

## HORACE ASHENFELTER III INDOOR TRACK

### THE ASHENFELTER TRACK COMPLEX

Penn State's indoor track added another tremendous milestone to its brief existence, when the 200-meter, hydraulic lift track was renamed the Ashenfelter Track in the spring of 2001.

The track was renamed after Horace 'Nip' Ashenfelter, who was an Olympic gold medalist in 1952 and a three-time NCAA All-American at Penn State from 1947-49. Considered one of the world's finest indoor facilities, Penn State is honored to have the name of one of the greatest amateur athletes of the 20th Century linked to it.

Construction of the \$16 million Multi-Purpose/Ashenfelter Track began in April of 1998 and was finally completed in July of 1999. The first meet competed in the facility took place in January 2000.

The facility allows the Nittany Lions to compete and train for the track and field and cross country seasons. It's located next to the Nittany Lion Outdoor Track and adjacent to the Bryce Jordan Center.

The facility served as the host to the 2001 Big Ten Men's Indoor Championships, where an astounding 12 conference meet records were set, and the 2002 Big Ten Women's Indoor Championships, where six new conference records were set, four on the track.

The indoor facility will be back in the conference schedule during the next two years as Penn State will host the 2009 Men's Indoor conference meet, before welcoming the Big Ten women to Happy Valley in 2010.

Widely considered as one of the best facilities to compete, the Nittany Lions host four indoor competitions each year, including the highly anticipated Penn State National, which as consistently drawn some of the greatest athletes on the NCAA and professional levels. Penn State also plays host to the Kevin Dare High School Invitational each year, and also hosts the Pennsylvania State Indoor Championships.



Horace Ashenfelter took home the gold medal in the steeplechase at the 1952 Olympic Games.

### INDOOR FACILITY FEATURES



HYDRAULIC LIFT TURNS



IN HOUSE WEIGHT ROOM



HIGH LEVEL COMPETITION



ON-CAMPUS CONVINIENCE

## HORACE ASHENFELTER III INDOOR TRACK

### TRACK FEATURES

- Banked 200-meter, hydraulic lift track with six 42-inch lanes
- Eight 48-inch sprint lanes down the middle
- Dual long/triple jump runways
- Dual pole vault runways
- Locker room and training room facilities
- All running lanes and runways have polyurethane surface
- Structure extends at the far end of the track where an artificial grass turf for training and competition lies
- Full-color video display board for results for events

### ASHENFELTER INDOOR TRACK MEN'S RECORDS

#### Track

60-Meter Dash	.6.60	Johnnie Drake, C. Michigan, 2005
200-Meter Dash	20.72	LaShawn Merritt, Unattached, 2006
400-Meter Dash	45.46	Andrew Pierce, Ohio State, 2001
500-Meter Dash	1:02.17	Paul Moser, Villanova, 2003
600-Meter Dash	1:16.19	Tom Gerding, Minnesota, 2001
800-Meter Run	1:48.66	Elliott Blount, Connecticut, 2002
1,000-Meter Run	2:22.02	Jesse O'Connell, Georgetown, 2004
Mile Run	3:59.15	Mircea Bogdan, Unattached, 2008
3,000-Meter Run	7:58.51	Robert Gary, Adidas, 2000
5,000-Meter Run	14:01.92	Ian Connor, Ohio State, 2001
60-Meter High Hurdles	7.63	Aubrey Herring, Unattached, 2004
4 x 200 Meter Relay	1:25.05	Rutgers, 2007
4x400 Meter Relay	3:07.78	Ohio State, 2001
Sprint Medley Relay	3:23.74	Penn State, 2005
4x800 Meter Relay	7:30.66	Penn State, 2002
Distance Medley Relay	9:29.79	Michigan, 2000

#### Field

High Jump	7-5 (2.26)	Joe Kindred, St. Augustine's, 2008
Pole Vault	18-2 3/4 (5.56)	Paul Terek, Michigan State, 2001
Long Jump	26-6 1/2	Dion Bentley, Penn Hills HS, 1989
Triple Jump	55-9 (16.99)	Leevan Sands, Bahamas, 2006
35-lb. Weight	74-4 1/4 (22.66)	Dan Taylor, Ohio State, 2004
Shot Put	65-2 3/4 (19.98)	Dan Taylor, Ohio State, 2004

#### Multi-Events

Heptathlon	5,827 pts	Ryan Olkowski, Unattached, 2005
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### ASHENFELTER INDOOR TRACK WOMEN'S RECORDS

#### Track

60-Meter Dash	7.26	Danielle Carruthers, Indiana, 2002
200-Meter Dash	23.19	Dee Dee Trotter, Tennessee, 2004
300-Meter Dash	38.07	Shana Cox, Penn State, 2005
400-Meter Dash	52.31	Shana Cox, Penn State, 2007
500-Meter Dash	1:08.71	Jearl Miles-Clark, New Balance, 2004
600-Meter Dash	1:27.70	Morgan Uceny, Cornell, 2007
800-Meter Run	2:04.96	Chanelle Price, Easton HS, 2007
1,000-Meter Run	2:45.40	Marina Muncan, Villanova, 2005
Mile Run	4:35.89	Megan Metcalf, West Virginia, 2004
3,000 Meters	9:07.56	Jen Rhines, Adidas, 2000
5,000-Meter Run	15:48.10	Maureen McCandless, Pittsburgh, 2005
60-Meter High Hurdles	7.92	Danielle Carruthers, Indiana, 2002
4x200 Meters	1:37.76	Penn State, 2006
4X400 Meter Relay	3:34.38	Tennessee, 2005
Sprint Medley Relay	3:52.25	Penn State, 2007
4X800 Meter Relay	8:58.88	Cornell, 2006
Distance Medley Relay	11:03.42	Tennessee, 2004

#### Field

High Jump	6-0 (1.83)	Stacy Taylor, Pittsburgh, 2001
Pole Vault	13-6.50 (4.13)	Kelly Phillips, Va. Tech, 2008
Long Jump	21-06 3/4 (6.57)	Tianna Madison, Nike, 2006
Triple Jump	45-2 1/2 (13.45)	Colleen Scott, Unattached, 2004
Shot Put	60-7 3/4 (18.48)	Cleopatra Borel-Brown, Una., 2006
20lb. Weight	73-0.50 (22.26)	Jennifer Leatherman, Una., 2007

#### Multi-Events

Pentathlon	4,088	Amber Williams, Miami, 2005
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#### DID YOU KNOW ...

Andrew Pierce ran the top indoor 400-meter time in the world in 2001 at Ashenfelter Track. Pierce still holds the facility record at 45.46.

#### DID YOU KNOW ...

Jearl Miles-Clark's 1:08.71 for 500-meters, run at the Ashenfelter Indoor Track in 2004 remains an American Record.



The Horace Ashenfelter III Indoor Track will be the site for the 2009 Big Ten Men's Indoor Championships, as well as the 2010 Big Ten Women's Indoor Championships.



**NITTANY LION OUTDOOR TRACK**

## THE NITTANY LION OUTDOOR TRACK

Sitting in the shadow of Mount Nittany on the eastern end of the Penn State campus, the Nittany Lion Outdoor Track is one of the Big Ten's finest facilities. With numerous jump and pole vault runways, a variety of throwing competition areas and an excellent running surface, it provides a top notch training and competition facility. The track played host to the 2007 Big Ten Men's and Women's Outdoor Track and Field Championships, a championship that Penn State also hosted in 1996. Since that time, the addition of the Multi-Sport Facility on the northwest end of the track has further enhanced the locker room, weight room and training facilities adjacent to the track.



**The Nittany Lions will host two outdoor competitions this year:**

**The Jim Thorpe Invitational on March 28**

**The Penn State Open on May 9**



## WOMEN'S NITTANY LION TRACK FACILITY RECORDS

100 Meters	11.19	Kerry Ann Richards, Illinois, 1996
200 Meters	23.13	Aspen Burkett, Illinois, 1996
400 Meters	51.89	Chandra Burns, Michigan State, 1996
800 Meters	2:03.45	Patty Bradley, Villanova, 1983
1500 Meters	4:15.93	Anna Willard, Michigan, 2007
3000 Meters	9:21.67	Judy St. Hilaire, Vermont State, 1981
5000 Meters	16:11.14	Kathy Mills, Penn State, 1981
10,000 Meters	34:03.5 (HT)	Aileen O'Connor, Virginia, 1981
3000-Meter Steeplechase	9:57.90	Anna Willard, Michigan, 2007
100-Meter Hurdles	12.90	Tonya Williams, Illinois, 1996
400-Meter IM Hurdles	56.86	Tonya Williams, Illinois, 1996
4 x100-Meter Relay	43.89	Illinois (Benita Kelley, Kerry Ann Richards, Tonya Williams, Aspen Burkett), 1996
800-Meter Relay	1:43.78	Morgan State (Rhonda Yancy, Janet Dodson, Nellie Bullock, Roberta Belle), 1981
4x400-Meter Relay	3:34.93	Penn State (Briene Simmons, Gayle Hunter, Dominique Blake, Shana Cox), 2007
4x800-Meter Relay	8:48.27	Penn State (Doreen Startare, Patty Murnane, Terry Pioli, Marry Rawe), 1981
High Jump	6-2 1/4 (1.88)	Lisa Bernhagen, Idaho Track Club, 1983
Pole Vault	13-5 1/2 (4.13)	Vera Neuenswander, 2007
Long Jump	21-2 1/2 (6.46)	Shandelier Boyd-Pieasant, Ohio State, 1996
Triple Jump	43-4 1/2 (13.22)	Dawn Reilly, Illinois, 1996
Shot Put	55-0 1/4 (16.77)	Elaine Sobansky, Penn State, 1984
Discus	178-10 (54.51)	Deshaya Williams, Penn State, 2001
Hammer	219-1 (66.78)	Jennifer Leatherman, Penn State, 2005
Javelin (Old)	174-9 (53.26)	Tanya Simonsen, Minnesota, 1996
Heptathlon	5,722 points	Bettie Wade, Michigan, 2007

## MEN'S NITTANY LION TRACK FACILITY RECORDS

100 Meters	10.19	Demi Omole, Wisconsin, 2007
200 Meters	20.23	Michael Timpson, Penn State, 1986
400 Meters	45.48	James Rolle, Central Florida YMCA, 1983
800 Meters	1:46.29	Randy Moore, Penn State, 1985
1500 Meters	3:42.5	Larry Mangan, Penn State, 1980
		Susthenes Bitock, Richmond, 1980
Mile	3:58.4	Larry Mangan, Penn State, 1980
3000-Meter Steeplechase	8:33.45 (FAT)	Hillary Tuwei, Richmond, 1980
5000 Meters	14:00.73	Hillary Tuwei, Richmond, 1980
10,000 Meters	28:45.8	Charlie Maguire, Penn State, 1973
5K Walk	24:26	Bill Norton, unattached, 1985
10K Walk	47:34.6	James Mann, Union College, 1983
110-Meter High Hurdles	13.62	Albert Lane, Karamu Flyers Track Club, 1985
400-Meter Intermediate Hurdles	50.29	Adrian Walker, Illinois, 2007
4x100-Meter Relay	40.05	Iowa (George Page, Andre Morris, Chris Davis, Ed Rozell), 1996
4x110-Meter Shuttle Hurdle Relay	59.2	Penn State (Dennis Rock, Peter Kiproff, Bill Austin, Mike Shine), 1976
4x200-Meter Relay	1:25.2	Essex Community College (Cecil Mitchell, Kevin Joseph, Herman Marchen, Fred Brown), 1974
4x400-Meter Relay	3:07.25	Seton Hall (Henry Mair, Linval Francis, Brian Denman, Derrick Peynaldo), 1982
4x800-Meter Relay	7:21.4	Cornell (Tom Patterson, Bob Anastasio, Paul Roach, Dave Keehn), 1974
4x1600-Meter Relay	16:44.7	Villanova (Eammon Coughlin, Brian McElroy, Tom Gregan, John Hartnett), 1973
Distance Medley Relay	9:44.7	Villanova (Warren Clark, Jim Rheim, Ken Schappert, John Hartnett), 1973
Sprint Medley Relay	3:18.5	Essex Community College (Kevin Joseph, Fred Brown, Herman Marchen, Horace Tuitt), 1974
High Jump	7-4 (2.24)	Bill Therfelder, Keystone State Games, 1983
Pole Vault	18-2 1/2 (5.55)	Jeremy Smith, Allegheny, 2002
Long Jump	25-11 1/2 (7.91)	Danny Little, James Madison, 1984
Triple Jump	54-4 3/4 (16.58)	David McFadgen, Newburg Track Club, 1984
Shot Put	65-1 (19.83)	C.J. Hunter, Penn State, 1990
Discus	207-5 (63.22)	Brian Milne, Penn State, 1992
Hammer	268-8 (81.88)	Jud Logan, Athletics West, 1988 (American Record)
Javelin (New)	252-7 (76.98)	Nigel Beven, Belgrave Harrier, 1997
Javelin (Old)	254-4 (77.52)	Bob Dubyoski, Unattached, 1984
Decathlon	8,316 points (Hand)	Dave Steen, University of Toronto TC, 1985