

PATRIOT LEAGUE OUTDOOR TRACK & FIELD 2009



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AMERICAN • ARMY • BUCKNELL • COLGATE • HOLY CROSS • LAFAYETTE • LEHIGH • NAVY

M-F ATHLETIC MALE TRACK PERFORMER OF THE WEEK

ANDREW HUEBNER, BUCKNELL Jr., Hampton Falls, N.H.
 Huebner took second place and qualified for NCAA Regionals with a time of 9:02.4 in the 3000m steeplechase at the Bucknell Outdoor Classic. The junior improved upon his time in the event from the previous week by 30 seconds.



M-F ATHLETIC FEMALE TRACK PERFORMER OF THE WEEK

CURRY KNOX, COLGATE Sr., Seattle, Wash.
 Knox ran a personal-best and school record time of 11.80 in the 100m dash at the Bucknell Outdoor Classic, nearly qualifying for NCAA Regionals in the process. Knox's time is the fastest time posted in the Patriot League this season and is also an ECAC-qualifying mark. The senior also took third place and ran a personal-best and school record time of 14.53 in the 100m hurdles, the fastest time in the League and another ECAC qualifying mark.



M-F ATHLETIC MALE FIELD PERFORMER OF THE WEEK

TRENT KRAYCHIR, ARMY Fr., Twentynine Palms, Calif.
 Kraychir surpassed the NCAA Regional qualifying standard in the hammer throw with a toss of 58.21m (190' 11 1/2") at the annual Star Meet with Navy. Army won the meet, 117-85.



M-F ATHLETIC FEMALE FIELD PERFORMER OF THE WEEK

REBECCA FREY, BUCKNELL So., Bethlehem, Pa.
 Frey qualified for ECACs in the pole vault with a mark of 3.65m (11' 11 3/4"). The sophomore finished fourth in the event at the Bucknell Outdoor Classic.



M-F ATHLETIC MALE ROOKIE OF THE WEEK

ROBERT ARENT, BUCKNELL Fr., New Providence, N.J.
 Arent ran a personal-best 53.53 in the 400m hurdles at the team un-scored Bucknell Outdoor Classic. In addition to winning the event, Arent qualified for IC4As as well.



M-F ATHLETIC FEMALE ROOKIE OF THE WEEK

JESS PALACIO, NAVY Fr., Sparks, Nev.
 Palacio helped lead Navy to a 116-87 victory over archrival Army in the Star Meet with a win in the 800m run. The freshman posted a 2:17.76 time, finishing nearly nine full seconds ahead of Army's top performer in the event.



April 14, 2009

UPCOMING SCHEDULE

Wed.- Thurs., April 15-16

Holy Cross at Holy Cross Decathlon (M/W) Noon/ 11 a.m.

Friday, April 17

Army at Larry Ellis Invite (M/W)10 a.m.
 Colgate at Larry Ellis Invite (M/W)10 a.m.
 Lafayette at Larry Ellis Invite (M/W)10 a.m.
 Lehigh at Larry Ellis Invite (M/W)10 a.m.
 Navy at Larry Ellis Invite (W)10 a.m.

Saturday, April 18

Army at Larry Ellis Invite (M/W)10 a.m.
 Lafayette at Larry Ellis Invite (M/W)10 a.m.
 Navy at Kloiber Invite (W)10 a.m.
 American at Morgan State Invite (M/W) .. .All Day
 American at Mount St. Mary's Invite (M/W) All Day
 Bucknell at Bucknell Team Challenge (M/W) All Day
 CCSU, Colgate, Hartford, Maine, Rensselaer, Vermont at Holy Cross (M/W)All Day
 Colgate at Moravian Invite (W) TBA
 Lehigh at Moravian Invite (M/W) TBA

LATEST RESULTS

Saturday, April 11

American, Bucknell, Colgate, Lafayette, Lehigh (M/W) at Bucknell Outdoor ClassicNTS
 Army M, W 117-85; W, L 116-87 at Navy *
 Holy Cross at Northeastern Invite (M/W)NTS

Friday, April 10

American, Bucknell, Colgate, Lafayette, Lehigh (M/W) at Bucknell Outdoor ClassicNTS

NTS - No Team Scoring

HONORABLE MENTION PERFORMANCES LAST WEEK

CARLOS JAMIESON, AMERICAN

Sr., Garnerville, N.Y.

Jamieson qualified for NCAA Regionals in the 1500m run with a time of 3:47.29. His time is the fastest in the Patriot League this season.

DOMONICK SYLVE, ARMY

So., Long Beach, Calif.

Sylve qualified for IC4As in the 110m hurdles with a time of 14.77 at the Army-Navy Star Meet. Sylve also took first place in the 100m dash and ran a leg on the winning 4x100m relay.

DREW FITZGERALD, BUCKNELL

So., Ballston Spa, Pa.

Fitzgerald is now fourth on Bucknell's all-time list with a pole vault of 4.80m (15' 9") at the Bucknell Outdoor Classic. Fitzgerald also earned third place at the meet in the high jump.

STEPHEN MANDRAVELIS, HOLY CROSS

Sr., Nashua, N.H.

Mandravelis qualified for IC4As in the hammer throw with a toss of 54.80m (179' 9") at the Husky Invitational.

"TODAY'S SCHOLAR-ATHLETES, TOMORROW'S LEADERS"

The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

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PATRIOT LEAGUE NOTEBOOK

PATRIOT LEAGUE RECAP

All eight teams were in action last weekend, as five League teams met at the Bucknell Outdoor Classic in Lewisburg, Pa. Though there were no team scores from the meet, several Patriot League student-athletes qualified for NCAA Regionals and the IC4A and ECAC Championships. Army and Navy squared off in Annapolis for the annual Star Meet, where the Army men and the Navy women picked up victories. Finally, Holy Cross competed at the Northeastern Invite in Dedham, Mass. There were no team scores in the meet.

THE WEEK AHEAD

Most of the League teams will be competing this weekend. On Friday, Army, Colgate, Lafayette, Lehigh and the Navy women's team will compete at the Larry Ellis Invite in Princeton, N.J. at 10 a.m. Army and Lafayette will compete at the Ellis Invite for a second day on Saturday, while the Navy women's team will compete at the Kloiber Invite. American will split its squads and compete at the Morgan State and Mount St. Mary's Invites, while Bucknell will host the Bucknell Team Challenge. Colgate and Holy Cross will compete at a Holy Cross-hosted meet, while the Colgate women's team and both Lehigh teams will compete at the Moravian Invite in Bethlehem, Pa.

FOR MORE INFORMATION

IC4A/ECAC and NCAA Outdoor Qualifying standards can be found on the Track and Field page on the Patriot League website at www.PatriotLeague.com.

2009 PATRIOT LEAGUE CHAMPIONSHIPS

The 2009 Patriot League Outdoor Track and Field Championships will be held at Army's Shea Stadium in West Point, N.Y., Friday and Saturday, May 1 and 2, 2009. For more information about the 2009 Championships, please visit the 2009 Outdoor Track and Field Championships page on the Patriot League website at www.PatriotLeague.com.

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TEAM NOTEBOOKS

AMERICAN Carlos Jamieson qualified for NCAA Regionals for the second-consecutive year in the 1500m run at the Bucknell Outdoor Classic. After competing in the team unscored meet last week, the Eagles will head to a pair of invitationals at Morgan State and Mount St. Mary's all day on Saturday.



ARMY Army split the annual Star Meet with Navy, with the men picking up a win, 117-85, while the women fell, 116-87. With the win, the Army men completed a 2008-09 Star Meet sweep of cross country and indoor and outdoor track and field. The Black Knights next compete at the Larry Ellis Invite on Friday and Saturday.



BUCKNELL Sophomore Jamie Leacock took third place for the Bison women in the 400m hurdles with a time of 1:03.66 as both teams competed at the team unscored Bucknell Outdoor Classic. The Bison next compete at the Bucknell Team Challenge on Saturday.



COLGATE Senior Curry Knox now holds the Christy Mathewson Memorial Stadium record in the 100m dash after competing at the Bucknell Outdoor Classic last weekend. The Raider women will compete at the Larry Ellis and Moravian Invites this weekend, while both teams will compete at Holy Cross on Saturday.



HOLY CROSS Senior Lauren Courtney won the 400m dash with a time of 58.46 seconds at the team unscored Husky Invite, qualifying her for the New England Championships. The Crusaders will host Colgate and five other teams in a meet in Worcester on Saturday.



LAFAYETTE The Leopards competed at the team unscored Bucknell Outdoor Classic last weekend. Kyle Clayton placed fifth in the 110m hurdles with a time of 14.99. Lafayette will compete at the Larry Ellis Invite on Friday and Saturday.



LEHIGH Scott Robinson crossed the finish line in 53.58 seconds in the 400m hurdles as both Mountain Hawk teams competed at the Bucknell Outdoor Classic. Lehigh will next compete at the Larry Ellis Invite on Friday and at the Moravian Invite on Saturday.



NAVY The Navy men fell to Army, 117-85, while the Midshipmen women pulled out a 116-87 win over Army in the annual Star Meet. With the win, the Navy women have now opened the spring outdoor slate with four-straight dual-scored victories. The women will compete in the Larry Ellis Invite on Friday and the Kloiber Invite on Saturday. The Midshipmen men have no scheduled events this week.



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MEN'S PRESEASON POLL

- 1) Army 96 (12)
- 2) Navy 82 (2)
- 3) Bucknell 80 (2)
- 4) Lehigh 60
- 5) American 44
- 5) Lafayette 44
- 7) Colgate 24
- 8) Holy Cross 16

WOMEN'S PRESEASON POLL

- 1) Navy 95 (11)
- 2) Bucknell 85 (2)
- 3) Army 76 (3)
- 4) Lehigh 56
- 5) Holy Cross 54
- 6) Lafayette 36
- 7) Colgate 32
- 8) American 14

MEDIA SERVICES

PATRIOT LEAGUE ON THE WEB

www.patriotleague.com

Patriot League.com features the latest news and stories on all eight Patriot League members. In addition, the site also contains the 2009 Patriot League webguide, up-to-date statistics, schedules, results and archives.

WEEKLY RELEASE

Media can access a downloadable Adobe Acrobat PDF files of the complete Patriot League weekly outdoor track and field release on the Patriot League Track and Field page.

E-MAIL DISTRIBUTION

Media may contact the Patriot League office to be included on the Patriot League's e-mail lists for outdoor track and field releases and information (or any of the Patriot League's sports). Please contact Patriot League Media and External Relations Assistant Ashley Hicks (ahicks@patriotleague.com/ 610.289.1960) with requests or questions.

TRACK PERFORMERS OF THE WEEK

MALE

TUESDAY, MAR. 24

DOMONICK SYLVE, *Army, Sophomore*

TUESDAY, MAR. 31

ALFRED MCDANIEL, *Army, Sophomore*

TUESDAY, APR. 7

DOMONICK SYLVE, *Army, Sophomore*

TUESDAY, APR. 14

ANDREW HUEBNER, *Bucknell, Junior*

TUESDAY, APR. 21

TUESDAY, APR.28

FEMALE

TUESDAY, MAR. 24

EBONY THOMAS, *Army, Junior*

TUESDAY, MAR. 31

LATASHA WATSON, *Lehigh, Sophomore*

TUESDAY, APR. 7

TIFFANY REID, *Holy Cross, Junior*

TUESDAY, APR. 14

CURRY KNOX, *Colgate, Senior*

TUESDAY, APR. 21

TUESDAY, APR.28

FIELD PERFORMERS OF THE WEEK

MALE

TUESDAY, MAR. 24

MARK VAN ORDEN, *Navy, Junior*

TUESDAY, MAR. 31

MARK VAN ORDEN, *Navy, Junior*

TUESDAY, APR. 7

MARK VAN ORDEN, *Navy, Junior*

TUESDAY, APR. 14

TRENT KRAYCHIR, *Army, Freshman*

TUESDAY, APR. 21

TUESDAY, APR.28

FEMALE

TUESDAY, MAR. 24

GERYAH WHITE, *Army, Senior*

TUESDAY, MAR. 31

KIM MALLARD, *Army, Junior*

TUESDAY, APR. 7

JESSICA BUZZELL, *Lafayette, Senior*

TUESDAY, APR. 14

REBECCA FREY, *Bucknell, Sophomore*

TUESDAY, APR. 21

TUESDAY, APR.28

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ROOKIES OF THE WEEK

MALE

TUESDAY, MAR. 24	TRENT KRAYCHIR, <i>Army, Freshman</i>
TUESDAY, MAR. 31	TRENT KRAYCHIR, <i>Army, Freshman</i>
TUESDAY, APR. 7	TOM WAGNER, <i>Army, Freshman</i>
TUESDAY, APR. 14	ROBERT ARENT, <i>Bucknell, Freshman</i>
TUESDAY, APR. 21	
TUESDAY, APR. 28	

FEMALE

TUESDAY, MAR. 24	CHRISTINE SCALES, <i>Navy, Freshman</i>
TUESDAY, MAR. 31	JARI ROSS, <i>Army, Freshman</i>
TUESDAY, APR. 7	KATHERINE PIERCE, <i>Lehigh, Freshman</i>
TUESDAY, APR. 14	JESS PALACIO, <i>Navy, Freshman</i>
TUESDAY, APR. 21	
TUESDAY, APR. 28	

ALL-TIME PATRIOT LEAGUE CHAMPIONS

MEN

16	ARMY	1992, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07
1	BUCKNELL	1991
1	NAVY	2008

WOMEN

9	BUCKNELL	1991, 99, 2000, 01, 02, 04, 05, 06, 07
8	ARMY	1992, 93, 94, 95, 96, 97, 98, 08
1	NAVY	2003

PATRIOT LEAGUE COACHES

MATT CENTROWITZ, AMERICAN

Years at American.....	10
Overall Years of Head Coaching	10

TROY ENGLE, ARMY

Years at Army.....	First
Overall Years of Head Coaching	12

KEVIN DONNER, BUCKNELL

Years at Bucknell	8
Overall Years of Head Coaching	23

ART MCKINNON, COLGATE MEN

Years at Colgate.....	18
Overall Years of Head Coaching	24

LAURA NARDELLI, COLGATE WOMEN

Years at Colgate.....	11
Overall Years of Head Coaching	17

JIM KAVANAGH, HOLY CROSS MEN

Years at Holy Cross.....	38
Overall Years of Head Coaching	38

EGETTA ALFONSO, HOLY CROSS WOMEN

Years at Holy Cross	7
Overall Years of Head Coaching	7

JULIO PIAZZA, LAFAYETTE

Years at Lafayette	22
Overall Years of Head Coaching	29

MATT UTESCH, LEHIGH

Years at Lehigh.....	11
Overall Years of Head Coaching	11

STEPHEN COOKSEY, NAVY MEN

Years at Navy.....	20
Overall Years of Head Coaching	25

CARLA CRISTE, NAVY WOMEN

Years at Navy.....	17
Overall Years of Head Coaching	17

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AMERICAN EAGLES

3.13-14	at Coastal Carolina Invite	NTS
3.21	at Navy Invitational (W)	4th of 4/0-3
3.28	at Navy Invitational (M)	4th of 4
	at Maryland Invitational (W)	11th of 14
4.1-4	at Texas Relays	NTS
4.3-4	at Duke Invitational	NTS
4.10-11	at Bison Outdoor Classic	NTS
4.18	at Morgan State Invitational	TBA
	at Mount St. Mary's Invitational	TBA
4.23-25	at Penn Relays	All Day
5.1-2	at Patriot League Championship #	All Day
5.9	at NYC Qualifying Challenge	All Day
5.11	at Last Chance Meet	All Day
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

ARMY BLACK KNIGHTS

3.20	at USF Bulls Invitational	NTS
3.27-28	Dick Shea Invitational	NTS
4.4	Penn Invitational (M/W)	NTS
	Auburn Track Classic (M/W)	NTS
4.11	at Navy *	M, W 117-85; W, L 116-87
4.17-18	at Larry Ellis Invitational	10 a.m.
4.23-25	at Penn Relays	All Day
4.26	at Yale Spring Invitational	TBA
5.1-2	Patriot League Championships #	All Day
5.15-17	at IC4A Championships (M)	TBA
	at ECAC Championships (W)	TBA
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

BUCKNELL BISON

3.28	at Maryland Invitational	M, 1st of 14; W, 3rd of 14
	at Susquehanna Invitational	NTS
4.3-4	at Colonial Relays	M, 3rd of 25; W, 5th of 25
4.10-11	Bison Outdoor Classic	NTS
4.18	Bucknell Team Challenge	TBA
4.25	at Red Flash Open	TBA
5.1-2	at Patriot League Championships #	All Day
5.15-17	at IC4A Championships (M)	TBA
	at ECAC Championships (W)	TBA
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

COLGATE RAIDERS

3.18-21	at Disney Invite (W)	NTS
3.28	at Navy Invitational (M)	3rd of 4
4.3-4	at Sam Howell Invitational	NTS
4.4	at Hamilton College (M)	NTS
4.10-11	at Bucknell Outdoor Classic	NTS
4.17	at Larry Ellis Invitational (W)	10 a.m.
4.18	at Holy Cross *	All Day
	at Moravian Invitational (W)	TBA
4.23-25	at Penn Relays	TBA
4.25	at Lehigh Games (W)	TBA
4.26	at Cornell	TBA
5.1-2	at Patriot League Championships #	TBA
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

HOLY CROSS CRUSADERS

3.21	at Husky Spring Invitational	NTS
3.28	at Bryant	NTS
4.4	at Wildcat Invitational	NTS
4.11	at Northeastern Invitational	NTS
4.15-16	Holy Cross Decathlon	Noon/11 a.m.
4.18	CCSU, 'Gate, Hartford, Maine Rensselaer, Vermont	All Day
4.21	UNH, Quinnipiac, URI, Worcester State (M)	TBA
4.26	at Brown Spring Invitational	TBA
5.1-2	at Patriot League Championships #	All Day
5.7-9	at New England Championships	10 a.m.
5.15-17	at IC4A Championships (M)	TBA
	at ECAC Championships (W)	TBA
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

LAFAYETTE LEOPARDS

3.28	Eight-Way Meet	M, 5th of 8; W, 6th of 8
4.5	Lehigh *	L, 115-88 (M); L, 108-95(W)
4.10-11	at Bison Outdoor Classic	NTS
4.17-18	at Larry Ellis Invitational	10 a.m.
4.23-25	at Penn Relays	All Day
4.25	at Lehigh Games	TBA
5.1-2	at Patriot League Championships	All Day
5.15-17	at IC4A Championships (M)	All Day
	at ECAC Championships (W)	All Day
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

LEHIGH MOUNTAIN HAWKS

3.26-28	at Winthrop Invitational	NTS
3.27-28	at Monmouth Season Opener	NTS
3.28	at Eight-Way Meet	M, 8th of 8; W, 8th of 8
4.5	at Lafayette *	W, 115-88 (M); W, 108-95 (W)
4.10-11	at Bison Outdoor Classic	NTS
4.17	at Larry Ellis Invitational	10 a.m.
4.18	at Moravian Invitational	TBA
4.23-25	at Penn Relays	All Day
4.25	Lehigh Games	TBA
5.1-2	at Patriot League Championships #	TBA
5.29-30	at NCAA Regionals	TBA
6.10-13	at NCAA Championships	TBA

NAVY MIDSHIPMEN

3.21	at Point Loma Invitational (M)	NTS
	Loyola (Md.), Maryland, American (W)	1st of 4/3-0
3.28	Colgate, Penn, American (M)	1st of 4
	at Towson Invitational (W)	NTS
4.3-4	at Colonial Relays (W)	13th of 25
	at Florida Relays (M)	NTS
4.11	Army *	M, L 117-85; W, W 116-87
4.17	at Larry Ellis Invitational (W)	10 a.m.
4.18	at Kloiber Invitational (W)	10 a.m.
4.23-25	at Penn Relays	All Day
5.1-2	at Patriot League Championships #	All Day
5.15-17	at IC4A Championships (M)	All Day
	at ECAC Championships (W)	All Day
5.29-30	at NCAA Regionals	All Day
6.10-13	at NCAA Championships	All Day

NTS - No Team Scoring

* - Patriot League Meet

- at West Point, N.Y.