



**2008 - 2009
PROVIDENCE COLLEGE WEEKLY ATHLETIC UPDATE
REPORT #25 - Monday, March 2, 2009**

ATHLETES OF THE WEEK

Weyinmi Efejuku (Sr., Fresh Meadows, N.Y.)... Efejuku averaged 22.0 points per game and his 88.9 percent (24-27) shooting from the free-throw stripe was instrumental in the Friars' 2-0 week in BIG EAST play. The 6-5 guard led Providence with 16 points and made 9-of-10 free throws in the team's 81-73 victory over No. 1/1 Pittsburgh on Tuesday. Efejuku posted a game-high 28 points in the Friars' 73-66 victory at Rutgers on Sunday, including a career-high 15 free throws made on 17 attempts. He leads the Friars with 14.9 points per game this season, including 15.7 ppg in BIG EAST play, and is averaging 23.0 ppg over his last five games.

Hannah Davidson (Fr., Saratoga Springs, N.Y.)... Davidson won the mile in a time of 4:54.20 at the New England Championships on Saturday, February 28 in Boston, Mass.

Charles Dewey (Sr., Worcester, Mass.)... Dewey placed second in the 800 meters in a personal-best time of 1:49.64 at the New England Championships on Saturday, February 28 in Boston, Mass. Dewey's finish was a NCAA-provisional time.

LAST WEEK'S RESULTS

Tuesday, February 24

Men's Basketball vs. #1 Pittsburgh **W, 81-73**

Wednesday, February 25

Women's Basketball vs. Marquette **W, 51-49**

Friday, February 27

Women's Indoor Track at New England Championships (Boston, Mass.) Individual Results
Men's Indoor Track at New England Championships (Boston, Mass.) Individual Results
Men's Hockey at Boston College L, 5-1

Saturday, February 28

Women's Hockey vs. Connecticut (Hockey East Quarterfinals) **W, 3-0**
Lacrosse vs. Hobart **L, 8-6**
Women's Basketball vs. #23/22 Notre Dame **L, 65-56**
Men's Hockey vs. Boston College (Cox Sports) **L, 4-3 OT**
Women's Indoor Track at New England Championships (Boston, Mass.) Individual Results
Men's Indoor Track at New England Championships (Boston, Mass.) Individual Results

Sunday, March 1

Men's Basketball at Rutgers **W, 73-66**

UPCOMING EVENTS

Monday, March 2

Women's Basketball at Syracuse 7:00 p.m.
Lacrosse at Yale 7:00 p.m.

Thursday, March 5

Men's Basketball at No. 11/16 Villanova (ESPN2) 7:00 p.m.

Friday, March 6

Men's Hockey vs. Boston University **7:00 p.m.**
Softball vs. BYU (Fresno State Tournament - Fresno, Calif.) Noon
Women's Basketball at BIG EAST Championship (Hartford, Conn.) TBA

Saturday, March 7

Women's Track at ECAC Championships (Boston, Mass.) All Day
Men's Track at IC4A Championships (Boston, Mass.) All Day
Softball vs. California (Fresno State Tournament - Fresno, Calif.) 3:00 p.m.
Women's Hockey at New Hampshire (Hockey East Semifinals) Noon
Softball at Fresno State 10:00 p.m.
Women's Basketball at BIG EAST Championship (Hartford, Conn.) TBA

Sunday, March 8

Women's Track at ECAC Championships (Boston, Mass.) All Day
Men's Track at IC4A Championships (Boston, Mass.) All Day
Women's Hockey at Hockey East Championship (Durham, N.H.) 12:30 p.m.
Softball vs. Northern Illinois (Fresno State Tournament - Fresno, Calif.) 1:00 p.m.
Men's Hockey at Boston University 2:00 p.m.
Women's Basketball at BIG EAST Championship (Hartford, Conn.) TBA

For results, a list of upcoming events and ticket information, check out our web site at:

WWW.FRIARS.COM

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2008-09 ATHLETES OF THE WEEK

9/2 - Danette Doetzel, WCC; Hayden McLaren, MCC; Nick Cianci, MSOC; Tara Riccardi, WSOC
9/8 - Tim Ritter, MSOC; Jaime Lipski, FH; Courtney Collins, WSOC
9/15 - Michael Pereira, MSOC; Elizabeth Flynn, VB
9/22 - Jill Camburn, WSOC
9/29 - Nellie Poulin, FH
10/6 - Jill Camburn, WSOC; Danette Doetzel, WCC; David McCarthy, MCC; Jeanette Toney, VB
10/14 - Tim Murray, MSOC; Rachel Chamberlain, FH; Katy Beach, WIH
10/20 - Danette Doetzel, WCC; David McCarthy, MCC
10/27 - Nellie Poulin, FH, Matt Marcin, MSOC, Laura Veharanta, WIH
11/3 - Tim Ritter, MSOC; David McCarthy, MCC; Ashlyn Hudson, FH; Danette Doetzel, WCC
11/10 - Bryan Minogue, MSOC; Kelly Krahenbuhl, VB, Erin Normore, WIH
11/17 - Danette Doetzel, WCC; Chelsea Marandola, WBB; David McCarthy, MCC; Genevieve Lacasse, WIH
11/24 - Mi-Khida Hanks, WBB; Marshon Brooks, MBB
12/1 - Danette Doetzel, WCC; David McCarthy, MCC; Genevieve Lacasse, WIH
12/8 - Laura Veharanta, WIH; Emily Cournoyer, WBB; Weynmi Efejuku, MBB
12/15 - Matt Taormina, MIH
12/22 - Chelsea Marandola, WBB; Jeff Xavier, MBB
12/29 - Geoff McDermott, MBB
1/5 - Sharaud Curry, MBB; Shantee Darrian, WBB
1/12 - John Cavanagh, MIH; Emily Cournoyer, WBB; Genevieve Lacasse, WIH
1/19 - Alex Beaudry, MIH; Mary Kate Champagne, WIT; Hayden McLaren, MIT
1/26 - Jeff Xavier, MBB; Hayden McLaren, MIT; Emily Cournoyer, WBB; Katy Beach, WIH
2/2 - Nick Mazzolini, MIH; Laura Veharanta, WIH
2/9 - Catherine Bove, WBB; Sharaud Curry, MBB; Katie Elliot, WIT; Richard Yeates, MIT
2/16 - Weynmi Efejuku, MBB; Hayden McLaren, MIT; David McCarthy, MIT
2/23 - Weynmi Efejuku, MBB; Danette Doetzel, WIT; David McCarthy, MIT
3/2 - Weynmi Efejuku, MBB; Charles Dewey, MIT; Hannah Davidson, WIT

MEN'S BASKETBALL (18-11, 10-7 BIG EAST)... The men's basketball team posted a 2-0 record last week to bolster its post-season resume. On Tuesday, February 24, the Friars defeated No. 1/1 Pittsburgh, 81-73, for only the school's second victory all-time against a No. 1 team. Senior guard Weynmi Efejuku (Fresh Meadows, N.Y.) scored a team-high 16 points and was one of five Friar seniors to score in double figures. On the team's senior night, it was fitting that all five players in double-figures were seniors. The Providence defense made 11 steals and forced 18 Pittsburgh turnovers that led to 19 points for the Friars. On Sunday, March 1, PC knocked off Rutgers, 73-66, in Piscataway, N.J. Efejuku poured in a game-high 28 points and made a career-high 15 free throws in the win. With the victory, Providence now has 10 BIG EAST wins for the sixth time since 2003-04 and only the third time in school history. Senior Jeff Xavier (Pawtucket, R.I.) posted 13 points and three assists while senior Geoff McDermott (New Rochelle, N.Y.) added 10 points and eight rebounds for the Friars. PC next plays its final game of the regular season on Thursday, March 5 at No. 11/16 Villanova. The contest is a 7:00 p.m. start at the Pavilion in Villanova, Pa.

WOMEN'S BASKETBALL (10-18, 4-11 BIG EAST)... The Providence College women's basketball team posted a 1-1 record last week. On February 25, the Friars defeated Marquette, 51-49, in Providence, R.I. behind a 19-point effort from senior Chelsea Marandola (Johnston, R.I.) Marandola shot 8-of-15 from the floor and 2-of-2 from the free-throw line on the night. She also added six rebounds and one assist. Senior Shantee Darrian (Trenton, N.J.) hauled in a team-high eight rebounds. On February 28, the Friars gave #23/22 Notre Dame a tough game, but fell to the Irish, 65-56. Providence was led offensively by Marandola, who netted a team-high 15 points. Junior Emily Cournoyer (North Attleboro, Mass.) added 13 points, while Darrian checked in with a game-high nine rebounds. Providence concludes the regular-season schedule on Monday, March 2 against Syracuse at 7:00 p.m. The game will be played at the Carrier Dome in Syracuse, N.Y.

WOMEN'S HOCKEY (17-15-3, 12-8-1 HOCKEY EAST)... The women's hockey team posted a 1-0 record last week. The Friars came away with 3-0 victory over Connecticut on Saturday in the Hockey East Quarterfinals. Genevieve Lacasse (Scarborough, Ont.) made 18 saves while both Laura Veharanta (La Verne, Calif.) and Mari Pehkonen (Tampere, Finland) registered a goal and an assist. Alyse Ruff (Tualatin, Ore.) scored an insurance tally off feeds from Colleen Martin (Woburn, Mass.) and Erin Normore (Cambridge, Ont.). Veharanta earned Hockey East Rookie of the Week honors while Lacasse was named the Defensive Player of the Week after notching her sixth clean sheet of the season. With the shutout over Connecticut, the Friars advanced to the 2009 Hockey East Semifinals vs. top-seed New Hampshire at noon at the Whittemore Center in Durham, N.H. Providence looks to reach the Hockey East Championship for the sixth time in the seven years of Women's Hockey East.

MEN'S HOCKEY (7-20-5, 4-16-5 HOCKEY EAST)... The men's hockey team posted a 0-2 record last week against Boston College. On Friday, February 27, the Friars led 1-0 on a goal by junior co-captain John Cavanagh (Warwick, R.I.), but the Eagles came back to win 5-1 in Chestnut Hill, Mass. The following night at Schneider Arena, PC was defeated by BC, 4-3, in overtime. Junior Chris Eppich (Surrey, B.C.), freshman Matt Bergland (Faribault, Minn.) and junior Mark Fayne (Sagamore Beach, Mass.) each scored to give the Friars a 3-0 lead. Freshman goalie Alex Beaudry (Cumberland, Ont.) finished with 29 saves. The Friars are back in action on Friday, March 6 with a home game against top-ranked Boston University on Senior Night.

WOMEN'S INDOOR TRACK... The women's indoor track team competed on Saturday, February 28 at the New England Championships in Boston, Mass. Freshman Hannah Davidson (Saratoga Spings, N.Y.) continued her great season with a victory in the mile in a winning time of 4:54.20 while freshman Sara Graney (Palisades, N.Y.) was eighth (5:07.75). In the 1,000 meters, senior Katie Elliot (Penfield, N.Y.) ran a strong race finishing sixth with a time of 2:57.99. Sophomore Emma Perron (West Hartford, Conn.) showed strength in the 3,000 meters in a tight finish, placing second with a time of 9:57.27. The women compete next at the ECAC Championships on Saturday, March 7 at the Reggie Lewis Arena in Boston, Mass.

MEN'S INDOOR TRACK... The men's indoor track team competed on Saturday, February 28 at the New England Championships in Boston, Mass. The Friars were led by senior Charles Dewey's (Worcester, Mass.) superb second-place finish in the 800 meters with a new personal-best time of 1:49.64. Dewey's finish was a NCAA-provisional time. In the men's mile, sophomore Stephen Hankinson (Summit, N.J.) gave a good effort, finishing seventh with a time of 4:12.79. The men concluded the meet on a high note, setting a new school-record of 3:20.53 in the 4x400 meter relay. The team was composed of Charles Dewey, junior Isaiah Davis (Hyde Park, Mass.), sophomore Brian Stannard (East Longmeadow, Mass.), and senior Alan Pandiani (Shrewsbury, Mass.). The men compete next at the IC4A Championships on Saturday, March 7 in Boston, Mass.

TENNIS (2-2).... The Providence College tennis team did not compete last week. The Friars return to action on Sunday, March 22 when they travel to Syracuse, N.Y. to take on Syracuse at 9:00 a.m.

SOFTBALL (2-6, 0-0 BIG EAST)... The softball team did not compete last week. PC will return to action on Friday, March 6 at the Fresno State Tournament in Fresno, Calif.

LACROSSE (0-2, 0-0 MAAC)... The Providence College men's lacrosse team posted a 0-1 record last week. The Friars dropped their home opener to Hobart College by the score of 8-6 on Saturday, February 28 at the Friar Field Hockey & Lacrosse Complex in Providence, R.I. Junior attack Colin Tigh (Garden City, N.Y.) led the Friars with two goals and an assist and picked up four ground balls. Junior midfielder Jackson Fallon (Arlington, Mass.) added two goals and freshman Jake Nolan (Westport, Conn.) dished out two assists against the Statesmen. Senior goaltender Robert Bryan (Apex, N.C.) made 10 saves, including eight in an impressive third quarter that kept the Friars within two heading into the final minutes of the contest. Next up, Providence is back on the road for a 7:00 p.m. contest on Thursday, March 5 against Yale at Reese Stadium in New Haven, Conn.

2008-09

WINTER CHAMPIONSHIPS

BIG EAST Men's Basketball Tournament
March 10-14
Madison Square Garden - New York, N.Y.

BIG EAST Women's Basketball Tournament
March 6-10
XL Center - Hartford, Conn.

Hockey East Men's Hockey Tournament
March 13-15 (Quarterfinals - Higher Seed)
March 20 (Semifinals - TD BankNorth Garden - Boston, Mass.)
March 21 (Finals - TD BankNorth Garden - Boston, Mass.)

Hockey East Women's Hockey Tournament
Feb. 28 (Quarterfinals - Higher Seeds)
March 7 (Semifinals - Higher Seed)
March 8 (Finals - Higher Seed)

BIG EAST Swimming & Diving Championships
Feb. 18-21
IU Natatorium - Indianapolis, IN

BIG EAST Indoor Track & Field Championships
Feb. 21-22
The Armory - New York, N.Y.