

2007 Outdoor - Men's Performance List

Event	Name	Result	Comments	Location/Date
100m	Big East: 11.10	IC4A: 10.85	NCAA Regional: 10.50	
	Sam Perkins	10.77	BE, IC4A	4/20-4/21 MSU Legacy Meet
	Sam Perkins	10.79p	BE, IC4A	5/4-5/6 Big East Championships
	Sam Perkins	10.80	BE, IC4A	4/11-4/14 Sea Ray Relays
	Sam Perkins	10.84p	BE, IC4A	5/11-5/13 IC4A Championships
	Sam Perkins	10.94p	BE	4/20-4/21 MSU Legacy Meet
	Kareem Cousar	11.26p		4/20-4/21 MSU Legacy Meet
	Kareem Cousar	11.32		3/24-3/25 Fred Hardy Invitational
	Barrett Warden	11.40		3/24-3/25 Fred Hardy Invitational
	Eric Jones	12.00		3/24-3/25 Fred Hardy Invitational
200m	Big East: 22.18	IC4A: 21.74	NCAA Regional: 21.19	
	Sam Perkins	22.19p		5/4-5/6 Big East Championships
	Kareem Cousar	22.48		4/20-4/21 MSU Legacy Meet
	Sam Perkins	22.53		4/20-4/21 MSU Legacy Meet
	Barrett Warden	22.98		3/24-3/25 Fred Hardy Invitational
	Barrett Warden	23.05		3/30-3/31 Asics Liberty Invitational
	Sidi Gueye	23.46		3/30-3/31 Asics Liberty Invitational
400m	Big East: 49.04	IC4A: 48.30	NCAA Regional: 47.20	
	Kareem Cousar	48.74	BE	4/20-4/21 MSU Legacy Meet
	Kareem Cousar	48.95	BE	4/11-4/14 Sea Ray Relays
	Kareem Cousar	49.03p	BE	5/4-5/6 Big East Championships
	Barrett Warden	51.02		4/14 Slippery Rock Open
	Sidi Gueye	51.15		3/30-3/31 Asics Liberty Invitational
	Sidi Gueye	51.22		4/14 Slippery Rock Open

Barrett Warden

51.32

3/30-3/31 Asics Liberty Invitational

800m	Big East: 1:53.64	IC4A: 1:52.50	NCAA Regional: 1:50.40	
Tim Konoval		1:52.67	BE	3/30-3/31 Asics Liberty Invitational
Eric Burnett		1:55.51		4/21 IUP Open
Brian Woods		1:55.85		3/24-3/25 Fred Hardy Invitational
Eric Burnett		1:58.78		3/30-3/31 Asics Liberty Invitational
Lane King		1:58.83		4/21 IUP Open
Sidi Gueye		1:59.05		3/24-3/25 Fred Hardy Invitational
Eric Burnett		1:59.57		3/24-3/25 Fred Hardy Invitational
Eric Burnett		1:59.77		4/14 Slippery Rock Open
Lane King		2:00.19		3/24-3/25 Fred Hardy Invitational
Mike Meade		2:00.22		4/21 IUP Open
Kareem Cousar		2:01.17		3/24-3/25 Fred Hardy Invitational
Mike Meade		2:01.29		4/14 Slippery Rock Open
Mike Meade		2:01.80		3/30-3/31 Asics Liberty Invitational
Lane King		2:01.98		4/14 Slippery Rock Open
Sidi Gueye		2:02.37		4/20-4/21 MSU Legacy Meet
Mike Meade		2:02.95		3/24-3/25 Fred Hardy Invitational
Kevin Gilpatrick		2:06.94		3/24-3/25 Fred Hardy Invitational
Will Grinstead		2:08.54		3/24-3/25 Fred Hardy Invitational

1,500m	Big East: 3:55.24	IC4A: 3:51.24	NCAA Regional: 3:47.80	
Sam Bair		3:42.36	BE, IC4A, NCAA Reg.	4/21 IUP Open
Tim Konoval		3:44.24	BE, IC4A, NCAA Reg.	4/11-4/14 Sea Ray Relays
Sam Bair		3:44.85	BE, IC4A, NCAA Reg.	5/25-5/26 East Regional Championships
Tim Konoval		3:45.00	BE, IC4A, NCAA Reg.	5/11-5/13 IC4A Championships
Sam Bair		3:45.20p	BE, IC4A, NCAA Reg.	5/25-5/26 East Regional Championships
Tim Konoval		3:45.41	BE, IC4A, NCAA Reg.	5/25-5/26 East Regional Championships
Tim Konoval		3:46.70p	BE, IC4A, NCAA Reg.	5/25-5/26 East Regional Championships
Tim Konoval		3:47.59p	BE, IC4A, NCAA Reg.	5/4-5/6 Big East Championships
Sam Bair		3:47.69p	BE, IC4A, NCAA Reg.	5/4-5/6 Big East Championships
Sam Bair		3:48.85	BE, IC4A	4/6-4/7 Texas Relays

Tim Konoval	3:49.45	BE, IC4A	5/11-5/13 IC4A Championships
Tim Konoval	3:50.50	BE, IC4A	4/6-4/7 Texas Relays
Sam Bair	3:50.58	BE, IC4A	5/4-5/6 Big East Championships
Tim Konoval	3:50.66	BE, IC4A	5/4-5/6 Big East Championships
Andy Tomaswick	3:57.33		3/30-3/31 Asics Liberty Invitational
Eric Burnett	4:02.22		3/24-3/25 Fred Hardy Invitational
Eric Burnett	4:03.07		3/30-3/31 Asics Liberty Invitational
Eric Burnett	4:04.01		4/14 Slippery Rock Open
Mike Meade	4:09.09		3/30-3/31 Asics Liberty Invitational
Mike Meade	4:09.65		3/24-3/25 Fred Hardy Invitational
Lane King	4:10.23		3/24-3/25 Fred Hardy Invitational
Lane King	4:11.35		4/14 Slippery Rock Open
Travis Savidge	4:55.13		3/30-3/31 Asics Liberty Invitational

1,600m Big East: N/A IC4A: 4:11.30 NCAA Regional: 4:03.75

Tim Konoval	4:05.59	IC4A	3/30-3/31 Asics Liberty Invitational
-------------	----------------	------	--------------------------------------

3,000m

5,000m Big East: 14:50.14 IC4A: 14:37.00 NCAA Regional: 14:12.00

Andy Tomaswick	15:10.78		5/4-5/6 Big East Championships
Curtis Larimer	15:21.79		3/30-3/31 Asics Liberty Invitational
Steve Gonzalez	15:33.96		3/30-3/31 Asics Liberty Invitational
Kyle Kaminski	15:54.18		3/30-3/31 Asics Liberty Invitational
Lane King	16:08.38		3/30-3/31 Asics Liberty Invitational
Christian Schmidt	16:52.00		4/14 Slippery Rock Open

10,000m	Big East: 31:06.24	IC4A: 31:08.00	NCAA Provisional: 29:30.00	NCAA Automatic: 28.45.00
Andy Tomaswick	30:23.31		BE, IC4A	4/11-4/14 Sea Ray Relays
Andy Tomaswick	30:41.98		BE, IC4A	5/4-5/6 Big East Championships
Andy Tomaswick	31:07.16		BE, IC4A	5/11-5/13 IC4A Championships
Curtis Larimer	31:26.63			4/14 Slippery Rock Open
Andy Tomaswick	31:33.42			3/24-3/25 Fred Hardy Invitational
Curtis Larimer	31:37.51			4/21 IUP Open
Steve Gonzalez	31:58.28			4/11-4/14 Sea Ray Relays
Steve Gonzalez	32:37.11			4/21 IUP Open
Steve Gonzalez	32:39.37			3/24-3/25 Fred Hardy Invitational
Kyle Kaminski	32:53.70			4/14 Slippery Rock Open
Curtis Larimer	33:35.63			3/24-3/25 Fred Hardy Invitational
Kyle Kaminski	35:05.46			3/24-3/25 Fred Hardy Invitational

110m H	Big East: 15.35	IC4A: 14.85	NCAA Regional: 14.30	
Mike Wray	14.31p		BE, IC4A	4/6-4/7 Texas Relays
Jeff Kiss	15.88p			4/20-4/21 MSU Legacy Meet
Jeff Kiss	16.04			4/14 Slippery Rock Open
Jeff Kiss	16.20			3/30-3/31 Asics Liberty Invitational
Travis Savidge	16.37			3/30-3/31 Asics Liberty Invitational
Jeff Kiss	16.41			3/24-3/25 Fred Hardy Invitational
Travis Savidge	16.56			4/14 Slippery Rock Open
Travis Savidge	16.58			3/24-3/25 Fred Hardy Invitational
Travis Savidge	16.82p			4/20-4/21 MSU Legacy Meet

400m H	Big East: 55.64	IC4A: 53.94	NCAA Regional: 52.51	
Brian Woods	55.09		BE	5/4-5/6 Big East Championships
Mike Wray	55.12		BE	4/20-4/21 MSU Legacy Meet
Mike Wray	55.54p		BE	4/6-4/7 Texas Relays

Brian Woods	55.70
Brian Woods	56.33
Jeff Kiss	58.17
Will Grinstead	58.23
Kevin Gilpatrick	58.40
Will Grinstead	58.45
Will Grinstead	58.61
Kevin Gilpatrick	59.42
Will Grinstead	59.53
Sidi Gueye	59.66
Jeff Kiss	1:00.46
Jeff Kiss	1:00.80
Kevin Gilpatrick	1:01.16
Kevin Gilpatrick	1:01.21

4/14 Slippery Rock Open
3/24-3/25 Fred Hardy Invitational
3/30-3/31 Asics Liberty Invitational
4/14 Slippery Rock Open
4/20-4/21 MSU Legacy Meet
3/30-3/31 Asics Liberty Invitational
3/24-3/25 Fred Hardy Invitational
3/30-3/31 Asics Liberty Invitational
4/20-4/21 MSU Legacy Meet
3/24-3/25 Fred Hardy Invitational
3/24-3/25 Fred Hardy Invitational
4/14 Slippery Rock Open
3/24-3/25 Fred Hardy Invitational
4/14 Slippery Rock Open

3,000m SC	Big East: 9:34.24	IC4A: 9:16.00	NCAA Regional: 9:07.00
------------------	--------------------------	----------------------	-------------------------------

Mike Long	9:22.40	BE	4/20 IUP Open
Mike Long	9:29.55	BE	3/30-3/31 Asics Liberty Invitational
Mike Long	9:30.53	BE	5/4-5/6 Big East Championships
Mike Long	9:35.59		3/24-3/25 Fred Hardy Invitational
Christian Schmidt	10:26.55		3/24-3/25 Fred Hardy Invitational

High Jump	Big East: 1.91	IC4A: 2.04	NCAA Regional: 2.10
------------------	-----------------------	-------------------	----------------------------

Eric Jones	1.80		3/24-3/25 Fred Hardy Invitational
Travis Savidge	1.78		4/20-4/21 MSU Legacy Meet
Travis Savidge	1.75		3/24-3/25 Fred Hardy Invitational
Alonzo Webb III	1.75		3/30-3/31 Asics Liberty Invitational
Travis Savidge	1.75		4/14 Slippery Rock Open
Brandon Turner	1.73		4/20-4/21 MSU Legacy Meet
Alonzo Webb III	1.73		4/20-4/21 MSU Legacy Meet

Pole Vault	Big East: 4.50	IC4A: 4.75	NCAA Regional: 5.05	
Ron Walter		4.85	BE, IC4A	4/20-4/21 MSU Legacy Meet
Ron Walter		4.42		4/14 Slippery Rock Open
Travis Savidge		3.35		4/20-4/21 MSU Legacy Meet
Travis Savidge		3.04		3/30-3/31 Asics Liberty Invitational

Long Jump	Big East: 6.80	IC4A: 7.10	NCAA Regional: 7.34	
Eric Jones		6.50		4/20-4/21 MSU Legacy Meet
Eric Jones		6.41		3/30-3/31 Asics Liberty Invitational
Eric Jones		6.35		3/24-3/25 Fred Hardy Invitational
Alonzo Webb III		5.19		3/24-3/25 Fred Hardy Invitational

Triple Jump	Big East: 13.36	IC4A: 14.50	NCAA Regional: 15.00	
Eric Jones		15.03	BE, IC4A, NCAA Reg.	5/4-5/6 Big East Championships
Eric Jones		15.01	BE, IC4A, NCAA Reg.	4/20-4/21 MSU Legacy Meet
Eric Jones		14.93	BE, IC4A	5/25-5/26 East Regional Championships
Eric Jones		14.89	BE, IC4A	5/11-5/13 IC4A Championships
Eric Jones		14.52	BE, IC4A	4/11-4/14 Sea Ray Relays
Eric Jones		14.14	BE	4/26-4/28 Penn Relays
Eric Jones		13.95	BE	3/24-3/25 Fred Hardy Invitational
Eric Jones		13.83	BE	3/30-3/31 Asics Liberty Invitational

Shot Put	Big East: 14.63	IC4A: 15.60	NCAA Regional: 16.80	
-----------------	------------------------	--------------------	-----------------------------	--

Hammer Throw	Big East: 43.40	IC4A: 52.50	NCAA Regional: 55.60	
A.J. Kielinski		52.06	BE	5/4-5/6 Big East Championships
A.J. Kielinski		50.19	BE	3/30-3/31 Asics Liberty Invitational
A.J. Kielinski		49.28	BE	4/26-4/28 Penn Relays
A.J. Kielinski		49.27	BE	3/24-3/25 Fred Hardy Invitational
A.J. Kielinski		48.88	BE	4/11-4/14 Sea Ray Relays
Discus	Big East: 42.40	IC4A: 47.00	NCAA Regional: 51.70	
A.J. Kielinski		44.38	BE	3/24-3/25 Fred Hardy Invitational
A.J. Kielinski		44.27	BE	5/4-5/6 Big East Championships
A.J. Kielinski		44.05	BE	3/30-3/31 Asics Liberty Invitational
A.J. Kielinski		42.16		4/26-4/28 Penn Relays
Travis Savidge		25.03		3/30-3/31 Asics Liberty Invitational
Javelin	Big East: 54.00	IC4A: 58.50	NCAA Regional: 61.60	
Matt Raquet		58.95	BE, IC4A	4/20-4/21 MSU Legacy Meet
Matt Raquet		57.82	BE	5/11-5/13 IC4A Championships
Matt Raquet		55.44	BE	5/4-5/6 Big East Championships
Matt Raquet		54.52	BE	4/14 Slippery Rock Open
Matt Raquet		54.07	BE	3/30-3/31 Asics Liberty Invitational
Matt Raquet		52.88		3/24-3/25 Fred Hardy Invitational
Travis Savidge		37.86		3/30-3/31 Asics Liberty Invitational
Travis Savidge		33.99		3/24-3/25 Fred Hardy Invitational
Travis Savidge		33.64		4/20-4/21 MSU Legacy Meet

Decathlon	Big East: n/a Travis Savidge	IC4A: 6,300 5,511	NCAA Provisional: 6,900	NCAA Automatic: 7,500 3/30-3/31 Asics Liberty Invitational
------------------	--	------------------------------------	--------------------------------	--

4x100m	Big East: n/a	IC4A: 42.50	NCAA Regional: 40.66
---------------	----------------------	--------------------	-----------------------------

4x200m	Big East: n/a	IC4A: n/a
---------------	----------------------	------------------

4x400m	Big East: n/a	IC4A: 3:17.60	NCAA Regional: 3:10.00
	Perkins, Long	3:21.89	5/4-5/6 Big East Championships
	Gueye, Cousar		
	Cousar, Woods,	3:26.56	3/24-3/25 Fred Hardy Invitational
	Gueye, Wray		
	Cousar, Gueye,	3:29.76	3/30-3/31 Asics Liberty Invitational
	?, ?		
	Burnett, Gilpatrick,	3:31.58	3/30-3/31 Asics Liberty Invitational
	Grinstead, Kiss		
	Team A	3:35.25	4/14 Slippery Rock Open
	Team B	3:36.22	4/14 Slippery Rock Open
	Team C	3:39.28	3/30-3/31 Asics Liberty Invitational

4x800m	Big East: n/a Konoval, Burnett,	IC4A: 7:43.60 7:42.83	IC4A	5/4-5/6 Big East Championships
---------------	---	--	------	--------------------------------

Woods, Bair
Gilpatrick, Grinstead,
Gueye, Woods

8:25.97

3/24-3/25 Fred Hardy Invitational

New School Records

1,500 meters Sam Bair

3:42.36

4/21 IUP Open