

Student-Athlete Advisory Committee



2008-2009 Manual

Executive Board

President

Justin Rich '09

Men's Swimming & Diving

Vice-President

Ali Kornfeld '09

Field Hockey

Secretary

Mary Rose Sheehy '09

Softball

Members

Luke Burchett - Men's Basketball
Ray Hall - Men's Basketball
Ali Kornfeld - Women's Field Hockey
Jaime Lipski - Women's Field Hockey
Sara Casey - Women's Field Hockey
Catherine Bove - Women's Basketball
Ashley Etheridge - Women's Basketball
John Cavanagh - Men's Ice Hockey
Kyle Laughlin - Men's Ice Hockey
Pam McDewitt - Women's Ice Hockey
Brittany Simpson - Women's Ice Hockey
Daniel Ryan - Men's Lacrosse
Tim Barry - Men's Lacrosse
A.J. Brown - Men's Soccer
Sean Bakhari - Men's Soccer
Caitlin Hostetter - Women's Soccer
Jenny Wunder - Women's Soccer
Mary Rose Sheehy - Women's Softball
Teresa Bertels - Women's Softball
Jenna Garcia - Women's Softball
Justin Rich - Men's Swimming/Diving
Owen Hughes - Men's Swimming/Diving
Christopher Ray - Men's Swimming/Diving
Patricia Osmolak - Women's Swimming/Diving
Christine Bonagura - Women's Swimming/Diving
Meghan Gilroy - Women's Tennis
Katie Sue Scullin - Women's Tennis
Abby Majewski - Women's Volleyball
Aida Cadres - Women's Volleyball
Katie DiCamillo - Women's CC/Track
Katie Elliot - Women's CC/Track
Richard Yeates - Men's CC/Track
Stephen Hankinson - Men's CC/Track
Carla Cook - Cheerleading
Talya Maynard - Cheerleading

Meeting Schedule

Membership Meetings:

Fall Dates:

Monday, September 15 @ 6 pm - Concannon Meeting Room
Monday, September 29 @ 6pm - Concannon Meeting Room
Monday, October 13 @ 6pm - Concannon Meeting Room
Monday, October 27 @ 6pm - Concannon Meeting Room
Monday, November 10 @ 6pm - Concannon Meeting Room
Monday, November 24 6pm - Concannon Meeting Room

Executive Board Meetings with Director of Athletics:

Fall '08:

Thursday, October 9th @ 9 am
Thursday, November 13th @ 9 am
Thursday, December 11th @ 9 am

Mission of the Providence College SAAC:

- ❖ Promote communication between athletics administration and student-athletes.
- ❖ Organize community service efforts.
- ❖ Provide feedback and insight into athletics department issues.
- ❖ Build a sense of community within the athletics program involving all athletics teams.
- ❖ Disseminate information.
- ❖ Promote a positive student-athlete image on campus.

“We rise by lifting others”

- Robert Green Ingersoll



Community Service

The Friar Community Service program represents a commitment by Friar student athletes, coaches and staff to respond with both time and effort for the good of others. The SAAC Executive Board, in conjunction with the membership creates initiatives at the beginning of each academic year.

A few of the many ways Friar Student-Athletes have served others has included reading to local elementary school children, collecting food and hygiene items for local shelters, visiting hospitalized children, and interacting with kids in after-school programs.

2008-09 Initiatives

Amos House Donation Project

“Baby Shower” to benefit St. Mary’s Home

National Reading Week

Food Drive with URI

Campus Clean-up Project

Educational Series

August & September (2 visits)

Speaker: Tim Weirman

Topic: Nutrition for Peak Performance

September

*Program: “The Ultimate Road Trip”
Seminar for first-year Student-Athletes*

October

*Speaker : Improbable Players
Acting group on important topics*

January

*Speaker: PC Career Services
Topic: Resume writing for the Collegiate Athlete*

February

*Speaker: TBD
Topic: TBD*

Sample Discussion Topics for 2008-09 Meetings

- Social Networking Site Issues
- 08-09 NCAA Proposed Legislation
- Understanding the new campus living policies
- Status of Athletic Department Facility Projects
 - Ethical Issues in Athletics
 - Building TEAM
- Nutrition for Peak Performance

Duties of Members

- ❖ Attend all S.A.A.C meetings
- ❖ Report / discuss agenda items with team
- ❖ Get involved!

Helpful Contacts

**Director Of Athletics
Robert G. Driscoll, Jr.
X2265**

**Assistant AD / Compliance / SA Services
Jessica Hegmann
X2518**

**CHAMPS/Lifeskills Coordinator
Meghan Kiley
X2679**

**Graduate Assistant for Athletic Department
Student-Services
Jessica McCarthy
X2798**

Our doors are always open!

The Friar Cup

Our Athlete Statement transformed into our “opportunity statement”:

The ability to measure our athletic department’s vision:

- ❖ **To become one of the most highly respected programs in the nation**
- ❖ **100% graduation rate**
- ❖ **Compete for championships in every sport**

We define the criteria that we are going to use to measure as including these characteristics:

- ❖ **Academics**
- ❖ **Team Performance**
- ❖ **Community Service/Life Skills**

The team with the most points will win the Friar Team Cup as well as \$1,000 prize!



How to earn points for the Friar Cup

Academics:

- A. Annual Graduation Rate (up to 1,000 points)
- B. Semester Team G.P.A. (up to 1,000 points)

2. Team Performance

- A. Season Record (up to 1,000 points)
- B. Tournament Qualifications (up to 1,000 points)

3. Community Service

On Campus:

- A. SAAC Meetings: 100 for each of your representatives present
- B. Attending other team’s games: 250 points per game

Off Campus:

- A. Team Community Service Project: 200 points each
- B. SAAC Sponsored Community Service Projects: 200 points each
 - ❖ Baby Shower
 - ❖ Reading Week
 - ❖ Amos House
 - ❖ Scholarly Friar
 - ❖ Food Drive with URI

- C. If your coach attends any of the mandatory speakers, the team will receive 50 points each.