

PATRIOT LEAGUE OUTDOOR TRACK & FIELD 2007



PATRIOT LEAGUE OUTDOOR TRACK & FIELD CONTACT Richard Wanninger, Associate Executive Director
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AMERICAN • ARMY • BUCKNELL • COLGATE • HOLY CROSS • LAFAYETTE • LEHIGH • NAVY

M-F ATHLETIC MALE TRACK PERFORMER OF THE WEEK

PAUL HARRIS, NAVY Jr., Woodbury, Minn.

Harris posted an IC4A qualifying mark in the 800 meters in winning the event with a time of 1:51.944. His time was nearly nine seconds ahead of the runner-up. This is the second career outdoor athlete of the week honor for Harris, who also has captured the Patriot League weekly award on four occasions during his indoor career.



M-F ATHLETIC FEMALE TRACK PERFORMER OF THE WEEK

CATHERINE TRENTACOSTE, BUCKNELL Sr., Garden City, N.J.

Trentacoste captured her first Patriot League weekly award after finishing third in the 400-meter hurdles (1:03.44) and fourth in the 100-meter hurdles (15.03) at the Shamrock Invitational in Conway, S.C.



M-F ATHLETIC MALE FIELD PERFORMER OF THE WEEK

RUDY MEJIA, ARMY Sr., El Paso, Texas

Mejia captured the long jump competition at the Hurricane Invitational with a mark of 7.32 meters, which narrowly missed a NCAA Regional qualifying mark. His jump was an IC4A-qualifying mark. He is the reigning Patriot League champion in both the long jump and triple jump.



M-F ATHLETIC FEMALE FIELD PERFORMER OF THE WEEK

NINA REINHARDT, BUCKNELL Sr., Northport, N.Y.

Reinhardt won the heptathlon competition at the Shamrock Invitational with an ECAC qualifying mark of 4,581 points. This is the first career weekly award win for Reinhardt, who finished second at last year's Patriot League Championship.



M-F ATHLETIC MALE ROOKIE OF THE WEEK

STEVEN PIERCE, BUCKNELL Fr., Ridgewood, N.J.

Pierce finished in third place in the javelin competition at the Shamrock Invitational with a mark of 57.35 meters (188 feet, 2 inches). His throw ranks 10th best in school history.



M-F ATHLETIC FEMALE ROOKIE OF THE WEEK

ANGELA JENKINS, ARMY Fr., Staunton, Va.

Jenkins qualified for the ECAC Championships in the triple jump with a mark of 11.78 meters (38' 7 $\frac{3}{4}$ "") at the Hurricane Invitational at Miami, Fla. She also posted a mark of 15.67 (18' 7 $\frac{1}{4}$ "") in the long jump.



March 20, 2007

UPCOMING SCHEDULE

Friday, March 23

Lehigh at Lehigh Valley Championships . . . All Day
Army vs. Dick Shea Open All Day

Saturday, March 24

Army vs. Dick Shea Open All Day
Holy Cross at Spring Husky Invite 10 a.m.
Navy at Navy Five-Way Meet (M/W) 11 a.m.
American at Navy Five-Way Meet (M/W) . 11 a.m.
Colgate at Navy Five-Way Meet (M/W) . . 11 a.m.

LATEST RESULTS

March 15-17

Army at Miami (Fla.) Invitational

March 16-17

American at Shamrock Invitational
Bucknell at Shamrock Invitational
Lafayette at Shamrock Invitational
Navy (M) at Point Loma Invitational (1st place)

"TODAY'S SCHOLAR-ATHLETES, TOMORROW'S LEADERS"

The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

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HONORABLE MENTION

PERFORMANCES LAST WEEK

ADRIAN PERKINS, ARMY

Jr., Shreveport, La.

Perkins finished seventh in the 400m at the Hurricane Invitational.

JOSHUA KAEHLER, BUCKNELL

Sr., Hanover, Pa.

Kaehler turned in ECAC-qualifying mark in the javelin throw (60.90m).

AMY MANTUSH, BUCKNELL

Fr., Drums, Pa.

Mantush posted a third-place finish in the heptathlon with a score of 4,091.

ALEX WECHSLER, LAFAYETTE

Jr., Paramus, N.J.

Wechsler finished second in the steeplechase at the Shamrock Invitational (9:29.98).

SEAN MCAULEY, LAFAYETTE

So., Staten Island, N.Y.

Qualified for the IC4As with a throw of 47.28m (155-1) in the discus at the Shamrock Invitational.

LORI COOPER, LAFAYETTE

Sr. Brackney, Pa.

Cooper placed second in javelin throw at the Shamrock Invitational (42.98m/141'0").

ALLISON TETHER, LAFAYETTE

Fr., King of Prussia, Pa.

Placed sixth in the javelin throw at the Shamrock Invitational (39.00m/127'11").

DARRYL HUNTER, NAVY

Jr., Des Moines, Iowa

Won both the shot put and discus events at the Point Loma Invitational with IC4A qualifying marks.

MATT HANLEY, NAVY

Fr., Arlington, Texas

Hanley won the 110-meter hurdles and was a member of the victorious 4x100m relay at the Point Loma Invitational.

PATRIOT LEAGUE NOTEBOOK

'07 CHAMPIONSHIPS

The 2007 Patriot League Outdoor Track and Field Championships are slated for May 4-5 at Lehigh University. Army is the 15-time reigning men's team champion, while Bucknell will look to capture its fourth consecutive women's team title in Bethlehem, Pa. later this spring.

ALL-AMERICAN SALUTE

Navy men's track and field junior middle distance runner Paul Harris claimed all-America accolades in the 800 meters with his sixth-place finish at the NCAA Championship on Saturday evening at the Randal Tyson Track Center in Fayetteville, Ark.

Harris becomes Navy's first All-America in the 800 meters and the first Patriot League all-America performer in the sport of indoor track and field since Erik Schmidt of Navy placed fifth to earn honors in the mile run at the 2004 NCAA Championship. Overall, Harris is the 15th male indoor track and field student-athlete in Patriot league history to earn all-America recognition, and is the first middle distance runner to be honored

BUCKNELL, ARMY PICKED AS FAVORITES IN PRE-SEASON POLLS

Three-time defending champion Bucknell was picked to win the 2007 Patriot League Championship by the Patriot League head coaches and sports information directors in the women's outdoor track and field preseason poll. Overall, the Bison have captured half of the 16 previous Patriot League titles.

Bucknell tallied 98 points with 14 of the 16 first-place votes. Navy grabbed two first-place votes and a total of 85 points. Army and Lafayette were picked to finish third in the pre-season poll, and each team accumulated 68 points. Lehigh (44), Holy Cross (35), Colgate (31) and American (19) round out the poll.

Meanwhile, Army, the reigning Patriot League men's outdoor track and field champion, was selected to repeat by Patriot League head coaches and sports information directors in the Men's Outdoor Track and Field Preseason Poll.

Army received 13 first-place votes and had a total of 97 points. Navy came in second with three first-place votes and 87 total points. Bucknell received 70 points in the pre-season poll to finish third. Meanwhile, American received 58 votes and is fourth in the pre-season poll. Lafayette finished fifth in the voting with 45 points, while Lehigh tallied 45 points to earn sixth place. Colgate (26) and Holy Cross (14) round out the poll.

PATRIOT LEAGUE IN THE POLLS (USTFCCCA-NATIONAL)

	AMERICAN	ARMY	BUCKNELL	COLGATE	HOLY CROSS	LAFAYETTE	LEHIGH	NAVY
M:	-	-	-	-	-	-	-	-
W:	-	-	-	-	-	-	-	-

NOTE: The first outdoor poll will be released later this spring.

TEAM NOTEBOOKS



AMERICAN opened the outdoor campaign at the Shamrock Invitational, where the Eagles tallied eight top-10 finishes. The Eagles swept the top-three placings in the men's 1,500m, as junior Brendan Fennell won the race, followed by sophomore Carlos Jamieson and graduate student Conor Lanz.



ARMY men and women competed at the Miami (Fla.) Invitational. Roxanne Wegman won the women's steeplechase, and Megan Howell placed second. Meanwhile, Rudy Mejia nearly registered a NCAA Regional qualifying mark in his long jump victory, while John Mickowski finished second in the 3,000m.



BUCKNELL squads competed at the Shamrock Invitational and turned in numerous strong performances, led by first-place finishes from Joshua Kaehler in the men's javelin, and Nina Reinhardt in the heptathlon. Tyler Hoffman also recorded a NCAA Regional qualifying mark in the hammer throw.



COLGATE men registered strong performances in Puerto Rico and at the Aztec Track Classic at San Diego State University. The Raiders posted 13 personal bests and two IC4A qualifying marks. Michael Hanlon's time of 3:51.03 in the 1,500 meters is the second fastest time in Colgate history. The Raiders' women's squad opens the season in Annapolis this weekend.



HOLY CROSS open the outdoor campaign at the Husky Spring Invitational in Dedham, Mass. this weekend.



LAFAYETTE competed at the Shamrock Invitational in South Carolina and junior Emily Cholak was victorious in the women's triple jump, while classmate Alex Wechsler turned in a second-place performance in the 3,000-meter steeplechase.



LEHIGH returns to action on March 30 at the Winthrop University Invitational in Rock Hill, S.C. This past weekend, the Mountain Hawks competed at the Lehigh Valley Championship in Allentown.



NAVY men's track and field junior thrower Darryl Hunter won two events with IC4A-qualifying marks to lead the Midshipmen to a first-place finish at the Point Loma Invitational. The Midshipmen won 10 of the 18 events. A pair of freshmen - Vince Carpentier and Matthew Hanley won the 400 meters and 110-meter hurdles, respectively in their Navy outdoor track debuts.

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MEN'S PRESEASON POLL

- 1) Army 97 (13)
- 2) Navy 87 (3)
- 3) Bucknell 70
- 4) American 58
- 5) Lafayette 51
- 6) Lehigh 45
- 7) Colgate 26
- 8) Holy Cross 14

WOMEN'S PRESEASON POLL

- 1) Bucknell 97 (14)
- 2) Navy 85 (2)
- 3) Army 68
Lafayette 68
- 5) Lehigh 44
- 6) Holy Cross 35
- 7) Colgate 31
- 8) American 19

MEDIA SERVICES

PATRIOT LEAGUE ON THE WEB

www.patriotleague.com

Patriot League.com features the latest news and stories on all eight Patriot League members. In addition, the site also contains the 2007 Patriot League webguide, up-to-date statistics, schedules, results and archives.

WEEKLY RELEASE

Media can access a downloadable Adobe Acrobat PDF files of the complete Patriot League weekly outdoor track and field release on the Patriot League Track and Field page.

E-MAIL DISTRIBUTION

Media may contact the Patriot League office to be included on the Patriot League's e-mail lists for outdoor track and field releases and information (or any of the Patriot League's sports). Please contact Patriot League Associate Executive Director Richard Wanninger (rwan-ninger@patriotleague.com / 610.289.1950) with requests or questions.

TRACK PERFORMERS OF THE WEEK

MALE

MARCH 20

PAUL HARRIS, *Navy, Junior*

FEMALE

MARCH 20

CATHERINE TRENTACOSTE, *Bucknell, Senior*

FIELD PERFORMERS OF THE WEEK

MALE

MARCH 20

RUDY MEJIA, *Army, Senior*

FEMALE

MARCH 20

NINA REINHARDT, *Bucknell, Senior*

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ROOKIES OF THE WEEK

MALE

MARCH 20

STEVEN PIERCE, *Bucknell, Freshman*

FEMALE

MARCH 20

ANGELA JENKINS, *Army, Freshman*

ALL-TIME PATRIOT LEAGUE CHAMPIONS

MEN

15 ARMY 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006

1 BUCKNELL 1991

WOMEN

8 BUCKNELL 1991, 1999, 2000, 2001, 2002, 2004, 2005, 2006

7 ARMY 1992, 1993, 1994, 1995, 1996, 1997, 1998

1 NAVY 2003

PATRIOT LEAGUE COACHES

MATT CENTROWITZ, AMERICAN

Years at American.....11

Overall Years of Head Coaching11

JERRY QUILLER, ARMY

Years at Army11

Overall Years of Head Coaching37

KEVIN DONNER, BUCKNELL

Years at Bucknell6

Overall Years of Head Coaching22

ART MCKINNON, COLGATE MEN

Years at Colgate.....18

Overall Years of Head Coaching25

LAURA NARDELLI, COLGATE WOMEN

Years at Colgate.....10

Overall Years of Head Coaching14

JIM KAVANAGH, HOLY CROSS MEN

Years at Holy Cross.....29

Overall Years of Head Coaching29

EGETTA ALFONSO, HOLY CROSS WOMEN

Years at Holy Cross7

Overall Years of Head Coaching7

JULIO PIAZZA, LAFAYETTE

Years at Lafayette20

Overall Years of Head Coaching20

MATT UTESCH, LEHIGH

Years at Lehigh.....9

Overall Years of Head Coaching9

STEPHEN COOKSEY, NAVY MEN

Years at Navy.....18

Overall Years of Head Coaching24

CARLA CRISTE, NAVY WOMEN

Years at Navy.....15

Overall Years of Head Coaching15

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AMERICAN EAGLES

Saturday, March 10		
at Coastal Carolina Meet	All Day	
Fri.-Sat., March 16-17		
at Shamrock Invitational	All Day	
Saturday, March 24		
at Navy Invitational	11 a.m. (M)/2 p.m. (W)	
Saturday, March 31		
at Maryland Invitational	All Day	
Wed.-Sat., April 4-7		
at Texas Relays	All Day	
Fri.-Sat., April 6-7		
at Duke Invitational	All Day	
Friday, April 6		
at Sam Howell Invitational	All Day	
Fri.-Sat., April 13-14		
at Bison Outdoor Classic	All Day	
at UVA Invitational	All Day	
Sat.-Sun., April 21-22		
at Larry Ellis Invitational	All Day	
at Widener Invitational	All Day	
Thurs.-Sat., April 26-28		
at Penn Relays	All Day	
Friday, April 27		
at Lions Invitational	All Day	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at IC4A Championships	All Day	
at ECAC Championships	All Day	
Monday, May 14		
at Tupperly Twilight Meet	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	
ARMY BLACK KNIGHTS		
Thurs.-Sat., March 15-17		
at Miami Invitational	TBA	
Fri.-Sat. March 23-24		
Dick Shea Open	Noon	
Saturday, March 31		
at VMI Military Track Classic	TBA	
Fri.-Sat., April 6-7		
at Auburn Track Classic	All Day	
Saturday, April 7		
at Penn State	All Day	
Saturday, April 14		
Navy	Noon	
Thurs.-Sat., April 19-21		
at Larry Ellis Invitational	All Day	
Saturday, April 21		
at LSU Alumni Gold Meet	TBA	
Thurs.-Sat., April 26-28		
at Penn Relays	All Day	
Sunday, April 29		
at Yale Spring Invitational	All Day	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at IC4A Championships	All Day	
at ECAC Championships	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	

BUCKNELL BISON

Fri.-Sat., March 16-17		
at Shamrock Invitational	All Day	
Saturday, March 31		
at George Mason Invitational	All Day	
at Susquehanna Invitational	All Day	
Fri.-Sat., April 6-7		
at Texas Relays	All Day	
at Princeton Invitational	All Day	
Fri.-Sat., April 13-14		
Bison Outdoor Classic	All Day	
Saturday, April 21		
Bucknell Five-Way	TBA	
Thurs.-Sat., April 26-28		
at Penn Relays	All Day	
Saturday, April 28		
at Shippensburg Invitational	All Day	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at IC4A Championships	All Day	
at ECAC Championships	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	
COLGATE RAIDERS		
Saturday, March 24		
at Navy (W)	2 p.m.	
Fri.-Sat., March 30-31		
at Stanford Invitational	All Day	
Saturday, March 31		
at Ithaca Invitational (W)	All Day	
Fri.-Sat., April 6-7		
at Princeton Invitational (M)	All Day	
Fri.-Sat., April 6-7		
at Colonial Relays (W)	All Day	
Tuesday, April 17		
at Hamilton College (M)	5 p.m.	
Saturday, April 21		
at Holy Cross (M)	11 a.m.	
Saturday, April 21		
at Bucknell Five-Way (W)	All Day	
Thurs.-Sat., April 26-28		
at Penn Relays	All Day	
Sunday, April 29		
at Cornell (M)	TBA	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at IC4A Championships	All Day	
at ECAC Championships	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	

HOLY CROSS CRUSADERS

Saturday, March 24		
at Husky Spring Invitational	10 a.m.	
Saturday, March 31		
at Massachusetts	10 a.m.	
Fri.-Sat., April 6-7		
at Colonial Relays	All Day	
Saturday, April 7		
at UNH Wildcat Invitational	All Day	
Saturday, April 14		
at Bernard Solomon Invitational	All Day	
Wed.-Thurs., April 18-19		
Holy Cross Heptathlon	All Day	
Saturday, April 21		
Holy Cross Seven-Way	All Day	
Sunday, April 29		
at Brown Springtime Invitational	All Day	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at New England Indoor Championships	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	

LAFAYETTE LEOPARDS

Saturday, March 31		
at Five-Way Meet	11 a.m.	
Saturday, April 7		
Lehigh	TBA	
Fri.-Sat., April 13-14		
at Bison Outdoor Classic	All Day	
Fri.-Sat., April 20-21		
at Larry Ellis Invitational	All Day	
Thurs.-Sat., April 26-28		
at Penn Relays	All Day	
Saturday, April 28		
at Lehigh Games	All Day	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at IC4A Championships	All Day	
at ECAC Championships	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	

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LEHIGH MOUNTAIN HAWKS

Friday, March 23		
Lehigh Valley Championship	All Day	
Friday, March 30		
at Winthrop University Invite	TBA	
Saturday, April 7		
at Lafayette	TBA	
Fri.-Sat., April 13-14		
at Bison Outdoor Classic	All Day	
Saturday, April 21		
at Moravian Greyhound Invitational	All Day	
Thurs.-Sat., April 26-28		
at Penn Relays	All Day	
Saturday, April 28		
at Lehigh Games	All Day	
Fri.-Sat., May 4-5		
at Patriot League Championships	All Day	
Fri.-Sun., May 11-13		
at IC4A Championships	All Day	
at ECAC Championships	All Day	
Fri.-Sat., May 25-26		
at NCAA East Regional Meet	All Day	
Wed.-Sat., June 6-9		
at NCAA Championships	All Day	

NAVY MIDSHIPMEN

Saturday, March 17		
at Point Loma Invitational (M)		Noon
Saturday, March 24		
American/Maryland (M)		11 a.m.
American/Colgate/Delaware/ George Mason/Maryland (W)		2 p.m.
Saturday, March 31		
at All-Service Academy (W)		10 a.m.
Penn/Princeton/Rutgers (M)		Noon
Wed.-Sat., April 4-7		
at Texas Relays (M)		All Day
Fri.-Sat., April 6-7		
at Colonial Relays (W)		All Day
at Delaware Invitational (W)		All Day
Saturday, April 14		
at Army		Noon
Saturday, April 21		
at Tiger Track Classic (W)		10 a.m.
at Greyhound Invitational (W)		11 a.m.
Thurs.-Sat., April 26-28		
at Penn Relays		All Day
Fri.-Sat., May 4-5		
at Patriot League Championships		All Day
Fri.-Sun., May 11-13		
at IC4A Championships		All Day
at ECAC Championships		All Day
Fri.-Sat., May 25-26		
at NCAA East Regional Meet		All Day
Wed.-Sat., June 6-9		
at NCAA Championships		All Day

Times and Dates Subject to Change