



PennState[®] **CROSS COUNTRY**

The Penn State National Friday, October 17, 2008 Blue & White Golf Course University Park, Pa.

Race Times: Men – 10:00 a.m.; Women – 11:00 a.m.

Distance: Men - 5.2 miles; Women - 6,000 meters

Entry Fee:

Single Gender: \$100.00/team

Combined Program: \$200.00

Individual: \$20.00

** Whatever is less **

Entry Fee Deadline: Monday, October 6, 2008

Send entry fee to :

Dave Baker

103 Bryce Jordan Center

University Park, PA 16802

Make Checks Payable to: Penn State University

Entry Deadline: Monday, October 13, 2008 - 11:59 p.m.

Entry Limit:

There is no entry limit, however, due to the expected size of the field, if you are planning on running more than 15 athletes (per gender) please contact Director of Track and Field Operations - Jess Riden at jnr126@psu.edu.

Entry Procedure:

Online through Direct Athletics - www.directathletics.com

Entries will open on Monday, Sept. 22, 2008. You may change your entry until the deadline.

Please delete any runners that you are certain will not be competing in the meet before the entry deadline. If you are not sure, leave them in the meet. We are using timing chips for this meet and are charged for all entries whether they run or not.

If you are not on Direct Athletics "Invited Teams" list, please contact Jess Riden at jnr126@psu.edu to discuss possible entry.

Hotel Information:

Please be aware that there is a Penn State football game scheduled for October 18. Therefore, we recommend staying in town Thursday night ONLY. Book your hotel rooms ASAP.

Recommended Hotels:

Atherton Hotel - (814) 231-2100

0.3 Miles to Course

Days Inn - (814) 238-8454

0.8 Miles to Course

Hampton Inn - (814) 231-1590

1.8 Miles to Course

Ramada - (814) 238-3001

1.8 Miles to Course

Race Day:

Please pick up your packet in the white tent adjacent to the parking lot upon arrival on Friday (or during practice day on Thursday). Chips MUST be returned at the conclusion of the race.

Please keep team camps AWAY from the starting line. Team camps should be on the field below the starting line (between the starting line and the parking lot) and away from all fairway and greens.

Please avoid all greens and fairways. PLEASE inform any parents, fans, etc., of this as well.

RESULTS will be posted near the finish line and available to coaches following each of the races and on www.GoPSUsports.com at the conclusion of the day.

Locker rooms will be available in Rec Hall – across the street from the starting line.