

**14th ANNUAL J. FRED DUCKETT  
RICE TWILIGHT MEET  
April 22, 2017**

**RUNNING EVENTS-EVENING SESSION:**

6:00 PM	4 x 100 Relay-Women
6:05 PM	4 x 100 Relay-Men
6:15 PM	400 Hurdles-Women
6:25 PM	400 Hurdles-Men
6:35 PM	400-Women
6:40 PM	400-Men
6:50 PM	100-Women
6:55 PM	100-Men
7:05 PM	100 Hurdles-Women
7:10 PM	110 Hurdles-Men
7:20 PM	800-Women
7:30 PM	800-Men
7:40 PM	200-Women
7:45 PM	200-Men
7:55 PM	1500-Women
8:10 PM	1500-Men
8:35 PM	3000 Steeplechase-Men
8:50 PM	3000 Steeplechase-Women
9:10 PM	4 x 400 Relay-Women
9:20 PM	4 x 400 Relay-Men
9:35 PM	5000-Men-A HEAT-FASTER SECTION
9:55 PM	5000-Women
10:20 PM	5000-Men-B HEAT-SLOWER SECTION

**FIELD EVENTS:**

<b><u>Throws</u></b>	
10:00 AM	Men's Discus Women's Discus-Follows Men's Discus
11:00 AM	Women's Hammer Men's Hammer-Follows Women's Hammer
4:00 PM	Men's Shot Put Women's Shot Put-Follows Men's Shot Put
5:00 PM	Women's Javelin Men's Javelin-Follows Women's Javelin
<b><u>Jumps</u></b>	
4:00 PM	Women's Pole Vault Men's Pole Vault-follows Women's Pole Vault
4:00 PM	Men's Long Jump Men's Triple Jump- Follows Men's LJ
4:00 PM	Women's Long Jump Women's Triple Jump-Follows Women's LJ
5:30 PM	Men's High Jump Women's High Jump-Follows Men's HJ

**AFTERNOON SESSION-**

4:00 PM	100 Hurdles-Women
4:05 PM	100-Women
4:15 PM	100-Men
4:30 PM	800-Men
4:40 PM	400-Women
4:50 PM	400-Men
5:05 PM	200-Women
5:15 PM	200-Men