:25.63	Mt. SAC Relays

400m		<i>UR Record: 46.70</i>
Schmittlein, Michael	53.61	Duke Invitational
Hille, David	55.50	VCU Invitational

4x800m Relay		<i>UR Record: 7:12.80</i>
Richmond 'A'	7:50.25	Fred Hardy Invitational

800m		<i>UR Record: 1:46.10</i>
Strojny, Jeff	1:54.80	Fred Hardy Invitational
Welsh, Sean	1:56.79	Duke Invitational
Hoffman, Greg	1:57.28	Duke Invitational
Jensen, Derek	1:58.69	CNU Challenge
Regan, Brendan	1:58.99	CNU Challenge

Javelin		<i>UR Record: 65.13m</i>
Slotterback, Neil	57.32	VCU Invitational

1,500m		<i>UR Record: 3:39.07</i>
Molz, Jonathan	3:54.59	Duke Invitational
Welsh, Sean	4:00.28	Duke Invitational
Wilson, Jon	4:00.46	Lou Onesty Invitational
Quinn, Tim	4:01.03	Lou Onesty Invitational
Llano, Matt	4:03.53	WFU Open

Shot Put		<i>UR Record: 16.24m</i>
Turner, Pierre	13.88m	CNU Challenge
Kondorossy, Chris	12.06m	CNU Challenge

3,000 M		
Benford, Andrew	8:19.60	Duke Invitational
Llano, Matt	8:30.32	Fred Hardy Invitational
Quinn, Tim	8:32.29	Fred Hardy Invitational
Wilson, Jon	8:32.74	Fred Hardy Invitational
Stubbs, Mike	9:05.36	Fred Hardy Invitational

Discus		<i>UR Record: 47.37m</i>
Turner, Pierre	45.67m	CNU Challenge
Kondorossy, Chris	38.11m	CNU Challenge

3000m Steeplechase		<i>UR Record: 8:22.50</i>
Benford, Andrew	9:07.21	Fred Hardy Invitational
Molz, Jonathan	9:31.07	Fred Hardy Invitational
Virgilio, Calvin	10:54.35	Fred Hardy Invitational

Hammer		<i>UR Record: 52.83m</i>
Kondorossy, Chris	38.15m	CNU Challenge