

**Coastal Carolina University**  
**Athletic Training Department**  
**Policy and Procedure Manual**  
*Non-Athletic Related Injuries*  
*Revised/Reviewed 6/2012*

## **INTRODUCTION**

This policy should pertain to any person (including student athletes) reporting to the athletic training department with an injury requiring first aid or treatment for an injury that is not related to their involvement in athletics. These injuries are those that can occur from non-supervised athletic activities, motor vehicle accidents, acts of unlawful activities, etc.

## **PURPOSE**

To provide athletes with instructions on how to properly seek medical care for their non-athletic related condition

## **PROCEDURE**

### **Motor Vehicle Accidents (MVA)**

Athletes reporting to the Athletic Training Department for treatment of an MVA should be treated with first aid related measures only. All other treatment should be directed to the nearest Emergency Room or to the Student Health Center at the athlete's cost. All other treatments should be directed by the MVA injured person's insurance carrier or attorney and should be done at some other private facility other than Coastal Carolina's Athletic Training Department. Documentation concerning first aid provided should be forwarded immediately to the Head Athletic Trainer

### **Injuries related to possible unlawful activities (fighting, commission of a crime)**

Athletes reporting to the Athletic Training Department for treatment of injuries related to unlawful activity should be treated with first aid related measures only. All other treatment should be directed to the nearest Emergency Room or to the Student Health Center at the athlete's cost. All other treatments should be directed by the person's insurance carrier or attorney and should be done at some other private facility other than Coastal Carolina's Athletic Training Department. Documentation concerning the first aid provided should be forwarded immediately to the Head Athletic Trainer.

### **Injuries due to unsupervised athletic activities**

While the National Collegiate Athletic Association (NCAA) allows institutions to pay for medical charges that are incurred by student-athletes during unsupervised intercollegiate activities, it is at the discretion of each NCAA institution to decide how they will handle each situation. Even though it appears that there are not any true off-seasons anymore, there are times during the calendar year in which it is a violation of NCAA guidelines for student-athletes to participate under the direction of a sport coach or the direction of the strength and conditioning staff. In the event that a student-athlete experiences an injury that requires medical attention during an unsupervised activity, it is the policy of Coastal Carolina

University Department of Athletics to evaluate to merit of the institution's financial obligation on a case by case basis. Examples of unsupervised activities include but are not limited to, captain's practices, open gyms, etc. These injuries must be reported IMMEDIATELY to the athletic training staff. If the athlete warrants further care outside of the athletic training room, he or she will be referred, per their insurance policy and coverage, to the appropriate physician at potentially their own cost. Any subsequent follow-up or further diagnostic testing, surgeries, or other procedures will be potentially at the cost of the athlete.

### **Work-related injuries**

In case of accidental injury, it is an employee's responsibility to immediately notify his supervisor or department head and the Office of Human Resources and Equal Opportunity. Any injury, no matter how slight, must be reported immediately.

If the injured employee or his supervisor judges that medical attention is needed, the employee should contact CompEndium Services at 1-800-709-2667 for authorization for such medical treatment. The employee should give their name, employer name, and tell the Operator that you have an injury to report. A Medical Manager Nurse Consultant will take your call and ask for the employee's name and specific questions about the accident. CompEndium will assist the injured worker in selecting a physician and scheduling an appointment or will direct the injured worker to the Emergency Room (ER).

Once an employee receives initial treatment, any subsequent treatment must be by the same physician, or upon referral by that physician. An employee, who initiates a change in physicians without referral, or without notification and approval through the University Office of Human Resources and Equal Opportunity, may not be covered further under Workers' Compensation.

IMMEDIATELY after the initial treatment, the injured employee and his supervisor are responsible for preparation of the EMPLOYEE'S FIRST REPORT OF INJURY and the SUPERVISOR'S REPORT OF INJURY forms. Failure to give immediate notice may cause serious delays in the payment of compensation. These forms may be obtained in the Office of Human Resources and Equal Opportunity.

Report of injury must be forwarded to the University Office of Human Resources and Equal Opportunity within three (3) working days after the injury. Failure to report within this period can result in a fine assessment of up to \$100 to the University by the South Carolina Workers' Compensation Commission.

CCU Athletic Training Department Staff Members are to provide first-aid only and instruct the employee to follow the procedures listed above. Documentation concerning the first aid provided should be forwarded immediately to the Human Resource Manager.