



# PENN STATE WOMEN'S VOLLEYBALL

## SEVEN-TIME NATIONAL CHAMPIONS

### PENN STATE AT A GLANCE

Location: University Park, Pa.  
 Founded: 1855  
 Enrollment: 46,848  
 Colors: Blue & White  
 Nickname: Nittany Lions  
 Conference: Big Ten  
 President: Dr. Eric J. Barron  
 Director of Athletics: Sandy Barbour  
 Senior Woman Administrator: Charmelle Green  
 Facility (capacity): Rec Hall (5,812)

### COACHES & STAFF

Head Coach: Russ Rose (38th season)  
 Alma Mater: George Williams, 1975  
 Overall Record (Yrs/Pct): 1,189-186 (37/.865)  
 School Record: same  
 Associate Head Coach: Salima Rockwell  
 Assistant Coach: Craig Dyer  
 Director of Operations: Jon Parry  
 Volunteer Assistant: Marcus Santos  
 Office Phone: (814) 863-7474  
 Office Fax: (814) 865-1746  
 Office Address: 235 Rec Hall

### TEAM INFORMATION

2015 Record: 28-6  
 Home: 15-2  
 Away: 9-3  
 Neutral: 4-1  
 Big Ten record (finish): 15-5 (4th)  
 Final AVCA Ranking: No. 9  
 Postseason Play: NCAA regional semifinal  
 First round: def. Howard, 3-0  
 Second round: def. Dayton, 3-1  
 Regional semifinal: lost to Hawaii, 3-0  
 2016 Letterwinners R/L: 14/4  
 2016 Starters R/L: 6/2+libero  
 Newcomers: 8

### VOLLEYBALL HISTORY

First Year of Volleyball: 1976  
 All-Time Record (Years): 1,240-226-4 (40)  
 All-Time Big Ten Record: 440-59  
 Years/Win Pct.: 25/.882  
 Big Ten Titles: (16) '92, '93, '96, '97, '98, '99, '03, '04, '05, '06, '07, '08, '09, '10, '12, '13  
 NCAA Tournament Appearances: 35  
 NCAA Tournament Record: 92-28  
 NCAA National Championships: 7 (1999, 2007, 2008, 2009, 2010, 2013, 2014)

### STRATEGIC COMMUNICATIONS

Volleyball Contact: Arielle Sargent  
 E-mail: ans26@psu.edu  
 Cell Phone: (814) 321-8286  
 Office Phone: (814) 865-1757  
 Office Fax: (814) 863-3165  
 Website: GoPSUsports.com  
 Twitter/Instagram: @PennStateVBALL  
 Facebook: /PennStateWomensVolleyball  
 Office Address: 101-G Bryce Jordan Center  
 University Park, Pa. 16802

### RETURNING STARTERS

No.	Pos.	Name	Yr.	SP	K/S	Pct.	A/S	SA/S	D/S	B/S	PTS
5	OH	Ali Frantti	Jr.	115	2.63	.239	0.17	0.09	1.86	0.48	3460
15	MB	H. Washington	Jr.	115	2.63	.442	0.03	0.23	0.57	1.38	4195
21	S	B. Weiskircher	RS-So.	115	0.59	.262	10.83	0.35	2.23	0.59	1430
12	DS/L	Keeton Holcomb	So.	102	0.01	.000	0.69	0.06	3.05	0.00	70
22	OH	Simone Lee	Jr.	86	1.84	.255	0.02	0.08	0.45	0.63	2.26
19	MB	Heidi Thelen	Jr.	63	0.65	.290	0.13	0.00	0.17	1.05	1.23

### NEWCOMERS

No.	Name	Pos.	Yr.	Ht.	Hometown/High School
2	Emily Sciorra	Fr.	DS	5-5	Chantilly, Va./Chantilly
3	Kendall White	Fr.	DS	5-7	Indianapolis, Ind./Cathedral
7	Abby Detering	Jr.	S	6-0	Mentor, Ohio/Lake Catholic (Florida)
9	Emily DeMure	Fr.	OH	6-2	Granite Bay, Calif./Granite Bay
14	Caroline Graham	RS-Fr.	S	5-7	Port Au Prince, Haiti/Lycee Alexandre Dumas (UCLA)
17	Kristin Krause	Fr.	DS	5-9	Allentown, Pa./Parkland
18	Allison Farrell	Fr.	DS	5-9	Lombard, Ill./Glenbard East
23	Clare Powers	RS-So.	OH	6-3	Aptos, Calif./Archbishop Mitty (Saint Mary's)

### KEY DEPARTURES

No.	Pos.	Name	Yr.	SP	K/S	Pct.	A/S	SA/S	D/S	B/S	PTS
3	DS/L	Kendall Pierce	Sr.	51	0.00	.000	0.00	0.08	0.37	0.00	4.0
17	OH	Megan Courtney	Sr.	101	3.04	.242	0.46	0.09	3.03	0.81	3685
14	OH/MB	Aiyana Whitney	RS-Sr.	115	3.11	.353	0.06	0.00	0.26	1.10	4285

### 2016 ROSTER

No.	Name	Yr.	Pos.	Ht.	Hometown/HS (Last College)
2	Emily Sciorra	Fr.	DS	5-5	Chantilly, Va./Chantilly
3	Kendall White	Fr.	DS	5-7	Indianapolis, Ind./Cathedral
4	Wilma Rivera	So.	S	5-8	Carolina, Puerto Rico/Saint Francis School
5	Ali Frantti	Jr.	OH	6-2	Spring Grove, Ill./Richmond Burton
6	Nia Reed	RS-So.	OH	6-2	Fort Lee, N.J./Immaculate Heart Academy
7	Abby Detering	Jr.	S	6-0	Mentor, Ohio/Lake Catholic(Florida)
8	Lainy Pierce	Jr.	DS	5-6	Eden, N.Y./Eden
9	Emily DeMure	Fr.	OH	6-2	Granite Bay, Calif./Granite Bay
10	Carley Muller	Sr.	DS	5-8	Manhattan Beach, Calif./Mira Costa
11	Tori Gorrell	RS-Fr.	MB	6-2	Oakville, Ontario (Canada)/Abbey Park
12	Keeton Holcomb	So.	DS	5-5	Bellville, Texas/Bellville
13	Taylor Krause	Sr.	DS	5-5	Allentown, Pa./Parkland
14	Caroline Graham	RS-Fr.	S	5-7	Port Au Prince, Haiti/Lycee Alexandre Dumas
15	Haleigh Washington	Jr.	MB	6-3	Colorado Springs, Colo./Doherty
16	Jelena Novaković	RS-Fr.	OPP	6-2	Belgrade, Serbia/Tourism High School
17	Kristin Krause	Fr.	DS	5-9	Allentown, Pa./Parkland
18	Allison Farrell	Fr.	DS	5-9	Lombard, Ill./Glenbard East
19	Heidi Thelen	Jr.	MB	6-2	Edgewood, Ky./Notre Dame Academy
21	Bryanna Weiskircher	RS-So.	S	6-0	Rockford, Ill./Boylan Catholic
22	Simone Lee	Jr.	OH	6-0	Menomonee Falls, Wis./Menomonee
23	Clare Powers	RS-So.	OH	6-3	Aptos, Calif./Archbishop Mitty(Saint Mary's)
24	Laura Broerman	RS-So.	DS	5-3	Colorado Springs, Colo./St. Mary's

# 2016 PENN STATE WOMEN'S VOLLEYBALL

## 2016 SCHEDULE

### Penn State Classic (University Park, Pa.)

Friday	Aug. 26	Georgia Southern vs. UNC	5:00 p.m.
<b>FRIDAY</b>	<b>Aug. 26</b>	<b>VS. WEST VIRGINIA</b>	<b>7:00 p.m.</b>
<b>SATURDAY</b>	<b>Aug. 27</b>	<b>VS. GEORGIA SOUTHERN</b>	<b>10:00 a.m.</b>
Saturday	Aug. 27	West Virginia vs. UNC	1:00 p.m.
Saturday	Aug. 27	West Virginia vs. Georgia Southern	5:00 p.m.
<b>SATURDAY</b>	<b>Aug. 27</b>	<b>VS. UNC</b>	<b>7:00 p.m.</b>

### Big Ten/Pac-12 Challenge (Boulder, Colo.)

Saturday	Sept. 3	at Colorado	9:00 p.m.
Sunday	Sept. 4	vs. Stanford	5:00 p.m.

### Syracuse Classic (Syracuse, N.Y.)

Friday	Sept. 9	vs. Siena	11:00 a.m.
Saturday	Sept. 10	vs. Hofstra	12:30 p.m.
Saturday	Sept. 10	vs. Syracuse	7:00 p.m.

### Penn State Invitational (University Park, Pa.)

Friday	Sept. 16	Howard vs. Clemson	5:00 p.m.
<b>FRIDAY</b>	<b>Sept. 16</b>	<b>VS. RHODE ISLAND</b>	<b>7:00 p.m.</b>
<b>SATURDAY</b>	<b>Sept. 17</b>	<b>VS. HOWARD</b>	<b>10:00 a.m.</b>
Saturday	Sept. 17	Rhode Island vs. Clemson	1:00 p.m.
Saturday	Sept. 17	Rhode Island vs. Howard	5:00 p.m.
<b>SATURDAY</b>	<b>Sept. 17</b>	<b>VS. CLEMSON</b>	<b>7:00 p.m.</b>

Wednesday	Sept. 21	at Rutgers*	7:00 p.m.
Sunday	Sept. 25	at Northwestern*	1:00 p.m.
<b>FRIDAY</b>	<b>SEPT. 30</b>	<b>VS. MICHIGAN STATE*</b>	<b>7:00 p.m.</b>
<b>SATURDAY</b>	<b>OCT. 1</b>	<b>VS. MICHIGAN*</b>	<b>8:00 p.m.</b>
<b>WEDNESDAY</b>	<b>OCT. 5</b>	<b>VS. MINNESOTA*</b>	<b>7:00 p.m.</b>
<b>SATURDAY</b>	<b>OCT. 8</b>	<b>VS. RUTGERS*</b>	<b>7:00 p.m.</b>
Friday	Oct. 14	at Purdue*	8:00 p.m.
Saturday	Oct. 15	at Indiana*	7:00 p.m.
<b>WEDNESDAY</b>	<b>OCT. 19</b>	<b>VS. OHIO STATE*</b>	<b>8:00 p.m.</b>
Saturday	Oct. 22	at Michigan*	7:00 p.m.
Friday	Oct. 28	at Wisconsin*	9:00 p.m.
Saturday	Oct. 29	at Minnesota*	7:30 p.m.
<b>FRIDAY</b>	<b>NOV. 4</b>	<b>VS. NEBRASKA*</b>	<b>8:00 p.m.</b>
<b>SATURDAY</b>	<b>NOV. 5</b>	<b>VS. IOWA*</b>	<b>4:00 p.m.</b>
Friday	Nov. 11	at Maryland*	7:00 p.m.
Saturday	Nov. 12	at Ohio State*	8:00 p.m.
Wednesday	Nov. 16	at Nebraska*	8:00 p.m.
<b>SATURDAY</b>	<b>NOV. 19</b>	<b>VS. PURDUE*</b>	<b>7:00 p.m.</b>
<b>FRIDAY</b>	<b>NOV. 25</b>	<b>VS. NORTHWESTERN*</b>	<b>7:00 p.m.</b>
<b>SATURDAY</b>	<b>NOV. 26</b>	<b>VS. ILLINOIS*</b>	<b>7:00 p.m.</b>

Friday-Sunday	Dec. 1-3	NCAA First and Second rounds (TBA)
Friday-Saturday	Dec. 9-10	NCAA Regionals (TBA)
Thursday/Saturday	Dec. 15-17	NCAA National Championship (Columbus, Ohio - Nationwide Arena)

All home matches at Rec Hall in **BOLD CAPS**. \* Indicates Big Ten match. All times Eastern. Dates/times subject to change.

# 2016 PENN STATE WOMEN'S VOLLEYBALL

## 2015 CUMULATIVE STATISTICS

##	Player	sp	Attack					Set		Serve			Dig		Blocking					points		
			k	k/s	e	ta	pct	a	a/s	sa	se	sa/s	re	dig	dig/s	bs	ba	total	blk/s		be	bhe
15	Washington,Haleigh	115	302	2.63	58	552	.442	4	0.03	26	54	0.23	0	66	0.57	24	135	159	1.38	15	2	419.5
14	Whitney,Aiyana	115	358	3.11	90	759	.353	7	0.06	0	0	0.00	1	30	0.26	15	111	126	1.10	11	1	428.5
19	Thelen,Heidi	63	41	0.65	14	93	.290	8	0.13	0	0	0.00	0	11	0.17	7	59	66	1.05	10	1	77.5
21	Weiskircher,Bryanna	115	68	0.59	24	168	.262	1245	10.83	40	36	0.35	3	257	2.23	2	66	68	0.59	16	10	143.0
22	Lee,Simone	86	158	1.84	60	384	.255	2	0.02	7	13	0.08	0	39	0.45	5	49	54	0.63	3	2	194.5
17	Courtney,Megan	101	307	3.04	92	890	.242	46	0.46	9	12	0.09	15	306	3.03	23	59	82	0.81	5	2	368.5
5	Frantti,Ali	115	303	2.63	112	799	.239	19	0.17	10	17	0.09	25	214	1.86	11	44	55	0.48	7	1	346.0
6	Reed,Nia	21	20	0.95	11	58	.155	0	0.00	0	0	0.00	0	1	0.05	0	6	6	0.29	3	0	23.0
10	Muller,Carley	17	0	0.00	0	0	.000	1	0.06	2	4	0.12	0	10	0.59	0	0	0	0.00	0	0	2.0
13	Krause,Taylor	53	0	0.00	0	0	.000	5	0.09	8	7	0.15	0	49	0.92	0	0	0	0.00	0	0	8.0
12	Holcomb,Keeton	102	1	0.01	1	3	.000	70	0.69	6	11	0.06	32	311	3.05	0	0	0	0.00	0	0	7.0
4	Rivera,Wilma	53	0	0.00	0	1	.000	27	0.51	6	15	0.11	0	82	1.55	0	0	0	0.00	0	0	6.0
8	Pierce,Lainy	51	0	0.00	0	2	.000	0	0.00	4	5	0.08	1	19	0.37	0	0	0	0.00	0	0	4.0
2	Caraway,Lara	34	0	0.00	0	0	.000	0	0.00	1	5	0.03	0	29	0.85	0	0	0	0.00	0	0	1.0
3	Pierce,Kendall	100	0	0.00	2	3	-.667	19	0.19	10	4	0.10	13	165	1.65	0	0	0	0.00	0	1	10.0
PENN STATE		115	1558	13.55	464	3712	.295	1453	12.63	129	183	1.12	94	1589	13.82	87	529	351.5	3.06	70	20	2038.5
Opponents		115	1365	11.87	731	3924	.162	1296	11.27	94	232	0.82	129	1488	12.94	29	317	187.5	1.63	69	34	1646.5

## TEAM STATISTICS

Team Statistics	PSU	OPP
<b>ATTACK</b>		
Kills	1558	1365
Errors	464	731
Total Attacks	3712	3924
Attack Pct	.295	.162
Kills/Set	13.5	11.9
<b>SET</b>		
Assists	1453	1296
Attempts	3577	3896
Assist Pct	.406	.333
Assists/Set	12.6	11.3
<b>SERVE</b>		
Aces	129	94
Errors	183	232
Attempts	2693	2176
Serve Pct	.932	.893
Aces/Set	1.1	0.8
<b>SERVE RECEPTIONS</b>		
Errors	94	129
Errors/Set	0.8	1.1
Attempts	1940	2502
Reception Pct	.952	.948
<b>DEFENSE</b>		
Digs	1589	1488
Digs/Set	13.8	12.9
<b>BLOCKING</b>		
Block Solo	87	29
Block Assist	529	317
Total Blocks	351.5	187.5
Blocks/Set	3.1	1.6
Block Errors	70	69
Ball handling errors	20	34
<b>ATTENDANCE</b>		
Total	66672	39621
Dates/Avg Per Date	17/3922	12/3302
Neutral site #/Avg	5/1158	
Current win streak	0	-
Home win streak	4	-

## 2015 RESULTS

DATE	OPPONENT	W/L	SCORE	SET SCORES	TIME	ATT.
Aug 28	vs. Buffalo	W	3-0	25-18,25-12,25-16	1:11	2,252
Aug 29	vs. Stony Brook	W	3-0	25-13,25-13,25-20	1:08	3,716
Aug 29	vs. Villanova	W	3-0	25-20,25-23,25-21	1:29	3,716
Sept 4	vs. #21 Colorado	W	3-0	25-19,25-21,25-18	1:24	3,148
Sept 5	vs. #2 Stanford	W	3-0	25-21,25-22,25-18	1:34	6,055
Sept 11	vs. Eastern Kentucky%	W	3-0	25-14,25-13,25-14	1:07	946
Sept 12	vs. Mississippi State%	W	3-0	25-16,25-14,25-12	1:12	706
Sept 12	at Notre Dame%	W	3-0	25-17,25-19,25-16	1:18	1,540
Sept 18	vs. Auburn\$	W	3-0	25-11, 25-16, 25-19	1:23	556
Sept 19	vs. St. John's\$	W	3-0	25-10, 25-18, 25-19	N/A	579
Sept 19	at South Florida\$	W	3-0	25-19, 25-6, 25-18	1:16	1,636
Sept 23	vs. #16 Wisconsin	W	3-0	25-21, 25-16, 25-20	1:28	2,710
Sept 26	vs. #21 Minnesota	W	3-2	25-22,25-16,19-25,20-25,15-12	2:21	5,039
Oct 2	vs. #4 Nebraska	L	3-2	25-12, 26-24, 14-25, 20-25, 11-15	2:32	5,105
Oct 3	vs. Iowa	W	3-0	26-24, 25-16, 25-23	1:33	5,331
Oct 9	at #13 Illinois	W	3-1	25-16, 25-18, 24-26, 27-25	2:07	3,997
Oct 10	at Northwestern	L	3-2	18-25,25-23,24-26,25-17,12-15	2:21	1,697
Oct 16	vs. Indiana	W	3-0	25-18, 25-15, 25-14	1:22	2,938
Oct 17	vs. #18 Purdue	W	3-0	25-18, 25-17, 25-17	1:23	4,032
Oct 21	at #23 Michigan	W	3-2	25-18, 22-25, 18-25, 25-20, 15-7	2:26	1,800
Oct 24	at Michigan State	W	3-0	25-23, 25-22, 25-17	1:40	6,114
Oct 28	at #11 Ohio State	W	3-0	25-18, 25-15, 25-17	1:18	2,413
Oct 30	vs. #11 Ohio State	W	3-1	25-15, 25-16, 19-25, 25-14	1:40	4,931
Nov 5	at Maryland	W	3-1	21-25, 25-17, 25-12, 25-22	1:52	3,115
Nov 6	at Rutgers	W	3-0	25-19, 25-17, 25-12	1:29	1,653
Nov 11	at Iowa	W	3-0	25-16, 25-23, 25-18	1:29	1,682
Nov 14	at #4 Minnesota	L	3-0	23-25, 20-25, 21-25	1:38	5,535
Nov 18	vs. Michigan	L	3-1	25-14, 22-25, 22-25, 22-25	2:07	2,728
Nov 21	vs. Maryland	W	3-0	25-20, 25-11, 25-13	1:16	6,505
Nov 25	vs. Northwestern	W	3-0	25-18, 25-14, 26-24	1:24	3,076
Nov 28	at #5 Nebraska	L	3-0	18-25, 18-25, 22-25	1:43	8,439
Dec 4	vs. Howard	W	3-0	25-16, 25-8, 25-17	1:14	2,623
Dec 5	vs. Dayton	W	3-1	25-17, 13-25, 25-14, 25-17	1:46	2,767
Dec 11	vs. #7 Hawaii	L	3-0	22-25, 25-27, 16-25	1:31	4,653

% Golden Dome Invitational - South Bend, Ind.

\$ USF Invitational - Tampa, Fla.