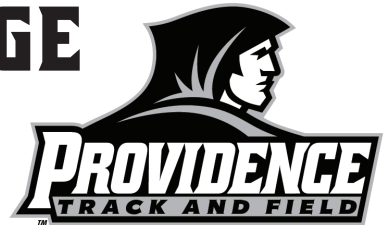




# PROVIDENCE COLLEGE

## Friar Invitational

### Saturday, April 12



Head Coach: Ray Treacy ..... Email: [rtreacy@providence.edu](mailto:rtreacy@providence.edu)

Assistant Coach: Kevin Myles ..... Email: [kmyles@providence.edu](mailto:kmyles@providence.edu)

## Invitational Schedule of Events

### JUMPS - 11:00 a.m. (Four jumps per athlete, no finals)

**11:00 a.m.**

Men's Long Jump, Women to follow

Followed by Men's Triple Jump, Women to follow

**11:00 a.m.**

Women's High Jump, Men to follow

### RUNNING - 11:00 a.m. (Women first in all events)

11:00am	W 3000m	
11:20am	M 3000m	
11:35am	W 4 x 100m	
11:40am	M 4 x 100m	
11:45am	W 800m	
11:50am	M 800m	
12:00pm	W 100m	
12:05pm	M 100m	
12:15pm	W 400m	(2 heats – 6 and 5)
12:30pm	M 400m	(2 heats – 6 and 5)
12:45pm	W 1500m	
12:55pm	M 1500m	
1:05pm	W 200m	(3 heats)
1:15pm	M 200m	(2 heats)
1:25pm	W 4 x 400m	
1:35pm	M 4 x 400m	
1:45pm	W 4 x 800m	
2:00pm	M 4 x 800m	