



WOMEN'S INDOOR RECORDS

Track Events

60 Meters	7.24Shavon Greaves, 2010
200 Meters	22.60Consuella Moore, 2004
400 Meters	52.31 Shana Cox, 2007
800 Meters	2:05.67Briene Simmons, 2007
Mile	4:37.95 Bridget Franek, 2010
3000 Meters	9:10.04 Bridget Franek, 2009
5000 Meters	15:53.50 Paula Renzi, 1985
60m Hurdles	8.10 Evonne Britton, 2014

Relay Events

4x400-Meters	3:33.13 Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
Distance Medley	11:05.16Caitlin Lane, Ije Iheoma, Bekka Simko, Kara Millhouse, 2012

Non-NCAA Event Records

55 Meters	6.98Shavon Greaves, 2008
300 Meters	37.13Shavon Greaves, 2010
500 Meters	1:09.19 Shana Cox, 2007
600 Meters	1:29.81Briene Simmons, 2008
1000 Meters	2:44:24 Caitlin Lane, 2012
55m Hurdles	7.77Aleesha Barber, 2008
Shuttle Hurdles	32.30 Carla Criste, Laurie Dangel, Sue Lindner, Stephanie Weeks, 1983
4x200-Meters	1:35.65Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014
4x800-Meters	8:45.60 Judi Cassel, Heidi Gerken, Tammie Hart, Beth Stever, 1984
Sprint Medley	3:52.25 Lauren Burns, Lena Bettis, . Aleesha Barber, Briene Simmons, 2007 ** Collegiate Record

*All times are FAT (Fully Automatic Timing)

BOLD - Denotes record set in 2015

Field Events

High Jump	5-11.25 (1.81).	Antoinette O'Carroll, 1987
	5-11.25 (1.81).....	Brittany Maun, 2010
Pole Vault	13-6.25 (4.12).....	Lexi Masterson, 2016
Long Jump	20-11.25 (6.38).....	Gayle Hunter, 2009
Triple Jump	44-1.25 (13.45).....	Chi-Chi Aduba, 2003
Shot Put	56-5.25 (17.20).....	Ja'Nai O'Connor, 2004
20-lb. Weight	74-10.50 (22.82)...	Jen Leatherman, 2006
Pentathlon	4,342 points Gayle Hunter, 2009

Pentathlon Event Records

60-Meter Hurdles	8.31Brittney Howell, 2014
High Jump	5-8.50 (1.74).....	Amber Strouse, 2007Kelsey Coutts, 2012
Long Jump	20-11.25 (6.38).....	Gayle Hunter, 2009
Shot Put	40-0.50 (12.20).....	Gayle Hunter, 2009
800-Meters	2:13.73 Gayle Hunter, 2009

Retired Records

50 Yards	6.00 Lea Ventura, 1977
60 Yards	7.12 Vivian Riddick, 1983
220 Yards	24.84 Debbie Lewis, 1980
300 Yards	36.49 Janice Carter, 1985
440 Yards	55.62 Tammie Hart, 1981
600 Yards	1:20.34 Tammie Hart, 1983
880 Yards	2:09.11 Terry Pioli, 1983
1000 Yards	2:32.00Doreen Startare, 1983
1500 Meters	4:20.50 Patty Murnane, 1980
2000 Meters	6:05.67 Mary Rawe, 1980
2-Mile	9:54.76Doreen Startare, 1983
3-Mile	15:48.00 Paula Renzi, 1985
50-Yard Hurdles	6.80 Patti Knighton, 1978
60-Yard Hurdles	8.07 Stephanie Weeks, 1983
50-Meter Hurdles	7.20 Carla Criste, 1985
Mile Relay	3:46.30 Penny Fales, Tammie Hart, Elaine LaFramboise, Terry Pioli, 1980
2-Mile Relay	8:52.40 Judi Cassel, Heidi Gerken, Beth Stever, Doreen Startare, 1984
880-Yard Relay	1:43.90 Debbie Lewis, Ann McKillop, Terry Pioli, Vivian Riddick, 1980



WOMEN'S INDOOR TOP 5 PERFORMANCES

60 Meters

1.	7.24	Shavon Greaves, 2010
2.	7.26	Mahagony Jones, 2014
3.	7.27	Consuella Moore, 2004
4.	7.41	Toyin Augustus, 2001
5.	7.46	Kamilah Salaam, 2005

200 Meters

1.	22.60	Consuella Moore, 2004
2.	22.93	Mahagony Jones, 2014
3.	22.98	Shavon Greaves, 2010
4.	23.48	Shana Cox, 2005
	23.48	Kiah Seymour, 2014

400 Meters

1.	52.31	Shana Cox, 2007
2.	52.53	Fawn Dorr, 2010
	52.53	Kiah Seymour, 2014
4.	53.14	Shavon Greaves, 2010
5.	53.15	Dominique Blake, 2008

500 Meters

1.	1:09.19	Shana Cox, 2007
2.	1:12.03	Janice Carter, 1989
3.	1:12.05	Ijeoma Iheoma, 2012
4.	1:12.23	Fawn Dorr, 2010
5.	1:13.32	Briene Simmons, 2006

600 Meters

1.	1:29.81	Briene Simmons, 2008
2.	1:30.22	Erica Bosler, 1998
3.	1:30.42	Ijeoma Iheoma, 2011
4.	1:31.35	Bekka Simko, 2011
5.	1:31.68	Fawn Dorr, 2008

800 Meters

1.	2:05.67	Briene Simmons, 2007
2.	2:06.88	Bekka Simko, 2012
3.	2:08.33	Marta Klebe, 2014
4.	2:08.75	Maura Ryan, 2011
5.	2:08.92	Caitlin Lane, 2011

1000 Meters

1.	2:44.24	Caitlin Lane, 2012
2.	2:47.28	Marta Klebe, 2014
3.	2:48.17	Sarah Jane Underwood, 2014
4.	2:48.21	Briene Simmons, 2007
5.	2:48.70	Bekka Simko, 2012

Mile

1.	4:37.95	Bridget Franek, 2010
2.	4:38.37	Caitlin Lane, 2011
3.	4:40.76	Kim McGreevy, 1997
4.	4:41.51	Patty Murnane, 1982
5.	4:42.81	Marta Klebe, 2014

3000 Meters

1.	9:10.04	Bridget Franek, 2009
2.	9:10.76	Tori Gerlach, 2014
3.	9:13.06	Paula Renzi, 1985
4.	9:15.16	Caitlin Lane, 2012
5.	9:17.48	Kara Millhouse, 2012

5000 Meters

1.	15:53.50	Paula Renzi, 1985
2.	15:56.76	Bridget Franek, 2010
3.	16:04.64	Tori Gerlach, 2015
4.	16:06.82	Kara Millhouse, 2012
5.	16:07.52	Brooklyne Ridder, 2013

60-Meter Hurdles

1.	8.10	Evonne Britton, 2014
2.	8.16	Aleesha Barber, 2009
3.	8.22	Toyin Augustus, 2001
4.	8.31	Brittney Howell, 2014
5.	8.37	Gayle Hunter, 2009

4x200-Meter Relay

1.	1:35.65	Megan Osborne, Kiah Seymour, Dynasty McGee, Mahagony Jones, 2014 <i>** Collegiate Record</i>
2.	1:37.25	Mahagony Jones, Kirsten Nieuwendam, Doris Anyanwu, Kiah Seymour
3.	1:37.76	Monique Walker, Kamilah Salaam, Gayle Hunter, Sara Shoaff, 2006
4.	1:37.92	Kamilah Salaam, Brooke Robinson, Sara Shoaff, Shana Cox, 2005
5.	1:38.05	Cheryl Green, Connie Moore, Sara Shoaff, Kamilah Salaam, 2004

4x400-Meter Relay

1.	3:33.13	Dynasty McGee, Mahagony Jones, Tichina Rhodes, Kiah Seymour, 2014
2.	3:33.49	Dominique Blake, Briene Simmons, Shana Cox, Aleesha Barber, 2007
3.	3:34.00	Dominique Blake, Shana Cox, Aleesha Barber, Fawn Dorr, 2008
	3:34.00	Doris Anyanwu, Ije Iheoma, Shavon Greaves, Megan Duncan, 2011
5.	3:34.04	Shana Cox, Briene Simmons, Aleesha Barber, Dominique Blake, 2006

Sprint Medley Relay



WOMEN'S INDOOR HISTORY

WOMEN'S INDOOR TOP 5 PERFORMANCES

- 3:52.25 Lauren Burns, Lena Bettis, Aleesha Barber, Briene Simmons, 2007
- 3:56.63 Cheryl Green, Connie Moore, Sara Shoaff, Briene Simmons, 2004
- 4:01.38 Sara Shoaff, Gayle Hunter, Dominique Blake, Jenny Stevens, 2005
- 4:09.50 Monique Walker, Sara Shoaff, Aleesha Barber, Katie Willow, 2006

Distance Medley Relay

- 11:05.16 Caitlin Lane (3:22), Iheoma (53.5), Bekka Simko (2:07.5), Kara Millhouse (4:41.1), 2012
- 11:14.78 Megan Hutchinson, Shana Cox, Briene Simmons, Bridget Franek, 2007
- 11:18.96 Bekka Simko, Ije Iheoma, Marta Klebe, Brooklyne Ridder, 2012
- 11:21.00 Susanne Heyer, Joetta Dweh, Erica Bosler, Kim McGreevy, '97
- 11:21.39 Abbie Benson, Dynasty McGee, Sarah Jane Underwood, Marta Klebe, 2013
- 11:26.40 Caitlin Lane, Doris Anyanwu, Liz Kearins, Cheryl Spring, 2010

High Jump

- 5-11.25 (1.81) Brittany Maun, 2010
- 5-11.25 (1.81) Antoinette O'Carroll, 1987
- 5-10.50 (1.79) Erika Morgan, 2013
- 5-9.75 (1.77) Jen Aylward, 2001
- 5-9.75 (1.77) Ahmenah Richardson, 2015**

Pole Vault

- 13-6.25 (4.12) Lexi Masterson, 2016
- 13-5.50 (4.11) Sara Dougherty, 2004
- 12-11.50 (3.95) Jocelyn Witmer, 2010
- 12-11.50 (3.95) Caitlin Fairbairn, 2010
- 12-10.25 (3.92) Erin Knabe, 2015**

Long Jump

- 20-11.25 (6.38) Gayle Hunter, 2009
- 20-8 (6.30) Chi-Chi Aduba, 2003
- 20-8 (6.30) Shakeema Walker, 1999
- 20-7.50 (6.28) Carmen Mann, 1990
- 20-4.50 (6.21) Brittney Howell, 2014

Triple Jump

- 44-1.50 (13.45) Chi-Chi Aduba, 2004
- 42-4.75 (12.92) Marlene Ricketts, 2013
- 41-11.50 (12.79) Gabriela Baiter, 2008
- 41-9.25 (12.73) Lena Bettis, 2007
- 41-9.25 (12.73) Shakeema Walker, 1998

Shot Put

- 56-5.25 (17.20) Ja'Nai O'Connor, 2004
- 55-5.75 (16.91) Rachel Fatherly, 2015**
- 53-6 (16.31) Elaine Sobansky, 1983
- 53-5 (16.28) Jen Leatherman, 2006
- 51-7.25 (15.73) Jane Swenson, 2013

20-lb Weight Throw

- 74-10.50 (22.82) Jen Leatherman, 2006
- 69-2 (21.08) Rachel Fatherly, 2015**
- 68-6 (20.88) Melissa Kurzdorfer, 2014
- 66-3 (20.19) Kate Johnston, 2005
- 64-6 (19.66) Deshaya Williams, 2003

Pentathlon

- 4,342 Gayle Hunter, 2009
- 4,202 Brittney Howell, 2014
- 3,988 Carla Criste, 1985
- 3,861 Tal Ben-Artzi, 2014
- 3,805 Amber Strouse, 2007

Notable Performances

- * 4,059 Gayle Hunter, 2005
- * *American Junior Record*



Track Events

60 Meters	6.70	Xavier Smith, 2016
200 Meters	20.98	Ryan Olkowski, 2002
400 Meters	46.22	Brady Gehret, 2011
800 Meters	1:46.98	Casimir Loxsom, 2013
Mile	3:57.11	Robby Creese, 2013
3000 Meters	7:50.36	Robby Creese, 2015
5000 Meters	13:52.36	Steve Brown, 1990
60m Hurdles	7.69	Guy Rose, 2001

Relay Events

4x400-Meters	3:05.22	Aaron Nadolsky, Brandon-Bennett-Green, Casimir Loxsom, Brady Gehret, 2012
Distance Medley	9:26.59	Brannon Kidder, Brandon Bennett-Green, Za'Von Watkins, Robby Creese, 2014

Non-NCAA Event Records

55 Meters	6.31	Michael Timpson, 1986
300 Meters	33.01	Michael Timpson, 1986 U.S. Collegiate Record
500 Meters	1:01.28	Casimir Loxsom, 2011
600 Meters	1:15.42	Casimir Loxsom, 2013
1000 Meters	2:19.53	Robby Creese, 2012 ** Collegiate Record **
1500 Meters	3:44.0	Larry Mangan, 1979
55m Hurdles	7.31	Michael Timpson, 1986
4x55-Meters	24.65	Knowledge Timmons, Shawn Colligan, Alex Langan, Ernie Terrell, 2006
4x55m Hurdles	28.8	Paul Pollock, Bill Austin, Matt Graham & Dennis Rock, 1977
4x200-Meters	1:26.24	Alex Langan, Jaret Campisi, Chris Lolagne, Ernie Terrell, 2004
Sprint Medley	3:23.74	Ernie Terrell, Jaret Campisi, Chris Lolagne, Matt Lincoln, 2005
4x800-Meters	7:21.37	Steve Balkey, Dave McMillan, Chris Mills & Ray Levitre, 1987
	7:21.37	Za'Von Watkins, Brannon Kidder, Ricky West, Casimir Loxsom, 2013
4-Mile	16:43.4	Jeff Adkins, Tom Rapp, Alan Scharsu & Larry Mangan, 1980

Field Events

High Jump	7-4.25 (2.24)	Paul Souza, 1982
Pole Vault	17-0.75 (5.20)	John Vellenoweth, 2009
Long Jump	25-11 (7.90)	David Coney, 1986
Triple Jump	53-0.75 (16.17)	Chavous Nichols, 2003
Shot Put	67-3.5 (20.51)	Darrell Hill, 2015
35-lb. Weight	70-6.5 (21.50)	Will Barr, 2014
Pentathlon	4,097 pts	Brian Kelley, 1993
Heptathlon	5,511 pts	Rob Cardina, 2014

Heptathlon Event Records

Points	5,511	Rob Cardina, 2014
60 Meters	7.04	Rob Cardina, 2014
Long Jump	22-7 3/4 (6.90)	Anya Uzoh, 2012
Shot Put	45-10 (13.97)	James Cook, 1998
High Jump	6-7 1/2 (2.02)	Anya Uzoh, 2012
60-Meter Hurdles	8.21	J.T. Kuretich, 2003
Pole Vault	15-5 3/4 (4.72)	J.T. Kuretich, 2003
1,000 Meters	2:41.90	Chris Morrissey, 2007

Retired Records

50 Yards	5.1	Barney Ewell, 1942 (1)
300 Yards	30.1	Mike Sands, 1975
500 Yards	57.0	Ollie Sax, 1953
600 Yards	1:09.6	Ken Wynn, 1983
1000 Yards	2:09.4	Pat Rexroat, 1975
2-Miles	8:34.2	Greg Fredericks, 1972
3-Miles	13:17.6	Paul Stemmer, 1976
50-Yard Hurdles	6.1	Rod Perry, 1955 (1)
70-Yard Hurdles	8.4	Jim Gehrdes, 1949;
	8.4	Mike Shine, 1975
National TAC Medley (440, 220, 220, 300)	2:04.9	Mike Sands, Steve Hackman, Jack Davis & Mike Shine, 1975
Indoor Pentathlon	4,097	Brian Kelley, 1993

BOLD - Denotes record set in 2015



MEN'S INDOOR RECORDS

MEN'S INDOOR TOP 5 PERFORMANCES

60 Meters

1. 6.70Xavier Smith, 2016
2. 6.76 Ernie Terrell, 2003
3. 6.77* Michael Timpson, 1986
4. 6.80* Barney Ewell, 1942
5. 6.81 Alex Langan, 2006
6.81 Alex Kenney, 2014

* Converted time from 60 yards to 55 meters

200 Meters

1. 20.98 Ryan Olkowski, 2002
2. 21.11 Michael Timpson, 1989
3. 21.18 Greg Miller, 2001
4. 21.21 Ernie Terrel, 2004
5. 21.25 Byron Robinson, 2014

400 Meters

1. 46.22 Brady Gehret, 2011
2. 46.55 Bernard Bennett-Green, 2014
3. 46.73 Byron Robinson, 2014
4. 46.74 Brandon Bennett-Green, 2014
5. 46.81 Michael Timpson, 1987

500 Meters

1. 1:01.28 Casimir Loxsom, 2011
2. 1:02.58 Ben Karcz, 2000
3. 1:02.75 Ernie Terrell, 2003
4. 1:02.81 Mike Cadau, 2009
5. 1:03.01 Bernard Bennett-Green, 2014

600 Meters

1. 1:15.42 Casimir Loxsom, 2013
2. 1:16.89 Ben Karcz, , 2001
3. **1:16.98** **Brandon Kidder, 2015**
4. 1:17.65 Lionel Williams, 2009
5. 1:18.16 Matt Lincoln, 2004

Notable Performances

- * 1:16.92 Casimir Loxsom, 2010
..... * *American Junior Record*
- * 1:15.79 Casimir Loxsom, 2013
..... * *American Collegiate Record*
- * 1:15.42 Casimir Loxsom, 2013
..... * *All-Time Collegiate and American Best*

800 Meters

1. 1:46.98 Casimir Loxsom, 2013
2. 1:47.32 Ryan Foster, 2010
3. 1:47.45 Brannon Kidder, 2014
4. 1:47.77 Owen Dawson, 2010
5. 1:48.11 Za'Von Watkins, 2014

Notable Performances

- 1:47.48 Ryan Foster, 2010
..... * *Australian National Record*

1000 Meters

1. 2:19.53 Robby Creese, 2012
2. 2:19.60 Ryan Foster, 2010
3. 2:21.95 Ricky West, 2013
4. 2:21.98 Owen Dawson, 2010
5. 2:22.02 Za'Von Watkins, 2013

Notable Performances

- * 2:19.53 Robby Creese, 2012
..... * *Collegiate, American Junior Record*
- * 2:19.60 Ryan Foster, 2010
..... * *Australian National Record*

Mile

1. 3:57.11 Robby Creese, 2013
2. **3:57.13** **Brannon Kidder, 2015**
3. 3:58.49 Ryan Foster, 2011
4. 4:01.98 Samuel Borchers, 2008
5. 4:02.3 Greg Fredericks, 1972

3000 Meters

1. **7:50.36** **Robby Creese, 2015**
2. 7:54.52 Sam Masters, 2013
3. 8:00.78 Ken Frazier, 1989
4. 8:02.05 John Zishka, 1981
5. 8:04.21 Matt Fischer, 2014

Converted Marks

1. 7:53.58 Greg Fredericks, 1972
2. 7:54.50 Robert Snyder, 1979

5000 Meters

1. 13:52.36 Steve Brown, 1990
2. 13:58.55 Eric Carter, 1986

Converted Marks

1. 13:46.42 Paul Stemmer, 1976
2. 13:46.94 Alan Scharsu, 1980
3. 13:59.71 Charlie Maguire, 1974

60-Meter Hurdles

1. 7.69 Guy Rose, 2001
2. 7.82 Michael Timpson, 1986
3. 7.83 John Whelan, 1998
4. 7.85 Mike Shine, 1975
5. 7.86 Ron Jules, 2007

4x200-Meter Relay

1. 1:24.70 Emunael Mpanduki, Matt Gilmore,
..... Brandon Bennett-Green, Aaron Nadolsky, 2013
..... ** *Collegiate Record*
2. 1:26:24 Alex Langan, Jaret Campisi,
..... Chris Lolagne, Ernie Terrell, 2005
3. 1:28.31 Alex Langan, Ron Jules,
..... Mike O'Donnell, Adam Stanowick, 2007
4. 1:28.99 Justin Kiscadden, Jaret Campisi,



MEN'S INDOOR TOP 5 PERFORMANCES

- Ernie Terrell, Greg Miller, 2003
 5. 1:29.32 Steve Morgan, Jordan Rajan,
 Justin Babich, Dan Engel, 2006

4x400-Meter Relay

1. 3:05.22 Nadolsky (46.8), Bennett-Green (46.6),
 Loxsom (46.1), Gehret (45.8), 2012
 2. 3:07.27 Nadolsky, Williams,
 Loxsom, Gehret, 2011
 3. 3:07.72 Nadolsky, Gehret,
 Loxsom, Gilmore, 2012
 4. 3:07.83 Robinson, Be. Bennett-Green,
 Nadolsky, Br. Bennett-Green, 2014
 5. 3:08.03 Mpanduki, Loxsom,
 Gilmore, Br. Bennett-Green, 2013

Sprint Medley Relay

1. 3:23.74 Ernie Terrell (48.67), Jaret Campisi (21.31),
 Chris Lolagne (21.40), Matt Lincoln (1:52.06), 2005
 2. 3:27.70 Ben Karcz (49.31), Duane Reeves (21.94),
 John Gorham (22.53), Joe Hubbard (1:53.03), 1999
 3. 3:28.35 Ben Karcz, John Whelan,
 Duane Reeves, Joe Loner, 1998
 4. **3:29.07** Vern Lucas, Steve Evans,
 Paul Pollack, Bill Sheskey, 1978
 5. **3:29.1** Mike Sands, Doug Finkel,
 Fred Singleton, Martin Keen, 1974

Converted times from yards in **BOLD**.

4x800-Meter Relay

1. 7:21.37 Balkey, McMillan, Mills, Levitre, 1987
 Watkins, Kidder, West, Loxsom, 2013
 2. **7:22.10** Makins, Brennan, Kidder, Creese, 2015

Converted from 2-Mile Relay

1. 7:21.42 *McLaughlin, Moore, Wynn, Cook, 1983*
 2. 7:23.38 *Watson, Shisler, Mills, Moore, 1985*

Distance Medley Relay

1. 9:26.59 Kidder, Bennett-Green, Watkins, Creese, 2014
 2. **9:28.36** **Kidder, Rhodes, Watkins, Creese, 2015**
 3. **9:32.21** **Kidder, Shisler, Watkins, Creese, 2015**
 4. 9:32.94 Borchers, Cadau, Foster, Johnson, 2009
 5. 9:35.21 Borchers, Williams, Loxsom, O. Dawson, 2011

4xMile Relay

1. 16:43.4 Jeff Adkins (4:15.1), Tom Rapp (4:10.2),
 Alan Scharsu (4:11.2), Larry Mangan (4:05.9), 1980
 2. 17:07.5* Charlie Maguire, Bob Hillman,
 Dan Supulski, Greg Fredericks, 1972
 3. 17:10.0 Dan Supulski, Charlie Maguire,
 Gary Gittings, Bob Hillman, 1971
 4. 17:11.8 Larry Mangan, Kelly O'Brien,
 Glen Chumley, Tom Rapp, 1973
 5. 17:14.5 Charlie Maguire, John Fullmer,
 Matt Chadwick, Gary Gittings, 1973

*American record when recorded.

High Jump

1. 7-4 1/4 (2.24) Paul Souza, 1982
 2. 7-3 1/4 (2.22) Ryan Fritz, 2007
 3. 7-2 3/4 (2.20) Ryan Oikowski, 1999
 7-2 3/4 (2.20) Jon Hendershot, 2014
 4. 7-1 3/4 (2.18) Sean Reilly, 2012

Pole Vault

1. 17-0 3/4 (5.20) John Vellenoweth, 2009
 2. 17-0 (5.18) Mason Ternay, 1992
 3. 16-9 1/2 (5.12) Ron Campbell, 1985
 4. 16-9 1/2 (5.12) Rick Kleban, 1985
 5. 16-8 3/4 (5.10) Dave Bollinger, 2004
 16-8 3/4 (5.10) Brad Lawrence, 2010

Long Jump

1. 25-11 1/4 (7.91) Dave Coney, 1986
 2. 25-10 3/4 (7.89) Antonio Davis, 1993
 3. 25-8 (7.82) George Audu, 1999
 4. 25-5 1/2 (7.76) Rob Boulware, 1986
 5. 25-4 1/2 (7.73) John Gorham, 1999

Triple Jump

1. 53-0 3/4 (16.17) Chavous Nichols, 2003
 2. **52-6 3/4 (16.02)** **Brian Leap, 2015**
 3. 52-6 (16.00) Clarence Smith, 2009
 52-6 (16.00) Steve Waithe, 2014
 5. 52-4 1/4 (15.95) Ricardo Hall, 1990
 52-4 1/4 (15.95) Antonio Davis, 1994

Shot Put

1. **67-3 1/2 (20.51)** **Darrell Hill, 2015**
 2. 65-7 (19.99) C.J. Hunter, 1990
 3. 65-1 1/4 (19.84) Joe Kovacs, 2011
 4. 62-6 1/2 (19.05) Phil Caraher, 1991
 5. 62-1 1/4 (18.93) Blake Eaton, 2011

35-lb Weight Throw

1. 70-6 1/2 (21.50) Will Barr, 2014
 2. 66-5 3/4 (20.26) Dorian Lowe, 2002
 3. 66-2 1/4 (20.17) Scott Vernon, 2005
 4. 65-9 3/4 (20.06) Neal McNutt, 1998
 5. 65-9 (20.04) Tyler Hoffman, 2008

Heptathlon

1. 5511 Robert Cardina, 2014
 2. 5500 James Cook, 1998
 3. 5419 Chris Morrissey, 2008
 4. 5367 Anya Uzoh, 2012
 5. 5239 Shawn Colligan, 2008



WOMEN'S OUTDOOR RECORD BOOK

Track Events

100 Meters	11.21	Connie Moore, 2003
200 Meters	22.45	Connie Moore, 2004
400 Meters	50.84	Shana Cox, 2008
800 Meters	2:03.09	Rebekka Simko, 2012
1,500 Meters	4:15.20	Marta Klebe, 2014
5,000 Meters	15:32.53	Kathy Mills, 1978
10,000 Meters	32:57.33	Kara Millhouse, 2012
100m Hurdles	12.85	Aleesha Barber, 2010
400m Hurdles	55.57	Fawn Dorr, 2010
3000m Steeple	9:32.35	Bridget Franek, 2010

Relay Events

4x100-Meters	44.25	Laurie Fox, Chi-Chi Aduba, Sara Shoaff, Connie Moore, 2003
4x400-Meters	3:27.69	Dominique Blake, Aleesha Barber, Gayle Hunter, Shana Cox, 2012

Non-NCAA Event Records

Mile	4:40.65	Bridget Franek, 2010
3000 Meters	9:08.04	Kathy Mills, 1978
4x200-Meters	1:33.09	Mahagony Jones, Dynasty McGee, Brittney Howell, Kiah Seymour, 2014
4x800-Meters	8:39.44	Caitlin Lane, Bekka Simko, Kayln Fisher, Maura Ryan, 2011
Distance Medley	11:08.41	Rebekka Simko, Ije Iheoma, Marta Klebe, Kara Millhouse
Sprint Medley	3:47.90	Aleesha Barber, Dominique Blake, Shana Cox, Briene Simmons, 2007
4x1500m Relay	17:57.28	Meghan Noecker, Bridget Franek, Leah Rosenfeld, Claire Percival, 2007

*All times are FAT (Fully Automatic Timing)

BOLD - Denotes record set in 2015

Field Events

High Jump	6-0 (1.83)	Shelley Mitchell, 1992
Pole Vault	13-3.5 (4.05)	Lexi Masterson, 2014
Long Jump	21-6 (6.55)	Chi-Chi Aduba, 2004
Triple Jump	44-6.75 (13.58)	Chi-Chi Aduba, 2004
Shot Put	56-3.25 (17.15)	Rachel Fatherly, 2015
Discus	185-1 (56.42)	Deshaya Williams, 2003
Hammer	219-1 (66.78)	Jen Leatherman, 2006
Javelin	178-6 (54.41)	Laura Loht, 2014

Heptathlon Event Records

Heptathlon	5797	Gayle Hunter, 2009
100-Meter Hurdles	13.45	Gayle Hunter, 2009
High Jump	5-10 (1.78)	Brittney Howell, 2014
Shot Put	40-0 (12.19)	Gayle Hunter, 2009
200-Meters	23.56w	Gayle Hunter, 2008
Long Jump	21-0.50 (6.42)w	Gayle Hunter, 2009
Javelin	126-5 (38.53)	Gayle Hunter, 2008
800-Meters	2:17.20	Gayle Hunter, 2008

Retired Records

800m Medley	1:47.20	Johanna Humphreys, Terry Pioli, Vivian Riddick, Stephanie Weeks, 1982
Javelin (old)	198-11 (60.64)	Jen Pastore, 1998
Pentathlon	3,725 points	Patti Knighton, 1978



WOMEN'S TOP 10 OUTDOOR PERFORMANCES

100 Meters

1.	11.21	Connie Moore, 2004
2.	11.27	Shavon Greaves, 2010
3.	11.29	Mahagony Jones, 2014
4.	11.56	Kamilah Salaam, 2004
-	11.60 w + 2.4	k. Nieuwendam, 2012
5.	11.63 (11.57w)	Aleesha Barber, 2008
6.	11.68	Vivian Riddick, 1983
7.	11.70	Sara Shoaff, 2006
8.	11.72	Caitlin DeFusco, 2010
9.	11.78	Tiffany Glenn, 1999
10.	11.80	Jackie Brown, 1991

200 Meters

1.	22.45	Connie Moore, 2004
2.	22.90 (22.64w)	Mahagony Jones, 2014
3.	23.07	Shavon Greaves, 2010
4.	23.15 (22.92w)	Shana Cox, 2008
5.	23.47	Kirsten Nieuwendam, 2012
6.	23.61	Kamilah Salaam, 2004
7.	23.66	Kiah Seymour, 2014
8.	23.70	Sara Shoaff, 2005
9.	23.81 (23.56w)	Gayle Hunter, 2008
10.	23.85	Debbie Lewis, 1980

400 Meters

1.	50.84	Shana Cox, 2008
2.	52.15	Dominique Blake, 2008
3.	52.51	Fawn Dorr, 2010
4.	53.14	Dynasty McGee, 2014
5.	53.17	Ije Iheoma, 2012
6.	53.65	Tichina Rhodes, 2015
7.	53.74	Laila Brock, 1998
	53.74	Janice Carter, 1988
9.	53.80	Tammie Hart, 1981
10.	54.15	Shavon Greaves, 2010

800 Meters

1.	2:03.09	Bekka Simko, 2012
2.	2:04.37	Tammie Hart, 1985
3.	2:04.72	Briene Simmons, 2006
4.	2:05.66	Janice Carter, 1985
5.	2:06.68	Terry Pioli, 1981
6.	2:05.69	Erica Bosler, 1998
7.	2:06.80	Maura Ryan, 2011
8.	2:07.26	Judi Cassel, 1995
9.	2:07.32	Marta Klebe, 2013
10.	2:08.09	Teressa DiPerna, 1989

1500 Meters

1.	4:15.20	Marta Klebe, 2014
2.	4:16.96	Doreen Startare, 1993
3.	4:17.40	Kim McGreevy, 1997
4.	4:17.54	Mary Rawe, 1981
5.	4:18.33	Bridget Franek, 2010
6.	4:19.83	Patty Murnane, 1981
7.	4:20.11	Bekka Simko, 2012
8.	4:20.40	Caitlin Lane, 2010
9.	4:21.10	Heather Carmichael, 1980
10.	4:21.31	Susanne Heyer, 1999

5000 Meters

1.	15:32.52	Kathy Mills, 1978
2.	15:46.08	Bridget Franek, 2010
3.	15:53.50	Paula Renzi, 1985
4.	15:58.79	Tori Gerlach, 2015
5.	16:05.46	Elizabeth Chikotas, 2015
6.	16:06.32	Kim Kelly, 1993
5.	16:08.74	Leigha Anderson, 2014
6.	16:09.38	Stacy Prey, 1990
7.	16:11.93	Brooklyne Ridder, 2013
8.	16:12.00	Kris Bankes, 1978

10,000 Meters

1.	32:57.33	Kara Millhouse, 2012
2.	33:52.32	Leigha Anderson, 2014
3.	34:00.00	Natalie Updegrove, 1983
4.	34:02.52	Kim Kelly, 1993
5.	34:02.80	Kris Kelly, 1993
6.	34:09.00	Kelli Hunt, 1993
7.	34:20.1	Donna Fidler, 1999
8.	34:24.07	Peggy Cleary, 1980
9.	34:31.75	Cheryl Spring, 2010
10.	34:39.89	Molly Landreth, 2003

100-Meter Hurdles

1.	12.85	Aleesha Barber, 2010
2.	13.03	Evonne Britton, 2014
3.	13.35	Gayle Hunter, 2009
4.	13.36	Toyin Augustus, 2001
5.	13.45	Brittney Howell, 2014
6.	13.71	Shelley Black, 2015
7.	13.79	Queen Dale, 2015
8.	13.83	Kamilah Salaam, 2006
	13.83	Monique Walker, 2006
10.	14.13	Pam Connell, 1991



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP 10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1. 55.57 Fawn Dorr, 2010
2. 55.88 Kiah Seymour, 2014
3. 57.00 Aleesha Barber, 2007
4. 57.32 Evonne Britton, 2010
5. 57.35 Megan Duncan, 2011
6. 57.88 Shelley Mitchell, 1991
7. 58.45 Tammie Hart, 1982
8. 58.60 Ernestine Marsh, 1987
9. 58.77 Kim Markel, 2007
10. 58.93 Doris Anyanwu, 2012

3000-Meter Steeplechase

1. 9:32.35 Bridget Franek, 2010
2. **9:53.98** **Tori Gerlach, 2015**
3. 10:07.78 Molly Landreth, 2003
4. 10:07.86 Natalie Bower, 2013
5. 10:16.91 Tracey Brauksieck, 2003
6. 10:20.33 Lindsey Graybill, 2012
7. 10:20.76 Abbie Benson, 2014
8. 10:24.01 Claire Percival, 2007
9. 10:26.41 Nicole Lord, 2010
10. 10:28.82 Emily Giannotti, 2012

4x100-Meter Relay

1. 44.25 Laurie Fox, Sara Shoaff,
..... Connie Moore, Chi-Chi Aduba, 2003
2. 44.38 Kamilah Salaam, Chi-Chi Aduba,
..... Sarah Shoaff, Connie Moore, 2004
3. 44.57 Shavon Greaves, Caitlin DeFusco,
..... Aleesha Barber, Fawn Dorr, 2010
4. 44.64 Dannielle Gibson, Mahagony Jones,
..... Dynasty McGee, Kiah Seymour, 2014
4. 44.80 Kamilah Salaam, Sara Shoaff,
..... Shana Cox, Brooke Robinson, 2005
5. 44.86 Shavon Greaves, Shana Cox,
..... Aleesha Barber, Dominique Blake, 2008
6. 45.18 Shana Cox, Monique Walker,
..... Kamilah Salaam, Sara Shoaff, 2006
7. 45.31 Toyin Augustus, Chi-Chi Aduba,
..... Laurie Fox, Consuella Moore, 2001
8. 45.34 Evonne Britton, Kiah Seymour,
..... Dynasty McGee, Mahagony Jones, 2014
9. 45.35 Evonne Britton, Mahagony Jones,
..... Megan Osborne, Kiah Seymour, 2014
10. 45.57 Shavon Greaves, Caitlin DeFusco,
..... Fawn Dorr, Aleesha Barber, 2009

4x200-Meter Relay

1. 1:33.09 Mahagony Jones, Dynasty McGee,
..... Brittney Howell, Kiah Seymour, 2014
2. 1:33.78 Caitlin DeFusco, Shavon Greaves,
..... Fawn Dorr, Doris Anyanwu, 2010
3. 1:33.87 Connie Moore, Kamilah Salaam,
..... Chi-Chi Aduba, Sara Shoaff, 2004
4. 1:34.75 Shavon Greaves, Gayle Hunter,
..... Fawn Dorr, Caitlin DeFusco, 2009
5. 1:34.76 Dynasty McGee, Mahagony Jones,
..... Megan Osborne, Kiah Seymour, 2014
6. 1:35.98 Shana Cox, Gayle Hunter,
..... Dominique Blake, Lauren Burns, 2007
7. 1:36.56 Megan Duncan, Ije Iheoma,
..... Doris Anyanwu, Caitlin DeFusco, 2011
8. 1:36.73 Laurie Fox, Cherese Sullivan,
..... Chi-Chi Aduba, Consuella Moore, 2003
9. 1:38.17 Sara Shoaff, Kamilah Salaam,
..... Dominique Blake, Monique Walker, 2006
10. 1:38.24 Leslie Hummer, Lisa Chess,
..... Ernestine Marsh, Janice Carter, 1988

4x400-Meter Relay

1. 3:27.69 Dominique Blake, Aleesha Barber,
..... Gayle Hunter, Shana Cox, 2008
2. 3:30.34 Aleesha Barber, Shavon Greaves,
..... Gayle Hunter, Fawn Dorr, 2009
3. 3:30.35 Doris Anyanwu, Shavon Greaves,
..... Ije Iheoma, Megan Duncan, 2011
4. 3:30.74 Aleesha Barber, Shavon Greaves,
..... Doris Anyanwu, Fawn Dorr, 2010
5. 3:31.17 Dynasty McGee, Mahagony Jones,
..... Tichina Rhodes, Kiah Seymour, 2014
6. 3:31.75 Dominique Blake, Briene Simmons,
..... Gayle Hunter, Shana Cox, 2007
7. 3:32.90 Briene Simmons, Dominique Blake,
..... Fawn Dorr, Shana Cox, 2008
8. 3:33.03 Doris Anyanwu, Ije Iheoma,
..... Kirsten Nieuwendam, Dynasty McGee, 2012
9. 3:33.40 Dominique Blake, Aleesha Barber,
..... Gayle Hunter, Fawn Dorr, 2008
10. 3:33.47 Kiah Seymour, Mahagony Jones,
..... Shelley Black, Dynasty McGee, 2013



WOMEN'S TOP 10 OUTDOOR PERFORMANCES

Sprint Medley Relay

1. 3:47.90Aleesha Barber, Dominique Blake,
..... Shana Cox, Briene Simmons, 2007
2. 3:49.19 Mahagony Jones, Dynasty McGee,
.....Kiah Seymour, Marta Klebe, 2014
3. 3:50.15Kamilah Salaam, Sara Shoaff,
..... Shana Cox, Dominique Blake, 2005
4. 3:50.54 Shavon Greaves, Gayle Hunter,
..... Fawn Dorr, Bridget Franek, 2009
5. 3:52.37Sara Shoaff, Kamilah Salaam,
.....Dominique Blake, Briene Simmons, 2006
6. 3:53.20 Janice Carter, Leslie Hummer,
..... Lisa Chess, Kiernan O'Toole, 1988
7. 3:53.21Mahagony Jones, Kiah Seymour,
..... Dynasty McGee, Colleen Shannon, 2013
8. 3:54.71 Erica Bosler, Laila Brock,
..... Tiffany Glenn, Nicole Paul, 1998
9. 3:55.19 Dynasty McGee, Kirsten Nieuwendam,
..... Ije Iheoma, Marta Klebe, 2012
10. 3:55.24Shavon Greaves, Doris Anyanwu,
.....Ije Iheoma, Bekka Simko, 2011

4x800-Meter Relay

- 1 8:39.44 Caitlin Lane, Bekka Simko,
.....Kalyn Fisher, Maura Ryan, 2011
- 2 8:41.09 Kathy Byrnes, Penny Fales,
.....Sandy Miller, Lea Ventura, 1978
- 3 8:43.56 Tammie Hart, Elaine LaFramboise,
..... Doreen Startare, Terry Pioli, 1982
- 4 8:43.70Joetta Dweh, Kim McGreevy,
..... Tracy Pombo, Erica Bosler, 1997
- 5 8:44.37 Dominique Blake, Fiana York,
.....Briene Simmons, Meghan Hutchinson, 2006
- 6 8:47.60MaryBeth Powers, Dana Dougan,
..... Laurie Morrow, Teresa DiPerna, 1990
- 7 8:47.80 Kiernan O'Toole, Beth Stever,
..... Janice Carter, Pam Daniely, 1986
- 8 8:48.27 Doreen Startare, Patty Murnane,
.....Terry Pioli, Mary Rawe, 1981
- 9 8:49.13 Pam Daniely, Kiernan O'Toole,
..... Ann Marie Quinn, Julie Moody, 1988
- 10 8:50.20 Tammie Hart, Judi Cassel,
..... Janice Carter, Heidi Gerken, 1985

Distance Medley Relay

1. 11:08.41 Bekka Simko (3:23.0), Ije Iheoma (52.8)
..... Marta Klebe (2:09.8), Kara Millhouse (4:42.8), 2012
2. 11:09.50 Tammie Hart, Patty Murnane,
.....Terry Pioli, Mary Rawe, 1981
3. 11:16.97Leah Rosenfeld, Shana Cox,
..... Briene Simmons, Bridget Franek, 2008
4. 11:17.53 Marta Klebe, Marlene Ricketts,
..... Sarah Jane Underwood, Caitlin Lane, 2013
5. 11:18.20 Tammi Hart, Janice Carter,
..... Lisa Ross, Paula Renzi, 1985
6. 11:20.80 Penny Fales, Debbie Lewis,
..... Heather Carmichael, Mary Rawe, 1980
7. 11:21.64 Sue Huelster, Erica Bosler,
..... Erin St. John, Kim McGreevy, 1996
8. 11:25.72 Caitlin Lane, Fawn Dorr,
..... Liz Kearins, Bridget Franek, 2009
9. 11:26.54 Bridget Franek, Megan Duncan,
.....Caitlin Lane, Cheryl Spring, 2010
10. 11:30.54 Doreen Startare, Tammie Hart,
..... Terry Pioli, Patty Murnane, 1982

4x1500-Meter Relay

1. 17:57.28 Meghan Noecker, Bridget Franek,
..... Leah Rosenfeld, Claire Percival, 2007
2. 18:02.32 Marta Klebe, Caitlin Lane,
..... Brooklynne Ridder, Sara Jane Underwood, 2013
3. 18:07.25 Katy Hillard, Jenny Stevens,
.....Lauren Clark, Tracey Brauksieck, 2004
4. 18:19.78Laurie Morrow, Ann Marie Quinn,
.....Kiernan O'Toole, Wendy Nelson, 1989
5. 18:21.78Jenny Stevens, Nicki Bohnsack,
..... Stephanie Pezzulo, Lindsay Scottoline, 2005
6. 18:38.35 Laurie Morrow, Wendy Nelson,
.....Jenny Weaver, Amanda Dudley, 1991
7. 18:43.37 Laurie Morrow, Dana Dougan,
.....Anna DeRenzi, Jenny Weaver, 1992

High Jump

1. 6-0 (1.83)..... Shelley Mitchell. 1992
2. 5-11.25 (1.81).....Pam Connell, 1991
5-11.25 (1.81).....Ahmenah Richardson, 2015
3. 5-11.....Antoinette O'Carroll, 1987
4. 5-10.75 (1.80)..... Erika Morgan, 2013
5. 5-10.50 (1.79)..... Karen Krawick, 1980
5-10.50 (1.79)..... Jenny Williams, 1987
5-10.50 (1.79)..... Leslie Lippincott, 1991
8. 5-10.25 (NMC)Holly Jones, 1992
9. 5-10 (1.78)..... Deb Ford, 1988
5-10 (1.78)..... India McCoy, 2014
5-10 (1.78)..... Brittney Howell, 2014



WOMEN'S OUTDOOR RECORDS

WOMEN'S TOP 10 OUTDOOR PERFORMANCES

Pole Vault

1. 13-3.5 (4.05).....Lexi Masterson, 2014
2. 13-1.25 (4.00).....Sara Dougherty, 2004
3. **12-10.75 (3.92)****Hannah Mulhern, 2015**
4. 12-9.5 (3.90).....Jocelyn Witmer, 2010
12-9.5 (3.90).....Erin Knabe, 2014
12-9.5 (3.90)**Kasey Kemp, 2015**
7. 12-8.25 (3.87).....Caitlin Fairbairn, 2010
8. 12-6.25 (3.82).....Amanda Palenchar, 2012
9. 12-5.25 (3.80).....Kelly Nesbit, 2005
10. 12-2 (3.71).....Lindsey McDonnell, 2002

Long Jump

1. 21-6 (6.55).....Chi-Chi Aduba, 2004
2. 21-4.75 (6.52).....Gayle Hunter, 2008
3. 20-10.75 (6.37).....Carmen Mann, 1989
20-10.75 (6.37).....Shakeema Walker, 1999
20-10.75 (6.37).....Brittney Howell, 2014
- ~ 20-10.50 (6.36) wBianca Fung, 2009
6. 20-5.25 (6.25).....Bianca Fung, 2009
7. 20-4.50 (6.21).....Vivian Riddick, 1982
8. 20-4.25 (6.20).....Monique Gillman, 1997
9. 20-3 (6.17).....Lena Bettis, 2007
10. **20-2.25 (6.15)****Dannielle Gibson, 2015**

Triple Jump

1. 44-6.75 (13.58).....Chi-Chi Aduba, 2004
2. 44-3 (13.48).....Shakeema Walker, 1999
3. 43-1 (13.13).....Carmen Mann, 1990
4. **42-9.75 (13.05)****Dannielle Gibson, 2015**
5. 42-3.50 (12.89).....Tanaya Lloyd, 2012
6. 42-2.75 (12.87).....Marlene Ricketts, 2014
7. 41-7 (12.67).....Lena Bettis, 2007
8. 41-2.50 (12.56).....Gayle Hunter, 2007
41-2.50 (12.56).....Alicia Porro, 1992
10. 40-9 (12.42).....Hanna Humphreys, 1984

Shot Put

1. **56-3.25 (17.15)****Rachel Fotherly, 2015**
2. 55-4.75 (16.88).....Ja'Nai O'Connor, 2004
3. 55-0 (16.76).....Elaine Sobansky, 1984
4. 53-8.25 (16.36).....Jennifer Leatherman, 2006
5. 52-6 (16.00).....Jane Swenson, 2011
52-6 (16.00)**Obeng Marfo, 2015**
7. 51-6.5 (15.71).....Melissa Kurzdorfer, 2014
8. 51-6.25 (15.70).....Deshaya Williams, 2003
9. 50-3.50 (15.58).....Emma Schmelzer, 2009
10. 49-11.25 (15.22).....Alyssa Robinson, 2014

Discus

1. 185-1 (56.41).....Deshaya Williams, 2001
2. 173-4 (52.83).....Christen Clemson, 2007
3. **170-1 (51.86)****Obeng Marfo, 2015**
4. 170-0 (51.82).....Jennifer Leatherman, 2006
5. 167-7 (51.08).....Elaine Sobansky, 1984
6. 167-4 (51.01).....Emma Schmelzer, 2007
7. 166-8 (60.96).....Melissa Kurzdorfer, 2013
8. 161-5 (49.21).....Rachel Fotherly, 2014
9. 157-6 (48.02).....Taylor McNally, 2011
10. 156-7 (47.72).....Lexi Benamati, 2004

Hammer

1. 219-1 (66.78).....Jennifer Leatherman, 2006
2. 207-10 (63.35).....Melissa Kurzdorfer, 2012
3. 197-3 (60.12).....Kate Johnston, 2003
4. **191-9 (58.44)****Rachel Fotherly, 2015**
5. **191-2 (58.27)****Annjulie Vester, 2015**
6. 190-10 (56.16).....Deshaya Williams, 2003
7. 186-11 (56.97).....Helen Higgins, 2007
8. **180-10 (55.13)****Alyssa Robinson, 2015**
9. 179-6 (54.35).....Emma Schmelzer, 2009
10. 174-3 (53.11).....Robbin Shomper, 2003

Javelin

1. 178-6 (54.41).....Laura Loht, 2014
2. 178-4 (54.35).....Kim Hanslovan, 2009
3. 177-3 (54.02).....Lauren Kenney, 2013
4. 176-2 (53.70).....Karlee McQuillen, 2008
5. 169-3 (51.58).....Carrie Karabinos, 1999
6. 167-2 (50.96).....Heidi Nadeau, 2007
7. 167-1 (50.92).....Brianne Johnson, 2001
8. 159-4 (48.56).....Ashley Colley, 2002
9. 156-3 (47.62).....Kristen Eash, 2004
10. 155-9 (47.47).....Diana Bruch, 2005

Heptathlon

1. 5797Gayle Hunter, 2009
2. 5706Pam Connell, 1991
3. 5625Brittney Howell, 2014
4. 5420Carmen Mann, 1990
5. 5407Shelley Mitchell, 1992
6. 5311Carla Criste, 1986
7. **4937****Tal Ben-Artzi, 2015**
8. 4919Amber Strouse, 2007
9. 4917Holly Jones, 1992
10. 4878Felicia Cooksey, 1999



Track Events

100 Meters	10.34	Mike Sands, 1975
200 Meters	20.23	Michael Timpson, 1986
400 Meters	45.20	Mike Sands, 1975
800 Meters	1:45.28	Casimir Loxsom, 2011
1,500 Meters	3:38.82	Brannon Kidder, 2014
5,000 Meters	13:34.0	Greg Fredericks, 1972
10,000 Meters	28:08.0	Greg Fredericks, 1972
110m Hurdles	13.56	Guy Rose, 2001
400m Hurdles	48.69 (FAT)	Mike Shine, 1976
3000m Steeple	8:22.5	George Malley, 1977

Relay Events

4x100-Meter	39.63	Jack Davis, Steve Hackman, Mike Shine, Mike Sands, 1975
4x400-Meter	3:01.52	A Nadolsky, Br Bennett-Green, C Loxsom, B Gehret, 2012

Non-NCAA Event Records

Mile	3:58.4	Larry Mangan, 1980
2000 Meters	5:07.2	Greg Fredericks, 1972
3000 Meters	7:54.0	George Malley, 1977
20,000 Meters	1:04:40	Kevin Geesaman, 1998
Marathon	2:17:49	George Christopher, 1975

Non-NCAA Relay Records

4x200-Meter	1:23.85	Alex Langan, Chris Lolagne Jaret Campisi, Ernie Terrell, 2005
4x800-Meter	7:11.17	Vance Watson, Steve Shisler, Chris Mills, Randy Moore 1985
4x1500-Meter	14:58.71	...	Bob Hudson, Mark Overheim, Eric Carter, Steve Shisler, 1986
4x1600-Meter	16:12.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
4-Mile Relay	16:18.5	Tom Rapp, Bob Snyder, Mike Wyatt, Larry Mangan, 1979
Distance Medley	9:24.68	Brannon Kidder, Brandon Bennett-Green Casimir Loxsom, Robby Creese, 2013
Sprint Medley	3:17.10	...	Aaron Nadolsky, Brady Gehret, Casimir Loxsom, Ryan Foster, 2011
4x110m Hurdles	57.29	Chris Green, Al Parker Sam Harris, Michael Timpson, 1986

Field Events

High Jump*	7-3.50 (2.22)	David Coney, 1985
	7-3.25 (2.22)	Jon Hendershot, 2013
Pole Vault	17-5.50 (5.32)	John Vellenoweth, 2009
Long Jump	25-11 (7.90)	David Coney, 1985
Triple Jump	54-6 (16.61)	Antonio Davis, 1993
Shot Put	69-2 (21.08)	Joe Kovacs, 2012
Discus	207-5 (63.22)	Brian Milne, 1992
Hammer	218-6 (66.60)	Al Jackson, 1976
Javelin	249-5 (76.02)	Michael Shuey, 2014

Decathlon Event Records

Points	7,685	Rick Kleban, 1985
First-day Score	4,087	Robert Cardina, 2014
Second-day Score	3,774	James Cook, 1996
100 Meters	11.01	Rick Kleban, 1985
		Shawn Colligan, 2008
Long Jump	23-7.25 (7.19)	Dave Masgay, 1987
Shot Put	48-9.50 (4.87)	Barry Walsh, 1989
High Jump	7-0.25 (2.14)	Robert Cardina, 2014
400 Meters	47.65	Brian Kelley, 1991
110-Meter HH	14.45	Rick Kleban, 1987
Discus	155-3 (47.32)	James Cook, 1997
Pole Vault	16-2 1/2 (14.94)	Rick Kleban, 1985
Javelin	206-2 (62.83)	Shawn Colligan, 2008
1,500 Meters	4:21.05	Tom Kleban, 1989

Retired Records

2000m Steeple	5:43.2	Rick Garcia, 1981
Javelin (old)	78.77 (258-5)	...	Jim Stevenson, 1966

BOLD - Denotes record set in 2015

* Coney's mark is only recorded with an English measurement, 2.22m is the nearest metric equivalent.



MEN'S OUTDOOR RECORDS

MEN'S TOP 10 OUTDOOR PERFORMANCES

100 Meters

1.	10.34 (10.1 MT)	Mike Sands, 1975
2.	10.44	Mike Shine, 1976
3.	10.46	Ryan Olkowski, 2002
4.	10.47	Michael Timpson, 1987
5.	10.49	Bob Brown, 1961
6.	10.5	Alex Langan, 2006
7.	10.54	Barry Ewell, 1941
	10.54	Brian Littlejohn, 1984
9.	10.55	Steve Hackman, 1976
10.	10.56	Paul Lankford, 1980
	10.56	Greg Miller, 2000

200 Meters

1.	20.23	Michael Timpson, 1986
2.	20.58	Mike Sands, 1975
3.	20.59	Ryan Olkowski, 2002
4.	20.62	Brady Gehret, 2012
5.	21.01	Ernie Terrell, 2002
6.	21.02	Barry Ewell, 1942
	21.02	Art Pollard, 1955
8.	21.13	Brandon Bennett-Green, 2012
9.	21.14	Brian Littlejohn, 1984
10.	21.15	Greg Miller, 2000

400 Meters

1.	45.20	Mike Sands, 1975
2.	45.22	Brady Gehret, 2012
3.	45.94	Brandon Bennett-Green, 2012
4.	46.12	Byron Robinson, 2014
5.	46.14	Paul Lankford, 1980
6.	46.62	Ernie Terrell, 2002
7.	46.74	Mike Cadau, 2009
8.	46.91	Ben Karcz, 2002
9.	46.95	Alex Shisler, 2014
10.	46.98	Mike Shine, 1976

800 Meters

1.	1:45.28	Casimir Loxsom, 2011
2.	1:45.96	Randy Moore, 1985
3.	1:46.62	Ray Levitre, 1987
4.	1:46.78	Ryan Foster, 2009
5.	1:46.81	Chris Mills, 1987
6.	1:46.82	Ken Wynn, 1983
7.	1:46.85	Samuel Borchers, 2011
8.	1:46.87	Brannon Kidder, 2013
9.	1:47.63	Mike Cook, 1982
10.	1:47.83	Mark Miller, 2008

1500 Meters

1.	3:38.82	Brannon Kidder, 2014
2.	3:38.99	Steve Balkey, 1987
3.	3:39.02	Robby Creese, 2015
4.	3:39.25	Larry Mangan, 1980
5.	3:39.57	Ryan Foster, 2011
6.	3:42.08	Doug Walter, 1990
7.	3:42.12	David McMillan, 1988
8.	3:42.20	George Malley, 1977
	3:42.20	Mike Wyatt, 1977
10.	3:42.54	Owen Dawson, 2012

5000 Meters

1.	13:34.00	Greg Fredericks, 1972
2.	13:36.30	Robert Snyder, 1978
3.	13:42.10	Alan Scharsu, 1980
4.	13:50.54	Steve Brown, 1989
5.	13:52.40	Paul Stemmer, 1977
6.	13:53.20	George Malley, 1976
7.	13:55.00	Jeff Adkins, 1982
8.	13:56.10	Charlie Maguire, 1974
9.	13:57.10	Gary Gittings, 1973
10.	13:57.33	Sam Masters, 2013

10,000 Meters

1.	28:08.0	Greg Fredericks, 1972
2.	28:29.4	Charlie Maguire, 1974
3.	28:38.3	Eric Carter, 1987
4.	28:42.80	Paul Stemmer, 1976
5.	28:55.33	Kyle Dawson, 2012
6.	29:11.71	John Ziegler, 1979
7.	29:15.73	Tyler McCandless, 2010
8.	29:25.58	Mark Wimmer, 1994
9.	29:27.6	George Malley, 1975
10.	29:30.6	Alan Scharsu, 1980

110-Meter Hurdles

1.	13.56	Guy Rose, 2001
2.	13.69	Sancho Barrett, 2015
3.	13.73	Paul Lankford, 1980
4.	13.80	Michael Timpson, 1988
5.	13.87	Mike Shine, 1976
6.	13.96	Ron Jules, 2008
7.	14.06	John Whelan, 1997
8.	14.08	Sam Harris, 1988
9.	14.09	Brian Derby, 2002
10.	14.09	Barry Robinson, 1985



MEN'S TOP 10 OUTDOOR PERFORMANCES

400-Meter Hurdles

1. 48.69 Mike Shine, 1976
2. 49.55 Paul Lankford, 1981
3. 49.72 Brian Derby, 2003
4. 50.10 Jaret Campisi, 2005
5. 50.49 Bill Austin, 1978
6. 50.54 Michael Timpson, 1988
7. 50.61 Barry Robinson, 1985
8. 50.67 Kevin Cripanuk, 1992
9. 50.75 Byron Robinson, 2014
10. 50.76 Brian Kelly, 1993

3000-Meter Steeplechase

1. 8:22.54 George Malley, 1977
2. 8:37.7 Rick Garcia, 1983
3. 8:40.4 Bruce Baden, 1977
4. 8:42.85 Eric Carter, 1988
5. 8:47.03 Larry Mangan, 1980
6. 8:48.1 Paul Mackley, 1985
7. 8:49.45 Brian Laird, 1989
8. 8:50.9 Jim Allahand, 1972
9. 8:51.84 Chris Foster, 2005
10. 8:53.71 Andy Scott, 1991

4x100-Meter Relay

1. 39.63 Jack Davis, Steve Hackman,
Mike Shine, Mike Sands, 1975
2. 39.88 Doug Finkel, Fred Singleton,
Mike Sands, Jimmy Scott, 1973
3. 40.18 Mike Shine, Steve Hackman,
Fred Singleton, Mike Sands, 1974
4. 40.40 Guy Rose, Duane Reeves,
Greg Miller, Ryan Olkowski, 2001
5. 40.48 Doug Finkel, Steve Hackman,
Fred Singleton, Mike Sands, 1974
6. 40.48 Doug Finkel, Mike Shine,
Fred Singleton, Mike Sands, 1974
7. 40.52 Alex Langan, Diamond Woolford,
Jaret Campisi, Ernie Terrell, 2004
8. 40.54 Sid Lewis, Al Parker,
Dave Coney, Michael Timpson, 1986
9. 40.58 Alex Langan, Diamond Woolford,
Jaret Campisi, Chris Lolagne, 2004
10. 40.61 Bryant Littlejohn, Rob Boulware,
Dave Coney, Michael Timpson, 1986

4x200-Meter Relay

1. 1:23.85 Alex Langan, Chris Lolagne,
Jaret Campisi, Ernie Terrell, 2005
2. 1:23.87 Bryant Littlejohn, Dave Coney,
Sean Faust, Michael Timpson, 1986
3. 1:24.10 Guy Rose, Ben Karcz,
Greg Miller, Ryan Olkowski, 2001
4. 1:24.18 Alex Langan, Diamond Woolford,
Jaret Campisi, Chris Lolagne, 2004
5. 1:24.42 Emunael Mpanduki, Brady Gehret,
Aaron Nadolsky, Mark Filando, 2011
6. 1:24.82 Jaret Campisi, Chris Lolagne,
Greg Miller, Ryan Olkowski, 2002
7. 1:24.86 Doug Finkel, Steve Hackman,
Fred Singleton, Mike Sands, 1974
8. 1:25.04 Munya Maraire, Jaret Campisi,
Greg Miller, Ryan Olkowski, 2002
9. 1:25.16 Doug Finkel, Fred Singleton,
Ed Chubb, Jim Scott, 1972
10. 1:25.56 Dennis Rock, Steve Hackman,
Mike Shine, Mike Sands, 1975

4x400-Meter Relay

1. 3:01.52 Aaron Nadolsky (46.6), Br. Bennett-Green (44.8),
Casimir Loxsom (45.6), Brady Gehret (44.22), 2012
2. 3:04.78 Aaron Nadolsky (47.2), Matt Gilmore (47.4),
Brady Gehret (44.1), Br. Bennett-Green (46.1), 2012
3. 3:06.50 Br. Bennett-Green, Brady Gehret,
Casimir Loxsom, Emunael Mpanduki, 2012
4. 3:06.21 Matt Gilmore, Alex Shisler,
Be. Bennett-Green, Br. Bennett-Green, 2013
5. 3:06.80 Be. Bennett-Green, Matt Gilmore,
Casimir Loxsom, Br. Bennett-Green, 2013
6. 3:07.19 Aaron Nadolsky, Casimir Loxsom,
Brady Gehret, Lionel Williams, 2011
7. 3:07.31 Emunael Mpanduki, Casimir Loxsom,
Aaron Nadolsky, Br. Bennett-Green, 2013
8. 3:07.94 Be. Bennett-Green, Br. Bennett-Green,
Alex Shisler, Byron Robinson, 2014
9. 3:07.95 Be. Bennett-Green, Nadolsky,
Rob Cardina, Alex Shisler, 2014
10. 3:08.22 Steve Janci (47.71), Munya Maraire (46.94),
Duane Reeves (46.81), Ben Karcz (46.70), 2000



MEN'S OUTDOOR RECORDS

MEN'S TOP 10 OUTDOOR PERFORMANCES

4x800-Meter Relay

1. 7:11.17 Vance Watson (1:49.2), Steve Shisler (1:47.9),
.....Chris Mills (1:48.5), Randy Moore (1:45.5), 1985
2. 7:12.90Lionel Williams (1:50.69), Sam Borchers (1:47.56),
....Ryan Foster (1:47.95), Casimir Loxsom (1:46.70), 2011
3. 7:14.14 Robby Creese (1:50.53), Za'Von Watkins (1:48.22)
....Casimir Loxsom (1:46.30), Brannon Kidder (1:49.10), 2013
4. 7:14.65Steve Balkey (1:51.5), Mark Anderson (1:49.2),
.....Chris Mills (1:46.1), Ray Levitre (1:47.85), 1987
5. 7:16.02 Vance Watson (1:48.9), Steve Shisler (1:49.9),
.....Ray Levitre (1:48.7), Chris Mills (1:48.4), 1986
6. 7:17.02 ... Owen Dawson (1:49.84), Casimir Loxsom (1:46.58),
.....Lionel Williams (1:51.94), Ryan Foster (1:48.67), 2010
7. 7:17.03 Vance Watson, Steve Shisler,
.....Chris Mills, Randy Moore, 1985
8. 7:17.90 ..Paul McLaughlin (1:49.1), Randy Moore (1:49.1),
..... Ken Wynn (1:49.1), Mike Cook (1:49.5), 1983
9. 7:18.66 .. Owen Dawson (1:51.7), Samuel Borchers (1:49.8),
..... Lionel Williams (1:48.4), Ryan Foster (1:48.9), 2009
10. 7:18.72 Ryan Foster, Owen Dawson,
..... Casimir Loxsom, Lionel Williams, 2010

Distance Medley Relay

1. 9:24.68Brannon Kidder (2:53.5),
.....Brandon Bennett-Green (45.6),
.... Casimir Loxsom (1:46.7), Robby Creese (3:58.9), 2013
2. 9:30.1Larry Mangan (2:53.3), Paul Lankford (45.6),
.....Mike Cook (1:49.6), Alan Scharsu (4:01), 1980
3. 9:31.53 .David McMillan (2:56.9), Michael Timpson (45.5),
..... Ray Levitre (1:47.8), Steve Balkey (4:01.3), 1987
4. 9:35.8 Jim Close (800), Bill Austin (400),
..... Mike Wyatt (1200), Larry Mangan (1600), 1979
5. 9:35.12 Aidan O'Reilly (2:57.1), Jon Strange (48.6),
..... Mark Anderson (1:48.4), Doug Walter, (4:01.4), 1990
6. 9:37.92 Mike Cook (1200), Jeff Lockett (400),
..... Ken Wynn (800), Gary Black (1600), 1982
7. 9:38.9 Pat Rexroat (800), Keith Falco,
..... Mike Wyatt, Dave Felice, 1977
8. 9:38.16 Aidan O'Reilly (2:56.8), Jerry Robinson, (47.9),
..... Joe Stegbauer (1:50.7), Doug Walter (4:03.2), 1991
9. 9:39.54 Steve Shisler (2:58.9), Sean Faust (47.7),
.....Vance Watson (1:49.1), Mark Overheim (4:03.7), 1986
10. 9:39.9 Vance Watson (2:59.2), Ken Wynn (47.2),
.....Randy Moore (1:49.2), Mark Overheim (4:04.3), 1984

High Jump

1. 7-3.50 (2.22).....David Coney, 1985
- 7-3.25 (2.22)..... Jon Hendershot, 2013
3. 7-3 (2.21).....Paul Souza, 1983
4. 7-2.50 (2.20).....Ryan Fritz, 2007
5. 7-2.25 (2.19)..... Sean Reilly, 2013
6. 7-1.75 (2.18).....David Kriz, 1995
7. 7-0.50 (2.15).....Ryan Olkowski, 1999
8. 7-0.25 (2.14)..... Nick Plack, 2000
- 7-0.25 (2.14).....Rob Cardina, 2014
10. 7-0 (2.13)..... Aaron Gawne, 1993

* Coney's 7-3.50 was measured in English (the closet metric equivalent is 2.22)

Pole Vault

1. 17-5 1/2 (5.32).....John Vellenoweth, 2009
2. 17-5 (5.31).....Mason Ternay, 1991
3. 17-0 (5.18)..... Dave Bollinger, 2004
4. 16-10 (5.13).....Rick Kleban, 1985
5. 16-8.75 (5.10)..... Dylan Bilka, 2014
6. 16-7.25 (5.06)..... Ron Campbell, 1985
- 16-7.25 (5.06)..... Bradford Lawrence, 2009
8. 16-6.75 (5.05)..... Kevin Dare, 2001
- 16-6.75 (5.05)..... Nick Fegley, 2003
10. 16-6 (5.03)..... Ken Stoffer, 1983

Long Jump

1. 25-11 (7.90).....David Coney, 1985
2. 25-9 (7.86)..... Rob Boulware, 1986
- 25-9 (7.86)..... Steve Pina, 1996
4. 25-8.75 (7.84).....George Audu, 1999
- 25-8.75 (7.84)..... John Gorham, 1999
6. 25-6 (7.77).....Antonio Davis, 1993
7. 25-2.75 (7.69)..... Ryan Olkowski, 2000
8. 25-0.75 (7.64).....Chavous Nichols, 2004
- 25-0 (7.62) w +3.7Doug Moppert, 2011
9. 24-10.50 (7.58).....Al Bates, 1928
10. 24-9 (7.54)..... Michael Timpson, 1986

Triple Jump

1. 54-6 (16.61).....Antonio Davis, 1993
2. 54-3.75 (16.55)..... Chavous Nichols, 2004
- ~ **54-4.25 (16.26)wSteve Waithe, 2015**
3. 53-1.50 (16.19)..... Clarence Smith, 2009
4. 52-11.50 (16.14)..... Steve Waithe, 2014
5. 52-8.25 (16.06)..... Ricardo Hall, 1990
6. 51-8.50 (15.76)..... Hanif Johnson, 2011
7. 51-6.50 (15.71).....Brian Leap, 2014
8. 51-1 (15.57)..... Warren Rockwell, 1966
9. 50-7 (15.42).....Steve Pina, 1995
10. 50-6 (15.39)..... Jay Pagana, 2007



MEN'S TOP 10 OUTDOOR PERFORMANCES

Shot Put

1.	69-2 (21.08).....	Joe Kovacs, 2012
2.	68-5.25 (20.86)	Darrell Hill, 2015
3.	65-5 (19.94).....	C.J. Hunter, 1990
4.	64-2.50 (19.57).....	Blake Eaton, 2010
5.	64-0.25 (19.51)	Knut Hjeltnes, 1975
6.	61-11.75 (18.89).....	Logan Caldwell, 2012
7.	61-3.25 (18.68).....	Greg Reyner, 1986
8.	61-1.25 (18.62).....	Phil Caraher, 1990
9.	59-7 (18.16)	Dane Miller, 2004
10.	57-1.50 (17.64).....	Mike Valenti, 1983

Discus

1	207-5 (63.22)	Brian Milne, 1992
2	201-10 (61.52)	Knut Hjeltnes, 1975
3	186-9 (56.90)	Gary Williky, 1979
4	186-3 (56.78).....	Blake Eaton, 2011
5	184-0 (56.08).....	Joe Kovacs, 2011
6	183-6 (55.93).....	Will Barr , 2012
7	177-11 (54.23)	Dan Diaz, 2003
8	176-10 (53.90)	Steve Meyers, 2006
9	175-3 (53.41).....	Adam Thielemann, 2009
10	175-1 (53.36)	Sean Farrell, 1980

Hammer

1.	218-6 (66.60).....	Alvin Jackson, 1976
2.	207-10 (63.35).....	Will Barr, 2013
3.	203-0 (61.88).....	Neal McNutt, 1998
4.	201-9 (61.50).....	Joe Kovacs, 2011
5.	198-5 (60.49).....	Tyler Hoffman, 2008
6.	198-5 (60.48)	Kory Decesaris, 2015
7.	197-0 (60.04).....	Todd Shenk, 1984
8.	194-7 (59.30).....	Cory Eck, 2010
9.	193-9 (59.07).....	Jon Hart, 2005
10.	190-0 (57.92).....	Aaron Ross, 2005

Javelin

1.	249-5 (76.02).....	Michael Shuey, 2014
2.	239-9 (73.09).....	Allen Pettner, 2007
3.	237-1 (72.26).....	Troy Burkholder, 1997
4	233-8 (71.22).....	Carl Wolter, 1996
5.	233-4 (71.13).....	Tanner Evak, 2009
6.	231-3 (70.48).....	Brian Stumpf, 2003
7.	230-3 (70.19).....	Matt Moyer, 2004
8.	229-2 (69.84)	Ryan Kerr, 2015
9.	227-8 (69.40).....	Rob Austin, 1995
10.	225-7 (68.76).....	Dave Matson, 1999

Decathlon

1.	7685	Rick Kleban,, 1985
2.	7666	Rob Cardina, 2014
3.	7600	James Cook, 1996
4.	7588	Dave Masgay, 1987
5.	7472	Barry Walsh , 1989
6.	7424	J.T. Kuretich, 2003
7.	7415	Brian Kelley, 1991
8.	7361	Shawn Colligan, 2008
9.	7119	Anya Uzoh, 2012
10.	7097	Chris Morrissey, 2008



ASHENFELTER III INDOOR TRACK

ASHENFELTER III INDOOR TRACK || FACILITY RECORDS

EVENT	PERFORMANCE	YEAR	ATHLETE - SCHOOL
Men 60 Meters	6.58	2011	Reggie Dixon - Hampton
Women 60 Meters	7.17	2012	Barbara Pierre - Unattached
Men 200 Meters	20.72	2006	LaShawn Merritt - Unattached
Women 200 Meters	22.98	2010	Shavon Greaves - Penn State
Men 400 Meters	45.46	2001	Andrew Pierce - Ohio State
Women 400 Meters	52.31	2007	Shana Cox - Penn State
Men 500 Meters	1:01.28	2011	Casimir Loxsom - Penn State
Women 500 Meters	1:08.70*	2010	Shana Cox - Adidas
	1:09.16 C, AJ	2007	Francena McCorory - Hampton
Men 600 Meters	1:15.79 AmC	2013	Casimir Loxsom - Penn State
	1:16.92 AJ	2010	Casimir Loxsom - Penn State
Women 600 Meters	1:27.22	2010	Molly Beckwith - Indiana
Men 800 Meters	1:46.98	2013	Casimir Loxsom - Penn State
Women 800 Meters	2:03.25	2014	Justine Fedronic - Stanford
Men 1000 Meters	2:19.53 C, AJ	2012	Robby Creese - Penn State
Women 1000 Meters	2:42.31	2010	Nicole Edwards - Unattached
Men Mile	3:56.51	2012	Jeff See - Saucony
Women Mile	4:30.41	2013	Sheila Reid - Nike
Men 3000 Meters	7:57.75	2014	Patrick Tiernan - Villanova
Women 3000 Meters	9:01.91	2011	Jackie Areson - Tennessee
Men 5000 Meters	13:58.16	2009	Hassan Mead - Minnesota
Women 5000 Meters	15:48.10	2005	Maureen McCandless - Pittsburgh
Men 60 Meter Hurdles	7.49	2012	Jarret Eaton - Syracuse
Women 60 Meter Hurdles	7.92	2002	Danielle Carruthers - Indiana
Men 2000 Meter Steeplechase	5:47.33	2013	Michael Kiley - Penn
Women 2000 Meter Steeplechase	6:29.38	2013	Natalie Bower - Penn State
Men 4x200 Meter Relay	1:24.70 CR	2013	Penn State - E Mpanduki, M Gilmore, Br. Bennett-Green, A Nadolsky
Women 4x200 Meter Relay	1:35.65	2014	Penn State - M Osborne, K Seymour, D McGee, M Jones
Men 4x400 Meter Relay	3:06.98	2014	Pittsburgh - M Murray, C Nkanata, D Palmer, B Spratling
Women 4x400 Meter Relay	3:34.22	2014	Penn State - D McGee, K Seymour, T Rhodes, M Jones
Men 4x800 Meter Relay	7:22.10	2015	Penn State - J Makins, R Brennan, B Kidder, R Creese
Women 4x800 Meter Relay	8:34.82	2009	Tennessee - L Loche, N Cook, P Hall, C Champion
Men Sprint Medley	3:23.74	2005	Penn State - E Terrell, J Campisi, C Lolagne, M Lincoln
Women Sprint Medley	3:52.25 C	2007	Penn State - L Burns, L Bettis, A Barber, B Simmons
Men Distance Medley	9:26.59	2014	Penn State - B Kidder, B Bennett-Green, Z Watkins, R Creese
Women Distance Medley	10:54.04	2014	Stanford - A Weissenbach, K Williams, C Saunders, J Fedronic
Men High Jump	7-5 (2.26)	2008	Joe Kindred - St. Augustine's
Women High Jump	6-2.75 (1.90)	2013	Tynita Butts - East Carolina
Men Pole Vault	18-3.25 (5.57)	2014	Shawn Barber - Akron
Women Pole Vault	14-3.25 (4.35)	2010	Alicia Rue - Minnesota
Men Long Jump	26-1.50 (7.96)	2011	Justin Hunter - Tennessee
Women Long Jump	21-6.75 (6.57)	2006	Tianna Madison - Nike
Men Triple Jump	55-9 (16.99)	2006	Leevan Sands - Bahamas
Women Triple Jump	45-2.50 (13.45)	2004	Colleen Scott - Unattached
Men Shot Put	70-10 (21.59)	2013	Ryan Whiting - Nike
Women Shot Put	60-7.75 (18.48)	2006	Cleopatra Borel-Brown - Unattached
Men Weight Throw 35 lb	74-4.25 (22.66)	2004	Dan Taylor - Ohio State
Women Weight Throw 20 lb	73-0.50 (22.26)	2007	Jennifer Leatherman - Unattached
Men Heptathlon	5827	2005	Ryan Olkowski - Unattached
Women Pentathlon	4731	2010	Hyleas Fountain - Nike
	4059 AJ	2005	Gayle Hunter - Penn State

* - American Indoor Record; C - Collegiate Record; AmC - American Collegiate Record; AJ - American Junior Record



NITTANY LION TRACK || FACILITY RECORDS

Men's Records

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE - SCHOOL</u>
100 Meters	10.19	2007	Demi Omole, Wisconsin
200 Meters	20.23	1986	Michael Timpson, Penn State
400 Meters	45.48	1983	James Rolle, Central Florida YMCA
800 Meters	1:46.29	1985	Randy Moore, Penn State
1500 Meters	3:42.5	1980	Larry Mangan, Penn State
		1980	Susthenes Bitock, Richmond
Mile	3:58.4	1980	Larry Mangan, Penn State
3000-Meter Steeplechase	8:33.45 (FAT)	1980	Hillary Tuwei, Richmond
5000 Meters	14:00.73	1980	Hillary Tuwei, Richmond
10,000 Meters	28:45.8	1973	Charlie Maguire, Penn State
110-Meter High Hurdles	13.62	1985	Albert Lane, Karamu Flyers Track Club
400-Meter Hurdles	50.29	2007	Adrian Walker, Illinois
4x100-Meter Relay	40.05	1996	Iowa (George Page, Andre Morris, Chris Davis, Ed Rozell)
4x110-Meter Shuttle Hurdles	59.2	1976	Penn State (Dennis Rock, Peter Kiproff, Bill Austin, Mike Shine)
4x200-Meter Relay	1:25.2	1974	Essex CC(Cecil Mitchell, Kevin Joseph, Herman Marchen, Fred Brown)
4x400-Meter Relay	3:07.25	1982	Seton Hall (Henry Mair, Linval Francis, Brian Denman, Derrick Peynaldo)
4x800-Meter Relay	7:21.4	1974	Cornell (Tom Patterson, Bob Anastasio, Paul Roach, Dave Keehn)
4x1600-Meter Relay	16:44.7	1973	Villanova (Eammon Coughlin, Brian McElroy, Tom Gregan, John Hartnett)
Distance Medley Relay	9:44.7	1973	Villanova (Warren Clark, Jim Rheim, Ken Schappert, John Hartnett)
Sprint Medley Relay	3:18.5	1974	Essex CC (Kevin Joseph, Fred Brown, Herman Marchen, Horace Tuitt)
High Jump	7-4 (2.24)	1983	Bill Therfelder, Keystone State Games
Pole Vault	18-2 1/2 (5.55)	2002	Jeremy Smith, Allegheny
Long Jump	25-11 1/2 (7.91)	1984	Danny Little, James Madison
Triple Jump	54-4 3/4 (16.58)	1984	David McFadgen, Newburg Track Club
Shot Put	69-1.25 (21.06)	2011	Ryan Whiting, Nike
Discus	207-5 (63.22)	1992	Brian Milne, Penn State
Hammer	268-8 (81.88)	1988	Jud Logan, Athletics West (American Record)
Javelin (New)	252-7 (76.98)	1997	Nigel Beven, Belgrave Harrier
Javelin (Old)	254-4 (77.52)	1984	Bob DUBYOSKI, Unattached
Decathlon	8,316 points (Hand)	1985	Dave Steen, University of Toronto TC

Women's Records

<u>EVENT</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	<u>ATHLETE, SCHOOL</u>
100 Meters	11.19	1996	Kerry Ann Richards, Illinois
200 Meters	23.13	1996	Aspen Burkett, Illinois
400 Meters	51.89	1996	Chandra Burns, Michigan State
800 Meters	2:03.45	1983	Patty Bradley, Villanova
1500 Meters	4:15.93	2007	Anna Willard, Michigan
3000 Meters	9:21.67	1981	Judy St. Hilaire, Vermont State
5000 Meters	16:11.14	1981	Kathy Mills, Penn State
10,000 Meters	34:03.5 (HT)	1981	Aileen O'Connor, Virginia
3000-Meter Steeplechase	9:54.70	2010	Bridget Franek, Penn State
100-Meter Hurdles	12.90	1996	Tonya Williams, Illinois
400-Meter Hurdles	56.86	1996	Tonya Williams, Illinois
4 x100-Meter Relay	43.89	1996	Illinois (Benita Kelley, Kerry Ann Richards, Tonya Williams, Aspen Burkett)
800-Meter Relay	1:43.78	1981	Morgan State (Rhonda Yancy, Janet Dodson, Nellie Bullock, Roberta Belle)
4x400-Meter Relay	3:34.93	2007	Penn State (Briene Simmons, Gayle Hunter, Dominique Blake, Shana Cox)
4x800-Meter Relay	8:48.27	1981	Penn State (Doreen Startare, Patty Murnane, Terry Pioli, Marry Rawe)
High Jump	6-2 1/4 (1.88)	1983	Lisa Bernhagen, Idaho Track Club
Pole Vault	13-5 1/2 (4.13)	2007	Vera Neuenswander
Long Jump	21-2 1/2 (6.46)	1996	Shandelier Boyd-Pieasant, Ohio State
Triple Jump	43-4 1/2 (13.22)	1996	Dawn Reilly, Illinois
Shot Put	55-0 1/4 (16.77)	1984	Elaine Sobansky, Penn State
Discus	178-10 (54.51)	2001	Deshaya Williams, Penn State
Hammer	219-1 (66.78)	2005	Jennifer Leatherman, Penn State
Javelin	178-4 (54.71)	2009	Kim Hanslovan, Penn State
Heptathlon	5,722 points	2007	Bettie Wade, Michigan