

# 2007-08 PROVIDENCE COLLEGE MEN'S INDOOR TRACK RESULTS

## Dec. 1 @ Brown University Alden Invitational

55 meter dash	6th prelim	Teto Moulton	6.83	
55 meter dash	6th	Teto Moulton	6.84	
200 meter dash	8th	Teto Moulton	24.19	
	11th	Isaiah Davis	24.80	
400 meters	2nd	James Lourenco	50.86	
	4th	Brian Stannard	52.26	
	7th	Alan Pandiani	54.02	
	8th	Colin MacDonagh	54.44	
	9th	Lewin Richards	55.04	
500 meters	1st	Charles Dewey	1:04.83	BIG EAST/IC4A
1 mile	1st	Doug Coffed	4:25.86	
	2nd	Stephen Hankinson	4:26.97	
1,000 meters	1st	Chris McDermott	2:31.30	
	2nd	Nick Berluti	2:33.36	
3,000 meters	1st	Nick Barao	8:54.67	
	2nd	Ben Saviet	9:10.74	
55 meter hurdles	2nd	Phillip Connaughton	8.48	
Long Jump	4th	Chris Gubata	6.34	
Triple Jump	4th	Chris Gubata	13.04	
4x400 relay	2nd	Dewey, Stannard Berluti, Pandiani McDermott, Richards Blanchard, MacDonagh	3:27.33 3:38.16	

## Dec. 7 @ Fordham Invitational

Long Jump	2nd	Chris Gubata	6.37	
	4th	Philip Connaughton	6.06	
	6th	Stephen Justus	5.74	
Triple Jump	3rd	Chris Gubata	13.11	
1 mile	4th	Nick Barao	4:33.1	
	5th	Ben Saviet	4:34.0	
400 meters	1st	Charlie Dewey	49.3	BIG EAST/NE
	5th	Alan Pandiani	53.6	
	11th	Lewin Richards	55.3	
	12th	Chris Gubata	55.5	
500 meters	3rd	Brian Stannard	1:09.4	
	8th	Colin MacDonagh	1:11.5	
800 meters	1st	Nick Berluti	1:59.8	
	5th	Mike Blanchard	2:00.8	
	6th	Stephen Hankinson	2:01.0	
200 meter dash	1st	Lewin Richards	23.8	
	2nd	Brian Stannard	23.9	
	3rd	Teto Moulton	24.3	
		Isaiah Davis	24.3	
	7th	Alan Pandiani	24.9	
		Colin MacDonagh	24.9	

## Dec. 8 @ Harvard Open

500 meters	1st	Charlie Dewey	1:03.92	BIG EAST/NE/IC4A
1 mile	1st	Chris McDermott	4:18.13	BIG EAST/NE
	7th	Michael Blanchard	4:27.43	
800 meters	1st	James Lourenco	1:54.78	BIG EAST/NE
	5th	Nick Berluti	1:56.97	
3,000 meters	8th	Doug Coffed	9:07.76	

## Jan. 19 @ URI Invitational • 6th of 9 (55 points)

55 meter dash	22nd	Isiah Davis	6.93	
	32nd	Stephen Justus	7.34	
200 meter dash	13th	Teto Moulton	23.75	
	17th	Isiah Davis	24.02	
	30th	Lewin Richards	25.42	
400 meters	5th	James Lourenco	50.03	NE
	12th	Alan Pandiani	53.12	
	19th	Lewin Richardes	55.73	
1 mile	1st	Richie Yeates	4:17.40	BIG EAST/NE
	8th	Mike Anderson	4:25.52	
	11th	Steve Hankinson	4:28.06	
	13th	Nick Barao	4:29.34	
500 meters	16th	Brian Stannard	1:09.70	
	19th	Colin MacDonagh	1:11.80	
800 meters	1st	Hayden McLaren	1:52.22	BIG EAST/NE/IC4A
		Nick Berlutti	1:56.43	NE
1,000 meters	11th	Chris McDermott	2:32.65	
	22nd	Mike Blanchard	2:40.06	
3,000 meters	1st	Ahmed Haji	8:39.63	
	6th	Ben Saviet	9:04.52	
55 meter hurdles	17th	Phillip Connaughton	8.52	
High Jump	12th	Stephen Justus	1.79m	
Long Jump	13th	Chris Gubata	6.33m	
	19th	Stephen Justus	5.84m	
	20th	Philip Connaughton	5.83m	

Triple Jump	13th	Christ Gubata	12.97m	
4x400 relay	8th	Stannard, Pandiani, MacDonagh, Blanchard	3:33.57	
4x800 relay	1st	McDermott, Berluti, Lourenco, McLaren	7:47.58	NE/IC4A

## Jan. 25-26 @ Terrier Classic

Long Jump	11th	Chris Gubata	6.20m (20-04 1/2)	
	19th	Phillip Connaughton	5.63m (18-05 3/4)	
	23rd	Stephen Justus	5.26m (17-03 1/4)	
Triple Jump	6th	Chris Gubata	13.34m (43-09 1/4)	
55 meter dash	52nd	Isaiah Davis	7.01	
55 meter high hurdles	23rd	Phillip Connaughton	8.55	
200 meter dash	31st	Lewin Richards	22.77	
400 meters	17th	Charlie Dewey	49.45	
	32nd	Brian Stannard	50.15	
	60th	Alan Pandiani	51.50	
	86th	Colin MacDonagh	53.99	
1 mile	1st	Hayden McLaren	3:59.50	NCAA/IC4A/BE/NE
	19th	Chris McDermott	4:14.04	BE/IC4A/NE
	35th	Stephen Hankinson	4:19.44	BE
800 meters	5th	James Lourenco	1:52.29	BE/IC4A/NE
	25th	Michael Blanchard	1:58.04	
1,000 meters	8th	Nick Berlutti	2:28.44	BE/IC4A/NE
3,000 meters	13th	Richard Yeates	8:19.70	BE/IC4A/NE
	21st	Tom Webb	8:27.17	BE/IC4A/NE
	27th	Michael Anderson	8:32.00	NE
	57th	Nick Barao	8:53.90	
	61st	Ben Saviet	8:55.82	
	65th	Doug Coffed	8:58.39	

## Jan. 26 @ Boston Indoor Games

1 mile	9th	Max Smith	4:03.35	
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## Feb. 1-2 @ Giegengack Invitational

Long Jump	18th	Phillip Connaughton	6.27m	
	22nd	Chris Gubata	6.08m	
	23rd	Stephen Justus	6.07m	
High Jump	7th	Phillip Connaughton	1.84m	
	9th	Stephen Justus	1.74m	
Triple Jump	7th	Chris Gubata	13.27m	
60 meter dash	24th	Isaiah Davis	7.45	
200 meter dash	15th	Lewin Richards	23.15	
	37th	Isaiah Davis	24.24	
400 meters	4th	Charlie Dewey	49.15	BE/NE/IC4A
	5th	James Lourenco	49.86	
	30th	Colin MacDonagh	54.76	
500 meters	9th	Brian Stannard	1:08.09	
	11th	Alan Pandiani	1:08.30	
800 meters	5th	Chris McDermott	1:53.94	BE/NE/IC4A
	7th	Nick Berlutti	1:54.34	BE/NE/IC4A
1,000 meters	15th	Stephen Hankinson	2:31.28	
	20th	Michael Blanchard	2:34.80	
1 miles	15th	Doug Coffed	4:21.92	
	17th	Michael Anderson	4:24.93	
	20th	Ben Saviet	4:26.86	
	22nd	Nick Barao	4:28.70	
3,000 meters	11th	Ahmed Haji	8:25.08	BE/NE/IC4A
4x400 relay		Stannard, Lourenco Dewey, McDermott	3:20.73	BE/NE

## Feb. 8-9 @ Valentine Invitational

Long Jump	31st	Chris Gubata	6.13m(20-01.50)	
	51st	Stephen Justus	5.54m(18-02.25)	
Triple Jump		Chris Gubata	Foul	
55 meter high hurdles	50th	Phillip Connaughton	8.42	
200 meter dash	59th	Lewin Richards	22.67	BE/NE
	84th	Isaiah Davis	23.00	
	136th	Teto Moulton	23.63	
500 meters	2nd	James Lourenco	1:03.43	BE/NE/IC4A
400 meters	38th	Brian Stannard	49.80	BE/NE
	82nd	Alan Pandiani	51.15	
	133rd	Colin MacDonagh	53.31	
1,000 meters	1st	Hayden McLaren	2:21.50	BE/NE/IC4A
	3rd	Chris McDermott	2:25.77	BE/NE/IC4A
800m	16th	Nick Berlutti	1:53.86	BE/NE/IC4A
	114th	Michael Blanchard	2:00.87	
1 mile	61st	Doug Coffed	4:20.78	
3,000 meters	1st	Max Smith	7:57.19	NCAA/IC4A/BE/NE
	6th	Ahmed Haji	8:12.35	BE/NE/IC4A
	9th	Richard Yeates	8:14.07	BE/NE/IC4A
	16th	Tom Webb	8:21.88	BE/NE/IC4A

	20th	Michael Anderson	8:26.56	BE/NE/IC4A
	44th	Nick Barato	8:41.29	
	61st	Ben Saviet	8:48.62	
4x400 relay	18th	Stannard, Lourenco, Davis, Pandiani	3:21.05	BE/NE

Feb. 23 @ BIG EAST Championships (Day 1)

400 meters	4th prelims	Brian Stannard	51.58	
200 meter dash	4th prelim	Lewin Richards	22.61	BE/NE
1,000 meters	2nd prelim	Hayden McLaren	2:25.18	BE/NE/IC4A
800 meters	4th prelim	James Lourenco	1:54.60	BE/NE
5,000 meters	11th	Ahmed Haji	14:32.54	NE/IC4A
	16th	Richard Yeates	15:06.23	
Distance Medley	4th	McDermott, Dewey Berluti, Smith	9:50.02	

Feb. 24 @ BIG EAST Championships • 12th of 12 (10 points)

1 mile	11th	Stephen Hankinson	4:16.61	BE/NE
1,000 meters	9th	Hayden McLaren	2:28.44	BE/NE/IC4A
3,000 meters	12th	Tom Webb	8:20.88	BE/NE/IC4A
	14th	Michael Anderson	8:26.34	BE/NE/IC4A
4x800 relay	4th	Berluti, Lourenco McDermott, Dewey Davis, Pandiani	7:28.60	

Feb. 29 @ New England Championships (Day 1)

400 meters	4th prelim	Brian Stannard	50.50	
500 meters	DQ	Charles Dewey	1:04.25	
800 meters	1st prelim	James Lourenco	1:53.94	
	5th prelim	Nick Berluti	1:56.24	
1,000 meters	1st prelim	Chris McDermott	2:29.54	
Distance Medley	7th	Anderson, Pandiani Hankinson, Haji	10:07.81	IC4A

March 1 @ New England Championships • 5th of 31 (46 points)

800 meters	3rd	James Lourenco	1:50.88	IC4A
1,000 meters	2nd	Chris McDermott	2:55.16	IC4A
3,000 meters	1st	Ahmed Haji	8:17.19	IC4A
	2nd	Tom Webb	8:22.91	
	8th	Mike Anderson	8:33.64	
	12th	Nick Barao	8:47.00	
4x800 relay	1st	Berluti, McDermott Dewey, Lourenco	7:38.06	IC4A

March 8 @ IC4A Championships (Day 1)

3,000 meters	35th	Michael Anderson	8:31.98	
Distance Medley	1st prelim	McDermott, Dewey Lourenco, McLaren	9:42.61	

March 9 @ IC4A Championships • 15th of 46 (16 points)

5,000 meters	1st	Ahmed Haji	14:02.84	NCAA
Distance Medley	3rd	Berluti, Dewey Lourenco, McDermott	9:50.82	

March 15 @ NCAA Championships

1 mile	12th	Hayden McLaren	4:08.27	
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