

2006 Outdoor - Men's Performance List

Event	Name	Result	Comments	Location/Date
100 m	Big East: 11.10	IC4A: 10.85	NCAA Regional: 10.50	
	Chris Anderson	10.77	BE, IC4A	4/13-4/15 SRU Invitational
	Sam Perkins	10.79p	BE, IC4A	5/5-5/8 Big East Championships
	Sam Perkins	10.80	BE, IC4A	5/5-5/8 Big East Championships
	Chris Anderson	10.81p	BE, IC4A	5/5-5/8 Big East Championships
	Sam Perkins	10.84p	BE, IC4A	5/12-5/14 IC4A Championships
	Sam Perkins	10.86	BE	4/13-4/15 SRU Invitational
	Chris Anderson	10.89	BE	5/12-5/14 IC4A Championships
	Chris Anderson	10.99	BE	5/5-5/8 Big East Championships
	Chris Anderson	11.26		4/22 Nittany Lion Relays
	Sam Perkins	11.32		3/31-4/1 Western PA Champs
	Nick Reynolds	11.35		4/13-4/15 SRU Invitational
	Sam Perkins	11.37		4/22 Nittany Lion Relays
	Sam Perkins	11.41p		3/31-4/1 Western PA Champs
	Chris Anderson	11.41		3/31-4/1 Western PA Champs
	Chris Anderson	11.47p		3/31-4/1 Western PA Champs
	Charles Sneed	11.59		3/31-4/1 Liberty Asics Invitational
	Eric Jones	11.87		4/13-4/15 SRU Invitational
	Eric Jones	11.98		3/31-4/1 Liberty Asics Invitational
	Dartel McRae	12.01		3/31-4/1 Liberty Asics Invitational
	Nick Reynolds	12.09		4/22 Nittany Lion Relays
200m	Big East: 22.18	IC4A: 21.80	NCAA Regional: 21.19	
	Chris Anderson	21.44	BE, IC4A	4/13-4/15 SRU Invitational
	Chris Anderson	21.71p	BE, IC4A	5/5-5/8 Big East Championships
	Sam Perkins	22.22		4/13-4/15 SRU Invitational
	Mike Wray	22.37		4/22 Nittany Lion Relays
	Chris Anderson	22.59		4/22 Nittany Lion Relays
	Sam Perkins	22.68		4/22 Nittany Lion Relays
	Sam Perkins	22.73		3/31-4/1 Western PA Champs

Kareem Cousar	23.31	3/31-4/1 Western PA Champs
Kareem Cousar	23.48	4/22 Nittany Lion Relays
Nick Reynolds	23.68	4/13-4/15 SRU Invitational
Nick Reynolds	25.48	4/22 Nittany Lion Relays

400m	Big East: 49.04	IC4A: 48.25	NCAA Regional: 47.26
	Troy Roberson	49.31	3/24-3/25 Raleigh Relays
	Troy Roberson	49.38p	5/5-5/8 Big East Championships
	Troy Roberson	49.84	4/22 Nittany Lion Relays
	Kareem Cousar	49.96	4/22 Nittany Lion Relays
	Kareem Cousar	50.21	3/24-3/25 Raleigh Relays
	Kareem Cousar	50.29	4/12-4/15 Sea Ray Relays
	Kareem Cousar	50.34	3/31-4/1 Western PA Champs
	Sam Perkins	50.41	3/24-3/25 Raleigh Relays
	James Stratton	50.83	4/13-4/15 SRU Invitational
	Troy Roberson	50.98	4/13-4/15 SRU Invitational
	Brian Woods	51.11	4/22 Nittany Lion Relays
	James Stratton	51.66	4/22 Nittany Lion Relays
	Dartel McRae	55.85	3/31-4/1 Liberty Asics Invitational

800m	Big East: 1:53.64	IC4A: 1:52.15	NCAA Regional: 1:50.40
Meet R, Fac R	Sam Bair	1:52.83	3/31-4/1 Western PA Champs
	Tim Konoval	1:53.93	3/31-4/1 Western PA Champs
	James Stratton	1:58.16	3/24-3/25 Raleigh Relays
	Eric Fleming	1:58.99	4/13-4/15 SRU Invitational
	James Stratton	2:01.70	3/31-4/1 Western PA Champs
	Kevin Gilpatrick	2:05.44	3/31-4/1 Western PA Champs

1500M	Big East: 3:55.24	IC4A: 3:52.00	NCAA Regional: 3:47.80
	Sam Bair	3:42.84p	BE, IC4A, NCAA Reg. 6/7-6/10 NCAA Championships
	Sam Bair	3:43.50	BE, IC4A, NCAA Reg. 4/5-4/8 Texas Relays
	Tim Konoval	3:45.63	BE, IC4A, NCAA Reg. 5/12-5/14 IC4A Championships
	Sam Bair	3:46.38	BE, IC4A, NCAA Reg. 4/12-4/15 Sea Ray Relays
	Tim Konoval	3:46.39	BE, IC4A, NCAA Reg. 4/12-4/15 Sea Ray Relays
	Tim Konoval	3:46.92	BE, IC4A, NCAA Reg. 4/5-4/8 Texas Relays
	Tim Konoval	3:46.99p	BE, IC4A, NCAA Reg. 5/12-5/14 IC4A Championships
All-American	Sam Bair	3:47.00	BE, IC4A, NCAA Reg. 6/7-6/10 NCAA Championships
	Eric Fleming	3:47.62p	BE, IC4A, NCAA Reg. 5/12-5/14 IC4A Championships
	Sam Bair	3:47.79	BE, IC4A, NCAA Reg. 5/5-5/8 Big East Championships
	Sam Bair	3:48.71p	BE, IC4A 5/5-5/8 Big East Championships
	Eric Fleming	3:49.30p	BE, IC4A 5/5-5/8 Big East Championships
	Eric Fleming	3:49.38p	BE, IC4A 5/26-5/27 East Regionals
	Tim Konoval	3:49.74p	BE, IC4A 5/26-5/27 East Regionals
	Tim Konoval	3:49.74	BE, IC4A 5/5-5/8 Big East Championships
	Sam Bair	3:49.78p	BE, IC4A 5/26-5/27 East Regionals
	Eric Fleming	3:50.28	BE, IC4A 5/12-5/14 IC4A Championships
	Sam Bair	3:53.47	BE, IC4A 5/26-5/27 East Regionals
	Eric Fleming	3:54.32	BE, IC4A 5/5-5/8 Big East Championships
	Eric Fleming	3:54.95	BE 4/22 Nittany Lion Relays
	Eric Fleming	3:55.35	5/26-5/27 East Regionals
	Tim Konoval	3:56.85p	5/5-5/8 Big East Championships
	Eric Fleming	3:57.06	4/13-4/15 SRU Invitational
	Eric Fleming	4:02.69	3/31-4/1 Western PA Champs
	Steve Gonzalez	4:13.37	3/31-4/1 Western PA Champs
	Mike Long	4:20.45	4/22 Nittany Lion Relays
	Dartel McRae	5:42.42	3/31-4/1 Liberty Asics Invitational

3000m

5000m	Big East: 15:04.44	IC4A: 14:42.00	NCAA Regional: 14:10.00
--------------	---------------------------	-----------------------	--------------------------------

Mike Long	15:01.74	BE	5/5-5/8 Big East Championships
Mike Long	15:21.64		3/31-4/1 Western PA Champs

10,000M	Big East: 31:40.24	IC4A: 31:25.00	NCAA Provisional: 29:30.00	NCAA Automatic: 28.45.00
	Andy Tomaswick	30:34.13	BE, IC4A	3/24-3/25 Raleigh Relays
	Curtis Larimer	31:23.34	BE, IC4A	3/24-3/25 Raleigh Relays
	Steve Gonzalez	32:51.06		3/24-3/25 Raleigh Relays
	Curtis Larimer	32:54.58		5/5-5/8 Big East Championships

110m H	Big East: 15.35	IC4A: 14.95	NCAA Regional: 14.30	
	Mike Wray	13.70	BE, IC4A, NCAA Reg.	5/26-5/27 East Regionals
	Mike Wray	13.76p	BE, IC4A, NCAA Reg.	5/26-5/27 East Regionals
	Mike Wray	14.04p	BE, IC4A, NCAA Reg.	6/7-6/10 NCAA Championships
	Mike Wray	14.14p	BE, IC4A, NCAA Reg.	6/7-6/10 NCAA Championships
	Mike Wray	14.16p	BE, IC4A, NCAA Reg.	5/5-5/8 Big East Championships
	Mike Wray	14.25p	BE, IC4A, NCAA Reg.	4/5-4/8 Texas Relays
	Mike Wray	14.30	BE, IC4A, NCAA Reg.	4/27-4/29 Penn Relays
	Mike Wray	14.30	BE, IC4A, NCAA Reg.	4/13-4/15 SRU Invitational
	Mike Wray	14.37	BE, IC4A	4/22 Nittany Lion Relays
	Mike Wray	14.41	BE, IC4A	5/5-5/8 Big East Championships
	Mike Wray	14.43p	BE, IC4A	3/24-3/25 Raleigh Relays
	Mike Wray	14.82	BE, IC4A	3/31-4/1 Western PA Champs
	Mike Wray	14.57	BE, IC4A	3/24-3/25 Raleigh Relays
	Mike Wray	15.24p	BE	3/31-4/1 Western PA Champs
	Jeff Kiss	15.36	BE	4/13-4/15 SRU Invitational
	Dwayne Grant-Higgins	15.40		4/13-4/15 SRU Invitational
	Jeff Kiss	15.93		4/22 Nittany Lion Relays
	Jeff Kiss	16.00		3/24-3/25 Raleigh Relays
	Dwayne Grant-Higgins	16.19		4/22 Nittany Lion Relays
	Jeff Kiss	16.32		3/31-4/1 Western PA Champs
	Jeff Kiss	16.54p		3/31-4/1 Western PA Champs
	Dwayne Grant-Higgins	17.15p		3/31-4/1 Western PA Champs
	Dartel McRae	20.50		3/31-4/1 Liberty Asics Invitational

400m H	Big East: 55.64	IC4A: 53.54	NCAA Regional: 52.51	
Meet R	Brian Woods	54.77p	BE	5/5-5/8 Big East Championships
	Brian Woods	55.28	BE	3/31-4/1 Western PA Champs
	Mike Wray	55.39	BE	4/5-4/8 Texas Relays
	Brian Woods	56.38		4/12-4/15 Sea Ray Relays
	Brian Woods	56.56		3/24-3/25 Raleigh Relays
	Mike Wray	56.79		3/24-3/25 Raleigh Relays
	Dwayne Grant-Higgins	58.19		3/24-3/25 Raleigh Relays
	Kevin Gilpatrick	58.40		3/24-3/25 Raleigh Relays
	Jeff Kiss	58.46		3/31-4/1 Western PA Champs
	Brian Woods	58.50		4/22 Nittany Lion Relays
	Jeff Kiss	59.07		3/24-3/25 Raleigh Relays
	Will Grinstead	59.24		3/31-4/1 Western PA Champs
	Will Grinstead	59.70		4/13-4/15 SRU Invitational
	Will Grinstead	59.79		3/24-3/25 Raleigh Relays
	Will Grinstead	1:00.70		4/22 Nittany Lion Relays
	Kevin Gilpatrick	1:03.94		4/13-4/15 SRU Invitational

3000M SC	Big East: 9:34.24	IC4A: 9:16.00	NCAA Regional: 9:07.00	
	Mike Long	9:31.18	BE	3/24-3/25 Raleigh Relays
	Mike Long	9:36.58		5/5-5/8 Big East Championships
	Mike Long	9:51.98		4/12-4/15 Sea Ray Relays
	Steve Gonzalez	10:22.43		4/22 Nittany Lion Relays

High Jump	Big East: 1.91	IC4A: 2.04	NCAA Regional: 2.10	
	Charles Sneed	1.87m		3/31-4/1 Liberty Asics Invitational
	Dartel McRae	1.59m		3/31-4/1 Liberty Asics Invitational

Pole Vault	Big East: 4.50	IC4A: 4.80	NCAA Regional: 5.05
SR, Meet Rec.	Keith Higham	5.37m	BE, IC4A, NCAA Reg. 5/5-5/8 Big East Championships
All-American	Keith Higham	5.35m	BE, IC4A, NCAA Reg. 6/7-6/10 NCAA Championships
	Keith Higham	5.35m	BE, IC4A, NCAA Reg. 5/12-5/14 IC4A Championships
	Keith Higham	5.31m	BE, IC4A, NCAA Reg. 5/26-5/27 East Regionals
	Keith Higham	5.30mp	BE, IC4A, NCAA Reg. 6/7-6/10 NCAA Championships
SR	Keith Higham	5.30m	BE, IC4A, NCAA Reg. 4/13-4/15 Sea Ray Relays
	Keith Higham	5.20m	BE, IC4A, NCAA Reg. 4/22 Nittany Lion Relays
	Keith Higham	5.15m	BE, IC4A, NCAA Reg. 4/27-4/29 Penn Relays

Long Jump	Big East: 6.65	IC4A: 7.10	NCAA Regional: 7.34
	Jeff Kiss	6.50m	4/13-4/15 SRU Invitational
	Jeff Kiss	6.46m	3/31-4/1 Western PA Champs
	Eric Jones	6.41m	4/13-4/15 SRU Invitational
	Jeff Kiss	6.29m	4/22 Nittany Lion Relays
	Jeff Kiss	6.29m	3/24-3/25 Raleigh Relays
	Eric Jones	6.25m	4/22 Nittany Lion Relays
	Eric Jones	6.24m	3/31-4/1 Liberty Asics Invitational
	Dartel McRae	5.94m	3/31-4/1 Liberty Asics Invitational
	Eric Jones	5.86m	3/24-3/25 Raleigh Relays

Triple Jump	Big East: 13.36	IC4A: 14.50	NCAA Regional: 15.08
	Eric Jones	14.80m	BE, IC4A 4/13-4/15 SRU Invitational
	Eric Jones	14.63m	BE, IC4A 5/12-5/14 IC4A Championships
	Eric Jones	14.38m	BE 5/5-5/8 Big East Championships
	Eric Jones	14.37m	BE 3/31-4/1 Liberty Asics Invitational
	Eric Jones	14.20m	BE 3/24-3/25 Raleigh Relays
	Eric Jones	13.85m	BE 4/27-4/29 Penn Relays

Jeff Kiss	13.49m	4/13-4/15 SRU Invitational
Jeff Kiss	13.20m	5/5-5/8 Big East Championships
Charles Sneed	12.86m	3/24-3/25 Raleigh Relays
Jeff Kiss	12.58m	3/31-4/1 Western PA Champs

Shot Put	Big East: 14.63	IC4A: 15.60	NCAA Regional: 16.80
	Dartel McRae	9.72m	3/31-4/1 Liberty Asics Invitational

Hammer Throw	Big East: 43.40	IC4A: 52.80	NCAA Regional: 55.60
Meet R	A.J. Kielinski	51.40m	BE 3/31-4/1 Western PA Champs
	A.J. Kielinski	49.94m	BE 3/24-3/25 Raleigh Relays
	A.J. Kielinski	48.39m	BE 4/12-4/15 Sea Ray Relays

Discus	Big East: 42.40	IC4A: 47.00	NCAA Regional: 51.70
	A.J. Kielinski	49.16m	BE, IC4A 5/5-5/8 Big East Championships
	A.J. Kielinski	44.36m	BE 3/31-4/1 Western PA Champs
	A.J. Kielinski	42.88m	BE 4/22 Nittany Lion Relays
	A.J. Kielinski	40.02m	3/24-3/25 Raleigh Relays
	Dartel McRae	20.65m	3/31-4/1 Liberty Asics Invitational

Javelin	Big East: 54.00	IC4A: 58.00	NCAA Regional: 61.60
	Tony Bonura	71.65m	BE, IC4A, NCAA Reg. 4/12-4/15 Sea Ray Relays
	Tony Bonura	70.48m	BE, IC4A, NCAA Reg. 5/5-5/8 Big East Championships
	Tony Bonura	70.25m	BE, IC4A, NCAA Reg. 5/26-5/27 East Regionals

All-American	Tony Bonura	68.12m	BE, IC4A, NCAA Reg.	6/7-6/10 NCAA Championships
	Tony Bonura	68.09m	BE, IC4A, NCAA Reg.	3/24-3/25 Raleigh Relays
	Tony Bonura	67.84m	BE, IC4A, NCAA Reg.	3/24-3/25 Raleigh Relays
	Tony Bonura	67.45mp	BE, IC4A, NCAA Reg.	6/7-6/10 NCAA Championships
	Tony Bonura	67.28m	BE, IC4A, NCAA Reg.	4/22 Nittany Lion Relays
	Tony Bonura	65.49m	BE, IC4A, NCAA Reg.	5/12-5/14 IC4A Championships
	Corey Kuehner	65.12m	BE, IC4A, NCAA Reg.	4/12-4/15 Sea Ray Relays
	Tony Bonura	64.73m	BE, IC4A, NCAA Reg.	4/5-4/8 Texas Relays
	Corey Kuehner	63.87m	BE, IC4A, NCAA Reg.	4/5-4/8 Texas Relays
	Tony Bonura	62.62m	BE, IC4A, NCAA Reg.	3/31-4/1 Western PA Champs
	Corey Kuehner	62.23m	BE, IC4A, NCAA Reg.	3/24-3/25 Raleigh Relays
	Corey Kuehner	61.46m	BE, IC4A	3/31-4/1 Western PA Champs
	Matt Raquet	55.44m	BE	4/22 Nittany Lion Relays
	Matt Raquet	51.84m		3/31-4/1 Western PA Champs
	Matt Raquet	48.74m		5/5-5/8 Big East Championships
	Matt Raquet	45.87m		4/13-4/15 SRU Invitational
	Matt Raquet	44.51m		3/24-3/25 Raleigh Relays
	Dartel McRae	29.99m		3/31-4/1 Liberty Asics Invitational

Decathlon	Big East: n/a	IC4A: 6300/ Prov: 5800	NCAA Provisional: 7000	NCAA Automatic: 7500
	Dartel McRae	4,027		3/31-4/1 Liberty Asics Invitational

4x100M	Big East: n/a	IC4A: 42.70	NCAA Regional: 40.66	
	Anderson, Wray	41.21	IC4A	4/27-29 Penn Relays
	Cousar, Perkins			
	Anderson, Wray	41.28	IC4A	5/5-5/8 Big East Championships
	Cousar, Perkins			
	Anderson, Wray	42.19	IC4A	5/12-5/14 IC4A Championships
	Cousar, Perkins			
	Cousar, Anderson	42.57	IC4A	4/22 Nittany Lion Relays
	Wray, Perkins			
	Perkins, Cousar	42.79		3/24-3/25 Raleigh Relays

Roberson, Wray

4x200M	Big East: n/a	IC4A: n/a	
	Anderson, Perkins Cousar, Wray	1:26.20	4/27-29 Penn Relays

4x400m	Big East: n/a	IC4A: 3:17.00	NCAA Regional: 3:10.00
	Perkins, Anderson Roberson, Cousar	3:14.07	IC4A 5/5-5/8 Big East Championships
	Perkins, Cousar	3:28.35	3/24-3/25 Raleigh Relays
	Roberson, Grant-Higgins Kiss, Perkins Stratton, Gilpatrick	3:28.95	4/13-4/15 SRU Invitational

4x800m	Big East: n/a	IC4A: 7:43.60	
	Konoval, Fleming Stratton, Bair	7:36.41	IC4A 5/5-5/8 Big East Championships
	Gilpatrick, Grinstead Woods, Stratton	8:03.96	3/31-4/1 Western PA Champs
	Gilpatrick, Woods Grinstead, Stratton	8:16.37	3/24-3/25 Raleigh Relays

New School Records

Pole Vault Keith Higham

5.37m

5/5-5/8 Big East Championships

Javelin Tony Bonura

71.65m

4/12-4/15 Sea Ray Relays