



Today's Scholar-Athletes - Tomorrow's Leaders

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Patriot League Announces 2006 Women's Swimming and Diving All-League Teams

Champion Bucknell place League-high 12 on the first and second teams.

Center Valley, Pa. - The 2006 Patriot League Swimming and Diving Champions, Bucknell, placed a League-high 12 student-athletes on the First and Second All-Patriot League teams, while runner-up Colgate followed with nine. Army placed five, followed by Lafayette and Navy with four each. Lehigh and American rounded out the First and Second All-Patriot League teams with three and two respectively.

First-Team All-Patriot League status is automatically awarded to individual winners of each event. The First-Team is completed with the next highest point scores. Second-Team All-Patriot League automatically goes to runner-ups in each event. The Second-Team is completed with the highest remaining point scorers.

Patriot League Champion Bucknell posted six members on the First-Team All-Patriot League squad. Leading the way were senior **Lectie Altman** (Syracuse, N.Y.) and junior **Katherine Munson** (New Fairfield, Conn.). Altman earned First-Team honors for taking gold in the 200-yard backstroke, while Munson took gold in the 200-yard butterfly. Juniors **Rebecca Scheffter** (Mt. Airy, Md.) 48, **Nikki Woodward** (Longmeadow, Mass.) 46.5, **Carlyn Donley** (Pittsburgh, Pa.) 43 and **Laura Goeller** (Wilmington, Del.) 41 also earned First-Team All-Patriot League honors via points scored at the Patriot League Championship.

The Bison also put six members on the second-team, with sophomore **Meghan Brown** (Lewisburg, Pa.) placing second in the 1,650-yard freestyle and sophomores **Katalin Lyons** (Flemington, N.J.) 36, **Brittany Neligan** (Hempstead, N.Y.) 30, senior **Mary Krakowski** (Erie, Pa.) and freshmen **Ally St. Claire** (Silver Spring, Md.) 28 and **Nikki Seaman** (Cleveland, Ohio) 28 joining Brown based on points.

Leading Colgate was freshman **Emily Murphy** (Syracuse, N.Y.) Murphy won three events en route to First-Team honors. She won the 100-yard breaststroke and the 200-yard IM and breaststroke. Fellow freshman **Beverly Walker** (Marietta, Ga.) garnered First-Team honors for winning both the 100-yard butterfly and backstroke. Two other Raiders each won events to be named to the First-Team, senior **Chrissy Zaika** (Syracuse, N.Y.) and freshman **Lisa Marchi** (Scottsdale, Ariz.) won the 400-yard IM and the 100-yard freestyle, respectively. Marchi and Zaika were named Second-Team with Zaika earning silver in 100-yard butterfly and Marchi in the 200 and 500-yard freestyle.

The Raiders placed five members on the second-team for points scored at the championship meet. Freshman **Ashley Bottger** (Weston, Conn.) led the way with 36 points, followed by sophomores **Colby Seamans** (Naperville, Ill.) and **Kacy Reams** (Evanston, Ill.) who had 34 and 33 points, respectively. Seniors **Emily McAuliff** (Springfield, Ill.) 32 and **Amy Cole** (Loudonville, N.H.) 28 rounded out Colgate's All-Patriot League representation.

Army was lead by senior Diver of the Meet **Chelsea Haviland** (Thief River, Minn.). Haviland won both one and three-meter events. Freshman **Erin Hanley** (Colden, N.Y.) garnered First-Team honor for scoring 42 points at the championship meet.

The Black Knights placed three members on the Second-Team via scoring points at the championship. Sophomore **Chelsey** and **Cora Freeman** (Puyallup, Wash.) scored 40 and 36.5 points, respectively, while junior **Amanda Otto** (West Seneca, N.Y.) notched 30 points.

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American * Army * Bucknell * Colgate * Holy Cross * Lafayette * Lehigh * Navy

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Navy was lead by freshman **Kelly Zahalka** (Richmond, Va.), who was named to the First-Team for taking the gold in the 400-yard IM. Joining her on the First-Team was junior **Aubra Thomas** (Pittsburgh, Pa.) who earned 50 points at the Championship. Freshman **Jennie Spencer** (Smithburg, W. Va.) earned First-Team status for scoring 46.5 points. Sophomore diver **Katie Griffin** (Ellicott City, Md.) took second-team honors for picking up home a pair of silvers in both the one and three-meter diving events.

Lafayette sophomore **Liz Geary** (Boyertown, Pa.) led the Leopards earning First-Team honors with 42 points. Sophomore **Julie Sauer** (Rochester, N.Y.) earned second-team honors for taking silver in the 200-yard butterfly. Joining Sauer on the Second-Team were sophomore **Katie Kaczka** (South Plainfield, N.J.) 32 and senior **Tory Littlefield** (Duxbury, Mass.) 28.

Lehigh's three members were named Second-Team with junior **Betsy Balaguer** (Bel Air, Md.) leading the way. Balaguer scored 40 points at the Patriot League Championship followed by fellow junior **Julie Mitchell** (Cherry Hill, N.J.) (38), and senior **Linda Hendrixson** (West Chester, Pa.) earned 34 points.

American capped off the All-League squad and was lead by the Swimmer of the Meet, **Meghan Thiel** (Arlington, Va.), who was named to the first-team after winning gold in three events. The sophomore won the 200, 500, and 1,650-yard freestyle relay events. Junior teammate **Kaitlin Moughty** (Southbury, Conn.) also notched first-team honors for scoring 48 points at the championship.

The Patriot League, which was founded on the principles of admitting athletes who are academically representative of their class, is in its second decade of academic and athletic excellence. Participation in athletics at Patriot League institutions is viewed as an important component of the undergraduate experience. The Patriot League, which began as a successful Division I-AA football conference in 1986 and became an all-sport conference in 1990, includes American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy as full members and three associate members. These institutions are among the oldest and most prestigious in the nation and their alumni have played leadership roles in the shaping of our country. In the most recent NCAA Graduation Rate Report of student-athletes, the Patriot League ranked FIRST among NCAA Division I conferences.

2006 Women's Swimming and Diving First-Team All-Patriot League

Name	School	Cl.	Hometown	Event(s)
Lectie Altman	Bucknell	Sr.	Syracuse, N.Y.	200 Backstroke
Chelsea Haviland	Army	Sr.	Thief River Falls, Minn.	Three-meter dive/One-meter dive
Lisa Marchi	Colgate	Fr.	Scottsdale, Ariz.	100 Freestyle
Katherine Munson	Bucknell	Jr.	New Fairfield, Conn.	200 Butterfly
Emily Murphy	Colgate	Fr.	Syracuse, N.Y.	200 IM/100 Breaststroke/200 Breaststroke
Meghan Thiel	American	So.	Arlington, Va.	500 Freestyle/200 Freestyle/1,650 Freestyle
Beverly Walker	Colgate	Fr.	Marietta, Ga.	100 Butterfly/100 Backstroke
Kelly Zahalka	Navy	Fr.	Richmond, Va.	400 IM
Chrissy Zaika	Colgate	Sr.	Syracues, N.Y.	50 Freestyle

Name	School	Cl.	Hometown	Points
Aubra Thomas	Navy	Jr.	Pittsburgh, Pa.	50
Kaitlin Moughty	American	Jr.	Southbury, Conn.	48
Rebecca Scheffter	Bucknell	Jr.	Mt. Airy, Md.	48
Jennie Spencer	Navy	Fr.	Smithburg, W.Va.	46.5
Nikki Woodward	Bucknell	Jr.	Longmeadow, Mass.	44
Carlyn Donley	Bucknell	Jr.	Pittsburgh, Pa.	43
Liz Geary	Lafayette	So.	Boyertown, Pa.	42
Erin Hanley	Army	Fr.	Colden, N.Y.	42
Laura Goeller	Bucknell	Jr.	Wilmington, Del.	41

2006 Women's Swimming and Diving Second-Team All-Patriot League

Name	School	Cl.	Hometown	Event(s)
Meghan Brown	Bucknell	So.	Lewisburg, Pa.	1,650 Freestyle
Katie Griffin	Navy	So.	Ellicott City, Md.	Three-meter dive/One-meter dive
Julie Sauer	Lafayette	So.	Rochester, N.Y.	200 Butterfly

Name	School	Cl.	Hometown	Points
Chelsey Freeman	Army	So.	Puyallup, Wash.	40
Betsy Balaguer	Lehigh	Jr.	Bel Air, Md.	40
Julie Mitchell	Lehigh	Jr.	Cherry Hill, N.J.	38
Cora Freeman	Army	So.	Puyallup, Wash.	36.5
Katalin Lyons	Bucknell	So.	Flemington, N.J.	36
Ashley Bottger	Colgate	Fr.	Weston, Conn.	36
Linda Hendrixson	Lehigh	Sr.	West Chester, Pa.	34
Colby Seamans	Colgate	So.	Naperville, Ill.	34
Kacy Reams	Colgate	So.	Evanston, Ill.	33
Emily McAuliff	Colgate	Sr.	Springfield, Ill.	32
Katie Kaczka	Lafayette	So.	Sout Plainfield, N.J.	32
Brittany Neligan	Bucknell	So.	Hempstead, N.Y.	30
Amanda Otto	Army	Jr.	West Seneca, N.Y.	30
Mary Krakowski	Bucknell	Sr.	Erie, Pa.	29.5
Tory Littlefield	Lafayette	Sr.	Duxbury, Mass.	28
Amy Cole	Colgate	Sr.	Loudonville, N.H.	28
Ally St. Claire	Bucknell	Fr.	Silver Spring, Md.	28
Nikki Seaman	Bucknell	Fr.	Cleveland, Ohio	28