

MEDICAL CONSENT AND RELEASE OF LIABILITY STATEMENT

I, the undersigned parent or guardian of this applicant, certify that my child is in excellent health and may participate in strenuous activities, including soccer. I certify that there are no limits to my child's participation except as stated in writing and included with this application.

I hereby authorize the representatives of Shoot to Score Sports Academy to act as my agent to secure emergency medical treatment for my child, when in the opinion of camp representatives such emergency medical treatment is deemed appropriate during the time my child is attending Shoot to Score Sports Academy. I hereby hold Shoot to Score Sports Academy and its representatives harmless for exercising its judgment in authorizing such emergency medical treatment.

I understand that all applicants must have their own medical coverage, and that Shoot to Score Sports Academy does not assume responsibility for accidents, or other expenses, incurred as the result of any normal course of instruction given to the applicant by camp staff. In addition, I hereby release and discharge Shoot to Score Sports Academy and its representatives from any and all claims for personal injuries. I have read and understand the above.

Signature Required _____
Parent /Guardian

Health Insurance @ Policy # _____
(please attach copy of medical card)

NOTE: All campers must have their own medical coverage. The camp provides only excess coverage (does not cover deductible) after your insurance coverage has been utilized. Campers will not be permitted to participate unless all of the aforementioned information is submitted and the form is signed by the parent or guardian of the camper.

IMPORTANT CAMP INFORMATION

Tuition

College Select Academy (\$345.00) resident; (**\$280.00**) commuter; \$150 deposit required with application;
Extended Day Camps (\$225.00) \$100 deposit required with application
Goal Scorer & Goalkeeper Academy (\$160.00) \$100 deposit required with application
HS Boys Elite Training Academy (\$175.00) \$100 deposit required with application
Community Day Camps (\$135.00) if paid before 6/15/09; \$145.00 afterwards - must be paid in full with application)

Discount Policies

(please note that you may not combine discount policies)

Family Discount:

College Select Academy \$30.00 discount off tuition for 2nd child from same family
Goal Scorer & Goalkeeper Academy \$25.00 discount off tuition for 2nd child from same family
Elite Training Academy \$25.00 discount off tuition for 2nd child from same family
Extended Day Camp \$25.00 discount off tuition for 2nd child from same family
Community Day Camps \$15.00 discount off tuition for 2nd child from same family

Group Discount (must request group discount form from camp office)

- **\$30.00 per player** if a group of 10 or more players attend the College Select Academy/Extended Day Camps/Goal Scorer & Goalkeeper Academy/Elite Training Academy
- **\$15.00 per player** if a group of 10 or more players attend a Community Day Camp

Health Insurance

All applicants must provide proof of their health insurance coverage. Parents/guardians are encouraged to provide information about special health conditions.

Refunds

No refund without medical verification. However, we will credit amount paid toward a future Shoot to Score Sports Academy camp.

www.shoot2score.net

IT'S SOCCER SEASON.

Dick's is Proud to support Shoot to Score Soccer Academy.

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DICK'S
SPORTING GOODS.

FOR THE STORE LOCATION NEAREST YOU CALL 1.866.819.0038

Dr. Joseph Luxbacher has authored more than a dozen books for both players and coaches covering all aspects of the game of soccer. His most recent books include...

SOCCER: STEPS TO SUCCESS (3rd Edition). Twelve steps to becoming a better soccer player and coach. Designed as a guide for coaches and a self-training manual for players, Steps to Success covers all skills and tactics important to the modern game.

SOCCER PRACTICE GAMES (2nd Edition). Soccer Practice Games contains 125 training exercises/games to teach soccer skills and tactics. **Coach Luxbacher is presently completing work on an updated edition of Soccer Practice Games, which will be available in fall 2009.**

THE SOCCER GOALKEEPER (3rd Edition). A comprehensive guide for training the #1 player on the soccer field. This revised and expanded edition includes drills and tactical information on footwork, positioning and angle play, organization of the defense, and more.

ATTACKING SOCCER. Written by a team of experienced college and professional coaches and edited by Joe Luxbacher, men's soccer coach at the University of Pittsburgh. Each chapter explains a specific aspect of attacking soccer that will help coaches develop and implement the training exercises required to maximize scoring opportunities.

Coach Luxbacher recently produced a DVD series titled "Winning Soccer". Eight volumes are presently available, including:

- Volume #1: Fantastic First Touch
- Volume #2: Rock Solid Defense
- Volume #3: Individual and Group Attack
- Volume #4: Finishing the Attack
- Volume #5: Passing, Receiving and Heading Skills
- Volume #6: Dribbling, Tackling and Shooting Skills
- Volume #7: Fundamental Goalkeeper Training
- Volume #8: Soccer Training Games for Youth Players

All of coach Luxbacher's books and DVD's are available on the Shoot to Score Soccer Academy website @

www.shoot2score.net

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UPMC Sports Medicine
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PITT

SHOOT TO SCORE SPORTS ACADEMY
P.O. BOX 12842
PITTSBURGH, PA 15241-0842

PITT MEN'S SOCCER & SHOOT TO SCORE ACADEMY

2009

Presented by



HIGH SCHOOL BOYS SOCCER ACADEMIES

Site: University of Pittsburgh (Oakland) Campus
(Boys grades 9-12)

College Select Academy July 17-19
HS Boys Elite Training Academy July 25 & 26

YOUTH SOCCER ACADEMIES

Site: University of Pittsburgh (Oakland) Campus
(Boys and Girls ages 8-15 years)

Goal Scorer & Goalkeeper Academy July 11&12
Pitt Extended Day Camp July 13-16

COMMUNITY DAY CAMPS

(Boys & Girls ages 7-12 years)

Bethel Park Site: Village Green Park July 6-9
Upper St. Clair Site: Marmion Field July 27-30

Community Day Camps:
9:00 am to 12 noon Monday thru Thursday

Email: jluxbacher@athletics.pitt.edu
Fax 412-221-5271

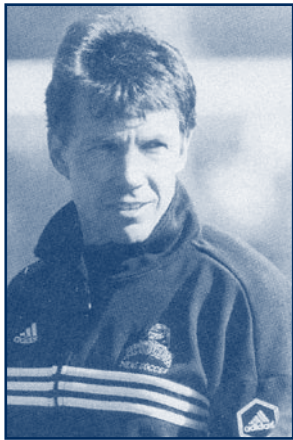
Register online @ www.shoot2score.net

GROUP/TEAM DISCOUNTS AVAILABLE

PRESIDENT AND DIRECTOR OF COACHING

Dr. Joseph Luxbacher

**Men’s Soccer Coach
University of Pittsburgh
Big East Conference**



Joe Luxbacher has been involved in the sport of soccer as a player and coach for more than 30 years. He played professionally in the North American Soccer League (NASL) and Major Indoor Soccer League (MISL). Coach Luxbacher is presently the men’s soccer coach at the University of Pittsburgh, a position he has held since 1985, and has earned the “A” Coaching License of the United States Soccer Federation. Twice selected **Big East Conference** Soccer Coach of the Year, Dr. Luxbacher has authored more than a dozen books and numerous articles on the sport of soccer. His most recent soccer books include **Soccer: Steps to Success (3rd edition)**, published in 2005, **Soccer Practice Games (2nd Edition)**, published in 2003, and **The Soccer Goalkeeper (3rd edition)**, published in 2002. His soccer articles have appeared in national publications such as **Scholastic Coach Magazine, Soccer Jr. Magazine, and Soccer Journal.**

Coach Luxbacher was inducted into the Beadling Sports Club Hall of Fame in 1995, the Upper St. Clair High School Athletic Hall of Fame in 2002, and the Western Pennsylvania Sports Hall of Fame in 2005. He was also designated a “Letterman of Distinction” by the University of Pittsburgh in 2003. Coach Luxbacher’s soccer books have sold more than 200,000 copies, and five of his books have been translated into foreign languages. Coach Luxbacher recently produced a series of coaching DVD’s titled **Winning Soccer** that are now available. Volumes #1 through #8 can be purchased by visiting the Shoot to Score Soccer Academy website (www.shoot2score.net). Coach Luxbacher is presently completing a new edition of Soccer Practice Games which should be available in fall 2009.

SENIOR STAFF COACHES/SITE DIRECTORS

Each camp is directed by an experienced and knowledgeable coach. Additional staff members are composed of college and/or high school coaches assisted by outstanding college players. Staff members are chosen based on their ability to relate to young players, as well as to demonstrate skills and impart knowledge of the game. Ratio of staff to campers is approximately 1:10. Listed below are selected members of the Shoot to Score Soccer Academy coaching staff.

- Mike Bacasa** - Assistant Men’s Soccer Coach, University of Pittsburgh
- Eric Barnes** - Goalkeeper Coach, University of Pittsburgh; National Goalkeeper Coaching License
- Marc Bellora** - USSF Licensed Coach, South Park H.S. Coach; P.I.A.A.State Champions (2005 & 2006)
- Paco Carioli** - Boy’s Soccer Coach, Trinity High School
- Jon Conner** - NSCAA Licensed Coach
- Larry Fingers** - Head Boys Soccer Coach, Carlynton H.S.; PA West ODP Staff; Licensed USSF Coach
- Greg Helsel** - USSF “B” License; Head Coach, Ambridge High School Girls
- Fred Jackson** - Assistant Coach, Upper St. Clair High School
- Gene Klein** - Coach, Pittsburgh Riverhounds (USISL)
- Jerry Luxbacher** - Former Assistant Women’s Coach, Peters Twp. High School
- Dennis Marzano** - USSF National “B” License and USSF “National Youth License”, PA West ODP Staff
- Shelly Thropp** - Head Girl’s Soccer Coach, South Park High School
- Ron Wilcher** - Head Boys Soccer Coach, Mt. Lebanon H. School,
- George Williams** - Boy’s Soccer Coach, Seneca Valley High School, Licensed USSF Coach

HIGH SCHOOL BOYS ACADEMY PROGRAMS

College Select Academy is a residential camp designed for high school boys (field players and goalkeepers) entering grades 9-12 who are planning to compete at the collegiate level. Players will be coached and trained by members of the University of Pittsburgh’s coaching staff as well as additional college and high school coaches. The camp provides participating players with a highly competitive training environment and introduces them to the dynamics of the college game. Presentations by the University of Pittsburgh strength and conditioning staff as well as a “College Recruiting and Compliance Seminar” are included in the camp curriculum. Campers will be housed in University dormitories. Each participant will receive a quality Adidas soccer ball and camp t-shirt.

COLLEGE SELECT ACADEMY SCHEDULE

FRIDAY	
6:00 - 7:30 pm	Registration at dormitory
8:00 - 9:30 pm	Indoor Training session
10:00 pm	Pizza/Coach Q & A
SATURDAY	
8:00 am	Breakfast
8:45 am	Film/video session
9:30 am - 11:30 am	Field Session
12:00 - 12:45 pm	Lunch
1:00 - 1:45 pm	Strength and Conditioning Presentation
2:00 - 3:30 pm	Field Session/Tactical Training
3:30 - 4:30 pm	Small-sided competitive games
5:00 pm	Dinner
6:30 pm	Competitive games/full field matches
8:30 pm	Soccer films
10:30 pm	Lights out
SUNDAY	
8:00 am	Breakfast
8:45 am	Film/video session
9:30 am - 11:30 am	Field session
12:00 - 12:45 pm	Lunch
1:00 - 1:45 pm	Compliance/recruiting session
2:00 - 3:15 pm	Field Session/Tactical Training
3:15 - 3:30 pm	Break
3:45 - 5:00 pm	Competitive games
5:00 pm	Closing Ceremony/Check out of dormitory

HS Boys Elite Training Academy is a weekend full day camp offered for high school boys (field players and goalkeepers) entering grades 9-12. The curriculum consists of two days of rigorous training coupled with competitive games. Camp begins each day at 9:00 a.m. and ends at 2:30 p.m. (lunch provided both days). Players will be coached and trained by members of the University of Pittsburgh’s coaching staff as well as additional college and high school coaches. The camp provides participating players with a highly competitive training environment and introduces them to the demands of the college game. Brief presentations by the University of Pittsburgh Compliance Staff (NCAA recruiting rules and regulations) and the University of Pittsburgh Strength and Conditioning Staff are included. Each participant will receive a quality Adidas soccer ball and camp t-shirt.

ELITE TRAINING ACADEMY SCHEDULE (both days)

9:00 am - 10:15 am	Technical (skill) training
10:15 am - 11:30 am	Tactical training (individual (1v1), group, & team tactics)
11:30 am - 12:15 pm	Lunch
12:30 pm - 2:00 pm	Competitive games
2:00 pm - 2:30 pm	Cool down/summary

GK #1 Goalkeeper Academy (boys and girls ages 10-18 years) is offered in conjunction with the College Select Academy, Elite Training Academy, and the Extended Day Camp programs. The goalkeeper can be considered the one true specialist on the soccer team, the final obstacle opponents must bypass to score a goal. It is a difficult and demanding position to play, both physically and mentally, one that requires a special type of athlete who must perform a specialized set of skills. Our GK #1 Goalkeeper Academy is designed to train aspiring goalkeepers in the skills used to receive low, medium, and high balls, diving to save, positioning and angle play, footwork, and methods of distribution.

YOUTH ACADEMY PROGRAMS

Goal Scorer & Goalkeeper Academy (boys and girls 8-15 years) focuses on finishing the attack. Two full days (9 am — 3 pm each day — lunch included) of shooting and scoring exercises with everything taken to goal. Goalkeeper training is combined with goalscorer finishing to create a competitive game-simulated practice atmosphere.

Pitt Extended-Day Camp (boys and girls 8-15 years) offer the serious soccer player the opportunity to develop skills and tactical knowledge in a comprehensive full-day (commuter) camp format. Camp goes Monday through Wednesday (9:00 am to 3:00 pm each day) and ends on Thursday at noon. Campers are provided lunch on Monday, Tuesday, and Wednesday. Field players combine technical (skill) development with individual, group and team tactics training. Goalkeepers are trained in methods of receiving low, medium and high balls, footwork, diving skills, angle play, and methods of distribution.

EXTENDED DAY CAMP SCHEDULE

Weekday Schedule (Monday-Wednesday)	
9:00 am - 12 noon	Field Session
12:00 - 12:30 pm	Lunch
12:45 - 1:15 pm	Video Session
1:30 - 3:00 pm	Field Session
3:00 pm	Camper Pick up
Thursday Schedule	
9:00 am	Field Session Begins
12:00 noon	Field Session Ends (camper pick up)

Community Day Camps (boys and girls 7-12 years of age) are designed to nurture the technical and physical development of young players. All exercises are designed to challenge players, to keep them active, interested and involved. It is our experience that young soccer players respond more favorably if they are excited and enthused about what they are doing in short, if they are having fun! Instruction focuses on the development of fundamental soccer skills through individual and small group exercises. Passing, receiving, dribbling, shielding, tackling, heading and shooting skills are emphasized. Fundamental concepts of individual and group tactics (1v1, 2v1, 2v2, 3v2, etc) are also covered.

MISSION STATEMENT
Shoot to Score Soccer programs are designed to meet the needs of children of various ages and ability levels. Our primary goal is for players to experience personal success, improve their soccer performance, and enjoy the process.

All Community Day Campers will receive a Size #4 soccer ball; Residential and Extended Day campers will receive a Size #5 ball. All campers will receive an official camp t-shirt.



CAMP REGISTRATION FORM

**Complete this form and mail with tuition to:
Shoot to Score Sports Academy
P.O. Box 12842, Pittsburgh, PA 15241**

Step #1: Complete all information

Name: _____
 Address: _____
 City: _____
 State: _____ Zip _____
 Phone: (H) _____ (W) _____
 Age _____ Email: _____
 Roommate Preference _____
 (resident camp only)

(please ✓) ___ female ___ male
 Position: Field Player ___ Goalkeeper ___
 T-shirt size: ___ C-lg ___ A-sm ___ A-med ___ A-lg ___ A-xl

Step #2: Select () Camp Attending

High School Boys Academies (boys entering grades 9-12)

___ College Select Academy	July 17-19	\$345.00	(resident)
___ HS Boys Elite Training Academy	July 25 & 26	\$280.00	(commuter)
		\$175.00	

Youth Soccer Academies (boys and girls ages 8-15 years)

___ Goal Scorer & Goalkeeper Academy	July 11 & 12	\$160.00
___ Pitt Extended Day Camp	July 13-16	\$225.00

Community Day Camps (boys and girls 7-12 years)

___ Bethel Park	Site: Village Green Park (July 6-9)	\$135.00*
___ Upper St. Clair	Site: Marmion Field (July 27-30)	\$135.00*

***Tuition for community day camps is \$135.00 if paid prior to June 15th; \$145.00 if paid after June 15th; tuition must be paid in full with application**

Step #3: Tuition Payment:

PAY BY CHECK: *Make check payable to:
Shoot to Score Sports Academy
P.O. Box 12842, Pittsburgh, PA 15241

PAY BY CREDIT CARD (Visa or Master Card)
 VISA MASTER CARD

Card # _____

Exp. Date _____

Name on card _____

Address _____

City _____

State _____ Zip _____

(if you pay by credit card the full amount will be charged)

Step #4 Application must be signed by parent or guardian (reverse side)
For Office Use Only
 Deposit Received _____ Date _____ Check # _____
 Balance Received _____ Date _____ Check # _____
 Balance Due _____

**Register online @
shoot2score.net**