

2008 Outdoor - Women's Performance List

Event	Name	Result	Comments	Location/Date
<b>100 m</b>	<b>Big East: 12.30</b>	<b>ECAC: 12.12</b>	<b>NCAA Regional: 11.75</b>	
	Shantea Calhoun	11.61	BE, ECAC, NCAA Regional	5/2-5/4 Big East Championships
	Shanea Calhoun	11.79	BE, ECAC	5/2-5/4 Big East Championships
	Da'Lynn Mills	11.95	BE, ECAC	4/9-4/12 Sea Ray Relays
	Janessa Murphy	11.96	BE, ECAC	3/20-3/22 University of Miami Hurricane Invite
	Shanea Calhoun	12.04	BE, ECAC	5/16-5/18 ECAC Outdoor Championships
	Jaquelyn Rucker	12.78		4/4-4/5 Colonial Relays
	Shanae Thomas	12.89		4/12 SRU Invitational
	Patricia Anyanwu	12.99		4/4-4/5 Colonial Relays
	Moira Crumlish	13.47		3/28 Western PA Championships
	Jazmin Hunt	13.21		4/4-4/5 Colonial Relays
	Wunmi Fapohunda	13.78		3/28 Western PA Championships
<b>200m</b>	<b>Big East: 25.04</b>	<b>ECAC: 24.94</b>	<b>NCAA Regional: 23.96</b>	
	Shantea Calhoun	<b>23.70</b>	BE, ECAC, NCAA Regional	5/16-5/18 ECAC Championships
	Shanea Calhoun	23.73	BE, ECAC, NCAA Regional	5/2-5/4 Big East Championships
	Raquel Bender	24.38	BE, ECAC	5/2-5/4 Big East Championships
	Da'Lynn Mills	24.48	BE, ECAC	5/2-5/4 Big East Championships
	Anita James	26.14		4/4-4/5 Colonial Relays
	Kaitlyn Flynn	27.48		4/12 SRU Invitational
	Bridget Ingram	27.79		4/12 SRU Invitational
	Erinn McMahon	28.59		4/4-4/5 Colonial Relays
<b>400m</b>	<b>Big East: 57.24</b>	<b>ECAC: 56.34</b>	<b>NCAA Regional: 54.61</b>	
	Kari Hedderick	<b>56.60</b>		5/16-5/18 ECAC Outdoor Championships
	Kaetlyn Brown	57.57		5/16-5/18 ECAC Outdoor Championships
	Bridget Ingram	1:03.08		4/4-4/5 Colonial Relays
	Moira Crumlish	1:04.44		3/28 Western PA Championships
	Jaquelyn Rucker	1:06.23		4/4-4/5 Colonial Relays

<b>800m</b>	<b>Big East: 2:14.04</b>	<b>ECAC: 2:11.44</b>	<b>NCAA Regional: 2:09.80</b>	
Gizelle Joshua		<b>2:20.18</b>		4/4-4/5 Colonial Relays
Kari Hedderick		2:20.56		4/9-4/12 Sea Ray Relays
Jen Seitz		2:30.98		4/12 SRU Invitational
Selena Sappleton		2:31.56		4/2-4/5 Clyde Littlefield Texas Relays
Ali Briggs		2:21.65		4/4-4/5 Colonial Relays
Melissa Vignetti		2:24.99		4/4-4/5 Colonial Relays

**1500M****Big East: 4:38.44****ECAC: 4:33.94****NCAA Regional: 4:27.80**

Amy Ruffolo

**4:44.80**

4/4-4/5 Colonial Relays

Ali Briggs

4:49.59

3/28-3/29 Raleigh Relays

Anna Yoney

4:54.46

3/28-3/29 Raleigh Relays

June Farley

4:57.89

4/4-4/5 Colonial Relays

**3000m****ECAC: 9:56.24**

<b>5000m</b>	<b>Big East: 17.37.54</b>	<b>ECAC: 17:26.14</b>	<b>NCAA Regional: 16:52.00</b>	
	Suzy Bossart	<b>18:16.18</b>		4/4-4/5 Colonial Relays
	Heather Lezanic	19:55.32		3/28 Western PA Championships
	Nikki Bielick	20:04.69		4/12 SRU Invitational
	Alicia Lichvar	20:17.83		3/28 Western PA Championships
	Elizabeth Calabrese	20:52.21		4/12 SRU Invitational

<b>10,000M</b>	<b>Big East: 37.03.74</b>	<b>ECAC: 37:40.0</b>	<b>NCAA Provisional: 35:00.00</b>	<b>NCAA Automatic: 33:30.00</b>
	Monica Bhattacharjee	<b>41:02.67</b>		4/4-4/5 Colonial Relays

<b>100m H</b>	<b>Big East: 14.84</b>	<b>ECAC: 14.44</b>	<b>NCAA Regional: 13.92</b>	
	Mycaiah Clemons	<b>13.65</b>	BE, ECAC, NCAA	5/2-5/4 Big East Championships
	Brianna Broyles	13.96	BE, ECAC	5/16-5/18 ECAC Outdoor Championships
	Jazmin Hunt	14.15	BE, ECAC	5/2-5/4 Big East Championships
	Anita James	15.28		4/4-4/5 Colonial Relays
	Aurielle McCauley	15.59		3/28-3/29 Raleigh Relays
	Kaitlyn Flynn	15.87		4/4-4/5 Colonial Relays
	Kari Weimerskirch	15.88		3/28 Western PA Championships
	Erinn McMahon	15.99		4/12 SRU Invitational

<b>400m H</b>	<b>Big East: 1:04.14</b>	<b>ECAC: 1:02.64</b>	<b>NCAA Regional: 1:00.82</b>	
	Brianna Broyles	59.86	BE, ECAC, NCAA	5/2-5/4 Big East Championships
	Martina Hallman	1:01.45	BE, ECAC	4/2-4/5 Clyde Littlefield Texas Relays
	Mycaiah Clemons	1:02.77	BE	3/28-3/29 Raleigh Relays
	Patricia Anyanwu	1:03.30	BE	3/28-3/29 Raleigh Relays
	Selena Sappleton	1:05.23		4/2-4/5 Clyde Littlefield Texas Relays
	Aurielle McCauley	1:06.82		3/28-3/29 Raleigh Relays
	Brianna Broyles	1:06.86		5/16-5/18 ECAC Outdoor Championships

<b>3000M SC</b>	<b>Big East: 11:25.25</b>	<b>ECAC: 10:55.05</b>	<b>NCAA Regional: 10:50.25</b>	
	Amy Ruffolo	<b>10.48.79</b>	BE, ECAC, NCAA Regional	5/16-5/18 ECAC Outdoor Championships
	Melissa Vignetti	12:45.77		4/12 SRU Invitational

<b>High Jump</b>	<b>Big East: 1.66</b>	<b>ECAC: 1.70</b>	<b>NCAA Regional: 1.74</b>	
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Kristin Johnson	<b>1.60m</b>
Kari Weimerskirch	1.55m
Erinn McMahon	1.55m
Jaquelyn Rucker	1.55m
Anita James	1.50m
Jazmin Hunt	1.55m

3/28-3/29 Western PA Track and Field Championship
3/28-3/29 Western PA Track and Field Championship:4/4-4/5 Colonial Relay
3/28-3/29 Western PA Track and Field Championship
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3/28-3/29 Western PA Track and Field Championship
4/4-4/5 Colonial Relays

<b>Pole Vault</b>	<b>Big East: 3.40</b>	<b>ECAC: 3.65</b>	<b>NCAA Regional: 3.84</b>	
	Tori Toso	<b>3.65m</b>	ECAC	3/28-3/29 Raleigh Relays
	Janelle Adams	<b>2.74m</b>		4/12 SRU Invitational

<b>Long Jump</b>	<b>Big East: 5.60</b>	<b>ECAC: 5.80</b>	<b>NCAA Regional: 6.01</b>	
	Janessa Murphy	<b>6.07m</b>	BE, ECAC, NCAA	4/9-4/12 Sea Ray Relays
	Martina Hallman	5.89 m	BE, ECAC	5/2-5/4 Big East Championships
	Anita James	5.46m		4/24-4/26 Penn Relays
	Wunmi Fapohunda	5.37m		3/28-3/29 Western PA Track and Field Championship
	Jaquelyn Rucker	4.79m		3/28-3/29 Western PA Track and Field Championship
	Shanae Thomas	4.99m		4/12 SRU Invitational
	Erin McMahon	4.98m		4/4-4/5 Colonial Relays
	Kaitlyn Flynn	4.83m		4/4-4/5 Colonial Relays

<b>Triple Jump</b>	<b>Big East: 11.28</b>	<b>ECAC: 11.90</b>	<b>NCAA Regional: 12.31</b>	
	Janessa Murphy	12.13m	BE, ECAC	5/2-5/4 Big East Championships
	Anita James	11.55m	BE	4/9-4/12 Sea Ray Relays
	Martina Hallman	11.52m	BE	5/2-5/4 Big East Championships
	Wunmi Fapohunda	10.28m		3/28-3/29 Western PA Track and Field Championship

<b>Shot Put</b>	<b>Big East: 12.75</b>	<b>ECAC: 13.60</b>	<b>NCAA Regional: 14.30</b>	
	Ashley Moore	<b>12.43m</b>		4/12 SRU Invitational

**Hammer Throw    Big East: 45.12    ECAC: 48.00    NCAA Regional: 54.14**

Kim Rorabaugh	<b>54.10m</b>	BE, ECAC	4/24-4/26 Penn Relays
Sarah Anderson	40.99m		3/28-3/29 Raleigh Relays
Britanny Moreland	39.18m		4/12 SRU Invitational
Kayla Comrie	38.39m		4/12 SRU Invitational
Alexis Wilder	35.20m		4/12 SRU Invitational

<b>Discus</b>	<b>Big East: 40.00</b>	<b>ECAC: 42.50</b>	<b>NCAA Regional: 47.29</b>
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Sarah Anderson	<b>36.75m</b>		3/28-3/29 Raleigh Relays
Kayla Comrie	36.55m		3/28-3/29 Raleigh Relays
Alexis Wilder	36.39m		4/4-4/5 Colonial Relays
Brittany Moreland	30.34m		4/12 SRU Invitational
Ashley Moore	28.26m		4/12 SRU Invitational

<b>Javelin</b>	<b>Big East: 36.00</b>	<b>ECAC: 40.50</b>	<b>NCAA Regional: 43.44</b>
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Nicole Cherry	45.47m	BE, ECAC, NCAA	5/2-5/4 Big East Championships
Leah Ulizio	41.64m	BE, ECAC	5/2-5/4 Big East Championships
Kelsey Voltz	37.17m	BE	5/2-5/4 Big East Championships
Kari Weimerskirch	26.39m		4/4-4/5 Colonial Relays
Erinn McMahon	24.43m		4/12 SRU Invitational
Kaitlyn Flynn	23.78m		4/12 SRU Invitational

<b>Heptathlon</b>	<b>Big East: n/a</b>	<b>ECAC: 4500</b>	<b>NCAA Provisional: 5050</b>	<b>NCAA Automatic: 5500</b>
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<b>10000m Mixed Run</b>	<b>Big East: n/a</b>	<b>ECAC: n/a</b>	<b>NCAA Provisional: n/a</b>	<b>NCAA Automatic: n/a</b>
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Suzie Bossart	<b>39:13.77</b>		4/12 SRU Invitational
Heather Lezanic	42:43.43		4/12 SRU Invitational

<b>4x100M</b>	<b>Big East: n/a</b>	<b>ECAC: 48.34</b>	<b>NCAA Regional: 45.70</b>
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Shanea Calhoun, Da'Lynn Mills, Raquel Bender, Shantea Calhoun	45.22	ECAC, NCAA Reg.	4/24-4/26 Penn Relays
Shantea Calhoun, Raquel Bender, Da'Lynn	45.62	ECAC, NCAA Reg.	5/16-5/18 ECAC Outdoor Championships

Mills, Shanea Calhoun Shantea Calhoun, Raquel Bender, Da'Lynn Mills, Shanea Calhoun	46.32	ECAC	3/20-3/22 University of Miami Hurricane Invite
Shantea Calhoun, Janessa Murphy, Da'Lynn Mills, Shanea Calhoun Team	46.47 50.15	ECAC	4/9-4/12 Sea Ray Relays 3/28-3/29 Raleigh Relays

<b>4x200m</b>	<b>Big East: n/a</b>	<b>ECAC: n/a</b>	<b>NCAA Regional: n/a</b>
Team	1:36.74		4/2-4/5 Clyde Littlefield Texas Relays
Shantea Calhoun, Shanea Calhoun, Da'Lynn Mills, Raquel Bender	1:37.81		4/24-4/26 Penn Relays

<b>4x400m</b>	<b>Big East: n/a</b>	<b>ECAC: 3:51.84</b>	<b>NCAA Regional: 3:42.00</b>
Brown, St. Calhoun	3:43.80	ECAC	5/2-5/4 Big East Championships
Hedderick, Sh. Calhoun Raquel Bender, Kaetlyn Brown Shantea Calhoun, Shanea Calhoun Team A	4:07.69 4:17.05		3/20-3/22 University of Miami Hurricane Invite 3/28-3/29 Western PA Track and Field Championship
Team B	4:29.01		3/28-3/29 Western PA Track and Field Championship

<b>4x800m</b>	<b>Big East: n/a</b>	<b>ECAC: 9:16.23</b>	
Briggs, Seitz Joshua, Ruffolo	<b>9:10.46</b>	ECAC	5/2-5/4 Big East Championships

<b>4x1500m</b>	<b>Big East: n/a</b>	<b>ECAC: n/a</b>	
Team	19:42.82		3/28-3/29 Raleigh Relays

<b>1600 Sprint Medley</b>			<b>Big East: n/a</b>	<b>ECAC: n/a</b>
Team	4:04.95	3/28-3/29 Raleigh Relays		
Kaetlyn Brown, Brianna	4:08.73	4/24-4/26 Penn Relays		
Broyles, Kari Hedderick				
Gizelle Joshua				

**DMR**

<b>Shuttle Hurdle Relay</b>		
Clemons, Broyles, James, Hunt	<b>57.73</b>	4/24-4/26 Penn Relays
Broyles, Hunt, Weimerskirch, James	59.43	4/9-4/12 Sea Ray Relays

<b>Heptathlon</b>		
James, Anita	4323 pts.	5/2-5/4 Big East Championships
Flynn, Kaitlynn	4322 pts.	5/2-5/4 Big East Championships
Weimerskirch, Kari	4143 pts.	5/2-5/4 Big East Championships
McMahon, Erin	3700 pts.	5/2-5/4 Big East Championships