

## 2006 Indoor - Women's Performance List

Event	Name	Result	Comments	Location/Date
<b>60 m</b>	<b>Big East: 7.85</b>	<b>ECAC: 7.74</b>	<b>NCAA Provisional: 7.44</b>	<b>NCAA Automatic: 7.27</b>
	Shantea Calhoun	<b>7.46</b>	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Shantea Calhoun	7.53	BE, ECAC	Big East Championships 2/18-2/19
	Shantea Calhoun	7.55p	BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
	Shantea Calhoun	7.57p	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Shanea Calhoun	7.60	BE, ECAC	Big East Championships 2/18-2/19
	Shantea Calhoun	7.62p	BE, ECAC	Big East Championships 2/18-2/19
	Shantea Calhoun	7.63	BE, ECAC	PSU Open 1/27-1/28
	Janessa Murphy	7.63	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Shanea Calhoun	7.65p	BE, ECAC	Big East Championships 2/18-2/19
	Shanea Calhoun	7.65p	BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
	Janessa Murphy	7.65p	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Shantea Calhoun	7.66	BE, ECAC	Akron Quad 1/13
	Shanea Cahoun	7.68p	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Shantea Calhoun	7.70	BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
	Janessa Murphy	7.71	BE, ECAC	Akron Quad 1/13
	Shanea Calhoun	7.71	BE, ECAC	Akron Quad 1/13
	Shantea Calhoun	7.72p	BE, ECAC	PSU Open 1/27-1/28
	Shanea Calhoun	7.72p	BE, ECAC	PSU Open 1/27-1/28
	Janessa Murphy	7.76p	BE	Big East Championships 2/18-2/19
	Janessa Murphy	7.75p	BE	New Balance Collegiate Inv. 2/3-2/4
	Raquel Bender	7.78p	BE	PSU Open 1/27-1/28
	Janessa Murphy	7.83p	BE	PSU Open 1/27-1/28
	Raquel Bender	7.95		Akron Quad 1/13
	Catherine Hare	7.99p		PSU Open 1/27-1/28

<b>200m</b>	<b>Big East: 25.50</b>	<b>ECAC: 25.14</b>	<b>NCAA Provisional: 23.90</b>	<b>NCAA Automatic: 23.30</b>
Shanea Calhoun	<b>24.14</b>		BE, ECAC	Big East Championships 2/18-2/19
Shantea Calhoun	24.20		BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
Shanea Calhoun	24.28p		BE, ECAC	Big East Championships 2/18-2/19
Shantea Calhoun	24.37p		BE, ECAC	Big East Championships 2/18-2/19
Shanea Calhoun	24.41		BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
Shantea Calhoun	24.41		BE, ECAC	PSU Open 1/27-1/28
Shanea Calhoun	24.52p		BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
Shantea Calhoun	24.70p		BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
Shanea Calhoun	24.77		BE, ECAC	PSU Open 1/27-1/28
Shantea Calhoun	24.80		BE, ECAC	Akron Quad 1/13
Shanea Calhoun	24.81		BE, ECAC	Akron Quad 1/13
Raquel Bender	24.82p		BE, ECAC	Big East Championships 2/18-2/19
Raquel Bender	24.95		BE, ECAC	Big East Championships 2/18-2/19
Raquel Bender	25.11p		BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
Raquel Bender	25.30		BE	PSU Open 1/27-1/28
Raquel Bender	25.50		BE	Akron Quad 1/13
Julianna Reed	25.56			Sykes-Sabock Challenge Cup 2/10-2/11
Janessa Murphy	26.22			Akron Quad 1/13
Catie Hare	26.26p			New Balance Collegiate Inv. 2/3-2/4

<b>400m</b>	<b>Big East: 58.24</b>	<b>ECAC: 57.34</b>	<b>NCAA Provisional: 54.40</b>	<b>NCAA Automatic: 52.40</b>
Julianna Reed	<b>56.13</b>		BE, ECAC	Akron Quad 1/13
Julianna Reed	57.08		BE, ECAC	PSU Open 1/27-1/28
Selena Sappleton	57.28		BE, ECAC	Akron Open 2/3-2/4
Jennifer Seitz	57.45p		BE	Big East Championships 2/18-2/19
Jennifer Seitz	57.91		BE	PSU Open 1/27-1/28
Selena Sappleton	58.16		BE	Sykes-Sabock Challenge Cup 2/10-2/11
Jennifer Seitz	58.20p		BE	Big East Championships 2/18-2/19
Selena Sappleton	58.31			PSU Open 1/27-1/28
Selena Sappleton	59.26			Akron Quad 1/13
Raquel Bender	59.93p			New Balance Collegiate Inv. 2/3-2/4
Allison Brown	1:03.44			Sykes-Sabock Challenge Cup 2/10-2/11

**500m** **Big East: 1.17.24** **ECAC: 1.16.00**

<b>Fac. Rec.</b>	Julianna Reed	<b>1:13.22</b>	BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
	Julianna Reed	1:14.05	BE, ECAC	Big East Championships 2/18-2/19
	Julianna Reed	1:14.45p	BE, ECAC	Big East Championships 2/18-2/19

**600m****800m** **Big East: 2.17.04** **ECAC: 2.14.40** **NCAA Provisional: 2.09.40** **NCAA Automatic: 2.06.10**

	Krystal Epps	<b>2:15.30</b>	BE	Sykes-Sabock Challenge Cup 2/10-2/11
	Abby Zaylor	2:16.47	BE	Sykes-Sabock Challenge Cup 2/10-2/11
	Krystal Epps	2:18.51		PSU Open 1/27-1/28
	Krystal Epps	2:18.79		Akron Quad 1/13
	Krystal Epps	2:19.30		Big East Championships 2/18-2/19
	Melissa Vignetti	2:24.70		PSU Open 1/27-1/28
	Melissa Vignetti	2:25.59		Akron Quad 1/13
	Melissa Vignetti	2:26.76		New Balance Collegiate Inv. 2/3-2/4
	Melissa Vignetti	2:28.50		Sykes-Sabock Challenge Cup 2/10-2/11
	Joelle Ambrose	2:37.99		Akron Open 2/3-2/4
	Joelle Ambrose	2:38.23		PSU Open 1/27-1/28
	Mycah Clemons	2:48.28		Akron Open 2/3-2/4
	Mycah Clemons	2:54.72		PSU Open 1/27-1/28

**1000m** **Big East: 2.59.04** **ECAC: 2.57.50**

	Abby Zaylor	<b>2:55.82p</b>	BE, ECAC	Big East Championships 2/18-2/19
	Abby Zaylor	2:56.36	BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
	Abby Zaylor	2:57.78	BE	PSU Open 1/27-1/28

<b>Mile</b>	<b>Big East: 5.08.44</b>	<b>ECAC: 5.01.10</b>	<b>NCAA Provisional: 4.47.00</b>	<b>NCAA Automatic: 4.38.50</b>
	Maureen McCandless	<b>4:48.13</b>	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Abby Zaylor	5:04.10	BE	Akron Quad 1/13
	Ali Briggs	5:09.74		PSU Open 1/27-1/28
	Ali Briggs	5:17.28		Sykes-Sabock Challenge Cup 2/10-2/11
<b>3000m</b>	<b>Big East: 10.13.74</b>	<b>ECAC: 9.58.90</b>	<b>NCAA Provisional: 9.35.00</b>	<b>NCAA Automatic: 9.16.00</b>
	Nicki Angstadt	<b>9:56.77</b>	BE, ECAC	Big East Championships 2/18-2/19
	Nicki Angstadt	10:12.64	BE	Akron Quad 1/13
	Ali Briggs	10:36.91		Akron Open 2/3-2/4
	Rachel Botham	10:46.20		Akron Open 2/3-2/4
	Suzy Bossart	10:55.33		Akron Quad 1/13
	Monica Bhattacharjee	11:04.11		Akron Quad 1/13
	Katelyn Fleishman	11:14.18		Akron Quad 1/13
<b>5000m</b>	<b>Big East: 17.53.34</b>	<b>ECAC: 17.33.60</b>	<b>NCAA Provisional: 16.45.00</b>	<b>NCAA Automatic: 16.10.00</b>
<b>All-American</b>	Maureen McCandless	<b>15:56.51</b>	BE, ECAC, Prov.	NCAA Championships 3/10-3/11
	Maureen McCandless	16:17.09	BE, ECAC, Prov.	Big East Championships 2/18-2/19
	Nicki Angstadt	16:57.22	BE, ECAC	Big East Championships 2/18-2/19
	Nicki Angstadt	17:09.82	BE, ECAC	PSU Open 1/27-1/28
	Suzy Bossart	18:19.77		PSU Open 1/27-1/28
	Suzy Bossart	18:42.34		Akron Open 2/3-2/4
	Monica Bhattacharjee	19:02.21		Akron Open 2/3-2/4
<b>60m H</b>	<b>Big East: 9.02</b>	<b>ECAC: 8.84</b>	<b>NCAA Provisional: 8.43</b>	<b>NCAA Automatic: 8.15</b>
	Martina Hallman	<b>8.68p</b>	BE, ECAC	Big East Championships 2/18-2/19
	Julianna Reed	8.69	BE, ECAC	Akron Quad 1/13

Julianna Reed	8.69p	BE, ECAC	PSU Open 1/27-1/28
Martina Hallman	8.70	BE, ECAC	Akron Quad 1/13
Mycah Clemons	8.80	BE, ECAC	Big East Championships 2/18-2/19
Mycah Clemons	8.81p	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
Martina Hallman	8.82	BE, ECAC	Big East Championships 2/18-2/19
Martina Hallman	8.82	BE, ECAC	Akron Open 2/3-2/4
Martina Hallman	8.83p	BE, ECAC	Akron Open 2/3-2/4
Julianna Reed	8.86	BE	PSU Open 1/27-1/28
Julianna Reed	8.93p	BE	Big East Championships 2/18-2/19
Julianna Reed	9.02p	BE	Sykes-Sabock Challenge Cup 2/10-2/11
Mycah Clemons	9.03		Akron Quad 1/13
Selena Sappleton	9.08p		PSU Open 1/27-1/28
Selena Sappleton	9.14		Akron Quad 1/13
Selena Sappleton	9.18p		Akron Open 2/3-2/4
Julianna Reed	9.20p		New Balance Collegiate Inv. 2/3-2/4
Joelle Ambrose	9.43		Big East Championships 2/18-2/19
Joelle Ambrose	9.52		Sykes-Sabock Challenge Cup 2/10-2/11
Joelle Ambrose	9.61p		Sykes-Sabock Challenge Cup 2/10-2/11
Allison Brown	9.90		Akron Open 2/3-2/4
Allison Brown	9.95		Akron Quad 1/13

<b>55m H</b>	<b>ECAC: 8.29</b>	<b>NCAA Provisional: 7.86</b>	<b>NCAA Automatic: 7.58</b>
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Mycah Clemons	<b>8.31</b>		PSU Open 1/27-1/28
Joelle Ambrose	9.33		PSU Open 1/27-1/28

<b>High Jump</b>	<b>Big East: 1.59</b>	<b>ECAC: 1.70</b>	<b>NCAA Provisional: 1.78</b>	<b>NCAA Automatic: 1.84</b>
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Mycah Clemons	<b>1.61</b>	BE	PSU Open 1/27-1/28
Mycah Clemons	1.58		Akron Quad 1/13
Mycah Clemons	1.58		Big East Championships 2/18-2/19
Joelle mbrose	1.58		Big East Championships 2/18-2/19
Kristin Johnson	1.55		Akron Open 2/3-2/4
Kristin Johnson	1.55		Sykes-Sabock Challenge Cup 2/10-2/11

Joelle Ambrose	1.52	PSU Open 1/27-1/28
Mycah Clemons	1.50	Sykes-Sabock Challenge Cup 2/10-2/11
Joelle Ambrose	1.50	Sykes-Sabock Challenge Cup 2/10-2/11

<b>Pole Vault</b>	<b>Big East: 3.35</b>	<b>ECAC: 3.60</b>	<b>NCAA Provisional: 3.95</b>	<b>NCAA Automatic: 4.20</b>
<b>SR</b>	Marissa Dudek	<b>4.11</b>	BE, ECAC, Prov.	Big East Championships 2/18-2/19
<b>All-American</b>	Marissa Dudek	4.10	BE, ECAC, Prov.	NCAA Championships 3/10-3/11
	Marissa Dudek	3.95	BE, ECAC, Prov.	Akron Quad 1/13
	Marissa Dudek	3.95	BE, ECAC, Prov.	Sykes-Sabock Challenge Cup 2/10-2/11
	Marissa Dudek	3.77	BE, ECAC	Akron Open 2/3-2/4
	Nicole Pitchford	3.77	BE, ECAC	Akron Open 2/3-2/4
	Nicole Pitchford	3.75	BE, ECAC	Big East Championships 2/18-2/19
	Marissa Dudek	3.75	BE, ECAC	PSU Open 1/27-1/28
	Nicole Pitchford	3.60	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Nicole Pitchford	3.50	BE	Akron Quad 1/13

<b>Long Jump</b>	<b>Big East: 5.40</b>	<b>ECAC: 5.70</b>	<b>NCAA Provisional: 6.10</b>	<b>NCAA Automatic: 6.40</b>
	Janessa Murphy	<b>6.10</b>	BE, ECAC, Prov.	Big East Championships 2/18-2/19
	Martina Hallman	5.82	BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Janessa Murphy	5.81	BE, ECAC	Akron Quad 1/13
	Janessa Murphy	5.80	BE, ECAC	New Balance Collegiate Inv. 2/3-2/4
	Martina Hallman	5.73	BE, ECAC	Big East Championships 2/18-2/19
	Janessa Murphy	5.67	BE	Sykes-Sabock Challenge Cup 2/10-2/11
	Janessa Murphy	5.67	BE	PSU Open 1/27-1/28
	Martina Hallman	5.55	BE	Akron Quad 1/13
	Mycah Clemons	5.31		Sykes-Sabock Challenge Cup 2/10-2/11
	Mycah Clemons	5.25		Akron Quad 1/13
	Mycah Clemons	5.13		Big East Championships 2/18-2/19
	Mycah Clemons	5.11		PSU Open 1/27-1/28
	Joelle Ambrose	5.03		Akron Open 2/3-2/4
	Joelle Ambrose	4.85		Big East Championships 2/18-2/19

<b>Triple Jump</b>	<b>Big East: 11.28</b>	<b>ECAC: 11.70</b>	<b>NCAA Provisional: 12.65</b>	<b>NCAA Automatic: 13.30</b>
Martina Hallman	<b>12.21</b>		BE, ECAC	Akron Open 2/3-2/4
Martina Hallman	12.10		BE, ECAC	Big East Championships 2/18-2/19
Martina Hallman	11.72		BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
Kristin Johnson	10.64			Sykes-Sabock Challenge Cup 2/10-2/11
Kristin Johnson	10.39			Akron Open 2/3-2/4
<b>Shot Put</b>	<b>Big East: 12.50</b>	<b>ECAC: 13.60</b>	<b>NCAA Provisional: 15.40</b>	<b>NCAA Automatic: 16.90</b>
Kimberly Rorabaugh	<b>13.49</b>		BE	Big East Championships 2/18-2/19
Mycah Clemons	13.35		BE	Big East Championships 2/18-2/19
Kimberly Rorabaugh	13.20		BE	Akron Quad 1/13
Kimberly Rorabaugh	13.19		BE	PSU Open 1/27-1/28
Kimberly Rorabaugh	13.16		BE	Akron Open 2/3-2/4
Kimberly Rorabaugh	13.02		BE	Sykes-Sabock Challenge Cup 2/10-2/11
Mycah Clemons	13.00		BE	Akron Open 2/3-2/4
Mycah Clemons	12.88		BE	PSU Open 1/27-1/28
Mycah Clemons	12.82		BE	Big East Championships 2/18-2/19
Stacey Bilan	11.68			Sykes-Sabock Challenge Cup 2/10-2/11
Stacey Bilan	11.40			Akron Quad 1/13
Joelle Ambrose	9.90			PSU Open 1/27-1/28
Joelle Ambrose	9.84			Big East Championships 2/18-2/19
<b>Weight Throw</b>	<b>Big East: 14.75</b>	<b>ECAC: 16.10</b>	<b>NCAA Provisional: 19.00</b>	<b>NCAA Automatic: 21.00</b>
Kimberly Rorabaugh	<b>17.19</b>		BE, ECAC	Akron Open 2/3-2/4
Kimberly Rorabaugh	17.12		BE, ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
Kimberly Rorabaugh	16.28		BE, ECAC	Big East Championships 2/18-2/19
Kimberly Rorabaugh	16.25		BE, ECAC	Akron Quad 1/13
Kimberly Rorabaugh	15.73		BE	PSU Open 1/27-1/28
Stacey Bilan	12.12			Akron Quad 1/13
Stacey Bilan	12.01			Sykes-Sabock Challenge Cup 2/10-2/11

<b>Pentathlon</b>	<b>Big East: N/A</b>	<b>ECAC: 3350</b>	<b>NCAA Provisional: 3700</b>	<b>NCAA Automatic: 4050</b>
	Mycah Clemons	<b>3,633</b>	ECAC	Big East Championships 2/18-2/19
	Mycah Clemons	3,563	ECAC	Akron Open 2/3-2/4
	Mycah Clemons	3,426	ECAC	PSU Open 1/27-1/28
	Joelle Ambrose	3,184		Big East Championships 2/18-2/19
	Joelle Ambrose	3,153		Akron Open 2/3-2/4
	Joelle Ambrose	2,937		PSU Open 1/27-1/28

<b>4x200m</b>				
<b>SR</b>	St. Calhoun, Sh. Calhoun Bender, Reed	<b>1:39.83</b>		New Balance Collegiate Inv. 2/3-2/4

<b>4x400m</b>	<b>Big East:</b>	<b>ECAC: 3.53.90</b>	<b>NCAA Provisional: 3.40.00</b>	<b>NCAA Automatic: 3.33.50</b>
	Reed, Sh. Calhoun, Hallman, St. Calhoun	<b>3:45.23</b>		Big East Championships 2/18-2/19
	Reed, Sh. Calhoun, Bender, St. Calhoun	3:49.26		PSU Open 1/27-1/28
	Reed, Hallman Sh. Calhoun, St. Calhoun	4:02.26		Akron Quad 1/13

<b>4x800m</b>	<b>Big East: n/a</b>	<b>ECAC: 9.25.20</b>		
	Zaylor, Sappleton, Briggs, Epps	<b>9:14.56</b>		Big East Championships 2/18-2/19

<b>DMR</b>	<b>Big East: n/a</b>	<b>ECAC: 12.08.64</b>	<b>NCAA Provisional: 11.28.00</b>	<b>NCAA Automatic: 11.09.00</b>
	Briggs, Seitz	<b>11:55.59</b>	ECAC	Big East Championships 2/18-2/19
	Epps, Zaylor			
	Zaylor, Hare	12:06.28	ECAC	Sykes-Sabock Challenge Cup 2/10-2/11
	Vignetti, Angstadt			

**New School Records**

<b>4x200 relay</b>	St. Calhoun, Sh. Calhoun	1:39.83		New Balance Collegiate Inv. 2/3-2/4
	Bender, Reed			
<b>Pole Vault</b>	Marissa Dudek	4.11 m		Big East championships 2/18-2/19