

NIKE SWIM CAMPS 2012

PITT

UNIVERSITY OF
PITTSBURGH
Pittsburgh, PA



CAMP STAFF



In his 22nd year at Pittsburgh, Chuck Knoles is a six-time Big East Conference Coach of the Year and is the head coach of both the men's and women's swimming programs at Pitt. In 2006, Knoles became the all-time winningest coach in men's swimming and diving school history and currently boasts a 156-60 record, surpassing legendary coach Ben Grady (125-88-4) on the all-time coaches' list. Under Knoles' direction, the men have finished in the top three at the conference championships in 18 of 19 years, including 11 championship titles. The women have steadily climbed back to the top of the league in the past five years, including a second-place finish in 2005.



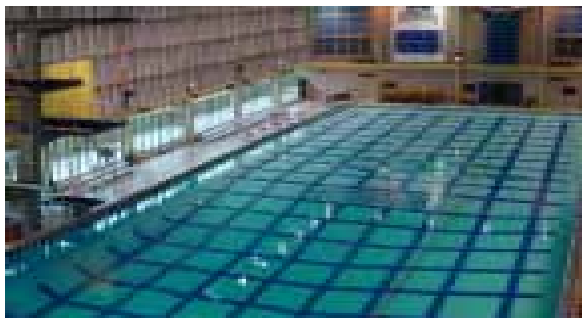
Marian Clark is in her sixth season as the Director of Operations/Senior Assistant Coach for both the men's and women's swimming teams. This season marks the eighth year that Clark will work with both squads after serving as head coach of the women's team at Pitt for nine seasons (1993-2002). Her duties include facilitating all home meet operations, maintaining the budget, handling team travel and academics as well as coaching the distance group. Clark began her coaching career as an assistant coach at Pitt after graduating from the university in 1988. She served as an assistant coach at both Florida State and Miami before being appointed to head the Pitt women's program in the summer of 1993.



Jeff Berghoff enters his sixth year as the Assistant Head Coach for Women's Swimming, while entering his 12th season on the Pitt swimming and diving coaching staff. He served his first three years as an assistant for the women's team before working with both squads for the last seven years. Berghoff first became familiar with the Pitt swimming program due to his involvement with Team Pittsburgh Aquatics since 1997. He was the head coach at nearby Oakland Catholic High School for four years, where he coached 15 different NISCA High School All-Americans and the 1999 Pennsylvania State Championship teams, while coaching former Pitt standout Jordan Wallace as she attended O.C.



CAMP SETTING & FACILITY



The University of Pittsburgh has one of the largest and most beautiful indoor aquatic facilities, Joseph Clifton Trees Pool. It boasts two pools: the first is a 50 meter x 25 yard pool with 21 lanes and a full compliment of diving towers and one and three-meter boards, and the second is a 6-lane, 25 yard pool that is ideal for small group instruction. Overnight campers stay in Sutherland Hall located just down the street from the pool.

CAMP HIGHLIGHTS

- Instruction from College Coaches and Swimmers
- 8:1 camper to instructor on-deck ratio
- Daily emphasis on Stroke Technique
- Videotaping in all four strokes
- Official NIKE Camp T-Shirt, Swim Cap and Prizes
- Discussions on goal setting and nutrition

TYPICAL DAILY SCHEDULE

(DOES NOT APPLY TO FIRST OR LAST DAY)

- 7:30 Breakfast - Overnight Campers
- 8:30 Extended & Half Day Campers Arrive
- 9:00 Morning Pool Session
- 10:00 Videotaping
- 12:00 Lunch - Half Day Campers Depart
- 1:00 Dry-land Session
- 2:00 Afternoon Pool Session
- 5:30 Dinner
- 6:30 Evening Session/Activity
- 9:00 Extended Day Campers Depart
- 10:00 Overnight Campers - Lights out!



2012 DATES AND PRICES

SESSION I: JUNE 10-14 (Ages 10-18)

Overnight Camp: \$545

- Includes housing and meals

Extended Day Camp: \$385

- 8:30am-9:00pm (except first and last day)
- Includes lunch and dinner

Half Day Camp: \$225

- 8:30am-12:00pm (Ages 6-10)

SESSION II: JUNE 17-21 (Ages 10-18)

Overnight Camp: \$545

- Includes housing and meals

Extended Day Camp: \$385

- 8:30am-9:00pm (except first and last day)
- Includes lunch and dinner



IT'S EASY TO ENROLL...

- Phone 1-800-NIKE CAMPS (1-800-645-3226)
- Fax 415-479-6061
- Online USSportsCamps.com

PAYMENT TERMS: Payments can be made by Visa/MasterCard or by personal check (via mail)

\$265 payment – Due at time of registration

- \$250 per session deposit
- \$15 per person non-refundable registration fee

The Camp Tuition balances are due as follows:

- For camps with June start dates, balance is due on May 1st

CANCELLATION POLICY: Once registered, if you have to cancel for any reason, you will receive a camp "credit" for all Camp Tuition payments made, valid through 2013, for any Nike Swim Camp transferable to an immediate family member. A Nike Swim Camp "credit" cannot be applied to the Peak Performance Swim Camps. In the unlikely event USSC cancels a Nike Swim Camp session, a full refund for camp registration fees will be provided. Camper waives any and all damages that may otherwise arise out of any camp cancellation.

CANCELLATION PROTECTION: Available for \$35 per camp session. With cancellation protection, cancel by your Camp Tuition "balance due" date (see above) and receive a refund of all Camp Tuition payments less the \$15 registration fee. If you cancel after your Camp Tuition "balance due" date, you will receive a camp "credit" for your paid tuition fees, transferable to an immediate family member and applicable to any Nike Swim Camp through 2013. Credits cannot be applied to the Peak Performance Swim Camps.

NIKE SWIM CAMP APPLICATION University of Pittsburgh (SWXRPI)

Camper's First Name _____ Last Name _____

(Address) _____ Street _____

City _____ State _____ Zip _____

Home phone _____ Work/Cell _____

Date of Birth _____ Male/Female _____

Team Name _____ Years of Competitive Experience _____

Email Address _____

JUNE 10-14 Overnight Extended Day Half Day
 JUNE 17-21 Overnight Extended Day

Roommate Request _____

Payment Information:

Person Paying _____

Payment Type: Visa Mastercard Check
 Deposit & Registration Fee (\$265)
 Full Payment (+\$15 Reg Fee)

Card # _____ Exp. Date _____
 3 Digit Security Code _____

- Please add \$35 for Cancellation Protection
- Please Charge the remainder on May 1, 2012

By submitting this application to US Sports Camps, Inc, I affirm that i have read and agree to the US Sports cancellation policy and herby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____

Make check payable and mail to:
 USSC/Nike Swim Camps
 750 Lindaro St., San Rafael, Ca 94901