

## Emergency Action Plan: UR Intramural Fields

- **Call EMS in any life-threatening situation:**
  - Unconsciousness
  - Uncontrollable bleeding
  - Difficulty breathing
  - Anything you are unsure of or feel uncomfortable with
  
- **Telephone access:**
  - Primary: cell phone of coach
  - Secondary: Blue-Light Emergency Phone located on the University of Richmond Drive (West side of fields)
  
- **Important Numbers:**
  - UR Police Emergency:
    - From Cell Phone: (804) 289-8911
    - From Campus Phone: 911
  - Athletic Training Room: (804) 289-8393
  
- **Ambulance Directions to UR Intramural Fields:**
  - Use River Road entrance at the University of Richmond Drive.
  - Take a right at the first stop sign, then a quick left to the end of the parking lot.
  - There is an entrance to the fields at the end of the parking lot.

**Notify your athletic trainer at home or in athletic training room after the situation has resolved to let them know what happened. If your athletic trainer cannot be notified please call another staff athletic trainer.**

- **Safe Shelter:** in case of lightning or thunder
  - Special Programs Building (open 24hrs.)
  - Robins Center