

AMERICAN

ARMY

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COLGATE



Patriot League 2006 Cross Country Webguide



HOLY CROSS

LAFAYETTE

LEHIGH

NAVY

2006 Patriot League Cross Country Composite Schedule

Friday, September 1

American at Mount St. Mary's Invite 5 p.m.
 Bucknell at Bison Open 5:30 p.m.
 Lehigh at Lehigh Valley Championship 5 p.m.

Saturday, September 2

Bucknell at Harry Lang Invitational Noon
 Colgate at Harry Lang Invitational Noon
 Holy Cross at Central Connecticut State Invitational 11 a.m.
 Lafayette at Harry Lang Invitational Noon
 Navy Men at Sea Gull Opener 10 a.m.
 Navy Women at Harry Lang Invitational Noon

Friday, September 8

Army at Cornell 4 p.m.

Saturday, September 9

American at Great Meadows Invite 10 a.m.
 Holy Cross at Connecticut College Invitational 11 a.m.
 Navy Men at Fordham Invitational 9 a.m.

Friday, September 15

Holy Cross at National Catholic Championship 4:30 p.m.
 Holy Cross at Fitchburg Invitational TBA
 Lafayette at Lehigh 5 p.m.

Saturday, September 16

American at Salty Seadog Invitational 11 a.m.
 Colgate at Oneonta Invitational 11 a.m.
 Navy at Salty Seadog Invitational 11 a.m.
 Bucknell at Lock Haven Invitational 2 p.m.

Friday, September 23

Army at Iona Meet of Champions 9:30 a.m.
 Bucknell at Penn State Altoona Invitational 10:30 a.m.
 Navy Women at Spiked Shoe Invitational 10 a.m.
 Navy Men at Roy Griak Invitational 12:20 p.m.

Friday, September 29

American at Bill Bellinger Invite 10 a.m.
 Army at Paul Short Invitational 2 p.m.
 Army at Notre Dame Invitational TBA
 Bucknell at Paul Short Invitational 2 p.m.
 Colgate at Oregon Invitational 4 p.m.
 Lafayette at Paul Short Invitational 2 p.m.
 Lehigh at Paul Short Invitational 2 p.m.
 Navy Men at Notre Dame Invitational 4:15 p.m.

Saturday, September 30

American at George Mason Invite 9:30 a.m.
 Holy Cross at Murray Keatinge Invitational 11 a.m.
 Navy Women at Stanford Invitational 6:25 p.m.

Saturday, October 7

Holy Cross at New England Championship 11 a.m.

Saturday, October 14

American at Delaware Invitational 10 a.m.
 Army Women at Navy 9:30 a.m.
 Army Men at Navy 10 a.m.
 Bucknell at Leopard Invitational 10 a.m.
 Bucknell at NCAA Pre-National Championship 11 a.m.
 Colgate at Penn State National Invitational 11 a.m.
 Holy Cross at NCAA Pre-National Championship 11 a.m.
 Lafayette at Leopard Invitational 10 a.m.
 Lehigh at Chile Pepper Cross Country Festival 9:45 a.m.
 Navy Women at Alumni Open 10:45 a.m.

Saturday, October 21

Holy Cross at Central Connecticut State Mini Meet 1 p.m.

Saturday, October 28

Patriot League Championship 11 a.m.

Saturday, November 4

American at Cavalier Open 10 a.m.

Saturday, November 11

NCAA Regionals 10 a.m.

Saturday, November 18

IC4A/ECAC Championship TBA

Monday, November 20

NCAA Championship 10 a.m.

Times and dates subject to change.



2006 Patriot League Cross Country Webguide

Produced Jessica Siegel

Edited Rich Schepis

Special Thanks Patriot League Athletic Media Relations Offices

Current as of August 29, 2006

Patriot League Executive Director

Carolyn Schlie Femovich

Appointed the fourth Executive Director of the Patriot League in July 1999, Carolyn Schlie Femovich's selection by the Patriot League Council of Presidents continued its adherence to equity and innovation in its approach to intercollegiate athletics.

One of two women to hold the top post of a combined men and women's conference at the NCAA Division I level, Femovich brought with her 17 years of experience in NCAA Division I athletics.

During her first year as Executive Director of the Patriot League, membership was enhanced with the announcement that American University would become a full League member in the fall of 2001, and that Georgetown University would join the Patriot League in football beginning with the 2001 season.

Femovich focused her energies on setting a strategic direction for the future of the Patriot League during the 2001-02 academic year. In recent years, primary efforts have aimed at increasing League visibility and competitiveness, as well as the quality of services to the membership.

Femovich recently finished a four-year term as the Patriot League's representative on the NCAA Management Council and is currently serving as chair of the NCAA Championship and Competition Cabinet and NCAA Women's Basketball Issues Committee. She was also the chairperson of the prestigious Collegiate Women's Sports Awards Program and continues to serve on the Board.

Prior to her appointment as Executive Director, Femovich served in a leadership role in the administration of a highly-successful Ivy League athletic program at the University of Pennsylvania.

During her tenure as Senior Associate Athletics Director (1986-99) and Associate Athletics Director (1982-85), her responsibilities included administration of intercollegiate sports and recreation programs, strategic planning and facilities development, human resource management and event planning.

In her first position at Penn, Femovich oversaw 15 intercollegiate programs, coaching staffs and athletics facilities. She also served as Penn's Interim Director of Athletics in 1985. Femovich represented the University in a variety of external capacities with the Ivy League and NCAA, and on a number of sports committees and boards.

Femovich's career in intercollegiate athletics began in 1974 at Indiana University as a graduate teaching assistant. In 1975, she moved to Gettysburg College as head coach of the women's basketball and tennis programs as well as assistant professor of health and physical education and the Coordinator of Women's Athletics.

Included in the impressive list of regional and national committees Femovich has served on are the NCAA Division I Women's Basketball Committee, the NCAA Basketball Marketing Sub-Committee and the NCAA Division I Business/Finance Cabinet and the NCAA Division I Women's Basketball Committee.

She played a primary role in bringing the 2000 NCAA Women's Basketball Final Four to Philadelphia and is a member of the executive board of the Philadelphia Sports Congress. She also held the office of President of the Eastern College Athletic Conference (ECAC) in 1996, which now includes more than 300 member institutions.

A graduate of Valparaiso University, Femovich received a masters of science degree from Indiana University. She and her husband, Robert, reside in Hellertown, Pa.

The Femovich File

Personal

Husband Robert M. Femovich

Married October 4, 1991

Resides Hellertown, Pa.

Education

B.A. Valparaiso University (Valparaiso, Ind.), 1971

M.S. Indiana University (Bloomington, Ind.), 1975

Professional Experience

Patriot League

Executive Director; 1999-current

University of Pennsylvania

Senior Associate Athletics Director; 1986-99

Associate Athletics Director; 1982-86

Gettysburg College

Coordinator of Women's Athletics; 1978-82

Head Women's Basketball and Tennis Coach; 1975-82

Indiana University

Graduate Assistant; 1974-75

Affiliations and Memberships

Collegiate Commissioner's Association

NCAA Women's Basketball Issues Committee (Chair, 2004-current)

NCAA Championship and Competition Committee (Chair, 2006-current)

Collegiate Women's Sports Awards Board (Chair, 1999-2003)

Philadelphia Sports Congress Executive Committee

National Association of Collegiate Directors of Athletics

National Association of Collegiate Women Athletic Administrators

Former Patriot League representative to NCAA Management Council

Former member, NCAA Women's Basketball Committee, 1984-90

Former member, NCAA Division I Business/Finance Cabinet

Former member, NCAA Basketball Marketing Sub-Committee

Former President, Eastern College Athletic Conference (ECAC)

Patriot League Academic and Athletic Successes

In its second decade of combining academic and athletic excellence, the Patriot League sponsors championships in 23 men and women's sports. Initially started as an NCAA Division I-AA football conference in 1986, the Patriot League became an all-sport conference in 1990 and includes American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy as full members, and Fordham and Georgetown as associate members. These institutions are among the oldest and most prestigious in the nation and their alumni have, and continue to play leadership roles in shaping our country.

Since 1998, the Patriot League has ranked first each year among all Division I conferences awarding athletic aid in the NCAA Graduation Rate Report. In addition, the Patriot League finished first in the new NCAA Academic Progress Report (APR) among all Division I conferences awarding athletic aid (combining with all eight of its full-time member institutions for an average of 984 out of 1,000). The APR is used to measure academic eligibility, retention and graduation of student-athletes.

Patriot League student-athletes and teams continue to enjoy success at the national level, with opening round victories coming in several NCAA Championships, including consecutive wins in men's basketball, a final four appearance in men's lacrosse and a sixth-place finish at the NCAA Cross Country Championship.

The Patriot League's mission is simple, to provide successful competitive athletic experiences while maintaining high academic standards, and to prepare its student-athletes to be leaders in society.

During the 2005-06 year, Patriot League student-athletes and teams have accomplished the following;

- Army's Julie Jorgensen (first-team soccer) and Bucknell's Matt Capece (third-team baseball) were named to ESPN The Magazine Academic All-America team
- 50 Patriot League student-athletes were named to ESPN The Magazine Academic All-District team
- In addition to automatic qualifiers, the Patriot League sent a second at-large team to the NCAA I-AA football playoffs for the second-straight season, and to the NCAA Men's Golf Championships for the first time in League history
- Bucknell's men's basketball program became the first Patriot League team to ever crack the Associated Press and ESPN/USA Today Coaches Top 25 Poll
- American's Keira Carlstrom turned in the highest finish in Patriot League history at the NCAA Women's Cross Country Championships, placing sixth overall en route to earning her third-straight All-America nod
- Carlstrom also became the third Patriot League student-athlete to advance to the finals at the NCAA Outdoor Track and Field Championships

Patriot League History

- 1986 The Colonial League is founded and begins full round-robin play in football only; Lafayette College Associate Professor Alan Childs is named Executive Director.
- 1989 Carl Ulrich is appointed as the first full-time Executive Director.
- 1990 Colonial League changes its name to Patriot League.
- 1990-91 Patriot League becomes an all-sport conference, sponsoring 22 - 11 for women and 11 for men; Membership includes Bucknell University, Colgate University, Fordham University, College of the Holy Cross, Lafayette College, Lehigh University and the United States Military Academy.
- 1991 The United States Naval Academy joins the Patriot League as a full member.
- 1993 Constance (Connie) H. Hurlbut is named Executive Director of the Patriot League, becoming the first woman and youngest person to be selected as the leader of an NCAA Division I conference.
- 1995 Fordham University resigns its full membership, but remains in the Patriot League as an associate member in football.
- 1996 Change in Patriot League policy allows basketball scholarships beginning with the class entering in the fall of 1998.
- 1997 Creation of the Patriot League television package, which grows to 12 games on DIRECTV and ESPN, beginning with the 2002-03 season.
- 1999 Carolyn Schlie Femovich is selected as the fourth Executive Director of the Patriot League.
- 2000-01 Patriot League celebrates its 10th Anniversary; Patriot League policy regarding merit aid expanded to include all sports except football beginning with the class entering in the fall of 2001.
- 2001 American University joins the Patriot League as a full member; Georgetown University joins as an associate member in football.
- 2003 United States Naval Academy increases participation from 12 sports to 18 by joining Patriot League in men's lacrosse, men's swimming and diving and men's and women's cross country and track and field.
- 2004 Women's rowing is added as the Patriot League's 23rd championship sport.

- American's field hockey program ranked fourth in the National Field Hockey Coaches Association, the highest ever for a Patriot League team and reached the final eight in the NCAA Field Hockey Championships for the second-straight year
- Four Patriot League men's lacrosse teams (Navy, Army, Colgate, Bucknell) spent portions of the season ranked in the top 20 of the United States Intercollegiate Lacrosse Association Poll, with Navy spending the entire year in the top 15
- Holy Cross won the Patriot League's first-ever NCAA post season contest in women's lacrosse, defeating Le Moyne in the NCAA Play-In game to advance to the NCAA Women's Lacrosse Tournament
- Lehigh's softball program became the first Patriot League team to post two victories in the NCAA Regionals
- Three Patriot League football teams (Colgate, Lafayette, Lehigh) finished the season ranked in the ESPN/USA Today Top 25 Coaches Poll
- Army's women's basketball program became the first female team from a service academy to advance to the NCAA Division I Women's Basketball Tournament
- Lehigh's Matt McBride became the highest Patriot League student-athlete to be selected in the Major League Baseball College Draft, going in the second round (75th overall)
- Lafayette's Madalyn Booth became the first Patriot League women's lacrosse player to lead the nation in assists, averaging 2.94 per game
- Navy's Matt Russell set a NCAA single-season men's lacrosse goals against average record, allowing just 5.45 goals per game

Patriot League Directory and Information

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Cross Country SIDs in Bold

PATRIOT LEAGUE MILEAGE CHART

American to Army 275
 to Bucknell 175
 to Colgate 205
 to Holy Cross 400
 to Lafayette 200
 to Lehigh 185
 to Navy 35

Army to American 275
 to Bucknell 180
 to Colgate 155
 to Holy Cross 160
 to Lafayette 100
 to Lehigh 115
 to Navy 250

Bucknell to American 175
 to Army 180
 to Colgate 205
 to Holy Cross 350
 to Lafayette 135
 to Lehigh 120
 to Navy 165

Colgate to American 205
 to Army 155
 to Bucknell 205
 to Holy Cross 250
 to Lafayette 205
 to Lehigh 205
 to Navy 325

Holy Cross to American 400
 to Army 160
 to Bucknell 350
 to Colgate 250
 to Lafayette 280
 to Lehigh 295
 to Navy 385

Lafayette to American 200
 to Army 100
 to Bucknell 120
 to Colgate 205
 to Holy Cross 280
 to Lehigh 15
 to Navy 190

Lehigh to American 185
 to Army 115
 to Bucknell 120
 to Colgate 205
 to Holy Cross 295
 to Lafayette 15
 to Navy 175

Navy to American 35
 to Army 250
 to Bucknell 165
 to Colgate 325
 to Holy Cross 385
 to Lafayette 190
 to Lehigh 175

PATRIOT LEAGUE CROSS COUNTRY ROLL CALL

	Cross Country Member
American University	2001-present
U.S. Military Academy	1993-present
Bucknell University *	1990-present
Colgate University *	1990-present
Fordham University *	1990-94
College of the Holy Cross *	1990-present
Lafayette College *	1990-present
Lehigh University *	1990-present
U.S. Naval Academy	1993 (W), 2003-present

* - Indicates Patriot League charter member

Patriot League Cross Country Notebook

BACK IN 2006

One of the Patriot League's two individual champions from a year ago will be back in action this season. American's Steve Hallinan was the winner of the Patriot League Men's Cross Country Championship in 2005 and will be entering his junior campaign.

What will be missing from this year's competition is three-time All-American Keira Carlstrom, a former Eagle. Carlstrom won the Patriot League Women's Cross Country Individual title the last three seasons, leaving the door wide open for a new champion. Carlstrom can be found on American's coaching staff for the 2006 season, assisting Head Coach Matt Centrowitz.

2006 PATRIOT LEAGUE CHAMPIONSHIP

The 2006 Patriot League Cross Country Championships will take place on Oct. 28 at Colgate University. The top-14 finishers in both the men and women's race will be awarded All-Patriot League status with the top-seven being named to the First-Team and the next seven earning Second-Team recognition.

2006 PATRIOT LEAGUE PRESEASON POLL

MEN

Points (First-Place Votes)

1. American	98 (14)
2. Army	80
3. Navy	77 (2)
4. Lehigh	63
5. Bucknell	42
6. Colgate	40
7. Lafayette	32
8. Holy Cross	16

WOMEN

Points (First-Place Votes)

1. Bucknell	92 (13)
2. Lehigh	78 (2)
3. Navy	73
4. Army	71 (1)
5. American	43
Lafayette	43
7. Colgate	33
8. Holy Cross	15

American is predicted to win the Men's Patriot League Championship for the fourth-straight season in a vote of head coaches and sports information directors. The Eagles have gone onto the NCAA Championship the last two years finishing 20th in 2004 and 30th in 2005.

Besides American only two other men's teams have ever captured the Patriot League title with Army and Bucknell each winning six.

On the women's side Bucknell was chosen to win the Patriot League Championship race after coming up with its fifth-ever title in 2005. Bucknell is the only team in Patriot League women's cross country history to participate in the NCAA Championship, having finished 24th in 1999.

Other teams to win the Patriot League Women's Cross Country title have been Army (five times), American (two) Fordham (two), Lafayette (one) and Lehigh (one).

PATRIOT LEAGUE BY THE NUMBERS

- 3** Number of All-American nods American's Keira Carlstrom earned (2003-06)
- 5** Total number of Patriot League Cross Country All-Americans (men and women)
- 6** Highest place a Patriot League cross country team has placed at the NCAA Championship (Army Men, 1993)
- 14** Number of Patriot League cross country Academic All-Americans (men and women)
- 29** Years Head Coach Jim Kavanagh has coached at Holy Cross
- 39** Years Head Coach Al Cantello has coached at Navy
- 76** First season for Bucknell and Holy Cross women's cross country
- 115** Years of Holy Cross men's cross country

2006 American Eagles

QUICK FACTS

Location Washington, D.C.
Interim President Dr. Neil Kerwin
Policy Committee Representative Dr. Ivy Broder
Faculty Representative Robert Karch
Athletic Director Joni Comstock
Enrollment 5,250
Founded 1893
Nickname Eagles
Colors AU Red, White and Blue

Cross Country SID Pat MacAdie
Office Phone 202.885.3032
Cell Phone 202.531.0152
Fax Number 202.885.3033
E-Mail pmacadie@american.edu
Athletic Website www.aueagles.com
Sports Hotline 202.885.DUNK

CROSS COUNTRY HISTORY

First Season (reinstated) 1996
First Season of Patriot League Cross Country/Seasons .
..... 2001/5
Patriot League Championship Men's Titles 4
Patriot League Championship Women's Titles 2

TEAM FACTS

2005 Patriot League Championship Finish (Men) 1
2005 Patriot League Championship Finish (Women) 4

HEAD COACH MATT CENTROWITZ

Alma Mater Oregon, 1978
Years at American 11
Overall Years Head Coaching 11

COACHING STAFF

Name (Alma Mater), Position, Years on Staff

Terry Weir (South Alabama, 1994), Assistant, 4
Edmund Burke (Notre Dame (Calif.), 1991) Assistant, 4
Bridget Bowers (Providence, 1992), Assistant, 1
Sean Duffy (American, 2005), Assistant, 1
Keira Carlstrom (American, 2006), Assistant, 1

2006 SCHEDULE

9.1	at Mount St. Mary Invite	5 p.m.
9.9	at Great Meadows Invite	10 a.m.
9.16	at Salty Seadog Invitational	11 a.m.
9.29	at Bill Bellinger Invite	10 a.m.
9.30	at George Mason Invite	9:30 a.m.
10.14	at Delaware Invitational	10 a.m.
10.28	at Patriot League Championship	11 a.m.
11.4	at Cavalier Open	10 a.m.

2005 MEN'S RESULTS

9.2	at Mount St. Mary's Duals	3-2
9.10	at Georgetown Invite	2nd of 6
9.17	at Navy Invitational	2nd of 6
10.1	at George Mason Invite	1st of 6
10.15	at Penn State National Invite	2nd of 37
10.29	at Patriot League Championships	1st of 8
11.12	at NCAA Mid-Atlantic Regional	2nd of 28
11.21	at NCAA Championship	30th of 31

2005 WOMEN'S RESULTS

9.2	at Mount St. Mary's Duals	5-0
9.17	at Navy Invitational	5-1
10.1	at George Mason Invite	1st of 6
10.15	at Penn State National Invite	14th of 34
10.29	at Patriot League Championships	4th of 8
11.12	at NCAA Mid-Atlantic Regional	Carlstrom 2nd of 26
11.21	at NCAA Championship	Carlstrom 6th of 253

American Eagles Cross Country Honorees

MEN

Patriot League Individual Champion/Outstanding Athlete of the Year

2003; Pat MacAdie
2004; Pat MacAdie
2005; Steve Hallinan

Patriot League Rookie of the Year

2004; Steve Hallinan
2005; Kevin Tschirhart

Patriot League Coach of the Year

2002; Matt Centrowitz
2003; Matt Centrowitz
2004; Matt Centrowitz
2005; Matt Centrowitz

First-Team All-Patriot League

Matt Cooke (2002)
Sean Duffy (2002, 03, 04)
Brendon Fennell (2003, 05)
Phil Gaeta (2003)
Steve Hallinan (2004, 05)
Conor Lanz (2005)
Frank Malpigli (2001, 02)
Pat MacAdie (2002, 03, 04)
Danny Maurer (2003)
Sean O'Brien (2002)
Matt Seymour (2001, 02, 03)
Kevin Tschirhart (2005)

Second Team All-Patriot League

Pat Burford (2003, 04, 05)
Phil Gaeta (2002, 04)
Awit Yohannes (2005)

Patriot League Scholar-Athlete

2003; Pat MacAdie
2005; Steve Hallinan

WOMEN

Patriot League Individual Champion/Outstanding Athlete of the Year

2002; Samia Akbar
2003; Keira Carlstrom
2004; Keira Carlstrom
2005; Keria Carlstrom

Patriot League Coach of the Year

2002; Matt Centrowitz
2003; Matt Centrowitz

First-Team All-Patriot League

Samia Akbar (2001, 02)
Jen Baclawski (2001, 02, 03)
Keria Carlstrom (2002, 03, 04, 05)
Whitney McNees (2002, 03)
Kelly Taylor (2003, 04)
Zaia Wharton (2004)

Second Team All-Patriot League

Zaia Wharton (2003, 05)

Patriot League Scholar-Athlete

2002; Jen Baclawski
2003; Keira Carlstrom
2004; Keira Carlstrom
2005; Keria Carlstrom

All-American

Keria Carlstrom (2003, 04, 05)

CoSIDA Academic All-American

Keria Carlstrom (2005 3rd)

Patriot League Cross Country Academic Honor Roll, 2001-05

Emily Luderer (2002, 03, 05)
Nicole Lynn (2002)
Jennifer Malcolm (2001, 03)
Jennifer Marsh (2004)
Becki Marshall (2001)
Carolyn Mateskon (2001)
Kelly McConnell (2001)
Emma Nishimoto (2003)
Gillian Nordquist (2005)
Jennifer O'Connor (2002, 04, 05)
Brittany Parlow (2005)
Katherine Pfeifer (2001, 02, 03, 04)
Lisa Prybella (2005)
Kelly Raffety (2001, 02, 04)
Linda Sanders (2004, 05)
Christa Sawko (2005)
Jenny Stevens (2003, 04, 05)
Nicole Stoyer (2004, 05)
Christine Totten (2004, 05)
Rachel Tutmaher (2002)

Colgate

Men

Jon Barinholtz (2003, 04)
Kyle Barrett (2000, 01, 03)
Travis Brooks (2000, 01, 03)
Xavier de Boissezon (2003)
Scott DeRoo (2004, 05)
Louis DiNuzzo (2003)
Michael Hanlon (2003, 05)
Andrew Isabel (2005)
Jacob Krong (2002)
Jonathon Lebovitz (2001)
Kevin Meehan (2002)
Luke Merkel (2004)
Nate Rosenthal (2004, 05)
Michael Saunders (2002)
Joseph Schaeffer (2005)
Gregory Smith (2001, 02)
Christopher Sweetland (2001)
Jeremy Wattles (2004)

Women

Julie Barker (2003)
Joanne Campbell (2001, 02)
Abby Chapman (2004)
Lia Cross (2002, 03, 04, 05)
Stephanie Davis (2001)
Amy DeMarco (2001)
Hannah Falling (2003, 04, 05)
Eleanor Finnegan (2001)
Danielle Gabay (2001)
Sarah Hildebrand (2005)
Laura Kenny (2001)
Lauren Kerensky (2002)
Jessica Kielty (2005)
Jenny McCarthy (2001)
Maura McCusker (2001)
Rachel Pettengill (2003, 04, 05)
Macrina Seals (2005)
Anna Shaver (2001, 02)
Laura Snepenger (2004)
Danielle Whicher (2003)

Holy Cross

Men

David Bonagura (2002)
Randy Brodeur (2002, 03)
Andrew Cameron (2003)
James Clifford (2001, 02)
Patrick Clifford (2004)
Sean Dougherty (2002, 03)
Robert Farrelly (2005)
Peter Harris (2001)
Kevin Higgins (2001, 02, 03)
Edward Hughes (2004)
Brendan Kearney (2002, 04)
Daniel Kirchoff (2001)
Stephen Kress (2003, 04, 05)
Michael Lucke (2001, 02, 03)
Sean J. McCarthy (2001, 02)
Brett McLaughlin (2002, 03)
Matthew Michienzi (2002, 03, 05)
Brian Miller (2005)
Bradley Mish (2005)
Sean Murphy (2004)
Timothy Murphy (2002, 03, 04)
John Ortolani (2003, 04, 05)
Jonathan Pohlig (2002)
Stephan Schoenberger (2005)
Michael Shaw (2004)
Brian Smerkers (2004)
Owen Speer (2001)
Matthew Talbot (2005)
Stephen Zolotas (2004)

Women

Sarah Arruda (2005)
Caroline Berger (2001)
Alexandra Booth (2004)
Ashley Boyle (2001, 03)
Kristin Burke (2005)
Michela Byrne (2001, 02, 03, 04)
Emily Capurso (2002, 04)
Meaghan Cassidy (2005)
Brittany Chapman (2004, 05)
Caitlin Crowley (2002, 04)
Grace Doherty (2003, 04)
Erin Duggan (2004, 05)
Kerry Farrelly (2001, 02)
Marcia Flaherty (2001)
Julia Gillis (2001, 02, 03)
Jill Hennigar (2003)
Emily Hogan (2001)
Helene Horan (2002)
Megan Hyland (2004, 05)
Christie Kapothanasis (2004, 05)
Lauren LaRusso (2005)
Meghan Lytle (2004, 05)
Maureen McCarthy (2005)
Bethany Miczek (2005)
Megan Murphy (2004)
Emma Pace (2005)
Megan Peter (2003)
Alison Quinn (2003)
Denise Riordan (2003)
Katharine Schafer (2003)
Colleen Spilka (2005)
Kathryn Thornton (2001, 02, 03, 04)
Marisa Varriale (2002)

Ann Whalen (2004)
Erica Williams (2003)
Kaitlyn Wright (2001)
Katherine Zakreski (2005)

Lafayette

Men

Nickolas Baldwin (2002)
Nicholas Birosik (2002)
Edward Dutch (2003, 04, 05)
Thomas Kennedy (2001, 03)
Colin McDonough (2001, 04)
Kevin Penderghest (2001, 02, 03, 04)
Kenneth Poli (2001)
Greg Swiatocha (2005)

Women

Lindsay Bryant (2003, 04, 05)
Jena Cece (2001)
Theresa Hearn (2003)
Caitlyn Herman (2002)
Amanda Lalley (2003, 04)
Rian Landers (2001, 02)
Taryn Landers (2003, 04)
Kaela Mahon (2005)
Frances Morro (2005)
Laura Nann (2001)
Katie Schultes (2004, 05)
Hannah Tuscon (2003, 04, 05)
Erin Wyble (2001)

Lehigh

Men

Daniel Bader (2001, 02)
Christopher Batcha (2001)
Patrick Boyle (2001, 02)
Bartholomew Brown (2001)
Adam Chubb (2002)
Luke Clay (2005)
Eric D'Orvilliers (2001, 02)
Michael D'Orvilliers (2001, 02)
Daniel DeWitt (2005)
Scott Duryea (2005)
Daniel Esposito (2002)
Todd Ethers (2001)
Stephen Giordano (2002)
Rob Hampson (2003, 04, 05)
Jonathan Hjelte (2001, 02, 03)
Alex Hudgins (2002, 03, 04)
Sam Kirk (2002, 03, 04)
Dave Merola (2005)
Timothy Monahan (2001, 02)
Steve Rosinski (2005)
Spencer Rothwell (2001)
Todd Scurci (2001, 02)
Leo Smith (2005)
Tyler Spencer (2003)
Mark Swanson (2001, 02, 03, 04)
Sean Swift (2003)
Victor Vientos (2005)

Women

Jacquelyn Amato (2001, 02)
Christine Boyd (2001)
Edann Brady (2001, 02)
Jenna Breidinger (2003)

Patriot League Cross Country Academic Honor Roll, 2001-05

Elizabeth Haight (2002)
Carolyn House (2003, 04, 05)
Jill Lagowski (2001)
Andrea Luebbe (2001, 02, 03, 05)
Kathleen McClernard (2005)
Stacy Rallo (2001)
Jennifer Reid (2001)
Jen Schappert (2003, 04, 05)
Sarah Seiler (2003, 04, 05)
Kirsten Wert (2003)
Deanna Willard (2002)

Navy

Men

Maksudul Ali (2004)
Barry Carmody (2003, 04)
Adam Craig (2004)
Eric Eckstrand (2003)
John Kress (2005)
Michael Niemi (2004, 05)
John Olsen (2004)
Ty Rose (2005)
Kurt Russell (2003)
Joe Russo (2004)
Joshua Sink (2004)

Women

Allison Barlow (2003, 04, 05)
Erin Demchko (2004)
Gina DiPiero (2003, 05)
Kristyn Kern (2004)
Colleen Maloney (2003)
Vicki Moore (2005)
Kyleigh Millhouse (2004, 05)
Stephanie Patterson (2003)

Patriot League Cros Country All-Time Postseason

MEN

Patriot League NCAA Tournament Appearances (Team)

- 2 American (2004, 05)
Army (1993, 96)
- 1 Bucknell (1991)

Patriot League NCAA Tournament Appearances (Individuals)

- 2 Mike Bernstein, Army (1993, 94)
Ray Appenheimer, Colgate (1992, 93)
- 1 Scott Goff, Army (1998)
Jason Stewart, Army (1993)
Steve Clarke, Bucknell (1994)
Greg Costello, Bucknell (2001)
Xavier de Boissezon, Colgate (2003)

Patriot League NCAA Tournament Results (Team)

- 1991 Bucknell (13th)
- 1993 Army (6th)
- 1996 Army (15th)
- 2004 American (20th)
- 2005 American (30th)

Patriot League NCAA Tournament Results (Individuals)

- 1992 Ray Appenheimer, Colgate (40th)
- 1993 Ray Appenheimer, Colgate (7th)
Jason Stewart, Army (21st)
Mike Bernstein, Army (41st)
- 1994 Mike Bernstein, Army (42nd)
Steve Clarke, Bucknell (DNF)
- 1998 Scott Goff, Army (23rd)
- 2001 Greg Costello, Bucknell (127th)
- 2003 Xavier de Boissezon, Colgate (108th)

WOMEN

Patriot League NCAA Tournament Appearances (Team)

- 1 Bucknell (1999)

Patriot League NCAA Tournament Appearances (Individuals)

- 3 Keira Carlstrom, American (2003, 04, 05)
- 1 Samia Akbar, American (2003)
Catherine Gaffigan, Army (1994)
Theresa Dennis, Bucknell (2001)
Becki Marshall, Bucknell (1999)
Julie Sweitzer, Bucknell (1997)
Lauren Gubicza, Fordham (1992)

Patriot League NCAA Tournament Results (Team)

- 1991 Bucknell (24th)

Patriot League NCAA Tournament Results (Individuals)

- 1992 Lauren Gubicza, Fordham (88th)
- 1994 Catherine Gaffigan, Army (64th)
- 1997 Julie Sweitzer, Bucknell (84th)
- 1999 Becki Marshall, Bucknell (96th)
- 2001 Theresa Dennis, Bucknell (73rd)
- 2002 Samia Akbar, American (60th)
- 2003 Keira Carlstrom, American (16th)
- 2004 Keira Carlstrom, American (17th)
- 2005 Keira Carlstrom, American (6th)