

# PAC-10 WOMEN'S SWIMMING & DIVING

## PAC-10 TEAM CHAMPIONS

1987	STANFORD
1988	STANFORD
1989	STANFORD
1990	STANFORD
1991	STANFORD
1992	STANFORD
1993	STANFORD
1994	STANFORD
1995	STANFORD
1996	STANFORD
1997	STANFORD
1998	STANFORD
1999	STANFORD
2000	ARIZONA
2001	UCLA
2002	STANFORD
2003	UCLA
2004	STANFORD
2005	STANFORD
2006	ARIZONA
2007	ARIZONA
2008	ARIZONA

## PAC-10 CHAMPIONSHIP RESULTS

### 1987 (Los Angeles, Calif.)

1.	STANFORD	1452
2.	USC	1237.5
3.	UCLA	1121.5
4.	ARIZONA STATE	1003.5
5.	CALIFORNIA	987
6.	ARIZONA	685.5
7.	WASHINGTON	408
8.	WASHINGTON STATE	256
9.	OREGON STATE	234

### 1988 (Beaverton, Ore.)

1.	STANFORD	1545.5
2.	CALIFORNIA	1206
3.	UCLA	1039
4.	USC	1016.5
5.	ARIZONA STATE	972
6.	ARIZONA	744
7.	WASHINGTON	406.5
8.	OREGON STATE	254
9.	WASHINGTON STATE	246

### 1989 (Cerritos, Calif.)

1.	STANFORD	1633
2.	CALIFORNIA	1237.5
3.	UCLA	1002
4.	USC	977.5
5.	ARIZONA STATE	874
6.	ARIZONA	820
7.	WASHINGTON	320.5
8.	OREGON STATE	279.5
9.	WASHINGTON STATE	253

### 1990 (Los Angeles, Calif.)

1.	STANFORD	1717
2.	CALIFORNIA	1238
3.	UCLA	1143
4.	ARIZONA STATE	1075
5.	USC	936
6.	ARIZONA	682
7.	WASHINGTON	362
8.	OREGON STATE	318
9.	WASHINGTON STATE	277

### 1991 (Seattle, Wash.)

1.	STANFORD	1640
2.	CALIFORNIA	1364
3.	UCLA	1221.5
4.	ARIZONA STATE	860
5.	ARIZONA	835
6.	USC	739.5
7.	OREGON STATE	376
8.	WASHINGTON STATE	286
9.	WASHINGTON	281

### 1992 (Long Beach, Calif.)

1.	STANFORD	1804
2.	UCLA	1176.5
3.	USC	1132
4.	CALIFORNIA	1126
5.	ARIZONA STATE	734
6.	ARIZONA	577
7.	WASHINGTON	497
8.	WASHINGTON STATE	413.5
9.	OREGON STATE	253

### 1993 (Long Beach, Calif.)

1.	STANFORD	1577
2.	UCLA	1323
3.	CALIFORNIA	1211
4.	ARIZONA STATE	1013
5.	USC	720.5
6.	ARIZONA	695
7.	WASHINGTON	518
8.	WASHINGTON STATE	328
9.	OREGON STATE	232

### 1994 (Long Beach, Calif.)

1.	STANFORD	1632
2.	ARIZONA STATE	1186
3.	USC	1162.5
4.	UCLA	1072
5.	CALIFORNIA	830
6.	WASHINGTON	568
7.	ARIZONA	529
8.	WASHINGTON STATE	290
9.	OREGON STATE	236.5

### 1995 (Federal Way, Wash.)

1.	STANFORD	1586
2.	UCLA	1149.50
3.	USC	1050.50
4.	ARIZONA STATE	966.50
5.	ARIZONA	860
6.	CALIFORNIA	595
7.	WASHINGTON	499
8.	OREGON STATE	290
9.	WASHINGTON STATE	230.50

### 1996 (Long Beach, Calif.)

1.	STANFORD	1760
2.	UCLA	1160.50
3.	USC	1109
4.	ARIZONA	813
5.	CALIFORNIA	766.50
6.	ARIZONA STATE	669
7.	WASHINGTON	588
8.	OREGON STATE	317
9.	WASHINGTON STATE	308

### 1997 (Seattle, Wash.)

1.	STANFORD	1573
2.	USC	1205
3.	ARIZONA	1090.50
4.	CALIFORNIA	911
5.	UCLA	862
6.	ARIZONA STATE	833.50
7.	WASHINGTON	478
8.	WASHINGTON STATE	822
9.	OREGON STATE	243

### 1998 (Long Beach, Calif.)

1.	STANFORD	1405.5
2.	USC	1210.5
3.	ARIZONA	1060.5
4.	CALIFORNIA	927.5
5.	UCLA	899.0
6.	ARIZONA STATE	712.0
7.	WASHINGTON	413.5
8.	WASHINGTON STATE	298.5
9.	OREGON STATE	233.0

### 1999 (Federal Way, Wash.)

1.	STANFORD	1533
2.	USC	1177
3.	CALIFORNIA	1155.50
4.	ARIZONA	1136.50
5.	UCLA	856.50
6.	ARIZONA STATE	634.50
7.	WASHINGTON	456.50
8.	WASHINGTON STATE	372.50
9.	OREGON STATE	229.50

### 2000 (Long Beach, Calif.)

1.	ARIZONA	1325.0
2.	STANFORD	1197.0
3.	CALIFORNIA	1182.0
4.	UCLA	1043.0
5.	USC	975.5
6.	ARIZONA STATE	877.0
7.	WASHINGTON	460.0
8.	WASHINGTON STATE	322.0
9.	OREGON STATE	291.5

### 2001 (Federal Way, Wash.)

1.	UCLA	1338.0
2.	ARIZONA	1289.5
3.	USC	1112.5
4.	STANFORD	1085.5
5.	CALIFORNIA	1001.5
6.	ARIZONA STATE	853.0
7.	WASHINGTON STATE	432.0
8.	WASHINGTON	365.0
9.	OREGON STATE	285.0

### 2002 (Long Beach, Calif.)

1.	STANFORD	1320.5
2.	USC	1197.5
3.	ARIZONA	1151.5
4.	CALIFORNIA	1096.0
5.	UCLA	1064.0
6.	ARIZONA STATE	818.5
7.	OREGON STATE	477.0
8.	WASHINGTON	449.5
9.	WASHINGTON STATE	401.5

### 2003 (Federal Way, Wash.)

1.	UCLA	1399.0
2.	STANFORD	1308.0
3.	USC	1138.0
4.	ARIZONA	1013.0
5.	CALIFORNIA	940.5
6.	ARIZONA STATE	765.0
7.	WASHINGTON	578.5
8.	OREGON STATE	544.0
9.	WASHINGTON STATE	299.0

### 2004 (Long Beach, Calif.)

1.	STANFORD	1380.0
2.	UCLA	1329.0
3.	ARIZONA	1221.5
4.	CALIFORNIA	1117.5
5.	ARIZONA STATE	863.0
6.	USC	806.5
7.	OREGON STATE	405.5
8.	WASHINGTON	396.0
9.	WASHINGTON STATE	278.0

### 2005 (Federal Way, Wash.)

1.	STANFORD	1499.0
2.	ARIZONA	1237.0
3.	CALIFORNIA	1088.5
4.	UCLA	986.0
5.	USC	954.5
6.	ARIZONA STATE	926.5
7.	OREGON STATE	504.5
8.	WASHINGTON	468.0
9.	WASHINGTON STATE	334.0

### 2006 (Long Beach, Calif.)

1.	ARIZONA	1325.5
2.	UCLA	1246.5
3.	STANFORD	1227.0
4.	USC	1162.5
5.	CALIFORNIA	1082.5
6.	ARIZONA STATE	670.5
7.	OREGON STATE	483.5
8.	WASHINGTON	414.0
9.	WASHINGTON STATE	399.0

### 2007 (Long Beach, Calif.)

1.	ARIZONA	1481.5
2.	STANFORD	1410.0
3.	CALIFORNIA	1355.0
4.	UCLA	1024.5
5.	USC	826.0
6.	ARIZONA STATE	544.0
7.	OREGON STATE	471.0
8.	WASHINGTON	411.0
9.	WASHINGTON STATE	378.0

### 2008 (Long Beach, Calif.)

1.	ARIZONA	1501.0
2.	STANFORD	1472.0
3.	CALIFORNIA	1262.0
4.	UCLA	938.0
5.	USC	779.0
6.	ARIZONA STATE	727.5
7.	WASHINGTON	623.0
8.	OREGON STATE	377.0
9.	WASHINGTON STATE	337.5

# PAC-10 WOMEN'S SWIMMING & DIVING

## PAC-10 INDIVIDUAL CHAMPIONS

### 50-Yard Freestyle

1987	Jenna Johnson, STAN	23.30
1988	Jenna Johnson, STAN	23.50
1989	Jenny Susser, UCLA	23.46
1990	Kristin Stoudt, UCLA	23.36
1991	Crissy Ahmann-Leighton, ARIZ	23.22
1992	Jenny Thompson, STAN	22.64
1993	Richelle Depold, UCLA	22.58
1994	Jenny Thompson, STAN	22.61
1995	Claudia Franco, STAN	22.85
1996	Jessica Tong, STAN	22.94
1997	Ashley Tappin, ARIZ	22.93
1998	Catherine Fox, STAN	22.69
1999	Catherine Fox, STAN	22.81
2000	Catherine Fox, STAN	22.76
2001	Haley Cope, CAL	22.32
2002	Lacey Boutwell, STAN	22.73
2003	Natalie Coughlin, CAL	22.05
2004	Lacy Boutwell, STAN	22.60
2005	Lacy Boutwell, STAN	22.63
2006	Brooke Bishop, STAN	22.62
2007	Lara Jackson, ARIZ	22.05
	Dana Vollmer, STAN	22.05
2008	Lara Jackson, ARIZ	22.04

### 100-Yard Freestyle

1987	Aimee Berzins, STAN	50.83
1988	Jenna Johnson, STAN	50.30
1989	Jenna Johnson, STAN	50.10
1990	Kristin Stoudt, UCLA	49.93
1991	Crissy Ahmann-Leighton, ARIZ	50.11
1992	Jenny Thompson, STAN	48.99
1993	Jenny Thompson, STAN	49.22
1994	Jenny Thompson, STAN	49.18
1995	Jenny Thompson, STAN	49.14
1996	Jessica Tong, STAN	49.84
1997	Catherine Fox, STAN	49.18
1998	Catherine Fox, STAN	49.24
1999	Keiko Price, UCLA	49.54
2000	Catherine Fox, STAN	49.37
2001	Haley Cope, CAL	49.27
2002	Sarah Tolar, ARIZ	49.32
2003	Natalie Coughlin, CAL	47.42
2004	Natalie Coughlin, CAL	47.87
2005	Lacey Boutwell, STAN	48.85
2006	Courtney Cashion, ARIZ	48.59
2007	Emily Silver, CAL	48.16
2008	Lacey Nymeyer, ARIZ	48.20

### 200-Yard Freestyle

1987	Aimee Berzins, STAN	1:48.78
1988	Frances O'Leary, ARIZ	1:48.07
1989	Sarah Anderson, CAL	1:48.19
1990	Sarah Anderson, CAL	1:47.83
1991	Sarah Anderson, CAL	1:47.67
1992	Jenny Thompson, STAN	1:45.31
1993	Jenny Thompson, STAN	1:46.71
1994	Ayako Nakano, USC	1:46.91
1995	Ashley Tappin, ARIZ	1:47.32
1996	Lisa Jacob, STAN	1:47.69
1997	Lindsay Benko, USC	1:47.85
1998	Lindsay Farella, ARIZ	1:47.41
1999	Lindsay Benko, USC	1:47.70
2000	Sarah Tolar, ARIZ	1:46.86
2001	Lauren Thies, STAN	1:46.36
2002	Natalie Coughlin, CAL	1:43.30
2003	Kim Harada, WASH	1:46.87
2004	Florencia Szigeti, ASU	1:46.46
2005	Emily Silver, CAL	1:46.71
2006	Erin Reilly, CAL	1:45.70
2007	Emily Silver, CAL	1:44.37
2008	Kate Dwelley, STAN	1:45.09

### 500-Yard Freestyle

1987	Dana Anderson, STAN	4:48.05
1988	Cheryl Simmons, ARIZ	4:43.53
1989	Sarah Anderson, CAL	4:43.41
1990	Janet Evans, STAN	4:43.74
1991	Janet Evans, STAN	4:44.07
1992	Natalie Norberg, UCLA	4:46.02
1993	Jane Skillman, STAN	4:45.62
1994	Lisa Jacob, STAN	4:47.89
1995	Chris Jeffrey, ASU	4:46.97
1996	Lindsay Benko, USC	4:42.25
1997	Laurie Kline, ARIZ	4:43.78
1998	Trina Jackson, ARIZ	4:39.96
1999	Lindsay Benko, USC	4:42.72
2000	Jessica Foschi, STAN	4:40.37
2001	Jessica Foschi, STAN	4:39.74
2002	Emily Mason, ARIZ	4:38.79
2003	Kaitlin Sandeno, USC	4:39.50
2004	Kalyn Keller, USC	4:37.76
2005	Emily Mason, ARIZ	4:41.21
2006	Kalyn Keller, USC	4:41.89
2007	Elizabeth Durot, STAN	4:41.47
2008	Kim Jasmer, WASH	4:41.51

### 1650-Yard Freestyle

1987	Leslie Daland, USC	16:23.36
1988	Cheryl Simmons, ARIZ	16:13.91
1989	Sarah Anderson, CAL	16:13.81
1990	Janet Evans, STAN	15:53.77
1991	Janet Evans, STAN	16:02.92
1992	Katherine Comanor, STAN	16:22.12
1993	Katherine Comanor, STAN	16:27.41
1994	Heather Ballard, USC	16:25.58
1995	Amy Oberhelman, STAN	16:20.93
1996	Sarah Anderson, STAN	16:21.87
1997	Laurie Kline, ARIZ	16:12.02
1998	Trina Jackson, ARIZ	15:57.73
1999	Trina Jackson, ARIZ	16:20.50
2000	Jessica Foschi, STAN	16:12.16
2001	Jessica Foschi, STAN	16:05.68
2002	Jessica Foschi, STAN	16:08.46
2003	Kaitlin Sandeno, USC	15:54.41
2004	Kalyn Keller, USC	15:48.99
2005	Kalyn Keller, USC	16:12.80
2006	Katie Nelson, UCLA	16:18.00
2007	Katie Nelson, UCLA	16:09.08
2008	Lauren Boyle, CAL	16:03.51

### 100-Yard Backstroke

1987	Michelle Donahue, STAN	56.64
1988	Michelle Donahue, STAN	56.32
1989	Kristin Kuhlman, CAL	57.70
1990	Kristin Kuhlman, CAL	56.87
1991	Kristy Heydanek, UCLA	56.39
1992	Lea Loveless, STAN	54.00
1993	Lea Loveless, STAN	53.90
1994	Lea Loveless, STAN	53.00
1995	Jessica Tong, STAN	55.15
1996	Jessica Tong, STAN	54.49
1997	Catherine Fox, STAN	53.75
1998	Catherine Fox, STAN	53.01
1999	Marylyn Chiang, CAL	53.50
2000	Shelly Ripple, STAN	53.20
2001	Misty Hyman, STAN	53.52
2002	Natalie Coughlin, CAL	50.71
2003	Beth Botsford, ARIZ	53.21
2004	Natalie Coughlin, CAL	51.91
2005	Katie Arnold, UCLA	53.22
2006	Jenna Gresdal, ARIZ	53.05
2007	Lauren Rogers, CAL	53.48
2008	Lauren Rogers, CAL	51.80

### 200-Yard Backstroke

1987	Michelle Donahue, STAN	1:59.23
1988	Laurie McLean, STAN	2:00.83
1989	Michelle Donahue, STAN	2:01.30
1990	Susannah Miller, STAN	2:01.29

1991	Dede Trimble, STAN	2:01.77
1992	Lea Loveless, STAN	1:55.46
1993	Lea Loveless, STAN	1:55.73
1994	Lea Loveless, STAN	1:54.13
1995	Anna Simcic, CAL	1:58.02
1996	Lindsay Benko, USC	1:56.80
1997	Hope Gittings, USC	1:56.71
1998	Misty Hyman, STAN	1:54.84
1999	Lindsay Benko, USC	1:56.56
2000	Beth Botsford, ARIZ	1:54.45
2001	Natalie Coughlin, CAL	1:52.73
2002	Natalie Coughlin, CAL	1:50.90
2003	Beth Botsford, ARIZ	1:55.24
2004	Jessica Hayes, ARIZ	1:56.41
2005	Jo Fargus, USC	1:55.87
2006	Helen Silver, CAL	1:55.12
2007	Julia Smit, STAN	1:54.88
2008	Lauren Rogers, CAL	1:55.53

### 100-Yard Breaststroke

1987	Susan Rapp, STAN	1:04.30
1988	Hiroko Nagasaki, CAL	1:03.46
1989	Susan Lenth, STAN	1:04.48
1990	Lori Heisick, STAN	1:02.71
1991	Lori Heisick, STAN	1:03.15
1992	Lori Heisick, STAN	1:02.54
1993	Beata Kaszuba, ASU	1:01.87
1994	Kristine Quance, USC	1:01.28
1995	Beata Kaszuba, ASU	1:01.61
1996	Elin Austovall, STAN	1:01.87
1997	Lindsay Etter, UCLA	1:01.64
1998	Lindsay Etter, UCLA	1:01.28
1999	Elin Austevoll, STAN	1:01.01
2000	Staciana Stitts, CAL	1:00.31
2001	Tara Kirk, STAN	59.58
2002	Tara Kirk, STAN	58.68
2003	Tara Kirk, STAN	58.41
2004	Tara Kirk, STAN	59.14
2005	Annie Babicz, CAL	1:01.12
2006	Rebecca Soni, USC	1:00.10
2007	Jessica Hardy, CAL	59.56
2008	Rebecca Soni, USC	58.98

### 200-Yard Breaststroke

1987	Susan Rapp, STAN	2:17.12
1988	Hiroko Nagasaki, CAL	2:14.80
1989	Jill Johnson, STAN	2:18.24
1990	Lori Heisick, STAN	2:15.82
1991	Lori Heisick, STAN	2:15.35
1992	Lori Heisick, STAN	2:14.37
1993	Beata Kaszuba, ASU	2:13.04
1994	Kristine Quance, USC	2:09.88
1995	Beata Kaszuba, ASU	2:12.32
1996	Elin Austovall, STAN	2:12.78
1997	Kristine Quance, USC	2:11.60
1998	Elin Austevoll, STAN	2:11.18
1999	Elin Austevoll, STAN	2:11.51
2000	Amanda Beard, ARIZ	2:10.41
2001	Tara Kirk, STAN	2:08.54
2002	Agnes Kovacs, ASU	2:07.75
2003	Tara Kirk, STAN	2:07.37
2004	Tara Kirk, STAN	2:07.13
2005	Caroline Bruce, STAN	2:09.76
2006	Rebecca Soni, USC	2:08.16
2007	Caroline Bruce, STAN	2:09.32
2008	Rebecca Soni, USC	2:06.11

### 100-Yard Butterfly

1987	Mary T. Meagher, CAL	54.17
1988	Jenna Johnson, STAN	54.11
1989	Chrissy Ahmann, ARIZ	54.97
1990	Janel Jorgensen, STAN	54.33
1991	Crissy Ahmann-Leighton, ARIZ	53.62
1992	Janel Jorgensen, STAN	53.36
1993	Janel Jorgensen, STAN	53.70
1994	Jenny Thompson, STAN	53.67
1995	Jenny Thompson, STAN	54.65

# PAC-10 WOMEN'S SWIMMING & DIVING

1996	Annette Salmeen, UCLA	54.59
1997	Catherine Fox, STAN	53.27
1998	Misty Hyman, STAN	53.35
1999	Misty Hyman, STAN	52.38
2000	Joscelin Yeo, CAL	52.90
2001	Misty Hyman, STAN	51.83
2002	Shelly Ripple, STAN	52.16
2003	Natalie Coughlin, CAL	51.50
2004	Dana Kirk, STAN	52.30
2005	Caitlin Andrew, ASU	52.64
2006	Dana Kirk, STAN	52.29
2007	Dana Vollmer, CAL	50.80
2008	Dana Vollmer, CAL	51.25

## 200-Yard Butterfly

1987	Mary T. Meagher, CAL	1:57.54
1988	Micki Ward, UCLA	2:00.17
1989	Michelle Griglione, STAN	2:01.76
1990	Janel Jorgensen, STAN	1:58.75
1991	Summer Sanders, STAN	1:57.39
1992	Summer Sanders, STAN	1:53.28
1993	Janel Jorgensen, STAN	1:56.97
1994	Becky Crowe, STAN	1:59.50
1995	Jean Todisco, USC	1:59.89
1996	Anette Salmeen, UCLA	1:57.00
1997	Jean Ellis Todisco, USC	1:59.72
1998	Misty Hyman, STAN	1:56.74
1999	Misty Hyman, STAN	1:56.44
2000	Shelly Ripple, STAN	1:56.50
2001	Misty Hyman, STAN	1:55.25
2002	Shelly Ripple, STAN	1:53.50
2003	Michala Kwasny, USC	1:55.75
2004	Kaitlin Sandeno, USC	1:56.06
2005	Dana Kirk, STAN	1:54.89
2006	Dana Kirk, STAN	1:56.64
2007	Elaine Breeden, STAN	1:52.99
2008	Elaine Breeden, STAN	1:52.27

## 200-Yard Individual Medley

1987	Michelle Griglione, STAN	2:03.16
1988	Suzy Buckovich, STAN	2:02.79
1989	Michelle Griglione, STAN	2:03.63
1990	Janel Jorgensen, STAN	2:02.81
1991	Janel Jorgensen, STAN	2:00.38
	Summer Sanders, STAN	
1992	Summer Sanders, STAN	1:59.34
1993	Janel Jorgensen, STAN	1:58.41
1994	Lea Loveless, STAN	1:59.01
1995	Jenny Thompson, STAN	2:00.30
1996	Chantal Rawn, STAN	2:02.82
1997	Kristine Quance, USC	1:59.17
1998	Elli Overton, CAL	1:58.25
1999	Marylyn Chiang, CAL	1:58.25
2000	Joscelin Yeo, CAL	1:57.14
2001	Shelly Ripple, STAN	1:57.83
2002	Shelly Ripple, STAN	1:56.64
2003	Michala Kwasny, USC	1:58.67
2004	Natalie Coughlin, CAL	1:54.95
2005	Caroline Bruce, STAN	1:58.40
2006	Kristen Caverly, STAN	1:58.54
2007	Julia Smit, STAN	1:55.38
2008	Ariana Kukors, WASH	1:55.48

## 400-Yard Individual Medley

1987	Michelle Griglione, STAN	4:18.78
1988	Monica Nielebeck, STAN	4:21.17
1989	Michelle Griglione, STAN	4:18.13
1990	Janet Evans, STAN	4:15.26
1991	Janet Evans, STAN	4:18.05
1992	Summer Sanders, STAN	4:07.27
1993	Kendra Thayer, STAN	4:15.29
1994	Chris Jeffrey, ASU	4:15.31
1995	Chris Jeffrey, ASU	4:14.21
1996	Kari Edwards, STAN	4:16.02
1997	Kristine Quance, USC	4:11.24
1998	Elli Overton, CAL	4:11.68
1999	Waen Minpraphal, CAL	4:13.78

2000	Elli Overton, CAL	4:11.53
2001	Michala Kwasny, USC	4:16.41
2002	Michala Kwasny, USC	4:09.48
2003	Kaitlin Sandeno, USC	4:09.14
2004	Kaitlin Sandeno, USC	4:05.74
2005	Caroline Bruce, STAN	4:10.31
2006	Whitney Myers, ARIZ	4:14.18
2007	Julia Smit, STAN	4:04.02
2008	Ariana Kukors, WASH	4:05.29

## 200-Yard Freestyle Relay

1987	ASU (Mills, Suttle, Allington, Leirvagg)	1:34.26
1988	STAN (Berzins, McLean, Smith, Rapp)	1:33.80
1989	ASU (Hendricks, Thompson, Osborne, Allington)	1:33.41
1990	CAL (Scott, Tidball, Kuhlman, Walker)	1:33.48
1991	UCLA (Vogt, Stoudt, Richardson, Suhadolnik)	1:33.66
1992	STAN (Loveless, Heisick, Sanders, Thompson)	1:40.74
1993	STAN (Edwards, Loveless, Jorgensen, Thompson)	1:31.60
1994	STAN (Edwards, Tong, O'Hanlon, Thompson)	1:31.58
1995	STAN (Bicknell, Gassner, Tong, Franco)	1:32.96
1996	STAN (Bicknell, Franco, Smith, Tong)	1:32.31
1997	ARIZ (Hosack, Kolbisen, Knapp, Tappin)	1:31.48
1998	STAN (Cropper, Hyman, Gassner, Fox)	1:30.98
1999	CAL (Mattos, Kolbisen, Omphroy, Chiang)	1:31.47
2000	CAL (Cope, Yeo, Riggs, Omphroy)	1:30.98
2001	CAL (Mattos, Coughlin, Harper, Cope)	1:30.78
2002	CAL (Stitts, Coughlin, Becks, Harper)	1:30.47
2003	CAL (Becks, Rockwell, Coughlin, Harper)	1:31.01
2004	UCLA (Vandenberg, Svahnstrom, Thurman, Platzer)	1:31.90
2005	ARIZ (Gresdal, Hayes, Smith, Cashion)	1:30.07
2006	ARIZ (Cashion, Gresdal, Turner, Nymeyer)	1:30.22
2007	ARIZ (Jackson, Nymeyer, Turner, Kelly)	1:28.71
2008	ARIZ (Darlington, Jackson, Baughman, Nymeyer)	1:28.60

## 400-Yard Freestyle Relay

1987	STAN (Berzins, McLean, Miller, Johnson)	3:23.01
1988	STAN (McLean, Buckovich, Berzins, Johnson)	3:21.48
1989	STAN (Johnson, Buckovich, Griglione, Berzins)	3:22.23
1990	UCLA (Gibbons, Herndon, Richardson, Stoudt)	3:23.29
1991	STAN (Sanders, Buckovich, Griglione, Jorgensen)	3:22.64
1992	STAN (Loveless, Heicisk, Sanders, Jorgensen)	3:40.12
1993	STAN (Edwards, Loveless, Jorgensen, Thompson)	3:19.85
1994	STAN (Jespersion, Tong, Edwards, Thompson)	3:18.95
1995	STAN (Franco, O'Hanlan, Tong, Thompson)	3:20.25
1996	STAN (Jacob, Gassner, Franco, Tong)	3:20.73

1997	STAN (Franco, Gassner, Smith, Fox)	3:18.34
1998	ARIZ (Hosack, Farella, Knapp, Kolbisen)	3:17.20
1999	CAL (Chiang, Kolbisen, Yeo, Omphroy)	3:17.66
2000	STAN (Rose, Cropper, Ripple, Fox)	3:17.78
2001	ARIZ (Vanker, Kilian, Tolar, Brennan)	3:18.39
2002	ARIZ (Vanker, Zimbone, Tolar, Brennen)	3:17.91
2003	STAN (Boutwell, Daly, Jones, Baumgartner)	3:19.82
2004	CAL (Coughlin, Becks, Burden, Medina)	3:18.25
2005	ARIZ (Hackett, Cashion, Gresdal, Nymeyer)	3:18.01
2006	ARIZ (Cashion, Gresdal, Baughman, Nymeyer)	3:16.60
2007	CAL (Reilly, Silver, Hardy, Vollmer)	3:13.60
2008	CAL (Kennedy, Wilson, Silver, Vollmer)	3:13.22

## 800-Yard Freestyle Relay

1987	STAN (Berzins, Griglione, Anderson, Johnson)	7:18.53
1988	CAL (Meyers, Walker, Anderson, Kriegsman)	7:19.70
1989	UCLA (Stoudt, Susser, Herndon, Smith)	7:21.13
1990	STAN (Smith, Evans Kraemer, Jorgensen)	7:18.79
1991	STAN (Mortensen, Evans, Marcoux, Jorgensen)	7:17.75
1992	STAN (Jorgensen, Blanchard, Kraemer, Thompson)	7:15.29
1993	STAN (Loveless, Skillman, Blanchard, Jacob)	7:18.92
1994	STAN (Jespersion, Tong, Skillman, Jacob)	7:14.01
1995	STAN (Jespersion, Jacob, Franco, Thompson)	7:18.74
1996	STAN (Oberhelman, Anderson, Edwards, Austovall)	7:17.19
1997	STAN (Rose, Jespersen, Smith, Franco)	7:14.92
1998	STAN (Rose, Hyman, Thies, Fox)	7:12.14
1999	STAN (Hyman, Berekynei, Ripple, Fox)	7:11.51
2000	STAN (Foschi, Rose, Ripple, Thies)	7:10.79
2001	STAN (Ripple, Hyman, Foschi, Thies)	7:10.289
2002	ARIZ (Hayes, Mason, Zimbone, Tolar)	7:10.14
2003	USC (Krohn, Kwasny, Pedder, Sandeno)	7:12.49
2004	CAL (Reilly, Chandler, Burden, Medina)	7:08.13
2005	CAL (Chandler, Reilly, Silver, Medina)	7:08.13
2006	CAL (Chandler, Andrews, Rogers, Reilly)	7:08.31
2007	CAL (Vollmer, Boyle, Ridgeway, Reilly)	7:05.59
2008	CAL (Vollmer, Boyle, Kennedy, Silver)	7:04.13

## 200-Yard Medley Relay

1987	STAN (Pokluda, Rapp, Johnson, Berzin)	1:43.59
1988	CAL (Kuhlman, Nagasaki, Walker, Tidball)	1:44.31
1989	STAN (Miller, S. Johnson, J. Johnson, Berzins)	

# PAC-10 WOMEN'S SWIMMING & DIVING

1990	STAN (Miller, Heisick, Buckovich, Jorgensen)	1:44.70
	.....	1:43.16
1991	UCLA (Heydanek, Richardson, Stoudt, Suhadolnik)	1:33.66
	.....	1:32.57
1992	STAN (Edwards, Sanders, Jorgensen, Thompson)	1:41.88
	.....	1:41.97
1993	STAN (Loveless, Heisick, Jorgensen, Thompson)	1:41.88
	.....	1:41.88
1994	STAN (Loveless, Higson, Thompson, Tong)	1:41.97
	.....	1:42.62
1995	STAN (McLaren, Allison, Thompson, Franco)	1:42.62
	.....	1:43.58
1996	STAN (Tong, Austovall, Jackson, Franco)	1:43.58
	.....	1:41.58
1997	STAN (Fox, Austevoll, Amey, Gassner)	1:41.58
	.....	1:41.42
1998	STAN (Hyman, Austevoll, Amey, Cropper)	1:41.42
	.....	1:39.84
1999	STAN (Ripple, Leatherwood, Hyman, Cropper)	1:39.84
	.....	1:39.27
2000	CAL (Cope, Stitts, Yeo, Omphroy)	1:39.27
	.....	1:39.58
2001	STAN (Champion, Kirk, Hyman, Ripple)	1:39.58
	.....	1:39.20
2002	CAL (Coughlin, Stitts, Henriques, Harper)	1:39.20
	.....	1:38.808
2003	STAN (Wagner, T. Kirk, D. Kirk, Jones)	1:38.808
	.....	1:39.87
2004	STAN (Baumgartner, T. Kirk, D. Kirk, Jones)	1:39.87
	.....	1:39.87
2005	STAN (Wagner, Bruce, D. Kirk, Bishop)	1:39.87
	.....	1:39.60
2006	ARIZ (Smith, Sieper, Jackson, Turner)	1:39.60
	.....	1:37.71
2007	STAN (O'Donnel-McCarthy, Brucs, Breeden, Bishop)	1:37.71
	.....	1:36.57
2008	ARIZ (DeGolia, Chandler, Jackson, Turner)	1:36.57

## 400-Yard Medley Relay

1987	STAN (Donahue, Rapp, Johnson, Berzins)	3:46.34
	.....	3:45.64
1988	STAN (Donahue, Rapp, Johnson, Berzins)	3:45.64
	.....	3:48.27
1989	STAN (Trimble, Lenth, Johnson, Berzins)	3:48.27
	.....	3:46.27
1990	STAN (Mahoney, Heisick, Buckovic, Jorgensen)	3:46.27
	.....	3:44.53
1991	ARIZ (O'Leary, King, Ahmann-Leighton, Carolin)	3:44.53
	.....	3:20.10
1992	STAN (Edwards, Jorgensen, Kraemer, Thompson)	3:20.10
	.....	3:39.94
1993	STAN (Mahoney, Heisick, Jorgensen, Thompson)	3:39.94
	.....	3:41.29
1994	STAN (Loveless, Blanchard, Thompson, Jacob)	3:41.29
	.....	3:45.23
1995	ASU (Jeffrey, Kaszuba, Urban, Toft)	3:45.23
	.....	3:41.39
1996	STAN (Tong, Austovall, Toledo, Franco)	3:41.39
	.....	3:39.46
1997	STAN (Fox, Austevoll, Amey, Franco)	3:39.46
	.....	3:38.13
1998	STAN (Fox, Austevoll, Hyman, Cropper)	3:38.13
	.....	3:36.30
1999	STAN (Fox, Austevoll, Hyman, Rose)	3:36.30
	.....	3:39.30
2000	CAL (Cope, Stitts, Yeo, Omphroy)	3:39.30
	.....	3:35.71
2001	STAN (Ripple, Kirk, Hyman, Thies)	3:35.71
	.....	3:36.54
2002	STAN (Wagner, Kirk, Ripple, Jones)	3:36.54
	.....	3:35.94
2003	STAN (Wagner, T. Kirk, D. Kirk, Boutwell)	3:35.94
	.....	3:35.93
2004	STAN (Baumgartner, D. Kirk, T. Kirk, Boutwell)	3:35.93

2005	STAN (Bishop, Bruce, D. Kirk, Boutwell)	3:35.93
	.....	3:36.29
2006	USC (McGregory, Soni, Goetsch, Jeffrey)	3:36.29
	.....	3:32.95
2007	CAL (Rogers, Hardy, Vollmer, Silver)	3:32.95
	.....	3:33.76
2008	ARIZ (DeGolia, Chandler, Agy, Nymeyer)	3:33.76

## PAC-10 INDIVIDUAL DIVING CHAMPIONS

### One-Meter

1987	Tracy Cox, ASU	439.25
1988	Katie Connors, STAN	458.90
1989	Karla Goltman, UCLA	458.00
1990	Katie Connors, STAN	410.85
1991	Eileen Richetelli, STAN	400.90
1992	Kristen Walls, UCLA	407.50
1993	Kristen Walls, UCLA	404.30
1994	Kristen Walls, UCLA	383.40
1995	Erin Simmons, UCLA	391.15
1996	Maria Elena Romero, USC	389.55
1997	Megan Gardner, STAN	411.20
1998	Dorte Lindner, USC	420.45
1999	Kellie Brennan, USC	431.85
2000	Kellie Brennan, USC	405.90
2001	Kellie Brennan, USC	317.00
2002	Blythe Hartley, USC	325.50
2003	Blythe Hartley, USC	332.85
2004	Cassidy Krug, STAN	289.65
2005	Blythe Hartley, USC	318.90
2006	Blythe Hartley, USC	358.45
2007	Cassidy Krug, STAN	293.45
2008	Sarah Ohr, STAN	302.05

### Three-Meter

1987	Tracy Cox, ASU	480.45
1988	Katie Connors, STAN	481.20
1989	Katie Connors, STAN	485.25
1990	Katie Connors, STAN	481.95
1991	Eileen Richetelli, STAN	496.20
1992	Eileen Richetelli, STAN	487.80
1993	Kristen Walls, UCLA	490.15
1994	Kristen Walls, UCLA	475.55
1995	Eileen Richetelli, STAN	464.60
1996	Amy Sloan, UCLA	450.75
1997	Natalya Chikina, USC	484.30
1998	Dorte Lindner, USC	540.15
1999	Kim Powers, STAN	538.10
2000	Erin Sones, STAN	486.67
2001	Kellie Brennan, USC	516.90
2002	Nicci Fusaro, USC	521.10
2003	Blythe Hartley, USC	606.20
2004	Trish Tumlinson, ASU	520.95
2005	Blythe Hartley, USC	543.20
2006	Blythe Hartley, USC	387.75
2007	Cassidy Krug, STAN	367.30
2008	Meg Hostage, STAN	300.90

### Platform

1988	Katie Connors, STAN	370.75
1989	Stella Kahn, STAN	342.55
1990	Jill Campbell, CAL	360.30
1991	Malia Lasley, UCLA	324.05
1992	Eileen Richetelli, STAN	373.85
1993	Eileen Richetelli, STAN	367.40
1994	Amy Pamer, ASU	326.55
1995	Eileen Richetelli, STAN	399.70
1996	Megan Gardner, STAN	393.55
1997	Megan Gardner, STAN	567.95
1998	Kim Powers, STAN	359.95
1999	Erin Sones, STAN	628.35
2000	Lindsay Berryman, ARIZ	434.40
2001	Erin Sones, STAN	491.30
2002	Nicci Fusaro, USC	474.60
2003	Blythe Hartley, USC	493.10

2004	Trish Tumlinson, ASU	433.65
2005	Trish Tumlinson, ASU	443.50
2006	Tiffany Manning, ARIZ	296.85
2007	Tess Schofield, UCLA	280.95
2008	Carly Smith, ARIZ	284.20

## PAC-10 ATHLETE OF THE YEAR

### Swimmer of the Year

1987	Mary T. Meagher, CAL
1988	Cheryl Simmons, ARIZ
	Jenna Johnson, STAN
1989	Michelle Griglione, STAN
	Sarah Anderson, CAL
1990	Janet Evans, STAN
1991	Crissy Ahmann-Leighton, ARIZ
	Summer Sanders, STAN
1992	Summer Sanders, STAN
1993	Janel Jorgenson, STAN
1994	Kristine Quance, USC
1995	Beata Kaszuba, ASU
	Jenny Thompson, STAN
1996	Kristine Quance, USC
1997	Kristine Quance, USC
1998	Misty Hyman, STAN
1999	Marylyn Chiang, CAL
2000	Haley Cope, CAL
2001	Natalie Coughlin, CAL
2002	Natalie Coughlin, CAL
2003	Natalie Coughlin, CAL
2004	Tara Kirk, STAN
2005	Caroline Bruce, STAN
2006	Whitney Myers, ARIZ
2007	Lacey Nymeyer, ARIZ
2008	Lacey Nymeyer, ARIZ

### Swimming Freshman/Newcomer of the Year

2000	Beth Botsford, ARIZ
2001	Natalie Coughlin, CAL
2002	Emily Mason, ARIZ
2003	Kim Vandenberg, UCLA
2004	Kalyn Keller, USC
2005	Caroline Bruce, STAN
2006	Rebecca Soni, USC
2007	Julia Smit, STAN
2008	Ariana Kukors, WASH

### Diver of the Year

1994	Kristen Walls, UCLA
1995	Eileen Richetelli, STAN
1996	Megan Gardner, STAN
1997	Megan Gardner, STAN
1998	Dorte Lindner, USC
1999	Lindsay Berryman, ARIZ
	Kim Powers, STAN
2000	Erin Sones, STAN
2001	Kellie Brennan, USC
2002	Blythe Hartley, USC
2003	Blythe Hartley, USC
2004	Trisha Tumlinson, ASU
2005	Blythe Hartley, USC
2006	Blythe Hartley, USC
2007	Cassidy Krug, STAN
2008	Meg Hostage, STAN

### Diving Freshman/Newcomer of the Year

2000	McKenze Murphy, STAN
2001	Nicci Fusaro, USC
2002	Blythe Hartley, USC
2003	Trisha Tumlinson, ASU
2004	Cassidy Krug, STAN
	Mary Yarrison, ARIZ
2005	Brittany Renfrow, UCLA
2006	Marisa Samaniego, UCLA



# PAC-10 WOMEN'S SWIMMING & DIVING

2007 Samantha Young, CAL  
2008 Meg Hostage, STAN

## PAC-10 COACH OF THE YEAR

### Swimming Coach of the Year

1987 George Haines, STAN  
1988 Dick Jochums, ARIZ  
1989 Richard Quick, STAN  
1990 Cyndi Gallagher, UCLA  
1991 Frank Busch, ARIZ  
1992 Richard Quick, STAN  
1993 Earl Ellis, WASH  
1994 Tim Hill, ASU  
1995 Richard Quick, STAN  
1996 Mark Schubert, USC  
1997 Mark Schubert, USC  
1998 Frank Busch, ARIZ  
1999 Teri McKeever, CAL  
2000 Frank Busch, ARIZ  
2001 Richard Quick, STAN  
2002 Teri McKeever, CAL  
2003 Cyndi Gallagher, UCLA  
2004 Frank Busch, ARIZ  
2005 Frank Busch, ARIZ  
2006 Frank Busch, ARIZ  
2007 Frank Busch, ARIZ  
2008 Frank Busch, ARIZ

### Diving Coach of the Year

1994 Ward O'Connell, ASU  
1995 Rich Schavone, STAN  
1996 Tom Scotty, UCLA  
1997 Rich Schavone, STAN  
1998 Jeff Shaffer, USC  
1999 Rick Schavone, STAN  
2000 Rick Schavone, STAN  
2001 Hongping Li, USC  
2002 Hongping Li, USC  
2003 Hongping Li, USC  
2004 Mark Bradshaw, ASU  
2005 Hongping Li, USC  
2006 Hongping Li, USC  
2007 Rick Schavone, STAN  
2008 Rick Schavone, STAN

## PAC-10 ALL-ACADEMIC

### 1991 First Team

Sarah Anderson, CAL  
Rebecca Bruch, UCLA  
Suzy Buckovich, STAN  
Janet Evans, STAN  
Melissa Graviss, CAL  
Kristin Heydaneck, UCLA  
Janae Lautenschlager, ASU  
Anne Mahoney, STAN  
Lorenza Munoz, CAL  
Trina Radke, CAL  
Sheryl Smith, UCLA  
Lisa Summers, CAL  
Dede Trimble, STAN  
Alicia Walker, CAL  
Sheri White, USC

### Second Team

Erin Bartell, USC  
Ellen Berg, WASH  
Anne Bierzychudek, USC  
Shari Countryman, ASU  
Pippa Downes, CAL  
Samantha Holloway, OSU  
Karen Kennedy, WSU  
Linda Kometer, ASU  
Nancy Osbourne, ASU

Jodi Quas, ASU  
Adrienne Schuess, ASU  
Jody Smith, STAN  
Katie Welch, CAL  
Dawn West, ASU  
Anjanette Wong, WSU

### 1992 First Team

Elin Bartell, USC  
Jeanne Gibbons, UCLA  
Betsi Hugh, ASU  
Kristen Jensen, STAN  
Janel Jorgensen, STAN  
Karen Kraemer, STAN  
Melisa Kuller, STAN  
Therese Lundin, ASU  
Anne Mahoney, STAN  
Heather Reagan, CAL  
Lisa Summers, CAL  
Jennifer Toton, STAN  
Dede Trimble, STAN  
Kristen Walls, UCLA  
Katie Welch, CAL

### Second Team

Becky Bruch, UCLA  
Lori Detweiler, ARIZ  
Pippa Downes, CAL  
Mary Edwards, STAN  
Amy Gosling, CAL  
Melissa Graviss, CAL  
Kristen Griggs, WASH  
Kristen Heydaneck, UCLA  
Susan Johnson, STAN  
Karen Kennedy, WASH  
Pam Minthorn, STAN  
Sonya Nimtz, CAL  
Amy Plotz, ARIZ  
Eileen Richetelli, STAN  
Anjanette Wong, WSU

### 1993 First Team

Katherine Comanor, STAN  
Becky Crowe, STAN  
Lisa Fosdick, UCLA  
Chirs Jeffrey, ASU  
Janel Jorgensen, STAN  
Lea Loveless, STAN  
Anne Mahoney, STAN  
Trina Radke, CAL  
Christy Richardson-Helm, UCLA  
Eileen Richetelli, STAN  
Lisa Summers, CAL  
Kendra Thayer, STAN  
Jenny Thompson, STAN  
Kristen Walls, UCLA

### Second Team

Elin Bartell, USC  
Robin Beneditti, USC  
Rebecca Bruch, UCLA  
Jennifer Goodridge, WASH  
Kristen Griggs, WASH  
Jennifer Hutchison, USC  
Lynn McClelland, WASH  
Eva Mortensen, STAN  
Sonja Nimtz, CAL  
Natalie Norberg, UCLA  
Megan Oesting, UCLA  
Amy Palmer, ASU  
Ulrike Reinholdt, USC  
Anne Simmons, WASH  
Sheri White, USC  
Anjanette Wong, WSU

### 1994 First Team

Katie Bell, CAL

Robin Beneditti, USC  
Alice Cantwell, CAL  
Becky Crowe, STAN  
Kristin Heydaneck, UCLA  
Jennifer Hutchison, USC  
Chris Jeffrey, ASU  
Lea Loveless, STAN  
Natalie Norberg, UCLA  
Amy Palmer, ASU  
Sara Quan, WASH  
Heather Ray, USC  
Ulrike Reinholdt, USC  
Kendra Thayer, STAN  
Jenny Thompson, STAN  
Kristen Walls, UCLA

### Second Team

Maria Andersson, ASU  
Angie Bugarcic, WASH  
Denise Butts, WASH  
Cinco Calfee, WASH  
Mojca Cater, USC  
Jennifer Cnota, ASU  
Susie Fawcett, ASU  
Amy Garner, ASU  
Jennifer Goodridge, WASH  
Kelli Jackson, WASH  
Audrey Langin, WASH  
Lynn McClelland, WASH  
Amy Plotz, ARIZ  
Christy Ryerson, OSU  
Tammy Shannon, STAN  
Anne Simmons, WASH

### 1995 First Team

Amy Avicola, WASH  
Terry Campbell, WSU  
Jennifer Cnota, ASU  
Claudia Franco, STAN  
Larissa Herold, CAL  
Jennifer Hutchison, USC  
Chris Jeffrey, ASU  
Lisa McAndrew, WSU  
Megan Oesting, UCLA  
Kristine Quance, USC  
Annette Salmeen, UCLA  
Anna Simcic, CAL  
Erin Simmons, UCLA  
Shireen Taylor, OSU  
Kendra Thayer, STAN  
Jenny Thompson, STAN

### Second Team

Katherin Allen, WASH  
Jill Buckley, UCLA  
Angie Bugarcic, WASH  
Becky Crowe, STAN  
Tori Eisenbeis, OSU  
Susie Fawcett, ASU  
Megan Gardner, STAN  
Rachel Hawley, WSU  
Kelli Jackson, WASH  
Natalie Norberg, UCLA  
Amy Palmer, ASU  
Sara Quan, WASH  
Tammy Shannon, STAN  
Jane Skillman, STAN  
Akiko Thomson, CAL  
Jenny Widell, WSU

### 1996 First Team

Sarah Anderson, STAN  
Joanne Currah, ASU  
Susie Fawcett, ASU  
Claudia Franco, STAN  
Carrie Fuller, WASH

Megan Gardner, STAN  
Larissa Herold, CAL  
Chris Jeffrey, ASU  
Carrie Johnson, CAL  
Amy Oberhelman, STAN  
Annette Salmeen, UCLA  
Erin Simmons, UCLA  
Claudia Stanesco, ARIZ  
Trina Tagas, WASH  
Jean Todisco, USC  
Tracy Wilcox, UCLA

### Second Team

Jenny Alessandra, USC  
Kathrine Allen, WASH  
Amy Avicola, WASH  
Kristina Burrow, CAL  
Teri Campbell, WSU  
Michelle Carter, ASU  
Jennifer Cnota, ASU  
Kristi Dougherty, WSU  
Amber Hanley, WSU  
Rachel Hawley, WSU  
Maureen McLaren, STAN  
Ayako Nakano, USC  
Kristine Quance, USC  
Jane Skillman, STAN  
J.J. Townsend, OSU  
Meaghan Williams, USC

### 1997 First Team

Kathrine Allen, WASH  
Sarah Anderson, STAN  
Amy Avicola, WASH  
Kelly Blackstock, ARIZ  
Heather Branstetter, ARIZ  
Stefanie Forrest, STAN  
Claudia Franco, STAN  
Megan Gardner, STAN  
Rachel Hawley, WSU  
Rose Huelskamp, UCLA  
Michelle Jespersion, STAN  
Katrina Pfeuffer, ASU  
Kristine Quance, USC  
Claudia Stanesco, ARIZ  
Shireen Taylor, OSU  
Tracy Wilcox, UCLA

### Second Team

Jenny Alessandra, USC  
Kelly Cole, WASH  
Michelle Collins, STAN  
Tamara Coulter, WSU  
Lindsay Etter, UCLA  
Amanda Hall, UCLA  
Amber Hanley, WSU  
Shannon Hosack, ARIZ  
Amy Oberhelman, STAN  
Julie Ocken, WASH  
Katherine Reding, CAL  
Jean Ellis Todisco, USC  
Janette Townsend, OSU  
Amy Vastine, CAL  
Kathryn Williams, ASU  
Carissa Zenorini, STAN

### 1998 First Team

Sarah Adams, ASU  
Kelly Blackstock, ARIZ  
Heather Branstetter, ARIZ  
Tamara Coulter, WSU  
Lindsay Etter, UCLA  
Alison Fealey, STAN  
Shannon Hosack, ARIZ  
Rose Huelskamp, UCLA  
Dorte Lindner, USC  
Alyson Miller, ASU

# PAC-10 WOMEN'S SWIMMING & DIVING

Amy Oberhelman, STAN  
Katrina Pfeuffer, ASU  
Katie Stuppi, UCLA  
Jean Ellis Todisco, USC  
Tracy Wilcox, UCLA  
Carissa Zenorini, STAN

## Second Team

Jessica Amey, STAN  
Emily Ayers, USC  
Becky Bicknell, STAN  
Amanda Clegg, ASU  
Jessica Dyer, WASH  
Heide Eslinger, OSU  
Lindsay Gassner, STAN  
Jill Jenkins, UCLA  
Traci Lamoure, OSU  
Casey Legler, ARIZ  
Courtney Lischke, STAN  
Ellinora Overton, CAL  
Keiko Price, UCLA  
Katherine Reding, CAL  
Gabrielle Rose, STAN  
Julie Thorn, WSU

## 1999 First Team

Jessica Amey, STAN  
Elin Austevoll, STAN  
Lindsay Berryman, ARIZ  
Kelly Blackstock, ARIZ  
Marylyn Chiang, CAL  
Jessica Dyer, WASH  
Alison Fealey, STAN  
Stephanie Hermann, CAL  
Kristin Imwalle, CAL  
Dorte Lindner, USC  
Courtney Lischke, STAN  
Keiko Price, UCLA  
Angelique Rodriguez, ARIZ  
Gabrielle Rose, STAN  
Tricia Tempio, STAN  
Carissa Zenorini, STAN

## Second Team

Sarah Adams, ASU  
Carolyn Adel, ASU  
Katharine Aldworth, CAL  
Emily Ayers, USC  
Lindsay Benko, USC  
Mandy Contreras, ASU  
Paige Francis, USC  
Anna Hohmann, WSU  
Tiffany Houser, ASU  
Camilla Johansson, ASU  
Marcie Jones, WASH  
Any Kolbisen, CAL  
Alyson Miller, ASU  
Emily Smith, STAN  
Erin Sones, STAN  
Julie Thom, WSU

## 2000 First Team

Sarah Adams, ASU  
Carolyn Adel, ASU  
Lindsay Berryman, ARIZ  
Jessica Dyer, WASH  
Stephanie Hermann, CAL  
Misty Hyman, STAN  
Patricia Malatesta, ASU  
Kelly Miedema, WSU  
Alyson Miller, ASU  
Nicole Omphroy, CAL  
Ellinora Overton, CAL  
Katrina Pfeuffer, ASU  
Keiko Price, UCLA  
Gabrielle Rose, STAN  
Elizabeth Schmied, WSU

Erin Sones, STAN

## Second Team

Emily Ayers, USC  
Nicole Beck, UCLA  
Jill Berg, ARIZ  
Gretchen Chambers, WSU  
Amanda Clegg, ASU  
Mandy Contreras, ASU  
Brighid Dwyer, UCLA  
Jessica Foschi, STAN  
Paige Francis, USC  
Karen Jacobs, USC  
Dena Lofthus, CAL  
Jessamyn Miller, ARIZ  
Waen Minpraphal, CAL  
Anne Rogalla, ASU  
Tennille Taylor, ASU  
Julia Voitovitsch, UCLA

## 2001 First Team

Lindsay Berryman, ARIZ  
Paula Finlay, OSU  
Regan Gosnell, UCLA  
Karen Jacobs, USC  
Joselyn Jedick, ASU  
Elizabeth Lightner, ASU  
Patricia Malatesta, ASU  
McKenzie Murphy, STAN  
Alexis Oakland, STAN  
Jill Olson, WSU  
Bonnie Renwick, OSU  
Erin Sones, STAN  
Alexis Sowa, STAN  
Amanda Stanford, ASU  
Staciana Stitts, CAL  
Katie Younglove, UCLA

## Second Team

Anne Baghrmian, UCLA  
Brighid Dwyer, UCLA  
Jessica Foschi, STAN  
Alice Henriques, CAL  
Evelyn Hingsbergen, WASH  
Lyndee Hovsepian, UCLA  
Melissa Hubley, WSU  
Misty Hyman, STAN  
Amy Imwalle, OSU  
Caroline Killian, ARIZ  
Jessamyn Miller, ARIZ  
Jen Noddle, UCLA  
Kelli Sasada, ASU  
Erin Thomas, UCLA  
Julia Voitovitsch, UCLA  
Jamie Westoby, CAL

## 2002 First Team

Theresa Dunn, WSU  
Claire Febvay, ARIZ  
Paula Finlay, OSU  
Nicci Fusaro, USC  
Regan Gosnell, UCLA  
Alice Henriques, CAL  
Josie Jedick, ASU  
Elizabeth Lightner, ASU  
Jill Olson, WSU  
Bonnie Renwick, OSU  
Miranda Shald, ASU  
Alexis Sowa, STAN  
Amanda Stanford, ASU  
Birte Steven, OSU  
Stacianna Stitts, CAL  
Katie Younglove, UCLA

## Second Team

Linden Bierman-Lytle, USC  
Natalie Burgess, ASU  
Katie Byrnes, WSU

Natalie Coughlin, CAL  
Rachel Dong, WSU  
Evelyn Hingsbergen, WASH  
Melissa Hubley, WSU  
Caroline Killian, ARIZ  
Tara Kirk, STAN  
Kristen Lewis, UCLA  
McKenzie Murphy, STAN  
Jen Noddle, UCLA  
Alexis Oakland, STAN  
Shelly Ripple, STAN  
Brooke Townsend, ASU  
Katie Tyrell, USC

## 2003 First Team

Theresa Dunn, WSU  
Claire Febvay, ARIZ  
Paula Finlay, OSU  
Nicci Fusaro, USC  
Regan Gosnell, UCLA  
Blythe Hartley, USC  
Evelyn Hingsbergen, WASH  
Jessica Hong, OSU  
Josie Jedick, ASU  
Sarah Jones, STAN  
Tara Kirk, STAN  
Marisa Kozak, USC  
McKenze Murphy, STAN  
Jill Olson, WSU  
Birte Steven, OSU  
Staciana Stitts, CAL  
Sasha Taylor, WSU

## Second Team

Tenley Bick, STAN  
Katy Blakemore, STAN  
Evins Cameron, STAN  
Natalie Coughlin, CAL  
Mari Embertson, OSU  
Kristen Gilbert, STAN  
Jessica Hayes, ARIZ  
Kristin Huston, OSU  
Lisa Irwin, WSU  
Agnes Kovacs, ASU  
Erin Lashnits, STAN  
Kristen Lewis, UCLA  
Marcelle Miller, CAL  
Jessica Stenson, ASU  
Janine Strack, UCLA  
Brianna Patterson, ASU

## 2004 First Team

Sara Bowling, STAN  
Courtney Caples, ASU  
Theresa Dunn, WSU  
Nicci Fusaro, USC  
Jennifer Hess, ARIZ  
Sarah Jones, STAN  
Tara Kirk, STAN  
Marisa Kozak, USC  
Andrea Lubeck, WSU  
Margie Pedder, USC  
Crystal Allison Rawlings, WASH  
Kim Scarborough, UCLA  
Sandra Steffensen, ASU  
Birte Steven, OSU  
Janine Strack, UCLA  
Sasha Taylor, WSU

## Second Team

Keiko Amano, CAL  
Melissa Bartlett, ASU  
Megan Baumgartner, STAN  
Katy Blackmore, STAN  
Natalie Coughlin, CAL  
Ashley Daly, STAN  
Karen Eldred, WSU

Mari Embertson, OSU  
Joy Galloway, USC  
Jessica Hayes, ARIZ  
Lisa Irwin, WSU  
Kristen Lewis, UCLA  
Marcelle Miller, CAL  
Ausra Pacebutaite, OSU  
Brianna Patterson, ASU  
Jessica Stenson, ASU

## 2005 First Team

Lindsay Backhouse, WSU  
Sara Bowling, STAN  
Kirssa Cline, ARIZ  
Karen Eldred, WSU  
Erin Glenn, STAN  
Jessie Hong, OSU  
Lisa Irwin, WSU  
Sarah Jones, STAN  
Marisa Kozak, USC  
Jill Krippas, ASU  
Erin Lashnits, STAN  
Andrea Lubeck, WSU  
Whitney Myers, ARIZ  
Kim Scarborough, UCLA  
Janine Strack, UCLA  
Katie Van Horne, WSU

## Second Team

Tara Capsuto, CAL  
Kayli Changstrom, WSU  
Ashley Daly, STAN  
Cara DeViny, ASU  
Mari Embertson, OSU  
Joanna Fargus, USC  
Carly Geehr, STAN  
Kirsten Gilbert, STAN  
Amanda Gillespie, ASU  
Blythe Hartley, USC  
Jessica Hayes, ARIZ  
Erin McCleave, WSU  
Gina Merlone, CAL  
Marcelle Miller, CAL  
Ausra Pacebutaite, OSU  
Leah Schaab, OSU  
Sandra Steffensen, ASU

## 2006 First Team

Caitlin Andrew, ASU  
Lindsay Backhouse, WSU  
Sara Bowling, STAN  
Karen Eldred, WSU  
Blythe Hartley, USC  
Jill Krippas, ASU  
Cassidy Krug, STAN  
Andrea Lubeck, WSU  
Erin McCleave, WSU  
Bryn Mooney, WSU  
Whitney Myers, ARIZ  
Crystal Rawlings, WASH  
Sarah Reichwald, WSU  
Leah Schaab, OSU  
Sandra Steffensen, ASU  
Katie Van Horne, WSU

## Second Team

Larissa Barth, WSU  
Danielle Berish, WSU  
Tara Capsuto, CAL  
Felicia Castaneda, OSU  
Kayli Changstrom, WSU  
Jane Copland, WSU  
Lauren Costella, STAN  
Laura Davis, STAN  
Cassidy Farwell, ASU  
Kathryn Lewallen, USC  
Elizabeth Newhouse, WSU

# PAC-10 WOMEN'S SWIMMING & DIVING

Lacey Nymeyer, ARIZ  
Ausra Pacebutaite, OSU  
Erin Reilly, CAL  
Ali Tycast, USC  
Katherine Wong, UCLA

## 2007 First Team

Caitlin Andrew, ASU  
Andrea Axtel, STAN  
Lindsay Backhouse, WSU  
Danielle Berish, WSU  
Felicia Castaneda, OSU  
Lauren Costella, STAN  
Cassidy Farwell, ASU  
Frankie Judy, ASU  
Jill Kripps, ASU  
Kim Kripps, WASH  
Cassidy Krug, STAN  
Julie McCauley, OSU  
Whitney Myers, ARIZ  
Erin McCleave, WSU  
Lacey Nymeyer, ARIZ  
Erin Postma, OSU  
Kayla Rawlings, OSU  
Erin Reilly, CAL  
Tess Schofield, UCLA  
Kelly Stravers, CAL  
Katie Van Horne, WSU

## Second Team

Lindsey Brown, ASU  
Jacquelyn Craft, ARIZ  
Kayli Changstrom, WSU  
Sara Clark, UCLA  
Ginny Connell, OSU  
Jessica Embrick, ARIZ  
Kristen Fisher, UCLA  
Emily Goestch, USC  
Morgan Hentzen, STAN  
Katy Houston, USC  
Amy Konowalik, ASU  
Natalie LaRochelle, CAL  
Jamie MacLeod, WSU  
Bryn Mooney, WSU  
Rachel Seely, WASH  
Anna Turner, ARIZ  
Ali Tycast, USC  
Nicolette Teo, UCLA  
Emily Verdin, CAL  
Laura Wadden, STAN

## 2008 First Team

Ana Agy, ARIZ  
Caitlin Andrew, ASU  
Andrea Axtel, STAN  
Danielle Berish, WSU  
Felicia Castaneda, OSU  
Emily Goetsch, USC  
Brittney Iverson, OSU  
Frankie Judy, ASU  
Kim Kripps, WASH  
Bryn Mooney, WSU  
Lacey Nymeyer, ARIZ  
Justine Schluntz, ARIZ  
Tess Schofield, UCLA  
Whitney Spence, STAN  
Emily Verdin, CAL  
Katherine Wong, UCLA

## Second Team

Lauren Boyle, CAL  
Elaine Breeden, STAN  
Ellen Brooks, UCLA  
Lindsey Brown, ASU  
Maya Dill, WSU  
Kristen Fischer, UCLA  
Katy Houston, USC

Shana Karp, STAN  
Amy Konowalik, ASU  
Jamie MacLeod, WSU  
Eileen Osmun, USC  
Petra Radovic, WASH  
Madeline Rovira, STAN  
Allison Scaife, ARIZ  
Kelly Stravers, CAL  
Nicolette Teo, UCLA

## PAC-10 RECORDS

### SWIMMING

50-Yard Free	22.01	Catherine Fox, STAN (1997)
		Natalie Coughlin, CAL (2003)
(Pac-10 meet)	22.04	Lara Jackson, ARIZ (2008)
100-Yard Free	47.00	Natalie Coughlin, CAL (2003)
(Pac-10 meet)	47.42	Natalie Coughlin, CAL (2003)
200-Yard Free	1:42.65	Natalie Coughlin, CAL (2002)
(Pac-10 meet)	1:43.30	Natalie Coughlin, CAL (2002)
500-Yard Free	4:34.39	Janet Evans, STAN (1990)
(Pac-10 meet)	4:37.76	Kalyn Keller, USC (2004)
1650-Yard Free	15:39.14	Janet Evans, STAN (1990)
(Pac-10 meet)	15:48.99	Kalyn Keller, USC (2004)
100-Yard Back	49.97	Natalie Coughlin, CAL (2002)
(Pac-10 meet)	50.71	Natalie Coughlin, CAL (2002)
200-Yard Back	1:49.52	Natalie Coughlin, CAL (2002)
(Pac-10 meet)	1:50.90	Natalie Coughlin, CAL (2002)
100-Yard Breast	58.41	Tara Kirk, STAN (2003)
(Pac-10 meet)	58.41	Tara Kirk, STAN (2003)
200-Yard Breast	2:06.11	Rebecca Soni, USC (2008)
(Pac-10 meet)	2:06.11	Rebecca Soni, USC (2008)
100-Yard Butterfly	50.01	Natalie Coughlin, CAL (2002)
(Pac-10 meet)	50.80	Dana Vollmer, CAL (2007)
200-Yard Butterfly	1:51.91	Natalie Coughlin, CAL (2002)
(Pac-10 meet)	1:52.27	Elaine Breeden, STAN (2008)
200-Yard IM	1:54.88	Whitney Myers, ARIZ (2006)
(Pac-10 meet)	1:54.95	Natalie Coughlin, CAL (2004)
400-Yard IM	4:02.28	Summer Sanders, STAN (1992)
(Pac-10 meet)	4:04.02	Julia Smit, STAN (2007)

### RELAYS

200-Yard Free	1:27.98	ARIZ (Cashion, Brisdal, Turner, Nymeyer) (2006)
(Pac-10 meet)	1:28.60	ARIZ (Darlington, Jackson, Baughman, Nymeyer) (2008)
400-Yard Free	3:13.22	CAL (Kennedy, Wilson, Silver, Vollmer) (2008)
(Pac-10 meet)	3:13.22	CAL (Kennedy, Wilson, Silver, Vollmer) (2008)
800-Yard Free	7:04.06	ARIZ (Mason, Myers, Hayes, Nymeyer) (2005)
(Pac-10 meet)	7:04.13	CAL (Vollmer, Boyle, Kennedy, Silver) (2008)
200-Yard Medley	1:32.57	STAN (Edwards, Sanders, Jorgensen, Thompson) (1992)
(Pac-10 meet)	1:32.57	STAN (Edwards, Sanders, Jorgensen, Thompson) (1992)
400-Yard Medley	3:20.10	STAN (Edwards, Jorgensen, Kramer, Thompson) (1992)
(Pac-10 meet)	3:20.10	STAN (Edwards, Jorgensen, Kramer, Thompson) (1992)

### DIVING

1-Meter Diving	458.90	Katie Connors, STAN (1988)
(Pac-10 meet)	458.90	Katie Connors, STAN (1988)
3-Meter Diving	606.20	Blythe Hartley, USC (2003)
(Pac-10 meet)	606.20	Blythe Hartley, USC (2003)
Platform Diving	630.10	Eileen Richetelli, STAN (1995)
(Pac-10 meet)	628.35	Erin Sones, STAN (1999)

# PAC-10 WOMEN'S SWIMMING & DIVING

## NCAA TEAM CHAMPIONS FROM THE PAC-10

1983	STANFORD
1989	STANFORD
1992	STANFORD
1993	STANFORD
1994	STANFORD
1995	STANFORD
1996	STANFORD
1997	USC
1998	STANFORD
2008	ARIZONA

## NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-10

### 50-Yard Freestyle

1982	Diane Johnson, ARIZ	23.16
1984	Krissie Bush, STAN	22.98
1985	Conny Van Bentum, CAL	23.18
1986	Jenna Johnson, STAN	22.46
1987	Jenna Johnson, STAN	22.57
1992	Jenny Thompson, STAN	22.14
1993	Jenny Thompson, STAN	22.16
1995	Ashley Tappin, ARIZ	22.34
1997	Catherine Fox, STAN	22.01
1998	Catherine Fox, STAN	22.21
1999	Catherine Fox, STAN	22.13
2008	Lara Jackson, ARIZ	21.69 <sup>^</sup>

### 100-Yard Freestyle

1986	Jenna Johnson, STAN	49.03
1987	Jenna Johnson, STAN	48.82
1992	Jenny Thompson, STAN	47.61
1993	Jenny Thompson, STAN	48.03
1994	Jenny Thompson, STAN	47.74
1995	Jenny Thompson, STAN	48.38
1996	Claudia Franco, STAN	49.04
2008	Lacey Nymeyer, ARIZ	47.50 <sup>^</sup>

### 200-Yard Freestyle

1982	Marybeth Linzmeier, STAN	1:45.82
1983	Sue Habernigg, USC	1:46.35
1984	Marybeth Linzmeier, STAN	1:45.47
1985	Sue Habernigg, USC	1:45.73
1986	Conny Van Bentum, CAL	1:46.55
1995	Ashley Tappin, ARIZ	1:45.23
2001	Sarah Tolar, ARIZ	1:45.21
2002	Sarah Tolar, ARIZ	1:44.66
2007	Lacey Nymeyer, ARIZ	1:43.49

### 400-Meter Freestyle

2004	Emily Mason, ARIZ	4:01.58
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### 500-Yard Freestyle

1982	Marybeth Linzmeier, STAN	4:41.61
1983	Marybeth Linzmeier, STAN	4:39.95
1984	Marybeth Linzmeier, STAN	4:38.91
1990	Janet Evans, STAN	4:34.39
1991	Janet Evans, STAN	4:38.71
1993	Lisa Jacob, STAN	4:45.79
1996	Lindsay Benko, USC	4:42.46
1997	Lindsay Benko, USC	4:41.85
1999	Lindsay Benko, USC	4:40.22
2005	Emily Mason, ARIZ	4:37.11

### 1650-Yard Freestyle

1982	Marybeth Linzmeier, STAN	16:02.34
1983	Marybeth Linzmeier, STAN	16:03.76
1984	Marybeth Linzmeier, STAN	16:02.38
1990	Janet Evans, STAN	15:39.14

1991	Janet Evans, STAN	15:48.98
1997	Trina Jackson, ARIZ	15:59.82
1998	Trina Jackson, ARIZ	15:49.25
2004	Kalyn Keller, USC	15:49.14

### 100-Yard Backstroke

1992	Lea Loveless, STAN	52.82
1993	Lea Loveless, STAN	52.98
1994	Lea Loveless, STAN	53.51
1996	Jessica Tong, STAN	54.40
1997	Catherine Fox, STAN	53.23
1998	Catherine Fox, STAN	52.71
1999	Marylyn Chiang, CAL	52.36
2001	Natalie Coughlin, CAL	51.23
2002	Natalie Coughlin, CAL	49.47
2003	Natalie Coughlin, CAL	50.92
2004	Natalie Coughlin, CAL	57.51
2005	Marshi Smith, ARIZ	52.88

### 200-Yard Backstroke

1993	Lea Loveless, STAN	1:53.67
1996	Lindsay Benko, USC	1:55.78
1997	Lindsay Benko, USC	1:54.42
1998	Misty Hyman, STAN	1:53.12
2001	Natalie Coughlin, CAL	1:51.02
2003	Natalie Coughlin, CAL	1:53.53
2006	Helen Silver, CAL	1:53.01

### 200-Meter Backstroke

2000	Beth Botsford, ARIZ	2:06.70
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### 100-Yard Breaststroke

1991	Lori Heisick, STAN	1:01.37
1994	Beata Kaszuba, ASU	1:00.46
1995	Beata Kaszuba, ASU	59.71
2001	Tara Kirk, STAN	59.18
2002	Tara Kirk, STAN	59.03
2003	Tara Kirk, STAN	58.62
2004	Tara Kirk, STAN	1:04.79
2005	Caroline Bruce, STAN	59.55
2006	Jessica Hardy, CAL	1:00.02
2007	Jessica Hardy, CAL	59.43
2008	Rebecca Soni, USC	59.19 <sup>^</sup>

### 200-Yard Breaststroke

1984	Susie Rapp, STAN	2:12.84
1987	Susie Rapp, STAN	2:11.93
1988	Hiroko Nagasaki, CAL	2:11.65
1990	Jill Johnson, STAN	2:12.32
1994	Kristine Quance, USC	2:10.69
1995	Beata Kaszuba, ASU	2:09.71
1996	Kristine Quance, USC	2:09.57
1997	Kristine Quance, USC	2:09.62
2001	Amanda Beard, ARIZ	2:09.09
2003	Tara Kirk, STAN	2:09.75
2004	Tara Kirk, STAN	2:20.70
2005	Caroline Bruce, STAN	2:08.67
2006	Rebecca Soni, USC	2:09.37
2007	Rebecca Soni, USC	2:08.23 <sup>^</sup>
2008	Rebecca Soni, USC	2:06.32 <sup>%^</sup>

### 100-Yard Butterfly

1985	Mary T. Meagher, CAL	53.50
1986	Jenna Johnson, STAN	52.69
1987	Mary T. Meagher, CAL	52.42
1989	Jenna Johnson, STAN	53.24
1990	Janel Jorgensen, STAN	53.02
1991	Crissy Ahmann-Leighton, ARIZ	52.36
1992	Crissy Ahmann-Leighton, ARIZ	51.75
1993	Janel Jorgensen, STAN	53.19
1994	Jenny Thompson, STAN	51.81
1995	Jenny Thompson, STAN	52.77
1998	Misty Hyman, STAN	51.34
1999	Misty Hyman, STAN	51.77
2001	Natalie Coughlin, CAL	51.18
2002	Natalie Coughlin, CAL	50.01

2003	Natalie Coughlin, CAL	50.62
2004	Natalie Coughlin, CAL	56.88
2007	Dana Vollmer, CAL	50.69 <sup>^</sup>

### 200-Yard Butterfly

1983	Mary T. Meagher, CAL	1:56.71
1985	Mary T. Meagher, CAL	1:55.13
1986	Mary T. Meagher, CAL	1:54.52
1987	Mary T. Meagher, CAL	1:55.54
1990	Janel Jorgensen, STAN	1:55.75
1991	Summer Sanders, STAN	1:54.17
1992	Summer Sanders, STAN	1:53.42
1993	Janel Jorgensen, STAN	1:57.57
1996	Annette Salmeen, UCLA	1:55.84
1998	Misty Hyman, STAN	1:55.70
2001	Misty Hyman, STAN	1:53.63
2007	Elaine Breden, STAN	1:53.02
2008	Saori Haruguchi, OSU	1:52.39 <sup>%^</sup>

### 200-Yard Individual Medley

1986	Susan Rapp, STAN	2:01.80
1990	Janel Jorgensen, STAN	1:58.17
1991	Summer Sanders, STAN	1:57.02
1992	Summer Sanders, STAN	1:55.54
1994	Kristine Quance, USC	1:58.89
1995	Jenny Thompson, STAN	1:57.63
1996	Kristine Quance, USC	1:57.58
2004	Kaitlin Sandeno, USC	2:08.11
2006	Whitney Meyers, ARIZ	1:54.88
2007	Whitney Meyers, ARIZ	1:54.89 <sup>^</sup>

### 400-Yard Individual Medley

1989	Michelle Griglione, STAN	4:12.29
1990	Janet Evans, STAN	4:07.59
1991	Summer Sanders, STAN	4:05.19
1992	Summer Sanders, STAN	4:02.28
1994	Kristine Quance, USC	4:08.71
1996	Kristine Quance, USC	4:06.60
1997	Kristine Quance, USC	4:06.54
2004	Kaitlin Sandeno, USC	4:30.44
2006	Whitney Meyers, ARIZ	4:06.32
2008	Julia Smit, STAN	4:02.41 <sup>^</sup>

### 200-Yard Freestyle Relay

1982	STAN (Bush, Asplund, Schwarzer, Major)	1:32.07
1983	STAN (Bush, Zock, Asplund, Major)	1:31.67
1986	STAN (Johnson, Zock, Berzins, Smith)	1:31.27
1993	STAN (Edwards, Loveless, Jorgensen, Thompson)	1:30.30
1994	STAN (Tong, Edwards, O'Hanlon, Thompson)	1:30.53
1996	ARIZ (Hosack, Kolbisen, Legler, Tappin)	1:31.09
1997	ARIZ (Hosack, Kolbisen, Knapp, Tappin)	1:29.56
1998	ARIZ (Hosack, Kolbisen, Knapp, Farella)	1:29.16
2006	ARIZ (Cashion, Gresdal, Turner, Kelly)	1:27.98
2007	ARIZ (Jackson, Nymeyer, Turner, Kelly)	1:27.23
2008	ARIZ (Jackson, Nymeyer, Turner, Baughman)	1:26.90 <sup>*%^</sup>

### 200-Meter Freestyle Relay

2000	CAL (Kolbisen, Cope, Omphroy, Yeo)	1:40.18
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# PAC-10 WOMEN'S SWIMMING & DIVING

## 400-Yard Freestyle Relay

1982	STAN (Linzmeier, Reuss, Asplund, Major)	3:20.98
1987	STAN (Johnson, McLean, Rapp, Berzins)	3:17.69
1992	STAN (Edwards, Sanders, Jorgensen, Thompson)	3:16.41
1994	STAN (Jespersion, Edwards, Tong, Thompson)	3:15.80
1995	STAN (Franco, Bicknell, Tong, Thompson)	3:17.17
1996	STAN (Tong, Austovall, Jacob, Franco)	3:18.28
1997	STAN (Rose, Amey, Franco, Fox)	3:16.72
1998	ARIZ (Hosack, Kolbisen, Farella, Knapp)	3:15.77
1999	ARIZ (Farella, Knapp, Mastin, Tolar)	3:16.49
2006	ARIZ (Cashion, Gresdal, Myers, Nymeyer)	3:12.77
2007	CAL Silver, Reilly, Hardy, Vollmer)	3:12.13
2008	ARIZ (Nymeyer, Turner, Jackson, Baughman)	3:11.34*%^

## 800-Yard Freestyle Relay

1982	STAN (Elkins, Tweedy, Hanna, Linzmeier)	7:16.10
1983	STAN (Reuss, Zock, Hanna, Linzmeier)	7:16.50
1990	STAN (Kraemer, Jorgensen, Smith, Evans)	7:07.58
1991	STAN (Jorgensen, Kraemer, Mortensen, Evans)	7:09.48
1992	STAN (Kraemer, Loveless, Jorgensen, Thompson)	7:04.06
1993	STAN (Jacob, Skillman, Jorgensen, Thompson)	7:07.47
1994	USC (Stephen, Quance, Reinholdt, Nakano)	7:11.89
1996	STAN (Jespersion, Jacob, Oberhelman, Austovall)	7:11.28
1998	ARIZ (Jackson, Kline, Phillips, Farella)	7:10.79
1999	STAN (Hyman, Rose, Bereknyei, Fox)	7:06.22
2002	ARIZ (Mason, Vanker, Hayes, Tolar)	7:05.10
2007	CAL (Vollmer, Silver, Hayter, Reilly)	7:00.89
2008	ARIZ (Schluntz, Nymeyer, Vorster, Baughman)	6:58.69%^

## 800-Meter Freestyle Relay

2000	ARIZ (Jackson, Tolar, Vanker, Mastin)	7:55.51
2004	CAL (Chandler, Coughlin, Medina, Reilly)	7:50.94

## 200-Yard Medley Relay

1983	STAN (Carlisle, Smith, Asplund, Bush)	1:43.03
1984	STAN (Kinkead, Smith, Zock, Bush)	1:42.81
1986	STAN (Pokluda, Smith, Johnson, Zock)	1:40.22
1992	STAN (Loveless, Heisick, Sanders, Thompson)	1:38.68
1993	STAN (Loveless, Heisick, Crowe, Thompson)	1:39.52
1995	STAN (Tong, O'Hanolan, Thompson, Franco)	1:40.88
1996	STAN (Tong, Austovall, Toledo, Franco)	1:40.90

1998	STAN (Fox, Austevoll, Hyman, Cropper)	1:37.80
1999	STAN (Ripple, Leatherwood, Hyman, Rose)	1:37.77
2008	ARIZ (DeGolia, Chandler, Jackson, Turner)	1:35.29*%^

## 200-Meter Medley Relay

2000	CAL (Cope, Stitts, Minpraphal, Yeo)	1:49.23
2001	STAN (Ripple, Kirk, Hyman, Cropper)	1:38.43
2002	STAN (Wagner, Kirk, Ripple, Boutwell)	1:37.79
2007	ARIZ (Degolia, Chandler, Jackson, Kelly)	1:36.09*

## 400-Yard Medley Relay

1987	STAN (Donahue, Rapp, Johnson, Berzins)	3:38.17
1990	STAN (Trimble, Heisick, Bukovich, Jorgensen)	3:38.84
1991	STAN (Jorgensen, Heisick, Sanders, Bukovich)	3:39.51
1992	STAN (Loveless, Heisick, Sanders, Jorgensen)	3:35.64
1993	STAN (Loveless, Heisick, Jorgensen, Jacob)	3:37.27
1998	STAN (Fox, Austevoll, Hyman, Cropper)	3:33.61
1999	STAN (Ripple, Austevoll, Hyman, Fox)	3:33.75
2001	STAN (Ripple, Kirk, Hyman, Cropper)	3:32.43
2002	STAN (Wagner, Kirk, Ripple, Boutwell)	3:31.74
2006	ARIZ (Gresdal, Sieper, Myers, Nymeyer)	3:31.70
2007	CAL (Rogers, Hardy, Vollmer, Silver)	3:30.18
2008	ARIZ (DeGolia, Chandler, Agy, Nymeyer)	3:29.06*%^

## NCAA DIVING CHAMPIONS FROM THE PAC-10

### One-Meter

2002	Blythe Hartley, USC	350.85
2006	Blythe Hartley, USC	353.50
2007	Cassidy Krug, STAN	361.55

### Three-Meter

1992	Eileen Richetelli, STAN	536.30
1993	Eileen Richetelli, STAN	528.75
2005	Blythe Hartley	586.15
2006	Blythe Hartley, USC	373.15
2007	Cassidy Krug, STAN	420.90

### Platform

1992	Eileen Richetelli, STAN	582.90
1993	Eileen Richetelli, STAN	530.65
1995	Eileen Richetelli, STAN	630.10
2001	Erin Sones, STAN	463.05
2002	Blythe Hartley, USC	460.35

- \* NCAA Record
- ^ Pool Record
- % NCAA Meet Record

# **PAC-10 WOMEN'S SWIMMING & DIVING**