

PATRIOT LEAGUE SWIMMING & DIVING 2009-10



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AMERICAN • ARMY • BUCKNELL • COLGATE • HOLY CROSS • LAFAYETTE • LEHIGH • NAVY

MALE SWIMMER OF THE WEEK

ADAM MEYER, NAVY *Sr., Bethesda, Md.*

Meyer led the Midshipmen to a 156-133 win over UMBC Saturday with his three first-place finishes and a second-place finish in the 200 medley relay. Meyer won the 100 butterfly (51.31) and 200 butterfly (1:50.98), as well as the 200 IM (1:52.84). In the 200 IM, Meyer recorded the fastest fly leg of the race by 0.22 seconds.



FEMALE SWIMMER OF THE WEEK

TARA CHAPMON, NAVY *Sr., Virginia Beach, Va.*

Chapmon led the Midshipmen to a 166-134 win over UMBC Saturday with three individual wins and a first-place finish in the 400 freestyle relay. She won the 200 freestyle (1:52.04), 500 freestyle (5:00.72) and 1,000 freestyle (10:21.11).



MALE DIVER OF THE WEEK

BRYAN GENTZ, NAVY *Jr., Baltimore, Md.*

Gentz helped the Midshipmen defeat UMBC 156-133 with his first- and second-place dives Saturday. Gentz placed first on the 3-meter dive with 273.15 points, while taking second on the 1-meter dive with 265.20 points.



FEMALE DIVER OF THE WEEK

LINDSEY ADAO, ARMY *Sr., New City, N.Y.*

Adao won her third straight Female Diver of the Week award with her first- and second-place performances in a 166.5-127.5 win over Massachusetts Saturday. Adao placed first in the 3-meter dive with 224.55 points and second in the 1-meter with 214.57.



Oct. 27, 2009

UPCOMING SCHEDULE

Wednesday, October 28

Siena at Holy Cross 7 p.m.

Friday, October 30

Howard at American All Day

Saturday, October 31

Holy Cross vs. Springfield	1 p.m.
Colgate at Lehigh * (M)	2 p.m.
Duquesne at Bucknell	2 p.m.
Georgetown at Lafayette	2 p.m.
Lafayette at Loyola (Md.)	2 p.m.
Saint Francis (Pa.) at Bucknell (W)	2 p.m.
Seton Hall vs. Lafayette	2 p.m.

*- Patriot League Meet

LATEST RESULTS

Saturday, October 24

Army 183, Massachusetts 117 (M)
 Massachusetts 166.5, Army 127.5 (W)
 Penn State 92, Colgate 21 (W)
 West Virginia 74, Colgate 39 (W)
 Navy 156, UMBC 133 (M)
 Navy 166, UMBC 134 (W)
 Lehigh 179, West Chester 121 (M)
 West Chester 165, Lehigh 132 (W)
 Bucknell 166, George Mason 132 (M)
 Bucknell 185, George Mason 115 (W)

Sunday, October 18

Fairfield 166, Holy Cross 120 (M)
 Fairfield 167, Holy Cross 133 (W)

Saturday, October 17

Army at Syracuse InvitationalNTS
 American vs. Catholic, George Washington ..NTS
 Lehigh 155, Providence 67 (M)
 Lehigh 152, Providence 71 (W)
 Lehigh 143, Holy Cross 92 (M)
 Lehigh 136, Holy Cross 113 (W)

Friday, October 16

Army at Syracuse InvitationalNTS
 American vs. Catholic, George Washington ..NTS
 Johns Hopkins at Navy(M) W 145-11; (W) W 156-99

Saturday, October 10

Navy 164, George Mason 125 (M)
 Navy 166, George Mason 129 (W)
 Navy 161, Loyola (Md.) 109 (M)
 Navy 210, Loyola (Md.) 85 (W)

Friday, October 9

Army 193, Stony Brook 83 (M)
 Army 180, Boston College 116 (M)
 Army 153, Stony Brook 147 (W)
 Vermont 171, Army 129 (W)
 Boston College 162, Army 138 (W)

NTS: No team score

HONORABLE MENTION

PERFORMANCES LAST WEEK

ALYSSA TRAN, ARMY

Fr., Yorba Linda, Calif.

Tran earned three first-place finishes in Army's win over Massachusetts. She placed first in the 50 and 100 freestyle and 200 IM.

DANIEL FLETCHER, BUCKNELL

Sr., Cedar Grove, N.J.

Fletcher led the Bison to a 166-132 win over George Mason with first place wins in 100 backstroke, 100 freestyle and 200 IM.

ALLISON FITZPATRICK, BUCKNELL

So., Baltimore, Md.

FitzPatrick led the women's team to a 185-115 over George Mason Saturday, placing second in the 1-meter dive and third in the 3-meter dive. Her 3-meter score of 251.48 was the third best score in school history.

KEVIN MCGRATH, LEHIGH

Sr., South Hamilton, Mass.

McGrath led the Mountain Hawks to a 179-121 win over West Chester, earning three individual first-place victories in the 100 and 200 breaststroke and the 200 IM.

"TODAY'S SCHOLAR-ATHLETES, TOMORROW'S LEADERS"

The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

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MEDIA SERVICES

PATRIOT LEAGUE ON THE WEB

www.patriotleague.com

PatriotLeague.com features the latest news and stories on all eight Patriot League members. In addition, the site also contains the 2009 Patriot League media guide, up-to-date statistics, schedules, results and archives.

WEEKLY RELEASE

Media can access a downloadable Adobe Acrobat PDF file of the complete Patriot League weekly volleyball release on the Patriot League Volleyball page.

E-MAIL DISTRIBUTION

Media may contact the Patriot League office to be included on the Patriot League's e-mail lists for volleyball releases and information (or any of the Patriot League's sports). Please contact Patriot League Media Relations Assistant Jimmy Johnson (fjohnson@patriotleague.com/610.289.1960) with requests or questions.

PATRIOT LEAGUE NOTEBOOK

NAVY MEN, COLGATE WOMEN SELECTED TO REPEAT

The Navy men's and the Colgate women's swimming and diving teams were unanimously selected to repeat as the Patriot League Champions in the 2009-10 League Preseason Poll, announced on Oct. 6. Both teams collected 14 of 16 first-place votes as the coaches and sports information directors are not permitted to vote for their own school. In the men's poll, Navy collected 98 points. Army was second with two first-place votes and 80 points, followed by Bucknell (78 points), Colgate (57) and Lehigh (53). Lafayette was sixth with 41 points and American (27) and Holy Cross (14) rounded out the poll. Colgate also earned 98 points to take the top spot, followed by Navy (86). Bucknell finished third in the voting with 74 points, while Army (59) and Lehigh (42) rounded out the top five. American (39) edged out Lafayette (36) for sixth place, and Holy Cross (14) was selected to finish eighth. The Navy men's team will be searching for its seventh straight League title — and seventh overall — while the Colgate women will look for their third straight.

BACK FOR MORE

The four major award winners from last season return to try and repeat in 2009-10. Navy boasts three of the four returning award winners with Adam Meyer, Tara Chapmon and Olaf Olson. Meyer was named the Male Swimmer of the Year and Olson was the Male Diver of the Year. Chapmon, who competed at the NCAA Championships, was the Female Swimmer of the Year. Also returning from last season is Army's Lindsey Adao, who was the Female Diver of the Year.

2008-09 RECAP

The Navy men and Colgate women retained their titles as Patriot League Swimming and Diving Champions last season. With 1,031.5 overall points, Navy set a Patriot League record for the most points earned in a Patriot League Championship Meet. The previous record was 1,009 points, set by Army at the 1997 title meet. The Colgate women won the championship with 862 overall points, just three points shy of the League Championship Meet record of 865, set by Navy in 1995. Twenty-eight Patriot League records were set over the course of the three-day meet. The 2009-10 Championships will be held all day on Feb. 18-20 at Navy.

NINE LEAGUE TEAMS, THREE STUDENTS HONORED BY CSCAA

Nine Patriot League teams and three student-athletes were honored by the College Swimming Coaches Association of America (CSCAA) with Scholar All-American awards last season. Team Scholar-American awards are presented to squads with team GPAs of 3.0 or better. Individual Scholar All-Americans must possess a 3.5 GPA or better, while also qualifying for the NCAA Championships. Six Patriot League schools were among the 109 women's teams honored. Lafayette, which compiled a team GPA of 3.48, had the eighth-best team GPA among NCAA Division I women's teams. Other Patriot League women's squads honored were American (3.44), Bucknell (3.44), Lehigh (3.29), Colgate (3.17) and Navy (3.09). The top two team GPAs in NCAA Division I men's swimming came from the Patriot League. American sported a nation-best 3.54 team GPA, while Lafayette claimed a 3.45 team mark. Also honored was Bucknell with a 3.11 GPA. Receiving individual honors was Navy's Tara Chapmon, who was named a First-Team Women's Swimming Division I Scholar All-American. Navy's James Lascara and Mark Meyer were named Men's Swimming Division I Honorable Mention Scholar All-Americans.

ALL-TIME PATRIOT LEAGUE CHAMPIONS

MEN

9	ARMY	1992, 1993, 1994, 1995, 1996, 1997, 1998, 2000, 2001
6	NAVY	2004, 2005, 2006, 2007, 2008, 2009
2	LEHIGH	1999, 2002
1	BUCKNELL	2003
1	FORDHAM	1991

WOMEN

9	NAVY	1992, 1993, 1994, 1995, 1996, 1997, 1999, 2002, 2007
4	BUCKNELL	2003, 2004, 2005, 2006
3	LEHIGH	1998, 2000, 2001
1	ARMY	1991
2	COLGATE	2008, 2009

TEAM NOTEBOOKS



AMERICAN The Eagles were idle last week and will return to the pool this week when they host Howard on Friday. In its last event, American competed in a two-day meet with Catholic University and George Washington on Oct. 16 and 17. The Eagles claimed first-place in 13 of 26 events in the unscored meet. Dory Isaacs led the way with five individual wins, taking first in the 50 freestyle, 100 freestyle, 100 butterfly, 200 IM and 200 breaststroke. The men were led by Matt Pelletier, who took first place in the 100 butterfly and the 100 backstroke.



ARMY The Black Knights split decisions against Massachusetts Saturday with the men winning 183-117 and the women losing 166.5-127.5. Cody Reeb led the men's team, finishing first in both the 500 and 1,000 free with times of 4:41.47 and 9:42.42, respectively. Adao led the women's team, finishing first in the 3-meter dive with 224.55 points and second in the 1-meter with 214.57. Army will be idle this week and will return to action when it host Connecticut at 1 p.m. Nov. 7.



BUCKNELL The Bison swept the dual meet against George Mason on Saturday. The men's team won 166-132 and the women's won 185-115. Daniel Fletcher led the men, winning the 100 backstroke (51.76), 100 freestyle (46.53) and 200 IM (1:56.62). He also led the first-place 400 free relay team. Molly Goebel also had three individual wins, placing first in the 50 freestyle (24.05), 100 freestyle (53.15) and 100 butterfly (58.01). The Bison will host a tri-meet with Duquesne and Saint Francis (Pa.) at 2 p.m. Saturday.



COLGATE The Raiders' women's team opened its season with two losses in a tri-meet at Penn State Saturday. Colgate lost 92-21 to Penn State and 74-39 to West Virginia. The men's team will remain idle until Saturday when the Raiders travel to Lehigh to open their season with a League meet at 2 p.m.



HOLY CROSS The Crusaders were idle last week and the women will return to the pool at 7 p.m. Wednesday when they host Siena. The men will return on Saturday when they re-join the women's team and host Springfield at 1 p.m. The Crusaders opened their season on Oct. 17 with League losses to Lehigh, as the men lost 143-92 and the women lost 136-113. Holy Cross also lost to Fairfield on Oct. 18, with the men falling 166-120 and the women losing 167-133. Men's diver Adam DeVito shined over the two days, sweeping the 1- and 3-meter dives in both meets.



LAFAYETTE The Leopards were idle last week and will remain idle until they open their 2009-10 season on Saturday when Lafayette will host a tri-meet with Georgetown and Loyola (Md.).



LEHIGH The Mountain Hawks split decisions in a dual meet at West Chester Saturday with the men's team winning 179-121, while the women lost 165-132. Kevin McGrath led the men's team with four first-place finishers, including individual victories in the 100 breaststroke (59.57), 200 breaststroke (2:11.80) and 200 IM (1:58.81). The Lehigh men will return to the pool with a meet against Colgate at 2 p.m. Saturday, while the women's team will be idle until Nov. 7 when both teams will compete against Rider.



NAVY The Midshipmen men and women picked up wins Saturday against the University of Maryland-Baltimore County. The men won 156-133, while the women won 166-134. Adam Meyer fueled the men's victory with his three individual wins, as well as a second-place finish in the 200 medley relay. Meyer won the 100 butterfly (51.31), 200 butterfly (1:50.98) and 200 IM (1:52.84). Tara Chapmon also won three events — the 200 freestyle (1:52.04), 500 freestyle (5:00.72) and 1,000 freestyle (10:21.11). Navy will be idle this week and will return to the pool at noon on Nov. 7 with a quad-meet against Lafayette, Bucknell and American.

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PATRIOT LEAGUE COACHES

MARK DAVIN, AMERICAN

Year at American14th
Overall Year of Head Coaching.....14th

MICKEY WENDER, ARMY

Year at Army4th
Overall Year of Head Coaching.....18th

DAN SCHINNERER, BUCKNELL

Year at Bucknell4th
Overall Year of Head Coaching.....4th

STEPHEN JUNGBLUTH, COLGATE

Year at Colgate7th
Overall Year of Head Coaching.....8th

BARRY PARENTEAU, HOLY CROSS

Year at Holy Cross35th
Overall Year of Head Coaching.....35th

JIM DAILEY, LAFAYETTE

Year at Lafayette17th
Overall Year of Head Coaching.....17th

ROB HERB, LEHIGH

Year at Lehigh6th
Overall Year of Head Coaching.....6th

BILL ROBERTS, NAVY MEN

Year at Navy8th
Overall Year of Head Coaching.....10th

JOHN MORRISON, NAVY WOMEN

Year at Navy6th
Overall Year of Head Coaching.....9th

MEN'S PRESEASON POLL

1. Navy	98 (14)
2. Army	79 (2)
Bucknell	79
4. Colgate	57
5. Lehigh	53
6. Lafayette	41
7. American	27
8. Holy Cross	14

WOMEN'S PRESEASON POLL

1. Colgate	98 (14)
2. Navy	86 (2)
3. Bucknell	74
4. Army	59
5. Lehigh	42
6. American	39
7. Lafayette	36
8. Holy Cross	14

ATHLETES OF THE WEEK

MALE SWIMMER OF THE WEEK

10.13.09 DAN FOKY, *Army, Fr.*

10.20.09 BRODY BLICKLE, *Army, So.*

10.27.09 ADAM MEYER, *Navy, Sr.*

Four first-place finishes, two individual

Five first-place finishes, two individual

Three individual first-place finishes

FEMALE SWIMMER OF THE WEEK

10.13.09 TARA CHAPMON, *Navy, Sr.*

10.20.09 DORY ISAACS, *American, Jr.*

10.27.09 TARA CHAPMON, *Navy, Sr.*

Three first-place finishes, two individual

Five individual first-place finishes

Four first-place finishes, three individual

MALE DIVER OF THE WEEK

10.13.09 OLAF OLSON, *Navy, Jr.*

10.20.09 ADAM DeVITO, *Holy Cross, So.*

10.27.09 BRYAN GENTZ, *Navy, Jr.*

First place in 1- and 3-meter dives

Four first-place finishes

First place in 3-meter, second in 1-meter

FEMALE DIVER OF THE WEEK

10.13.09 LINDSEY ADAO, *Army, Sr.*

10.20.09 LINDSEY ADAO, *Army, Sr.*

10.27.09 LINDSEY ADAO, *Army, Sr.*

First place in 1- and 3-meter dives

First place in 1- and 3-meter dives

First place in 3-meter, second in 1-meter

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AMERICAN EAGLES

10.2	at Potomac Relay Invitational	(M) 5th/7; (W) 5th/7
10.16	at Catholic	NTS
	vs. George Washington	NTS
10.17	at Catholic	NTS
	vs. George Washington	NTS
10.3	Howard	All Day
11.7	at Navy *	noon
	vs. Bucknell *	noon
	vs. Lafayette *	noon
11.20-22	at George Mason Invitational	All Day
12.3-5	at Univ. of Virginia Invitational	All Day
12.29	at XV Ciudad de San Sebastian	All Day
1.15	Georgetown	2 p.m.
1.23	at George Mason	1 p.m.
	vs. Old Dominion	1 p.m.
	vs. Army *	1 p.m.
2.24	at Eagle Invitational	3 p.m.

ARMY BLACK KNIGHTS

10.9	Boston College	(M) W 180-116; (W) L 162-138
	Stony Brook	(M) W 193-83; (W) W 153-147
	Vermont	(W) L 171-129
10.16	at Syracuse Invitational	NTS
10.17	at Syracuse Invitational	NTS
10.24	Massachusetts	(M) W 183-117, (W) L 166.5-127.5
11.7	Connecticut	1 p.m.
11.11	at Holy Cross *	4 p.m.
11.20	at C.W. Post (W)	5 p.m.
11.21	at Columbia (M)	noon
12.3-6	at USA Short Course National Championships	TBA
12.4	at Galbraith Diving Invitational	10 a.m.
12.5-6	at International CAMO Diving Invitational	10 a.m.
12.1	at Navy *	7:15 p.m.
1.2	at San Juan Invitational	TBA
1.15	Lehigh *	5 p.m.
1.16	Bucknell *	1 p.m.
1.22	at Georgetown	5 p.m.
1.23	at George Mason	1 p.m.
	vs. American *	1 p.m.
	vs. Old Dominion	1 p.m.
1.30	at Colgate *	1 p.m.
	vs. Lafayette *	1 p.m.
2.6	Diving Invitational (West Point, N.Y.)	10 a.m.

BUCKNELL BISON

10.4	UMBC	NTS
10.24	George Mason	(M) 166-132, (W) W 185-115
10.31	Duquesne	2 p.m.
	Saint Francis (Pa.) (W)	2 p.m.
11.7	vs. American *	Noon
	at Navy *	Noon
	vs. Lafayette	Noon
11.13-14	at Princeton Invitational	All Day
12.4-6	at Bucknell Open	10 a.m.
1.10	at Colgate *	1 p.m.
1.16	at Army *	1 p.m.
1.17	Columbia	1 p.m.
1.23	at Lehigh *	1 p.m.
1.30	at Navy Invitational	All Day

COLGATE RAIDERS

10.24	at Penn State (W)	L 92-21
10.24	vs. West Virginia (W)	L 74-39
10.31	at Lehigh (M) *	2 p.m.
11.7	at Boston College	Noon
11.8	at Boston University	1:30 p.m.
11.22	at Dartmouth	11 a.m.
1.10	Bucknell *	1 p.m.
1.16	Cornell	1 p.m.
1.23	at Binghamton	1 p.m.
1.24	Massachusetts	11 a.m.
1.30	Army *	1 p.m.
1.30	Lafayette *	1 p.m.

HOLY CROSS CRUSADERS

10.17	Lehigh *	(M) L 143-92; (W) L 136-113
10.18	at Fairfield	(M) L 166-120; (W) L 167-133
10.28	Siena (W)	7 p.m.
10.31	Springfield	1 p.m.
11.11	Army *	4 p.m.
11.20-22	at Terrier Invitational	6 p.m.
12.4	at Harold Anderson Invitational	5 p.m.
12.5	at Harold Anderson Invitational	10 a.m.
1.20	at Bryant	6 p.m.
1.22-23	at Worcester City Championship	6 p.m.
1.30	Providence	1 p.m.
2.4	at Boston College (M)	TBA

LAFAYETTE LEOPARDS

10.31	Georgetown	2 p.m.
	at Loyola (Md.)	2 p.m.
10.31	vs. Seton Hall	2 p.m.
11.7	vs. American *	Noon
11.7	vs. Bucknell *	Noon
11.7	at Navy *	Noon
11.2	at Lehigh *	12:30 p.m.
1.5	at Winter Training Trip	All Day
1.16	Stony Brook	2 p.m.
1.3	vs. Army *	1 p.m.
1.3	at Colgate *	1 p.m.

LEHIGH MOUNTAIN HAWKS

10.17	at Holy Cross *	(M) W 143-92; (W) W 136-113
	at Providence	(M) W 155-67; (W) W 152-71
10.24	at West Chester	(M) W 179-121, (W) L 165-132
10.31	Colgate (M) *	2 p.m.
11.7	Rider	10 a.m.
11.8	NJIT	12:30 p.m.
11.2	Lafayette *	12:30 p.m.
1.10	Marist	1 p.m.
1.15	at Army *	5 p.m.
1.23	Bucknell *	1 p.m.
2.6	at Penn State	1 p.m.

NAVY MIDSHIPMEN

10.2	Air Force (Divers only)	NTS
10.10	George Mason	(M) W 164-125; (W) W 166-129
	Loyola (Md.)	(M) W 161-109; (W) W 210-85
10.16	Johns Hopkins	(M) W 145-11; (W) W 156-99
10.24	at UMBC	(M) W 156-133; (W) W 166-134
11.6	at Drexel (Divers only)	4 p.m.
11.7	American *	Noon
	Bucknell *	Noon
	Lafayette *	Noon
11.19-21	at Terrapin Invitational (W)	All Day
11.21	Brown (M)	11 a.m.
	at Dartmouth (M)	11 a.m.
12.10	Army *	7:15 p.m.
1.2-4	at Georgia Diving Invitational	All Day
1.10	at Maryland (M)	1 p.m.
1.16	at Vermont (W)	Noon
1.23	at Yale	Noon
1.29	Virginia	4 p.m.
1.30	Navy Invitational	Noon
2.5	Columbia	2 p.m.

NTS - No Team Scoring

* - Patriot League Meets

All Times and Dates Subject to Change