

2006 Outdoor - Women's Performance List

Event	Name	Result	Comments	Location/Date
100 m	Big East: 12.30	ECAC: 12.14	NCAA Regional: 11.75	
SR	Shantea Calhoun	11.54p	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
	Shantea Calhoun	11.61p	BE, ECAC, NCAA Reg.	5/26-5/27 East Regionals
	Shantea Calhoun	11.62	BE, ECAC, NCAA Reg.	4/12-4/15 Sea Ray Relays
	Shantea Calhoun	11.64	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
	Shantea Calhoun	11.64	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
	Shanea Calhoun	11.71	BE, ECAC, NCAA Reg.	4/12-4/15 Sea Ray Relays
	Shanea Calhoun	11.74	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
	Shantea Calhoun	11.82p	BE, ECAC	5/12-5/14 ECAC Championships
	Shanea Calhoun	11.84p	BE, ECAC	5/12-5/14 ECAC Championships
	Shantea Calhoun	11.85p	BE, ECAC	5/5-5/8 Big East Championships
	Shanea Calhoun	11.88	BE, ECAC	5/12-5/14 ECAC Championships
	Raquel Bender	11.91p	BE, ECAC	5/12-5/14 ECAC Championships
	Shantea Calhoun	11.95	BE, ECAC	3/24-3/25 Raleigh Relays
	Shantea Calhoun	11.97p	BE, ECAC	4/5-4/8 Texas Relays
	Shanea Calhoun	11.99p	BE, ECAC	5/12-5/14 ECAC Championships
	Raquel Bender	11.99p	BE, ECAC	5/12-5/14 ECAC Championships
	Shantea Calhoun	11.99p	BE, ECAC	3/24-3/25 Raleigh Relays
	Shanea Calhoun	12.00p	BE, ECAC	5/5-5/8 Big East Championships
	Raquel Bender	12.06p	BE, ECAC	5/5-5/8 Big East Championships
	Raquel Bender	12.07	BE, ECAC	5/5-5/8 Big East Championships
	Shanea Calhoun	12.07p	BE, ECAC	4/5-4/8 Texas Relays
	Janessa Murphy	12.15p	BE	5/5-5/8 Big East Championships
	Janessa Murphy	12.17p	BE	4/5-4/8 Texas Relays
	Raquel Bender	12.20p	BE	4/5-4/8 Texas Relays
	Shanea Calhoun	12.20	BE	3/24-3/25 Raleigh Relays
	Shanea Calhoun	12.21p	BE	3/24-3/25 Raleigh Relays
	Janessa Murphy	12.29	BE	3/24-3/25 Raleigh Relays
	Janessa Murphy	12.31p		3/24-3/25 Raleigh Relays

Shantea Calhoun	12.34	3/31-4/1 Western PA Champs
Shantea Calhoun	12.39p	3/31-4/1 Western PA Champs
Shanea Calhoun	12.40	3/31-4/1 Western PA Champs
Janessa Murphy	12.56	4/22 Nittany Lion Relays
Shanea Calhoun	12.61p	3/31-4/1 Western PA Champs
Elysse Goode	12.67	4/13-4/15 SRU Invitational
Raquel Bender	12.68	3/31-4/1 Western PA Champs
Catie Hare	12.91p	3/24-3/25 Raleigh Relays
Catie Hare	12.93	3/31-4/1 Western PA Champs
Raquel Bender	12.95p	3/31-4/1 Western PA Champs
Catie Hare	13.05p	3/31-4/1 Western PA Champs
Shantea Calhoun	13.40	4/22 Nittany Lion Relays

200m	Big East: 25.04	ECAC: 24.94	NCAA Regional: 23.96
Shantea Calhoun	23.39	BE, ECAC, NCAA Reg.	4/12-4/15 Sea Ray Relays
Shantea Calhoun	23.42	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
Shantea Calhoun	23.53	BE, ECAC, NCAA Reg.	5/26-5/27 East Regionals
Shanea Calhoun	23.55p	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
Shanea Calhoun	23.63p	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
Shanea Calhoun	23.64	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
Shantea Calhoun	23.69	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
Shantea Calhoun	23.77p	BE, ECAC, NCAA Reg.	5/26-5/27 East Regionals
Shantea Calhoun	23.78p	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
Shanea Calhoun	23.80	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
Shantea Calhoun	23.82p	BE, ECAC, NCAA Reg.	6/7-6/10 NCAA Championships
Shanea Calhoun	23.86	BE, ECAC, NCAA Reg.	4/12-4/15 Sea Ray Relays
Shantea Calhoun	23.88p	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
Raquel Bender	24.33p	BE, ECAC	5/12-5/14 ECAC Championships
Shanea Calhoun	24.36p	BE, ECAC	5/26-5/27 East Regionals
Raquel Bender	24.39p	BE, ECAC	5/5-5/8 Big East Championships
Raquel Bender	24.43	BE, ECAC	4/13-4/15 SRU Invitational

Meet R, Fac R	Shantea Calhoun	24.64	BE, ECAC	3/31-4/1 Western PA Champs
	Shanea Calhoun	25.08		3/31-4/1 Western PA Champs
	Raquel Bender	25.15		3/31-4/1 Western PA Champs
	Mycah Clemons	25.76		3/31-4/1 Liberty Asics Invitational
	Mycah Clemons	25.85		5/12-5/14 ECAC Championships
	Jenn Seitz	26.00		4/13-4/15 SRU Invitational
	Janessa Murphy	26.15		4/13-4/15 SRU Invitational
	Jenn Seitz	26.42		4/22 Nittany Lion Relays
	Elyse Goode	26.48		4/13-4/15 SRU Invitational
	Mycah Clemons	26.70		5/5-5/8 Big East Championships
	Julianna Reed	26.81		4/22 Nittany Lion Relays
	Catie Hare	26.81		3/31-4/1 Western PA Champs
	Joelle Ambrose	27.35		4/13-4/15 SRU Invitational
	Joelle Ambrose	27.40		3/31-4/1 Liberty Asics Invitational
	Joelle Ambrose	27.47		5/5-5/8 Big East Championships
	Elyse Goode	27.51		4/22 Nittany Lion Relays
	Melissa Vignetti	27.63		4/13-4/15 SRU Invitational
	Kristin Johnson	27.73		3/31-4/1 Liberty Asics Invitational
	Kristin Johnson	28.00		5/5-5/8 Big East Championships
	Kristin Johnson	28.26		4/13-4/15 SRU Invitational

400m	Big East: 57.24	ECAC: 56.44	NCAA Regional: 54.61
	Julianna Reed	58.07	4/22 Nittany Lion Relays
	Jenn Seitz	58.50p	5/5-5/8 Big East Championships
	Jenn Seitz	58.55	4/22 Nittany Lion Relays
	Jenn Seitz	58.68	4/13-4/15 SRU Invitational
	Jenn Seitz	58.90	3/31-4/1 Western PA Champs
	Raquel Bender	59.05	4/13-4/15 SRU Invitational
	Jenn Seitz	59.13	3/24-3/25 Raleigh Relays
	Catie Hare	1:00.08	4/13-4/15 SRU Invitational
	Elyse Goode	1:04.08	3/31-4/1 Western PA Champs

800m	Big East: 2:13.14	ECAC: 2:11.4	NCAA Regional: 2:09.80
	Abby Zaylor	2:18.39	3/31-4/1 Western PA Champs
	Krystal Epps	2:20.37	4/13-4/15 SRU Invitational
	Krystal Epps	2:21.49	4/22 Nittany Lion Relays
	Abby Zaylor	2:25.93	4/13-4/15 SRU Invitational
	Joelle Ambrose	2:30.80	3/31-4/1 Liberty Asics Invitational
	Melissa Vignetti	2:32.23	4/22 Nittany Lion Relays
	Joelle Ambrose	2:33.07	5/5-5/8 Big East Championships
	Joelle Ambrose	2:33.60	4/13-4/15 SRU Invitational
	Melissa Vignetti	2:37.10	4/13-4/15 SRU Invitational
	Mycah Clemons	2:42.96	3/31-4/1 Liberty Asics Invitational
	Kristin Johnson	2:44.60	4/13-4/15 SRU Invitational
	Mycah Clemons	2:52.63	5/12-5/14 ECAC Championships
	Kristin Johnson	2:52.98	3/31-4/1 Liberty Asics Invitational
	Kristin Johnson	3:03.77	5/5-5/8 Big East Championships
	Mycah Clemons	3:29.20	5/5-5/8 Big East Championships

1500M	Big East: 4:38.44	ECAC: 4:34.4	NCAA Regional: 4:27.80
SR	Maureen McCandless	4:19.74	BE, ECAC, NCAA Reg. 4/5-4/8 Texas Relays
	Maureen McCandless	4:23.24	BE, ECAC, NCAA Reg. 4/12-4/15 Sea Ray Relays
	Maureen McCandless	4:39.44	4/22 Nittany Lion Relays
	Abby Zaylor	4:40.41	3/24-3/25 Raleigh Relays
	Abby Zaylor	4:43.02	4/13-4/15 SRU Invitational
	Abby Zaylor	4:43.57	4/22 Nittany Lion Relays
	Nicki Angstadt	4:52.12	3/31-4/1 Western PA Champs
	Monica Bhattacharjee	5:15.86	3/31-4/1 Western PA Champs

Melissa Vignetti	5:21.91	3/24-3/25 Raleigh Relays
Melissa Vignetti	5:24.41	3/31-4/1 Western PA Champs
Danielle Tuccio	5:24.74	3/31-4/1 Western PA Champs
Danielle Tuccio	5:25.58	4/22 Nittany Lion Relays
Krystal Epps	5:25.82	3/24-3/25 Raleigh Relays
Nikki Bielick	5:30.85	3/31-4/1 Western PA Champs

3000m ECAC: 9:56.2

Rachel Botham	10:46.18	4/15 SRU Invitational
Rachel Botham	10:52.59	4/22 Nittany Lion Relays
Nicki Angstadt	10:56.68	4/12-4/15 Sea Ray Relays
Monica Bhattacharjee	11:00.58	4/22 Nittany Lion Relays

5000m Big East: 17.53.34 ECAC: 17.32.1 NCAA Regional: 16:52.00

SR	Maureen McCandless	16:01.30	BE, ECAC, NCAA Reg.	5/26-5/27 East Regionals
	Maureen McCandless	16:10.20p	BE, ECAC, NCAA Reg.	6/7-6/10 NCAA Championships
SR	Maureen McCandless	16:11.24	BE, ECAC, NCAA Reg.	3/24-3/25 Raleigh Relays
All-American	Maureen McCandless	16:14.10	BE, ECAC, NCAA Reg.	6/7-6/10 NCAA Championships
	Maureen McCandless	16:31.61	BE, ECAC, NCAA Reg.	5/5-5/8 Big East Championships
	Nicki Angstadt	18:20.29		4/5-4/8 Texas Relays
	Monica Bhattacharjee	19:04.03		4/13-4/15 SRU Invitational
	Monica Bhattacharjee	19:18.29		3/24-3/25 Raleigh Relays

10,000M	Big East: 38:00.24	ECAC: 37:40.0	NCAA Provisional: 35:00.00	NCAA Automatic: 33:55.00
	Maureen McCandless	34:56.63	BE, ECAC, NCAA Prov.	5/5-5/8 Big East Championships

100m H	Big East: 14.84	ECAC: 14.44	NCAA Regional: 13.92	
	Julianna Reed	13.70p	BE, ECAC, NCAA Reg.	5/26-5/27 East Regionals
	Julianna Reed	13.91	BE, ECAC, NCAA Reg.	5/12-5/14 ECAC Championships
	Julianna Reed	13.99p	BE, ECAC	5/12-5/14 ECAC Championships
	Julianna Reed	14.04	BE, ECAC	4/13-4/15 SRU Invitational
	Julianna Reed	14.05	BE, ECAC	5/5-5/8 Big East Championships
	Martina Hallman	14.12p	BE, ECAC	5/12-5/14 ECAC Championships
	Martina Hallman	14.15p	BE, ECAC	5/5-5/8 Big East Championships
	Martina Hallman	14.17	BE, ECAC	5/12-5/14 ECAC Championships
	Julianna Reed	14.23p	BE, ECAC	5/12-5/14 ECAC Championships
	Martina Hallman	14.25	BE, ECAC	5/5-5/8 Big East Championships
	Julianna Reed	14.26p	BE, ECAC	5/5-5/8 Big East Championships
	Martina Hallman	14.26	BE, ECAC	4/13-4/15 SRU Invitational
	Martina Hallman	14.36p	BE, ECAC	5/12-5/14 ECAC Championships
	Mycah Clemons	14.40	BE, ECAC	3/31-4/1 Liberty Asics Invitational
	Mycah Clemons	14.50	BE	3/24-3/25 Raleigh Relays
	Mycah Clemons	14.52	BE	5/12-5/14 ECAC Championships
	Mycah Clemons	14.57	BE	5/5-5/8 Big East Championships
	Selena Sappleton	14.60	BE	4/13-4/15 SRU Invitational
	Martina Hallman	14.75	BE	4/22 Nittany Lion Relays
	Mycah Clemons	14.82	BE	3/24-3/25 Raleigh Relays
	Joelle Ambrose	15.02		5/5-5/8 Big East Championships
	Joelle Ambrose	15.05		3/31-4/1 Liberty Asics Invitational
	Mycah Clemons	15.08		5/5-5/8 Big East Championships
	Joelle Ambrose	15.10		4/13-4/15 SRU Invitational
	Martina Hallman	15.18		3/31-4/1 Western PA Champs
	Julianna Reed	15.21		3/31-4/1 Western PA Champs
	Julianna Reed	15.24		3/24-3/25 Raleigh Relays

Mycah Clemons	15.35p	5/12-5/14 ECAC Championships
Selena Sappleton	15.43	3/31-4/1 Western PA Champs
Martina Hallman	15.92p	3/31-4/1 Western PA Champs
Selena Sappleton	15.97p	3/31-4/1 Western PA Champs
Kristin Johnson	16.15	5/5-5/8 Big East Championships
Julianna Reed	16.30	4/22 Nittany Lion Relays
Julianna Reed	16.34p	3/31-4/1 Western PA Champs
Allison Brown	16.62	4/13-4/15 SRU Invitational
Kristin Johnson	16.66	4/13-4/15 SRU Invitational
Kristin Johnson	16.68	3/31-4/1 Liberty Asics Invitational
Joelle Ambrose	16.79	3/24-3/25 Raleigh Relays
Allison Brown	18.49p	3/31-4/1 Western PA Champs

400m H	Big East: 1:04.14	ECAC: 1:02.6	NCAA Regional: 1:00.82
	Julianna Reed	57.45	BE, ECAC, NCAA Reg. 5/26-5/27 East Regionals
	Julianna Reed	57.99	BE, ECAC, NCAA Reg. 5/12-5/14 ECAC Championships
	Julianna Reed	58.07p	BE, ECAC, NCAA Reg. 6/7-6/10 NCAA Championships
All-American	Julianna Reed	58.25p	BE, ECAC, NCAA Reg. 6/7-6/10 NCAA Championships
	Julianna Reed	58.39p	BE, ECAC, NCAA Reg. 5/26-5/27 East Regionals
	Julianna Reed	58.52	BE, ECAC, NCAA Reg. 4/27-4/29 Penn Relays
	Julianna Reed	58.73	BE, ECAC, NCAA Reg. 5/5-5/8 Big East Championships
	Julianna Reed	59.10p	BE, ECAC, NCAA Reg. 5/12-5/14 ECAC Championships
	Julianna Reed	59.48p	BE, ECAC, NCAA Reg. 5/5-5/8 Big East Championships
	Julianna Reed	59.65	BE, ECAC, NCAA Reg. 4/5-4/8 Texas Relays
	Martina Hallman	1:00.33p	BE, ECAC, NCAA Reg. 5/5-5/8 Big East Championships
	Julianna Reed	1:00.35	BE, ECAC 3/24-3/25 Raleigh Relays
	Martina Hallman	1:00.43	BE, ECAC 4/27-4/29 Penn Relays
Meet R, Fac R	Julianna Reed	1:01.04	BE, ECAC 3/31-4/1 Western PA Champs
	Martina Hallman	1:01.16	BE, ECAC 4/5-4/8 Texas Relays
	Julianna Reed	1:01.38	BE, ECAC 4/13-4/15 SRU Invitational
	Martina Hallman	1:01.62p	BE, ECAC 5/12-5/14 ECAC Championships

Selena Sappleton	1:01.73p	BE, ECAC	5/12-5/14 ECAC Championships
Martina Hallman	1:02.18	BE, ECAC	4/13-4/15 SRU Invitational
Selena Sappleton	1:02.89	BE	4/5-4/8 Texas Relays
Selena Sappleton	1:03.09p	BE	5/5-5/8 Big East Championships
Martina Hallman	1:03.33	BE	3/24-3/25 Raleigh Relays
Selena Sappleton	1:03.40		4/22 Nittany Lion Relays
Joelle Ambrose	1:04.44		4/27-4/29 Penn Relays
Selena Sappleton	1:04.44		3/24-3/25 Raleigh Relays
Selena Sappleton	1:04.47		3/31-4/1 Western PA Champs
Selena Sappleton	1:06.21		4/13-4/15 SRU Invitational
Joelle Ambrose	1:07.80		4/22 Nittany Lion Relays
Joelle Ambrose	1:08.28		3/24-3/25 Raleigh Relays
Allison Brown	1:09.97		3/24-3/25 Raleigh Relays
Allison Brown	1:10.30		3/31-4/1 Western PA Champs
Allison Brown	1:13.90		4/22 Nittany Lion Relays

3000M SC	Big East: 11:30.24	ECAC: 10:55.0	NCAA Regional: 10:50.25
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Nicki Angstadt	10:56.68	BE	4/12-4/15 Sea Ray Relays
Nicki Angstadt	11:02.09	BE	3/24-3/25 Raleigh Relays

High Jump	Big East: 1.59	ECAC: 1.70	NCAA Regional: 1.75
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Kristin Johnson	1.61m	BE	4/13-4/15 SRU Invitational
Kristin Johnson	1.59m	BE	5/5-5/8 Big East Championships
Mycah Clemons	1.59m	BE	3/31-4/1 Liberty Asics Invitational
Joelle Ambrose	1.59m	BE	3/31-4/1 Liberty Asics Invitational
Joelle Ambrose	1.58m		4/13-4/15 SRU Invitational
Joelle Ambrose	1.58m		4/22 Nittany Lion Relays

Kristin Johnson	1.58m	4/22 Nittany Lion Relays
Joelle Ambrose	1.56m	5/5-5/8 Big East Championships
Mycah Clemons	1.50m	5/5-5/8 Big East Championships
Mycah Clemons	1.48m	4/22 Nittany Lion Relays
Mycah Clemons	1.45m	5/12-5/14 ECAC Championships

Pole Vault	Big East: 3.35	ECAC: 3.65	NCAA Regional: 3.80
SR	Marissa Dudek	4.00m	BE, ECAC, NCAA Reg. 5/12-5/14 ECAC Championships
SR	Marissa Dudek	4.00m	BE, ECAC, NCAA Reg. 5/5-5/8 Big East Championships
SR	Marissa Dudek	4.00m	BE, ECAC, NCAA Reg. 4/27-4/29 Penn Relays
	Marissa Dudek	3.96m	BE, ECAC, NCAA Reg. 5/26-5/27 East Regionals
	Nicole Pitchford	3.90m	BE, ECAC, NCAA Reg. 4/12-4/15 Sea Ray Relays
	Nicole Pitchford	3.80m	BE, ECAC, NCAA Reg. 5/12-5/14 ECAC Championships
	Marissa Dudek	3.75m	BE, ECAC 6/7-6/10 NCAA Championships
	Nicole Pitchford	3.66m	BE, ECAC 5/26-5/27 East Regionals
	Nicole Pitchford	3.65m	BE, ECAC 4/27-4/28 Penn Relays
	Nicole Pitchford	3.65m	BE, ECAC 4/22 Nittany Lion Relays
	Marissa Dudek	3.65m	BE, ECAC 4/12-4/15 Sea Ray Relays
Meet R, Fac R	Nicole Pitchford	3.36m	BE 3/31-4/1 Western PA Champs

Long Jump	Big East: 5.48	ECAC: 5.80	NCAA Regional: 5.97
	Martina Hallman	6.18m	BE, ECAC, NCAA Reg. 5/5-5/8 Big East Championships
	Martina Hallman	6.17m	BE, ECAC, NCAA Reg. 5/26-5/27 East Regionals
	Janessa Murphy	6.10m	BE, ECAC, NCAA Reg. 5/12-5/14 ECAC Championships
	Janessa Murphy	5.97m	BE, ECAC, NCAA Reg. 4/22 Nittany Lion Relays
	Martina Hallman	5.93m	BE, ECAC 4/13-4/15 SRU Invitational
	Janessa Murphy	5.90m	BE, ECAC 5/26-5/27 East Regionals

Janessa Murphy	5.90m	BE, ECAC	4/13-4/15 SRU Invitational
Martina Hallman	5.75m	BE	4/22 Nittany Lion Relays
Martina Hallman	5.57m	BE	4/27-4/29 Penn Relays
Martina Hallman	5.52m	BE	3/24-3/25 Raleigh Relays
Martina Hallman	5.51m	BE	5/12-5/14 ECAC Championships
Janessa Murphy	5.41m		4/27-4/29 Penn Relays
Mycah Clemons	5.34m		3/31-4/1 Liberty Asics Invitational
Mycah Clemons	5.32m		4/22 Nittany Lion Relays
Janessa Murphy	5.32m		3/24-3/25 Raleigh Relays
Mycah Clemons	5.28m		5/5-5/8 Big East Championships
Joelle Ambrose	5.17m		5/5-5/8 Big East Championships
Mycah Clemons	5.13m		5/12-5/14 ECAC Championships
Kristin Johnson	5.05m		3/31-4/1 Liberty Asics Invitational
Joelle Ambrose	4.93m		3/31-4/1 Liberty Asics Invitational
Joelle Ambrose	4.89m		4/13-4/15 SRU Invitational
Kristin Johnson	4.87m		4/22 Nittany Lion Relays
Kristin Johnson	4.81m		5/5-5/8 Big East Championships
Kristin Johnson	4.81m		4/13-4/15 SRU Invitational

Triple Jump	Big East: 11.28	ECAC: 11.70	NCAA Regional: 12.32
Meet R	Martina Hallman	12.25m	BE, ECAC
	Martina Hallman	12.18m	BE, ECAC
	Martina Hallman	11.79m	BE, ECAC
	Martina Hallman	11.82m	BE, ECAC
			5/5-5/8 Big East Championships
			3/31-4/1 Western PA Champs
			5/12-5/14 ECAC Championships
			4/22 Nittany Lion Relays

Shot Put	Big East: 12.50	ECAC: 13.60	NCAA Regional: 14.30
	Mycah Clemons	12.64m	BE
			5/12-5/14 ECAC Championships

Mycah Clemons	12.04m	5/5-5/8 Big East Championships
Mycah Clemons	11.41m	3/31-4/1 Liberty Asics Invitational
Joelle Ambrose	10.31m	5/5-5/8 Big East Championships
Joelle Ambrose	10.29m	4/13-4/15 SRU Invitational
Joelle Ambrose	10.20m	3/31-4/1 Liberty Asics Invitational
Kristin Johnson	7.41m	5/5-5/8 Big East Championships
Kristin Johnson	6.60m	4/13-4/15 SRU Invitational
Kristin Johnson	5.93m	3/31-4/1 Liberty Asics Invitational

Hammer Throw	Big East: 42.68	ECAC: 48.00	NCAA Regional: 54.15
Stacey Bilan	39.11m		4/22 Nittany Lion Relays
Stacey Bilan	36.39m		4/13-4/15 SRU Invitational
Stacey Bilan	34.97m		3/31-4/1 Western PA Champs
Stacey Bilan	29.54m		3/24-3/25 Raleigh Relays

Discus	Big East: 38.50	ECAC: 42.00	NCAA Regional: 47.30
Stacey Bilan	43.16m	BE, ECAC	3/24-3/25 Raleigh Relays
Stacey Bilan	42.38m	BE, ECAC	5/5-5/8 Big East Championships
Stacey Bilan	42.51m	BE, ECAC	3/31-4/1 Western PA Champs
Stacey Bilan	40.57m	BE	5/12-5/14 ECAC Championships
Stacey Bilan	40.51m	BE	4/27-4/29 Penn Relays
Stacey Bilan	36.62m		4/13-4/15 SRU Invitational

Javelin	Big East: 33.50	ECAC: 40.00	NCAA Regional: 43.45
SR	Angela Hoover	48.78m	BE, ECAC, NCAA Reg. 5/5-5/8 Big East Championships
	Angela Hoover	44.60m	BE, ECAC, NCAA Reg. 5/12-5/14 ECAC Championships
	Angela Hoover	43.15m	BE, ECAC 5/26-5/27 East Regionals
	Carolyn Kitchens	42.09m	BE, ECAC 5/5-5/8 Big East Championships
	Carolyn Kitchens	42.00m	BE, ECAC 3/31-4/1 Western PA Champs
	Hayle Ritchey	41.59m	BE, ECAC 5/12-5/14 ECAC Championships
	Hayle Ritchey	41.48m	BE, ECAC 4/27-4/29 Penn Relays
	Jill Knopsnyder	41.04m	BE, ECAC 5/5-5/8 Big East Championships
	Hayle Ritchey	40.69m	BE, ECAC 4/13-4/15 SRU Invitational
	Hayle Ritchey	40.68m	BE, ECAC 3/31-4/1 Western PA Champs
	Jill Knopsnyder	39.81m	BE 3/31-4/1 Western PA Champs
	Jill Knopsnyder	39.51m	BE 4/12-4/15 Sea Ray Relays
	Carolyn Kitchens	39.26m	BE 5/12-5/14 ECAC Championships
	Carolyn Kitchens	38.93m	BE 4/22 Nittany Lion Relays
	Jill Knopsnyder	38.73m	BE 3/24-3/25 Raleigh Relays
	Hayle Ritchey	38.70m	BE 5/5-5/8 Big East Championships
	Carolyn Kitchens	38.70m	BE 4/27-4/29 Penn Relays
	Hayle Ritchey	38.61m	BE 4/22 Nittany Lion Relays
	Jill Knopsnyder	38.05m	BE 5/12-5/14 ECAC Championships
	Carolyn Kitchens	37.38m	BE 3/24-3/25 Raleigh Relays
	Jill Knopsnyder	37.30m	BE 4/22 Nittany Lion Relays
	Carolyn Kitchens	37.14m	BE 4/12-4/15 Sea Ray Relays
	Jill Knopsnyder	36.11m	BE 4/27-4/29 Penn Relays
	Stacey Bilan	35.15m	BE 5/5-5/8 Big East Championships
	Stacey Bilan	34.25m	BE 4/22 Nittany Lion Relays
	Stacey Bilan	33.13m	3/24-3/25 Raleigh Relays
	Stacey Bilan	32.78m	3/31-4/1 Western PA Champs
	Mycah Clemons	24.98m	4/22 Nittany Lion Relays
	Mycah Clemons	24.77m	3/31-4/1 Liberty Asics Invitational
	Joelle Ambrose	24.17m	3/31-4/1 Liberty Asics Invitational
	Joelle Ambrose	21.79m	4/13-4/15 SRU Invitational
	Joelle Ambrose	19.55m	5/5-5/8 Big East Championships
	Kristin Johnson	18.77m	5/5-5/8 Big East Championships
	Mycah Clemons	18.31m	5/12-5/14 ECAC Championships

Kristin Johnson	15.11m	3/31-4/1 Liberty Asics Invitational
Kristin Johnson	15.03m	4/13-4/15 SRU Invitational

Heptathlon	Big East: N/A	ECAC: 4530	NCAA Provisional: 5000	NCAA Automatic: 5500
	Mycah Clemons	4,658	ECAC	3/31-4/1 Western PA Champs
	Joelle Ambrose	4,371		3/31-4/1 Western PA Champs
	Joelle Ambrose	4,293		5/5-5/8 Big East Championships
	Mycah Clemons	4,276		5/12-5/14 ECAC Championships
	Joelle Ambrose	4,240		4/13-4/15 SRU Invitational
	Mycah Clemons	3,603		5/5-5/8 Big East Championships
	Kristin Johnson	3,517		5/5-5/8 Big East Championships
	Kristin Johnson	3,516		4/13-4/15 SRU Invitational
	Kristin Johnson	2,757		3/31-4/1 Western PA Champs

4x100M	Big East: n/a	ECAC: 48.34	NCAA Regional: 45.70	
	Sh. Calhoun, Bender Murphy, St. Calhoun	44.80p	ECAC, NCAA Reg.	5/26-5/27 East Regionals
	Sh. Calhoun, Bender Murphy, St. Calhoun	45.47	ECAC, NCAA Reg.	5/26-5/27 East Regionals
	Sh. Calhoun, Murphy Bender, St. Calhoun	45.68	ECAC, NCAA Reg.	5/5-5/8 Big East Championships
	Sh. Calhoun, Murphy Bender, St. Calhoun	45.91	ECAC	4/27-4/29 Penn Relays
	Sh. Calhoun, Reed Bender, St. Calhoun	45.94	ECAC	4/27-4/29 Penn Relays
	Sh. Calhoun, Bender Murphy, St. Calhoun	46.06	ECAC	5/12-5/14 ECAC Championships

Sh. Calhoun, Bender Murphy, St. Calhoun	46.27p	ECAC	5/12-5/14 ECAC Championships
Sh. Calhoun, St. Calhoun Bender, Murphy	46.54	ECAC	3/24-3/25 Raleigh Relays
Hallman, St. Calhoun Sh. Calhoun, Bender	46.62p	ECAC	4/5-4/8 Texas Relays
Hallman, Bender St. Calhoun, Sh. Calhoun	46.98	ECAC	3/31-4/1 Western PA Champs
St. Calhoun, Murphy Bender, Sh. Calhoun	47.69	ECAC	4/22 Nittany Lion Relays
Hare, Goode Seitz, Murphy	48.53		4/13-4/15 SRU Invitational
Goode, Hare Reed, Seitz	49.59		3/31-4/1 Western PA Champs

4x200m	Big East: n/a	ECAC: n/a	NCAA Regional: n/a
Sh. Calhoun, Bender Reed, St. Calhoun	1:35.47		4/27-4/29 Penn Relays
Bender, Reed St. Calhoun, Sh. Calhoun	1:36.09		4/5-4/8 Texas Relays
St. Calhoun, Bender Reed, Sh. Calhoun	1:36.14		4/27-4/29 Penn Relays
Sh. Calhoun, St. Calhoun Bender, Reed	1:38.77		3/24-3/25 Raleigh Relays

4x400m	Big East: n/a	ECAC: 3:51.80	NCAA Regional: 3:42.00
Reed, Hallman	3:39.23	ECAC, NCAA Reg.	5/26-5/27 East Regionals

Meet R	Sh. Calhoun, St. Calhoun Reed, Hallman	3:40.46	ECAC, NCAA Reg.	5/5-5/8 Big East Championships
	Sh. Calhoun, St. Calhoun Reed, Hallman	3:41.67	ECAC, NCAA Reg.	4/27-4/29 Penn Relays
	Sappleton, St. Calhoun Reed, St. Calhoun	3:41.93	ECAC, NCAA Reg.	4/5-4/8 Texas Relays
	Sappleton, Hallman Reed, Hallman	3:43.65	ECAC	4/27-4/29 Penn Relays
	Sappleton, St. Calhoun Sh. Calhoun, St. Calhoun	3:50.99	ECAC	3/24-3/25 Raleigh Relays
	Sappleton, Reed Seitz, Hallman, Epps, Hare	3:52.74		3/24-3/25 Raleigh Relays
	Sh. Calhoun, Hallman Seitz, Sappleton	3:57.63		3/31-4/1 Western PA Champs
	Reed, Epps Goode, Seitz	4:05.03		4/13-4/15 SRU Invitational

4x800m	Big East: n/a	ECAC: 9:16.2	
Zaylor, Sappleton Vignetti, Epps	9:31.93		5/5-5/8 Big East Championships
Zaylor, Angstadt Vignetti, Epps	9:46.08		3/31-4/1 Western PA Champs

DMR

Shuttle Hurdle Relay

New School Records

5,000 meters	Maureen McCandless	16:01.30	5/26-5/27 East Regionals
1,500 meters	Maureen McCandless	4:19.74	4/5-4/8 Texas Relays
Pole Vault	Marissa Dudek	4.00m	4/27-4/29 Penn Relays
		4.00m	5/5-5/8 Big East Championships
		4.00m	5/12-5/14 ECAC Championships
Javelin	Angela Hoover	48.78m	5/5-5/8 Big East Championships
100m	Shantea Calhoun	11.54	5/12-5/14 ECAC Championships
100m H	Julianna Reed	57.45	5/26-5/27 East Regionals