

ProvidenceSwimCamps'09

at Providence College, Providence, Rhode Island

Two Sessions Session 1, Mon-Fri, June 22-26 Session 2 Mon.-Fri, June 29-July 3

Traditional Instructional Camp. Providence Coach John O'Neill again leads the longest running Swim Camp program in Rhode Island history. Campers (Ages 8 & older) will receive extensive stroke, start and turn work in a fun and motivating environment. In addition to pool workouts, dryland and classroom sessions are held. *Swimmers must have previous competitive swim experience (at least one season on a swim team).* Camp Director: John O'Neill, Head Coach, Providence College and the Head Coach of the Little Rhody Aquatic Club. Coach O'Neill brings over 25 years of college, age group and club coaching experience to his camps. Coach O'Neill has been recognized as Patriot League, Big East, New England, and National Catholic Coach of the Year. O'Neill has directed camps and clinics for over two decades, including those featuring Olympic Gold Medalist's Rowdy Gaines, Mike Barrowman and Head Olympic Swim Coach Don Gambril.

Campers will have the opportunity to train and use the facilities at Providence College in Providence, RI. Campers should arrive between 8:00-8:30 AM and will be available for pick-up at 3:15-3:30 PM. *(The last day of camp, Pick-up is at 11:15 AM).* Cost – \$199.00. Deposit: \$100.00 due with Registration. A 10% discount is available for all those who register and pay in full by March 25th. Campers should bring a lunch each day, or money to purchase one in the Dining Hall at Providence. All campers will be provided a Camp Swim Cap and Camp T-shirt. **Medical** – Parents and/or Guardians must make sure each camper has passed a physical examination within one year of attending our camp. Each camper is covered by a group accident policy, which *supplements a claim beyond personal insurance only.* You will receive all medical and waiver forms and they must be returned no later than June 1st.

Registration Slip – Please Print

Circle Session Session 1, June 22-26 Session 2 June 29-July 3

Camper's Name _____ Age _____

Address _____

Parents Names _____

Home Phone _____ Cell Phone _____

Swim Team _____

Please make checks payable to: LRAC and return to Swim Office, Athletic Department,
Providence College, Providence, RI 02918 Questions?? Please email us at
joneill7@providence.edu or call the swim office at 401.865.2268.