

## **Emergency Action Plan: Richmond City Football Stadium**

- **Call EMS in any life-threatening situation:**
  - Unconsciousness
  - Uncontrollable bleeding
  - Difficulty breathing
  - Anything you are unsure of or feel uncomfortable with
  
- **Telephone access:**
  - Primary: cell phone of coach
  - Secondary: Pay phones under the East (HOME) Stands or Security office above the West Stands
  
- **Important Numbers:**
  - UR Police Emergency:
    - From Cell Phone: (804) 289-8911
  - Athletic Training Room: (804) 289-8393
  
- **Ambulance Directions to First Market Stadium:**
  - Take Rosewood Avenue exit off I95 expressway.
  - Follow signs to the stadium

**Notify your athletic trainer at home or in athletic training room after the situation has resolved to let them know what happened. If your athletic trainer cannot be notified please call another staff athletic trainer.**

- **Safe Shelter:** in case of lightning or thunder
  - Locker Rooms located under East Stands