

2008 Outdoor - Women's Performance List

Event	Name	Result	Comments	Location/Date
100 m	Big East: 12.30	ECAC: 12.12	NCAA Regional: 11.75	
	Shantea Calhoun	11.61	BE, ECAC	5/2-5/4 Big East Championships
	Shanea Calhoun	11.79	BE, ECAC	5/2-5/4 Big East Championships
	Da'Lynn Mills	11.95	BE, ECAC	4/9-4/12 Sea Ray Relays
	Janessa Murphy	11.96	BE, ECAC	3/20-3/22 University of Miami Hurricane Invite
	Jaquelyn Rucker	12.78		4/4-4/5 Colonial Relays
	Shanae Thomas	12.89		4/12 SRU Invitational
	Patricia Anyanwu	12.99		4/4-4/5 Colonial Relays
	Moira Crumlish	13.47		3/28 Western PA Championships
	Jazmin Hunt	13.21		4/4-4/5 Colonial Relays
	Wunmi Fapohunda	13.78		3/28 Western PA Championships

200m	Big East: 25.04	ECAC: 24.94	NCAA Regional: 23.96	
Shantea Calhoun	23.69		BE, ECAC, NCAA	5/2-5/4 Big East Championships
Shanea Calhoun	23.73		BE, ECAC, NCAA	5/2-5/4 Big East Championships
Raquel Bender	24.38		BE, ECAC	5/2-5/4 Big East Championships
Da'Lynn Mills	24.48		BE, ECAC	5/2-5/4 Big East Championships
Anita James	26.14			4/4-4/5 Colonial Relays
Kaitlyn Flynn	27.48			4/12 SRU Invitational
Bridget Ingram	27.79			4/12 SRU Invitational
Erinn McMahon	28.59			4/4-4/5 Colonial Relays

400m	Big East: 57.24	ECAC: 56.34	NCAA Regional: 54.61	
	Kari Hedderick	58.19		5/2-5/4 Big East Championships
	Kaetlyn Brown	58.29		5/2-5/4 Big East Championships
	Bridget Ingram	1:03.08		4/4-4/5 Colonial Relays
	Moira Crumlish	1:04.44		3/28 Western PA Championships
	Jaquelyn Rucker	1:06.23		4/4-4/5 Colonial Relays

800m	Big East: 2:14.04	ECAC: 2:11.44	NCAA Regional: 2:09.80	
	Gizelle Joshua	2:20.18		4/4-4/5 Colonial Relays
	Kari Hedderick	2:20.56		4/9-4/12 Sea Ray Relays
	Jen Seitz	2:30.98		4/12 SRU Invitational
	Selena Sappleton	2:31.56		4/2-4/5 Clyde Littlefield Texas Relays
	Ali Briggs	2:21.65		4/4-4/5 Colonial Relays
	Melissa Vignetti	2:24.99		4/4-4/5 Colonial Relays

1500M**Big East: 4:38.44****ECAC: 4:33.94****NCAA Regional: 4:27.80**

Amy Ruffolo

4:44.80

4/4-4/5 Colonial Relays

Ali Briggs

4:49.59

3/28-3/29 Raleigh Relays

Anna Yoney

4:54.46

3/28-3/29 Raleigh Relays

June Farley

4:57.89

4/4-4/5 Colonial Relays

3000m**ECAC: 9:56.24**

5000m	Big East: 17.37.54	ECAC: 17:26.14	NCAA Regional: 16:52.00	
	Suzy Bossart	18:16.18		4/4-4/5 Colonial Relays
	Heather Lezanic	19:55.32		3/28 Western PA Championships
	Nikki Bielick	20:04.69		4/12 SRU Invitational
	Alicia Lichvar	20:17.83		3/28 Western PA Championships
	Elizabeth Calabrese	20:52.21		4/12 SRU Invitational

10,000M	Big East: 37.03.74	ECAC: 37:40.0	NCAA Provisional: 35:00.00	NCAA Automatic: 33:30.00
	Monica Bhattacharjee	41:02.67		4/4-4/5 Colonial Relays

100m H	Big East: 14.84	ECAC: 14.44	NCAA Regional: 13.92	
	Mycaiah Clemons	13.65	BE, ECAC, NCAA	5/2-5/4 Big East Championships
	Brianna Broyles	14.07	BE, ECAC	5/2-5/4 Big East Championships
	Jazmin Hunt	14.15	BE, ECAC	5/2-5/4 Big East Championships
	Anita James	15.28		4/4-4/5 Colonial Relays
	Aurielle McCauley	15.59		3/28-3/29 Raleigh Relays
	Kaitlyn Flynn	15.87		4/4-4/5 Colonial Relays
	Kari Weimerskirch	15.88		3/28 Western PA Championships
	Erinn McMahon	15.99		4/12 SRU Invitational

400m H	Big East: 1:04.14	ECAC: 1:02.64	NCAA Regional: 1:00.82	
Brianna Broyles	59.86		BE, ECAC, NCAA	5/2-5/4 Big East Championships
Martina Hallman	1:01.45		BE, ECAC	4/2-4/5 Clyde Littlefield Texas Relays
Mycaiah Clemons	1:02.77		BE	3/28-3/29 Raleigh Relays
Patricia Anyanwu	1:03.30		BE	3/28-3/29 Raleigh Relays
Aurielle McCauley	1:06.82			3/28-3/29 Raleigh Relays
Selena Sappleton	1:05.23			4/2-4/5 Clyde Littlefield Texas Relays

3000M SC	Big East: 11:25.24	ECAC: 10:55.04	NCAA Regional: 10:50.25	
Amy Ruffolo	10:54.09		BE, ECAC	3/28-3/29 Raleigh Relays
Melissa Vignetti	12:45.76			4/12 SRU Invitational

High Jump	Big East: 1.66	ECAC: 1.70	NCAA Regional: 1.75	
	Kristin Johnson	1.60m		3/28-3/29 Western PA Track and Field Championship
	Kari Weimerskirch	1.55m		3/28-3/29 Western PA Track and Field Championship:4/4-4/5 Colonial Relay
	Erinn McMahon	1.55m		3/28-3/29 Western PA Track and Field Championship
	Jaquelyn Rucker	1.55m		3/28-3/29 Western PA Track and Field Championship
	Anita James	1.50m		3/28-3/29 Western PA Track and Field Championship
	Jazmin Hunt	1.55m		4/4-4/5 Colonial Relays

Pole Vault	Big East: 3.40	ECAC: 3.65	NCAA Regional: 3.85	
	Tori Toso	3.65m	ECAC	3/28-3/29 Raleigh Relays
	Janelle Adams	2.74m		4/12 SRU Invitational

Long Jump	Big East: 5.60	ECAC: 5.80	NCAA Regional: 6.00	
	Janessa Murphy	6.07m	BE, ECAC, NCAA	4/9-4/12 Sea Ray Relays
	Martina Hallman	5.89 m	BE, ECAC	5/2-5/4 Big East Championships
	Anita James	5.46m		4/24-4/26 Penn Relays
	Wunmi Fapohunda	5.37m		3/28-3/29 Western PA Track and Field Championship
	Jaquelyn Rucker	4.79m		3/28-3/29 Western PA Track and Field Championship
	Shanae Thomas	4.99m		4/12 SRU Invitational
	Erin McMahon	4.98m		4/4-4/5 Colonial Relays
	Kaitlyn Flynn	4.83m		4/4-4/5 Colonial Relays

Triple Jump	Big East: 11.28	ECAC: 11.90	NCAA Regional: 12.32	
Janessa Murphy	12.13m	BE, ECAC	5/2-5/4 Big East Championships	
Anita James	11.55m	BE	4/9-4/12 Sea Ray Relays	
Martina Hallman	11.52m	BE	5/2-5/4 Big East Championships	
Wunmi Fapohunda	10.28m		3/28-3/29 Western PA Track and Field Championship	

Shot Put	Big East: 12.75	ECAC: 13.60	NCAA Regional: 14.30	
Ashley Moore	12.43m		4/12 SRU Invitational	

Hammer Throw	Big East: 45.12	ECAC: 48.00	NCAA Regional: 54.15	
Kim Rorabaugh	54.10m		BE, ECAC	4/24-4/26 Penn Relays
Sarah Anderson	40.99m			3/28-3/29 Raleigh Relays
Brittany Moreland	39.18m			4/12 SRU Invitational
Kayla Comrie	38.39m			4/12 SRU Invitational
Alexis Wilder	35.20m			4/12 SRU Invitational

Discus	Big East: 40.00	ECAC: 42.50	NCAA Regional: 47.30	
Sarah Anderson	36.75m			3/28-3/29 Raleigh Relays
Kayla Comrie	36.55m			3/28-3/29 Raleigh Relays
Alexis Wilder	36.39m			4/4-4/5 Colonial Relays
Brittany Moreland	30.34m			4/12 SRU Invitational
Ashley Moore	28.26m			4/12 SRU Invitational

Javelin	Big East: 36.00	ECAC: 40.50	NCAA Regional: 43.45	
Nicole Cherry	45.47m		BE, ECAC, NCAA	5/2-5/4 Big East Championships
Leah Ulizio	41.64m		BE, ECAC	5/2-5/4 Big East Championships
Kelsey Voltz	37.17m		BE	5/2-5/4 Big East Championships
Kari Weimerskirch	26.39m			4/4-4/5 Colonial Relays
Erinn McMahon	24.43m			4/12 SRU Invitational
Kaitlyn Flynn	23.78m			4/12 SRU Invitational

Heptathlon	Big East: n/a	ECAC: 4500	NCAA Provisional: 5050	NCAA Automatic: 5500
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10000m Mixed Run	Big East: n/a	ECAC:n/a	NCAA Provisional: n/a	NCAA Automatic: n/a
	Suzie Bossart	39:13.77		4/12 SRU Invitational
	Heather Lezanic	42:43.43		4/12 SRU Invitational

4x100M	Big East: n/a	ECAC: 48.34	NCAA Regional: 45.70	
	Shanea Calhoun, Da'Lynn Mills, Raquel Bender, Shantea Calhoun	45.22	ECAC, NCAA Reg.	4/24-4/26 Penn Relays
	Shantea Calhoun, Raquel Bender, Da'Lynn Mills, Shanea Calhoun	46.32	ECAC	3/20-3/22 University of Miami Hurricane Invite
	Shantea Calhoun, Janessa Murphy, Da'Lynn Mills, Shanea Calhoun	46.47	ECAC	4/9-4/12 Sea Ray Relays
	Team	50.15		3/28-3/29 Raleigh Relays

4x200m	Big East: n/a	ECAC: n/a	NCAA Regional: n/a
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Team	1:36.74
Shantea Calhoun, Shanea Calhoun, Da'Lynn Mills, Raquel Bender	1:37.81

4/2-4/5 Clyde Littlefield Texas Relays
4/24-4/26 Penn Relays

4x400m	Big East: n/a	ECAC: 3:51.84	NCAA Regional: 3:42.00	
Brown, St. Calhoun		3:43.80	ECAC	5/2-5/4 Big East Championships
Hedderick, Sh. Calhoun				
Raquel Bender, Kaetlyn Brown		4:07.69		3/20-3/22 University of Miami Hurricane Invite
Shantea Calhoun, Shanea Calhoun				
Team A		4:17.05		3/28-3/29 Western PA Track and Field Championship
Team B		4:29.01		3/28-3/29 Western PA Track and Field Championship

4x800m	Big East: n/a	ECAC: 9:16.24		
	Briggs, Seitz	9:10.46	ECAC	5/2-5/4 Big East Championships
	Joshua, Ruffolo			

4x1500m	Big East: n/a	ECAC: n/a	
	Team	19:42.82	3/28-3/29 Raleigh Relays

1600 Sprint Medley	Big East: n/a	ECAC: n/a	
	Team	4:04.95	3/28-3/29 Raleigh Relays
	Kaetlyn Brown, Brianna	4:08.73	4/24-4/26 Penn Relays
	Broyles, Kari Hedderick		
	Gizelle Joshua		

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Shuttle Hurdle Relay			
	Clemons, Broyles,	57.73	4/24-4/26 Penn Relays
	James, Hunt		
	Broyles, Hunt,	59.43	4/9-4/12 Sea Ray Relays
	Weimerskirch, James		

Heptathlon			
	James, Anita	4323 pts.	5/2-5/4 Big East Championships
	Flynn, Kaitlynn	4322 pts.	5/2-5/4 Big East Championships