



# 2010-11 PENN STATE LADY LION BASKETBALL

WOMEN'S BASKETBALL CONTACT:  
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## QUICK FACTS

THE UNIVERSITY	
Location: University Park, Pa.	
Founded: 1855	
Enrollment: 42,294	
Colors: Blue & White	
Nickname: Lady Lions	
Conference: Big Ten	
President: Dr. Graham Spanier	
Director of Athletics: Tim Curley	
Senior Woman Administrator: Sue Scheetz	
Asst. Athletic Director: Jenn James	
Facility (cap.): Bryce Jordan Center (15,261)	
All-Time Record at BJC: 161-43 (15 seasons)	
SPORTS INFORMATION	
WBB Contact: Kristina Petersen	
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E-mail: kap18@psu.edu	
Address: 101-D Bryce Jordan Center	
University Park, Pa. 16802	
Press Row Phone: 814-863-3294	
Website: www.GoPSUsports.com	
Twitter: @ladylionsid	
TEAM INFORMATION	
2009-10 Record: 17-14	
Home: 9-6    Away: 5-4    Neutral: 3-1	
Big Ten Record (finish): 8-10 (T-6th)	
Home: 5-4    Away: 3-6	
Letterwinners Returning/Lost: 7/6	
Starters Returning/Lost: 3/2	
THE HISTORY	
First Year of Women's Basketball: 1965	
All-Time Record: 780-363 (46 seasons)	
All-Time Big Ten Rec.: 193-105 (16 seasons)	
NCAA Tournament Appearances: 21	
NCAA Tournament Record: 26-21	
WOMEN'S BASKETBALL STAFF	
Head Coach: Coquese Washington	
Alma Mater: Notre Dame '92	
Overall Record: 41-50 (three seasons)	
School Record: 41-50 (three seasons)	
Basketball Office Phone: 814-863-2672	
Basketball Office Fax: 814-863-1221	
Best Time To Reach Coach: Through SID	
Twitter: @psucoachquese	
Assistant Coaches (Alma Mater):	
Fred Chmiel (Excelsior College)	
Kia Damon (Millersville '97)	
Maren Walseth (Penn State '02)	

## 2010-11 Lady Lion Roster

STARTERS RETURNING (3)										
Pos.	Player	Yr./Elg.	PPG	RPG	FG%	3PT%	FT%	ASST.	BLK.	STL.
G	Alex Bentley	So./So.	11.8	2.7	.445	.313	.600	125	10	49
F/C	Nikki Greene	So./So.	7.0	6.2	.439	.000	.535	11	55	19
G/F	Julia Trogele	Sr./Sr.	6.5	6.2	.390	.414	.827	64	9	32

OTHER RETURNING PLAYERS (5)										
Pos.	Player	Yr./Elg.	PPG	RPG	FG%	3PT%	FT%	ASST.	BLK.	STL.
G	Zhaque Gray	Jr./Jr.	5.0	1.7	.338	.303	.760	25	1	5
F	Mia Nickson	Jr./So.	Sat out 2009-10 season due to NCAA transfer rules							
G	Gizelle Studevent	So./So.	1.6	0.6	.314	.182	.600	4	2	5
F	Marisa Wolfe	So./So.	2.7	2.7	.532	.667	.722	3	11	14
G	Renee Womack	Jr./Jr.	2.8	3.1	.405	.333	.444	13	8	9

NEWCOMERS (3)					
Pos.	Player	Yr./Elg.	Ht.	Hometown/High School	Notes
F/C	Talia East	Fr./Fr.	6-3	Philadelphia, Pa./The Friends School	First team All-State
F	Ariel Edwards	Fr./Fr.	6-2	Elmont, N.Y./Christ the King	WBCA All-American
G	Maggie Lucas	Fr./Fr.	5-9	Narberth, Pa./Germantown Acad.	McDonald's All-American

### NOTES

- ✓ The Lady Lions return All-Big Ten third team selection and Big Ten All-Freshman team choice **Alex Bentley**. She dished out 125 assists last season to land her in the fifth position on Penn State's freshman single-season helpers chart. Her 4.03 average was fourth among Big Ten student-athletes.
- ✓ Freshman **Nikki Greene** finished the year ninth on Penn State's single-season blocks list with 55 rejections. She is also just the second freshman to have more than 50 blocks in a season, joining Reicina Russell (2003-04). Greene is also second on Penn State's freshman season blocks list. Additionally, she sits in fourth place on Penn State's freshman season rebounding list with 192 caroms.
- ✓ Three Penn State freshmen (Bentley, Greene and **Marisa Wolfe**) earned All-Big Ten Freshman of the Week honors last season.
- ✓ The Lady Lions' 17 overall wins and eight conference wins are the most by a Penn State team since the 2004-05 campaign. The 2004-05 squad was 19-11 overall and 13-3 in Big Ten play.
- ✓ Just nine games into the Big Ten Conference season, the Lady Lions surpassed their number of conference wins for all of last season with their seventh victory over Illinois on Jan. 24. The seven Big Ten wins are the most for the Lions since the 2006-07 season when Penn State went 7-9. The win was also the sixth consecutive overall for the Lady Lions, marking the longest winning streak since 2004-05.
- ✓ With a 15-4 record in their first 19 games, the Lady Lions posted their best start since the 2003-04 season when they opened the season with a 21-3 mark. The 2003-04 team, led by Kelly Mazzante, reached the Elite Eight of the NCAA Tournament before losing to Connecticut.
- ✓ The Lady Lions returned to the *Associated Press* Poll for the first time since 2004-05 with a No. 23 ranking in the Jan. 25 poll. Penn State also received votes in *USA Today* Coaches Poll for the first time since the 2007-08 season. Coquese Washington becomes the 27th coach in AP poll history to play for a Top 25 team and coach at Top 25, joining former Lady Lion Terry Williams-Flournoy (PSU/Georgetown) and her former boss Muffet McGraw (St. Joseph's/Notre Dame).
- ✓ The Lady Lions toppled their second ranked opponent of the season with a 68-60 victory over No. 23/20 Michigan State on Jan. 17. Penn State had two wins over ranked opponents for the first time since the 2007-08 campaign. The Lady Lions also defeated No. 15/15 Pittsburgh, 77-73, earlier in the season.
- ✓ The Lady Lions graduated **Tyra Grant**, who became the fourth player in school history to reach the 2,000-point plateau with 32 tallies in the Big Ten Tournament quarterfinal against Iowa on March 5. Grant joins Kelly Mazzante, Susan Robinson and Kahadeejah Herbert in the elite group. Grant is also the 14th player in Big Ten history to accomplish the feat. She finished her career third in school history with 2,044 tallies.



## 2010-11 Lady Lion Roster

### NUMERICAL

No.	Name	Pos.	Cl./Elg.	Ht.	Hometown/High School (Previous School)
5	Talia East	F/C	Fr./Fr.	6-3	Philadelphia, Pa./The Friends School
11	Julia Trogele ***	G/F	Sr./Sr.	6-2	Devon, Pa./Villa Maria Academy
12	Zhaque Gray **	G	Jr./Jr.	5-8	Chicago, Ill./Prep John Hope
15	Renee Womack **	G	Jr./Jr.	5-10	Lansdale, Pa./Methacton
20	Alex Bentley *	G	So./So.	5-7	Indianapolis, Ind./Ben Davis
23	Ariel Edwards	F	Fr./Fr.	6-2	Elmont, N.Y./Christ the King
24	Mia Nickson	F	Jr./So.	6-2	Ashburn, Va./Notre Dame Academy (Boston College)
25	Gizelle Studevent *	G	So./So.	5-11	La Jolla, Calif./The Bishop's School
33	Maggie Lucas	G	Fr./Fr.	5-9	Narberth, Pa./Germantown Academy
40	Marisa Wolfe *	F	So./So.	6-2	Ford City, Pa./Ford City
54	Nikki Greene *	F/C	So./So.	6-4	Diboll, Texas/Diboll

### ALPHABETICAL

No.	Name	Pos.	Cl./Elg.	Ht.	Hometown/High School (Previous School)
20	Alex Bentley *	G	So./So.	5-7	Indianapolis, Ind./Ben Davis
5	Talia East	F/C	Fr./Fr.	6-3	Philadelphia, Pa./The Friends School
23	Ariel Edwards	F	Fr./Fr.	6-2	Elmont, N.Y./Christ the King
12	Zhaque Gray **	G	Jr./Jr.	5-8	Chicago, Ill./Prep John Hope
54	Nikki Greene *	F/C	So./So.	6-4	Diboll, Texas/Diboll
33	Maggie Lucas	G	Fr./Fr.	5-9	Narberth, Pa./Germantown Academy
24	Mia Nickson	F	Jr./So.	6-2	Ashburn, Va./Notre Dame Academy (Boston College)
25	Gizelle Studevent *	G	So./So.	5-11	La Jolla, Calif./The Bishop's School
11	Julia Trogele ***	G/F	Sr./Sr.	6-2	Devon, Pa./Villa Maria Academy
40	Marisa Wolfe *	F	So./So.	6-2	Ford City, Pa./Ford City
15	Renee Womack **	G	Jr./Jr.	5-10	Lansdale, Pa./Methacton

\* letters earned

**Head Coach:** Coquese Washington (Notre Dame '92)  
**Assistant Coaches:** Fred Chmiel (Excelsior College), Kia Damon (Millersville '97), Maren Walseth (Penn State '02)  
**Basketball Operations:** Tulyah Gaines  
**Video Coordinator:** Mike Miller  
**Athletic Trainer:** Amy Hile  
**Strength & Conditioning:** Brad Pantall

#### By Eligibility

**Seniors (1):** Trogele

**Juniors (2):** Gray, Womack

**Sophomores (5):** Bentley, Greene, Nickson (RS), Studevent, Wolfe

**Freshmen (3):** East, Edwards, Lucas

#### By Position

**Guards (6):** Bentley, Gray, Lucas, Studevent, Trogele, Womack

**Posts (5):** East, Edwards, Greene, Nickson, Wolfe

#### Pronunciations

**Coquese** ko-KWEES  
**Chmiel** shuh-MEAL  
**Maren Walseth** MARR-en WALL-seth  
**Trogele** TRUH-gell (hard "G")  
**Zhaque** Jacque-QWAY  
**Gizelle Studevent** juh-ZELL STEW-duh-vent  
**Talia** tah-lee-uh



### Overall Stats

RECORD: 17-14      BIG TEN: 8-10      HOME: 9-6      AWAY: 5-7      NEUTRAL: 3-1

Player	GP-GS	Min.	FG-FGA	Pct.	3FG-FGA	Pct.	FT-FTA	Pct.	Rebounds		PF-FO	A	TO	Blk.	Stl.	Pts.	Avg
									O-D-T	Avg.							
1 Grant, Tyra	31-29	1046	186-517	.360	49-153	.320	176-223	.789	44-105-149	4.8	56-1	63	93	21	57	597	19.3
20 Bentley, Alex	31-30	957	157-353	.445	21-67	.313	30-50	.600	15-70-85	2.7	63-2	125	85	10	49	365	11.8
54 Greene, Nikki	31-31	637	86-196	.439	0-0	.000	46-86	.535	93-99-192	6.2	115-6	11	70	55	19	218	7.0
11 Trogele, Julia	31-29	796	62-159	.390	12-29	.414	67-81	.827	60-133-193	6.2	80-3	64	76	9	32	203	6.5
12 Gray, Zhaque	30-9	486	54-160	.338	23-76	.303	19-25	.760	13-37-50	1.7	35-0	25	43	1	5	150	5.0
33 Monroe, Meredith	31-24	696	62-142	.437	1-1	1.000	28-37	.757	68-99-167	5.4	46-0	20	37	19	19	153	4.9
42 Wolff, Janessa	31-1	500	43-96	.448	0-0	.000	48-62	.774	31-87-118	3.8	67-2	10	24	15	14	134	4.3
15 Womack, Renee	13-0	197	15-37	.405	2-6	.333	4-9	.444	23-17-40	3.1	17-0	13	22	8	9	36	2.8
40 Wolfe, Marisa	30-0	347	33-62	.532	2-3	.667	13-18	.722	24-57-81	2.7	37-0	3	17	11	14	81	2.7
2 Phillips, Emily	31-0	419	26-82	.317	6-29	.207	17-24	.708	4-31-35	1.1	32-0	46	51	2	17	75	2.4
25 Studevent, Gizelle	25-0	197	16-51	.314	2-11	.182	6-10	.600	1-14-15	0.6	8-0	4	15	2	5	40	1.6
22 Arcidiacono, Nicole	6-2	22	1-4	.250	0-1	.000	0-1	.000	0-4-4	0.7	1-0	0	0	0	0	2	0.3
Team									61-64-125	4.0			4				
<b>PENN STATE</b>	<b>31</b>	<b>741-1859</b>	<b>.399</b>	<b>118-376</b>	<b>.314</b>	<b>454-626</b>	<b>.725</b>	<b>437-817-1254</b>	<b>40.5</b>	<b>557-14</b>	<b>384</b>	<b>537</b>	<b>153</b>	<b>240</b>	<b>2054</b>	<b>66.3</b>	
<b>Opponents</b>	<b>31</b>	<b>676-1859</b>	<b>.364</b>	<b>174-525</b>	<b>.331</b>	<b>483-667</b>	<b>.724</b>	<b>451-772-1223</b>	<b>39.5</b>	<b>555-11</b>	<b>377</b>	<b>537</b>	<b>84</b>	<b>248</b>	<b>2009</b>	<b>64.8</b>	

### Conference Only Stats

Player	GP-GS	Min.	FG-FGA	Pct.	3FG-FGA	Pct.	FT-FTA	Pct.	Rebounds		PF-FO	A	TO	Blk.	Stl.	Pts.	Avg
									O-D-T	Avg.							
1 Grant, Tyra	18-17	626	109-312	.349	30-92	.326	102-133	.767	25-59-84	4.7	34-0	38	60	11	34	350	19.4
20 Bentley, Alex	18-17	553	103-224	.460	15-50	.300	15-23	.652	5-38-43	2.4	36-1	65	39	8	27	236	13.1
11 Trogele, Julia	18-17	522	34-96	.354	8-21	.381	42-51	.824	35-79-114	6.3	50-2	41	44	4	25	118	6.6
54 Greene, Nikki	18-18	393	48-103	.466	0-0	.000	21-37	.568	50-65-115	6.4	67-4	7	45	35	7	117	6.5
33 Monroe, Meredith	18-17	473	32-91	.352	1-1	1.000	18-25	.720	40-66-106	5.9	30-0	16	25	11	12	83	4.6
12 Gray, Zhaque	17-1	254	29-86	.337	11-41	.268	7-11	.636	5-18-23	1.4	17-0	7	25	1	1	76	4.5
42 Wolff, Janessa	18-1	285	21-55	.382	0-0	.000	30-34	.882	16-50-66	3.7	40-1	8	14	9	8	72	4.0
40 Wolfe, Marisa	18-0	229	21-39	.538	2-3	.667	8-11	.727	15-37-52	2.9	21-0	2	10	5	9	52	2.9
2 Phillips, Emily	18-0	234	12-50	.240	3-18	.167	8-9	.889	1-16-17	0.9	20-0	23	32	0	8	35	1.9
15 Womack, Renee	4-0	58	3-11	.273	1-4	.250	0-2	.000	5-5-10	2.5	4-0	6	7	4	3	7	1.8
25 Studevent, Gizelle	13-0	67	4-14	.286	0-1	.000	0-1	.000	0-4-4	0.3	4-0	1	6	1	2	8	0.6
22 Arcidiacono, Nicole	2-2	6	0-0	.000	0-0	.000	0-0	.000	0-0-0	0.0	0-0	0	0	0	0	0	0.0
Team									33-34-67	3.7			4				
<b>PENN STATE</b>	<b>18</b>	<b>416-1081</b>	<b>.385</b>	<b>71-231</b>	<b>.307</b>	<b>251-337</b>	<b>.745230-471-70138.9</b>	<b>323-8</b>	<b>214</b>	<b>311</b>	<b>89</b>	<b>136</b>	<b>1154</b>	<b>64.1</b>			
<b>Opponents</b>	<b>18</b>	<b>397-1062</b>	<b>.374</b>	<b>110-313</b>	<b>.351</b>	<b>296-402</b>	<b>.736241-479-72040.0</b>	<b>306-7</b>	<b>223</b>	<b>314</b>	<b>67</b>	<b>146</b>	<b>1200</b>	<b>66.7</b>			



**2009-10 Results**

Date	Opponent	W/L	Score	Attend.	High Scorer	High Rebounder
11/13/09	at Drexel	W	71-61	1554	(25) Grant, Tyra	(11) Grant, Tyra
11/15/09	NJIT	W	79-57	3620	(16) Bentley, Alex	(9) Trogele, Julia
11/19/09	at BUCKNELL	W	77-62	1847	(11) Greene, Nikki (11) Gray, Zhaque	(8) Trogele, Julia
11/22/09	at South Carolina	L	56-63	3635	(18) Grant, Tyra	(9) Greene, Nikki
11/27/09	vs. Buffalo \$	W	86-65	1422	(19) Gray, Zhaque	(11) Trogele, Julia
11/28/09	vs. Holy Cross \$	W	52-48	1279	(13) Grant, Tyra	(10) Trogele, Julia
12/2/09	GEORGIA TECH %	L	60-64	3680	(20) Grant, Tyra	(8) Wolff, Janessa
12/6/09	at Minnesota *	L	48-56	4668	(23) Grant, Tyra	(5) Monroe, Meredith
12/9/09	MONMOUTH	W	67-42	3390	(14) Grant, Tyra	(14) Greene, Nikki
12/12/09	PITTSBURGH	W	77-73	4159	(27) Grant, Tyra	(13) Monroe, Meredith
12/21/09	OAKLAND	W	69-64	7561	(21) Grant, Tyra	(8) Trogele, Julia
12/28/09	IOWA *	W/OT	77-73	4286	(28) Grant, Tyra	(8) Wolff, Janessa (8) Womack, Renee
12/31/09	at Illinois *	L	60-69	1173	(17) Grant, Tyra	(8) Trogele, Julia
1/3/10	at Northwestern *	W	88-68	1216	(20) Grant, Tyra	(6) Trogele, Julia
1/10/10	INDIANA *	W/OT	77-71	4228	(27) Grant, Tyra	(11) Trogele, Julia (11) Greene, Nikki
1/14/10	at Iowa *	W	68-62	3148	(20) Grant, Tyra	(9) Trogele, Julia
1/17/10	MICHIGAN STATE *	W	68-60	4571	(23) Grant, Tyra	(7) Monroe, Meredith (7) Greene, Nikki
01/21/10	at Wisconsin *	W	54-43	4708	(14) Grant, Tyra	(9) Wolff, Janessa
1/24/10	ILLINOIS *	W	70-66	8471	(19) Bentley, Alex	(11) Greene, Nikki
1/28/10	PURDUE *	L/OT	76-80	3837	(27) Bentley, Alex	(8) Greene, Nikki
01/31/10	at Michigan *	L	62-66	5926	(19) Grant, Tyra	(9) Monroe, Meredith
02/04/10	at Michigan State *	L	44-65	6003	(13) Grant, Tyra	(12) Trogele, Julia
2/7/10	OHIO STATE *	L	73-86	6207	(22) Grant, Tyra	(7) Monroe, Meredith
2/11/10	MINNESOTA *	L	52-59	3633	(11) Grant, Tyra	(5) Grant, Tyra (5) Trogele, Julia (5) Monroe, Meredith
02/14/10	at Purdue *	L	59-63	9654	(20) Bentley, Alex	(5) Grant, Tyra (5) Wolfe, Marisa
2/18/10	MICHIGAN *	W/OT	71-65	3736	(25) Grant, Tyra	(9) Grant, Tyra
2/25/10	WISCONSIN *	L	39-71	3776	(15) Grant, Tyra	(7) Greene, Nikki
02/28/10	at Indiana *	L	68-77	2584	(17) Bentley, Alex	(12) Monroe, Meredith (12) Trogele, Julia
03/04/10	vs. Minnesota #	W	63-52	5438	(15) Grant, Tyra	(7) Monroe, Meredith
03/05/10	vs. Iowa #	L	75-82	6219	(32) Grant, Tyra	(9) Grant, Tyra
3/18/10	HOFSTRA ^	L	68-76	1321	(23) Grant, Tyra	(5) Greene, Nikki (5) Wolfe, Marisa

ALL CAPS indicates home game

\* - Big Ten Conference game

\$ - Dead River Company Classic (Orono, Maine)

% - Big Ten/ACC Challenge (University Park, Pa.)

# - Big Ten Tournament (Indianapolis, Ind.)

^ - WNIT (University Park, Pa.)



**2010-11 RADIO/TV CHART**



**Talia East**  
6-3 \* Fr./Fr.\* F/C  
Philadelphia, Pa.



**Julia Trogele**  
6-2 \* Sr./Sr.\* G/F  
Devon, Pa.



**Zhaque Gray**  
5-8 \* Jr./Jr.\* G  
Chicago, Ill.



**Renee Womack**  
5-10 \* Jr./Jr.\* G  
Lansdale, Pa.



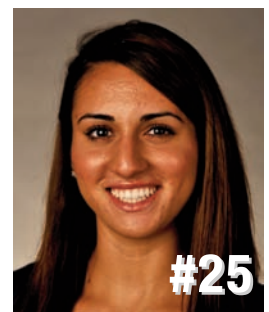
**Alex Bentley**  
5-7 \* So./So.\* G  
Indianapolis, Ind.



**Ariel Edwards**  
6-2 \* Fr./Fr.\* F  
Elmont, N.Y.



**Mia Nickson**  
6-2 \* Jr./RS-So.\* F  
Ashburn, Va.



**Gizelle Studevent**  
5-11 \* So./So.\* G  
La Jolla, Calif.



**Maggie Lucas**  
5-11 \* Fr./Fr.\* G  
Narberth, Pa.



**Marisa Wolfe**  
6-2 \* So./So.\* F  
Ford City, Pa.



**Nikki Greene**  
6-4 \* So./So.\* F/C  
Diboll, Texas



**Coquese Washington**  
Head Coach  
Fourth Season



**Fred Chmiel**  
Assistant Coach  
First Season



**Kia Damon**  
Assistant Coach  
Fourth Season



**Maren Walseth**  
Assistant Coach  
Fourth Season