

2012 OLD DOMINION UNIVERSITY LADY MONARCH LACROSSE

QUICK FACTS

University

Location.....Norfolk, VA
 Founded.....1930
 (As the Norfolk Division of the College of W&M)
 Enrollment.....24,000
 Nickname.....Lady Monarchs
 Colors.....Slate Blue, Sky Blue and Silver
 Conference.....Colonial Athletic Association
 President.....Dr. John Broderick (Northeastern)
 Athletic Director.....Dr. Wood Selig (Washington & Lee)
 Home Field.....Powhatan Sports Complex
 Capacity.....1,500

Athletic Communications

Asst. Athletic Director/Communications.....Carol Hudson
 Assistant ACD (LAX Contact).....Ben Waring
 Waring Office Phone.....(757) 683-5581
 Waring Cell Phone.....(803) 622-1927
 Waring Email.....bwaring@odu.edu
 Associate ACD.....Kim Zivkovich
 Assistant ACD.....Eric Bohannon
 Office Fax.....(757) 683 3119
 Website.....www.ODUSports.com
 Address.....Jim Jarrett Athletic Admin Bldg.
Norfolk, VA 23529

Coaching Staff

Interim Head Coach.....Heather Holt (Old Dominion '95)
 Career Record.....First Season
 Record at ODU.....First Season
 Assistant Coach.....Melody Shotwell (Old Dominion '06)
 Assistant Coach.....Ashley Kellogg (Old Dominion '10)
 Office Phone.....(757) 683-4541

Team Information

2011 Record.....4-11
 2011 CAA Record.....3-4
 Letterwinners Returning/Lost.....15/4
 Starters Returning/Lost.....10/2
 Newcomers.....8

Key Players Returning

Name	Position	Cl.	G	A	Pts
Lisa Bernardini	Sr.		34	16	50
Sarah Wright	Sr.		19	7	26
Rebecca Hartrum	Sr.		17	4	21
Meredith Rogers	Jr.		12	6	18
Goalkeeper	GA	SV	Pct.		
Sarah Geary	RSr.	178	130	.42	

Key Players Lost

Name	Pos.	G	A	Pts
Tracey Reed	Attack	7	2	9
Clara Flanagan	Defense	4	0	4
Kriss Emma	Attack	1	3	4

Newcomers

Name	Position	Hometown
Kate Bermingham	D	Annondale, Va. /Annandale
Trisha Brown	D	Eastampton, N.J./Rancocas Valley Regional
Morgan Gallagher	MF	West Chester, Pa. /West Chester East
Karen Hayde	GK	Phoenixville, Pa. /Phoenixville
Abby Johansen	D/MF	Falls Church, Va. /George Mason HS
Jess Liberty	A/MF	Port Jefferson Station, N.Y./Ward Melville
Christina Rea	D/MF	Levittown, N.Y./Division Ave.
Ashmore Standing	A	Virginia Beach, Va./Cape Henry Collegiate

2012 SCHEDULE

Date	Opponent	Time	Location
2/26	Louisville	Noon	Norfolk, Va.
3/3	at American	1 p.m.	Washington, D.C.
3/7	Richmond	4 p.m.	Norfolk, Va.
3/10	at Oregon	3 p.m.	Eugene, Ore.
3/14	at Navy	3 p.m.	Annapolis, Md.
3/17	Saint Joseph's	Noon	Norfolk, Va.
3/18	North Carolina	1 p.m.	Norfolk, Va.
3/21	at Longwood	4 p.m.	Farmville, Va.
3/24	Virginia Tech	1 p.m.	Norfolk, Va.
3/28	at Virginia	7 p.m.	Charlottesville, Va.
4/1	at William & Mary	1:30 p.m.	Williamsburg, Va.
4/6	Delaware	7 p.m.	Norfolk, Va.
4/8	Towson	1 p.m.	Norfolk, Va.
4/13	at George Mason	7 p.m.	Fairfax, Va.
4/15	James Madison	1 p.m.	Norfolk, Va.
4/20	at Hofstra	4 p.m.	Hempstead, N.Y.
4/22	at Drexel	2 p.m.	Philadelphia, Pa.
4/27	CAA Semifinals	TBA	TBA
4/29	CAA Championship	TBA	TBA

