

PATRIOT LEAGUE CROSS COUNTRY 2008



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AMERICAN • ARMY • BUCKNELL • COLGATE • HOLY CROSS • LAFAYETTE • LEHIGH • NAVY

MALE RUNNER OF THE WEEK

JONATHAN ANDERSON, ARMY Sr., Cinnaminson, N.J.

Anderson bested the second-place finisher at the Navy Star meet by 30 seconds as he led the Army men's team to a win over archrival Navy, 27-28. Anderson's time of 24:02.8 in the men's 8k was good for a first-place finish of 24 runners at the meet, and was his fourth consecutive race as Army's top scorer.



FEMALE RUNNER OF THE WEEK

KATIE RENTZ, NAVY So., San Diego, Calif.

Rentz led all runners across the finish line for the first time in her career as she led the Mids to a 15-48 win over Army at the Star Meet. Rentz ran the women's 6k in 22:17, the eighth-best ever recorded at the USNA Cross Country Course. Navy's 33-point margin of victory was the largest ever recorded in the series history.



MALE ROOKIE OF THE WEEK

KEN BUNNELL, NAVY Fr., St. Johnsbury, Vt.

Bunnell was Navy's third-fastest runner on the day, placing sixth of 24 runners with a time of 24:54.7 in the men's 8k at the Star Meet. It was the first time Bunnell scored in an 8k race this fall, and his clocking was more than 1:30 faster than his last race at the Iona Meet of Champions. Bunnell was the fastest freshman to cross the finish line in Saturday's race.



FEMALE ROOKIE OF THE WEEK

OCTAVIA RINEHARDT, AMERICAN Fr., Virginia Beach, Va.

Rinehardt finished second overall and a full 10 seconds ahead of the Leopard Invitational's third-place finisher with her time of 21:24.60 in the women's 6k. Rinehardt helped lead her team to a second-place overall finish of eight teams, including Lafayette, Rutgers, Seton Hall and La Salle. Rinehardt's time was also her personal best in the 6k.



HONORABLE MENTION PERFORMANCES LAST WEEK

JON WETZEL, LEHIGH Sr., Niskayuna, N.Y.

Placed ninth at the Princeton Invitational with a time of 24:33.30 in the men's 8k. Helped lead Lehigh to a sixth place finish of 13 teams.

JESS PALACIO, NAVY Fr., Sun Valley, Nev.

Finished two seconds behind teammate Katie Rentz at the Star Meet with a time of 22:19 in women's 6k. Second-straight meet that she posted the team's top rookie time.

STEPHANIE FULMER, BUCKNELL Fr., Pottstown, Pa.

Helped lead Bucknell to second place finish of 10 teams at Princeton Invitational with a time of 22:25.60 in the women's 6k. Time was good for fourth-place individual finish.

October 21, 2008

UPCOMING SCHEDULE

Saturday, November 1

Patriot League Championship11 a.m.

LATEST RESULTS

Saturday, October 18

American M, 1st of 10; W, 2nd of 8 at Leopard Invitational

Army M, W 27-28; W, L 48-15 at Navy Star Meet

Bucknell M, 7th of 13; W, 2nd of 10 at Princeton Invitational

Colgate M, 4th of 22; W, 10th of 24 at Albany Invitational

Lafayette M, 9th of 10; W, 3rd of 8 at Leopard Invitational

Lehigh M, 9th of 13; W, 5th of 10 at Princeton Invitational

Navy M, L 28-27; W, W 15-48 at Navy Star Meet

"TODAY'S SCHOLAR-ATHLETES, TOMORROW'S LEADERS"

The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

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PATRIOT LEAGUE CROSS COUNTRY 2008

PATRIOT LEAGUE COACHES

MATT CENTROWITZ, AMERICAN

Years at American.....13
Overall Years of Head Coaching13

TROY ENGLE, ARMY MEN/WOMEN

Years at Army1st
Overall Years of Head Coaching12

LAURA KIRCHGRABER, ARMY WOMEN

Years at Army3
Overall Years of Head Coaching3

KEVIN DONNER, BUCKNELL

Years at Bucknell8
Overall Years of Head Coaching24

ART MCKINNON, COLGATE MEN

Years at Colgate20
Overall Years of Head Coaching27

LAURA NARDELLI, COLGATE WOMEN

Years at Colgate10
Overall Years of Head Coaching16

JIM KAVANAGH, HOLY CROSS

Years at Holy Cross.....31
Overall Years of Head Coaching31

JULIO PIAZZA, LAFAYETTE

Years at Lafayette22
Overall Years of Head Coaching22

TODD ETTERS, LEHIGH MEN

Years at Lehigh1st
Overall Years of Head Coaching.....1st

DEBBIE UTESCH, LEHIGH WOMEN

Years at Lehigh12
Overall Years of Head Coaching15

AL CANTELLO, NAVY MEN

Years at Navy41
Overall Years of Head Coaching41

KAREN BOYLE, NAVY WOMEN

Years at Navy22
Overall Years of Head Coaching24

PATRIOT LEAGUE NOTEBOOK

EIGHT PATRIOT LEAGUE SQUADS RANKED IN USTFCCCA POLLS

Five Patriot League men's teams and three Patriot League women's teams are ranked in the Oct. 20 USTFCCCA Regional Polls, the organization announced Monday. For the men, Navy is ranked 10th in the Mid-Atlantic Region, the highest ranking of all Patriot League men's teams. The Mids are followed closely by Lehigh (11th), American (12th) and Bucknell (15th) in the region. Army is ranked 12th in the Northeast Region. For the women, Navy comes in ranked sixth, followed by Bucknell in eighth position and Lehigh in 11th position.

2008 PATRIOT LEAGUE CHAMPIONSHIPS

The 2008 Patriot League Cross Country Championships will take place on Nov. 1 at Lehigh University at 11 a.m. The top-14 finishers in both the men and women's race will be awarded All-Patriot League status, with the top-seven being named to the First-Team and the next seven earning Second-Team recognition.

PATRIOT LEAGUE IN THE POLLS (USTFCCCA)

	AMERICAN	ARMY	BUCKNELL	COLGATE	HOLY CROSS	LAFAYETTE	LEHIGH	NAVY
9.1	-	-	-	-	-	-	-	-
9.8	-	-	-	-	-	-	-	-
9.15	-	-	-	-	-	-	-	-
9.22	-	-	-	-	-	-	-	-
9.30	-	-	-	-	-	-	-	-
10.7	-	-	-	-	-	-	-	-
10.14	-	-	-	-	-	-	-	-
10.21	-	-	-	-	-	-	-	-
10.28								
11.4								
11.11								
11.18								
FINAL								

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TEAM NOTEBOOKS



AMERICAN Carlos Jamieson led the Eagles to their first win of the season at the Leopard Invitational in Easton on Saturday. Jamieson finished second overall in the five-mile race with a time of 25:36. American will next compete at the Patriot League Championships on Nov. 1.



ARMY The Black Knights beat the Mids 27-28 in the men's race and lost 48-15 in the women's race at Navy's Star Meet. Army will next compete at the Patriot League Championships on Nov. 1.



BUCKNELL Bucknell's men's team finished seventh of 13 and the women's team finished second of 10 at the Princeton Invitational on Saturday. Bucknell will next compete at the Patriot League Championships on Nov. 1.



COLGATE The men's team placed fourth of 22 and the women's team finished 10th of 24 in Saturday's Albany Invitational. Both Griffith Cannon and Julia Tarallo ran personal bests in their respective races. The Raiders will next compete at the Patriot League Championships on Nov. 1.



HOLY CROSS The Crusaders had no scheduled events this week. Holy Cross will next compete at the Patriot League Championships on Nov. 1.



LAFAYETTE Lafayette hosted the Leopard Invitational on Saturday, with the men finishing ninth of 10 teams and the women finishing third of eight teams. The Leopards will next compete on Saturday, Nov. 1 at the Patriot League Championships.



LEHIGH Alexis Weiner helped lead the women's team to a fifth place finish of 10 teams, while the men finished sixth of 13 teams at the Princeton Invitational. The Mountain Hawks will next compete on Saturday, Nov. 1 at the Patriot League Championships.



NAVY Navy men lost 28-27 and the women won 15-48 at the Star Meet against archrival Army. The Mids will next compete on Saturday, Nov. 1 at the Patriot League Championships.

ALL-TIME PATRIOT LEAGUE CHAMPIONS

MEN

6	BUCKNELL	1990, 1991, 1992, 1997, 1998, 1999
6	AMERICAN	2002, 2003, 2004, 2005, 2006, 2007
6	ARMY	1993, 1994, 1995, 1996, 2000, 2001

WOMEN

7	BUCKNELL	1998, 1999, 2000, 2001, 2005, 2006, 2007
5	ARMY	1994, 1995, 1996, 1997, 2004
2	FORDHAM	1990, 1991
2	AMERICAN	2002, 2003
1	NAVY	2007
1	LAFAYETTE	1993
1	LEHIGH	1992

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MEN'S PRESEASON POLL

1. Navy 94 (10)
2. American 84 (4)
3. Army 72 (2)
4. Bucknell 66
5. Lehigh 49
6. Colgate 40
7. Lafayette 26
8. Holy Cross 16

WOMEN'S PRESEASON POLL

1. Navy 94 (12)
2. Bucknell 88 (4)
3. Colgate 71
4. Army 58
5. Lehigh 46
6. American 42
7. Holy Cross 26
8. Lafayette 19

MEDIA SERVICES

PATRIOT LEAGUE ON THE WEB

www.patriotleague.com

Patriot League.com features the latest news and stories on all eight Patriot League members. In addition, the site also contains the 2007 Patriot League webguide, up-to-date statistics, schedules, results and archives.

WEEKLY RELEASE

Media can access a downloadable Adobe Acrobat PDF files of the complete Patriot League weekly cross country release on the Patriot League Cross Country page.

E-MAIL DISTRIBUTION

Media may contact the Patriot League office to be included on the Patriot League's e-mail lists for cross country releases and information (or any of the Patriot League's sports). Please contact Patriot League Media and External Relations Assistant Ashley Hicks (ahicks@patriotleague.com/610.289.1960) with requests or questions.

RUNNER OF THE WEEK

MALE

WEDNESDAY, SEPT. 3	NICK RYAN , <i>American, So.</i>	2nd place at MSM Invite
TUESDAY, SEPT. 9	BILL PROM , <i>Navy, Sr.</i>	3rd of 176 in 8k at Fordham Invite
TUESDAY, SEPT. 16	BILL PROM , <i>Navy, Sr.</i>	4th of 117 in 8k at Navy Invitational
TUESDAY, SEPT. 23	ANDREW HANKO , <i>Navy, So.</i>	10th of 277 in 8k at Iona Meet
TUESDAY, SEPT. 30	JONATHAN ANDERSON , <i>Army, Sr.</i>	22nd of 229 at Roy Griak Invite
TUESDAY, OCT. 7	JONATHAN ANDERSON , <i>Army, Sr.</i>	14th of 298 at Paul Short Invite
TUESDAY, OCT. 14	TIM RICHARD , <i>Holy Cross, Jr.</i>	58th of 315 at New England Champ.
TUESDAY, OCT. 21	JONATHAN ANDERSON , <i>Army, Sr.</i>	1st of 24 at Star Meet

FEMALE

WEDNESDAY, SEPT. 3	AMY WATSON , <i>Navy, Jr.</i>	1st place at MSM Invite
TUESDAY, SEPT. 9	AMY WATSON , <i>Navy, Jr.</i>	2nd of 233 runners in 5k
TUESDAY, SEPT. 16	AMY WATSON , <i>Navy, Jr.</i>	1st place at Navy Invitational
TUESDAY, SEPT. 23	STEPHANIE FULMER , <i>Bucknell, Fr.</i>	5th of 104 at Buffalo Stampede
TUESDAY, SEPT. 30	KATIE RENTZ , <i>Navy, So.</i>	42nd of 222 at Roy Griak Invite
TUESDAY, OCT. 7	KATIE RENTZ , <i>Navy, So.</i>	43rd of 301 at Paul Short Invite
TUESDAY, OCT. 14	PAIGE SUTHERLAND , <i>Holy Cross, Fr.</i>	38th of 298 at N.E. Champ.
TUESDAY, OCT. 21	KATIE RENTZ , <i>Navy, So.</i>	1st of 24 at Star Meet

ROOKIE OF THE WEEK

MALE

WEDNESDAY, SEPT. 3	JOSH OLSEN , <i>American, Fr.</i>	Second fastest freshman finish at MSM
TUESDAY, SEPT. 9	CORY LOFTIS , <i>Holy Cross, Fr.</i>	6th place in 8k at Blue Devil Invite
TUESDAY, SEPT. 16	DOMINIC DELLAPELLE , <i>Navy, Fr.</i>	29th of 117 at Navy Invitational
TUESDAY, SEPT. 23	DAVE BROWN , <i>Bucknell, Fr.</i>	16th of 110 at Buffalo Stampede
TUESDAY, SEPT. 30	NO NOMINATIONS SUBMITTED	
TUESDAY, OCT. 7	CORY LOFTIS , <i>Holy Cross, Fr.</i>	31st of 88 at Murray Keatinge Invite
TUESDAY, OCT. 14	DAN ALTERNAU , <i>Holy Cross, Fr.</i>	146th of 315 at N.E. Champ
TUESDAY, OCT. 21	KEN BUNEELL , <i>Navy, Fr.</i>	6th of 24 at Star Meet

FEMALE

WEDNESDAY, SEPT. 3	OCTAVIA RINEHARDT , <i>American, Fr.</i>	2nd place at MSM Invite
TUESDAY, SEPT. 9	CAITLIN CAVANAUGH , <i>Bucknell, Fr.</i>	6th place in 5,000m
TUESDAY, SEPT. 16	KATHERINE PIERCE , <i>Lehigh, Fr.</i>	2nd place at Lehigh-Lafayette dual
TUESDAY, SEPT. 23	PAIGE SUTHERLAND , <i>Holy Cross, Fr.</i>	16th of 287 at NCC
TUESDAY, SEPT. 30	MARINA MCGRAIL , <i>Navy, Fr.</i>	64th of 222 at Roy Griak Invite
TUESDAY, OCT. 7	STEPHANIE FULMER , <i>Bucknell, Fr.</i>	55th of 301 at Paul Short Invite
TUESDAY, OCT. 14	PAIGE SUTHERLAND , <i>Holy Cross, Fr.</i>	38th of 298 at N.E. Champ.
TUESDAY, OCT. 21	OCTAVIA RINEHARDT , <i>American, Fr.</i>	2nd of 71 at Leopard Invite

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AMERICAN EAGLES

8.29 at Mount St. Mary InviteM, 4-1; W, 4-2 (duals)
9.13 at Navy InviteM, 9th of 14; W, 9th of 15
10.3 at Paul Short Invitational (M)16th of 45
10.4 at George Mason Invitational (W)15th of 16
10.18 at Leopard InvitationalM, 1st of 10; W, 2nd of 8
11.1 at Patriot League Championship11 a.m.
11.15 at NCAA Mid-Atlantic Regional10 a.m.
11.24 at NCAA Championship11 a.m.

ARMY BLACK KNIGHTS

8.29 Army OpenNTS
9.12 CornellM, L 49-15; W, L 46-17 (duals)
9.27 at Roy Griak InvitationalM, 14th of 25; W, 18th of 23
10.3 at Paul Short InvitationalM, 14th of 45; W 23rd of 43
10.18 at NavyM, W 27-28; W, L 48-15
11.1 at Patriot League Championship11 a.m.
11.15 at NCAA Northeast Regional10 a.m.
11.22 at IC4A Championship (M)9:30 a.m.
at ECAC Championship (W)9:30 a.m.
11.24 at NCAA Championship11 a.m.

BUCKNELL BISON

8.29 Bison OpenM, 1 of 4; W, 1 of 4
9.6 at Detroit InvitationalM, 1st of 13; W, 2nd of 13
9.20 Buffalo StampedeM, 2nd of 11; W, 2nd of 10
at Dickinson Long-Short Course Invite .M, 6th of 19; W 4th of 15
10.3 at Paul Short InvitationalM, 26th of 45; W 12th of 43
10.18 at Princeton InvitationalM, 7th of 13; W, 2nd of 10
11.1 at Patriot League Championship11 a.m.
11.15 NCAA Mid-Atlantic Regional11 a.m.
11.22 IC4A Championship (M)9:30 a.m.
ECAC Championship (W)9:30 a.m.
11.24 at NCAA Championship11 a.m.

COLGATE RAIDERS

9.6 Harry Lang InvitationalM, NTS; W, NTS
9.20 at UMassM, NTS; W, NTS
10.3 at Paul Short InvitationalM, 35th of 45; W, 39th of 43
10.18 at Albany InvitationalM, 4th of 22; W, 10th of 24
11.1 at Patriot League Championship11 a.m.
11.15 at NCAA Northeast Regional11 a.m.
11.22 at IC4A Championship (M)9:30 a.m.
at ECAC Championship9:30 a.m.
11.24 at NCAA Championship11 a.m.

HOLY CROSS CRUSADERS

9.6 at Blue Devil InvitationalM, 1st of 4; W, 1st of 5
9.19 at National Catholic ChampionshipM, 7th of 33; W 6th of 35
9.20 at UMass-Darmouth InviteM, 16th of 38; W, 8th of 41
10.4 at Murray Keatinge InvitationalM, 6th of 8; W 7th of 7
10.11 at New England ChampionshipM, 16th of 47; W, 12th of 45
11.1 at Patriot League Championship11 a.m.
11.15 at NCAA Northeast Regional10 a.m.
11.22 at IC4A Championship (M)9:30 a.m.
at ECAC Championship (W)9:30 a.m.
11.24 at NCAA Championship11 a.m.

LAFAYETTE LEOPARDS

8.29 at Lehigh Valley ChampionshipM, 2of 5; W, 3 of 5
9.13 at LehighM, L 50-15; W, L 40-21
10.3 at Paul Short InvitationalM, 42nd of 45; W, 34 of 43
10.18 Leopard InvitationalM, 9th of 10; W, 3rd of 8
11.1 at Patriot League Championship11 a.m.
11.15 at NCAA Mid-Atlantic District Championship11 a.m.
11.24 at NCAA Championship11 a.m.

LEHIGH MOUNTAIN HAWKS

8.29 Lehigh Valley ChampionshipM, 1of 5; W, 1 of 5
9.13 LafayetteM, W 15-50; W, W 21-40
9.20 at Iona Meet of ChampionsM, 5th of 24; W, 9th of 21
10.3 Paul Short InvitationalM, 15th of 45; W, 17th of 43
10.18 at Princeton InvitationalM, 9th of 13; W, 5th of 10
11.1 Patriot League Championship11 a.m.
11.15 at NCAA Mid-Atlantic Regional11 a.m.
11.24 at NCAA Championship11 a.m.

NAVY MIDSHIPMEN

8.29 at Mount St. Mary's Invitational (W)6-0 (duals)
8.30 at Richmond Invitational (M)2 of 3
9.6 at Fordham InvitationalM, 1st of 16; W, 1st of 20
9.13 Navy InvitationalM, 1st of 14; W, 2nd of 15
9.20 at Iona Meet of ChampionsM, 4th of 24
9.27 at Roy Griak InvitationalM, 15th of 25; W, 9th of 23
10.3 at Paul Short Invitational (W)10th of 43
10.3 at Notre Dame Invitational (M)21st of 25
10.18 ArmyM, W 27-28; W, L 48-15
11.1 at Patriot League Championship11 a.m.
11.15 at NCAA Mid-Atlantic Regional8 a.m.
11.24 at NCAA Championship11 a.m.