

PATRIOT LEAGUE SWIMMING & DIVING 2009-10



PATRIOT LEAGUE SWIMMING AND DIVING CONTACT Jimmy Johnson, Media and External Relations Assistant
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AMERICAN • ARMY • BUCKNELL • COLGATE • HOLY CROSS • LAFAYETTE • LEHIGH • NAVY

MALE SWIMMER OF THE WEEK

BRODY BLICKLE, ARMY *So., Northville, Mich.*

Blickle picked up five first-place honors at the Syracuse Invitational, including individual wins in the 100 backstroke (52.90) and the 200 butterfly (1:56.87). He also earned first-place victories in the 200 and 400 medley relays, as well as the 200 free relay. Blickle was the runner-up in the 200 individual medley and placed third in the 50 freestyle.



FEMALE SWIMMER OF THE WEEK

DORY ISAACS, AMERICAN *Jr., San Jose, Calif.*

Isaacs won five individual events against Catholic University and George Washington. She posted a career-best time of 2:24.90 in the 200 breaststroke, while also placing first in the 200 individual medley (2:11.38), 50 freestyle (25.00), 100 butterfly (59.47) and the 100 freestyle (53.95). She also placed third in the 100 backstroke.



MALE DIVER OF THE WEEK

ADAM DeVITO, HOLY CROSS *So., Walpole, Mass.*

DeVito placed first in four diving events over the weekend. He won both the 1- and 3-meter dives against Lehigh and Fairfield. Against Lehigh, he earned 263.47 points on the 1-meter dive and 234.68 on the 3-meter. He was awarded 260.83 points on the 1-meter and 252.60 on the 3-meter against Fairfield.



FEMALE DIVER OF THE WEEK

LINDSEY ADAO, ARMY *Sr., New City, N.Y.*

Adao won her second straight Female Diver of the Week award, placing first in both the 1- and 3-meter dives at the Syracuse Invitational. She earned 233.90 points in the 1-meter dive, while getting 232.30 points in the 3-meter. She has not lost an event on the boards this season.



Oct. 20, 2009

UPCOMING SCHEDULE

Saturday, October 24

Massachusetts at Army2 p.m.
Lafayette at Alumni Swim Meet10 a.m.
Colgate at Penn State12 p.m.
Colgate vs. West Virginia12 p.m.
Navy at UMBC12 p.m.
Lehigh at West Chester12:30 p.m.
George Mason at Bucknell1 p.m.

Wednesday, October 28

Siena at Holy Cross7 p.m.

Friday, October 30

Howard at American All Day

Saturday, October 31

Colgate at Lehigh (M) 2 p.m.
Duquesne at Bucknell 2 p.m.
Georgetown at Lafayette 2 p.m.
Lafayette at Loyola (Md.) 2 p.m.
Saint Francis (Pa.) at Bucknell (W) 2 p.m.
Seton Hall vs. Lafayette 2 p.m.

*- Patriot League Meet

LATEST RESULTS

Sunday, October 18

Fairfield 166, Holy Cross 120 (M)
Fairfield 167, Holy Cross 133 (W)

Saturday, October 17

Army at Syracuse InvitationalNTS
American vs. Catholic, George Washington ...NTS
Lehigh 155, Providence 67 (M)
Lehigh 152, Providence 71 (W)
Lehigh 143, Holy Cross 92 (M)
Lehigh 136, Holy Cross 113 (W)

Friday, October 16

Army at Syracuse InvitationalNTS
American vs. Catholic, George Washington ...NTS
Johns Hopkins at Navy(M) W 145-11; (W) W 156-99

Saturday, October 10

Navy 164, George Mason 125 (M)
Navy 166, George Mason 129 (W)
Navy 161, Loyola (Md.) 109 (M)
Navy 210, Loyola (Md.) 85 (W)

Friday, October 9

Army 193, Stony Brook 83 (M)
Army 180, Boston College 116 (M)
Army 153, Stony Brook 147 (W)
Vermont 171, Army 129 (W)
Boston College 162, Army 138 (W)

NTS: No team score

HONORABLE MENTION

PERFORMANCES LAST WEEK

ALYSSA TRAN, ARMY

Fr., Yorba Linda, Calif.

Tran earned three first-place finishes at the Syracuse Invitational, winning the 50 freestyle, 100 butterfly and the 200 medley relay.

ADAM MEYER, NAVY

Sr., Bethesda, Md.

Meyer recorded four first-place finishes, including two individual wins in the 50 butterfly and the 200 IM. He also led the 200 and 400 medley relay teams to victory.

KEVIN MCGRATH, LEHIGH

Sr., South Hamilton, Mass.

McGrath led the Mountain Hawks to a 2-0 record over the weekend, picking up three first-place finishes — 200 IM, 200 breast-stroke and the 400 freestyle. He also led two 200 medley relay teams to victory.

"TODAY'S SCHOLAR-ATHLETES, TOMORROW'S LEADERS"

The Patriot League continually demonstrates that student-athletes can excel at both academics and athletics without sacrificing its high standards. The Patriot League's athletic success is achieved while its member institutions remain committed to its founding principle of admitting and graduating student-athletes that are academically representative of their class. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.

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MEDIA SERVICES

PATRIOT LEAGUE ON THE WEB

www.patriotleague.com

PatriotLeague.com features the latest news and stories on all eight Patriot League members. In addition, the site also contains the 2009 Patriot League media guide, up-to-date statistics, schedules, results and archives.

WEEKLY RELEASE

Media can access a downloadable Adobe Acrobat PDF file of the complete Patriot League weekly volleyball release on the Patriot League Volleyball page.

E-MAIL DISTRIBUTION

Media may contact the Patriot League office to be included on the Patriot League's e-mail lists for volleyball releases and information (or any of the Patriot League's sports). Please contact Patriot League Media Relations Assistant Jimmy Johnson (fjohnson@patriotleague.com/610.289.1960) with requests or questions.

PATRIOT LEAGUE NOTEBOOK

NAVY MEN, COLGATE WOMEN SELECTED TO REPEAT

The Navy men's and the Colgate women's swimming and diving teams were unanimously selected to repeat as the Patriot League Champions in the 2009-10 League Preseason Poll, announced on Oct. 6. Both teams collected 14 of 16 first-place votes as the coaches and sports information directors are not permitted to vote for their own school. In the men's poll, Navy collected 98 points. Army was second with two first-place votes and 80 points, followed by Bucknell (78 points), Colgate (57) and Lehigh (53). Lafayette was sixth with 41 points and American (27) and Holy Cross (14) rounded out the poll. Colgate also earned 98 points to take the top spot, followed by Navy (86). Bucknell finished third in the voting with 74 points, while Army (59) and Lehigh (42) rounded out the top five. American (39) edged out Lafayette (36) for sixth place, and Holy Cross (14) was selected to finish eighth. The Navy men's team will be searching for its seventh straight League title — and seventh overall — while the Colgate women will look for their third straight.

BACK FOR MORE

The four major award winners from last season return to try and repeat in 2009-10. Navy boasts three of the four returning award winners with Adam Meyer, Tara Chapmon and Olaf Olson. Meyer was named the Male Swimmer of the Year and Olson was the Male Diver of the Year. Chapmon, who competed at the NCAA Championships, was the Female Swimmer of the Year. Also returning from last season is Army's Lindsey Adao, who was the Female Diver of the Year.

2008-09 RECAP

The Navy men and Colgate women retained their titles as Patriot League Swimming and Diving Champions last season. With 1,031.5 overall points, Navy set a Patriot League record for the most points earned in a Patriot League Championship Meet. The previous record was 1,009 points, set by Army at the 1997 title meet. The Colgate women won the championship with 862 overall points, just three points shy of the League Championship Meet record of 865, set by Navy in 1995. Twenty-eight Patriot League records were set over the course of the three-day meet. The 2009-10 Championships will be held all day on Feb. 18-20 at Navy.

NINE LEAGUE TEAMS, THREE STUDENTS HONORED BY CSCAA

Nine Patriot League teams and three student-athletes were honored by the College Swimming Coaches Association of America (CSCAA) with Scholar All-American awards last season. Team Scholar-American awards are presented to squads with team GPAs of 3.0 or better. Individual Scholar All-Americans must possess a 3.5 GPA or better, while also qualifying for the NCAA Championships. Six Patriot League schools were among the 109 women's teams honored. Lafayette, which compiled a team GPA of 3.48, had the eighth-best team GPA among NCAA Division I women's teams. Other Patriot League women's squads honored were American (3.44), Bucknell (3.44), Lehigh (3.29), Colgate (3.17) and Navy (3.09). The top two team GPAs in NCAA Division I men's swimming came from the Patriot League. American sported a nation-best 3.54 team GPA, while Lafayette claimed a 3.45 team mark. Also honored was Bucknell with a 3.11 GPA. Receiving individual honors was Navy's Tara Chapmon, who was named a First-Team Women's Swimming Division I Scholar All-American. Navy's James Lascara and Mark Meyer were named Men's Swimming Division I Honorable Mention Scholar All-Americans.

ALL-TIME PATRIOT LEAGUE CHAMPIONS

MEN

9	ARMY	1992, 1993, 1994, 1995, 1996, 1997, 1998, 2000, 2001
6	NAVY	2004, 2005, 2006, 2007, 2008, 2009
2	LEHIGH	1999, 2002
1	BUCKNELL	2003
1	FORDHAM	1991

WOMEN

9	NAVY	1992, 1993, 1994, 1995, 1996, 1997, 1999, 2002, 2007
4	BUCKNELL	2003, 2004, 2005, 2006
3	LEHIGH	1998, 2000, 2001
1	ARMY	1991
2	COLGATE	2008, 2009

TEAM NOTEBOOKS



AMERICAN The Eagles competed in a two-day event with Catholic University and George Washington on Friday and Saturday. The Eagles claimed first-place in 13 of 26 events in the unscored meet. Dory Isaacs led the way with five individual wins, taking first in the 50 freestyle, 100 freestyle, 100 butterfly, 200 IM and 200 breaststroke. The men were led by Matt Pelletier, who took first place in the 100 butterfly and the 100 backstroke. American is idle this week and will return to the pool when it hosts Howard on Oct. 30.



ARMY The Black Knights competed at the unscored Syracuse Invitational over the weekend with men's swimmer Brody Bickle and women's diver Lindsey Adao leading the way. Bickle recorded five first-place finishes, including two individual wins in the 100 backstroke and the 200 butterfly. Adao won the 1- and 3-meter dives. Women's swimmer Alyssa Tran also had a successful weekend, picking up two individual wins in the 50 freestyle and 100 butterfly. Army will host Massachusetts next at 2 p.m. Saturday.



BUCKNELL The Bison were idle last week and will return to the pool this week when they host George Mason at 1 p.m. Saturday. In its last event, Bucknell competed in an unscored meet against UMBC on Oct. 2. Luke Trafton led the men's swimming team with two first-place finishes in the 500 and 1,000 free. David Magaro also had two first-place finishes for the men's diving team. Lauren Russell had three first-place finishes in for the women's swimming team, while Rebecca Bersani had a top finish for the women's diving team.



COLGATE The Raiders' women's team will open its season this Saturday when it travels to State College, Pa., to compete in a tri-meet at Penn State with West Virginia. The men's team will remain idle until Oct. 31 when the Raiders travel to Lehigh to open their season with a League meet at 2 p.m.



HOLY CROSS The Crusaders opened their season Saturday with League losses to Lehigh, as the men lost 143-92 and the women lost 136-113. Holy Cross also lost to Fairfield on Sunday, with the men falling 166-120 and the women losing 167-133. Men's diver Adam DeVito shined over the two days, sweeping the 1- and 3-meter dives in both meets. Holy Cross will be idle this week with the women returning to the pool at 7 p.m. Oct. 28 when they host Siena. The men will return on Oct. 31 when they re-join the women's team and host Springfield at 1 p.m.



LAFAYETTE The Leopards were idle last week and will remain idle until they open their 2009-10 season on Oct. 31 when Lafayette will host a tri-meet with Georgetown and Loyola (Md.).



LEHIGH The Mountain Hawks opened their season with two wins on both the men's and women's side. The men defeated Holy Cross 143-92 and Providence 155-67, while the women won 136-113 over Holy Cross and 152-71 over Providence. Kevin McGrath led the men with three first-place finishes, including two individual wins in the 200 IM and the 200 breaststroke. Priscilla Barletta won the 200 IM and the 200 freestyle for the women's team. Lehigh will return to action at 12:30 p.m. Saturday at West Chester.



NAVY The Midshipmen men and women picked up wins Friday against Johns Hopkins to improve to 3-0. The men won 145-11, while the women won 156-99. Allison Ranzau led the women with first-place finishes in the 50 freestyle, 400 freestyle and the 400 freestyle relay. Adam Meyer recorded two individual wins — 50 butterfly and 200 IM — and two relay wins for the men's team. Navy will be back in action at noon Saturday when it hosts the University of Maryland-Baltimore County.

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PATRIOT LEAGUE COACHES

MARK DAVIN, AMERICAN

Year at American14th
Overall Year of Head Coaching.....14th

MICKEY WENDER, ARMY

Year at Army4th
Overall Year of Head Coaching.....18th

DAN SCHINNERER, BUCKNELL

Year at Bucknell4th
Overall Year of Head Coaching.....4th

STEPHEN JUNGBLUTH, COLGATE

Year at Colgate7th
Overall Year of Head Coaching.....8th

BARRY PARENTEAU, HOLY CROSS

Year at Holy Cross35th
Overall Year of Head Coaching.....35th

JIM DAILEY, LAFAYETTE

Year at Lafayette17th
Overall Year of Head Coaching.....17th

ROB HERB, LEHIGH

Year at Lehigh6th
Overall Year of Head Coaching.....6th

BILL ROBERTS, NAVY MEN

Year at Navy8th
Overall Year of Head Coaching.....10th

JOHN MORRISON, NAVY WOMEN

Year at Navy6th
Overall Year of Head Coaching.....9th

MEN'S PRESEASON POLL

1. Navy	98 (14)
2. Army	79 (2)
Bucknell	79
4. Colgate	57
5. Lehigh	53
6. Lafayette	41
7. American	27
8. Holy Cross	14

WOMEN'S PRESEASON POLL

1. Colgate	98 (14)
2. Navy	86 (2)
3. Bucknell	74
4. Army	59
5. Lehigh	42
6. American	39
7. Lafayette	36
8. Holy Cross	14

ATHLETES OF THE WEEK

MALE SWIMMER OF THE WEEK

10.13.09 DAN FOKY, *Army, Fr.*

10.20.09 BRODY BLICKLE, *Army, So.*

Four first-place finishes, two individual
Five first-place finishes, two individual

FEMALE SWIMMER OF THE WEEK

10.13.09 TARA CHAPMON, *Navy, Sr.*

10.20.09 DORY ISAACS, *American, Jr.*

Three first-place finishes, two individual
Five individual first-place finishes

MALE DIVER OF THE WEEK

10.13.09 OLAF OLSON, *Navy, Jr.*

10.20.09 ADAM DEVITO, *Holy Cross, So.*

First place in 1- and 3-meter dives
Four first-place finishes

FEMALE DIVER OF THE WEEK

10.13.09 LINDSEY ADAO, *Army, Sr.*

10.20.09 LINDSEY ADAO, *Army, Sr.*

First place in 1- and 3-meter dives
First place in 1- and 3-meter dives

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AMERICAN EAGLES

10.2	at Potomac Relay Invitational	(M) 5th/7; (W) 5th/7
10.16	at Catholic	NTS
	vs. George Washington	NTS
10.17	at Catholic	NTS
	vs. George Washington	NTS
10.3	Howard	All Day
11.7	at Navy *	noon
	vs. Bucknell *	noon
	vs. Lafayette *	noon
11.20-22	at George Mason Invitational	All Day
12.3-5	at Univ. of Virginia Invitational	All Day
12.29	at XV Ciudad de San Sebastian	All Day
1.15	Georgetown	2 p.m.
1.23	at George Mason	1 p.m.
	vs. Old Dominion	1 p.m.
	vs. Army *	1 p.m.
2.24	at Eagle Invitational	3 p.m.

ARMY BLACK KNIGHTS

10.9	Boston College	(M) W 180-116; (W) L 162-138
	Stony Brook	(M) W 193-83; (W) W 153-147
	Vermont	(W) L 171-129
10.16	at Syracuse Invitational	NTS
10.17	at Syracuse Invitational	NTS
10.24	Massachusetts	2 a.m.
11.7	Connecticut	1 p.m.
11.11	at Holy Cross *	4 p.m.
11.20	at C.W. Post (W)	5 p.m.
11.21	at Columbia (M)	noon
12.3-6	at USA Short Course National Championships	TBA
12.4	at Galbraith Diving Invitational	10 a.m.
12.5-6	at International CAMO Diving Invitational	10 a.m.
12.1	at Navy *	7:15 p.m.
1.2	at San Juan Invitational	TBA
1.15	Lehigh *	5 p.m.
1.16	Bucknell *	1 p.m.
1.22	at Georgetown	5 p.m.
1.23	at George Mason	1 p.m.
	vs. American *	1 p.m.
	vs. Old Dominion	1 p.m.
1.30	at Colgate *	1 p.m.
	vs. Lafayette *	1 p.m.
2.6	Diving Invitational (West Point, N.Y.)	10 a.m.

BUCKNELL BISON

10.4	UMBC	NTS
10.24	George Mason	1 p.m.
10.31	Duquesne	2 p.m.
	Saint Francis (Pa.) (W)	2 p.m.
11.7	vs. American *	Noon
	at Navy *	Noon
	vs. Lafayette	Noon
11.13-14	at Princeton Invitational	All Day
12.4-6	at Bucknell Open	10 a.m.
1.10	at Colgate *	1 p.m.
1.16	at Army *	1 p.m.
1.17	Columbia	1 p.m.
1.23	at Lehigh *	1 p.m.
1.30	at Navy Invitational	All Day

COLGATE RAIDERS

10.24	at Penn State (W)	Noon
10.24	vs. West Virginia (W)	Noon
10.31	at Lehigh (M) *	2 p.m.
11.7	at Boston College	Noon
11.8	at Boston University	1:30 p.m.
11.22	at Dartmouth	11 a.m.
1.10	Bucknell *	1 p.m.
1.16	Cornell	1 p.m.
1.23	at Binghamton	1 p.m.
1.24	Massachusetts	11 a.m.
1.30	Army *	1 p.m.
1.30	Lafayette *	1 p.m.

HOLY CROSS CRUSADERS

10.17	Lehigh *	(M) L 143-92; (W) L 136-113
10.18	at Fairfield	(M) L 166-120; (W) L 167-133
10.28	Siena (W)	7 p.m.
10.31	Springfield	1 p.m.
11.11	Army *	4 p.m.
11.20-22	at Terrier Invitational	6 p.m.
12.4	at Harold Anderson Invitational	5 p.m.
12.5	at Harold Anderson Invitational	10 a.m.
1.20	at Bryant	6 p.m.
1.22-23	at Worcester City Championship	6 p.m.
1.30	Providence	1 p.m.
2.4	at Boston College (M)	TBA

LAFAYETTE LEOPARDS

10.31	Georgetown	2 p.m.
	at Loyola (Md.)	2 p.m.
10.31	vs. Seton Hall	2 p.m.
11.7	vs. American *	Noon
11.7	vs. Bucknell *	Noon
11.7	at Navy *	Noon
11.2	at Lehigh *	12:30 p.m.
1.5	at Winter Training Trip	All Day
1.16	Stony Brook	2 p.m.
1.3	vs. Army *	1 p.m.
1.3	at Colgate *	1 p.m.

LEHIGH MOUNTAIN HAWKS

10.17	at Holy Cross *	(M) W 143-92; (W) W 136-113
	at Providence	(M) W 155-67; (W) W 152-71
10.24	at West Chester	12:30 p.m.
10.31	Colgate (M) *	2 p.m.
11.7	Rider	10 a.m.
11.8	NJIT	12:30 p.m.
11.2	Lafayette *	12:30 p.m.
1.10	Marist	1 p.m.
1.15	at Army *	5 p.m.
1.23	Bucknell *	1 p.m.
2.6	at Penn State	1 p.m.

NAVY MIDSHIPMEN

10.2	Air Force (Divers only)	NTS
10.10	George Mason	(M) W 164-125; (W) W 166-129
	Loyola (Md.)	(M) W 161-109; (W) W 210-85
10.16	Johns Hopkins	(M) W 145-11; (W) W 156-99
10.24	at UMBC	Noon
11.6	at Drexel (Divers only)	4 p.m.
11.7	American *	Noon
	Bucknell *	Noon
	Lafayette *	Noon
11.19-21	at Terrapin Invitational (W)	All Day
11.21	Brown (M)	11 a.m.
	at Dartmouth (M)	11 a.m.
12.10	Army *	7:15 p.m.
1.2-4	at Georgia Diving Invitational	All Day
1.10	at Maryland (M)	1 p.m.
1.16	at Vermont (W)	Noon
1.23	at Yale	Noon
1.29	Virginia	4 p.m.
1.30	Navy Invitational	Noon
2.5	Columbia	2 p.m.

NTS - No Team Scoring

* - Patriot League Meets

All Times and Dates Subject to Change