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**American**

**Army**

**Bucknell**

**Colgate**

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# **2007 PATRIOT LEAGUE**

# **CROSS COUNTRY WEB GUIDE**

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**Holy Cross**

**Lafayette**

**Lehigh**

**Navy**

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# 2007 Patriot League Cross Country Composite Schedule

## FRIDAY, AUGUST 31

American at Mt. St. Mary's Inv. TBA  
Bucknell at Bison Open 5:30 p.m.

## SATURDAY, SEPTEMBER 1

Navy at Sea Gull Opener 10 a.m.  
Holy Cross at Blue Devil Invitational 11 a.m.  
Colgate at Harry Lang Invitational Noon

## FRIDAY, SEPTEMBER 7

Army at Cornell 4 p.m.  
Lafayette at Lehigh Valley Champ. 5 p.m.  
Lehigh at Lehigh Valley Champ. 5 p.m.

## SATURDAY, SEPTEMBER 8

Colgate women at Binghamton Inv. 11 a.m.  
American at Great Meadows Inv. TBA  
Bucknell at Bloomsburg Inv. TBA  
Navy at Fordham Inv. 10:30 a.m.

## FRIDAY, SEPTEMBER 14

Holy Cross at Fitchburg Inv. 4 p.m.  
Holy Cross at Catholic Champ. 4:30 p.m.

## SATURDAY, SEPTEMBER 15

Lehigh at Lafayette 9:30 a.m.  
Navy at Navy Inv. 10 a.m.  
American at Navy Invitational 10 a.m.  
Colgate men at UMass Team Meet 11:45 a.m.

## SATURDAY, SEPTEMBER 22

Bucknell at Juniata Inv. TBA  
Bucknell at Western Ontario Inv. TBA  
American at Iona College Meet 10 a.m.  
Army at Iona College Meet 10 a.m.  
Navy at Iona College Meet 10 a.m.  
Colgate women at Buffalo Inv. 11 a.m.

## FRIDAY, SEPTEMBER 28

Army at Paul Short Inv. 2 p.m.  
Bucknell at Paul Short Inv. 2 p.m.  
Colgate women at Paul Short Inv. 2 p.m.  
Lafayette at Paul Short Inv. 2 p.m.  
Lehigh at Paul Short Inv. 2 p.m.  
Army at Notre Dame Inv. 4 p.m.

## SATURDAY, SEPTEMBER 29

American at George Mason Inv. TBA  
Holy Cross at Murray Keatinge Inv. 10 a.m.  
Colgate men at LeMoyne Inv. 11 a.m.  
Navy at Roy Griak Inv. 1 p.m.

## FRIDAY, OCTOBER 12

Lehigh at Penn State Inv. 10 a.m.  
Navy at Army 4 p.m.

## SATURDAY, OCTOBER 13

American at Delaware Inv. TBA  
Bucknell at Leopard Inv. 10 a.m.  
Colgate women at Leopard Inv. 10 a.m.  
Lafayette at Leopard Inv. 10 a.m.  
Lehigh at Leopard Inv. 10 a.m.  
Colgate men at Albany Inv. 11 a.m.  
Holy Cross at Pre-National Inv. 11 a.m.

## SATURDAY, OCTOBER 27

Patriot League Championship at Lafayette 11 a.m.

## SATURDAY, NOVEMBER 10

Army at Northeast Regional 10 a.m.  
Colgate at Northeast Regional 10 a.m.  
Holy Cross at Northeast Regional 10 a.m.  
American at Mid-Atlantic Regional 11 a.m.  
Bucknell at Mid-Atlantic Regional 11 a.m.  
Lafayette at Mid-Atlantic Regional 11 a.m.  
Lehigh at Mid-Atlantic Regional 11 a.m.  
Navy at Mid-Atlantic Regional 11 a.m.

## FRIDAY, NOVEMBER 17

Army at IC4A/ECAC Champ. TBA  
Bucknell at IC4A/ECAC Champ. TBA  
Colgate at IC4A/ECAC Champ. TBA  
Holy Cross at IC4A/ECAC Champ. TBA



## 2007-08 Patriot League Cross Country Webguide

**Produced** Matt Dougherty

**Edited** Jessica Siegel

**Special Thanks** Patriot League Sports Information Offices

**Current** as of August 28, 2007.

*"Today's Scholar-Athletes, Tomorrow's Leaders" – The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.*

# Patriot League Directory and Information

## PATRIOT LEAGUE OFFICE

www.patriotleague.com

3773 Corporate Parkway • Suite 190 • Center Valley, Pa. 18034 • 610.289.1950

Carolyn Schlie Femovich . . . . . Executive Director  
 Joanna Kreps . . . . . Associate Executive Director/Sport Management & Governance  
 Richard Wanninger . . . . . Associate Executive Director/External Affairs  
 Darlene Gordon . . . . . Director of Championships and Business Operations  
 Matt Dougherty . . . . . Media Relations Director  
 Jessica Siegel . . . . . Associate Media Relations Director  
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## AMERICAN UNIVERSITY

www.aueagles.com

4400 Massachusetts Avenue, NW • Washington, D.C. 20016 • 202.885.3030

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## UNITED STATES MILITARY ACADEMY

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## BUCKNELL UNIVERSITY

www.bucknellbison.com

Office of Athletic Communications • Lewisburg, Pa. 17837 • 570.577.1227

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## COLGATE UNIVERSITY

www.gocolgateraiders.com

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 Kristy McNeil . . . . . Assistant . . . . . kmcneil@mail.colgate.edu

## COLLEGE OF THE HOLY CROSS

www.goholycross.com

1 College Street • Worcester, Ma. 01610 • 508.793.2583

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## LAFAYETTE COLLEGE

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## LEHIGH UNIVERSITY

www.lehighsports.com

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## UNITED STATES NAVAL ACADEMY

www.navysports.com

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**Jonathan Maggart** . . . . . Assistant Director . . . . . maggart@usna.edu

### Cross Country SIDs in Bold

## PATRIOT LEAGUE MILEAGE CHART

American	to Army	275
	to Bucknell	175
	to Colgate	205
	to Holy Cross	400
	to Lafayette	200
	to Lehigh	185
	to Navy	35
Army	to American	275
	to Bucknell	180
	to Colgate	155
	to Holy Cross	160
	to Lafayette	100
	to Lehigh	115
	to Navy	250
Bucknell	to American	175
	to Army	205
	to Colgate	205
	to Holy Cross	350
	to Lafayette	135
	to Lehigh	120
	to Navy	165
Colgate	to American	205
	to Army	155
	to Bucknell	205
	to Holy Cross	250
	to Lafayette	205
	to Lehigh	205
	to Navy	325
Holy Cross	to American	400
	to Army	400
	to Bucknell	350
	to Colgate	250
	to Lafayette	280
	to Lehigh	295
	to Navy	385
Lafayette	to American	200
	to Army	200
	to Bucknell	120
	to Colgate	205
	to Holy Cross	280
	to Lehigh	15
	to Navy	190
Lehigh	to American	185
	to Army	185
	to Bucknell	120
	to Colgate	205
	to Holy Cross	295
	to Lafayette	15
	to Navy	175
Navy	to American	35
	to Army	250
	to Bucknell	165
	to Colgate	325
	to Holy Cross	385
	to Lafayette	190
	to Lehigh	175

## PATRIOT LEAGUE CROSS COUNTRY ROLL CALL

### Cross Country Member

American University	2001-present
U.S. Military Academy	1993-present
Bucknell University *	1990-present
Colgate University *	1990-present
Fordham University *	1990-94
College of the Holy Cross *	1990-present
Lafayette College *	1990-present
Lehigh University *	1990-present
U.S. Naval Academy	1993 (W), 2003-present

\* - Indicates Patriot League charter member

# Patriot League Executive Director

## **CAROLYN SCHLIE FEMOVICH**

Appointed the fourth Executive Director of the Patriot League in July 1999, Carolyn Schlie Femovich's selection by the Patriot League Council of Presidents continued its adherence to equity and innovation in its approach to inter-collegiate athletics.

One of two women to hold the top post of a combined men and women's conference at the NCAA Division I level, Femovich brought with her 17 years of experience in NCAA Division I athletics.

During her first year as Executive Director of the Patriot League, membership was enhanced with the announcement that American University would become a full League member in the fall of 2001, and that Georgetown University would join the Patriot League in football beginning with the 2001 season.

Femovich focused her energies on setting a strategic direction for the future of the Patriot League during the 2001-02 academic year. In recent years, primary efforts have aimed at increasing League visibility and competitiveness, as well as the quality of services to the membership.

Femovich recently finished a four-year term as the Patriot League's representative on the NCAA Management Council and is currently serving as chair of the NCAA Championship and Competition Cabinet and NCAA Women's Basketball Issues Committee. She was also the chairperson of the prestigious Collegiate Women's Sports Awards Program and continues to serve on the Board.

Prior to her appointment as Executive Director, Femovich served in a leadership role in the administration of a highly-successful Ivy League athletic program at the University of Pennsylvania.

During her tenure as Senior Associate Athletics Director (1986-99) and Associate Athletics Director (1982-85), her responsibilities included administration of intercollegiate sports and recreation programs, strategic planning and facilities development, human resource management and event planning.

In her first position at Penn, Femovich oversaw 15 intercollegiate programs, coaching staffs and athletics facilities. She also served as Penn's Interim Director of Athletics in 1985. Femovich represented the University in a variety of external capacities with the Ivy League and NCAA, and on a number of sports committees and boards.

Femovich's career in intercollegiate athletics began in 1974 at Indiana University as a graduate teaching assistant. In 1975, she moved to Gettysburg College as head coach of the women's basketball and tennis programs as well as assistant professor of health and physical education and the Coordinator of Women's Athletics.

Included in the impressive list of regional and national committees Femovich has served on are the NCAA Division I Women's Basketball Committee, the NCAA Basketball Marketing Sub-Committee and the NCAA Division I Business/Finance Cabinet and the NCAA Division I Women's

Basketball Committee.

She played a primary role in bringing the 2000 NCAA Women's Basketball Final Four to Philadelphia and is a member of the executive board of the Philadelphia Sports Congress. She also held the office of President of the Eastern College Athletic Conference (ECAC) in 1996, which now includes more than 300 member institutions.

A graduate of Valparaiso University, Femovich received a masters of science degree from Indiana University. She and her husband, Robert, reside in Hellertown, Pa.

## **THE FEMOVICH FILE**

### **PERSONAL**

**HUSBAND** Robert M. Femovich

**MARRIED** October 4, 1991

**RESIDES** Hellertown, Pa.

### **EDUCATION**

B.A. Valparaiso University (Valparaiso, Ind.), 1971

M.S. Indiana University (Bloomington, Ind.), 1975

### **PROFESSIONAL EXPERIENCE**

#### **PATRIOT LEAGUE**

Executive Director; 1999-current

#### **UNIVERSITY OF PENNSYLVANIA**

Senior Associate Athletics Director; 1986-99

Associate Athletics Director; 1982-86

#### **GETTYSBURG COLLEGE**

Coordinator of Women's Athletics; 1978-82

Head Women's Basketball and Tennis Coach; 1975-82

#### **INDIANA UNIVERSITY**

Graduate Assistant; 1974-75

### **AFFILIATIONS AND MEMBERSHIPS**

Collegiate Commissioner's Association

NCAA Women's Basketball Issues Committee (Chair, 2004-current)

NCAA Championship and Competition Committee (Chair, 2006-current)

Collegiate Women's Sports Awards Board (Chair, 1999-2003)

Philadelphia Sports Congress Executive Committee

National Association of Collegiate Directors of Athletics

National Association of Collegiate Women Athletic Administrators

Former Patriot League representative to NCAA Management Council

Former member, NCAA Women's Basketball Committee, 1984-90

Former member, NCAA Division I Business/Finance Cabinet

Former member, NCAA Basketball Marketing Sub-Committee

Former President, Eastern College Athletic Conference (ECAC)

# Patriot League Academic and Athletic Success

In its second decade of combining academic and athletic excellence, the Patriot League sponsors championships in 23 men and women's sports. Initially started as an NCAA Division I-AA football conference in 1986, the Patriot League became an all-sport conference in 1990 and includes American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy as full members, and Fordham and Georgetown as associate members. These institutions are among the oldest and most prestigious in the nation and their alumni have, and continue to play leadership roles in shaping our country.

Since 1998, the Patriot League has ranked first each year among all Division I conferences awarding athletic aid in the NCAA Graduation Rate Report. In addition, the Patriot League finished first in the new NCAA Academic Progress Report (APR) among all Division I conferences awarding athletic aid (combining with all eight of its full-time member institutions for an average of 984 out of 1,000). The APR is used to measure academic eligibility, retention and graduation of student-athletes.

Patriot League student-athletes and teams continue to enjoy success at the national level, with opening round victories coming in several NCAA Championships, including consecutive wins in men's basketball, a final four appearance in men's lacrosse and a sixth-place finish at the NCAA Cross Country Championship.

The Patriot League's mission is simple, to provide successful competitive athletic experiences while maintaining high academic standards, and to prepare its student-athletes to be leaders in society.

During the 2006-07 academic year, Patriot League student-athletes and teams have accomplished the following:

\*Fourteen Patriot League student-athletes were named *ESPN The Magazine* Academic All-Americans including American's Heidi Hershberger (field hockey), Army's Nick Hill (baseball), Lindsey Gerheim (softball) and Patrick Beverly (golf), Bucknell's Shannon Curd (women's soccer), David Frisbey (football) and Melanie Buczko (women's cross country/track and field), Lafayette's James Conrad (baseball) and Navy's Lizzie Barnes (women's soccer), Kari Weniger (women's soccer), Chris Renninger (golf), Kelly Zalka (women's swimming and diving), Michael Niemi (men's cross country/track and field) and Kirsten Andrews (women's cross country/track and field).

\*54 Patriot League student-athletes earned *ESPN The Magazine* All-District Academic All-America honors.

\*American field hockey spent the entire season ranked in the top-20 in the NFHCA national poll.

\*Three Patriot League field hockey student-athletes were named NFHCA All-Americans including American's Camila Infante and Denise Infante on the Second-Team and American's Irene Schickhardt on the Third-Team.

\*Colgate's Mike Gallihugh led the Football Championship Subdivision in tackles and was a finalist for the Buck Buchanan Award.

\*Lehigh was the first team in Patriot League history to receive a first-round bye in the NCAA Men's Soccer Tournament and the second to advance to the third round.

\*The Patriot League had two teams win a game in the NCAA Men's Soccer Tournament for the first time in its history (Bucknell and Lehigh), with 2006 being the second year it sent multiple teams to the postseason.

\*Lehigh women's soccer student-athlete Daniela Molina was selected to play for the Colombian National Team at the World Cup.

\*Navy women's soccer owned the longest winning streak among NCAA Division I schools, posting 19-straight victories, and captured its first NCAA Tournament victory.

\*Navy goalkeeper Lizzie Barnes posted the seventh-longest shutout streak in NCAA women's soccer history.

\*American volleyball twin freshmen Ann and Clair Recht were featured on national morning shows for setting the record of being the tallest female twins in the Guinness Book of World Records.

\*The Patriot League had two post-season participants in the sport of women's basketball for the first time since 2002 with Holy Cross playing in the NCAA Tournament and Bucknell in the WNIT.

\*Holy Cross' Keith Simmons was named All-America Honorable Mention by the *Associated Press* in the sport of men's basketball.

\*Navy's Paul Harris earned All-America status after finishing sixth in the 800 meters at the NCAA Indoor Track and Field Championship.

\*Four different men's lacrosse teams spent time in the national polls, including Army, Bucknell, Colgate and Navy. Navy ended the year ranked a Patriot League-best eighth in the nation.

\*Three Patriot League student-athletes were chosen in the Major League Lacrosse Draft including Navy's Billy Looney (first round, fifth pick), Colgate's Colin Hulme (second round, 16th pick) and Navy's Ian Dingman (third round, 30th pick). Looney became the highest drafted Patriot League student-athlete into MLL.

\*Four Patriot League student-athletes were named USILA All-Americans including Navy's Billy Looney on the First-Team and Navy's Jordan DiNola and Colgate's Colin Hulme and Brandon Corp as Honorable Mentions.

\*Bucknell's Nick Sciubba ended the year ranked first in the nation in goals against average and save percentage in the sport of men's lacrosse.

\*Seventeen Patriot League rowers were named CRCA National Scholar-Athletes.

\*Bucknell's Katherine Brewster-Duffy and Navy's Lindsey Spiese were named CRCA All-Americans.

\*Five Patriot League student-athletes were selected in the MLB draft including Army's Nick Hill and Milan Dinga, Bucknell's Jason Buursma and Navy's Mitch Harris and Jonathan Johnston.

\*Lehigh's Kate Marvel ranked first in the nation in triples per game in the sport of softball, while Lehigh as a team ranked first in the same category.

\*Navy's Kevin Teague became the first male diver in Patriot League history to win four consecutive 1-meter and 3-meter Patriot League Championship titles and to be named Patriot League Diver of the Meet four times.

# Patriot League History

**1986** - Colonial League is founded and begins full round-robin play in football only; Lafayette College associate professor Alan Childs is named the Executive Director.

**1989** - Carl Ulrich is appointed as the first full-time Executive Director.

**1990** - Colonial League changes its name to Patriot League.

**1990-91** - Patriot League becomes an all-sport conference, sponsoring 22 sports, 11 for women and 11 for men. Membership includes Bucknell University, Colgate University, Fordham University, College of the Holy Cross, Lafayette College, Lehigh University and the United States Military Academy.

**1991** - The United States Naval Academy joins the League as a full member.

**1993** - Constance (Connie) H. Hurlbut is named Executive Director of the League, becoming the first woman and youngest person to be selected as the leader of an NCAA Division I conference.

**1995** - Fordham University resigns its full membership but remains in the League as an associate member in football.

**1996** - Change in League policy adopted to allow basketball scholarships beginning with the class entering in the fall of 1998; Fairfield University and Ursinus College begin League play as associate members in field hockey.

**1997** - Creation of League basketball television package, which grows to 12 games on DIRECTV and ESPN, beginning with the 2002-03 season; Towson University begins League play as an associate member in football.

**1999** - Carolyn Schlie Femovich is selected as the fourth Executive Director of the League; Villanova University begins League play as an associate member in women's lacrosse and Hobart College as an associate member in men's lacrosse.

**2000-01** - League celebrates its 10th Anniversary; League policy regarding merit aid expanded to include all sports except football, beginning with the class entering in the fall of 2001.

**2001** - American University joins the League as a full member; Georgetown University joins as an associate member in football.

**2003** - U.S. Naval Academy increases participation from 12 sports to 18 by joining the Patriot League in men's lacrosse, men's swimming & diving and all cross country and track & field programs.

**2004** - Women's rowing is added as the League's 23rd championship sport.

**2005** - Patriot League celebrates 20th anniversary for the sport of football.

**2007** - Patriot League unveils broadband package for men and women's basketball. Nearly 100 regular-season and a dozen Patriot League Tournament games are streamed. A two-year agreement for basketball TV package with ESPNU begins. Patriot League men's basketball 'Game of the Week' package on SIRIUS Satellite Radio debuts, which included 11 regular-season games and all seven Tournament games.

# Patriot League Cross Country Notebook

## BACK IN 2007

American's Brendan Fennell returns after a stellar 2006 campaign. Fennell earned Patriot League Championship Most Outstanding Performer honor and helped lead the Eagles to their fifth consecutive Patriot League title by finishing first with a time of 25:20.8. Fennell had finished in second place in each of the previous two campaigns. Fennell helped the Eagles to 26th place in the NCAA Cross Country Championships by placing first on the team and 63rd overall with a time of 32:10.7. It was his top finish in three years at the NCAA Cross Country Championship and he narrowly missed All-America honors. Fennell has earned First-Team All-Patriot League honors in each of his first three campaigns, and will try to become just the third male runner to receive All-League honors in each of his four seasons.

While the Men's Most Outstanding Performer returns, the Women's winner departs after an outstanding career. Bucknell's Leanna Nastase earned three All-Patriot League honors, and came in 94th place in the 2006 NCAA Championship.

## 2007 PATRIOT LEAGUE CHAMPIONSHIP

The 2007 Patriot League Cross Country Championships will take place on Oct. 27 at Lafayette College. The top-14 finishers in both the men and women's race will be awarded All-Patriot League status, with the top-seven being named to the First-Team and the next seven earning Second-Team recognition.

## 2007 PATRIOT LEAGUE PRESEASON POLL

### MEN

	POINTS (FIRST-PLACE VOTES)
1. American	97 (13)
2. Navy	86 (3)
3. Army	67
Bucknell	67
5. Lehigh	51
6. Colgate	34
7. Lafayette	30
8. Holy Cross	16

### WOMEN

	POINTS (FIRST-PLACE VOTES)
1. Bucknell	96 (13)
2. Navy	73 (2)
3. Colgate	69
4. Lehigh	65 (1)
5. Army	57
6. American	40
7. Lafayette	34
8. Holy Cross	14

American is predicted to win the Men's Patriot League Championship for the sixth-straight season in a vote of head coaches and sports information directors. The Eagles have gone onto the NCAA Championship the last three years, and placed in the top 30 in each campaign.

Besides American, only two other men's teams have ever captured the Patriot League title, with Army and Bucknell each winning six.

On the women's side, Bucknell was chosen to win the Patriot League Championship race after winning its second consecutive and sixth overall title in 2006. Bucknell is the only team in Patriot League women's cross country history to participate in the NCAA Championship, having finished 24th in 1999.

Other teams to win the Patriot League Women's Cross Country title have been Army (five times), American (two) Fordham (two), Lafayette (one) and Lehigh (one).

## PATRIOT LEAGUE BY THE NUMBERS

- 3** Top-2 finishes in the Patriot League Championship for American's Brendan Fennell
- 5** Number of consecutive Patriot League cross country titles for American men
- 6** Highest a Patriot League cross country team has placed at the NCAA Championship (Army Men, 1993)
- 8** Patriot League head coaches with at least 10 years at their school
- 30** Years Head Coach Jim Kavanagh has coached at Holy Cross
- 40** Years Head Coach Al Cantello has coached at Navy
- 127** Student-athletes on the Patriot League Cross Country Academic Honor Roll last season
- 152** Combined years at their current jobs for Patriot League men's coaches

# 2007 AMERICAN EAGLES

## QUICK FACTS

Location .....Washington, D.C.  
President .....Dr. Neil Kerwin  
Policy Committee Representative .....Dr. Ivy Broder  
Faculty Representative .....Robert Karch  
Athletic Director .....Keith Gill  
Senior Woman Administrator .....Athena Argyopolous  
Enrollment .....5,250  
Founded .....1893  
Nickname .....Eagles  
Colors .....AU Red, White and Blue

Cross Country SID .....Andrew Chesebro  
Office Phone .....202.885.3030  
Cell Phone .....202.531.0152  
Fax Number .....202.885.3033  
E-Mail .....chesebro@american.edu  
Athletic Website .....www.aueagles.com  
Sports Hotline .....202.885.DUNK

## CROSS COUNTRY HISTORY

First Season (reinstated) .....1996  
First Season of Patriot League Cross Country/Seasons .....2001/6  
Patriot League Championship Men's Titles .....5 (2002, 03, 04, 05, 06)  
Patriot League Championship Women's Titles .....2 (2002, 03)

## TEAM FACTS

2006 Patriot League Championship Finish (Men) .....1  
2006 Patriot League Championship Finish (Women) .....6

## HEAD COACH MATT CENTROWITZ

Alma Mater .....Oregon, 1978  
Season at American .....12th  
Overall Season Head Coaching .....12th

## COACHING STAFF

### Name (Alma Mater), Position, Years on Staff

Edmund Burke (Notre Dame (Calif.), 1991) Assistant, 5th season  
Bridget Bowers (Providence, 1992), Assistant, 2nd season

## 2007 SCHEDULE

8.31 at Mount St. Mary Invite  
9.15 at Navy Invite  
9.22 at Iona College Meet of Champions  
9.28 at George Mason Invitational  
10.13 at Delaware Invitational  
10.27 at Patriot League Championship  
11.10 NCAA Mid-Atlantic Regional  
11.19 NCAA National Championships

## 2006 MEN'S RESULTS

9.1 at Mount St. Mary Invite 3-1  
9.9 at Great Meadows Invite 2nd  
9.16 at Salty Seadog Invitational 1st of 8  
9.29 at Bill Bellinger Invite 12th  
9.30 at George Mason Invite 6th  
10.14 at Delaware Invitational 2nd  
10.28 at Patriot League Championship 1st of 8  
11.11 NCAA Mid-Atlantic Regional 2nd  
11.20 NCAA Championships 26th

## 2006 WOMEN'S RESULTS

9.1 at Mount St. Mary Invite 4-0  
9.16 at Salty Seadog Invitational 4th of 9  
9.30 at George Mason Invite 3rd  
10.14 at Delaware Invitational 2nd  
10.28 at Patriot League Championship 6th of 8  
11.11 NCAA Mid-Atlantic Regional 18th

# AMERICAN EAGLES CROSS COUNTRY HONOREES

## MEN

### **PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING Athlete of the Year**

2003; Pat MacAdie  
2004; Pat MacAdie  
2005; Steve Hallinan  
2006; Brendan Fennell

### **PATRIOT LEAGUE ROOKIE OF THE YEAR**

2004; Steve Hallinan  
2005; Kevin Tschirhart

### **PATRIOT LEAGUE COACH OF THE YEAR**

2002; Matt Centrowitz  
2003; Matt Centrowitz  
2004; Matt Centrowitz  
2005; Matt Centrowitz  
2006; Matt Centrowitz

### **FIRST-TEAM ALL-PATRIOT LEAGUE**

Yohannes Awit (2006)  
Dan Beardslee (2006)  
Matt Cooke (2002)  
Sean Duffy (2002, 03, 04)  
Brendon Fennell (2003, 05, 06)  
Phil Gaeta (2003)  
Steve Hallinan (2004, 05)  
Conor Lanz (2005, 06)  
Frank Malpigli (2001, 02)  
Pat MacAdie (2002, 03, 04)  
Danny Maurer (2003)  
Sean O'Brien (2002)  
Matt Seymour (2001, 02, 03)  
Kevin Tschirhart (2005)

### **SECOND TEAM ALL-PATRIOT LEAGUE**

Pat Burford (2003, 04, 05)  
Phil Gaeta (2002, 04)  
Carlos Jamieson (2006)  
Awit Yohannes (2005)

### **PATRIOT LEAGUE SCHOLAR-ATHLETE**

2003; Pat MacAdie  
2005; Steve Hallinan  
2006; Conor Lanz

## WOMEN

### **PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR**

2002; Samia Akbar  
2003; Keira Carlstrom  
2004; Keira Carlstrom  
2005; Keria Carlstrom

### **PATRIOT LEAGUE COACH OF THE YEAR**

2002; Matt Centrowitz  
2003; Matt Centrowitz

### **FIRST-TEAM ALL-PATRIOT LEAGUE**

Samia Akbar (2001, 02)  
Jen Baclawski (2001, 02, 03)  
Keria Carlstrom (2002, 03, 04, 05)  
Whitney McNees (2002, 03)  
Kelly Taylor (2003, 04)  
Zaia Wharton (2004)

### **SECOND TEAM ALL-PATRIOT LEAGUE**

Cathleen Ford (2006)  
Zaia Wharton (2003, 05)

### **PATRIOT LEAGUE SCHOLAR-ATHLETE**

2002; Jen Baclawski  
2003; Keira Carlstrom  
2004; Keira Carlstrom  
2005; Keria Carlstrom

### **ALL-AMERICAN**

Keria Carlstrom (2003, 04, 05)

### **CoSIDA ACADEMIC ALL-AMERICAN**

Keria Carlstrom (2005 3rd)

# 2007 Army Black Knights

## QUICK FACTS

Location ..... West Point, N.Y.  
 Superintendent ..... LTG Franklin L. Hagenbeck  
 Policy Committee Representative ..... COL William G. Held  
 Faculty Representative ..... COL William G. Held  
 Athletic Director ..... Kevin Anderson  
 Senior Woman Administrator ..... MAJ Kim Kawamoto  
 Enrollment ..... 4,000  
 Founded ..... 1802  
 Nickname ..... Black Knights  
 Colors ..... Black, Gold and Gray

Cross Country SID ..... Jon Holtz  
 Office Phone ..... 845.938.6996  
 Fax Number ..... 845.446.2556  
 E-Mail ..... jon.holtz@usma.edu  
 Athletic Website ..... www.goarmysports.com  
 Sports Hotline ..... 845.938.ARMV

## CROSS COUNTRY HISTORY

First Season ..... 1978  
 First Season of Patriot League Cross Country/Seasons ..... 1990/17  
 Patriot League Championship Men's Titles ..... 6 (1993, 94, 95, 96, 00, 01)  
 Patriot League Championship Women's Titles ..... 5 (1994, 95, 96, 97, 04)

## TEAM FACTS

2006 Patriot League Championship Finish (Men) ..... 4  
 2006 Patriot League Championship Finish (Women) ..... 5

## MEN'S HEAD COACH JERRY QUILLER

Alma Mater ..... Colorado State, 1964  
 Season at Army ..... 12th  
 Overall Season Head Coaching ..... 38th

## WOMEN'S HEAD COACH LAURA KIRCHGRABER

Alma Mater ..... Canisius, 2001  
 Season at Army ..... 2nd  
 Overall Season Head Coaching ..... 2nd

## 2007 SCHEDULE

8.31	Army Open	4 p.m.
9.8	at Cornell	2:30 p.m.
9.22	Iona College Meet of Champions	9:30 a.m.
9.28	at Notre Dame Invitational	4:00 p.m.
9.28	at Paul Short Invitational	3:15 p.m.
10.12	Navy	4 p.m.
10.27	at Patriot League Championship	11 a.m.
11.11	NCAA Northeast Regionals	11 a.m.
11.17	IC4A/ECAC	TBA

## 2006 MEN'S RESULTS

9.8	Cornell	L 29-31
9.23	at Penn State Invitational	6th of 24
.	at Wesleyan Invitational	2nd
9.29	at Paul Short Invitational	1st of 28
	at Notre Dame Invitational	19th of 20
10.14	at Navy	L 33-22
10.28	at Patriot League Championship	4th of 8
11.11	NCAA Regionals	21st

## 2006 WOMEN'S RESULTS

9.8	Cornell	L 15-50
9.23	at Penn State Invitational	8th of 25
9.29	at Notre Dame Invitational	10th of 24
10.14	at Navy	L 38-21 (W)
10.28	at Patriot League Championship	5th of 8
11.11	NCAA Regionals	19th

# Army Black Knights Cross Country Honorees

## MEN

### PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR

1994; Mike Bernstein  
1995; Dan Browne  
1996; Dan Browne  
1997; Scott Goff  
1998; Scott Goff  
2000; Will Wyche  
2001; Will Wyche

### PATRIOT LEAGUE COACH OF THE YEAR

1993; Ron Brazil  
1994; Ron Brazil  
1995; Jerry Quiller  
1996; Jerry Quiller  
2000; Jerry Quiller  
2001; Jerry Quiller

### FIRST-TEAM ALL-PATRIOT LEAGUE

Faraz Bala (2005)  
Michael Baskin (1999, 2000, 01)  
Dennis Bauer (1999)  
Mike Berstein (1993, 94)  
Dan Browne (1993, 95, 96)  
Andy Evey (2001)  
Scott Goff (1995, 96, 97, 98)  
Tim Grein (1993)  
Jeff Harris (1994, 95)  
Richard Harris (1993)  
Eric Heely (2003)  
Scott Kirkpatrick (1994, 95)  
Jeremy Matson (1995)  
Zachery Miller (1996)  
David Rachal (2000)  
Erick Rheam (1994)  
Michael Ross (1995, 96, 97, 98)  
Philip Sakala (2002, 03)  
Clay Schwabe (2000)  
Shawn Smith (1995, 96)  
Jason Stewart (1993)  
Paul Strozier (2004)  
Josh Stubbs (1994, 95, 96)  
John Swift (1994)  
Gabe Szody (1998)  
Clint Tisserand (2001)  
John Tisserand (2000)  
David Welch (2002)  
William Wyche (1999, 2000, 01)

### SECOND TEAM ALL-PATRIOT LEAGUE

Seth Chappell (2002)  
Eric Heely (2002, 04)  
Michael Klueber (2005)  
Eric Motzenbecker (2002)  
Dan O'Loughlin (2006)  
Adam Patten (2002)  
Doug Pelletier (2006)  
Ahren Reiter (2002)  
Philip Sakala (2005)  
Aaron Smead (2002)  
Jon Skelton (2004)  
Paul Strozier (2003)

### PATRIOT LEAGUE SCHOLAR-ATHLETE

1996; Zach Miller \*  
1999; Michael Baskin  
2001; Michael Baskin  
2004; Paul Strozier

## ALL-AMERICAN

Mike Bernstein (1993, 94)  
Scott Goff (1998)  
Jason Stewart (1993)

## WOMEN

### PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR

1993; Catherine Gaffigan  
1994; Catherine Gaffigan  
1996; Jessica Jones

### PATRIOT LEAGUE COACH OF THE YEAR

1994; Ron Brazil  
1997; Jerry Quiller  
2004; Jerry Quiller

### FIRST-TEAM ALL-PATRIOT LEAGUE

Anita Allen (1997)  
Christine Almy (1999)  
Leanna Berner (1995)  
Ann Lee Cole (2003)  
Meghan Curran (2006)  
Gretchen Dobert (1995, 97)  
Catherine Gaffigan (1993, 94)  
Jill Hajec (2004)  
Kate Hartley (1995)  
Jessica Jones (1996, 97, 99)  
Maggie Kropp (2000)  
Tara Mahoney (1999)  
Erin Miller (1994, 95, 96)  
Jennifer Mitchell (1996)  
Julie Murray (1998)  
Angela Peterson (2001)  
Emily Potter (1997, 2000)  
Alexis Seefeldt (2001, 02)  
Elizabeth Snyder (1998)  
Tatiana Sohakoff (1996, 97)  
Roxanne Theobald (1995)  
Ashley Urick (2002, 03)  
Renee Welch (1997)  
Melissa Wyka (1994)

### SECOND TEAM ALL-PATRIOT LEAGUE

Maggie Clark (2004)  
Andre Edgar (2004)  
Jill Hajec (2002)  
Lindsey Hankins (2003)  
Analise Kolsch (2002)  
Tara Mahoney (2002)  
Myra Markey (2004)  
Stephanie Richardson (2002, 03)  
Roxanne Wegman (2006)  
Desiree Zielen-Ersing (2004)

### PATRIOT LEAGUE ROOKIE OF THE YEAR

2005; Meghan Curran

### PATRIOT LEAGUE SCHOLAR-ATHLETE

1993; Catherine Gaffigan  
1994; Catherine Gaffigan

### ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000

Catherine Gaffigan  
Jessica Jones

\* - Co-selection

# 2007 Bucknell Bison

## QUICK FACTS

Location .....Lewisburg, Pa.  
 President .....Dr. Brian Mitchell  
 Policy Committee Representative .....Charles R. Pollock  
 Faculty Representative .....Dr. Mitchell Chernin  
 Athletic Director .....John P. Hardt  
 Senior Woman Administrator .....Amanda Backus  
 Enrollment .....3,400  
 Founded .....1846  
 Nickname .....Bison  
 Colors .....Orange and Blue

Cross Country SID .....Ashley LeVine  
 Office Phone .....570.577.3068  
 Fax Number .....570.577.1660  
 E-Mail .....ashley.levine@bucknell.edu  
 Athletic Website .....www.bucknellbison.com  
 Sports Hotline .....570.577.1919

## CROSS COUNTRY HISTORY

First Season (Men) .....1970  
 First Season (Women) .....1976  
 First Season of Patriot League Cross Country/Seasons .....1990/17  
 Patriot League Championship Men's Titles .....6 (1990, 91, 92, 97, 98, 99)  
 Patriot League Championship Women's Titles ...6 (1998, 99, 00, 01, 05, 06)

## TEAM FACTS

2006 Patriot League Championship Finish (Men) .....3  
 2006 Patriot League Championship Finish (Women) .....1

## HEAD COACH KEVIN DONNER

Alma Mater .....Detroit, 1984  
 Season at Bucknell .....7th  
 Overall Season Head Coaching .....23rd

## COACHING STAFF

### Name (Alma Mater), Position, Years on Staff

Mario Wilson (Marst College, 1998), Assistant, 6th season  
 Danielle Hobson (Rutgers, 2003), Assistant, 3rd season  
 Bob Schanbacher (East Stroudsburg University, 1972), Assistant, 17th season  
 Rob Guissanie (Penn State, 1990), Assistant, 6th season  
 Kip Hoffman (Bloomsburg, 1999), Assistant, 2nd season

## 2007 SCHEDULE

8.31	Bison Open	5:30 p.m.
9.8	at Bloomsburg Invitational	TBA
9.22	at Juniata Invitational	TBA
	at Western Ontario Invitational	TBA
9.28	at Paul Short Invitational	TBA
10.13	at Leopard Invitational	TBA
10.27	at Patriot League Championship	TBA
11.10	NCAA Mid-Atlantic Regional	TBA
11.17	IC4A Championships	TBA

## 2006 MEN'S RESULTS

9.1	Bison Open	NTS
9.16	at Lock Haven Invitational	3rd of 8
9.23	at Penn State Altoona Invite	6th of 58
9.29	at Paul Short Invitational	9th of 42
10.14	at Leopard Invitational	14th of 14
	at NCAA Pre-National Championship	35th of 36 (8K)
10.28	at Patriot League Championship	3rd of 8
11.11	NCAA Mid-Atlantic Regional	11th of 25
11.18	IC4A Championships	4th of 19

## 2006 WOMEN'S RESULTS

9.1	Bison Open	NTS
9.16	at Lock Haven Invitational	4th of 11
9.23	at Penn State Altoona Invite	1st of 8
9.29	at Paul Short Invitational	8th of 35
10.14	at Leopard Invitational	12th of 13
	at NCAA Pre-National Championship	26th of 37 (6K)
10.28	at Patriot League Championship	1st of 8
11.11	NCAA Mid-Atlantic Regional	T5th of 28
11.18	ECAC Championships	2nd of 18

# Bucknell Bison Cross Country Honorees

## MEN

### PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR

1990; Norbert Berenyi  
1991; Matt Deardorff  
1999; David Bronfenbrenner  
2002; Bryan Johnston

### PATRIOT LEAGUE COACH OF THE YEAR

1992; Art Gulden  
1997; Art Gulden  
1998; Art Gulden  
1999; Art Gulden

### FIRST-TEAM ALL-PATRIOT LEAGUE

Norbert Berenyi (1990)  
Dan Brofenbrenner (1997, 98, 99)  
Jason Cahilly (1990, 91)  
Steve Clarke (1993, 94)  
Greg Colbrun (1997)  
Greg Costello (2000, 01, 03)  
Matt Deardorff (1990, 91)  
Jaime DeFinnis (1994)  
Jon Dietrich (1998)  
Wally Dietrich (1996)  
Tom Eagleson (1991, 92)  
Jim Farrer (1992)  
Matt Forys (2006)  
Ron Hess (1997, 98)  
David Howard (1990)  
Judd Jarden (1990, 91, 93)  
Bryan Johnston (2001, 02)  
Chris Kearney (1998)  
Bob Kelly (1990, 91)  
Matt Kodak (1996, 97, 98)  
John Lewis (1992)  
Jeff Loomis (1990, 91)  
Chris Nowakowski (1999)  
Chris Priestaf (1992, 93)  
Chris Repasky (1994)  
Rick Roundtree (1999)  
Kevin Schilling (1994, 95)  
Steve Troisi (1999)  
Todd Vincent (1990)  
Brad Wertz (1998, 99, 2000)  
Kevin Weatherill (2000)  
Tom Wuchenich (1990, 91)

### SECOND TEAM ALL-PATRIOT LEAGUE

Wallace Campbell (2006)  
Dan Lounsbury (2003)  
Wes Reinhardt (2003)  
Stephen Scharfer (2002)

### PATRIOT LEAGUE SCHOLAR-ATHLETE

1994; Chris Priestaf  
1995; Terry Shea  
1996; Matt Kodak \*  
1997; Matt Kodak  
1998; Matt Kodak  
2000; Kevin Weatherill  
2002; Bryan Johnston

### ALL-AMERICAN

Mike Bernstein (1993, 94)  
Scott Goff (1998)  
Jason Stewart (1993)

### CoSIDA ACADEMIC ALL-AMERICAN

Matt Deardorff (1990 1st, 91 1st)  
Bob Kelly (1991 2nd)  
Bryan Johnston (2002 2nd)  
\* - Co-selection

### ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000

Norbert Berenyi

Dan Brofenbrenner  
Steve Clarke  
Matt Deardorff  
Matt Kodak

## WOMEN

### PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR

1997; Julie Sweitzer  
1998; Julie Sweitzer  
1999; Becki Marshall  
2000; Becki Marshall  
2001; Becki Marshall  
2006; Leanna Nastase

### PATRIOT LEAGUE COACH OF THE YEAR

1996; Art Gulden  
1998; Art Gulden  
1999; Art Gulden  
2001; Kevin Donner  
2005; Kevin Donner  
2006; Kevin Donner

### FIRST-TEAM ALL-PATRIOT LEAGUE

Andrea Beisser (1999, 2000)  
Allison Cole (2002)  
Erin Crammer-Hart (2006)  
Chris Crowe (2000, 01)  
Theresa Dennis (1999, 2000, 01, 02)  
Carly Graytock (1997, 98, 99)  
Annie Hamlin (1996, 97)  
Jennifer Hart (1999)  
Leah Johnson (1994)  
Becki Marshall (1998, 99, 2000, 01)  
Kelly McConnell (2001)  
Leanna Nastase (2005, 06)  
Kristen Opdyke (1991, 92)  
Katie Pfeifer (2003)  
Nicki Piper (2002)  
Charlotte Shurrell (1998)  
Jennifer Stevens (2005, 06)  
Julie Sweitzer (1996, 97, 98)  
Jessica Wilhelm (1994)  
Many Yournell (2000)

### SECOND TEAM ALL-PATRIOT LEAGUE

Lauren Bricker (2003, 05)  
Erin Cranmer-Hart (2005)  
Nicole Falcato (2006)  
Jaime Gow (2002, 03)  
Kayla Hollaran (2002, 03, 05)  
Leanna Nastase (2004)  
Gillian Nordquist (2006)  
Katie Pfeifer (2002)  
Christine Totten (2006)

### PATRIOT LEAGUE SCHOLAR-ATHLETE

1990; Kelly Marsh  
1996; Julie Sweitzer  
1997; Julie Sweitzer  
1998; Julie Sweitzer  
1999; Becki Marshall  
2000; Becki Marshall  
2001; Becki Marshall

### CoSIDA ACADEMIC ALL-AMERICAN

Kelly Marsh (1990 1st)  
Julie Sweitzer (1998 3rd)  
Becki Marshall (2001 3rd)  
Kelly McConnell (2001 3rd)

### ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000

Carly Graytock  
Becki Marshall  
Julie Sweitzer

# 2007 Colgate Raiders

## QUICK FACTS

Location .....Hamilton, N.Y.  
 President .....Dr. Rebecca S. Chopp  
 Policy Committee Representative .....Dr. Bruce Selleck  
 Faculty Representative .....Doug Johnson  
 Athletic Director .....David Roach  
 Senior Woman Administrator .....Alice Tym  
 Enrollment .....2,800  
 Founded .....1819  
 Nickname .....Raiders  
 Colors .....Maroon, White and Gray

Cross Country SID .....Meredith Rieder  
 Office Phone .....315.228.7566  
 Fax Number .....315.228.7977  
 E-Mail .....mrieder@mail.colgate.edu  
 Athletic Website .....www.gocolgateraiders.com  
 Sports Hotline .....315.228.7900

## CROSS COUNTRY HISTORY

First Season (Men) .....1910  
 First Season (Women) .....1987  
 First Season of Patriot League Cross Country/Seasons .....1990/17  
 Patriot League Championship Men's Titles .....0  
 Patriot League Championship Women's Titles .....0

## TEAM FACTS

2006 Patriot League Championship Finish (Men) .....6  
 2006 Patriot League Championship Finish (Women) .....3

## MEN'S HEAD COACH ART MCKINNON

Alma Mater .....Northeastern, 1968  
 Season at Colgate .....19th  
 Overall Season Head Coaching .....26th

## WOMEN'S HEAD COACH LAURA NARDELLI

Alma Mater .....Syracuse, 1982  
 Season at Colgate .....9th  
 Overall Season Head Coaching .....15th

## MEN'S COACHING STAFF

**Name (Alma Mater), Position, Years on Staff**  
 Greg Sanders (Michigan, 2005), Assistant, 1st season

## WOMEN'S COACHING STAFF

**Name (Alma Mater), Position, Years on Staff**  
 Bernie Empie (Citadel, 1994), Assistant, 7th season

## 2007 SCHEDULE

9.1	Harry Lang Invitational	12 p.m.
9.8	at Binghamton Invitational (W)	11 a.m.
9.15	at UMass Team Meet (M)	11:45 a.m.
9.28	at Paul Short Invitational (W)	2 p.m.
9.29	at Buffalo Invitational	11:45 a.m.
10.13	at Albany Invitational (M)	11 a.m.
10.13	at Lafayette Invitational (W)	TBA
10.28	at Patriot League Championship	11 a.m.
11.10	at NCAA Northeast Regional Championship	11 a.m.
11.18	at IC4A Championship	11 a.m.

## 2006 MEN'S RESULTS

9.1	Harry Lang Invitational	3rd of 7
9.16	Oneonta Invitational	5th of 9
9.29	Notre Dame Invitational	20th of 20
10.14	Albany Invitational	11th of 27
10.28	Patriot League Championship	6th of 8
11.11	NCAA Northeast Regional Championship	20th of 34
11.18	IC4A Championship	9th of 19

## 2006 WOMEN'S RESULTS

9.1	Harry Lang Invitational	6th of 7
9.9	Binghamton Invitational	3rd of 3
9.23	Buffalo Invitational	3rd of 11
9.29	Paul Short Invitational	13th of 35
10.14	Albany Invitational	6th of 22
10.28	Patriot League Championship	3rd of 8
11.11	NCAA Regional Qualifiers	17th of 34
11.18	ECAC Championships	1st of 19

# Colgate Raiders Cross Country Honorees

## MEN

### **PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR**

1992; Ray Appenheimer  
1993; Ray Appenheimer

### **PATRIOT LEAGUE COACH OF THE YEAR**

1991; Art McKinnon

### **FIRST-TEAM ALL-PATRIOT LEAGUE**

Ray Appenheimer (1991, 92, 93)  
Chris Ashfield (1996, 97)  
Trevor Bradna (1999)  
Xavier de Boissezon (2001)  
Louis Di Nuzzo (2002)  
Michael Hanlon (2004, 05, 06)  
Thomas Kennedy (1990)

### **SECOND TEAM ALL-PATRIOT LEAGUE**

Xavier de Boissezon (2002, 03)

### **PATRIOT LEAGUE SCHOLAR-ATHLETE**

1990; Brett Gerry  
1991; Brett Gerry  
1992; Ray Appenheimer  
1993; Ray Appenheimer

### **ALL-AMERICAN**

Ray Appenheimer (1992, 93)

### **CoSIDA ACADEMIC ALL-AMERICAN**

Ray Appenheimer (1992 2nd, 93 1st)

### **ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000**

Ray Appenheimer

## WOMEN

### **PATRIOT LEAGUE INDIVIDUAL CHAMPION/OUTSTANDING ATHLETE OF THE YEAR**

1995; Betsy Cunningham

### **PATRIOT LEAGUE COACH OF THE YEAR**

1995; Marie Cronrath

### **FIRST-TEAM ALL-PATRIOT LEAGUE**

Honnie Bermas (1991)  
Betsy Cunningham (1994, 95, 96)  
Molly DeMark (1997, 98, 99)  
Linda LeFever (1995)  
Jennifer McCarthy (2000, 01)  
Kely Polinsky (1995)  
Carrie Schluach (1998)

### **SECOND TEAM ALL-PATRIOT LEAGUE**

Lia Cross (2002, 04)  
Kristen Kiraly (2006)

### **PATRIOT LEAGUE SCHOLAR-ATHLETE**

1995; Rebecca Jewett

### **ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000**

Betsy Cunningham

# 2007 Holy Cross Crusaders

## QUICK FACTS

Location ..... Worcester, Mass.  
 President ..... Reverend Michael C. McFarland, S.J.  
 Policy Committee Representative ..... Dr. John F. Axelson  
 Faculty Representative ..... Dr. John F. Axelson  
 Athletic Director ..... Richard M. Regan, Jr.  
 Senior Woman Administrator ..... Ann Zelesky  
 Enrollment ..... 2,788  
 Founded ..... 1843  
 Nickname ..... Crusaders  
 Colors ..... Royal Purple

Cross Country SID ..... Jessica Cegarra  
 Office Phone ..... 508.793.3582  
 Fax Number ..... 508.793.2309  
 E-Mail ..... jcegarra@holycross.edu  
 Athletic Website ..... www.goholycross.com  
 Sports Hotline ..... 508.793.2356

## CROSS COUNTRY HISTORY

First Season (Men) ..... 1890  
 First Season (Women) ..... 1976  
 First Season of Patriot League Cross Country/Seasons ..... 1990/17  
 Patriot League Championship Men's Titles ..... 0  
 Patriot League Championship Women's Titles ..... 0

## TEAM FACTS

2006 Patriot League Championship Finish (Men) ..... 8  
 2006 Patriot League Championship Finish (Women) ..... 8

## HEAD COACH JIM KAVANAGH

Alma Mater ..... Boston College, 1968  
 Years at Holy Cross ..... 30th  
 Overall Years Head Coaching ..... 30th

## 2007 SCHEDULE

9.1	at CCSU Invitational	11 a.m.
9.14	at Fitchburg Invitational	4 p.m.
9.14	at National Catholic Championship	4:30 p.m.
9.29	at Murray Keatinge Invitational	10 a.m.
10.6	at New England Championship	Noon
10.20	at Central Connecticut Mini Meet	10 a.m.
10.28	at Patriot League Championship	11 a.m.
11.11	at NCAA Northeast Regional	10 a.m.
11.17	at IC4A/ECAC Championship	10 a.m.

## 2006 MEN'S RESULTS

9.2	CCSU Invitational	2nd of 3
9.9	Connecticut College Invitational	9th of 30
9.15	Fitchburg Invitational	1st of 5
9.15	National Catholic Championship	8th of 31
9.30	Murray Keatinge Invitational	9th of 10
10.7	New England Championship	32nd of 45
10.21	Central Connecticut Mini Meet	3rd of 7
10.28	Patriot League Championship	8th of 8
11.11	NCAA Northeast Regional	29th of 41

## 2006 WOMEN'S RESULTS

9.2	CCSU Invitational	2nd of 5
9.9	Connecticut College Invitational	5th of 27
9.15	Fitchburg Invitational	1st of 5
9.15	National Catholic Championship	7th of 34
9.30	Murray Keatinge Invitational	9th of 10
10.7	New England Championship	30th of 45
10.21	Central Connecticut Mini Meet	4th of 8
10.28	Patriot League Championship	8th of 8
11.11	NCAA Northeast Regional	26th of 41

# HOLY CROSS CRUSADERS CROSS COUNTRY HONOREES

## MEN

### FIRST-TEAM ALL-PATRIOT LEAGUE

Sean McCarthy (2000)

### SECOND TEAM ALL-PATRIOT LEAGUE

Sean McCarthy (2002)

John Nieskens (2003)

## WOMEN

### FIRST-TEAM ALL-PATRIOT LEAGUE

Amy Des Rosiers (1994)

Jean Donnelly (1992)

Katie LeClaire (1998)

Lynn Liberatore (1994)

Nicole Martin (1992, 95)

Nancy Sullivan (1990)

### SECOND TEAM ALL-PATRIOT LEAGUE

Kate Thorton (2003)

### CoSIDA ACADEMIC ALL-AMERICAN

Emily Hogan (2001 3rd)

# 2007 Lafayette Leopards

## QUICK FACTS

Location ..... Easton, Pa.  
President ..... Dr. Daniel H. Weiss  
Policy Committee Representative ..... Dr. James Krivoski  
Faculty Representative ..... David Johnson  
Athletic Director ..... Dr. Bruce McCutcheon  
Senior Woman Administrator ..... Kaitlyn Cerco  
Enrollment ..... 2,300  
Founded ..... 1826  
Nickname ..... Leopards  
Colors ..... Maroon and White

Cross Country SID ..... Caroline Morris  
Office Phone ..... 610.330.5123  
Fax Number ..... 610.330.5519  
E-Mail ..... morrisc@lafayette.edu  
Athletic Website ..... www.goleopards.com  
Sports Hotline ..... 610.250.0400

## CROSS COUNTRY HISTORY

First Season (Men) ..... 1926  
First Season (Women) ..... 1980  
First Season of Patriot League Cross Country/Seasons ..... 1990/17  
Patriot League Championship Men's Titles ..... 0  
Patriot League Championship Women's Titles ..... 1 (1993)

## TEAM FACTS

2006 Patriot League Championship Finish (Men) ..... 7  
2006 Patriot League Championship Finish (Women) ..... 7

## HEAD COACH JULIO PIAZZA

Alma Mater ..... Penn, 1972  
Season at Lafayette ..... 21st  
Overall Season Head Coaching ..... 21st

## COACHING STAFF

### Name (Alma Mater), Position, Years on Staff

Michele Curcio (Delaware, 1991), Associate, 9th season  
Kareem Jackson (Lewis, 2002), Assistant, 3rd season  
Molly Sunderlin (Colgate, 2001), Assistant, 2nd season

## 2007 SCHEDULE

9.7	at Lehigh Valley Championship	5 p.m.
9.15	Lehigh	9:30 a.m.
9.29	at Paul Short Invitational	2 p.m.
10.14	Leopard Invitational	11 a.m.
10.28	Patriot League Championship	11 a.m.
11.11	at NCAA Mid-Atlantic District Championship	11 a.m.

## 2006 MEN'S RESULTS

9.02	Colgate Invitational	1st of 5
9.15	at Lehigh	L 19-42
9.29	Paul Short Invitational	NTS
10.14	Leopard Invitational	10th of 14
10.28	Patriot League Tournament	7th of 8
11.11	NCAA District Championship	22nd of 25

## 2006 WOMEN'S RESULTS

9.02	Colgate Invitational	1st of 5
9.15	at Lehigh	L 22-35
9.29	Paul Short Invitational	NTS
10.14	Leopard Invitational	7th of 13
10.28	Patriot League Tournament	7th of 8
11.11	NCAA District Championship	22nd of 28

# Lafayette Leopards Cross Country Honorees

## MEN

### FIRST-TEAM ALL-PATRIOT LEAGUE

Brian Corcoran (1992)  
Jeff Rios (1997, 98)  
David Robinson (1995, 96, 97)  
Nuno Santo (1992, 93)

### SECOND TEAM ALL-PATRIOT LEAGUE

Ed Dutch (2006)

## WOMEN

### PATRIOT LEAGUE COACH OF THE YEAR

1993; Julio Piazza

### FIRST-TEAM ALL-PATRIOT LEAGUE

Julia Gloss (1993)  
Leigh Grygotis (1990)  
Rian Landers (2002)  
Stacey Looney (1990)  
Nathalie Marquis (1991)  
Laura Nann (1999)  
Beth Richey (1996, 97)  
Jeannine Sluck (1993)  
Megan Smith (1993, 94, 96)

### SECOND TEAM ALL-PATRIOT LEAGUE

Devon Landers (2003)  
Katie Schultes (2005)

### ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000

Megan Smith

# 2007 Lehigh Mountain Hawks

## QUICK FACTS

Location .....Bethlehem, Pa.  
President .....Dr. Alice P. Gast  
Policy Committee Representative .....Bruce Taggart  
Faculty Representative .....Jim McIntosh  
Athletic Director .....Joe Sterrett  
Senior Woman Administrator .....Karen Adams  
Enrollment .....4,700  
Founded .....1865  
Nickname .....Mountain Hawks  
Colors .....Brown and White

Cross Country SID .....Travis Collins  
Office Phone .....610.758.5101  
Fax Number .....610.758.4407  
E-Mail .....tsc207@lehigh.edu  
Athletic Website .....www.lehighsports.com  
Sports Hotline .....610.758.LULU

## CROSS COUNTRY HISTORY

First Season (Men) .....1919  
First Season (Women) .....1984  
First Season of Patriot League Cross Country/Seasons .....1990/17  
Patriot League Championship Men's Titles .....0  
Patriot League Championship Women's Titles .....1 (1992)

## TEAM FACTS

2006 Patriot League Championship Finish (Men) .....5  
2006 Patriot League Championship Finish (Women) .....4

## HEAD COACH DEBBIE UTESCH

Alma Mater .....Rhode Island, 1988  
Season at Lehigh .....11th  
Overall Season Head Coaching .....14th

## COACHING STAFF

### Name (Alma Mater), Position, Years on Staff

Todd Eters (Lehigh, 2002), Assistant, 6th season  
Liam Smith (St. Francis (Pa.), 2005), Assistant, 3rd season

## 2007 SCHEDULE

8.31	at Muhlenberg Short Course Meet	4 p.m.
9.7	Lehigh Valley Championship	5 p.m.
9.15	at Lafayette	9:30 a.m.
9.28	Paul Short Invitational	2 p.m.
10.12	at Penn State Invitational	10 a.m.
10.13	at Leopard Invitational	10 a.m.
10.27	Patriot League Championship	11 a.m.
11.11	at NCAA Mid-Atlantic Qualifiers	11 a.m.

## 2006 MEN'S RESULTS

9.1	Lehigh Valley Championship	1st of 4
9.15	Lafayette	W, 19-42
9.29	Paul Short Invitational	13th of 42
10.14	Chile Pepper Cross Country Festival	9th of 34
10.28	Patriot League Championship	5th of 8
11.11	NCAA Mid-Atlantic Qualifiers	13th of 25

## 2006 WOMEN'S RESULTS

9.1	Lehigh Valley Championship	1st of 3
9.15	Lafayette	W, 22-35
9.29	Paul Short Invitational	14th of 35
10.14	Chile Pepper Cross Country Festival	26th of 43
10.28	Patriot League Championship	4th of 8
11.11	NCAA Mid-Atlantic Qualifiers	16th of 28

# Lehigh Mountain Hawks Cross Country Honorees

## MEN

### FIRST-TEAM ALL-PATRIOT LEAGUE

Steve Gourley (1997, 99)  
Alex L'Heureux (2000, 01)  
Kevin Murphy (1992, 93)  
Matt Van Lierop (1991, 92)

### SECOND TEAM ALL-PATRIOT LEAGUE

Brendan Glover (2005)  
Rob Hampson (2003, 04, 05)  
Victor Vientos (2004)

## WOMEN

### PATRIOT LEAGUE COACH OF THE YEAR

1992; Patti O'Donnell-Smith  
2000; Debbie Utesch

### PATRIOT LEAGUE ROOKIE OF THE YEAR

Kaitlin Grimm (2006)

### FIRST-TEAM ALL-PATRIOT LEAGUE

Suzanne Alex (1993, 94)  
Tina Altro (1993)  
Edann Brady (2002)  
Ellen Cogswell (1995, 96)  
Megan Eves (1991, 92)  
Claudine Hull (2000)  
Lucinda Hull (2000, 01)  
Andrea Luebbe (2003, 05)  
Monica Patel (1992)  
Gretchen Repasky (1990, 91, 92, 93)  
Jen Schappert (2004, 05, 06)  
Maureen Schaub (2002)  
Dara Seybold (1992)

### SECOND TEAM ALL-PATRIOT LEAGUE

Sarah Seiler (2006)

### CoSIDA ACADEMIC ALL-AMERICAN

Andrea Luebbe (2005 2nd)

### ALL-PATRIOT LEAGUE DECADE TEAM 1990-2000

Gretchen Repasky

# 2007 Navy Midshipmen

## QUICK FACTS

Location .....Annapolis, Md.  
 Superintendent .....Vice Admiral Jeffrey L. Fowler, USN  
 Policy Committee Representative .....Roger D. Little  
 Faculty Representative .....Roger D. Little  
 Athletic Director .....Chet Gladchuk  
 Senior Woman Administrator .....Loretta Lamar  
 Enrollment .....4,000  
 Founded .....1845  
 Nickname .....Midshipmen, Mids  
 Colors .....Navy Blue and Gold

Cross Country SID .....Jonathan Maggart  
 Office Phone .....410.293.8771  
 Fax Number .....410.293.8954  
 E-Mail .....maggart@usna.edu  
 Athletic Website .....www.navysports.com  
 Sports Hotline .....N/A

## CROSS COUNTRY HISTORY

First Season (Men) .....1922  
 First Season (Women) .....1983  
 First Season of Patriot League Cross Country/Seasons .....2003/4  
 Patriot League Championship Men's Titles .....0  
 Patriot League Championship Women's Titles .....0

## TEAM FACTS

2006 Patriot League Championship Finish (Men) ..... 2  
 2006 Patriot League Championship Finish (Women) ..... 2

## HEAD MEN'S COACH AL CANTELLO

Alma Mater .....La Salle, 1955  
 Season at Navy .....40th  
 Overall Season Head Coaching .....40th

## HEAD WOMEN'S COACH KAREN BOYLE

Alma Mater .....Bowling Green, 1979  
 Years at Navy .....21st  
 Overall Years Head Coaching .....23rd

## 2007 SCHEDULE

8.31	at Appalachian State Invitational (W)	5:45 p.m.
9.1	at Sea Gull Opener (M)	10 a.m.
9.8	at Fordham Invitational (M)	10:30 a.m.
9.8	at Dartmouth Invitational (W)	11:10 a.m.
9.15	Navy Invitational (M)	10 a.m.
9.15	Salty Seadog Invitational (W)	11:30 a.m.
9.22	Iona College Meet of Champions (M)	10:15 a.m.
9.28	at Paul Short Invitational (W)	2:45 p.m.
9.29	at Roy Griak Invitational (M)	1:10 p.m.
10.12	at Army	4 p.m.
10.13	at Leopard Invitational (W)	11 a.m.
10.27	at Patriot League Championship	11 a.m.
11.10	at NCAA Mid-Atlantic Regional	11 a.m.

## 2006 MEN'S RESULTS

9.2	Sea Gull Opener	1st of 11
9.9	Fordham Invitational	1st of 21
9.16	Navy Invitational	2nd of 8
9.23	Roy Griak Invitational	19th of 34
9.29	Notre Dame Invitational	15th of 20
10.14	Army (Star Meet)	W, 22-33
10.28	Patriot League Championship	2nd of 8
11.11	NCAA Mid-Atlantic Regional Championship	9th of 28

## 2006 WOMEN'S RESULTS

9.1	Harry Lang Invitational	1st of 5
9.16	Salty Seadog Invitational	2nd of 9
9.23	Spiked Shoe Invitational	4th of 25
9.30	Stanford Invitational	9th of 17
10.14	Army (Star Meet)	W, 21-38
10.28	Patriot League Championship	2nd of 8
11.11	NCAA Mid-Atlantic Regional Championship	11th of 32

# Navy Midshipmen Cross Country Honorees

## MEN

### **PATRIOT LEAGUE ROOKIE OF THE YEAR**

Chris Horel (2006)

### **FIRST-TEAM ALL-PATRIOT LEAGUE**

Barry Carmody (2003)

Eric Eckstrand (2003)

John Kress (2006)

Joshua McCann (2004)

Joshua Sink (2005)

### **SECOND TEAM ALL-PATRIOT LEAGUE**

Michael Niemi (2006)

John Olsen (2006)

Ty Rose (2003, 05)

Erik Schmidt (2003)

Joshua Sink (2003, 04)

### **CoSIDA ACADEMIC ALL-AMERICAN**

Eric Eckstrand (2004 3rd)

## WOMEN

### **PATRIOT LEAGUE ROOKIE OF THE YEAR**

2004; Kyleigh Millhouse

### **FIRST-TEAM ALL-PATRIOT LEAGUE**

Allison Barlow (2003)

Emily Castro (2003, 04, 06)

Christine Taranto (2004)

Justine Whipple (2005, 06)

### **SECOND TEAM ALL-PATRIOT LEAGUE**

Erin Demchko (2003)

Kyleigh Millhouse (2004)

Stephanie Paterson (2003)

### **PATRIOT LEAGUE SCHOLAR-ATHLETE**

1995; Rebecca Jewett

# 2006 Patriot League Cross Country Season In Review

## 2006 PATRIOT LEAGUE CHAMPIONSHIP RESULTS

### 10.28.06. COLGATE UNIVERSITY

#### MEN

1.	American	25
2.	Navy	69
3.	Bucknell	80
4.	Army	99
5.	Lehigh	119
6.	Colgate	169
7.	Lafayette	203
8.	Holy Cross	205

#### WOMEN

1.	Bucknell	28
2.	Navy	79
3.	Colgate	82
4.	Lehigh	92
5.	Army	119
6.	American	148
7.	Lafayette	184
8.	Holy Cross	224

## 2006 PATRIOT LEAGUE CHAMPIONSHIP INDIVIDUAL RESULTS

#### MEN (8000 METERS)

1.	Brendan Fennell, American	25:20.8
2.	Michael Hanlon, Colgate	25:29.1
3.	Matt Forys, Bucknell	25:36.6
4.	Dan Beardslee, American	25:44.6
5.	Yohannes Awit, American	25:46.8
6.	John Kress, Navy	25:57.3
7.	Conor Lanz, American	26:10.9
8.	Carlos Jamieson, American	26:18.1
9.	Wallace Campbell, Bucknell	26:26.5
10.	Doug Pelletier, Army	26:30.0
11.	Josh Olsen, Navy	26:30.3
12.	Ed Dutch, Lafayette	26:30.4
13.	Dan O'Loughlin, Army	26:37.7
14.	Michael Niemi, Navy	26:39.3

#### WOMEN (6000 METERS)

1.	Leanna Nastase, Bucknell	23:06.5
2.	Erin Crammer-Hart, Bucknell	23:25.2
3.	Justine Whipple, Navy	23:37.5
4.	Jennifer Schappert, Lehigh	23:47.3
5.	Emily Castro, Navy	23:55.5
6.	Jennifer Stevens, Bucknell	24:03.7
7.	Meghan Currany, Army	24:10.5
8.	Kristen Kiraly, Colgate	24:22.7
9.	Nicole Farcaro, Bucknell	24:28.9
10.	Gillian Nordquist, Bucknell	24:30.2
11.	Sarah Seiler, Lehigh	24:30.6
12.	Christine Totten, Bucknell	24:32.1
13.	Cathleen Ford, American	24:32.8
14.	Roxanne Wegman, Army	24:33.6

All-Patriot League status is awarded to the top 14 finishers at the championship meet; the top seven earn a First-Team designation and places 8-14 are Second-Team honorees.

#### Patriot League Championship Most Outstanding Performer

Men: Brendan Fennell, American

Women: Leanna Nastase, Bucknell

#### Patriot League Coach of the Year

Men: Matt Centrowitz, American

Women: Kevin Donner, Bucknell

#### Patriot League Rookie of the Year

Men: Chris Horel, Navy

Women: Kaitlin Grimm, Lehigh

## 2006 NCAA CHAMPIONSHIP

The American men's team competed at the NCAA Cross Country Championship for the third straight year in 2006, placing 26th. The team's top finisher for the second year in a row was Brendan Fennell, coming in 63rd with a time of 32:10.7. It was Fennell's top finish in three years at the NCAA Cross Country Championship and he narrowly missed All-America honors.

Two Bucknell runners also competed in the championships. Matt Forys placed 75th in the men's race, while Leanne Nastase came in 94th place in the women's race. It was a third time a Patriot League institution sent a male and female runner to the NCAA Championship.

## CENTROWITZ HONORED BY USTFCCCA

American Head Coach Matt Centrowitz was named the Mid-Atlantic Region's Men's Coach of the Year by the U.S. Track and Field and Cross Country Coaches Association (USTFCCCA). American won the Patriot League Championship for the fifth year in a row and qualified for the NCAA Championship for the third consecutive year by placing second at the NCAA Mid-Atlantic Regional.

## SIX TEAMS EARN ACADEMIC RECOGNITION

Six Patriot League teams were selected for Division I All-Academic honors by the NCAA. For the women, Bucknell, Colgate, Lafayette and Navy were recognized. Bucknell had the highest overall GPA of any Patriot League team (3.241) and placed the most-student athletes (18) on the 2006 Patriot League Cross Country Academic Honor Roll. On the men's side, Bucknell and Colgate received team recognition. To be honored as an NCAA All-Academic Team, teams must compete in an NCAA regional meet and have at least a cumulative GPA of 3.0.

# 2006 Patriot League Cross Country Results

## AMERICAN MEN

9.1	at Mt. St. Mary's Duals	W, 3-1
9.9	at Great Meadows Invite	2 of 3
9.16	at Navy Invitational	1 of 8
9.29	at Bill Bellinger Invitational	12 of 13
9.30	at George Mason Invitational	6 of 12
10.14	at Delaware Invitational	2 of 14
10.28	at Patriot League Championship	1st of 8
11.11	NCAA Mid-Atlantic Regional	2 of 25
11.20	NCAA Championship Fennell	26 of 31 63 of 250

## AMERICAN WOMEN

9.1	at Mount St. Mary's Duals	W, 4-0
9.16	at Navy Invitational	4th of 9
9.30	at George Mason Invitational	3rd of 12
10.14	at Delaware Invitational	2nd of 16
10.28	at Patriot League Championships	6th of 8
11.11	at NCAA Mid-Atlantic Regional	18th of 28

## ARMY MEN

9.8	Cornell	L, 21-39
9.23	at Penn State Invitational	6th of 24
9.23	Wesleyan Invitational	2nd of 3
9.29	at Paul Short Invitational	1st of 28
9.29	at Notre Dame Invitational	19th of 20
10.14	at Navy	L, 22-33
10.28	at Patriot League Championship	4th of 8
11.11	at NCAA Northeast Regionals	21st of 38
11.19	at IC4A Championship	3rd of 19

## ARMY WOMEN

9.8	Cornell	L, 15-50
9.23	at Penn State Invitational	8th of 25
9.29	at Notre Dame Invitational	10th of 24
10.1	at Paul Short Invitational	15th of 47
10.14	at Navy	L, 21-38
10.28	at Patriot League Championships	5th of 8
11.11	at NCAA Northeast Regionals	19th of 37
11.18	at ECAC Championships	4th of 19

## BUCKNELL MEN

9.1	Bison Open	NTS
9.16	at Lock Haven Invitational	3rd of 8
9.23	at Penn State Invitational	2nd of 7
9.29	at Paul Short Invitational	9th of 42
10.14	at Lafayette Invitational	14th of 14
10.14	NCAA Pre-National Championship	35th of 36
10.28	at Patriot League Championship	3rd of 8
11.11	at NCAA Mid-Atlantic Regional	11th of 25
11.18	at IC4A Championship	4th of 19
11.20	NCAA Championships Forys	75th of 250

## BUCKNELL WOMEN

9.1	Bison Open	NTS
9.16	at Lock Haven Invitational	4 of 11
9.23	at Penn State Invitational	1 of 8
9.30	at Paul Short Invitational	8 of 35
10.14	at Lafayette Invitational	12 of 13
10.14	NCAA Pre-National Championships	26 of 37
10.29	at Patriot League Championship	1 of 8
11.11	at NCAA Mid-Atlantic Regional	5 of 28
11.18	at ECAC Championship	2 of 18
11.20	NCAA Championship Nastase	94 of 253

## COLGATE MEN

9.1	Harry Lang Invitational	3 of 7
9.16	at Oneonta Invitational	5 of 9
9.29	at Notre Dame Invitational	20 of 20
10.14	at Albany Invitational	11 of 27
10.28	at Patriot League Championship	6 of 8
11.12	at NCAA Northeast Regional	21 of 34
11.19	at IC4A Championship	9 of 19

## COLGATE WOMEN

9.1	Harry Lang Invitational	6 of 7
9.10	at Binghamton Duals	2 of 4
9.23	at Buffalo Invitational	3 of 11
9.29	at Paul Short Invitational	13 of 35
10.14	at Albany Invitational	6 of 22
10.28	at Patriot League Championship	3 of 8
11.12	at NCAA Northeast Regional	17 of 34
11.18	at ECAC Championship	1 of 19

## HOLY CROSS MEN

9.2	at CCSU Invitational	2 of 3
9.9	at Connecticut College Invitational	9 of 30
9.15	at Fitchburg Invitational	1 of 5
9.15	at National Catholic Championship	8 of 31
9.30	at Murray Keatinge Invitational	9 of 10
10.7	at New England Championship	32 of 45
10.21	at CCSU Mini Meet	3 of 7
10.28	at Patriot League Championship	8 of 8
11.11	at NCAA Northeast Regional	29 of 41

## HOLY CROSS WOMEN

9.2	at CCSU Invitational	2 of 5
9.9	at Connecticut College Invitational	5 of 27
9.15	at Fitchburg Invitational	1 of 5
	at National Catholic Championship	7 of 34
9.30	at Murray Keatinge Invitational	9 of 10
10.7	at New England Championship	30 of 45
10.22	at CCSU Mini Meet	4 of 8
10.28	at Patriot League Championship	8 of 8
11.11	at NCAA Northeast Regional	26 of 41

# 2006 Patriot League Cross Country Results

## LAFAYETTE MEN

9.1	at Harry Lang Invitational	1 of 5
9.15	at Lehigh	L, 19-42
9.29	at Paul Short Invitational	30 of 42
10.14	Leopard Invitational	10 of 14
10.28	at Patriot League Championship	7 of 8
11.11	at NCAA Mid-Atlantic Regional	22 of 25

## LAFAYETTE WOMEN

9.1	at Harry Lang Invitational	1 of 5
9.17	at Lehigh	L, 22-35
9.29	at Paul Short Invitational	26 of 35
10.14	Leopard Invitational	7 of 13
10.28	at Patriot League Championship	7 of 8
11.11	at NCAA Mid-Atlantic Regional	22 of 28

## LEHIGH MEN

9.2	Lehigh Valley Championship	1 of 4
9.15	at Lafayette	W, 19-42
9.29	Paul Short Invitational	13 of 42
10.14	at Chile Pepper Festival	9 of 34
10.28	at Patriot League Championship	5 of 8
11.11	at NCAA Mid-Atlantic Regional	13 of 25

## LEHIGH WOMEN

9.2	Lehigh Valley Championship	1 of 3
9.15	at Lafayette	W, 22-35
9.29	Paul Short Invitational	14 of 35
10.14	at Chile Pepper Festival	27 of 44
10.28	at Patriot League Championship	4 of 8
11.11	at NCAA Mid-Atlantic Regional	16 of 28

## NAVY MEN

9.2	at Sea Gull Opener	1 of 11
9.9	at Fordham Invitational	1 of 21
9.16	Navy Invitational	2 of 8
9.23	at Roy Griak Invitational	19 of 34
9.30	at Notre Dame Invitational	15 of 20
10.14	Army	W, 22-33
10.28	at Patriot League Championship	2 of 8
11.11	at NCAA Mid-Atlantic Regional	9 of 28

## NAVY WOMEN

9.1	at Harry Lang Invitational	1 of 5
9.16	Salty Seadog Invitational	2 of 9
9.23	at Spiked Shoe Invitational	4 of 25
9.30	at Stanford Invitational	9 of 17
10.14	Army	W, 21-38
10.28	at Patriot League Championship	2 of 8
11.11	at NCAA Mid-Atlantic Regional	11 of 32

# Patriot League Cross Country All-Time Year-By-Year

## 1990

### MEN

#### Championship Results

##### Lehigh University - Bethlehem, Pa.

1.	Bucknell	15
2.	Colgate	57
3.	Fordham	102
4.	Lafayette	106
	Lehigh	106
6.	Holy Cross	135

**Individual Champion** Norbert Berenyi, Bucknell (25:32.50)

**All-Patriot League** Norbert Berenyi (Bucknell); Matt Deardorff (Bucknell); Jeff Loomis (Bucknell); Bob Kelly (Bucknell); Jason Cahilly (Bucknell); Tom Wuchenich (Bucknell); Thomas Kennedy (Colgate); Todd Vincent (Bucknell); Judd Jarden (Bucknell); David Howard (Bucknell)

**Scholar-Athlete of the Year** Brett Gerry, Colgate

**Academic All-American** Matt Deardorff, Bucknell (1st)

### WOMEN

#### Championship Results

##### Lehigh University - Bethlehem, Pa.

1.	Fordham	22
2.	Holy Cross	65
3.	Lafayette	79
4.	Lehigh	94
5.	Bucknell	106
6.	Colgate	133

**Individual Champion** Lauren Gubicza, Fordham (17:28.60)

**All-Patriot League** Lauren Gubicza (Fordham); Nancy Sullivan (Holy Cross); Karen Cloran (Fordham); Ann Cullagh (Fordham); Gretchen Repasky (Lehigh); Nancy Gunning (Fordham); Julia Galeazzi (Fordham); Kathy Fullam (Fordham); Stacey Looney (Lafayette); Leigh Grygotis (Lafayette)

**Scholar-Athlete of the Year** Kelly Marsh, Bucknell

**Academic All-American** Kelly Marsh, Bucknell (1st)

## 1991

### MEN

#### Championship Results

##### Fordham University - Bronx, N.Y. (Van Cortlandt)

1.	Bucknell	15
2.	Colgate	63
3.	Lehigh	72
4.	Fordham	107
5.	Holy Cross	136
6.	Lafayette	138

**Individual Champion** Matt Deardorff, Bucknell (25:44.30)

**All-Patriot League** Matt Deardorff (Bucknell); Tom Wuchenich (Bucknell); Bob Kelly (Bucknell); Jason Cahilly (Bucknell); Jeff Loomis (Bucknell); Ray Appenheimer (Colgate); Judd Jarden (Bucknell); Sean Cleere (Fordham); Tom Eagleson (Bucknell); Matt Van Lierop (Lehigh)

**Coach of the Year** Art McKinnon, Colgate

**Scholar-Athlete of the Year** Brett Gerry, Colgate

**Academic All-American** Matt Deardorff, Bucknell (1st); Bob Kelly, Bucknell (2nd)

#### NCAA Championship

##### University of Arizona - Tucson, Ariz.

Bucknell (13th)  
Top Finisher - Tom Wuchenich (52nd - 31:54.0)

### WOMEN

#### Championship Results

##### Fordham University - Bronx, N.Y. (Van Cortlandt)

1.	Fordham	20
2.	Holy Cross	81
3.	Colgate	82
4.	Lehigh	86
5.	Bucknell	101
6.	Lafayette	111

**Individual Champion** Lauren Gubicza, Fordham (18:41.30)

**All-Patriot League** Lauren Gubicza (Fordham); Karen Gloran (Fordham); Kristen Opdyke (Bucknell); Julia Ferrante (Fordham); Nathalie Marquis (Lafayette); Elaine Laird (Fordham); Kathy Fullam (Fordham); Gretchen Repasky (Lehigh); Megan Eves (Lehigh); Honnie Bermas (Colgate)

**Coach of the Year** Suzanne O'Connell, Fordham

**Scholar-Athlete of the Year** Lauren Gubicza, Fordham

**Academic All-American** Lauren Gubicza, Fordham (3rd)

## 1992

### MEN

#### Championship Results

##### Fordham University - Bronx, N.Y. (Van Cortlandt)

1.	Bucknell	30
2.	Lehigh	51
3.	Colgate	80
4.	Lafayette	88
5.	Holy Cross	142
6.	Fordham	162

**Individual Champion** Ray Appenheimer, Colgate (24:37.40)

**All-Patriot League** Ray Appenheimer (Colgate); Kevin Murphy (Lehigh); Tom Eagleson (Bucknell); Matt Van Lierop (Lehigh); Judd Jarden (Bucknell); John Lewis (Bucknell); Chris Preistaf (Bucknell); Nuno Santo (Lafayette); Jim Farrer (Bucknell); Brian Corcoran (Lafayette)

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Ray Appenheimer, Colgate

**All-American** Ray Appenheimer, Colgate (40th)

**Academic All-American** Ray Appenheimer, Colgate (2nd)

#### NCAA Championship

##### Indiana University - Bloomington, Ind.

Ray Appenheimer, Colgate (40th - 31:58.6)

# Patriot League Cross Country All-Time Year-By-Year

## WOMEN

### Championship Results

#### Fordham University - Bronx, N.Y. (Van Cortlandt)

1.	Lehigh	39
2.	Fordham	49
3.	Bucknell	68
4.	Holy Cross	75
5.	Lafayette	147
6.	Colgate	164

**Individual Champion** Lauren Gubicza, Fordham (17:26.60)

**All-Patriot League** Lauren Gubicza (Fordham); Gretchen Repasky (Lehigh); Kristen Opdyke (Bucknell); Jean Donnelly (Holy Cross); Nicole Martin (Holy Cross); Stephanie Balkcom (Fordham); Megan Eves (Lehigh); Dara Seybold (Lehigh); Julianne Welby (Fordham); Monica Patel (Lehigh)

**Coach of the Year** Patti O'Donnell-Smith, Lehigh

**Scholar-Athlete of the Year** Lauren Gubicza, Fordham

**Academic All-American** Lauren Gubicza, Fordham (3rd)

### NCAA Championship

#### Indiana University - Bloomington, Ind.

Lauren Gubicza, Fordham (88th - Time Not Available)

## 1993

## MEN

### Championship Results

#### Lafayette College - Easton, Pa.

1.	Army	23
2.	Bucknell	67
3.	Lehigh	68
4.	Colgate	114
5.	Fordham	141
6.	Lafayette	154
7.	Holy Cross	173

**Individual Champion** Ray Appenheimer, Colgate (24:30.00)

**All-Patriot League** Ray Appenheimer (Colgate); Jason Stewart (Army); Mike Bernstein (Army); Richard Harris (Army); Steve Clarke (Bucknell); Tim Grein (Army); Kevin Murphy (Lehigh); Dan Browne (Army); Chris Priestaf (Bucknell); Nuno Santo (Lafayette)

**Coach of the Year** Ron Brazil, Army

**Scholar-Athlete of the Year** Ray Appenheimer, Colgate

**All-American** Ray Appenheimer, Colgate (7th); Jason Stewart, Army (21st); Mike Bernstein, Army (41st)

**Academic All-American** Ray Appenheimer, Colgate (1st)

### NCAA Championship

#### Lehigh University - Bethlehem, Pa.

Army (6th)

Top Finisher - Jason Stewart (21st - 30:20.6)

Ray Appenheimer, Colgate (7th - 29:51.3)

## WOMEN

### Championship Results

#### Lafayette College - Easton, Pa.

1.	Lafayette	56
2.	Lehigh	57
3.	Fordham	79
4.	Bucknell	83
5.	Army	108
6.	Colgate	143
7.	Navy	173
8.	Holy Cross	182

**Individual Champion** Catherine Gaffigan, Army (18:30.00)

**All-Patriot League** Catherine Gaffigan (Army); Gretchen Repasky (Lehigh); Julia Gloss (Lafayette); Suzanne Gould (Fordham); Tina Altro (Lehigh); Suzanne Alex (Lehigh); Megan Smith (Lafayette); Jeannine Sluck (Lafayette); Adrienne Cooney (Fordham); Brauna Rosenberg (Navy)

**Coach of the Year** Julio Piazza, Lafayette

**Scholar-Athlete of the Year** Catherine Gaffigan, Army

## 1994

## MEN

### Championship Results

#### Bucknell University - Lewisburg, Pa.

1.	Army	24
2.	Bucknell	33
3.	Colgate	94
4.	Lehigh	119
5.	Fordham	155
6.	Holy Cross	162
7.	Lafayette	164

**Individual Champion** Mike Bernstein, Army (24:12.00)

**All-Patriot League** Mike Bernstein (Army); Steve Clarke (Bucknell); Chris Repasky (Bucknell); Erick Rheam (Army); Jeff Harris (Army); Scott Kirkpatrick (Army); Jaime DeFinnis (Bucknell); Josh Stubbs (Army); Kevin Schilling (Bucknell); John Swift (Army)  
Coach of the Year Ron Brazil, Army

**Scholar-Athlete of the Year** Chris Priestaf, Bucknell

**All-American** Mike Bernstein, Army (42nd)

### NCAA Championship

#### University of Arkansas - Fayetteville, Ark.

Mike Bernstein, Army (42nd - 31:21.0)

Steve Clarke, Bucknell (Did Not Finish)

## WOMEN

### Championship Results

#### Bucknell University - Lewisburg, Pa.

1.	Army	38
2.	Bucknell	83
3.	Holy Cross	93
4.	Colgate	96
	Lafayette	96
6.	Fordham	100
7.	Lehigh	149

# Patriot League Cross Country All-Time Year-By-Year

**Individual Champion** Catherine Gaffigan, Army (17:40.00)

**All-Patriot League** Catherine Gaffigan (Army); Jessica Wilhelm (Bucknell); Melissa Wyka (Army); Lynn Liberatore (Holy Cross); Megan Smith (Lafayette); Amy DesRosiers (Holy Cross); Leah Johnson (Bucknell); Betsy Cunningham (Colgate); Erin Miller (Army); Sue Allex (Lehigh)

**Coach of the Year** Ron Brazil, Army

**Scholar-Athlete of the Year** Catherine Gaffigan, Army

**NCAA Championship**  
**University of Arkansas - Fayetteville, Ark.**  
Catherine Gaffigan, Army (64th - 18:07.7)

## 1995

### MEN

**Championship Results**  
**Lehigh University - Bethlehem, Pa.**

1.	Army	19
2.	Bucknell	64
3.	Colgate	96
4.	Lafayette	109
5.	Holy Cross	120
6.	Lehigh	137

**Individual Champion** Dan Browne, Army (25:25.40)

**All-Patriot League** Dan Browne (Army); David Robinson (Lafayette); Jeff Harris (Army); Scott Goff (Army); Michael Ross (Army); Shawn Smith (Army); Josh Stubbs (Army); Kevin Schilling (Bucknell); Jeremy Matson (Army); Scott Kirkpatrick (Army)

**Coach of the Year** Jerry Quiller, Army

**Scholar-Athlete of the Year** Terry Shea, Bucknell

### WOMEN

**Championship Results**  
**Lehigh University - Bethlehem, Pa.**

1.	Army	31
2.	Colgate	40
3.	Bucknell	84
4.	Lehigh	109
5.	Holy Cross	126
6.	Lafayette	130

**Individual Champion** Betsy Cunningham, Colgate (18:41.90)

**All-Patriot League** Betsy Cunningham (Colgate); Ellen Cogswell (Lehigh); Erin Miller (Army); Roxanne Theobald (Army); Leanne Berner (Army); Linda LeFever (Colgate); Nicole Martin (Holy Cross); Kely Polinsky (Colgate); Kate Hartley (Army); Gretchen Dobert (Army)

**Coach of the Year** Marie Cronrath, Colgate

**Scholar-Athlete of the Year** Rebecca Jewett, Colgate

## 1996

### MEN

**Championship Results**  
**Lafayette College - Easton, Pa.**

1.	Army	21
2.	Bucknell	52
3.	Colgate	94
4.	Lafayette	104
5.	Lehigh	107
6.	Holy Cross	163

**Individual Champion** Dan Browne, Army (25:01.00)

**All-Patriot League** Dan Browne (Army); Joshua Stubbs (Army); Scott Goff (Army); Matt Kodak (Bucknell); Wally Dietrich (Bucknell); Michael Ross (Army); Chris Ashfield (Colgate); David Robinson (Lafayette); Shawn Smith (Army); Zachery Miller (Army)

**Coach of the Year** Jerry Quiller, Army

**Scholar-Athlete of the Year** Zach Miller, Army; Matt Kodak, Bucknell

**NCAA Championship**  
**University of Arizona - Tucson, Ariz.**  
Army (15th)  
Top Finisher - Dan Browne (42nd - 31:53.0)

### WOMEN

**Championship Results**  
**Lafayette College - Easton, Pa.**

1.	Army	38
2.	Bucknell	55
3.	Lafayette	65
4.	Colgate	99
5.	Lehigh	120
6.	Holy Cross	173

**Individual Champion** Jessica Jones, Army (18:17.00)

**All-Patriot League** Jessica Jones (Army); Megan Smith (Lafayette); Ellen Cogswell (Lehigh); Julie Sweitzer (Bucknell); Beth Richey (Lafayette); Betsy Cunningham (Colgate); Tatiana Sohakoff (Army); Erin Miller (Army); Jennifer Mitchell (Army); Annie Hamlin (Bucknell)

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Julie Sweitzer, Bucknell

**Academic All-American** Lauren Gubicza, Fordham (3rd)

## 1997

### MEN

**Championship Results**  
**Colgate University - Hamilton, N.Y.**

1.	Bucknell	29
2.	Army	56
3.	Lafayette	69
4.	Colgate	104
5.	Lehigh	134
6.	Holy Cross	153

# Patriot League Cross Country All-Time Year-By-Year

**Individual Champion** Scott Goff, Army (24:44.50)

**All-Patriot League** Scott Goff (Army); David Robinson (Lafayette); Matt Kodak (Bucknell); Ron Hess (Bucknell); Greg Colbrun (Bucknell); Dan Brofenbrenner (Bucknell); Chris Ashfield (Colgate); Michael Ross (Army); Jeff Rios (Lafayette); Steve Gourley (Lehigh)

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Matt Kodak, Bucknell

## WOMEN

### Championship Results

#### Colgate University - Hamilton, N.Y.

1.	Army	32
2.	Bucknell	41
3.	Lafayette	90
4.	Colgate	96
5.	Holy Cross	139
6.	Lehigh	147

**Individual Champion** Julie Sweitzer, Bucknell (19:04.30)

**All-Patriot League** Julie Sweitzer (Bucknell); Tatiana Sohrakoff (Army); Beth Richey (Lafayette); Carly Graytock (Bucknell); Molly DeMark (Colgate); Jessica Jones (Army); Renee Welch (Army); Emily Potter (Army); Anita Allen (Army); Annie Hamlin (Bucknell)

**Coach of the Year** Jerry Quiller, Army

**Scholar-Athlete of the Year** Julie Sweitzer, Bucknell

### NCAA Championship

#### Furman University - Greenville, S.C.

Julie Sweitzer, Bucknell (84th - 17:50.0)

## 1998

## MEN

### Championship Results

#### Bucknell University - Lewisburg, Pa.

1.	Bucknell	23
2.	Army	42
3.	Lafayette	79
4.	Lehigh	103
5.	Holy Cross	160
6.	Colgate	162

**Individual Champion** Scott Goff, Army (24:22.10)

**All-Patriot League** Scott Goff (Army); Matt Kodak (Bucknell); Jon Dietrich (Bucknell); Ron Hess (Bucknell); Michael Ross (Army); Chris Kearney (Bucknell); Jeff Rios (Lafayette); Dave Brofenbrenner (Bucknell); Gabe Szody (Army); Brad Wertz (Bucknell)

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Matt Kodak, Bucknell

**All-American** Scott Goff, Army (23rd)

### NCAA Championship

#### University of Kansas - Lawrence, Kan.

Scott Goff, Army (23rd - 30:57.7)

## WOMEN

### Championship Results

#### Bucknell University - Lewisburg, Pa.

1.	Bucknell	32
2.	Army	53
3.	Colgate	70
4.	Holy Cross	93
5.	Lafayette	131
6.	Lehigh	142

**Individual Champion** Julie Sweitzer, Bucknell (17:39.40)

**All-Patriot League** Julie Sweitzer (Bucknell); Gretchen Dohert (Army); Molly DeMark (Colgate); Julie Murray (Army); Carla Graytock (Bucknell); Carrie Schluach (Colgate); Becki Marshall (Bucknell); Charlotte Shurrell (Bucknell); Katie LeClaire (Holy Cross); Elizabeth Snyder (Army)

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Julie Sweitzer, Bucknell

**Academic All-American** Julie Sweitzer, Bucknell (3rd)

## 1999

## MEN

### Championship Results

#### Lafayette College - Easton, Pa.

1.	Bucknell	30
2.	Army	50
3.	Lehigh	71
4.	Colgate	105
5.	Lafayette	120
6.	Holy Cross	152

**Individual Champion** David Bronfenbrenner, Bucknell (25:33.00)

**All-Patriot League** David Bronfenbrenner (Bucknell); Michael Baskin (Army); Dennis Bauer (Army); Trevor Bradna (Colgate); Brad Wertz (Bucknell); Steve Gourley (Lehigh); Chris Nowakowski (Bucknell); Rick Roundtree (Bucknell); Steve Troisi (Bucknell); William Wyche (Army)

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Michael Baskin, Army

## WOMEN

### Championship Results

#### Lafayette College - Easton, Pa.

1.	Bucknell	17
2.	Army	51
3.	Colgate	106
4.	Holy Cross	107
5.	Lafayette	114
6.	Lehigh	126

**Individual Champion** Becki Marshall, Bucknell (18:17.00)

**All-Patriot League** Becki Marshall (Bucknell); Andrea Beisser (Bucknell); Jennifer Hart (Bucknell); Laura Nann (Lafayette); Carla Graytock (Bucknell); Theresa Dennis (Bucknell); Molly DeMark (Colgate); Tara Mahoney (Army); Christine Almy (Army); Jessica Jones (Army)

# Patriot League Cross Country All-Time Year-By-Year

**Coach of the Year** Art Gulden, Bucknell

**Scholar-Athlete of the Year** Becki Marshall, Bucknell

**NCAA Championship**  
**Indiana University - Bloomington, Ind.**

Bucknell (24th)

Top Finisher - Becki Marshall (96th - 18:00.5)

## 2000

### MEN

**Championship Results**  
**Lehigh University - Bethlehem, Pa.**

1.	Army	20
2.	Bucknell	55
3.	Colgate	83
4.	Lehigh	116
5.	Lafayette	134
6.	Holy Cross	139

**Individual Champion** Will Wyche, Army (24:50.20)

**All-Patriot League** Will Wyche (Army); Clay Schwabe (Army); David Rachal (Army); John Tisserand (Army); Greg Costello (Bucknell); Alex L'Heureux (Lehigh); Sean McCarthy (Holy Cross); Kevin Weatherill (Bucknell); Brad Wertz (Bucknell); Mike Baskin (Army)

**Coach of the Year** Jerry Quiller, Army

**Scholar-Athlete of the Year** Kevin Weatherill, Bucknell

### WOMEN

**Championship Results**  
**Lafayette College - Easton, Pa.**

1.	Bucknell	21
2.	Lehigh	55
3.	Army	60
4.	Holy Cross	120
5.	Colgate	122
6.	Lafayette	155

**Individual Champion** Becki Marshall, Bucknell (21:15.30)

**All-Patriot League** Becki Marshall (Bucknell); Andrea Beisser (Bucknell); Theresa Dennis (Bucknell); Lucinda Hull (Lehigh); Emily Potter (Army); Chris Crowe (Bucknell); Claudine Hull (Lehigh); Jennifer McCarthy (Colgate); Mandy Youmell (Bucknell); Maggie Kropp (Army)

**Coach of the Year** Debbie Utesch, Lehigh

**Scholar-Athlete of the Year** Becki Marshall, Bucknell

## 2001

### MEN

**Championship Results**  
**Colgate University - Hamilton, N.Y.**

1.	Army	36
2.	Bucknell	54
3.	American	62
4.	Colgate	101
5.	Lehigh	105
6.	Holy Cross	182

7. Lafayette 199

**Individual Champion** Will Wyche, Army (25:08.60)

**All-Patriot League** Will Wyche (Army); Alex L'Heureux (Lehigh); Clint Tisserand (Army); Frank Malpigli (American); Bryan Johnston (Bucknell); Matt Seymour (American); Greg Costello (Bucknell); Andre Evey (Army); Xavier de Boissezon (Colgate); Mike Baskin (Army)

**Coach of the Year** Jerry Quiller, Army

**Scholar-Athlete of the Year** Michael Baskin, Army

**NCAA Championship**  
**Furman University - Greenville, S.C.**  
Greg Costello, Bucknell (127th - 31:14.0)

### WOMEN

**Championship Results**  
**Colgate University - Hamilton, N.Y.**

1.	Bucknell	28
2.	Army	77
3.	Lehigh	106
	Holy Cross	106
5.	American	113
6.	Colgate	118
7.	Lafayette	142

**Individual Champion** Becki Marshall, Bucknell (22:40.80)

**All-Patriot League** Becki Marshall (Bucknell); Chris Crowe (Bucknell); Theresa Dennis (Bucknell); Lucinda Hull (Lehigh); Angela Paterson (Army); Sami Akbar (American); Jen Baclaeski (American); Kelly McConnell (Bucknell); Alexis Seefeldt (Army); Jennifer McCarthy (Colgate)

**Coach of the Year** Kevin Donner, Bucknell

**Scholar-Athlete of the Year** Becki Marshall, Bucknell

**Academic All-American** Becki Marshall, Bucknell (3rd); Kelly McConnell, Bucknell (3rd); Emily Hogan, Holy Cross (3rd)

**NCAA Championship**  
**Furman University - Greenville, S.C.**  
Theresa Dennis, Bucknell (73rd - 21:53.0)

## 2002

### MEN

**Championship Results**  
**U.S. Military Academy - West Point, N.Y.**

1.	American	28
2.	Army	46
3.	Bucknell	82
4.	Colgate	108
5.	Holy Cross	145
6.	Lehigh	147
7.	Lafayette	224

**Individual Champion** Bryan Johnston, Bucknell (25:43.18)

**First-Team All-Patriot League** Bryan Johnston (Bucknell); Matt Seymour (American); David Welch (Army); Matt Cooke (American); Sean Duffy (American); Louis Di Nuzzo (Colgate); Philip Sakala (Army); Frank Malpigli (American); Pat MacAdie (American); Sean

# Patriot League Cross Country All-Time Year-By-Year

O'Brien (American)

**Second-Team All-Patriot League** Aaron Smead (Army); Eric Heely (Army); Eric Motzenbecker (Army); Sean McCarthy (Holy Cross); Ahren Reiter (Army); Seth Chappell (Army); Xavier de Boissezon (Colgate); Stephen Schaefer (Bucknell); Phil Gaeta (American); Adam Patten (Army)

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Bryan Johnston, Bucknell

**Academic All-American** Bryan Johnston, Bucknell (2nd)

## WOMEN

### Championship Results

**U.S. Military Academy - West Point, N.Y.**

1.	American	42
2.	Bucknell	43
3.	Army	55
4.	Lehigh	120
5.	Lafayette	128
6.	Colgate	151
7.	Holy Cross	181

**Individual Champion** Sami Akbar, American (21:53.72)

**First-Team All-Patriot League** Samia Akbar (American); Theresa Dennis (Bucknell); Jen Baclawski (American); Keira Carlstrom (American); Ashley Urick (Army); Nicki Piper (Bucknell); Alexis Seefeldt (Army); Allison Cole (Bucknell); Whitney McNees (American); Rian Landers (Lafayette)

**Second-Team All-Patriot League** Stephanie Richardson (Army); Lia Cross (Colgate); Katie Pfeifer (Bucknell); Jaime Gow (Bucknell); Jill Hajec (Army); Maureen Schaub (Lehigh); Tara Mahoney (Army); Analise Kolsch (Army); Kayla Hollaran (Bucknell); Edann Brady (Lehigh)

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Jen Baclawski, American

### NCAA Championship

**Indiana State University - Terre Haute, Ind.**

Sami Akbar, American (60th - 20:55.5)

## 2003

### MEN

### Championship Results

**Lafayette College - Easton, Pa.**

1.	American	26
2.	Navy	50
3.	Army	79
4.	Bucknell	98
5.	Lehigh	123
6.	Colgate	155
7.	Holy Cross	207
8.	Lafayette	239

**Individual Champion** Pat MacAdie, American (25:18.80)

**First-Team All-Patriot League** Pat MacAdie (American); Eric Heely (Army); Eric Eckstrand (Navy); Matt Seymour (American); Philip Sakala (Army); Sean Duffy (American); Phil Gaeta (American); Danny Maurer (American); Greg Costello (Bucknell); Barry Car-

mody (Navy)

**Second-Team All-Patriot League** Ty Rose (Navy); Joshua Sink (Navy); Xavier de Boissezon (Colgate); Erik Schmidt (Navy); Pat Burford (American); Rob Hampson (Lehigh); Dan Lounsbury (Bucknell); John Nieskens (Holy Cross); Wes Reinhardt (Bucknell); Paul Strozier (Army)

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Pat MacAdie, American

### NCAA Championship

**Northern Iowa University - Waterloo, Iowa**

Xavier de Boissezon, Colgate (108th - 30:55.8)

## WOMEN

### Championship Results

**Lafayette College - Easton, Pa.**

1.	American	30
2.	Army	57
3.	Navy	63
4.	Bucknell	82
5.	Lehigh	152
6.	Lafayette	171
7.	Colgate	186
8.	Holy Cross	200

**Individual Champion** Keira Carlstrom, American (20:02.80)

**First-Team All-Patriot League** Keira Carlstrom (American); Kelley Taylor (American); Jen Baclawski (American); Ashley Urick (Army); Emily Castro (Navy); Whitney McNees (American); Ann Lee Cole (Army); Andrea Luebbe (Lehigh); Katie Pfeifer (Bucknell); Allison Barlow (Navy)

**Second-Team All-Patriot League** Stephanie Richardson (Army); Lindsey Hankins (Army); Erin Demchko (Navy); Stephanie Patterson (Navy); Lauren Bricker (Bucknell); Jamie Gow (Bucknell); Kate Thornton (Holy Cross); Zaia Wharton (American); Devon Landers (Lafayette); Kayla Halloran (Bucknell)

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Keira Carlstrom, American

**All-American** Keira Carlstrom, American (16th)

### NCAA Championship

**Northern Iowa University - Waterloo, Iowa**

Keira Carlstrom, American (16th - 20:23.5)

## 2004

### MEN

### Championship Results

**Bucknell University - Lewisburg, Pa.**

1.	American	19
2.	Navy	71
3.	Army	78
4.	Lehigh	89
5.	Bucknell	136
6.	Colgate	173
7.	Lafayette	187
8.	Holy Cross	233

**Individual Champion** Pat MacAdie, American (25:37.00)

# Patriot League Cross Country All-Time Year-By-Year

**First-Team All-Patriot League** Pat MacAdie (American); Brendon Fennell (American); Sean Duffy (American); Steve Hallinan (American); Michael Hanlon (Colgate); Paul Strozier (Army); Joshua McCann (Navy)

**Second-Team All-Patriot League** Victor Vientos (Lehigh); Pat Burford (American); Joshua Sink (Navy); Eric Heeley (Army); Phil Gaeta (American); Jon Skelton (Army); Rob Hampson (Lehigh)

**Rookie of the Year** Steve Hallinan, American

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Paul Strozier, Army

**Academic All-American** Paul Strozier, Army (3rd); Eric Eckstrand, Navy (3rd)

## NCAA Championship

### Indiana State University - Terre Haute, Ind.

American (20th)

Top Finisher - Pat MacAdie (55th - 32:04.0)

## WOMEN

### Championship Results

#### Bucknell University - Lewisburg, Pa.

1.	Army	46
2.	Navy	56
3.	American	65
4.	Bucknell	89
5.	Colgate	127
6.	Lehigh	155
7.	Lafayette	186
8.	Holy Cross	212

**Individual Champion** Keira Carlstrom, American (21:44.39)

**First-Team All-Patriot League** Keira Carlstrom (American); Jen Schappert (Lehigh); Emily Castro (Navy); Zaia Wharton (American); Christine Taranto (Navy); Jill Hajek (Army); Kelley Taylor (American)

**Second-Team All-Patriot League** Myra Markey (Army); Maggie Clark (Army); Desiree Zielen-Ersing (Army); Kyleigh Millhouse (Navy); Leanna Nastase (Bucknell); Andre Edgar (Army); Lia Cross (Colgate)

**Rookie of the Year** Kyleigh Millhouse, Navy

**Coach of the Year** Jerry Quiller, Army

**Scholar-Athlete of the Year** Keira Carlstrom, American

**All-American** Keira Carlstrom, American (17th)

## NCAA Championship

### Indiana State University - Terre Haute, Ind.

Keira Carlstrom, American (17th - 20:49.8)

## 2005

## MEN

### Championship Results

#### Lehigh University - Bethlehem, Pa.

1.	American	22
2.	Army	71
3.	Navy	79

4.	Lehigh	85
5.	Bucknell	147
6.	Colgate	165
	Lafayette	165
8.	Holy Cross	256

**Individual Champion** Steve Hallinan, American (24:27.00)

**First-Team All-Patriot League** Steve Hallinan (American); Brendon Fennell (American); Michael Hanlon (Colgate); Kevin Tschirhart (American); Joshua Sink (Navy); Conor Lanz (American); Faraz Bala (Army)

**Second-Team All-Patriot League** Philip Sakala (Army); Awit Yohannes (American); Ty Rose (Navy); Michael Klueber (Army); Pat Burford (American); Rob Hampson (Lehigh); Brendan Glover (Lehigh)

**Rookie of the Year** Kevin Tschirhart, American

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Steve Hallinan, American

## NCAA Championship

### Indiana State University - Terre Haute, Ind.

American (30th)

Top Finisher - Brendan Fennell (128th - 31:15.0)

Michael Hanlon, Colgate (121st - 31:09.4)

## WOMEN

### Championship Results

#### Lehigh University - Bethlehem, Pa.

1.	Bucknell	42
2.	Army	67
3.	Lehigh	77
4.	American	102
5.	Navy	105
6.	Lafayette	132
7.	Colgate	152
8.	Holy Cross	246

**Individual Champion** Keira Carlstrom, American (20:19.00)

**First-Team All-Patriot League** Keira Carlstrom (American); Jen Schappert (Lehigh); Justine Whipple (Navy); Jennifer Stevens (Bucknell); Ashley Urick (Army); Leanna Nastase (Bucknell); Andrea Luebbe (Lehigh)

**Second-Team All-Patriot League** Zaia Wharton (American); Erin Cranmer-Hart (Bucknell); Katie Schultes (Lafayette); Lauren Bricker (Bucknell); Kayla Halloran (Bucknell); Meghan Curran (Army); Jill Hajek (Army)

**Rookie of the Year** Meghan Curran, Army

**Coach of the Year** Kevin Donner, Bucknell

**Scholar-Athlete of the Year** Keira Carlstrom, American

**All-American** Keira Carlstrom, American (6th)

**Academic All-American** Andrea Luebbe, Lehigh (2nd); Keira Carlstrom, American (3rd)

## NCAA Championship

### Indiana State University - Terre Haute, Ind.

Keira Carlstrom, American (6th - 19:58.1)

Jennifer Schappert, Lehigh (123rd -21:19.0)

# Patriot League Cross Country All-Time Year-By-Year

## 2006

### MEN

#### Championship Results

##### Colgate University - Hamilton, N.Y.

1.	American	25
2.	Navy	69
3.	Bucknell	80
4.	Army	99
5.	Lehigh	119
6.	Colgate	169
7.	Lafayette	203
8.	Holy Cross	205

**Individual Champion** Brendan Fennell, American (25:20.8)

**First-Team All-Patriot League** Brendan Fennell (American); Michael Hanlon (Colgate); Matt Forys (Bucknell); Dan Beardslee (American); Yohannes Awit (American); John Kress (Navy); Conor Lanz (American)

**Second-Team All-Patriot League** Carlos Jamieson (American); Wallace Campbell (Bucknell); Doug Pelletier (Army); John Olsen (Navy); Ed Dutch (Lafayette); Dan O'Loughlin (Army); Michael Niemi (Navy)

**Rookie of the Year** Chris Horel, Navy

**Coach of the Year** Matt Centrowitz, American

**Scholar-Athlete of the Year** Conor Lanz, American

**Academic All-American** Michael Niemi, Navy (2nd)

#### NCAA Championship

##### Indiana State University - Terre Haute, Ind.

American (26th)

Top Finisher - Brendan Fennell (63rd - 32:10.7)

Matt Forys, Bucknell (75th - 32:19.0)

### WOMEN

#### Championship Results

##### Colgate University - Hamilton, N.Y.

1.	Bucknell	28
2.	Navy	79
3.	Colgate	82
4.	Lehigh	92
5.	Army	119
6.	American	148
7.	Lafayette	184
8.	Holy Cross	224

**Individual Champion** Leanna Nastase, Bucknell (23:06.5)

**First-Team All-Patriot League** Leanna Nastase (Bucknell); Erin Crammer-Hart (Bucknell); Justine Whipple (Navy); Jennifer Schappert (Lehigh); Emily Castro (Navy); Jennifer Stevens (Bucknell); Meghan Curran (Army)

**Second-Team All-Patriot League** Kristen Kiraly (Colgate); Nicole Falcaro (Bucknell); Gillian Nordquist (Bucknell); Sarah Seiler (Lehigh); Christine Totten (Bucknell); Cathleen Ford (American); Roxanne Wegman (Army)

**Rookie of the Year** Kaitlin Grimm, Lehigh

**Coach of the Year** Kevin Donner, Bucknell

**Scholar-Athlete of the Year** Jennifer Schappert, Lehigh

#### NCAA Championship

##### Indiana State University - Terre Haute, Ind.

Leanna Nastase, Bucknell (94th, 22:06.0)

# PATRIOT LEAGUE CROSS COUNTRY ALL-TIME ACADEMIC HONOR ROLL \*

## American

### Men

Matt Barresi (2001, 02, 03, 04)  
Dan Beardslee (2004, 05, 06)  
Chris Buerger (2003)  
Pat Burford (2002, 04)  
Alex Caudana (2006)  
Jordan Ciccarello (2006)  
Kris Cruz (2004, 05)  
Sean Duffy (2003)  
Andy Ellerhorst (2001)  
Dustin Emrani (2006)  
Brendan Fennell (2006)  
Phil Gaeta (2003, 05)  
Vivek Gupta (2006)  
Stephan Hallinan (2004, 05, 06)  
Charles Hoetzel (2001)  
Rob Hofmann (2003, 04, 05, 06)  
John Hrivnak (2001)  
Will Knox (2003, 04, 05)  
Conor Lanz (2003, 04, 05, 06)  
Pat MacAdie (2001, 02, 03, 04)  
Frank Malpigli (2001, 02)  
Daniel Maurer (2002, 03)  
Brian McCabe (2005, 06)  
Landon Medley (2003)  
Jose Morales (2001, 02)  
Sean O'Brien (2001, 02)  
Michael Prather (2003)  
Chris Repka (2001, 02, 03)  
John Riley (2003, 04)  
Matt Seymour (2001, 02, 03)  
Jacob Shelly (2005, 06)  
Douglas Swiatocha (2006)  
Ed Topolewski (2001)  
Kevin Tshirhart (2005)  
Phil Turner (2002, 03, 04, 05)

### Women

Samia Akbar (2002)  
Jen Baclawski (2001, 02, 03)  
Mercedes Ball (2006)  
Sandra Bozik (2001)  
Keira Carlstrom (2002, 03, 04, 05)  
Jessica Daniel (2003)  
Ashley Dellinger (2003, 05, 06)  
Nicole Eldredge (2001)  
Heidi Fishpaw (2001)  
Cathleen Ford (2005, 06)  
Amanda Fuentes (2005)  
Vanessa Garber (2005)  
Lindsay Gilman (2001, 02)  
Liz Krashes (2001)  
Leah Heinecke-Krumhus (2001, 02, 03)  
Catherine Hummel (2005)  
Kaitlyn Lavender (2003, 04)  
Kate Lilley (2004, 05, 06)  
Danielle Loughrey (2006)  
Juliette Lynch (2004)  
Meghan Mason (2005, 06)  
Whitney McNees (2003, 04)  
Mry Moloney (2005)  
Elizabeth O'Malley (2005)  
Catie Poppe (2003, 04)  
Hillary Roth (2005)  
Marissa Schoenfeld (2001)  
Brittany Scott (2001)  
Kelley Taylor (2003, 04)  
Jessica Tenuta (2003)  
Nadia Trowers (2003)  
Zaia Wharton (2002, 03, 04, 05)

Greta Wicklund (2006)  
Cara Zujewski (2006)

### Army Men

Faraz Bala (2003, 04, 05, 06)  
Claude Barron (2005)  
Michael Baskin (2000, 01)  
Andrew Boza (2005)  
Trevor Bradna (1997)  
Dan Browne (1995)  
Andrew Catalano (2005, 06)  
Seth Chappell (2001, 02, 03)  
Liam Collins (1990)  
Joe Curran (2004)  
Patrick Dooley (2003, 04)  
Jon Dreher (2000, 01, 02)  
Marcus Ferrara (1995, 96)  
Matt Ferrara (2003)  
David Fraser (2001, 03)  
Scott Goff (1997, 98)  
Scott Harrington (1995)  
Rick Johnson (1997, 98)  
Matt Junko (1995, 96)  
Sean Kim (2003)  
Ryan Kirkpatrick (1998)  
Kevin Kniery (2005)  
Matt Kotlarski (2003, 04, 05, 06)  
Stephen Kraus (2004)  
Stephen Marthy (2006)  
Jeff Matson (1997)  
Zach Miller (1995, 96)  
Christian Mooneyham (2003)  
Craig Murphy (1996)  
Adam Patten (2000, 01)  
David Penskar (2005)  
Robert Radtke (1995)  
Ahren Reiter (2002, 03)  
Dallin Rosdahl (2005)  
Mike Ross (1998)  
Paul Ryan (1994)  
Timothy Simmons (2003, 04, 05)  
Amir Soofi (1997)  
Robert Squier (2004, 05, 06)  
Paul Strozier (2003, 04)  
John Swift (1994)  
Andrew Teague (2003, 04)  
Zack Tedoff (2005)  
Clint Tisserand (2001)  
Cory Wroblewski (2004, 05)  
Will Wyche (2001)

### Women

Christine Almy (1997, 98)  
Caroline Ayres (1996, 97)  
Mary Barnes (1990)  
Robin Bauer (2004)  
Jeanne Berner (1994, 95)  
Margaret Clark (2003, 04, 05)  
Kirsten Dawson (2006)  
Catherine Gaffigan (1993, 94)  
Sarah Haag (2002)  
Lindsay Hankins (2004)  
Jill Hajec (2002, 03, 05)  
Jeannie Huh (1998)  
Jessica Jones (1998)  
Margaret Kim (2005)  
Jenna Lafferty (2005)  
Tara Mahoney (2000)  
Myra Markey (2004, 05)  
Emily Miller (2004)

Kaitlin Minks (2005)  
Katie Mitchell (1998)  
Julie Murray (1998)  
Katheryn O'Konsky (2004)  
Emily Potter (2000)  
Kathryn Purchase (1998)  
Elsa Raaen (1996, 97)  
Amanda Raulerson (2005)  
Teal Remington (2000, 01, 02)  
Stephanie Richardson (2003)  
Jessica Rutchka (1997)  
Gillian Sakai (1996, 97)  
Terry Shambow (1990)  
Elizabeth Snyder (1998, 00)  
Tatiana Sohrakoff (1998)  
Kimberly Taft (1995, 96, 97)  
Ashley Urick (2002, 03, 04, 05)  
Beth Vollmer (2000, 03)  
Kathryn Walker (2004, 05)  
Margaret Warner (1995)  
Renee Welch (1997, 00)  
Aubrey Williams (2003, 04)  
Elissa Wilson (2004)  
Mary Wollschlager (2000, 03)  
Cally Worman (1994, 95)  
Melissa Wyka (1993, 94)  
Desiree Zielen-Ersing (2003, 04)

### Bucknell

#### Men

Bill Bartsch (1997, 98)  
Mark Beaver (1994, 96)  
Norbert Berenyi (1990)  
David Brofenbrenner (1997, 98)  
Michael Bronson (1992)  
Kevin Brown (2002, 03, 04, 05)  
Griffen Burns (2006)  
Jason Cahilly (1990, 91)  
Mark Caroleo (2003, 04, 06)  
Dana Carr (1997)  
Robert Chandler (1993, 94, 95)  
Steven Clarke (1993, 94)  
Greg Colburn (1997)  
Andrew Corral (2004, 05, 06)  
Greg Costello (2000, 02, 03)  
Matt Davis (1998, 00)  
Matt Deardorff (1990, 91)  
Jamie DeFinnis (1993, 94)  
Michael Delaney (2002, 03)  
Ryan Delaney (2005)  
Nick DiCarlo (1994, 95, 96)  
Jon Dietrich (1997, 98)  
Steven Dilemme (2003)  
Bob Dineen (1996, 97)  
Andrew Dinsmore (2000, 01, 02)  
William Duffy (2002, 03, 04)  
Sean Egan (2005, 06)  
Travis Eters (2000)  
Michael Euell (2001)  
lim Farrer (1991)  
Eric Fernstrom (1993)  
Joe Foley (2005)  
Kevin Fortkiewicz (2005)  
Matthew Forys (2003, 05)  
Eric Furst (2001, 02)  
Michael Gibney (2005, 06)  
Dave Granger (1993, 94, 95, 96)  
Adam Graytock (2002)  
Jesse Graytock (2002, 03)  
Aaron Hanlon (2002, 03)  
Eric Harbison (2003, 04, 05, 06)

# PATRIOT LEAGUE CROSS COUNTRY ALL-TIME ACADEMIC HONOR ROLL \*

Eric Hathaway (1996)  
Eric Heikkila (2000)  
Ron Hess (1997, 98)  
Jeremy Hirneisen (1990)  
William Holleran (2004, 06)  
Evan Honeyfield (1998, 01)  
Daniel Hosey (1997, 98)  
David Howard (1991)  
Scott Huxtable (1994, 96)  
Bryan Johnston (2000, 01, 02)  
Marcus Jones (2000, 01, 02)  
Chris Kearney (1996, 97, 98)  
Bob Kelly (1991)  
Aaron Knobloch (1994, 95, 96, 97)  
Matt Kodak (1995, 96, 97, 98)  
Nate Kraft (1997, 98, 00)  
Alexander Lash (2002, 03, 05)  
Shane LeBeau (1993)  
Dave Ledgerwood (1996, 97, 98)  
Mark Ledgerwood (2000)  
John Lewis (1991, 92)  
Jeff Loomis (1991)  
James Mack (1994, 95, 96)  
Tod Malligan (1997)  
Sean McCarthy (2000)  
Kevin McGoldrick (2006)  
Luke McGuire (2004, 05, 06)  
Conor McNamara (2006)  
Jon Meissner (1994, 95, 96, 97)  
Derek Mostoller (1992)  
Nicholas Moussetis (2000)  
Greg Mullins (1993, 94, 95)  
Andrew Neils (2005)  
Chris Nocera (2004, 05, 06)  
Chris Nowakowski (1996)  
Clinton Orloski (2005, 06)  
Matias Palavecino (2000, 01, 02)  
Lou Palma (2002)  
Kevin Palmer (1994, 96)  
Chris Petillo (2005, 06)  
Derrin Pierret (2003, 04, 05, 06)  
Michael Plunkett (1995)  
Chris Priestaf (1992, 93, 94)  
Olivier Putzeys (1998)  
Wesley Reinhardt (2002)  
Austin Ricker (2006)  
Brandon Risser (2003)  
Travis Rivers (2001, 02, 03, 04)  
Gustav Rodewald (2001, 02, 03)  
Steve Roeser (1996)  
Ricky Rountree (1997)  
Steven Schaefer (2000, 03)  
Matt Schelberg (2005)  
Kevin Schilling (1993, 94)  
Carl Schmidt (2001)  
Scott Sehon (1996, 97)  
Terry Shea (1993, 94, 95)  
Jon Sieber (1993, 94, 95)  
Dave Slupe (1991, 92)  
James Stack (1997, 98, 00)  
Adam Syty (2003, 04, 05, 06)  
Eitan Tabak (1991, 92, 93)  
Jason Trollope (1995, 97)  
Kevin Walsh (2000, 01, 03)  
P.J. Ward (2000, 01)  
Kevin Weatherill (1997, 98, 00, 01)  
Dan Weaver (2002)  
Baron Willeford (2006)  
Tom Wuchenich (1990, 91)  
William Young (2003)

## Women

Gina Abraham (1990, 91, 92)  
Cindy Abrecht (1993, 94)  
Lauren Armstrong (2003, 05)  
Katherine Ballantine (2003, 06)  
Connie Barko (2004)  
Jennifer Barrow (1998)  
Michelle Baylor (2001)  
Ashely Behre (2006)  
Lisa Bellofiore (1994)  
Sara Bielitz (1993)  
Kathleen Bishop (2001, 02, 03, 04)  
Kerri Black (1998)  
Kate Blank (1996, 97)  
Lauren Bricker (2003, 04, 05, 06)  
Denise Cardamone (1996, 97, 98)  
Cadie Cargile (2002, 03)  
Cindy Carlson (2001, 03)  
Cecily Cairns (2001)  
Melissa Carman (2002)  
Alison Cole (2002, 03, 04)  
Erin Cranmer - Hart (2006)  
Christina Crowe (2001)  
Sarah DeBrun (1996, 97, 98)  
Diana Dittman (1990)  
Karen Eastman (1993, 94, 95, 96)  
Katherine Fantauzzo (2001)  
Nicole Falcaro (2005)  
Katherine Fantauzzo (2002)  
Kristin Ferrell (2001)  
Megan Ghiggeri (1998)  
Jamie Gow (2002)  
Jennifer Grant (2004, 06)  
Carly Graytock (1996, 97, 98)  
Kayla Halloran (2002, 03)  
Annie Hamlin (1998)  
Mollie Harms (2004, 06)  
Erin Cranmer-Hart (2005)  
Jennifer Hart (1996, 97, 98)  
Kim Hassett (2005, 06)  
Erin Healy (1996, 97, 98)  
Mary Heck (2002, 03)  
Nicole Henry (1996)  
Jessica Hibbert (2005, 06)  
Kelly Hile (1997)  
Kelly Horton (1994)  
Heather Houseknecht (1996)  
Megan Idell (1993, 94)  
Lisa Ievers (1998)  
Jessica Jackley (1996, 97)  
Julie Jakoboski (2002, 03, 04)  
Allison Janda (2006)  
Leah Johnson (1993, 94)  
Aaryn Kay (1993)  
Stephanie Keller (2001, 02, 03)  
Maggie Kesler (1993)  
Lauren Kinsey (2002, 03)  
Nicole Kropp (1993)  
Melissa Londregan (1997)  
Emily Luderer (2002, 03, 05)  
Nicole Lynn (2002)  
Jennifer Malcolm (2001, 03)  
Linda Mangan (1998)  
Jennifer Marsh (2004)  
Kelly Marsh (1990)  
Becki Marshall (1998, 01)  
Carolyn Mateskon (2001)  
Bridgette Mayer (1994)  
Kelly McConnell (1998, 01)  
Mandy McTavish (1997)  
Darby McVicker (1994)

Beth Muehl (1991)  
Leanna Nastase (2006)  
Emma Nishimoto (2003)  
Gillian Nordquist (2005, 06)  
Jennifer O'Connor (2002, 04, 05)  
Kristen Opdyke (1990, 92)  
Brittany Parlow (2005)  
Katherine Pfeifer (2001, 02, 03, 04)  
Molly Pritz (2006)  
Lisa Prybella (2005, 06)  
Kerry Pyle (1990)  
Kelly Raffety (2001, 02, 04)  
Veronica Raggi (1996)  
Maria Ryan (1993, 95)  
Linda Sanders (2004, 05)  
Christa Sawko (2005, 06)  
Paige Saxby (1998)  
Allison Sepe (2006)  
Julie Shafer (1994, 95, 96)  
Beth Sharkey (1998)  
Charlotte Shurell (1996, 97, 98)  
Gabrielle Skovira (2006)  
Jenny Stevens (2003, 04, 05, 06)  
Nicole Stoyer (2004, 05)  
Julie Sweitzer (1995, 96, 97, 98)  
Becky Tobin (1994)  
Christine Totten (2004, 05, 06)  
Rachel Tutmaher (2002)  
Eva Wiecko (1996, 98)  
Helene Wieting (1990)  
Jessica Wilhelm (1992, 93, 94)  
Laura Wissolik (1995)  
Kathy Wurster (1991, 93)  
Megan Yarussi (1995, 96)  
Mandy Youmell (1997, 98)

## Colgate

### Men

Ray Appenheimer (1991, 92, 93)  
Chris Ashfield (1994, 95, 96, 97)  
Jon Barinholtz (2003, 04)  
Kyle Barrett (2000, 01, 03)  
Dennis Bauer (1996, 98)  
James Board (1997, 98, 00)  
Travis Brooks (2000, 01, 03)  
Matt Cashen (1994, 95)  
Jason Cole (1995, 97)  
Mathew Coseo (2000)  
Theodore Crispino (1995, 96, 98)  
Xavier de Boissezon (2003)  
William Derasmo (1990)  
Scott DeRoo (2004, 05, 06)  
Louis DiNuzzo (2003)  
Jeremy Fisher (2006)  
Ben Fulwider (1997)  
Brett Gerry (1990, 91)  
Mark Garman (1991, 92)  
Brett Gerry (1992)  
Jan Gundersen (1993)  
Michael Hanlon (2003, 05, 06)  
Criag Hempstead (1991)  
Jonathan Holmes (1996)  
Andrew Isabel (2005, 06)  
Andrew Keiper (1996)  
David Kirby (1993, 96)  
Brent Krasner (1997)  
Jacob Krong (2002)  
Stephen Leblanc (1995)  
Jonathon Lebovitz (2001)  
Ian Mahaney (1994)  
Tim McCusker (2000)

# PATRIOT LEAGUE CROSS COUNTRY ALL-TIME ACADEMIC HONOR ROLL \*

Luke McGuinness (1994)  
Kevin Meehan (2002)  
Luke Merkel (2004)  
Andrew Migonis (1997)  
David Mooradian (1991)  
John O'Brien (1997)  
Tom Palmer (1994)  
Ryan Randolph (1995)  
Adam Rhodes (1997)  
Nate Rosenthal (2004, 05)  
Michael Saunders (2002)  
Joseph Schaeffer (2005, 06)  
Gregory Smith (2001, 02)  
Leif Sundeen (1994, 96)  
Christopher Sweetland (1998, 00, 01)  
Jeffrey Tufts (2006)  
Robert Turk (1990)  
Jeremy Wattles (2004)

## Women

Julie Barker (2003)  
Robin Beck (1991)  
Sheila Bennet (1997)  
Honnie Bermas (1990, 91)  
Kelly Blankenberg (1996, 97)  
Jennifer Bradley (2006)  
Joanne Campbell (2001, 02)  
Abby Chapman (2004, 06)  
Rachel Cherry (1997)  
Marla Conjura (1994, 95, 96)  
Ashley Critchlow (1997)  
Lia Cross (2002, 03, 04, 05)  
Betsy Cunningham (1995)  
Anna Davis (1997)  
Stephanie Davis (2000, 01)  
Amy DeMarco (2001)  
Molly DeMark (1997, 98)  
Cathrine Desmond (1990, 91)  
Hannah Falling (2003, 04, 05, 06)  
Eleanor Finnegan (2001)  
Danielle Gabay (2001)  
Sarah Hildebrand (2005)  
Jennifer Iacovelli (1993)  
Rebecca Jewett (1994, 95)  
Sara Kaufman (2000)  
Elizabeth Kennedy (2006)  
Laura Kenny (2001)  
Lauren Kerensky (2002)  
Jessica Kielty (2005, 06)  
Linda LeFever (1995)  
Anne Lilburn (1996, 98)  
Sarah Loomis (1991, 94)  
Dara Lucks (1996)  
Meline MacCurdy (1997, 98, 00)  
Jenny McCarthy (2001)  
Maura McCusker (2001)  
Tara McLaughlin (1992, 93, 94)  
Anne Moore (1991)  
Laurie Morrison (1997)  
Rachel Pettengill (2003, 04, 05, 06)  
Kerry Polinsky (1994, 95)  
Richarda Ruffle (1995)  
Carrie Schlauch (1998)  
Macrina Seals (2005)  
Anna Shaver (2001, 02)  
Ann Simonetti (1995, 96)  
Laura Spenenger (2004)  
Heidi Splete (1990, 91)  
Fanny Stein (1995)  
Jennifer Stevens (1998)  
Laura Stoner (1991)

Kristen Tansey (1991)  
Gretchen Ward (1994, 95)  
Danielle Whicher (2003)  
Maria Zornig (1996)

## Holy Cross

### Men

David Arnett (2006)  
Jared Belliveau (1997, 00)  
William Benedict (1994, 95, 96, 97)  
David Bonagura (2002)  
Randy Brodeur (2002, 03)  
Andrew Cameron (2003)  
John Carron (1992)  
Gregory Cate (1997, 98)  
James Clifford (2001, 02)  
Patrick Clifford (2004)  
John Condon (1997, 98, 00)  
Sean Connolly (2006)  
Christopher Corbett (1994, 95)  
Roberty Dominique (1992)  
Sean Dougherty (2002, 03)  
Mark Ervin (1993, 95)  
Robert Farrelly (2005)  
Sebastian Fidelus (2006)  
Brian Gallivan (1990)  
Andrew Gara (1997)  
Travers Garvin (1996)  
John Griffin (1992)  
David Halajko (1997)  
John Hammen (1997, 98)  
Peter Harris (2001)  
Mark Healey (1995)  
Joseph Hewitt (1993, 96)  
Michael Hewitt (1993, 94, 95, 96)  
Kevin Higgins (2000, 01, 02, 03)  
Joseph Hinchey (1992)  
Garrett Huddy (2006)  
Edward Hughes (2004)  
James Ingoglia (1993)  
Brendan Kearney (2002, 04)  
Ryan Kerrigan (1998)  
Daniel Kirchoff (2001)  
Stephen Kress (2003, 04, 05, 06)  
Mathew Krywy (1997)  
Patrick Lang (1997)  
Marc LeCours (1994)  
Kevin Lucid (2006)  
Michael Lucke (2000, 01, 02, 03)  
James Lundy (2006)  
Sean J. McCarthy (2000, 01, 02)  
Brett McLaughlin (2002, 03)  
Shane McLaughlin (1992, 93)  
Brian McNamara (1995)  
Matthew Michienzi (2002, 03, 05)  
Brian Miller (2005)  
Phil Miller (1990)  
Bradley Mish (2005, 06)  
John Mullahy (1991)  
Neal Mulrain (1998)  
Sean Murphy (2004)  
Timothy Murphy (2002, 03, 04)  
Tim O'Brien (1990)  
Thomas Oneglia (1993)  
John Ortolani (2003, 04, 05, 06)  
Jonathan Pohlig (2002)  
Bill Potter (1991)  
Justin Renz (1990)  
Kyle Rougeot (2006)  
Stephan Schoenberger (2005, 06)  
Michael Shaw (2004)

Brian Smerkers (2004)  
Owen Speer (2000, 01)  
John Sullivan (1991)  
Paul Sullivan (1997)  
Matthew Talbot (2005, 06)  
Brendan Walsh (1997)  
Benjamin Zawacki (1993, 94, 95, 96)  
Stephen Zolotas (2004)

## Women

Keelin Ahern (1992)  
Sarah Arruda (2005)  
Julie Bastarache (1994)  
Kathryn Belgiorno (1996)  
Caroline Berger (2000, 01)  
Mariah Better (1996)  
Alexandra Booth (2004)  
Ashley Boyle (2000, 01, 03)  
Kristin Burke (2005)  
Michela Byrne (2001, 02, 03, 04)  
Emily Capurso (2002, 04)  
Meaghan Cassidy (2005)  
Brittany Chapman (2004, 05)  
Cassandra Clark (1998)  
Katie Coddair (1997)  
Ariana Coniglio (2006)  
Kimberly Coulter (1991)  
Caitlin Crowley (2002, 04)  
Christine Davenport (1991, 92, 93)  
Amy DesRosiers (1993, 94)  
Paula DiRubbo (1996)  
Grace Doherty (2003, 04)  
Erin Duggan (2004, 05)  
Kerry Farrelly (2000, 01, 02)  
Marcia Flaherty (1998, 00, 01)  
Kathryn Fobert (1994, 95, 96, 97)  
Lynn Fraterrigo (1995)  
Julia Galeazzi (1992, 93)  
Amy Gebhard (1998)  
Julia Gillis (2001, 02, 03)  
Jeana Greco (2006)  
Kristen Grimes (1992)  
Jill Hennigar (2003)  
Emily Hogan (1998, 00, 01)  
Helene Horan (2002)  
Megan Hyland (2004, 05)  
Jaime Iosue (1994, 96)  
Sarah Johnson (1996, 97, 98)  
Stacy Johnson (2000)  
Kristen Joyce (1997)  
Christie Kapothanasis (2004, 05)  
Cristine Kearney (1998)  
Kristin Keating (1995)  
Kathryn Kennedy (1998)  
Jessica Kieliszak (1998)  
Lauren LaRusso (2005)  
Julie LaVelle (1994, 95)  
Kathleen LeClair (1996)  
Jill Levreault (1993)  
Lynn Liberatore (1992, 93, 94)  
Meghan Lytle (2004, 05)  
Lisa Marcaurelle (1996)  
Nicole Martin (1994, 95)  
Maureen McCarthy (2005, 06)  
Kathleen McKnight (1992)  
Bethany Miczek (2005)  
Kara Migliorelli (1994)  
Kathleen Moloughney (1991)  
Casey Monahan (2006)  
Megan Murphy (2004)  
Jennifer Murray (1993)

# PATRIOT LEAGUE CROSS COUNTRY ALL-TIME ACADEMIC HONOR ROLL \*

MaryKate O'Brien (1994, 97)  
Kathleen O'Gorman (2006)  
Emma Pace (2005, 06)  
Megan Peter (2003)  
Amy Polland (2000)  
Alison Quinn (2003)  
Laura Regis (1995, 96, 97)  
Denise Riordan (2003)  
Meredith Ruff (1998)  
Katharine Schafer (2003)  
Jennifer Schneider (1993, 94, 96)  
Tracy Scott (2000)  
Colleen Spilka (2005, 06)  
Nancy Sullivan (1990)  
Rebecca Sullivan (1996, 97)  
Kathryn Thornton (2001, 02, 03, 04)  
Pamela Tully (1993)  
Gretchen Tweed (1995)  
Marisa Varriale (2002)  
Cora Volchok (1993)  
Erica Wetterlow (2000)  
Ann Whalen (2004)  
Erica Williams (2003)  
Kaitlyn Wright (2001)  
Katherine Zakreski (2005)

## Lafayette

### Men

Nickolas Baldwin (2002)  
David Biko (1994, 95, 96, 97)  
Nicholas Birosik (2002)  
Michael Blair (1998)  
Kevin Coll (1991)  
Brian Corcoran (1992)  
Kevin Cunningham (2006)  
Gary Dennis (1990, 92)  
Chuck Dodge (1994)  
Edward Dutch (2003, 04, 05, 06)  
Trevor Emmitt (1995)  
Nicholas Groch (2000)  
Ryan Heffernan (1996)  
Thomas Kennedy (2001, 03)  
Michael Kresloff (1990)  
Art Lathers (1997, 98)  
Jason Lewis (1998, 00)  
Clay Lodovice (1993, 94, 96)  
Colin McDonough (2001, 04)  
Todd Michael (1996, 97)  
Allan Parker (1995, 98)  
Kevin Penderghast (2001, 02, 03, 04)  
Kenneth Poli (2001)  
Andrew Rodgers (2000)  
Gary Sluck (1991)  
Greg Swiatocha (2005)  
Doug Walsh (1996)

### Women

Kim Andrews (1996, 97)  
Lenore Brough (1991, 92)  
Lindsay Bryant (2003, 04, 05, 06)  
Catherine Carson (2000)  
Jena Cece (2001)  
Laurel Clemens (1995)  
Kate Detterline (1997)  
Jerilyn Frattalone (1998)  
Colleen Gleeson (1998)  
Julie Gloss (1992, 93, 94)  
Leigh Grygotis (1990)  
Elizabeth Hahn (1996)  
Crystalann Harbold (1998)  
Theresa Hearn (2003)

Caitlyn Herman (2002)  
Autumn Karwiel (2006)  
Amanda Lalley (2003, 04)  
Rian Landers (2001, 02)  
Taryn Landers (2003, 04)  
Stacy Looney (1990)  
Kaela Mahon (2005)  
Kelly Marsh (1990)  
Jessica Marvin (1998)  
Frances Morro (2005, 06)  
Laura Nann (2001)  
Rebecca Nazario (1991, 92)  
Dawn O'Shea (1994, 95, 96)  
Melissa Pearce (1994, 95, 96)  
Laura Pearson (1991)  
Beth Richey (1997)  
Katie Schultes (2004, 05, 06)  
Jeannine Sluck (1993, 94)  
Megan Smith (1993, 96)  
Hannah Tuscon (2003, 04, 05)  
Lauren Uhler (1998)  
Emma Vialpando (1994, 95, 96)  
Christine Wittich (2006)  
Erin Wyble (1998, 00, 01)

## Lehigh

### Men

Nick Albrecht (1993, 95)  
Christopher Angelo (1998)  
Daniel Bader (2001, 02)  
Christopher Batcha (2001)  
Peter Bennitt (1993)  
Paul Bonomi (2000)  
Patrick Boyle (2001, 02)  
Bartholomew Brown (2001)  
Kevin Brownell (2006)  
Patrick Buddenbaum (1991)  
Edwin Burnard (1993)  
Robert Christie (1994, 95)  
Adam Chubb (2002)  
Luke Clay (2005)  
Joseph Costanzo (1991)  
James Cronin (1995)  
Eric D'Orvilliers (2001, 02)  
Michael D'Orvilliers (2001, 02)  
Daniel DeWitt (2005, 06)  
Brendan Donohoe (1993)  
Scott Duryea (2005)  
Daniel Esposito (2002)  
Todd Ethers (2001)  
Walter Fader (1990, 91)  
Mark Florio (1991)  
Rich Fotiades (2000)  
Stephen Giordano (2002)  
Malcolm Gould (1991)  
Steven Gourley (1997)  
Rob Hampson (2003, 04, 05)  
Nathan Harkins (1996)  
Paul Hisem (1991, 92, 93)  
Jonathan Hjelte (2001, 02, 03)  
Charles Horn (1991)  
Alex Hudgins (2002, 03, 04)  
Alan Jackson (1996)  
Joseph Kelly (2006)  
Sam Kirk (2002, 03, 04)  
Wilf Knecht (1993)  
Christopher Loza (1991, 93)  
Matt MacKay (2000)  
Mark Malseed (1993)  
Dave Merola (2005)  
Timothy Monahan (2001, 02)

Brian Nagele (1991)  
John Nagele (1992)  
James Pauley (1993)  
Christopher Pepler (1995)  
Stephen Richardson (1997, 00)  
Dave Roberts (1993)  
Steve Rosinski (2005, 06)  
Jeremy Roth (1991)  
Spencer Rothwell (2001)  
James Schafer (2000)  
Paul Schweiger (1993)  
Todd Scurci (2001, 02)  
Leo Smith (2005)  
Tyler Spencer (2003)  
Mark Swanson (2001, 02, 03, 04)  
Sean Swift (2003, 06)  
Kris Takacs (1993)  
Justin Taylor (1998)  
Matt Van Lierop (1992)  
Jon Van Order (1992, 93)  
Drew VandenBrul (1991)  
Jon Vnorder (1991)  
Victor Vientos (2005, 06)  
Christopher Voce (1997)

## Women

Megan Ackers (1998)  
Shannon Alejandro (2006)  
Sue Allex (1993, 94, 95)  
Tina Altro (1993)  
Jacquelyn Amato (2001, 02)  
Kirsten Anderer (1993, 94)  
Heather Blackburn (1994, 96)  
Christine Boyd (2000, 01)  
Edann Brady (2000, 01, 02)  
Jenna Breidinger (2003)  
Jennifer Buckley (1997)  
Dawn Castle (1993)  
Ellen Cogswell (1995, 96, 97)  
Amy Cook (1991)  
Cynthia Coward (1991)  
Deidre Dalpiaz (1992)  
Michelle Dippolito (1995, 97)  
Megan Eves (1990, 91, 92)  
Andrea Falke (1991, 93)  
Colleen Glass (1998, 00)  
Sandra Grace (1992)  
Kaitlin Grimm (2006)  
Elizabeth Haight (2002)  
Carolyn House (2003, 04, 05, 06)  
Stacy Imler (1994, 95, 96, 97)  
Susan Jindra (1990)  
Lisa Jones (1997, 98)  
Jill Lagowski (2001)  
Danielle Lavoie (1998)  
Jenny Lee (1991)  
Andrea Luebbe (2001, 02, 03, 05)  
Kelly Lyons (1997)  
Kathleen McClernard (2005, 06)  
Tricia Nemitz (1993)  
Bridget O'Connell (1993)  
Stacy Rallo (1998, 00, 01)  
Erin Reardon (1993)  
Jennifer Reid (2001)  
Gretchen Repasky (1991, 92, 93)  
Denise Richards (1991, 92, 93)  
Sarah Richards (1993)  
Rachel Richman (1993)  
Donna Riley (1991)  
Jen Schappert (2003, 04, 05, 06)  
Dana Schneider (1991)

# PATRIOT LEAGUE CROSS COUNTRY ALL-TIME ACADEMIC HONOR ROLL \*

Sarah Seiler (2003, 04, 05, 06)  
Dara Seybold (1993)  
Kori Shafer-Krzesicki (1998)  
Jodie Siff (1991, 92)  
Heather Sowers (1993)  
Alicia Stanfill (1996)  
Lori Stewart (1994)  
Kirsten Wert (2003, 06)  
Deanna Willard (2002)

## **Navy**

### **Men**

Maksudul Ali (2004)  
Lucas Burke (2006)  
Barry Carmody (2003, 04)  
Adam Craig (2004, 06)  
Eric Eckstrand (2003)  
John Kress (2005, 06)  
Michael Niemi (2004, 05, 06)  
John Olsen (2004, 06)  
William Prom (2006)  
Ty Rose (2005)  
Kurt Russell (2003)  
Joe Russo (2004)  
Joshua Sink (2004)

### **Women**

Laura Grace Almdale (1993)  
Kaitlin Baker (2006)  
Allison Barlow (2003, 04, 05, 06)  
Jade Baum (2006)  
Arwyn Becker (2006)  
Sarah Crouse (1993)  
Erin Demchko (2004)  
Gina DiPiero (2003, 05)  
Maureen Dooley (2006)  
Caitlyn Harrington (2006)  
Laura Ann Herath (1993)  
Andria Johnson (1993)  
Kristyn Kern (2004)  
Colleen Maloney (2003)  
Michelle Montgomery (1993)  
Vicki Moore (2005, 06)  
Kyleigh Millhouse (2004, 05, 06)  
Stephanie Patterson (2003)  
Susan Richardson (2006)  
Brauna Rosenberg (1993)

## **Fordham #**

### **Men**

Timothy Conly (1991)  
Joe Grana (1990)  
Bill Kilgallen (1993)  
Tim Mahoney (1993)  
William Taylor (1990, 91)

### **Women**

Karen Cloran (1990)  
Julia Ferrante (1990, 91)  
Kathleen Fullam (1990, 91)  
Lauren Gubicza (1990, 91, 92)  
Karen McAuliffe (1991)  
Laura Savage (1990)  
Julianne Welby (1990, 92)

\* - Missing 1999

# - No longer a Patriot League member in cross country

# Patriot League Cross Country Honors and Awards

## **Patriot League Men's Individual Champion**

1990 Norbert Berenyi, Bucknell  
1991 Matt Dearthoff, Bucknell  
1992 Ray Appenheimer, Colgate  
1993 Ray Appenheimer, Colgate  
1994 Mike Bernstein, Army  
1995 Dan Browne, Army  
1996 Dan Browne, Army  
1997 Scott Goff, Army  
1998 Scott Goff, Army  
1999 David Bronfenbrenner, Bucknell  
2000 Will Wyche, Army  
2001 Will Wyche, Army  
2002 Bryan Johnston, Bucknell  
2003 Pat MacAdie, American  
2004 Pat MacAdie, American  
2005 Steve Hallinan, American  
2006 Brendan Fennell, American

## **Patriot League Women's Individual Champion**

1990 Lauren Gubicza, Fordham  
1991 Lauren Gubicza, Fordham  
1992 Lauren Gubicza, Fordham  
1993 Catherine Gaffigan, Army  
1994 Catherine Gaffigan, Army  
1995 Betsy Cunningham, Colgate  
1996 Jessica Jones, Army  
1997 Julie Sweitzer, Bucknell  
1998 Julie Sweitzer, Bucknell  
1999 Becki Marshall, Bucknell  
2000 Becki Marshall, Bucknell  
2001 Becki Marshall, Bucknell  
2002 Samia Akbar, American  
2003 Keira Carlstrom, American  
2004 Keira Carlstrom, American  
2005 Keira Carlstrom, American  
2006 Leanna Nastase, Bucknell

## **Patriot League Men's Rookie of the Year**

2004 Steve Hallinan, American  
2005 Kevin Tschirhart, American  
2006 Chris Horel, Navy

## **Patriot League Women's Rookie of the Year**

2004 Kyleigh Millhouse, Navy  
2005 Meghan Curran, Army  
2006 Kaitlin Grimm, Lehigh

## **Patriot League Men's Coach of the Year**

1991 Art McKinnon, Colgate  
1992 Art Gulden, Bucknell  
1993 Ron Bazil, Army  
1994 Ron Bazil, Army  
1995 Jerry Quiller, Army  
1996 Jerry Quiller, Army  
1997 Art Gulden, Bucknell  
1998 Art Gulden, Bucknell  
1999 Art Gulden, Bucknell  
2000 Jerry Quiller, Army  
2001 Jerry Quiller, Army  
2002 Matt Centrowitz, American  
2003 Matt Centrowitz, American  
2004 Matt Centrowitz, American  
2005 Matt Centrowitz, American  
2006 Matt Centrowitz, American

## **Patriot League Women's Coach of the Year**

1991 Suzanne O'Connell, Fordham  
1992 Patti O'Donnell-Smith, Lehigh  
1993 Julio Piazza, Lafayette  
1994 Ron Bazil, Army  
1995 Marie Cronrath, Colgate

1996 Art Gulden, Bucknell  
1997 Jerry Quiller, Army  
1998 Art Gulden, Bucknell  
1999 Art Gulden, Bucknell  
2000 Debbie Utesch, Lehigh  
2001 Kevin Donner, Bucknell  
2002 Matt Centrowitz, American  
2003 Matt Centrowitz, American  
2004 Jerry Quiller, Army  
2005 Kevin Donner, Bucknell  
2006 Kevin Donner, Bucknell

## **Patriot League Men's Scholar-Athlete of the Year**

1990 Brett Gerry, Colgate  
1991 Brett Gerry, Colgate  
1992 Ray Appenheimer, Colgate  
1993 Ray Appenheimer, Colgate  
1994 Chris Priestaf, Bucknell  
1995 Terry Shea, Bucknell  
1996 Zach Miller, Army  
Matt Kodak, Bucknell  
1997 Matt Kodak, Bucknell  
1998 Matt Kodak, Bucknell  
1999 Michael Baskin, Army  
2000 Kevin Weatherill, Bucknell  
2001 Michael Baskin, Army  
2002 Bryan Johnston, Bucknell  
2003 Pat MacAdie, American  
2004 Paul Strozier, Army  
2005 Steve Hallinan, American  
2006 Conor Lanz, American

## **Patriot League Women's Scholar-Athlete of the Year**

1990 Kelly Marsh, Bucknell  
1991 Lauren Gubicza, Fordham  
1992 Lauren Gubicza, Fordham  
1993 Catherine Gaffigan, Army  
1994 Catherine Gaffigan, Army  
1995 Rebecca Jewett, Colgate  
1996 Julie Sweitzer, Bucknell  
1997 Julie Sweitzer, Bucknell  
1998 Julie Sweitzer, Bucknell  
1999 Becki Marshall, Bucknell  
2000 Becki Marshall, Bucknell  
2001 Becki Marshall, Bucknell  
2002 Jen Baclawski, American  
2003 Keira Carlstrom, American  
2004 Keira Carlstrom, American  
2005 Keira Carlstrom, American  
2006 Jennifer Schappert, Lehigh

## **Men's All-American**

1992 Ray Appenheimer, Colgate  
1993 Ray Appenheimer, Colgate  
Jason Stewart, Army  
Mike Bernstein, Army  
1994 Mike Bernstein, Army  
1998 Scott Goff, Army

## **Women's All-American**

2003 Keira Carlstrom, American  
2004 Keira Carlstrom, American  
2005 Keira Carlstrom, American

# Patriot League Cross Country Honors and Awards

## Men's Academic All-American

1990 Matt Deardorff, Bucknell (1st)  
1991 Matt Deardorff, Bucknell (1st)  
Bob Kelly, Bucknell (2nd)  
1992 Ray Appenheimer, Colgate (2nd)  
1993 Ray Appenheimer, Colgate (1st)  
2002 Bryan Johnston, Bucknell (2nd)  
2004 Eric Eckstrand, Navy (3rd)  
Paul Strozier, Army (3rd)  
2006 Michael Niemi, Navy (2nd)

## Women's Academic All-American

1990 Kelly Marsh, Bucknell (1st)  
1991 Lauren Gubicza, Fordham (3rd)  
1992 Lauren Gubicza, Fordham (3rd)  
1998 Julie Sweitzer, Bucknell (3rd)  
2001 Emily Hogan, Holy Cross (3rd)  
Becki Marshall, Bucknell (3rd)  
Kelly McConnell, Bucknell (3rd)  
2005 Andrea Luebbe, Lehigh (2nd)  
Keira Carlstrom, American (3rd)

## Four-Time All-Patriot League Men's Selections

Scott Goff, Army (1995, 96, 97, 98)  
Michael Ross, Army (1995, 96, 97, 98)

## Three-Time All-Patriot League Men's Selections

Ray Appenheimer, Colgate (1991, 92, 93)  
Michael Baskin, Army (1999, 2000, 01)  
Dan Brofenbrenner, Bucknell (1997, 98, 99)  
Dan Browne, Army (1993, 95, 96)  
Greg Costello, Bucknell (2000, 01, 03)  
Xavier de Boissezon, Colgate (2001, 02\*, 03\*)  
Sean Duffy, American (2002, 03, 04)  
Brendon Fennell (2004, 05, 06)  
Rob Hampson, Lehigh (2003\*, 04\*, 05\*)  
Michael Hanlon, Colgate (2004, 05, 06)  
Eric Heeley, Army (2002\*, 03, 04\*)  
Judd Jarden, Bucknell (1990, 91, 93)  
Matt Kodak, Bucknell (1996, 97, 98)  
Pat MacAdie, American (2002, 03, 04)  
David Robinson, Lafayette (1995, 96, 97)  
Philip Sakala, Army (2002, 03, 05\*)  
Matt Seymour, American (2001, 02, 03)  
Joshua Sink, Navy (2003\*, 04\*, 05)  
Josh Stubbs, Army (1994, 95, 96)  
Brad Wertz, Bucknell (1998, 99, 2000)  
William Wyche, Army (1999, 2000, 01)

## Four-Time All-Patriot League Women's Selections

Keira Carlstrom, American (2002, 03, 04, 05)  
Theresa Dennis, Bucknell (1999, 2000, 01, 02)  
Becki Marshall, Bucknell (1998, 99, 2000, 01)  
Gretchen Repasky, Lehigh (1990, 91, 92, 93)

## Three-Time All-Patriot League Women's Selections

Jen Baclawski, American (2001, 02, 03)  
Betsy Cunningham, Colgate (1994, 95, 96)  
Molly DeMark, Colgate (1997, 98, 99)  
Carly Graytock, Army (1997, 98, 99)  
Kayla Hollaron, Bucknell (2002\*, 03\*, 05\*)  
Jessica Jones, Army (1996, 97, 99)  
Erin Miller, Army (1994, 95, 96)  
Leanna Nastase (2004\*, 05, 06)  
Jen Schappert (2004, 05, 06)  
Megan Smith, Lafayette (1993, 94, 96)  
Julie Sweiter, Bucknell (1996, 97, 98)  
Zaia Wharton, American (2003\*, 04, 05\*)

\* - Indicates Second-Team selection

# Patriot League Cross Country Championship Top Performances

## Men's Top 20 All-Time Individual Patriot League Championship Performances

24:12.0	Mike Bernstein, Army (1994)	Bucknell Golf Course
24:22.1	Scott Goff, Army (1998)	Bucknell Golf Course
24:23.0	Steve Clarke, Bucknell (1994)	Bucknell Golf Course
24:27.0	Steve Hallinan, American (2005)	Goodman Campus, Lehigh
24:30.0	Ray Appenheimer, Colgate (1993)	Metzgar Fields, Lafayette
24:31.9	Matt Kodak, Bucknell (1998)	Bucknell Golf Course
24:35.0	Chris Priestaf, Bucknell (1994)	Bucknell Golf Course
24:37.4	Ray Appenheimer, Colgate (1992)	Van Cortlandt Park (N.Y.)
24:40.2	Jon Dietrich, Bucknell (1998)	Bucknell Golf Course
24:41.0	Erick Rheam, Army (1994)	Bucknell Golf Course
24:44.5	Scott Goff, Army (1997)	Harry Lang Course, Colgate
24:48.5	Ron Hess, Bucknell (1998)	Bucknell Golf Course
24:50.2	Will Wyche, Army (2000)	Goodman Campus, Lehigh
24:52.4	Michael Ross, Army (1998)	Bucknell Golf Course
24:56.0	Jeff Harris, Army (1994)	Bucknell Golf Course
24:56.7	Chris Kearney, Bucknell (1998)	Bucknell Golf Course
24:59.7	Jeff Rios, Lafayette (1998)	Bucknell Golf Course
25:00.0	Jason Stewart, Army (1993)	Metzgar Fields, Lafayette
25:01.0	Dan Browne, Army (1996)	Metzgar Fields, Lafayette
25:03.4	Dave Brofenbrenner, Bucknell (1998)	Bucknell Golf Course

## Women's Top 20 All-Time Individual Patriot League Championship Performances

17:26.6	Lauren Gubicza, Fordham (1992)	Van Cortlandt Park (N.Y.)
17:28.6	Lauren Gubicza, Fordham (1990)	Goodman Campus, Lehigh
17:39.4	Julie Sweitzer, Bucknell (1998)	Bucknell Golf Course
17:40.0	Catherine Gaffigan, Army (1994)	Bucknell Golf Course
17:52.1	Gretchen Dobert, Army (1998)	Bucknell Golf Course
17:52.8	Nancy Sullivan, Holy Cross (1990)	Goodman Campus, Lehigh
17:56.8	Karen Cloran, Fordham (1990)	Goodman Campus, Lehigh
18:00.0	Molly DeMark, Colgate (1998)	Bucknell Golf Course
18:02.0	Jessica Wilhelm, Bucknell (1994)	Bucknell Golf Course
18:06.0	Melissa Wyka, Army (1994)	Bucknell Golf Course
18:15.0	Lynn Liberatore, Holy Cross (1994)	Bucknell Golf Course
18:16.1	Ann Cullagh, Fordham (1990)	Goodman Campus, Lehigh
18:17.0	Jessica Jones, Army (1996)	Metzgar Fields, Lafayette
	Becki Marshall, Bucknell (1999)	Metzgar Fields, Lafayette
18:19.9	Gretchen Repasky, Lehigh (1990)	Goodman Campus, Lehigh
18:22.8	Nancy Gunning, Fordham (1990)	Goodman Campus, Lehigh
18:23.0	Megan Smith, Lafayette (1996)	Metzgar Fields, Lafayette
18:23.5	Julia Galeazzi, Holy Cross (1990)	Goodman Campus, Lehigh
18:25.0	Megan Smith, Lafayette (1994)	Bucknell Golf Course
18:26.0	Andrea Beisser, Bucknell (1999)	Metzgar Fields, Lafayette

# Patriot League All-Time Cross Country Weekly Award Winners

## MEN

### Runner of the Week

#### 2000

Information Missing

9.12 Greg Costello, Bucknell  
10.2 Kevin Weatherill, Bucknell  
10.9 Louis DiNuzzo, Colgate  
10.17 Sean McCarthy, Holy Cross

#### 2001

Information Missing

#### 2002

9.10 Louis DiNuzzo, Colgate  
Rob Hampson, Lehigh  
9.17 Greg Costello, Bucknell  
9.24 Mark Swanson, Lehigh  
10.1 Frank Malpigli, American  
10.8 Bryan Johnson, Bucknell  
10.22 Frank Malpigli, American

#### 2003

9.9 Mark Swanson, Lehigh  
9.16 Joshua Sink, Navy  
9.23 Matt Seymour, American  
9.30 Rob Hampson, Lehigh  
10.7 Xavier de Boisseon, Colgate  
10.14 Matt Seymour, American  
10.21 Xavier de Boisseon, Colgate

#### 2004

9.14 Victor Vientos, Lehigh  
9.27 Ty Rose, Navy  
10.5 Dan Beardslee, American  
10.12 Jon Nieskens, Holy Cross  
10.19 Pat MacAdie, American  
10.26 Brendan Kearney, Holy Cross

#### 2005

9.6 Rob Hampson, Lehigh  
9.13 Joshua Sink, Navy  
9.20 Steve Hallinan, American  
9.27 Joshua Sink, Navy  
10.4 Michael Hanlon, Colgate  
10.18 Steve Hallinan, American

#### 2006

9.5 Michael Hanlon, Colgate  
9.12 John Olsen, Navy  
9.19 Brendan Fennell, American  
9.26 Conor McNamara, Bucknell  
10.3 Sean Swift, Lehigh  
10.11 Kyle Rougeot, Holy Cross  
10.18 Michael Hanlon, Colgate

### Most Male Runner of the Week Awards

3 Michael Hanlon, Colgate (2005-06)  
Rob Hampson, Lehigh (2002-05)

## WOMEN

### Runner of the Week

#### 2000

Information Missing

9.12 Becki Marshall, Bucknell  
10.2 Becki Marshall, Bucknell  
10.9 Lucinda Hull, Lehigh  
10.17 Becki Marshall, Bucknell

#### 2001

Information Missing

#### 2002

9.10 Rian Landers, Lafayette  
9.17 Samia Akbar, American  
9.24 Chrissy Boyd, Lehigh  
10.1 Samia Akbar, American  
10.8 Theresa Dennis, Bucknell  
10.22 Samia Akbar, American

#### 2003

9.9 Leanna Nastase, Bucknell  
9.16 Ashley Urick Army  
9.23 Emily Castro, Navy  
9.30 Keira Carlstrom, American  
10.7 Ashley Urick, Army  
10.14 Keira Carlstrom, American  
10.21 Ashley Urick, Army

#### 2004

9.14 Keira Carlstrom, American  
9.27 Jen Schappert, Lehigh  
10.5 Kelley Taylor, American  
10.12 Lia Cross, Colgate  
10.19 Margaret Clark, Army  
10.26 Erin Moseley, Holy Cross

#### 2005

9.6 Keira Carlstrom, American  
9.13 Justine Whipple, Navy  
9.20 Keira Carlstrom, American  
9.27 Andrea Luebbe, Lehigh  
10.4 Jen Schappert, Lehigh  
10.18 Keira Carlstrom, American

#### 2006

9.5 Justine Whipple, Navy  
9.12 Elizabeth Kennedy, Colgate  
9.19 Jennifer Schappert, Lehigh  
9.26 Molly Burke, Bucknell  
10.3 Justine Whipple, Navy  
10.11 Colleen Spilka, Holy Cross  
10.18 Justine Whipple, Navy

### Most Female Runner of the Week Awards

6 Keira Carlstrom, American (2003-05)

# Patriot League Cross Country All-Time Postseason

## MEN

### Patriot League NCAA Tournament Appearances (Team)

3 American (2004, 05, 06)  
2 Army (1993, 96)  
1 Bucknell (1991)

### Patriot League NCAA Tournament Appearances (Individuals)

2 Mike Bernstein, Army (1993, 94)  
Ray Appenheimer, Colgate (1992, 93)  
1 Scott Goff, Army (1998)  
Jason Stewart, Army (1993)  
Brendan Fennell, American (2006)  
Steve Clarke, Bucknell (1994)  
Greg Costello, Bucknell (2001)  
Matt Forys, Bucknell (2006)  
Xavier de Boissezon, Colgate (2003)

### Patriot League NCAA Tournament Results (Team)

1991 Bucknell (13th)  
  
1993 Army (6th)  
  
1996 Army (15th)  
  
2004 American (20th)  
  
2005 American (30th)  
  
2006 American (26th)

### Patriot League NCAA Tournament Results (Individual)

1992 Ray Appenheimer, Colgate (40th)  
  
1993 Ray Appenheimer, Colgate (7th)  
Jason Stewart, Army (21st)  
Mike Bernstein, Army (41st)  
  
1994 Mike Bernstein, Army (42nd)  
Steve Clarke, Bucknell (DNF)  
  
1998 Scott Goff, Army (23rd)  
  
2001 Greg Costello, Bucknell (127th)  
  
2003 Xavier de Boissezon, Colgate (108th)  
  
2006 Brendan Fennell, American (63rd)  
Matt Forys, Bucknell (75th)

## WOMEN

### Patriot League NCAA Tournament Appearances (Team)

1 Bucknell (1999)

### Patriot League NCAA Tournament Appearances (Individuals)

3 Keira Carlstrom, American (2003, 04, 05)  
1 Samia Akbar, American (2002)  
Catherine Gaffigan, Army (1994)  
Julie Sweitzer, Bucknell (1997)  
Becki Marshall, Bucknell (1999)  
Theresa Dennis, Bucknell (2001)  
Leanna Nastase, Bucknell (2006)  
Lauren Gubicza, Fordham (1992)

### Patriot League NCAA Tournament Results (Team)

1999 Bucknell (24th)

### Patriot League NCAA Tournament Results (Individual)

1992 Lauren Gubicza, Fordham (88th)  
  
1994 Catherine Gaffigan, Army (64th)  
  
1997 Julie Sweitzer, Bucknell (84th)  
  
1999 Becki Marshall, Bucknell (96th)  
  
2001 Theresa Dennis, Bucknell (73rd)  
  
2002 Samia Akbar, American (60th)  
  
2003 Keira Carlstrom, American (16th)  
  
2004 Keira Carlstrom, American (17th)  
  
2005 Keira Carlstrom, American (6th)  
  
2006 Leanna Nastase, Bucknell (94th)