

PENN STATE

NITTANY LION WOMEN'S LACROSSE

// 2011 PROSPECTUS

PENN STATE UNIVERSITY

| | |
|------------------------------|--|
| Location | University Park, Pa. |
| Founded | 1855 |
| Enrollment | 44,112 |
| Nickname | Nittany Lions |
| Colors | Blue and White |
| Conference | American Lacrosse Conference |
| Home Field | Jeffrey Field (grass) Bigler Field (turf) Holuba Hall (indoor) |
| President | Dr. Graham Spanier |
| Director of Athletics | Timothy J. Curley |
| Senior Women's Administrator | Susan Delaney-Scheetz |
| Athletic Department Website | www.GoPSUsports.com |

COACHING STAFF

| | |
|-----------------|-------------------------------|
| Head Coach | Missy Doherty (First season) |
| Alma Mater | Maryland, 1997 |
| Career Record | 79-46 |
| Office Phone | 814-863-7476 |
| E-mail | mhd14@psu.edu |
| Assistant Coach | Tara Hohenshelt (12th season) |
| Alma Mater | Penn State, 1997 |
| Office Phone | 814-865-0659 |
| E-mail | tmr130@psu.edu |
| Assistant Coach | Amy Altig (First season) |
| Alma Mater | James Madison, 2005 |
| Office Phone | 814-865-8146 |
| E-mail | ala17@psu.edu |

TEAM INFORMATION

| | |
|-------------------------------|---|
| 2010 Overall Record | 10-7 |
| 2010 Home/Away/Neutral Record | 5-4/5-2/0-1 |
| 2010 ALC Record (Finish) | 1-4 (T4th) |
| Starters Returning/Lost | 8/4 |
| Letterwinners Returning/Lost | 18/10 |
| 2011 Captains | Ashley Boccio Maggie Dunbar Jackie Eastman Laura Lesnick Jen Steadman |

Newcomers

8

PROGRAM HISTORY

| | |
|------------------------------|-----------|
| First Year | 1965 |
| All-Time Record | 436-207-5 |
| First Year in ALC | 2002 |
| All-Time ALC Record | 24-22 |
| NCAA Postseason Appearances | 17 |
| National Championship Titles | 5 |
| All-Americans | 98 |

ATHLETIC COMMUNICATIONS

| | |
|--------------------------|---|
| Women's Lacrosse Contact | John Regenfuss |
| Office Phone | 814-865-1757 |
| Cell Phone | 814-876-0824 |
| E-mail | jmr49@psu.edu |
| Fax | 814-863-3165 |
| Mailing Address | 101 Bryce Jordan Center University Park, Pa. 16802 |
| Press Box Phone | 814-876-0824 |

RETURNING STARTERS

| |
|--|
| Player, Pos.....2010 stats |
| Jen Steadman, A28g, 17a, 45pts |
| Molly Fernandez, A.....27g, 13a, 40pts |
| Mary Dean, A20g, 13a, 33pts |
| Theresa Zichelli, M.....24g, 3a, 27pts |
| Laura Lesnick, M23g, 3a, 26pts |
| Maggie Dunbar, M32dc, 38gb, 19ct |
| Jackie Eastman, D34gb, 15ct |
| Ashley Boccio, D18gb, 8ct |

STARTERS LOST

| |
|--|
| Player, Pos.....2010 stats |
| Theresa Bucci, A30g, 7a, 37pts |
| Erica Mihm, A21g, 4a, 25pts, 46dc |
| Maria Valderas, M4g, 6a, 10pts, 23gb |
| Stephanie Ellis, GK.....10.87gaa, 116s |

OTHER KEY RETURNERS

| |
|---|
| Player, Pos.....2010 stats |
| Hayley Sofarnos, A.....11g, 18a, 29pts |
| Katy Wick, D17gp, 5s, 9gb |
| Dana Cahill, GK6 gp, 9.06gaa, 20s |

2011 SCHEDULE

| | | |
|-----------------|-------------------------|---------|
| February | | |
| 13 | CORNELL (Ex.) | 1 p.m. |
| 20 | at Maryland | 12 p.m. |
| 26 | ALBANY | 1 p.m. |
| March | | |
| 2 | BUCKNELL | 7 p.m. |
| 6 | at Virginia | 1 p.m. |
| 8 | at Loyola (Md.) | 7 p.m. |
| 12 | DELAWARE | 12 p.m. |
| 16 | HOFSTRA | 7 p.m. |
| 20 | VANDERBILT* | 12 p.m. |
| 23 | LAFAYETTE | 7 p.m. |
| 27 | at William & Mary | 1 p.m. |
| April | | |
| 2 | FLORIDA* | 1 p.m. |
| 8 | at Northwestern* | 8 p.m. |
| 12 | LEHIGH | 4 p.m. |
| 17 | OHIO STATE* | 1 p.m. |
| 23 | at Johns Hopkins* | 1 p.m. |
| 30 | at Princeton | 1 p.m. |
| May | | |
| 5-7 | at ALC Championship (1) | TBA |
| 15 | NCAA First Round | TBA |
| 21 | NCAA Second Round | TBA |
| 27 | NCAA Semifinals | TBA |
| 29 | NCAA Championship | TBA |

ALL TIMES EASTERN

* ALC games

(1) Hosted by Vanderbilt, Nashville, Tenn.

2011 ROSTER

| No. | Name | Pos. | Yr./El. | Hometown/High School |
|-----|-----------------------|------|---------|-------------------------------------|
| 1 | Avery Curley | A/M | Fr./Fr. | Berwyn, Pa./Episcopal Academy |
| 2 | Jackie Eastman | D | Sr./Sr. | Springfield, Pa./Springfield |
| 3 | Maggie Dunbar | M | Sr./Sr. | Cockeysville, Md./Saint Paul's |
| 5 | Lizzy Carney | M | Fr./Fr. | West Chester, Pa./Unionville |
| 6 | Elaine Welch | M | Jr./Jr. | Bernardsville, N.J./Kent Place |
| 7 | Jen Steadman | A | Sr./Sr. | Sykesville, Md./Century |
| 8 | Brittaney Chamberlain | D | Jr./Jr. | Finksburg, Md./Westminster |
| 9 | Katie Guy | M | So./So. | Whitby, Ont./Anderson C.V.I. |
| 10 | Lauren Purvis | M | Fr./Fr. | Maple Glen, Pa./Hatboro-Hasham |
| 11 | Mary Dean | M | Sr./Sr. | Wyncote, Pa./Cheltenham |
| 12 | Molly Fernandez | A | So./So. | Baltimore, Md./McDonogh School |
| 13 | Hayley Sofarnos | A | So./So. | Williamstown, Australia/Westbourne |
| 14 | Ali Foulsham | M | Fr./Fr. | Madison, N.J./Madison |
| 15 | Mackenzie Cyr | A | Fr./Fr. | Westminster, Md./Winters Mill |
| 16 | Kelsey Hughes | D | Jr./So. | Severna Park, Md./Seyern School |
| 19 | Carly Bitzer | A/M | Fr./Fr. | Doylestown, Pa./Central Bucks East |
| 20 | Evan Foulsham | M | Fr./Fr. | Madison, N.J./Madison |
| 21 | Katy Wick | D | Sr./Sr. | Winter Springs, Fla./Winter Springs |
| 22 | Laura Lesnick | M | Sr./Sr. | Jarrettsville, Md./North Harford |
| 23 | Theresa Zichelli | M | Jr./Jr. | Severna Park, Md./Severna Park |
| 24 | Ashley Boccio | D | Sr./Sr. | Northport, N.Y./Northport |
| 28 | Aly Adams | M | Jr./Jr. | Springfield, Pa./Springfield |
| 29 | Megan Hollerbach | A | Sr./Sr. | Annapolis, Md./Broadneck |
| 30 | Colleen Shea | D | Jr./Jr. | Baltimore, Md./Seton Keough |
| 31 | Bridget Callahan | M | Jr./So. | Moorestown, N.J./Moorestown |
| 33 | Melissa Lloyd | GK | Fr./Fr. | West Chester, Pa./Unionville |
| 34 | Dana Cahill | GK | Jr./Jr. | Towson, Md./Mercy |