



|| THE SYKES & SABOCK CHALLENGE CUP || TENTATIVE TIME SCHEDULE ||

FIELD EVENTS – DAY ONE

5:00 PM	Women Weight Throw 20 lb	Finals
5:00 PM	Women Pole Vault	Finals
5:00 PM	Women Long Jump	Finals
5:00 PM	Men Long Jump	Finals
7:00 PM	Men Weight Throw 35 lb	Finals

TRACK EVENTS – DAY ONE

5:00 PM	Mixed 1 Mile Run NVRC	Finals
6:15 PM	Men 60 Meter Hurdles	Prelims
6:30 PM	Women 60 Meter Hurdles	Prelims
6:45 PM	Men 60 Meter Dash	Prelims
7:00 PM	Women 60 Meter Dash	Prelims
7:15 PM	Men Distance Medley	Finals
7:30 PM	Women Distance Medley	Finals
7:45 PM	Men 5000 Meter Run	Finals
8:05 PM	Women 5000 Meter Run	Finals
8:30 PM	Men 60 Meter Hurdles	Finals
8:35 PM	Women 60 Meter Hurdles	Finals
8:40 PM	Men 60 Meter Dash	Finals
8:45 PM	Women 60 Meter Dash	Finals

FIELD EVENTS – DAY TWO

11:00 AM	Men Pole Vault	Finals
11:00 AM	Men Shot Put	Finals
1:30 PM	Women Shot Put	Finals
2:00 PM	Women Triple Jump	Finals
2:00 PM	Men Triple Jump	Finals
2:00 PM	Men High Jump	Finals
2:00 PM	Women High Jump	Finals

TRACK EVENTS – DAY TWO

12:00 PM	Men 1 Mile Run	Finals
12:15 PM	Women 1 Mile Run	Finals
12:35 PM	Men 400 Meter Dash	Finals
12:45 PM	Women 400 Meter Dash	Finals
12:55 PM	Men 600 Meter Run	Finals
1:05 PM	Women 600 Meter Run	Finals
1:15 PM	Men 800 Meter Run	Finals
1:25 PM	Women 800 Meter Run	Finals
1:35 PM	Men 200 Meter Dash	Finals
1:45 PM	Women 200 Meter Dash	Finals
1:55 PM	Men 3000 Meter Run	Finals
2:15 PM	Women 3000 Meter Run	Finals
2:35 PM	Men 4x400 Meter Relay	Finals
2:45 PM	Women 4x400 Meter Relay	Finals