

PATRIOT LEAGUE CROSS COUNTRY 2009



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AMERICAN • ARMY • BUCKNELL • COLGATE • HOLY CROSS • LAFAYETTE • LEHIGH • NAVY

MALE RUNNER OF THE WEEK

ANDREW HANKO, NAVY *Jr., Montville, N.J.*

Hanko finished 22nd out of 167 runners, helping Navy finish ninth at the Roy Griak Invitational — a meet that included No. 17 Minnesota and No. 25 Iowa State. Hanko finished the 8K race in 25:20.5, just 43 seconds behind the individual champion, Hassan Mead, of Minnesota, who is a five-time All-American. For Hanko, this is his second Runner of the Week award in 2009.



FEMALE RUNNER OF THE WEEK

ANNIE BARRY, NAVY *Fr., Crestwood, Ky.*

Barry finished 11th out of 82 runners, leading the Midshipmen to a third-place finish at the William & Mary Inter-Regional. The freshman runner finished the 6K race in 22:28.2, which was 1:23.9 behind the individual champion. This is the second award for Barry as she was last week's Rookie of the Week.



MALE ROOKIE OF THE WEEK

MARK LEININGER, AMERICAN *Fr., Colts Neck, N.J.*

Leininger finished 25th at the William & Mary Inter-Regional to fuel American's third-place finish. His time of 26:47.1 placed him fifth on his team and helped the Eagles place behind Tennessee and No. 15 William & Mary. This is Leininger's second Rookie of the Week award.



FEMALE ROOKIE OF THE WEEK

JILLIAN BUSBY, ARMY *Fr., Merrimack, N.H.*

Busby placed 32nd at the Roy Griak Invitational as the Army women finished 12th out of 18 teams. For the third straight time, Busby led the Black Knights as their top performer, finishing the 6K race in 22:56. This is Busby's first League honor.



HONORABLE MENTION PERFORMANCES LAST WEEK

ZAC REITER, ARMY *Sr., Rock Springs, Wyo.*

Reiter picked up the top finish for the Black Knights at the Roy Griak Invitational, placing 40th with a time of 25:47.

COLIN EUSTIS, AMERICAN *Jr., Delhi, N.Y.*

Eustis led the Eagles to a third-place finish at the William & Mary Inter-Regional, finishing ninth with a time of 26:07.8.

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UPCOMING SCHEDULE

Friday, October 2

Army, Bucknell, Colgate, Lafayette, Lehigh, Navy at Lehigh Paul Short Run

Saturday, October 3

American at George Mason Invitational
Holy Cross at Murray Keatinge Invitational

LATEST RESULTS

Saturday, September 26

at Roy Griak Invitational

Army (M) 11th/18

Army (W) 12th/18

Navy (M) 9th/18

at William & Mary Inter-Regional

American (M) 3rd/8

Navy (W) 3rd/8

Saturday, September 19

Duquesne 24, Bucknell 32 (M)

Duquesne 23, Bucknell 33 (W)

Lehigh 19, Lafayette 44 (M)

Lehigh 28, Lafayette 32 (W)

at Colgate Invitational

Colgate (M) 3rd/3

Colgate (W) 3rd/3

Navy (M) 2nd/3

Navy (W) 2nd/3

at UMass-Dartmouth Invitational

Holy Cross (M) 16th/32

Holy Cross (W) 13th/42

Friday, September 18

at Notre Dame National Catholic Invite

Holy Cross (M) 5th/32

Holy Cross (W) 4th/31

Saturday, September 12

at Navy Invitational

American (M) 9th/9

American (W) 6th/8

"TODAY'S SCHOLAR-ATHLETES, TOMORROW'S LEADERS"

The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

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PATRIOT LEAGUE COACHES

MATT CENTROWITZ, AMERICAN

Years at American14th
Overall Years of Head Coaching14th

TROY ENGLE, ARMY MEN/WOMEN

Years at Army2nd
Overall Years of Head Coaching13th

KEVIN DONNER, BUCKNELL

Years at Bucknell9th
Overall Years of Head Coaching25th

ART MCKINNON, COLGATE MEN

Years at Colgate21st
Overall Years of Head Coaching28th

LAURA NARDELLI, COLGATE WOMEN

Years at Colgate.....11th
Overall Years of Head Coaching17th

JIM KAVANAGH, HOLY CROSS

Years at Holy Cross38th
Overall Years of Head Coaching38th

JULIO PIAZZA, LAFAYETTE

Years at Lafayette24th
Overall Years of Head Coaching.....31st

TODD ETTERS, LEHIGH MEN

Years at Lehigh.....2nd
Overall Years of Head Coaching2nd

DEBBIE UTESCH, LEHIGH WOMEN

Years at Lehigh.....13th
Overall Years of Head Coaching14th

AL CANTELLO, NAVY MEN

Years at Navy.....42nd
Overall Years of Head Coaching42nd

KAREN BOYLE, NAVY WOMEN

Years at Navy23rd
Overall Years of Head Coaching25th

PATRIOT LEAGUE NOTEBOOK

REGIONAL RANKINGS

The Week 1 men's and women's regional polls were released Sept. 28 with eight Patriot League teams cracking the top 15 in their respective region. The Navy women earned the highest ranking as they are ninth in Mid-Atlantic Region. Bucknell is 11th and Lehigh is 12th. The Army women are ranked 11th in the Northeast Region. On the men's side, Lehigh is 10th and Bucknell is 12th in the Mid-Atlantic Region. American moved into the rankings at No. 13 and is followed by No. 14 Navy.

JAM-PACKED PAUL SHORT RUN

It's not the Patriot League Championship, but with every Patriot League team but American getting on a bus and traveling to Lehigh this Friday, it sure will look like it. Well, sort of. There will be nearly 40 teams in all competing on Friday, but it will still be the only time that more than four League teams are competing at the same race outside of the League Championship. The seven teams will hit the course at 11 a.m. in what will surely be a nice preview for the Patriot League Championship.

WELCOME TO THE ROOKIE RACE

Two Patriot League rookies, both on the women's side, have stood out after the first month of cross country. Army's Jillian Busby and Navy's Annie Barry have been putting up solid performances each week. Both women led their teams last week, posting their squad's top time. Busby earned her first weekly award with a 32nd-place finish at the Roy Griak Invitational, while Barry won her second with an 11th-place finish at the William & Mary Inter-Regional. Barry, a Crestwood, Ky., native, was a five-team all-state member in high school. She also won the race in the classroom, finishing at the top of her class.

NAVY SWEEPS PRESEASON POLLS

The Navy men's and women's cross country teams have been selected to finish first in their respective 2009 Patriot League Preseason Polls. Both squads are the reigning Patriot League Champions. The Navy women's squad, which won the title outright last season, earned 97 points in the preseason poll, including 13 first-place votes. Bucknell garnered the other three first-place votes and 87 points to finish second in the poll. Lehigh was picked to finish third with 67 points, followed by Army (58) and Colgate (41). Holy Cross (40), American (38) and Lafayette (18) round out the eight teams in the poll. On the men's side, Navy took the top spot with 95 points and 11 first-place votes. Army picked up the other five first-place votes and 89 points to finish second. American (69), Lehigh (61) and Bucknell (55) followed in third, fourth and fifth place, respectively. Holy Cross and Colgate tied for sixth with 31 points, while Lafayette was picked eighth with 15 points.

2009 PATRIOT LEAGUE CHAMPIONSHIPS

The 2009 Patriot League Cross Country Championships will take place on Oct. 31 at Colgate University. The top 14 finishers in both the men and women's race will be awarded All-Patriot League status, with the top-seven being named to the First-Team and the next seven earning Second-Team recognition.

ALL-TIME PATRIOT LEAGUE CHAMPIONS

MEN

7	ARMY	1993, 1994, 1995, 1996, 2000, 2001, 2008*
6	BUCKNELL	1990, 1991, 1992, 1997, 1998, 1999
6	AMERICAN	2002, 2003, 2004, 2005, 2006, 2007
1	NAVY	2007, 2008*

WOMEN

7	BUCKNELL	1998, 1999, 2000, 2001, 2005, 2006, 2007*
5	ARMY	1994, 1995, 1996, 1997, 2004
2	FORDHAM	1990, 1991
2	AMERICAN	2002, 2003
2	NAVY	2007*, 2008
1	LAFAYETTE	1993
1	LEHIGH	1992

*co-champions

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TEAM NOTEBOOKS



AMERICAN The Eagles' men's cross country team competed at the William & Mary Invitational on Saturday placing third out of eight teams. The women's team was idle last week and will return to the course to join the men's team at the George Mason Invitational on Saturday. The Eagles were led by Mark Eustis, who placed ninth overall with a time of 26:07.8.



ARMY The Black Knights' men's and women's cross country teams traveled to the Roy Griak Invitational this past weekend to compete against several nationally and regionally ranked teams. The men, led by Zac Reiter, finished 11th out of 18 teams and the women, led by Jillian Busby, were 12th out of 18. Reiter placed 40th (25:47, 8K), while Busby was 32nd (22:56, 6K). Both teams will be back in action at Lehigh for the Paul Short Run on Friday.



BUCKNELL The Bison were idle last week and will compete in the Paul Short Run on Friday. In their last time out, the Bison men and women lost to Duquesne in a dual meet on Sept. 19, with the women falling 23-33 and the men losing 24-34. Bucknell did manage two second-place finishers, Andrew Huebner (25:08) on the men's side, and Sarah Moniz (18:30) on the women's.



COLGATE The Raiders were idle last week and return to action at the Paul Short Run on Friday. In their last meet, the Colgate men's and women's teams finished third at the Colgate Invitational on Sept. 19 behind first-place Syracuse and second-place Navy. On the men's side, Colgate was led by freshman Christopher Johnson, who placed 15th (27:33). Elise DeRoo finished ninth with a school record time of 22:24.



HOLY CROSS The Crusaders were idle last week and will travel to compete in the Paul Short Run on Friday. In their last time out, the Crusaders competed at the National Catholic Invitational in Notre Dame on Sept. 18 with the men placing fifth out of 32 teams and the women fourth out of 31. Paige Sutherland led the women, placing sixth (18:08.4). On the men's side, Cory Loftis led the Crusaders with a 12th-place finish (26:03.8). On Sept. 19, the Crusaders competed at the UMass-Dartmouth Invitational, with the men placing 16th out of 32 teams and the women placing 13th out of 42.



LAFAYETTE The Leopards were idle last week and will return to compete in the Paul Short Run on Friday. In their last competition, the Leopards lost dual meets to Lehigh on Sept. 19 on both the men's and women's side. Sarah Welsh-Huggins led the women, taking the individual title for the second time this season; however, Lafayette lost 28-31. The Lafayette men lost 19-44.



LEHIGH The Mountain Hawks were idle last week and will host the Paul Short Run on Friday. In Lehigh's last meet, it picked up two wins over Lafayette on Sept. 19, with the men winning 19-44 and the women 28-31. Steve Sample led the men, taking first place with a time of 26:25.8. Kaitlin Grimm was the top finisher for the women, placing third (22:11.8).



NAVY The Midshipmen were led by two great performances from two-time Patriot League weekly award winners in 2009. Andrew Hanko lifted the men's team to a ninth-place finish at the Roy Griak Invitational with his time of 25:20.5, good enough for 22nd out of 167 runners in a race that featured two top-25 teams and 13 squads ranked in their respective regions. Freshman Annie Barry placed 11th out of 82 runners to lead Navy to a third-place finish at the William & Mary Inter-Regional. Her time of 22:28.2 gave her the No. 1 finish for her team for the first time. Navy will return to the course when it competes at the Paul Short Run Friday.

PATRIOT LEAGUE IN THE POLLS (USTFCCCA AS OF 9.28.09)

MEN

MID-ATLANTIC REGION

- 10. Lehigh
- 12. Bucknell
- 13. American
- 14. Navy

WOMEN

MID-ATLANTIC REGION

- 9. Navy
- 11. Bucknell
- 12. Lehigh

NORTHEAST REGION

- 11. Army

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MEN'S PRESEASON POLL

1. Navy	95 (11)
2. Army	89 (5)
3. American	69
4. Lehigh	61
5. Bucknell	55
6. Holy Cross	31
Colgate	31
8. Lafayette	15

WOMEN'S PRESEASON POLL

1. Navy	97 (13)
2. Bucknell	87 (3)
3. Lehigh	67
4. Army	58
5. Colgate	41
6. Holy Cross	40
7. American	38
8. Lafayette	18

MEDIA SERVICES

PATRIOT LEAGUE ON THE WEB

www.patriotleague.com

Patriot League.com features the latest news and stories on all eight Patriot League members. In addition, the site also contains the 2009 Patriot League webguide, up-to-date statistics, schedules, results and archives.

WEEKLY RELEASE

Media can access a downloadable Adobe Acrobat PDF files of the complete Patriot League weekly cross country release on the Patriot League Cross Country page.

E-MAIL DISTRIBUTION

Media may contact the Patriot League office to be included on the Patriot League's e-mail lists for cross country releases and information (or any of the Patriot League's sports). Please contact Patriot League Media and External Relations Assistant Jimmy Johnson (jjohnson@patriotleague.com/610.289.1960) with requests or questions.

RUNNER OF THE WEEK

MALE

WEDNESDAY, SEPT. 9	ANDREW HUEBNER , <i>Bucknell, Sr.</i>	2nd/89 at Harry Lang Invite
TUESDAY, SEPT. 15	ANDREW HANKO , <i>Navy, Jr.</i>	1st/78 at Navy Invite
TUESDAY, SEPT. 22	STEVE SAMPLE , <i>Lehigh, Jr.</i>	1st vs. Lafayette
TUESDAY, SEPT. 29	ANDREW HANKO , <i>Navy, Jr.</i>	22nd/167 at Roy Graik Invite

FEMALE

WEDNESDAY, SEPT. 9	ELISE DEROO , <i>Colgate, So.</i>	1st at Harry Lang Invite
TUESDAY, SEPT. 15	PAIGE SUTHERLAND , <i>Holy Cross, So.</i>	1st at Blue Devil Invite
TUESDAY, SEPT. 22	SARAH WELSH-HIGGINS , <i>Lafayette, So.</i>	1st vs. Lehigh
TUESDAY, SEPT. 29	ANNIE BARRY , <i>Navy, Fr.</i>	11th/82 at William & Mary Inter-Regional

ROOKIE OF THE WEEK

MALE

WEDNESDAY, SEPT. 9	ANTHONY RIZZO , <i>Bucknell, Fr.</i>	Top freshman at Harry Lang, 10th overall
TUESDAY, SEPT. 15	MARK LEININGER , <i>American, Fr.</i>	20th/78 at Navy Invite
TUESDAY, SEPT. 22	DYLAN LEAZES , <i>Holy Cross, Fr.</i>	46th/248 at National Catholic Invite
TUESDAY, SEPT. 29	MARK LEININGER , <i>American, Fr.</i>	25th at William & Mary Inter-Regional

FEMALE

WEDNESDAY, SEPT. 9	BRIGID BYRNE , <i>Navy, Fr.</i>	9th overall, 5th of 7 Navy runners in top 11
TUESDAY, SEPT. 15	BRIGID BYRNE , <i>Navy, Fr.</i>	14th/109 at Navy Invite
TUESDAY, SEPT. 22	ANNIE BARRY , <i>Navy, Fr.</i>	18th/42 at Colgate Invite
TUESDAY, SEPT. 29	JILLIAN BUSBY , <i>Army, Fr.</i>	32nd/193 at Roy Griak Invite

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AMERICAN EAGLES

9.4	at Mount St. Mary's 5K Duals	(M) 5-0, (W) 3-2 (Duals)
9.12	at Navy Invitational	(M) 2nd/9, (W) 6th/8
9.26	at William and Mary Inter-Regional	(M) 3rd/8
10.3	at George Mason Invitational	10 a.m.
10.16	at UVA Panorama Farms Invitational	10 a.m.
10.17	at Leopard Invitational	10 a.m.
10.31	at Patriot League Championships	10 a.m.
11.14	at NCAA Mid-Atlantic Regionals	11 a.m.
11.23	at NCAA Championships	11 a.m.

ARMY BLACK KNIGHTS

9.4	Army Open	NTS
9.11	at Cornell Dual Meet	(M) L, 18-42, (W) L, 17-44
9.26	at Roy Griak Invitational	(M) 11th/18, (W) 12th/18
10.2	at Paul Short Invitational	11 a.m.
10.16	Navy (Star Meet)	4 p.m.
10.31	Patriot League Championships	TBA
11.14	NCAA Mid-Atlantic Regionals	11 a.m.
11.23	NCAA Championships (at Indiana State)	Noon

BUCKNELL BISON

9.5	at Harry Lang Invitational	(M) 1st/6, (W) 1st/6
9.19	at Duquesne	(M) L, 24-34;(W) L, 23-33
10.2	at Paul Short Memorial Invitational	11 a.m.
10.16	at Penn State National Invitational	10 a.m.
10.31	at Patriot League Championships	TBA
11.14	at Mid-Atlantic Regional Championships	11 a.m.
11.21	at ECAC Championships (W)	11 a.m.
11.21	at IC4A Championships (M)	11 a.m.
11.23	at NCAA Championship	Noon

COLGATE RAIDERS

9.5	at Harry Lang Invitational	(M) 3rd/6, (W) 2nd/6
9.19	at Colgate Invitational	(M) 3rd/3, (W) 3rd/3
10.2	at Paul Short Invitational	11 a.m.
10.17	at Albany Invitational	11 a.m.
10.31	at Patriot League Championship	TBA
11.14	at NCAA Regionals (at Boston)	11 a.m.
11.21	at ECAC Championship (W)	11 a.m.
11.21	at IC4A Championship (M)	11 a.m.
11.23	at NCAA Championships	Noon

HOLY CROSS CRUSADERS

9.12	at Blue Devil Invitational	(M) 3rd/4, (W) 2nd/4
9.18	at Notre Dame Nat'l Catholic Invitational	(M) 5th/32, (W) 4th/31
9.19	at UMass-Dartmouth Invitational	(M) 16th/32, (W) 13th/42
10.3	at Murray Keatinge Invitational	10 a.m.
10.10	at New England Championship	Noon
10.24	at Central Connecticut Mini Meet	10 a.m.
10.31	at Patriot League Championship	TBA
11.14	at NCAA Northeast Regional	11 a.m.
11.21	at IC4A Championship (M)	11 a.m.
11.21	at ECAC Championship (W)	11 a.m.
11.23	at NCAA Championship	Noon

LAFAYETTE LEOPARDS

9.4	at Lehigh Valley Championships	(M)3rd/5, (W) 2nd/7
9.19	Lehigh	(M) L, 19-44, (W), L, 28-31
10.2	at Paul Short Invitational	11 a.m.
10.17	Leopard Invitational	10 a.m.
10.31	at Patriot League Championships	TBA
11.14	at NCAA Mid-Atlantic Regional	11 a.m.
11.23	at NCAA Championships	Noon

LEHIGH MOUNTAIN HAWKS

9.4	Lehigh Valley Championship	(M) 1st/5, (W) 1st/7
9.19	at Lafayette	(M) W, 19-44, (W), W, 28-31
10.2	Paul Short Invitational	11 a.m.
10.16	at Penn State National Invitational	10 a.m.
10.17	at Leopard Invitational	10 a.m.
10.31	at Patriot League Championship	TBA
11.14	at NCAA Mid-Atlantic Regional	11 a.m.
11.23	at NCAA Championship	Noon

NAVY MIDSHIPMEN

9.4	Mount St. Mary's 5K Duals (W)	5-0 (Duals)
9.5	at UMES Invitational (M)	2nd/7
9.12	Navy Invitational	(M) 1st/9, (W) 3rd/8
9.19	at Colgate Invitational	(M) 2nd/3, (W) 2nd/3
9.26	William & Mary Invitational (W)	3rd/8
9.26	at Roy Griak Invitational (M)	9th/18
10.2	at Paul Short Run	11 a.m.
10.16	at Army (Star Meet)	4 p.m.
10.31	at Patriot League Championship	TBA
11.14	at NCAA Mid-Atlantic Regional	11 a.m.
11.23	at NCAA Championship	Noon