

Men's Performance List

Event	Name	Result	Location
100 m	Big East - 11.06, IC4A's - 10.81, NCAA Reg. - 10.50, SR - 10.04.		
	Andrew Jones	10.73	Big East 5/4
	Chris Anderson	10.97	Charlotte 3/22
	Shawndel Daniels	11.12	Akron 4/19
	Troy Roberson	11.29	Akron 4/19
	Ryan Regula	11.32	Akron 4/19
	Korey Gross	11.45	Charlotte 3/22
	Mike Heiser	11.77	NC State 3/29
	Jeff Kiss	11.94	NC State 3/29
200 m	Big East - 22.10, IC4A's -21.70, NCAA Reg. - 21.20, SR - 20.04.		
	Andrew Jones	21.52	Akron 4/19
	Chris Anderson	21.72	Akron 4/19
	Troy Roberson	22.23	Big East 5/4
	Deon Bascom	22.59	Akron 4/19
	Ryan Regula	23.02	Akron 4/19
	Jeryl Wilborn	23.13	Akron 4/19
	Jeff Kiss	23.65	Akron 4/19
	Mike Heiser	23.79	Akron 4/19
	Mike Koping	25.03	Akron 4/19
400 m	Big East - 48.74, IC4A's - 48.10, NCAA Reg. - 47.45, SR - 46.34.		
	Troy Roberson	47.34	IC4A 5/18
	Jeryl Wilborn	48.9	Akron 4/19
	Deon Bascom	49.5	Akron 4/19
	Chris Anderson	49.85	NC State 3/29
	Andrew Jones	49.98	NC State 3/29
	Ryan Smith	50.75	CMU 4/5
800 m	Big East - 1:53.24, IC4A's - 1:51.60, NCAA Reg. - 1:51.15, SR - 1:46.30.		
	Jeryl Wilborn	01:50.6	Big East 5/4
	Deon Bascom	01:51.9	Big East 5/4
	Raymond Gayle	01:57.1	Akron 4/19
1500 m	Big East - 3:55.94, IC4A's - 3:50.80, NCAA Reg. - 3:50.00, SR - 3:42.64.		
	Mike Diano	04:03.7	Charlotte 3/22
	Andy Zang	04:04.4	Tennessee 4/12
	Deon Bascom	04:05.6	Stanford 3/29
	Jeryl Wilborn	04:08.0	Charlotte 3/22
	Raymond Gayle	04:12.0	NC State 3/29
1 Mile	IC4A's - 4:09.50, NCAA Reg. - 4:08.40, SR - .		
3000 m	SR - .		
	Mike Diano	08:46.6	Charlotte 3/22

5000 m Big East - 14:56.24, IC4A's - 14:35.00, NCAA Reg. - 14:25.00, SR - 14:04.37.

Dan Hull	15:59.3	NC State 3/29
Nick Westerman	16:12.7	CMU 4/5

10000 m Big East - 31:40.24, IC4A's - 31:15.00, SR - 28:48.40.**110 m hurdles Big East -15.35 , IC4A's - 14.74, NCAA Reg. - 14.40, SR - 13.21.**

Mike Heiser	14.93	Big East 5/4
Jeff Kiss	15.13	Akron 4/19
Mike Koping	15.56	CMU 4/5
Brian Reed	16.19	NC State 3/29
Ian Ferguson	16.35	Charlotte 3/22

400 m Hurdles Big East - 55.64, IC4A's - 53.54, NCAA Reg. - 52.70, SR - 50.04.

Ryan Smith	56.27	Akron 4/19
Jeff Kiss	58.79	NC State 3/29
Mike Heiser	59.09	Charlotte 3/22

4x100 M Relay Big East - 42.60, IC4A's - 42.60, NCAA Reg. - 40.70, SR - 40.04.

Pitt A	41.46	Big East 5/4
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4x200 M Relay

Pitt A	01:26.4	NC State 3/29
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4x400 M Relay Big East - 3:17.00, IC4A's - 3:17.00, NCAA Reg. - 3:11.50, SR - 3:07.88.

Pitt A	03:10.8	Penn 4/26
Pitt B	03:32.8	Charlotte 3/22
Pitt C	03:36.5	Charlotte 3/22

1600 SMR

Pitt A	03:23.5	Texas 4/5
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DMR

Pitt A	10:39.6	Texas 4/5
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4x800 M Relay Big East - 7:45.24, IC4A's - 7:43.60, SR - 7:16.04.

Pitt A	07:30.7	Big East 5/4
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High Jump Big East - 1.91 m, IC4A's - 2.06 m, NCAA Reg. - 2.07 m, SR - 2.17m.

Mike Koping	1.83m	CMU 4/5
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Pole Vault Big East - 4.50 m, IC4A's - 4.80 m, NCAA Reg. - 4.90 m, SR - 4.90m.

Matt Brousse	4.90 m	Akron 4/19
Jason King	4.75 m	Charlotte 3/22

Long Jump Big East - 6.76 m, IC4A's - 7.17 m, NCAA Reg. - 7.32 m, SR - 8.12m.

Shawndel Daniels	7.47 m	Big East 5/4
Alvin Jones	7.11 m	Big East 5/4
Korey Gross	6.45 m	CMU 4/5

Triple Jump **Big East - 13.44 m, IC4A's - 14.40 m, NCAA Reg. - 14.94 m, SR - 15.94m.**

Korey Gross	14.60 m	Big East 5/4
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Shot Put **Big East - 15.00 m, IC4A's - 15.60 m, NCAA Reg. - 16.30 m, SR - 17.17m.**

Mike Stellefson	16.35 m	Akron 4/19
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Discus **Big East - 42.40 m, IC4A's - 46.60 m, NCAA Reg. - 50.30 m, SR - 52.12 m.**

Mike Stellefson	50.62 m	IC4A 5/18
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Javelin **Big East - 53.00 m, IC4A's - 60.00 m, NCAA Reg. - 60.50 m, SR - m.**

Mike Kennedy	64.40 m	Charlotte 3/22
Shawn Paronish	63.65 m	Texas 4/5
Tony Bonura	62.61 m	IC4A 5/18