



A SENSE OF PRIDE  
MEN



2004-05

WRESTLING

# WRESTLING



## TABLE OF CONTENTS

### ATHLETIC ADMINISTRATION

Athletic Director Jim Jarrett ..... 25  
 Athletic Staff Phone Numbers ..... 25  
 President Dr. Roseann Runte ..... 25

### COACHING STAFF

Assistant Coaches ..... 4  
 Head Coach Steve Martin ..... 2-3  
 Martin's Year-by-Year Record ..... 3

### 2003-04 IN REVIEW

Colonial Athletic Association Standings ..... 24  
 2003-04 Wrap-Up ..... 14  
 2003-04 Statistics ..... 15

### OLD DOMINION UNIVERSITY

Wrestling Room ..... 6  
 Monarch Reachout ..... 11  
 Athletic Facilities ..... 26-27  
 University Information ..... 28

### OPPONENTS

2004-05 Opponent Information ..... 12-13  
 All-Time vs. Opponents ..... 22  
 Colonial Athletic Association ..... 24

### PLAYER INFORMATION

Outlook ..... 5  
 Rosters ..... 6  
 Monarchs Wrestler Bios ..... 7-11  
 Honored Monarchs ..... 16-17  
 Monarchs in NCAA's ..... 18  
 Letterwinners ..... 19  
 Year-by-Year Records ..... 20-21  
 2004-05 Schedule ..... Back Cover

## CREDITS

The 2004-05 Old Dominion University Wrestling Guide is a publication of the Old Dominion University Athletic Public Relations Office. Written by: Bobby Parks, Sports Information Graduate Intern. Edited and Designed by: Tina Price, Director of Athletic Publications. Special Assistance from: Debbie Byrne, Assistant Athletic Director; Carol Hudson, Jr., Sports Information Director and Jason Bryant. Photography by: Rick Voight (RSVP Media), Jason Bryant, Steve Boyle, Paul Swisher and the Old Dominion Athletic Public Relations Office. Printing: Letton Gooch, Norfolk, Va.

*Old Dominion University is an affirmative action/equal opportunity institution. This publication was printed without the support of tax dollars from the Commonwealth of Virginia.*

## QUICK FACTS

School:	Old Dominion
Founded:	1930, as the Norfolk Division of the College of William & Mary
Location:	Norfolk, VA
Enrollment:	20,105
Nickname:	Monarchs
Colors:	State Blue and Silver
Conference:	Colonial Athletic Association
Home Facility:	Old Dominion Field House
President:	Dr. Roseann Runte (SUNY-New Paltz)
Athletic Director:	Dr. Jim Jarrett (SIU-Carbondale '59)
Head Coach:	Steve Martin (Iowa '91)
Coaches Overall Record (Years):	First Year
Coaches Record at ODU (Years):	First Year
Assistant Coaches:	Lee Pritts (Eastern Michigan '98)
	Cory Ace (Edinboro '03)
	John Testa (Clarion '03)
2003-04 Overall Record:	7-12
2003-04 Conference Record:	5-3
CAA Championship Finish:	9 <sup>th</sup>
Starters Returning/Lost:	7/3
Letterwinners Returning/Lost:	16/3
Sports Information Director:	Carol Hudson, Jr.
SID Phone:	(757) 683-3372
SID Fax:	(757) 683-3119
Sports Information Contact:	Bobby Parks
Office Phone:	(757) 683-3374
E-mail Address:	bparks@odu.edu
Web Address:	www.odusports.com



The 2004-05 Old Dominion Wrestling Team

# STEVE MARTIN

FIRST SEASON IOWA '91

**W**inning is all that Old Dominion wrestling coach Steve Martin has ever known. From his days as a high school wrestler at Kempsville High School in Virginia Beach, as a three-time Virginia high school state champion, to his days at the University of Iowa where he was an all-American and Midlands Champion, and as the head coach at Great Bridge High School, all Steve Martin has ever known is winning.

But the foundation for Martin's winning resume was also built on his pedigree.

His father, the legendary Billy Martin, is the father of Virginia wrestling and won 22 state wrestling team titles in 23 years and coached dozens of state champions that went on to win and place at the NCAA championships.

Martin's brother David was a four-time Virginia high school state champion at Granby high school under his father and went on to wrestle at Indiana State. Billy Martin, Jr. was a three-time NCAA all-American at Oklahoma State, finishing second in 1974. Wayne Martin preceded Steve at Great Bridge after wrestling at Old Dominion, and has now taken over again at Great Bridge now that Steve is the coach at ODU.

The groundwork for a successful wrestling coach was set in motion even before Steve Martin stepped on the mat as a competitor.

As a coach, he saw success only matched by his father, leading Great Bridge to 13 state championships in 14 years. Each of those 13 years, Martin's Wildcats were nationally ranked.

Moving up to the college ranks, Martin still keeps the winning attitude that's built around hard work in the wrestling room, hard work on your own, and hard work in the classroom.

"We had this emphasis in college, where you broke somebody," Steve Martin told the Virginian-Pilot in 2001. "You won by 15 points, or you pinned them, and at the end of the match, they crawled off the mat mentally and physically destroyed and they never wanted to step on the mat again with you."

Dozens of Great Bridge wrestlers have gone on to wrestle Division I, including 2001 NCAA National Champion Carl Perry of the University of Illinois. Perry won three state titles under Martin at Great Bridge.

Martin coached 40 high school state champions, 98 state placewinners, 35 all-Americans (freestyle and folkstyle) and six high school national champions.

He was awarded the National Wrestling Coaches Association state and regional coach of the year in 1995 and 2000.

The Norfolk Sports Club named him the Bob Bates Award winner as the Outstanding Metropolitan Coach of the Year.

On the high school level, Martin has been active in Virginia USA Wrestling, coaching at the Junior Nationals in Fargo, N.D. and has coached with the



Wrestling USA Magazine Dream Team Classic and the Dapper Dan Classic in Pennsylvania.

At Old Dominion, Martin will have more of a challenge and he readily accepts it.

Making the Monarchs program one of the top programs on the East Coast and in the nation is paramount.

"Virginia high school wrestling is making a name for itself on the national level. While we will be recruiting nationally, it will be goal of our staff to keep these Virginia kids at home in front of their family and friends," Martin said.

Martin's drive is to make Old Dominion a national powerhouse and the foundations are formed right now. The new wrestling room will be operational by 2006 and by then, Monarch wrestlers, under the new coaching regime, will be thriving.

"I want to thank the administration at Old Dominion for giving me this great opportunity," said Martin when he was named head coach in June of 2004. "It has been a personal goal of mine to coach at the Division I level and what makes this job even more special is that is in my home town and close to family, friends and supporters of wrestling."

His goal to become a coach was the first step, and with the administration supporting the pro-



The Martin family (l-r): Macy (6), Max (1), Madison (8), Mckenna (5) and wife Lori.

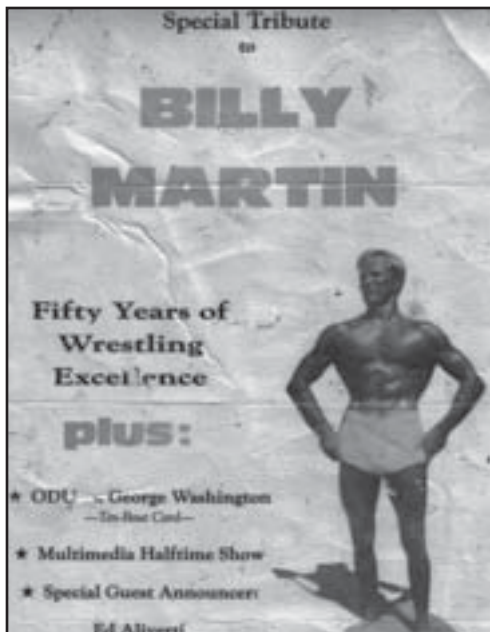
gram, becoming a winning program will be only a matter of time, Martin says.

"The school has made a nice commitment to the wrestling program," said Martin in an interview with Ron Good of Amateur Wrestling News in September of 2004. "Jim Jarrett, our athletic director, has plans to build a new 7500 square foot wrestling room as well as hiring the first ever full-time assistant coach (Lee Pritts)."

Martin graduated from the University of Iowa in 1991 and got his master's degree from George Washington University in 1996.

Steve and his wife Lori live in Chesapeake, Va. They have four children: Madison (8), Macy (6), Mckenna (5) and Max (1).

Martin enjoys the outdoors and spending time with his family. When he is not on the mat, you can find him at the beach or at the Martin's farm on Knott's Island, N.C.



This 1984 promotional flyer for ODU wrestling honored the career of Billy Martin.

## THE DAN GABLE CONNECTION

OLD DOMINION COACH STEVE MARTIN IS THE TENTH DIVISION I COLLEGE COACH THAT WRESTLED UNDER DAN GABLE AT THE UNIVERSITY OF IOWA.

### NAME, SCHOOL (Graduation Year)

Steve Martin, Old Dominion (Iowa '91)  
 Tom Brands, Virginia Tech (Iowa '92)  
 Terry Brands, UT-Chattanooga (Iowa '92)  
 Jim Zalesky, Iowa (Iowa '84)  
 Lennie Zalesky, UC-Davis (Iowa '83)  
 Duane Goldman, Indiana (Iowa '86)  
 Tom Ryan, Hofstra (Iowa '92)  
 Greg Randall, Boise State (Iowa '87)  
 Brad Penrith, Northern Iowa (Iowa '88)  
 Tim Cysewski, Northwestern (Iowa '76)

CARL RAGLAND '66 & '69      DAVID LINDJHEM '67      LOU CURRA '68, '69 & '70



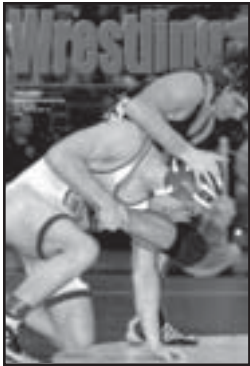
Martin coached current Monarch Christian Staylor at Great Bridge HS. Staylor was ranked #1 in High School at 119 pounds.



Martin coached 2001 NCAA champion Carl Perry (Illinois) at Great Bridge High School.



Virginia Governor Mark Warner congratulated Martin's 2002 Virginia State High School Championship team.



Martin's wrestlers have graced the cover of Wrestling USA Magazine many times. Pictured above (left-right): Dan Frishkorn (Oklahoma State), nephew Michael Martin (Illinois) and current Monarch Hunter Davenport.

**WRESTLING AND THE MARTIN MEN**

**S**ince 1996, 30 members of the Martin family have won 24 state wrestling titles. Among them, Bill Martin's four state titles (1970, 1971, 1972, 1973) are the most individual titles won by a wrestler. His grandson Michael has won three, bringing the family total to 15.

**Bill Martin, III, MD,** coach (1991-1992) to 21 state titles from 1991-2010. In 2010, he was named coach of the year at the National Wrestling Hall of Fame. In 2009, he was named the national coach of the year by the National Wrestling Coaches Association.

**Wayne Martin, CC, MD,** won a state title at Harrisonville High in 2010 and coached Great Bridge High to state titles in 2007, 2008, 2009 and 2010. He now serves as the director of athletics for Chesapeake public schools.

**David Martin, MS, DPT,** won a two-time state champion at Liberty (1998-1999) and the 2001 USA National Youth Championship at Indiana State. He coached Martin Wrestling Academy in 2005 and also managed the team's website.

This excerpt from the December 2, 2001, Virginia Pilot shows the deep-rooted Martin family legacy.



Martin was part of the 1990 Iowa team that captured the NCAA Championship.

# MARTIN

## YEAR-BY-YEAR

AT GREAT BRIDGE HIGH SCHOOL  
CHESAPEAKE, VA

### VA STATE CHAMPIONS

1991-92  
1992-93  
1993-94  
1994-95  
1995-96  
1997-98  
1998-99  
1999-00  
2000-01  
2001-02  
2002-03  
2003-04

### PUBLIC HIGH SCHOOL NATIONAL CHAMPIONS

2002  
2003

YEAR	NATIONAL RANK
1991-92	5
1992-93	7
1993-94	14
1994-95	26
1995-96	10
1996-97	-
1997-98	3
1998-99	22
1999-00	9
2000-01	18
2001-02	2
2002-03	4
2003-04	8

# ASSISTANT COACHES

## LEE PRITTS

FIRST SEASON EASTERN MICHIGAN '98 FT. LAUDERDALE, FL



**U**pon coming to Old Dominion as the head assistant, Lee Pritts was asked by friends and colleagues why he left Missouri, where he was an assistant coach for six seasons. The answer was simple.

“Old Dominion is a gold-mine,” he said. That gold-mine and the potential for winning made Pritts and easy choice for long-time friend Steve Martin.

Pritts brings an immediate intensity to the Old Dominion wrestling program that meshes well with the current staff and its direction for the program.

As a competitor, Pritts was a three-time NCAA qualifier from 1996-98. After a stint at Garden City Community College where he was teammates with former Old Dominion wrestler Mark Strickland (1997-98), Pritts claimed All-American honors in 1996 at Eastern Michigan.

Unseeded coming into the 1996 tournament at Minneapolis, Pritts achieved All-American status.

Pritts won two Mid-America Conference championships and after transferring to Clarion for his senior season, won Pennsylvania State Athletic Conference and Eastern Wrestling League titles at 118 pounds.

A Fort Lauderdale, Fla., native, Pritts followed high school coach Brian Smith to Missouri. Pritts was a vital piece of Missouri’s rebuilding mission. The Tigers were perennially at the bottom of the Big 12 conference, but with Pritts, the Tigers earned their first victory over national powerhouse Oklahoma State in 2003-04. Missouri had breakout seasons, winning the 2002 Virginia Duals National College Division.

He’s coached six NCAA All-American and two NCAA finalists as well as helped guide the Tigers to tournament titles at the Reno Tournament of Champions, Southern Scuffle, Mat Town USA tournament and a runner-up finish in the National Wrestling Coaches Association National Duals, which puts the top 16 teams in the nation against each other in a dual-tournament format.

Pritts and his wife Krista live in Norfolk, Va. Pritts enjoys the outdoors and spending time at the Martin’s farm in Knotts Island, N.C. When he’s not working with wrestling, you can find him at the beach either surfing or wakeboarding.



## CORY ACE

FIRST SEASON EDINBORO '03 FRANKLIN, PA



**C**ory Ace joins the Old Dominion staff after a successful campaign as a wrestler and graduate-assistant at his alma mater, Edinboro.

With Ace as a grad-assistant, Edinboro went 7-0 in Eastern Wrestling League dual meets, and finished 10-3 overall. The squad was ranked in the Top 25 all year and tied for the EWL tournament title with West Virginia.

As a competitor, Ace was a 2002 All-American at 133 pounds and was ranked as high as seventh in the nation his junior and senior years. Ace wrestled 141 his freshman, sophomore and senior years and was a four-time NCAA

qualifier.

At the 2002 NCAA Championships in Albany, N.Y., Ace came in unseeded and rebounded from a first-round loss to eventual third-place finisher Witt Durden of Oklahoma to win four straight matches in the consolations.

Ace was a Pennsylvania State Athletic Conference in 2002, and an Eastern Wrestling League champion in 2003. He helped the Fighting Scots Matt King (165) and Nate Yetzer (174) to All-American status and also aided in Deonte Penn’s EWL crown at 149 pounds in 2003-04.

“I’m excited to be a part of the new regime at Old Dominion.” Ace said. “I feel that we can be immediately competitive and I’m glad to be a part of a program that has winning in mind and the commitment from the coaching staff, the wrestlers and the administration.”

“In the short time I’ve been here, I’ve learned a lot from coach Steve Martin. I feel that as a coaching staff, we mesh well which is going to help the program.” Ace said.

Originally from Franklin, Pa., Ace was high school teammates with Penn State All-Americans Josh Moore and Scott Moore (who later placed third at the University of Virginia). While at Franklin H.S., Ace won the Pennsylvania state title at 135 pounds in 1998.

Ace is single and resides in Norfolk, Va. He enjoys golfing and fishing, both freshwater and saltwater.



Assistant Cory Ace was a 2002 All-American and is the fourth All-American on ODU staff.

## JOHN TESTA

VOLUNTEER ASST. FIRST SEASON NEWARK, DE



John Testa, a 2003 graduate of Clarion University, joins the Monarchs as an assistant coach. Testa will be responsible for assisting the upper weights. A heavy-weight wrestler at Clarion, Testa ranks #3 on the all-time win list, compiling a 136-26 career record. He was also a three-time Eastern Wrestling League Champion (four-time qualifier) and four-time Pennsylvania State Athletic Conference champion. Testa was named an NCAA All-American his senior year.

MIKE MCCARTHY '75 & '76

BUDDY LEE '80 & '82

ROGER RANDALL '81

ODU ALL-AMERICANS

# 2004-05 SEASON OUTLOOK

**T**he Old Dominion wrestling team will look to use several key transfers and an impressive group of freshmen, as well as a new coaching staff of NCAA All-Americans, to rebound from last season's 7-12 record. Head Coach Steve Martin, who took over the Monarchs after Gray Simons retired after 17 years, along with new assistants Lee Pritts, Cory Ace and John Testa, have brought in a highly regarded group of wrestlers during the off-season who should make immediate contributions.

Redshirt sophomore Christian Staylor (Chesapeake, VA/Great Bridge) joins the Monarchs squad after two seasons at Arizona State. Staylor reunites with Coach Martin, who coached him at nearby Great Bridge High School. Staylor will start at the 125-pound weight class, with hopes of being an All-American. At the 133-pound weight class will be four-time Virginia AA State Champion, freshman B.J. Compton (Christiansburg, VA), who also looks to start off his college career by turning some heads.

Shanon Slack (Richmond, VA), a junior, has transferred in from Fresno State to wrestle at 141 and expects to achieve All-American status as well. Three other new faces could also do some damage: freshman Hunter Davenport (Chesapeake, VA/Great Bridge) will wrestle at 149 lbs, transfer Nick Pullano (Chesapeake, VA/Great Bridge) comes from Tennessee-Chattanooga to wrestle at 157 lbs and Heavyweight freshman Alec Eaton (Westminster, MD), the Maryland state runner-up.

Junior John Dolida (Bridgewater, NJ) will be the starter in the Heavyweight weight-class. Dolida battled through injuries last season to post a 5-11 overall record in the position at 197. Rob Valentine (Alexandria, VA/Mt Vernon), who posted a 2-10 record as a freshman, along with newcomer Andrew Jordan (Newark, DE/St. Mark's) should compete for starting time this season at 197.

The Monarchs will be built around three returning starters. Robby Gosnell (Warrenton, VA/Faquier) will start at 165, after wrestling at 174 last season, going 18-15 overall. John Adams (Chesapeake, VA/Deep Creek) is the team's only senior and will start at 174 this season after going 25-16 in the 165 weight class in 2003-04. Adam Wright (Dayton, VA/Turner Ashby) will start at 184 lbs, after going 30-9 last season and finishing third in the CAA tournament and being selected as the third alternate in the NCAA Tournament.

ODU will face a challenging schedule this season, competing in tournaments such as the ODU Invitational, the Missouri Open, Mat Town USA Invitational, the Midlands, Virginia Duals, the Rubbermaid Carolina Open, the Southern Scuffle and the Virginia State Intercollegiate Tournament. The Monarchs will play host to CAA powerhouse Hofstra, and face tough competition from NC State, UNC-Greensboro, VMI, George Mason and others.

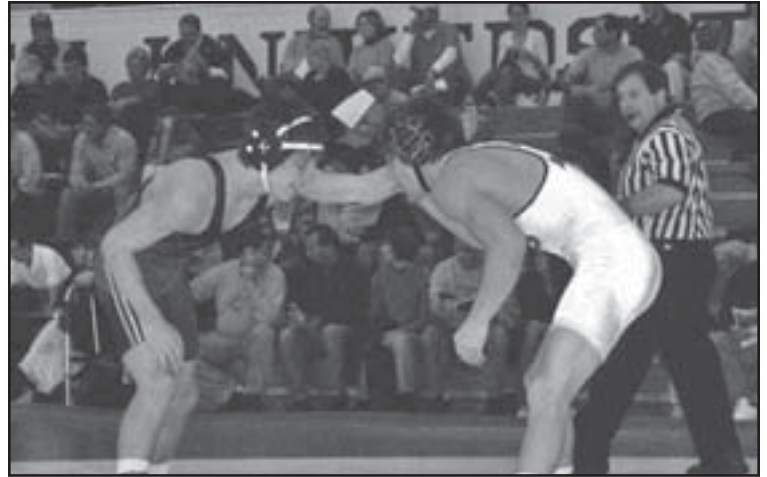
After last season's 7-12 overall record, 5-3 CAA record and 7<sup>th</sup> place finish in the CAA Championships, the Monarchs will look to be a threat in 2004-05, with a fully reloaded team and a new coaching staff of former NCAA All-Americans looking to return ODU to national prominence.

## The Monarchs By Weight Class:

**125:** Christian Staylor will start at this weight class. Staylor went 26-14 and was selected as a NCAA Tournament wildcard for Arizona State last season. Selas Douglas is back-up wrestler.

**133:** B.J. Compton will be the starter. Compton, a freshman, had a stellar high school career, compiling a 178-12 overall record, with 100 pins. He was a four-time district champ, region champ and state champ.

**141:** Shanon Slack will start in this weight class. Slack, a transfer from Fresno State, went 7-12 a year ago, recording a pin and a major decision, wrestling in both the 133 and 141 weight classes. Slack was an All-American in high school, compiling a 105-17 career record. Look for redshirt freshman Donald Motley (Chesapeake, VA/Deep Creek) to be a key back-up.



Freshman B.J. Compton was a four-time Virginia High School State Champion at Christiansburg High School.



The Monarchs hosted the inaugural Blue-Silver intrasquad match in 2004.

**149:** Hunter Davenport will be the starter. Davenport was a three-time district, region and state champ under Coach Steve Martin at Great Bridge High School. Jacob Forestiere (Yorktown, VA/Tabb) will challenge for starting time this year.

**157:** Nick Pullano is the starter at 157. Pullano redshirted last season at Tennessee-Chattanooga, compiling an 18-8 record. He left Great Bridge High School with a 93-30 career record.

**165:** Robby Gosnell (Warrenton, VA) is expected to start in this weight class. Gosnell, a junior, compiled an 18-15 record last season, with a pin, tech fall and five major decisions to his credit.

**174:** Senior John Adams will be the starter at 174. Adams, in the 165-weight class last season, compiled a 25-16 record.

**184:** Junior Adam Wright will start at 184. A third alternate for the NCAA Tournament last year, Wright compiled a 30-9 record in 2003-04, with seven pins, four tech falls and six major decisions.

**197:** Sophomore Rob Valentine and freshman Andrew Jordan will compete for starting time this season.

**HWT:** Junior John Dolida is the starter at Heavyweight this year. Alex Eaton will be a back-up at Heavyweight this season. Eaton placed second in the county, regionals and in the state last season at Meade High School.

# 2004-05 MONARCH ROSTER



NAME	YR.	HT.	WT.	PREVIOUS SCHOOL/HIGH SCHOOL/COACH	HOMETOWN
John Adams	Sr.	6-0	174	Deep Creek/Steve Culpepper	Chesapeake, VA
Patrick Bowman	Fr.	5-8	149	Stonewall Jackson/Bill Turner	Manassas, VA
Chris Buckner	R-Jr.	5-5	133	Deep Creek/Steve Culpepper	Chesapeake, VA
BJ Compton	Fr.	5-6	133	Christiansburg/Kevin Dresser	Christiansburg, VA
James Conyers	Fr.	5-8	165	Western Branch/Bob Siman	Chesapeake, VA
Hunter Davenport	Fr.	5-8	149	Great Bridge/Steve Martin	Chesapeake, VA
John Dolida	Jr.	5-11	Hwt.	Bridgewater-Raritan/Greg Evans	Bridgewater, NJ
Selas Douglas	Fr.	5-6	125	Mt. Vernon/Todd Reynolds	Lorton, VA
Alec Eaton	Fr.	6-0	Hwt.	Meade/Chad Vosberg	Westminster, MD
Jacob Forestiere	R-Fr.	5-9 ½	149	Tabb/Doug Roper	Yorktown, VA
Robby Gosnell	Jr.	5-10	165	Fauquier/Bryan Hurst	Warrenton, VA
Andrew Jordan	Fr.	6-0	197	St. Mark's/Jay Bastianelli	Newark, DE
Donald Motley	R-Fr.	5-6	141	Deep Creek/Brian Dugan	Chesapeake, VA
Nick Pullano	R-Fr.	5-9	157	UT-Chattanooga/Great Bridge/Steve Martin	Chesapeake, VA
Joshua Puryear	So.	5-6	149	I.C. Norcom/Thomas Fuller	Norfolk, VA
Shanon Slack	Jr.	5-7	141	Fresno St./Hermitage/Kelly Guempel	Richmond, VA
Shea Smith	Fr.	6-0	184	Tallwood/Jim Lambert	Virginia Beach, VA
Christian Staylor	R-So.	5-8	125	Arizona St./Great Bridge/Steve Martin	Chesapeake, VA
Josh Tyler	So.	5-7	149	Lee-Davis/Dean Shew	Mechanicsville, VA
Robert Valentine	So.	6-1	197	Mt. Vernon/Todd Reynolds	Alexandria, VA
Adam Wright	Jr.	6-2	184	Turner Ashby/John Fincham	Dayton, VA

Head Coach: Steve Martin (Iowa '91)  
 Assistant Coaches: Lee Pritts (Eastern Michigan '98), Cory Ace (Edinboro '03), John Testa (Clarion '03)  
 Athletic Trainer: Brian Hinkle (California Lutheran '00)

## MONARCH WRESTLING ROOM

“THE NEW  
MAT ROOM”

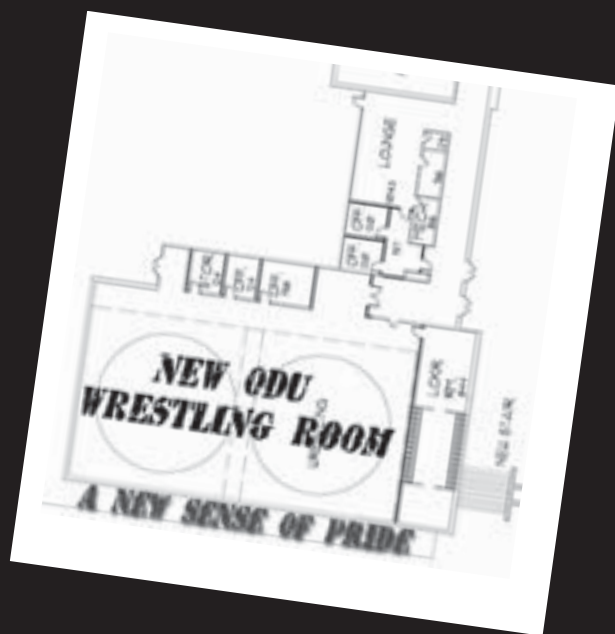
HOME OF THE  
MONARCH  
WRESTLERS

**A**

new, state-of-the-art wrestling room, consisting of 7500 square feet, will give Monarch wrestlers one of the top facilities to practice and train in.

The new mat room, located in the Health & Physical Education Building, will feature two full-size competition mats, spacious locker rooms, cardio area and video equipment.

Separate offices for the head coach and the assistant coaches are accessible from either the outside hallway or the mat room itself, as is the wrestlers' locker room.



ODU ALL-AMERICANS

JODY STAYLOR '94

NICK HALL '95



# MEET THE MONARCHS



**JOHN ADAMS (41-33)**



**SENIOR  
DEEP CREEK HS  
CHESAPEAKE, VA**

Adam is the team's only the senior. 2003-04: Will be a leader at 174 pounds. Had breakout junior year, recording a career-high 25 match wins, going 25-16 overall, with a 9-7 dual record and 5-3 CAA record...Took first at the Old Dominion Invitational at 165...Was second at the Virginia State Intercollegiate Meet...Placed 6th at the Rubbermaid/Carolina Open...Recorded six pins, six major decisions and one tech fall. 2002-03: Competed in 12 matches as a sophomore with a 5-7 record ... Tallied two pins and two major decisions with one tech fall ... Took third at the ODU Invitational at 174 pounds ... 2001-02: Made an immediate impact as a rookie winning 12 matches ... Had three pins during the season. Prep: Adams joined the Old Dominion program from nearby Chesapeake ... Wrestled for four years at Deep Creek, where he finished fifth at the state championship in 2000 and was the state freestyle champ at 165 ... Career record in high school is 119-36 ... Holds the career mark for most pins at Deep Creek with 64 and most pins in a season with 28. Off the Mat: Born June 16, 1983... Son of John and Denise Adams...Has two brothers, Marcus (12) and Justin (16)... Was a member of the National Honor Society while in high school ... Favorite book is "The Outsiders"...Majoring in Mechanical Engineering.



**BJ COMPTON (0-0)**



**FRESHMAN  
CHRISTIANSBURG  
CHRISTIANSBURG, VA**

High School: Compton comes to Old Dominion as a standout recruit from Group AA wrestling powerhouse Christiansburg. Coached by NCAA champions Kevin Dresser and Daryl Weber. Ranked 10th in the nation at 130 pounds by Wrestling USA Magazine as a senior. Is one of only four four-time Group AA state champions in Virginia wrestling history. Had an overall high school record of 178-12 and he notched his 100th pin in the Group AA state finals his senior year. Compton was a nominee for the 2004 Dave Schultz Award. Compton competed for the Virginia USA Wrestling National Team in Fargo, N.D. four times and went 4-2. Won a middle school state championship as an eighth-grader at the Old Dominion Fieldhouse. Off the Mat: Born March 19, 1985...Son of Bane and Sandy Compton...Brother of Jessie Compton (17)...Favorite movie is "Training Day"... Undecided on major.



**PATRICK BOWMAN (0-0)**



**FRESHMAN  
STONEWALL JACKSON  
MANASSAS, VA**

Career: Joins the Monarchs after a year at Northern Virginia Community College...Placed first in the Cedar Run District his junior and senior years at Stonewall Jackson High School in Manassas...Placed fourth in the Group AAA state championships at 145 pounds. Off the Mat: Born March 28, 1985...Son of Edward and Debbie Bowman...Has a twin sister, Elizabeth (19) and a brother, Matt (12)...Most impressive person met is Dan Gable... Favorite movie is "Bill and Ted's Excellent Adventure"...Undecided on major.



**JAMES CONYERS (0-0)**



**FRESHMAN  
WESTERN BRANCH  
CHESAPEAKE, VA**

Career: Three-year letterwinner for the wrestling team at Western Branch High School, where he compiled a 76-25 record...He placed 1st in the district, 1st in the Eastern Regional and placed 3rd in the Virginia AAA State Tournament in 2004. Off the Mat: Born August 12, 1986...Son of James Conyers, Sr., and Virginia Conyers...Has three brothers, Joshua (15), Justin (14) and Jonathan (10), and a sister, Helena (13)...Favorite book is "Around the World in 80 Days"...Majoring in Sports Management.



**CHRIS BUCKNER (37-21)**



**R-JUNIOR  
DEEP CREEK HS  
CHESAPEAKE, VA**

Career: 2003-04: Battled through injuries to finish with 13-6 overall record during his sophomore season...Placed second at the Old Dominion Invitational...Placed third at the Virginia State Intercollegiate Meet...Finished season with four pins and two tech falls... Notable victories include a 12-6 victory over Drexel's Joe Cristaldi at the CAA Duals and Virginia's Steve Hromada. 2002-03: Finished 19-12 during his freshman campaign... Had a first place finish at the Virginia State Intercollegiate Championships... Led team with four technical falls... Should retain the starting spot for the Monarchs at 133 pounds ... 2001-02: Buckner competed for a starting spot at 125 and 133... Prep: While at Deep Creek, compiled a 136-34 record and was named team MVP during his junior and senior year...Also competed in track/ cross-country, football and baseball at Deep Creek. Off the Mat: Born September 26, 1983...Son of Kyle and Colleen Buckner...Has one brother, Sean (17)...Favorite movie is "The Boondock Saints"...Major is Physical Education.





# MEET THE MONARCHS



**HUNTER DAVENPORT (0-0)**



**FRESHMAN  
GREAT BRIDGE HS  
CHESAPEAKE, VA**

High School: Davenport is another standout recruit for the Monarchs wrestling program. Wrestling at national powerhouse Great Bridge, Davenport was part of four state championship teams and won three Group AAA state championships. Was ranked ninth in the nation at 145 pounds as a senior by Wrestling USA Magazine and was an honorable mention high school All-American by InterMat. Like Compton, Davenport won a middle school state championship at the ODU Fieldhouse in the eighth grade, so he's familiar with the surroundings. Davenport has also been a member of the Virginia USA Wrestling National Team. Off the Mat: Born June 27, 1986...Son of Tim Davenport and Dianna Branch...Has a brother, Tim (21) and a sister, Kelli (13)...Undecided on major... Nickname is "Stumpy."



**ALEC EATON (0-0)**



**FRESHMAN  
MEADE HS  
WESTMINSTER, MD**

Career: Was a four-year letterwinner on the wrestling team...He was named to the all-county, all-metro and junior state teams...He was named MVP...Placed second in the county and regionals and 2nd in the state...Off the Mat: Born March 19, 1986...Son of James and Jennifer Eaton...Has a sister, Dori (24)...Favorite sports personality is Stone Cold Steve Austin...Favorite movie is "Fight Club"...Most impressive person met is Bruce Baumgarner...Majoring in Business.



**JOHN DOLIDA (8-14)**



**JUNIOR  
BRIDGEWATER-RURITAN HS  
BRIDGEWATER, NJ**

Career: 2003-04: Battled through injuries to finish with 5-11 overall record...Took third at the Old Dominion Invitational...Had three falls during the season...2002-03: Had third place finish at the ODU Invite... Posted a win at the competitive Carolina Open... Prep: Dolida spent four seasons on the wrestling squad at Bridgewater ... Finished with a 65-25 record and led the team in pins ... Two-time District Champ ... Played on the defensive line for his high school football team for three years. Off the Mat: Born March 11, 1984 ... Son of Kenneth and Nancy Dolida of Bridgewater, NJ ... Has one brother, Michael (23) ... Undecided on major.



**JACOB FORESTIERE (0-0)**



**R-FRESHMAN  
TABB HS  
YORKTOWN, VA**

2003-04: Redshirted. Prep: Four-year starter in high school...Finished with a 115-15 overall record, he was a two-time captain and was named Most Outstanding Wrestler twice...As a freshman, Forestiere placed 2nd in Region I and was a two-time regional champion and three-time state placewinner. Was a Group AA state runner-up as a senior for coach Doug Roper at Tabb High School. Off the Mat: Born June 28, 1985...Son of Tony and Beth Forestiere...Has sister, Jessica (21) and brothers Brian (18) and Jamie (14)...Favorite movie is "Rocky"...Major is Exercise Science.



**SELAS DOUGLAS (0-0)**



**FRESHMAN  
MOUNT VERNON HS  
LORTON, VA**

Career: Douglas joins the Monarchs from Mt. Vernon High School, in Alexandria, VA... Compiled a 82-27 record in high school, where he was a three-year varsity member and a two-time district champion...Placed third in the AAU Junior Olympics his senior year...Off the Mat: Born April 22, 1986...Son of George and Lori Douglas...Brother of Lavonya (24) and Kera (25)...Favorite sports personality is Deion Sanders...Most impressive person met is Dan Gable...Favorite movie is "The Ladies' Man"...Majoring in Psychology.





# MEET THE MONARCHS



**ROBBY GOSNELL (22-20)**



**JUNIOR  
FAUQUIER HS  
WARRENTON, VA**

Gosnell came through as a wrestler that could be counted on in a variety of situations. Initially wrestling at 165 pounds, he finished the season 18-15 and ended up as the entry for the Monarchs at 174 pounds for the CAA Tournament. Will be a contender for an NCAA berth at 165 pounds. Finished second at the ODU Invitational. 2002-03: Finished third at the ODU Invitational... Named to the CAA Preseason All-Freshman Team... Recorded one major decision. Prep: Competed all four years at Fauquier High, compiling a 117-27 record and won a Group AA state championship at 160 lbs. Off the Mat: Born August 2, 1984 ... Son of Paul and Tammie Schifflin of Gainesville, VA ... Has one sister, Stephanie (18), and two brothers, Michael (12) and Matthew (11) ... Majoring in Computer Engineering.



**DONALD MOTLEY (3-0)**



**R-FRESHMAN  
DEEP CREEK HS  
CHESAPEAKE, VA**

Career: 2003-04: Redshirted, finished 8-2 in an injury-shortened freshman season and won the Old Dominion Invitational. Beat The Citadel's Levi Duyn at the Keydet Invitational. ...Prep: Was a three-year football player (wide receiver) and four-year wrestler at Deep Creek High School...In wrestling, made the National Team twice, districts four times, the regionals four times and the state championship twice...Off the Mat: Born June 6, 1985... Son of Dion Washington and Temaka Brooks...Brother of Porcha Osborne (16), Harold Osborne (14), Diona Washington (13), Kalen Washington (9), Sydney Washington (5) and Dion Washington (2)...Favorite book is "The Indian in the Cupboard"...Favorite sports personality is Mike Tyson...Majoring in Sports Management.



Junior Robby Gosnell went 18-15 during the 2003-04 season.



**NICK PULLANO (18-8)**



**R-FRESHMAN  
GREAT BRIDGE HS/UT CHATTANOOGA  
CHESAPEAKE, VA**

Transfer from Tennessee-Chattanooga, where he redshirted. Will expect to see action at 157 pounds. Pullano was a Group AAA state runner-up and was an NHSCA All-American, placing seventh at the senior nationals in Cleveland, Ohio. A freestyle state champion, Pullano compiled a 43-8 record as a senior and a career record of 93-30 for coach Steve Martin at Great Bridge. Multiple-time member of the Virginia USA Wrestling National Team. In unattached matches last season at UTC, Pullano went 18-8 at 157, 165 and 174 pounds, Placed 2nd at the Lindenwood Open, 3rd at the Orange Bowl and 5th at the Missouri Open...Off the Mat: Born November 14, 1984...Son of Michael and Michelle Pullano...Favorite movie is "Goodfellas"...Favorite book is the Bible...Majoring in Exercise Science.



**ANDREW JORDAN (0-0)**



**FRESHMAN  
ST. MARK'S HS  
NEWARK, DE**

Jordan comes to Old Dominion after an 85-20 career at St. Mark's High School in Wilmington, Del. Jordan was a two-time state runner-up for the nationally competitive high school. Won two conference titles and played on the soccer and lacrosse teams. Father Mike is an NCAA wrestling official. Off the Mat: Born March 24, 1986...Son of Michael and Catherina Jordan...Has a brother, Timothy (12)...Favorite movie is "Goodfellas"... Favorite book is "The Da Vinci Code"...Majoring in Accounting.



**JOSHUA PURYEAR (2-9)**



**SOPHOMORE  
I.C. NORCOM HS  
PORTSMOUTH, VA**

Career: 2003-04: Finished with a 2-9 record during his freshman season, sharing time in the 141 and 149 weight classes...Prep: Four-year wrestler at Norcom High School, competing in the 125, 130 and 140 weight classes...Puryear was a two-time District champion and two-time runner-up...His career record in high school was 93-18...Off the Mat: Born May 20, 1985...Son of Jerre and Michele Puryear...Brother of Jerna (22) and Jenna (17)...Favorite movie is "Face-Off"...Favorite book is the Bible...Most impressive person met is Gray Simons...Favorite sports personality is Ken Griffey, Jr...Majoring in Criminal Justice.



# MEET THE MONARCHS



**SHANON SLACK (7-12)**



**JUNIOR  
HERMITAGE HS/FRESNO ST.  
RICHMOND, VA**

Career: Comes to Old Dominion after stops at Fresno State and Cerritos (Calif.) Junior College. Went 7-12 last year at 133 and 141. Dropped a pair of close matches to All-Americans Mark Jayne of Illinois and NCAA Champion Zach Roberson of Iowa State. Will be an immediate contender for a CAA title at 141 and starts the year with an honorable mention national ranking by InterMat. Slack placed 3rd in the NCAA West Regional in the 141-weight class...Prior to Fresno State, Slack had a stellar junior college career at Cerritos College, where he was ranked #1 at three different weights (133, 141, 149) during the course of the season. Compiled an impressive 37-1 record en route to the California Junior College Championship...At Hermitage High School, lettered in three years in wrestling, was a champion and three-time finalist in the Southeast Regional...Slack was a member of the Virginia Cadet National Freestyle and Greco Team and was a State Freestyle Champion... In addition, he was a Greco-Roman state champion...During his senior year, he was the district champion, regional champion, state runner-up...Slack compiled a 105-17 career record...Off the Mat: Born April 23, 1983...Son of Shond Glover...Brother of Nick (24), Roshon (23) and Marshon (15)...Favorite movie is "Scarface"...Favorite book is "Hop on Pop"...Majoring in Communications.



**CHRISTIAN STAYLOR (26-14)**



**R-SOPHOMORE  
GREAT BRIDGE HS / ARIZONA ST.  
CHESAPEAKE, VA**

Staylor comes to Old Dominion from Arizona State where he was an NCAA qualifier last season. Staylor is the second of the Staylor brothers to wrestle at Old Dominion. Older brother Jody was Old Dominion's first Division I National finalist in 1994. Christian notched victories over All-American Sam Hazewinkel (Oklahoma). Finished the season 26-14. Staylor went 2-2 at the NCAA championships at 125 pounds and is an immediate contender for the CAA championship and All-American honors. Starts the preseason ranked 20th by InterMat. While in high school, he was a three-time Virginia High School League Champion (2000-02), Cadet national freestyle champion (2000), two-time Junior Freestyle All-American (2001-02), a three-time member of the Virginia National Freestyle Team and a three-time team captain and Outstanding Wrestler at Great Bridge...During his senior year in 2002, Staylor placed third in the High School Nationals and was named to the Wrestling USA High School All-American Team, racking up a 45-1 record and earning a #1 ranking in the nation by Amateur Wrestling News...Staylor was named a Wrestling USA High School All-American, WIN Magazine High School All-American and InterMat High School All-American...He was also a Team USA Member in the Dapper Dan Classic, competing against Pennsylvania...Staylor was named a top two recruit in the nation, while compiling a career 163-13 record...During his time with the Sun Devils, Staylor was ranked in the top eight by Amateur Wrestling News and made the Amateur Wrestling News Freshman Third Team All-American...Off the Mat: Born January 6, 1984... Son of Jack and Julie Staylor...Has three brothers, Jody (30), Justin (19) and Casey (17), and a sister (27)...Most impressive person met is Bernie Mac...Favorite book read is "The Outsiders"...Favorite movie is "North Shore"...Majoring in Communications... Brother Justin wrestles at Virginia Tech.



**SHEA SMITH (0-0)**

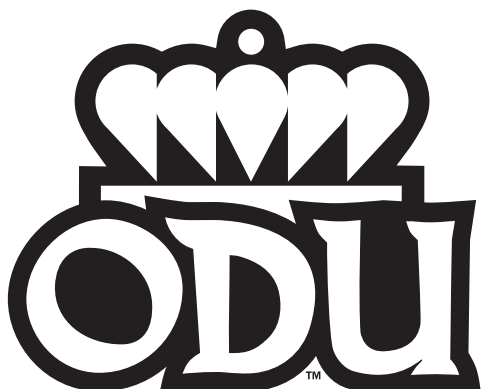


**FRESHMAN  
TALLWOOD HS  
VIRGINIA BEACH, VA**

Career: Competed on the Tallwood High School wrestling team for four years, competing in the 189-, 215-, and 275-pound weight classes...Played on the football team for two years...Off the Mat: Born September 8, 1986...Son of Patricia Smith...Has one sister, Sheree (19)...Majoring in Biology.



Christian Staylor qualified for the NCAA Tournament in 2003-04.



**JOSH TYLER (1-2)**



**SOPHOMORE  
LEE DAVIS HS  
MECHANICSVILLE, VA**

Career: 2003-04: Competed in three matches in his freshman season with ODU, finishing with a 1-2 record as a back-up for Dennis Whitby...Prep: Competed on the junior varsity football team for two years and the varsity football team for two years in high school... Competed on the wrestling team all four years...Was a regional champion, two-time district champion and finished with a 78-23 career record...Off the Mat: Born January 29, 1985...Son of Sonny and Melinda Tyler...Has a brother, Cory (15)...Enjoys water skiing, wakeboarding and volleyball...Favorite movies are "Fight Club"...Majoring in Health and Physical Education... Has a variety of nicknames.



# MEET THE MONARCHS



**ROBERT VALENTINE (2-10)**



**SOPHOMORE  
MT. VERNON HS  
ALEXANDRIA, VA**

Career: 2003-04: Found starting time in both the 184 and the 197 weight classes, finishing with a 2-10 record in his freshman season...Earned one fall for the year...Prep: At Mount Vernon High School, was 2nd in the AAA VHSL state freestyle All-American...Was the team MVP twice...Excelled in three sports in high school, competing on the football, lacrosse and wrestling teams...In wrestling, he competed in the 145, 160, 171 and 189 weight classes...He was a three-time district champion...Placed 6th, 3rd and 1st in regionals...Off the Mat: Born September 18, 1984...Son of Robert and Susan Valentine...Brother of Truett (17) and Grace (14)...Favorite movie is "Pumping Iron"...Major is Art.



**ADAM WRIGHT (54-15)**



**JUNIOR  
TURNER ASHBY HS  
DAYTON, VA**

Career: 2003-04: Had a tremendous sophomore season, finishing 30-9 ...Finished second on the team in wins, Named as an alternate for the NCAA Tournament in the 184 weight class after placing third in the CAA Championships...Took first at the Old Dominion Invitational and the Virginia State Intercollegiate Meet...Placed third in the Rubbermaid/Carolina Open...Placed second at the Beast of the East...Named CAA Co-Wrestler of the Week Feb. 10...Finished season with seven falls, six major decisions and four tech falls. Wright is a contender for the CAA title this season at 184. He starts the season with an honorable-mention national ranking from Intermat. 2002-03: One of the top newcomers for ODU last season, posting an impressive 24-10 record during his rookie season... Finished in first place at the ODU Invitational and second in the Virginia State Intercollegiate Meet... Took a third place finish in the Beast of the East Tournament...Second on team last season with 11 decisions and three technical falls... A pre-season CAA All-Freshman Team selection ... Led team with six major decisions...Posted 5-1 CAA record ... Should continue to rack up victories and become a leader for the Monarchs. Prep: Won a State Title with an 117-32 overall record ... Also won three district and two regional titles ... Attended nationals as a wrestler and pole vaulter, winning championships in both ... Named All-district and All-region as a defensive end for his football team. Also won the Group AA state championship in the Pole Vault. Off the Mat: Born May 5, 1984 ... Son of Keith and Jill Wright of Dayton, VA ... Has one brother, Jeremy (23) Enjoys water sports...Favorite movie is "Top Gun"...Majoring in Mechanical Engineering...



Junior Adam Wright had 30 wins last season and placed third at the CAA Tournament.

## MONARCH REACHOUT

Continuing the Old Dominion University Athletic Department tradition of reaching out into the community, the Monarch wrestling team recently held a clinic for area youth.



# 2004-05



"Patriots"  
Location: Fairfax, VA  
Conference: Colonial Athletic Association  
President: Dr. Alan G. Merten  
Athletic Director: Tom O'Connor  
Colors: Green & Gold  
Head Coach: Brian Shaffer  
2003-04 Record: 4-9  
Web site: [www.gomason.com](http://www.gomason.com)

**GEORGE  
MASON**



"Dukes"  
Location: Harrisonburg, VA  
Conference: Colonial Athletic Association  
President: Dr. Linwood Rose  
Athletic Director: Jeff Bourne  
Colors: Purple & Gold  
Head Coach: Josh Hutchens  
2003-04 Record: 3-20  
Web site: [www.jmusports.com](http://www.jmusports.com)

**JAMES  
MADISON**



"Keydets"  
Location: Lexington, VA  
Conference: Southern Conference  
President: Gen. J.H. Binford Peay II  
Athletic Director: Donny White  
Colors: Red, White & Yellow  
Head Coach: John Trudgeon  
2003-04 Record: 7-7  
Web site: [www.vmikeydets.com](http://www.vmikeydets.com)

**VMI**



"Wolfpack"  
Location: Raleigh, NC  
Conference: Atlantic Coast Conference  
President: Dr. Robert A. Barnhardt  
Athletic Director: Lee Fowler  
Colors: Red & White  
Head Coach: Carter Jordan  
2003-04 Record: 9-6  
Web site: [www.gopack.com](http://www.gopack.com)  
\*2004 ACC Tournament Champions\*

**NC  
STATE**



"Spartans"  
Location: Greensboro, NC  
Conference: Southern Conference  
President: Patricia A. Sullivan  
Athletic Director: Nelson E. Bobb  
Colors: Gold, White & Navy  
Head Coach: Tom Shifflet  
2003-04 Record: 9-6  
Web site: [www.uncgspartans.com](http://www.uncgspartans.com)

**UNCG**



"Pride"  
Location: Hempstead, NY  
Conference: Colonial Athletic Association  
President: Stuart Rabinowitz  
Athletic Director: Harry Royle  
Colors: Gold, White & Blue  
Head Coach: Tom Ryan  
2003-04 Record: 15-5  
Web site: [www.hofstra.edu/athletics](http://www.hofstra.edu/athletics)  
\*2004 CAA Tournament Champions\*

**HOFSTRA**

# OPPONENTS



## “Camels”

Location: Buies Creek, NC  
Conference: Colonial Athletic Association  
President: Dr. Jerry Wallace  
Athletic Director: Stan Williamson  
Colors: Black & Gold  
Head Coach: Billy Greene  
2003-04 Record: 4-13  
Web site: [www.gocamels.com](http://www.gocamels.com)

## CAMPBELL



## “Mountain Cats”

Location: Johnstown, PA  
Conference: Independent  
President: Dr. Albert Etheridge  
Athletic Director: Michael Castner  
Colors: Navy Blue & Vegas Gold  
Head Coach: Pat Pecora  
2003-04 Record: 17-4  
Web site: [www.pitt.edu/~upjsport](http://www.pitt.edu/~upjsport)

## PITT- JOHNSTOWN



## “Aggies”

Location: Doylestown, PA  
Conference: Middle Atlantic Conference  
President: Dr. Thomas C. Learner  
Athletic Director: Frank Wolfgang  
Colors: Forrest Green & Gold  
Head Coach: Brandon Totten  
2003-04 Record: 16-6  
Web site: [www.devalcol.edu/athletics](http://www.devalcol.edu/athletics)

## DELAWARE VALLEY



## “Tar Heels”

Location: Chapel Hill, NC  
Conference: Atlantic Coast Conference  
President: Dr. James Moeser  
Athletic Director: Dick Baddour  
Colors: Carolina Blue & White  
Head Coach: C.D. Mock  
2003-04 Record: 5-11  
Web site: [tarheelblue.collegesports.com](http://tarheelblue.collegesports.com)

## NORTH CAROLINA



## “Tigers”

Location: Columbia, MO  
Conference: Big Twelve  
President: Bradley J. Deaton  
Athletic Director: Michael Alden  
Colors: Old Gold & Black  
Head Coach: Brian Smith  
2003-04 Record: 12-2  
Web site: [www.mutigers.com](http://www.mutigers.com)

## MISSOURI



## “Broncs”

Location: Lawrenceville, NJ  
Conference: Colonial Athletic Association  
President: Mordechai Rozanski  
Athletic Director: Curt Blake  
Colors: Canberry, White  
Head Coach: Gary Taylor  
2003-04 Record: 15-3  
Web site: [www.gobroncs.com](http://www.gobroncs.com)

## RIDER

# TOURNAMENT INFO

## 2004-05

**MAT TOWN**  
THOMAS FIELDHOUSE  
LOCK HAVEN, PA



**VA DUALS**  
HAMPTON COLISEUM  
HAMPTON, VA

**MISSOURI OPEN**  
HEARNES CENTER  
COLUMBIA, MO



# 2003-04

## SEASON REVIEW

The Old Dominion wrestling team finished the 2003-04 season with a 7-12 overall record and a 5-3 Colonial Athletic Association mark, while finishing seventh in the CAA Championships with 29 points.

Derrell Lorthridge's trip to the NCAA Tournament capped the year for the Monarchs. The senior heavyweight led the team with an overall record of 37-11, including an impressive 16-3 in duals action, ranking second nationally in wins. After taking out Ramel Meekins of Rutgers by a 5-3 decision in the first round, Lorthridge dropped a 3-0 decision to #3 seed Matt Feast from the University of Pennsylvania in round two action. In the second round of consolations, he dropped a 5-3 decision to Russ Davies of Cleveland State. Lorthridge's trip to the NCAA Tournament took a Monarch back after a year's absence. Sophomore Adam Wright was the third alternate in the 184 weight class.

The awards rolled in for the Monarchs during the season. Adam Wright won CAA Co-Performer of the Week honors for the week of February 10, while Jesse Pearce earned CAA Co-Performer of the Week honors two weeks later.

The Monarchs started the season by dominating their home event, the Old Dominion Invitational, placing in every class and winning eight of the ten weight classes. From there, ODU placed four wrestlers in the Rubbermaid/Carolina Open, hosted by the University of North Carolina, with Jesse Pearce taking 2<sup>nd</sup> in the 157 weight class and Adam Wright taking 3<sup>rd</sup> in the 184 class. The Monarchs also placed in the Beast of the East Tournament, with Wright taking 2<sup>nd</sup> at 184 and Derrell Lorthridge taking 3<sup>rd</sup> in Heavyweight. At the Virginia State Intercollegiate Meet, the Monarchs placed in six classes, with Wright and Lorthridge both taking 1<sup>st</sup>.

The Monarchs started their dual season 1-4, after dropping duals to three ranked teams: #22 Edinboro (6-42), #19 Purdue (7-37) and #23 Rider (6-39). After scoring key conference wins against Sacred Heart (23-20) and Binghamton (32-18), the Monarchs improved to 3-6 overall and 2-3 in the CAA. After a five-dual non-conference losing streak dropped ODU's overall record to 3-11, the Monarchs came on strong at the end, winning three straight duals to close out their regular season, including dominating efforts over James Madison (42-3) and Delaware State (57-0).

In the CAA Tournament, the Monarchs finished 7<sup>th</sup> after scoring 29 points. Lorthridge qualified for the NCAA Tournament after finishing second in the Heavyweight class, losing only to the #1 wrestler in the CAA, Sacred Heart's Payam Zarrinpour, dropping a 4-2 overtime decision. Lorthridge took out Carmelo Marrero of Rider 3-2 in the first round and Campbell's Lantz Nixon 8-3 in the second round. Adam Wright was selected as a third alternate for the NCAA Tournament after placing third in the 184 weight class in the tournament.

At season end, the Old Dominion University athletic department celebrated the retirement of Gray Simons. Simons, a two-time Olympian and member of seven Halls of Fame, coached at ODU for 17 seasons compiling a 131-106-2 record, and 36 years overall for a 324-194-5 mark. In the 17 years at ODU, Simons coached 28 wrestlers who qualified for nationals, and five All-Americans. In 1994, the Monarchs captured the CAA Championship and Simons was named CAA Coach of the Year.



# 2003-04 WRESTLING STATISTICS

## RECORD

Overall: 7-12    CAA: 5-3  
 Gray Simons: 324-193-5 record at ODU 131-96-2 (*RETIRED*)  
 Dual meet results found at [www.oduports.com](http://www.oduports.com)

## INDIVIDUAL STATISTICS

Name	Cl.	Wt.	Overall	Dual	CAA	Tourn.	Dec.	Tech.	Pins	Pts by/against
John Adams	Jr.	165	25-16	9-7	5-3	16-9	6	1	6	39/32
Justin Bradley	Fr.	133	0-0	0-0	0-0	0-0	0	0	0	—
Chris Buckner	R-So	133	13-6	7-2	4-1	6-4	0	2	4	29/7
Mike Davis	Fr.	141	10-13	2-5	1-4	8-8	2	0	4	12/26
John Dolida	So.	197	5-11	1-2	0-1	4-9	0	0	3	6/8
John Downin	Fr.	141	0-2	0-0	0-0	0-2	0	0	0	—
Jason Earnhardt	Fr.	141	6-11	3-7	0-3	4-4	1	1	1	10/37
Jacob Forestiere	Fr.	149	0-0	0-0	0-0	0-0	0	0	0	—
David Golt	Fr.	157	3-6	1-2	0-0	2-4	0	0	2	6/12
Rob Gosnell	So.	165	18-15	7-4	4-2	11-11	5	1	1	22/15
Matt Hairston	So.	197	0-2	0-0	0-0	0-2	0	0	0	—
John Harris	Fr.	133	0-0	0-0	0-0	0-0	0	0	0	—
Billy Hayduk	R-Fr	133	4-13	2-7	1-1	2-6	0	0	1	6/26
Josh Howland	Fr.	165	5-6	0-1	0-1	5-5	0	0	1	0/6
Andy LaCroix	Fr.	125	1-2	0-1	0-0	1-1	0	0	0	0/5
Derrell Lorthridge	Sr.	Hwt.	37-11	16-3	7-1	21-8	5	1	1	62/9
Donald Motley	Fr.	141	3-0	0-0	0-0	3-0	0	0	0	—
Jesse Pearce	R-Sr.	157	26-10	12-4	6-2	14-6	4	5	6	56/15
Travis Posey	So.	165	1-2	0-0	0-0	1-2	0	0	0	—
Josh Puryear	Fr.	141	2-9	0-5	0-1	2-4	0	0	0	0/19
Brian Roznowski	Fr.	149	5-10	0-4	0-2	5-6	1	0	1	0/22
Tim Schludenberg	Fr.	Hwt.	0-0	0-0	0-0	0-0	0	0	0	—
Jared Smith	Fr.	125	7-20	7-12	3-5	0-7	0	0	1	36/57
Josh Tyler	Fr.	149	1-2	0-0	0-0	1-2	0	0	0	—
Matt Ulrey	So.	174	15-13	6-7	3-1	9-6	1	0	3	25/27
Rob Valentine	Fr.	184	2-10	1-4	0-0	1-6	0	0	1	3/18
Dennis Whitby	R-Sr	149	16-16	6-5	3-3	11-10	2	3	7	24/32
Adam Wright	So.	184	30-9	15-4	7-1	15-5	6	4	7	65/12

## TOURNAMENT RESULTS

### Old Dominion Invitational:

Nov. 22, Norfolk, VA  
 125: 2<sup>nd</sup>—Andy LaCroix  
 133: 1<sup>st</sup>—Mike Davis  
       2<sup>nd</sup>—Chris Buckner  
 141: 1<sup>st</sup>—Donald Motley  
 149: 1<sup>st</sup>—Dennis Whitby  
 157: 1<sup>st</sup>—Jesse Pearce  
 165: 1<sup>st</sup>—John Adams  
       2<sup>nd</sup>—Robby Gosnell  
 174: 1<sup>st</sup>—Matt Ulrey  
       3<sup>rd</sup>—Josh Howland  
 184: 1<sup>st</sup>—Adam Wright  
 197: 3<sup>rd</sup>—John Dolida  
 Hwt: 1<sup>st</sup>—Derrell Lorthridge

### Rubbermaid/Carolina Open:

Dec. 6, Chapel Hill, NC  
 157: 2<sup>nd</sup>—Jesse Pearce  
 165: 6<sup>th</sup>—John Adams  
 184: 3<sup>rd</sup>—Adam Wright  
 Hwt: 6<sup>th</sup>—Derrell Lorthridge

### Beast of the East:

Dec. 19, Newark, DE  
 184: 2<sup>nd</sup>—Adam Wright  
 Hwt: 3<sup>rd</sup>—Derrell Lorthridge

### UNC-G Southern Scuffle:

Dec. 28-29, Greensboro, NC

### Virginia Intercollegiate Meet:

Jan. 18, Norfolk, VA  
 125: 3<sup>rd</sup>—Jared Smith  
 133: 3<sup>rd</sup>—Chris Buckner  
 157: 2<sup>nd</sup>—Jesse Pearce  
 165: 2<sup>nd</sup>—John Adams  
 184: 1<sup>st</sup>—Adam Wright  
 Hwt: 1<sup>st</sup>—Derrell Lorthridge

## DUAL RESULTS

L #22 Edinboro 6-42	W Sacred Heart 23-20*	L Kent State 11-32	L Maryland 14-22
W American 39-9	L Boston Univ. 9-34*	L NC State 21-27	W JMU 42-3*
L #19 Purdue 7-37	W Binghamton 34-18*	L VMI 20-21	W Del State 57-0
L Drexel 19-25*	L Virginia 14-25	W Campbell 32-7*	W GMU 20-13*
L #23 Rider 6-39*	L Virginia Tech 12-29	L UNC-Greensboro 19-23	

\*CAA Match

# HONORED MONARCHS

## VIRGINIA INTERCOLLEGIATE STATE CHAMPIONS

YEAR	WRESTLER	WEIGHT
1979	Wayne Martin	126
1979	Buddy Lee	134/142
1979	Tim Davidson	150/158
1979	Frank Nowland	Hwt.
1980	Terry Kretz	126
1980	Roger Randall	150/158
1981	Andy Stone	118
1981	Roger Randall	150/158
1981	Larry Corry	158/167
1982	Brad Anderson	167
1982	Bill Sabo	Hwt.
1984	Ben Ward	150
1984	Pual Gravalis	190
1984	Bill Sabo	Hwt.
1985	Vincent Tripp	158
1985	Scott Giacobbe	177
1987	Rich Castano	150
1988	Wayne Gibson	118
1989	Wayne Gibson	118
1990	Noel Clavel	126
1990	Steve Sciandra	190
1991	Tom Sinacore	118
1991	Noel Clavel	126
1991	Nick Garone	150
1991	Pete Huntley	177
1991	Steve Sciandra	Hwt.
1992	Erick Shaw	118
1992	Noel Clavel	126
1992	Peter Horst	134
1993	Erick Shaw	126
1993	Bill Terry	167
1994	Tom Sinacore	118
1994	Jody Staylor	126
1994	Greg Satchell	167
1994	Nick Hall	Hwt.
1995	Jody Staylor	134
1995	Chris Todd	167
1995	Nick Hall	Hwt.
1996	Jamie Kelly	158
1996	Nick Hall	Hwt.
1998	Jamie Kelly	158
1999	Jeff Rusak	157
2001	Jeff Rusak	174
2002	Jeff Rusak	174
2003	Chris Buckner	133
2003	Ben Summerlin	174
2004	Adam Wright	184
2004	Derrell Lorthridge	Hwt.

## CAA TOURNAMENT INDIVIDUAL CHAMPIONS

YEAR	WRESTLER	WEIGHT
1992	Noel Clavel	126
1992	Peter Horst	134
1992	Erick Shaw	118
1993	Tom Sinacore	118
1993	Bill Terry	167
1994	Jody Staylor	126
1994	Greg Satchell	167
1995	Jody Staylor	134
1995	Chris Todd	167
1995	Nick Hall	Hwt.
1996	Nick Hall	Hwt.
1998	Mark Strickland	150
1999	Paul Jimenez	125
2000	Dennis Whitby	149
2001	Jeff Rusak	174
2002	Jeff Rusak	174

## NCAA EAST REGIONAL CHAMPIONS

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1980	Buddy Lee	134/142
1991	Steve Sciandra	Hwt.
1982	Buddy Lee	134/142
1983	Larry Corry	158/167
1982	Brad Anderson	167
1983	Brad Anderson	167
1984	John Cecala	134/142
1984	Ben Ward	150
1984	Scott Giacobbe	177
1986	Jeff Bridges	150
1989	Wayne Gibson	118
1989	Rich Castano	150
1990	Noel Clavel	126
1991	Noel Clavel	126
1991	Nick Garone	150
1991	Peter Horst	134
1991	Steve Sciandra	Hwt.

## EASTERN NATIONAL OPEN CHAMPIONS

YEAR	WRESTLER	WEIGHT
1984	Ben Ward	150
1985	Scott Giacobbe	177
1989	Wayne Gibson	118
1989	Greg Satchell	158
1990	Steve Sciandra	190
1991	Peter Horst	134
1991	Nick Garone	150
1991	John Friel	Hwt.

## OLD DOMINION ATHLETE OF THE YEAR

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1991	Peter Horst	134
2001	Jeff Rusak	174

## FRESHMAN ALL-STARS

YEAR	WRESTLER	WT	HONOR
1982	Carlo Mincheff	150	6th team
1993	Kip Covington	150	4th team

## OUTSTANDING WRESTLER HONORS

YEAR	WRESTLER	WT	HONOR
1989	Wayne Gibson	118	Capital Wrestling
1994	Greg Satchell	167	CAA
1998	Mark Strickland	150	CAA
2003	Ben Summerlin	174	VA State

## CAA WRESTLER OF THE YEAR

YEAR	NAME	WEIGHT
1994	Jody Staylor	126
1995	Nick Hall	Hwt.
1996	Nick Hall	Hwt.
2002	Jeff Rusak	174

## CAA ROOKIE OF THE YEAR

YEAR	NAME	WEIGHT
1999	Jeff Rusak	157



2004 NCAA Qualifier Derrell Lorthridge

## ALL AMERICANS



Nick Garone



Jody Staylor



Peter Horst



Nick Hall

## OLD DOMINION ALL-AMERICANS

YEAR	NAME	WT	PLACE
1966	Carl Ragland	130	2nd
1967	David Lindjhem	145	4th
1968	Lou Curra	115	4th
	David Todd	177	6th
1969	Lou Curra	115	5th
	Wayne Bright	137	5th
	Carl Ragland	152	1st
1970	Lou Curra	115	4th
	Wayne Bright	142	1st @
1974	Terry Perdew	118	1st
	Ray Pond	142	3rd
1975	Mike McCarthy	126	5th
1976	Mike McCarthy	142	4th
1980	Buddy Lee	134	4th
1981	Roger Randall	150	7th
1982	Buddy Lee	134	7th
1984	Ben Ward	150	7th
1991	Peter Horst	134	6th
	Nick Garone	150	6th
1994	Jody Staylor #	126	2nd
1995	Nick Hall	Hwt.	5th

# Old Dominion's first Division I Finalist  
@ Fourth in NCAA Division I

## MONARCH WRESTLERS IN THE OLD DOMINION SPORTS HALL OF FAME

NAME	INDUCTED	WRESTLED	NAME	INDUCTED	WRESTLED
Wayne Bright	1982	1967-70	Lou Curra	1988	1967-70
Carl Ragland	1983	1966-69	Terry Perdew	1990	1972-74
Pete Robinson	1985	1959-83 (Coach)	Mike McCarthy	1994	1972-76
Paul Cote	1986	1966-69	Roger Randall	2004	1979-81
Buddy Lee	1987	1980-83			

# HONORED MONARCHS

## INDIVIDUAL TOURNAMENT CHAMPIONS

### OLD DOMINION INVITATIONAL\*

YEAR	WRESTLER	WEIGHT
1983	Brad Anderson	167
1991	Tom Sinacore	118
	Peter Horst	134
1992	Erick Shaw	118
	Noel Clavel	126
	Bill Terry	177
	Pete Huntley	167
	Nick Hall	Hwt.
1993	Erick Shaw	118
	Kip Covington	150
	Bill Terry	167
	Tom Sinacore	118
	Bryan Richardson	126
	Phil Donnelly	142
	Frank Matyiko	150
	Jamie Kelly	158
	Chris Todd	167
	Greg Satchell	177
	Nick Hall	Hwt.
1995	Erick Shaw	126
	John Alexander	142
	Phil Donnelly	150
	Curt Krazer	158
	Chris Todd	167
	Nick Hall	Hwt.
1996	Bryan Miller	118
	Erick Shaw	126
	Chad McPhatter	158
	Jamie Kelly	167
	Nick Hall	Hwt.
1997	Ryan Hersey	158
	Curt Krazer	167
	Jamie Kelly	177
1998	Jamie Kelly	158
	Mark Strickland	150
1999	Jeff Rusak	157
	Josh Fannon	184
2000	Chip Reyes	125
	Dennis Whitby	149
	Jeff Rusak	167
2001	Paul Jimenez	125
	Dennis Whitby	149
	Jeff Rusak	174
	Blake Romano	165
2002	John Starkes	125
	Paul Jimenez	133
	Casey Todd	149
	Ben Summerlin	165
	Jeff Rusak	174
	Matt Small	184
	Greg Gill	197
2003	Mike Davis	133
	Donald Marley	141
	Dennis Whitby	149
	Jesse Pearce	157
	John Adams	165
	Matt Ulrey	174
	Adam Wright	184
	Derrell Lorthridge	Hwt.

### CAPITAL WRESTLING TOURNAMENT

YEAR	WRESTLER	WEIGHT
1988	Wayne Gibson	118
1988	Mark Billups	150
1988	Rich Castano	158
1989	Wayne Gibson	118
1989	Butch Hibbard	134
1989	Mark Billups	142
1989	John Friel	Hwt.
1989	Steve Line	190

### CLEMSON TIGER OPEN TOURNAMENT

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1980	Eric Webb	142
1980	Roger Randell	150/158
1981	Wayne Martin	126
1981	Bill Sabo	Hwt.
1982	Buddy Lee	134/142

### JMU INVITATIONAL TOURNAMENT

YEAR	WRESTLER	WEIGHT
1990	Steve Sciandra	190
1990	John Friel	Hwt.
1991	Noel Clavel	126
1991	Peter Horst	134
1991	Steve Sciandra	Hwt.

### MAT TOWN TOURNAMENT

YEAR	WRESTLER	WEIGHT
1991	Noel Clavel	126
1991	Steve Sciandra	Hwt.
1992	Noel Clavel	126
1996	Nick Hall	Hwt.
2002	Jeff Rusak	174

### CIVITAN MONARCH CLASSIC

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1980	Terry Kretz	126
1980	Roger Randall	150/158

### NORTH CAROLINA INVITATIONAL

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142

### MARYLAND TOURNAMENT

YEAR	WRESTLER	WEIGHT
1982	Brad Anderson	167
1984	John Cecala	134/142

### SUNSHINE OPEN TOURNAMENT

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1993	Jody Staylor	126

### INDIAN INVITATIONAL TOURNAMENT

YEAR	WRESTLER	WEIGHT
1979	Buddy Lee	134/142
1979	Pat Ryan	190

### US NAVY TURKEY BOWL TOURNAMENT

YEAR	WRESTLER	WEIGHT
1981	Roger Randell	150/158

### WILKES OPEN

YEAR	WRESTLER	WEIGHT
1996	Nick Hall	Hwt.
1999	Jeff Rusak	165



## BUDDY LEE, ODU '82 & 1992 OLYMPIAN

One of Old Dominion's finest wrestling alums is Anthony "Buddy" Lee. For years, he has wowed audiences around the world with his acrobatic jump rope skills and techniques. Buddy currently has his own line of High performance jump ropes and training programs that are used by Olympians across all sports. His patented jump ropes are licensed and are the official ropes of The United States Olympic Team.

Buddy came to Old Dominion from Highland Springs High School in Richmond, Va. A high school known for its basketball and football state championship teams. He started wrestling as a 9th grader and won Highland Springs' first Virginia AAA State championship at 126 pounds in 1977 and was the State Runner up at 119 lb. in 1976.

He came to Old Dominion with only one high school state title and a record of 90 -5 1 and as of 2004, is one of only three high school state champions from Highland Springs.

Buddy was a two-time NCAA All-American at ODU, placing fourth in 1980 and seventh in 1982. After graduating from ODU with a degree in secondary education, he went on to serve in the U.S. Marines and became a 10-time world medalist, a three-time National Greco Roman Champion, and was voted most outstanding wrestler at the National Championships and was twice named U.S. Marine Corps Athlete of the Year.

Buddy is the first of hopefully many more Olympic wrestling hopefuls that have stepped on the mat at Old Dominion University. He placed sixth in the 1992 Barcelona Games in Greco-Roman.

He is the author of Jump Rope Training published by Human Kinetics, a national motivational speaker, inventor of Hyperformance jump rope with a patented bearing

system, and a trainer to Olympic Athletes, all while living an exemplary lifestyle. Pictured above, you will see Buddy carrying the Olympic Torch en route to the 1996 Atlanta Games.

In 2004, Buddy Lee Jump Ropes were recognized as the best jump rope, period, by "Men's Health" and Men's Fitness magazine and appeared on CNN Headline news, NBC, CBS, Business Week, GQ, Jet, New York Times, Los Angeles Times and will appear in Vogue. Buddy compiled an impressive 122-13-2 record at Old Dominion, was voted male athlete of the year three times; most valuable wrestler four times and was inducted into the ODU Sports Hall of Fame in 1987.

"Wrestling built my character, taught me the self discipline, commitment, confidence, persistence, and courage to fight to the end to live my dreams. My greatest lessons did not come from winning but from what I learned in the struggle for athletic excellence. I learned about life and about myself. Everyday I call on these mental skills to help me in my personal life, in business and to continue to stay focused to live my dream to motivate, educate and encourage others to become fit for life," said Lee.

"Wrestling helped me to discover, mold and develop my inner self to become a champion in life. As a result my education and sports background has allowed me to make the right choices in life."

# MONARCHS

IN THE NCAA TOURNAMENT



## NCAA NATIONAL CHAMPIONS

YEAR	NAME	WEIGHT
1969	Carl Ragland	152
1970	Wayne Bright	142
1974	Terry Perdew	118



Wayne Bright



Carl Ragland



Terry Perdew

## NCAA QUALIFIERS

YEAR	NAME	WEIGHT
1979	Buddy Lee	134
1980	Buddy Lee	134/142
1981	Roger Randell	150/180
1982	Brad Anderson	167
	Scott Giacobbe	177
	Bill Sabo	Hwt.
	Larry Corry	158
	Ben Ward	142
1983	Brad Anderson	167
	Larry Corry	158
	Scott Giacobbe	177
1984	Ben Ward	150
	John Cecala	134/142
	Scott Giacobbe	177
	Mike Duhigg	118
1985	Scott Giacobbe	190
	Vincent Tripp	158
	John Cecala	134
	Bill Sabo	Hwt.
	Paul Denoncourt	118
1986	Jeff Bridges	142
1987	Mark Billups	142
	Steve Sciandra	190
	Wayne Gibson	118
1988	Wayne Gibson	118
	Mark Billups	142
	Rich Castano	158/167
	Steve Line	Hwt.
1989	Wayne Gibson	118
	Rich Castano	150

YEAR	NAME	WEIGHT
1989	Mark Billups	142
	Greg Satchell	158
1990	Steve Sciandra	190
	Noel Clavel	126
	Pete Huntley	177
1991	Nick Garone	150
	Peter Horst	134
	Steve Sciandra	190
	Noel Clavel	126
1992	Noel Clavel	126
	Erick Shaw	118
	Peter Horst	134
1993	Tom Sinacore	118
	Erick Shaw	126
	Bill Terry	167
1994	Nick Hall	Hwt.
	Greg Satchell	167
	Tom Sinacore	118
	Jody Staylor	126
1995	Jody Staylor	134
	Chris Todd	167
	Nick Hall	Hwt.
1996	Erick Shaw	126
	Nick Hall	Hwt.
1998	Jamie Kelly	158
	Mark Strickland	150
1999	Paul Jimenez	125
	Jeff Rusak	157

YEAR	NAME	WEIGHT
2000	Jeff Rusak	165
	Dennis Whitby	149
2001	Jeff Rusak	174
2002	Jeff Rusak	174
2004	Derrell Lorthridge	Hwt.



Rich Castano



Mark Strickland



Steve Sciandra



Jeff Rusak



Jamie Kelly



Derrell Lorthridge

# LETTERWINNERS

<b>- A -</b>	Abbitt, Matt 1960-62 Abrams, Robert 1965-66 Albertson, P. 1973-74 Adams, John 2001- Alexander, John 1995-96 Alford, Brad 2001-02 Allen, Terry 1977-78 Altice, C. Perry 1967-69 Altice, Perry 1969-71 Altizer, John 1990-92 Anderson, Brad 1981-83 Angeleri, Dave 1984-85 Armitage, John 1976-78 Ash, Phillip 1987-88 Ashe, Michael 1964-65 Ayers, Bill 1963-64	Cote, Paul 1962-66 Covington, Kip 1992-93 Cox, Mike 1985-86 Craig, Steve 1983-86 Crain, S. 1968-69 Crowling, Jim 1960-63 Cullen, Bill 1979-81 Curra, Luciano 1967-70	Hatcher, Robert 1958-59 Hatcher, G. 1968-70 Hawkins, Jeff 1981-82 Hawkins, Joe 1991-94 Heil, Norman P. 1973-74 Herb, Kevin 1974-75 Herbert, Mike 1960-62 Hersey, Ryan 1995-97 Hibbard, Butch 1985-89 Hiller, Luke 1990-91 Hoelke, Robert 1988-90 Hoer, John 1971-72 Hogue, Robert 1963-66 Holmes, Arturo 1978-80 Holmes, Eugene 1976-77 Horst, Peter 1990-92 Hubbard 1970-71 Huffman, William 1965-66 Hughes, M. 1965-66 Huntley, Pete 1989-92 Hyland, Todd 1981-82	Matyiko, Frank 1990-94 Mayo, Wes 1988-89 Meekins, Doug 1972-76 Mele, Andy 1987-90 Mentzer, Matt 1991-92 Meredith, Buddy 1958-62 Merritt, Jeff 1984-85 Minium, H. 1974-75 Miller, Bryan 1995-96 Miller, Scott 1966-67 Miller, Bill 1973-76 Miller, John 1983-84 Mincheff, Carlos 1981-82 Moore, William 1970-71 Mooskin, Gene 1957-59 Morvec, A. 1960-61 Munnich, Mark 1990-94 Murphy, D. 1966-67 Murray, B. 1969-70 Murrell, H. 1964-65	Seaman, Brian 1994 Segars, Bill 1987-88 Serrano, Alex 1988-89 Seymore, Steve 1979-80 Shaw, Erick 1991-96 Shelton 1959-60 Shiver, Terry 1975-76 Signmon, Kennis 1969-70 Silverman, Harvey 1959-63 Simons, Gray 1987-88 Sinacore, Tom 1989-94 Small, Matt 2000-02 Smith, Jeff 1992-93 Smith, Rod 1979-80 Sniveby 1965-66 Soldier, E. 1973-74 Somers, Rob 1985-87 Southwell, M. 1969-70 Spagnoli, Chad 1992-93 Springston, Rex Claud 1970-74 Stanfield, Bob 1960-61 Standwill, Paul 1987-91 Starkes, John 2001-03 Staylor, Edward 1959-60 Staylor, Jody 1994-95 Stickney, Ethan 1979-80 Stillo, Frank 1981-83 Stillo, Frank 2000-01 Strickland, Mark 1997-98 Stokes, Jud 1981-82 Stone, Andy 1979-81 Straub, Rob 1992-94 Stringfield 1958-59 Suehs, Kirk 1971-74 Sullivan, Richard 1965-66 Summerlin, Ben 2001-03 Sutherland, John 1959-60 Sutherland, Bill 1981-84 Szabo, Ron 1985-86	
<b>- B -</b>	Ballou, Charles 1975-76 Bano, Lenny 1987-89 Barrett, Bryan 1982-84 Bassett, Larry 1984-87 Battiate, Charles 1986-87 Beachum, Doug 1957-58 Bednarek, Mickey 1972-75 Billups, Mark 1985-89 Bishop, James 1962-63 Blackowski, John 1992-94 Blair, Christopher 1995-96 Blancaflor, Jun 1995-96 Booth, James Jeff 1972-73 Borum, J. Frank 1967-71 Bottoms, Greg 1988-92 Boucher, Don 1974-76 Boulder 1967-68 Boyd, Albert 1960-62 Boyd, Brock 1994-95 Boyd, Edward 1975-76 Bozard, Tom 1976-78 Brashear, Phil 1980-81 Bredenbach, Scott 1976-77 Bridegam, Scott 1986-87 Bridges, Jeff 1983-87 Bright, Andy 1971-72 Bright, L. Wayne 1967-70 Brittling 1957-58 Brown, Tom 1991-94 Buckner, Chris 2001- Bunch, David 1979-81 Burke, Jason 1991-92 Burkey, Mark 1979-83 Busch, Charles 1999-2003	<b>- D -</b> DaBiero, Joseph 1982-83 Dalton, C. 1959-61 Darnell, Shane 1996-97 Daughtery 1958-59 Davernport, James 1976-77 Davernport, Glenn P. 1969-70 Davidson, Jason 1994-96 Davidson, Tim 1976-80 Davis, Ronnie Harry 1957-61 Deming, Poe 1957-58 Denoncourt, Paul 1982-86 Derang, Wilfred 1990-91 Derricott, J.J. 1977-78 Deshields, Darrell 1984-85 Deveraux, Terry 1979-84 Devlin, Randy 1995-96 Dickerson, Bill 1976-77 Dondero, Steve 1987-88 Donnelly, Phil 1994-96 Duhigg, Mike 1983-84 Durham, David 1992-93 Durso, Mario 1986-88	<b>- J -</b> Jeffords, Stephen 1976-77 Jenkins, Jack 1970-73 Jenkins, Randy 1999-00 Jimenez, Joel 1995-99 Jimenez, Paul 1997-02 Johnson, Bob 1964-67 Johnson, Jim 1986-87 Johnson, Lamonte 1978-79 Jones, John 1995-96	<b>- N -</b> Naguin, Doug 1974-75 Nowland, Frank 1978-83 Nowland, John 1978-82	<b>- O -</b> O'Donnell, Jim 1988-89 O'Hara, James 1996-97 O'Toole, Henry 1974-77 Osborne, Jim 1987-88 Osman, Henry 1966-67	<b>- T -</b> Terry, Bill 1989-93 Thatcher, Richard 1982-83 Thomas, J. 1960-61 Titcomb, Dave 1990-92 Todd Casey 2001-02 Todd, Chris 1990-95 Todd, David 1965-68 Tomblin, David 1988-89 Townsend, Douglas 1970-71 Tripp, Vincent 1980-85 Tugwell, Bill 1960-61 Turner, Fred 1961-62 Turner, Wendell 1995-96
<b>- E -</b>	Ellis, Matt 1995-96 Entsminger, Lee 1969-73 Epps, Matt 2000-02 Ernest, Alexander 1995-96	<b>- K -</b> Kanthula, Wan 2000-02 Kaplan, Dave 2001-03 Keifer, Frank 1967-68 Kellam 1958-59 Kelly, Danny 1986-88 Kelly, Jamie 1994-98 Kerns, Darren 1988-89 Kerr, John 1957-58 Kigerl, Wayne 1966-70 King, Robert 1973-74 Komthirath, Saylath 1999-00 Krazer, Curtis 1994-97 Krepps, Brad 1997-02 Kretz, Terry 1975-80 Kube, Kurt 1984-85 Kugler, A. 1960-61	<b>- P -</b> Paris, William 1968-70 Parker, B. 1969-70 Parker, James 1971-73 Patykula, Joseph 1975-77 Payne, Carvey Randy 1974-78 Pearce, Jesse 1999-04 Perdew, Terry 1972-74 Persinger, Cliff 1984-85 Pettiitt, Roger 1972-75 Place, Todd 1995-96 Placencia, Alex 1997-98 Platt, Jeff 1990-92 Pond, Ray 1971-75 Porter, James 1992-93 Porter, John 1984-85 Puckett, Will 2000-01	<b>- Q -</b> Query, P. 1969-70 Quick, Keith 1992-93	<b>- R -</b> Ragland, Carl 1965-69 Randall, Roger 1979-81 Recore, Gene 1968-72 Reilly, Peter 1995-96 Ricardo, Ned 1962-63 Rice, John 1960-62 Richardson, Bryan 1992-94 Ritterpusch, Kurt 1987-89 Rivenbark, Terry 1970-71 Rizzo, Greg 1984-85 Roberts, Tom 1978-79 Robinson, Bill 1979-81 Romano, Blake 1999-02 Rome, Bobby 1979-80 Rosser, Jonathan 1995-96 Ruff, Bill 1986-89 Ruff, Tom 1986-88 Rusak, Jeff 1997-02 Russillo, Bob 1971-72 Ryan, Jeff 1980-84 Ryan, Pat 1978-79	<b>- V -</b> Vaire, J. 1968-69 Valdivieso, Steve 1980-81 Valenza, Vince 1981-82 Van Fenge, Tom 1977-78 Vandais, Robert 1988-89 Vera, Brandon 1995-96 Vick, John 1988-89 Villareale, Joe 1982-83
<b>- F -</b>	Fannon, Josh 1995-98 Fedak, Chuck 1983-84 Fields, Ed 1971-76 Filson, Chad 1997-99 Fitzpatrick, Brad 1997-98 Flynn, Russell 1965-68 Forbes, B. 1966-67 Ford, Ken 1972-73 Forehand 1961-63 Forte, Tony 1995-97 Friel, Jack 1986-91 Frook, Clay 1992-93 Frye, William 1958-64 Fucci 1965-66 Fussell, Chris 1992-94 Fussell, Johnathan 1989-93	<b>- L -</b> Lamb, Payton 2000-01 Lambert 1957-58 Lampros, Robert 1958-59 Land, Richard 1972-73 Langston, Bill 1960-62 LaRose, P. David 1972-73 Larson, John 1983-85 Laux, William 1975-78 Leaman, Timothy 1969-74 Lee, Buddy 1977-82 Lee, Jonathan 1980-84 Legge, Robert 1995-96 Lewis, Ian 1995-97 Lewis, Ronald 1958-59 Lewis, Danny 1985-86 Ligouri, Mike 1986-87 Lindhjem, David 1966-69 Line, Steve 1986-90 Lorhridge, Derrell 2000-04 Louverture, Jones 1988-00 Lovato, Dave 1984-86 Luck, John 1968-69 Lyons, Dick 1962-64	<b>- S -</b> Sabo, Bill 1980-85 Sadler, Jim 1971-72 Samuels, Damon 1983-85 Saunders, Buddy 1957-59 Sansone, Matt 1990-92 Satchell, Greg 1988-94 Sciandra, Steve 1986-91 Schinelli, Matt 1988-90 Schoffstall, Jim 1991-92 Schwind, Brian 1974-76 Scillia, Rich 1985-86	<b>- W -</b> Waller, Wayne 1980-82 Walley, Everett 1962-63 Ward, Ben 1981-84 Waterfield, Charles 1962-65 Watts, James 1972-74 Webb, Eric 1976-81 Weinthal, Dan 1986-87 Weismantel, Scott 1990-91 Weller, Frank 1957-59 Welch, Greg 1989-91 Whitby, Dennis 1999-04 Whitt, Mark 1973-74 Wilcox, Steven 1968-72 Wilson 1971-72 Williams, I. 1964-65 Williamson, Dean 1972-73 Winn, Dave 1980-81 Wooten, Kennis 1992-93 Wright, Joseph 1999-03 Wright, Adam 2003- Wynne, G. 1958-60		
<b>- C -</b>	Cahill, Ed 1980-81 Cairns, Jacob 1999-02 Calder, Mark 1978-81 Calley, Bill 1977-78 Cannon, Dennis 1986-88 Cappetta, Dave 1975-77 Caprio, Michael 1963-64 Carlson, Ed 1978-79 Carrithers, D. 1965-69 Carroll, Will 2000-01 Carson, Steve 1982-86 Casher, David 1979-83 Castano, Rich 1984-89 Casteen, Mike 1974-75 Castelar, Carlos 1995-96 Cecala, John 1983-85 Ceccio, John 1986-87 Christ, Larry 1966-67 Clark, Robert 1975-76 Clark, John 1979-80 Clark, Mark 2001-03 Clark, Mike 1979-83 Clarke, James 1965-68 Clavel, Noel 1989-92 Clavel, Paul 1988-91 Cleveland, Russell 1965-66 Coghill, Tom 1980-82 Conley, A. 1966-68 Connelly, Jim 1985-86 Cook, Tim 1974-75 Corning, Vince 1986-87 Correll, Jesse 1996-98 Corrigan, Tim 1983-84 Corry, Larry 1978-83	<b>- G -</b> Gamble, Thomas 1983-84 Garone, Nick 1990-91 Gatling, Richard 1972-73 Gautreaux, Larry 1958-62 Gautreaux, Paul 1959-62 Gentilcore, David 1987-88 Giacobbe, Scott 1981-85 Giampolo, Bill 1983-84 Gibson, Wayne 1985-89 Gilbert, Chaz 1959-60 Gill, Greg 2000-03 Goodale, Tim 1999-03 Goodman, Jeffrey 1966-67 Goodson, Kieth 1977-78 Gosnell, Robby 2002- Grant, Randy 1988-90 Gravalis, Tom 1982-84 Gray, Tom 1991-94 Greene, Robert 1971-72 Gregor, Victor 1965-67 Gutterman, Robert 1960-64	<b>- M -</b> McCarthy, John 1970-75 McCarthy, Michael 1972-76 McDonald, Leevi 1996-97 McFerron, Donald 1968-69 McMillan, Thomas 1962-65 McPhatter, Chad 1992-96 Manka, Conan 1996-97 Mansfield, Fank 1968-69 Mansfield, M. 1969-72 Marker, James 1987-88 Marks, Teddy 1957-61 Martin, Dan 2000-01 Martin, Wayne 1978-82	<b>- Y -</b> Yetter, Mike 2001-02 Young, Tony 1983-84	<b>- Z -</b> Zlotnick, Danny 1979-83	

# YEAR-BY-YEAR

**1957-58 (5-1-0)**  
**COACH: PETE ROBINSON**  
 7-24 L Baltimore  
 21-11 W Towson State  
 29-3 W Catholic  
 24-7 W Virginia - Freshman  
 29-3 W Virginia Military Institute  
 36-0 W Washington & Lee

**1958-59 (7-0-0)**  
**COACH: PETE ROBINSON**  
 21-10 W Fort Eustis  
 31-2 W Towson State  
 21-8 W American  
 20-0 W Gallaudet  
 36-0 W North Carolina State  
 28-9 W Virginia  
 14-12 W Baltimore

**1959-60 (6-0-1)**  
**COACH: PETE ROBINSON**  
 38-0 W Catholic  
 20-13 W American  
 18-18 T Baltimore  
 19-8 W Hampden-Sydney  
 21-14 W Loyola (MD)  
 20-17 W Gallaudet  
 21-12 W Hampden-Sydney

**1960-61 (10-1-0)**  
**COACH: PETE ROBINSON**  
 22-6 L Appalachian State  
 24-10 W Pfeiffer  
 33-5 W Hampden-Sydney  
 34-5 W Towson State  
 19-8 W Baltimore  
 19-10 W Appalachian State  
 29-6 W American  
 19-11 W Hampden-Sydney  
 21-12 W Gallaudet  
 25-5 W Gallaudet  
 16-13 W Appalachian State

**1961-62 (10-1-0)**  
**COACH: PETE ROBINSON**  
 29-3 W Appalachian State  
 24-7 W Baltimore  
 24-8 W Washington & Lee  
 0-26 L Lock Haven  
 30-0 W Gallaudet  
 32-3 W Loyola (MD)  
 36-3 W Hampden-Sydney  
 17-13 W Appalachian State  
 29-5 W Pfeiffer  
 25-3 W American  
 28-5 W Hampden-Sydney

**1962-63 (7-3-0)**  
**COACH: PETE ROBINSON**  
 11-17 L Washington & Lee  
 5-24 L Lock Haven  
 5-24 L Lycoming  
 17-11 W East Carolina  
 27-5 W American  
 20-6 W East Carolina  
 27-6 W Baltimore  
 35-5 W Loyola (MD)  
 28-5 W Gallaudet  
 27-10 W Hampden-Sydney

**1963-64 (9-0-1)**  
**COACH: PETE ROBINSON**  
 25-9 W East Carolina  
 12-12 T Appalachian State  
 16-13 W Pfeiffer  
 32-3 W Loyola (MD)  
 35-3 W Richmond Prof. Institute  
 30-5 W Towson State  
 26-0 W East Carolina  
 25-6 W Baltimore  
 39-0 W Hampden-Sydney  
 15-13 W Washington & Lee

**1964-65 (7-2-0)**  
**COACH: PETE ROBINSON**  
 35-0 W Catholic  
 15-9 W Virginia  
 5-24 L Lycoming  
 10-19 L Appalachian State  
 25-7 W Baltimore  
 17-11 W Washington & Lee  
 34-3 W Hampden-Sydney  
 31-5 W Richmond Prof. Institute  
 36-0 W American

**1965-66 (9-5-0)**  
**COACH: PETE ROBINSON**  
 13-18 L Springfield  
 16-20 L Virginia  
 19-18 W Franklin & Marshall

9-24 L Princeton  
 15-14 W Lycoming  
 29-5 W Auburn  
 10-25 L Navy  
 14-20 L Virginia Tech  
 50-0 W American  
 34-2 W Richmond Prof. Institute  
 28-11 W Baltimore  
 30-8 W Hampden-Sydney  
 25-9 W Washington & Lee  
 25-6 W Pfeiffer

**1966-67 (7-5-1)**  
**COACH: PETE ROBINSON**  
 34-2 W Richmond Prof. Institute  
 34-3 W Pfeiffer  
 16-21 L Franklin & Marshall  
 20-15 W Virginia  
 27-8 W William & Mary  
 31-11 W Towson State  
 21-14 W Lycoming  
 3-32 L West Chester  
 6-29 L Appalachian State  
 26-15 W East Carolina  
 11-19 L Citadel  
 4-34 L Virginia Tech  
 18-18 T Baltimore

**1967-68 (10-1-1)**  
**COACH: PETE ROBINSON**  
 29-5 W Virginia Military Institute  
 27-7 W William & Mary  
 28-2 W Virginia  
 17-12 W Franklin & Marshall  
 11-22 L Appalachian State  
 17-17 T East Carolina  
 30-8 W Towson State  
 32-3 W Richmond Prof. Institute  
 15-14 W Virginia Tech  
 34-2 W Washington & Lee  
 41-2 W Hampden-Sydney  
 27-9 W Baltimore

**1968-69 (11-3-1)**  
**COACH: PETE ROBINSON**  
 18-18 T Ashland  
 5-27 L Bloomsburg State  
 13-23 L Appalachian State  
 15-16 L William & Mary  
 22-8 W Virginia  
 19-13 W Rutgers  
 22-11 W Virginia Military Institute  
 17-14 W East Carolina  
 20-8 W North Carolina  
 19-13 W Ohio State  
 22-7 W Virginia Tech  
 33-13 W Washington & Lee  
 37-5 W Towson State  
 34-3 W Virginia Commonwealth  
 27-11 W Baltimore

**1969-70 (8-6-1)**  
**COACH: PETE ROBINSON**  
 38-0 W Milligan  
 17-16 W Appalachian State  
 3-33 L Bloomsburg  
 9-27 L West Chester  
 16-21 L Western Maryland  
 26-16 W Virginia Commonwealth  
 18-18 T East Carolina  
 16-17 L Appalachian State  
 21-16 W Virginia Tech  
 39-5 W Baltimore  
 41-3 W Washington & Lee  
 14-22 L William & Mary  
 25-18 W Howard  
 36-6 W Norfolk State  
 13-29 L Ball State

**1970-71 (0-12-0)**  
**COACH: PETE ROBINSON**  
 5-36 L Northern Ohio  
 8-32 L Buffalo  
 10-34 L Georgia Tech  
 11-31 L North Carolina State  
 8-36 L East Carolina  
 13-28 L Howard  
 3-39 L William & Mary  
 8-26 L Appalachian State  
 3-33 L Virginia Tech  
 5-39 L Ohio State  
 3-35 L Ashland  
 20-25 L Duke

**1971-72 (5-12-0)**  
**COACH: PETE ROBINSON**  
 33-18 W Norfolk State  
 41-8 W Virginia  
 8-24 L Cal State (Pa.)  
 17-23 L Howard

6-29 L West Chester  
 6-28 L William & Mary  
 11-29 L Appalachian State  
 20-26 L North Carolina State  
 6-34 L Indiana (Pa.)  
 20-26 L Virginia Tech  
 21-18 W The Citadel  
 36-18 W Norfolk State  
 6-36 L East Carolina  
 12-24 L Virginia  
 9-27 L Ashland  
 6-28 L UT-Chattanooga  
 36-8 W Malone

**1972-73 (7-9-0)**  
**COACH: PETE ROBINSON**  
 2-38 L William & Mary  
 45-3 W Howard  
 3-49 L Slippy Rock  
 6-27 L West Chester  
 9-28 L Appalachian State  
 6-40 L Wilkes-Barre  
 43-0 W George Washington  
 8-29 L East Carolina  
 45-0 W Norfolk State  
 18-15 W Virginia Tech  
 9-27 L Virginia  
 12-33 L Ohio State  
 0-46 L East Carolina  
 38-11 W Norfolk State  
 23-17 W Howard  
 27-12 W Virginia Commonwealth

**1973-74 (6-4-0)**  
**COACH: PETE ROBINSON**  
 6-36 L William & Mary  
 34-6 W Virginia Commonwealth  
 45-3 W Virginia State  
 9-36 L West Chester  
 15-30 L Virginia  
 18-25 L William & Mary  
 28-12 W Washington & Lee  
 20-18 W Pembroke State  
 25-12 W Virginia Tech  
 31-18 W Richmond

**1974-75 (2-9-1)**  
**COACH: PETE ROBINSON**  
 9-30 L William & Mary  
 17-17 T Western Maryland  
 2-33 L Slippy Rock  
 19-15 W Appalachian State  
 6-21 L Temple  
 8-27 L Bucknell  
 15-18 L Gettysburg  
 14-26 L Franklin & Marshall  
 9-30 L William & Mary  
 24-18 W Quantico Marines  
 10-31 L East Carolina  
 13-24 L Richmond

**1975-76 (1-6-0)**  
**COACH: PETE ROBINSON**  
 20-24 L Salisbury State  
 19-25 L Appalachian State  
 60-0 W Virginia Commonwealth  
 12-38 L North Carolina  
 6-33 L Florida Tech  
 14-32 L William & Mary  
 10-33 L Richmond

**1976-77 (4-7-0)**  
**COACH: PETE ROBINSON**  
 39-12 W Virginia Commonwealth  
 6-39 L Virginia  
 18-22 L Richmond  
 35-8 W James Madison  
 11-20 L Franklin & Marshall  
 3-35 L William & Mary  
 42-2 W George Washington  
 35-13 W Appalachian State  
 4-37 L East Carolina  
 19-22 L Salisbury State  
 11-32 L Virginia Tech

**1977-78 (3-13-0)**  
**COACH: PETE ROBINSON**  
 32-16 W Norfolk State  
 34-21 W Hampton Institute  
 3-45 L Lock Haven  
 8-37 L West Chester  
 15-28 L Virginia Commonwealth  
 12-38 L Virginia  
 23-24 L Richmond  
 17-23 L American  
 9-34 L William & Mary  
 12-29 L Franklin & Marshall  
 3-47 L Virginia Tech  
 25-22 W George Washington  
 16-35 L East Carolina

23-30 L Appalachian State  
 20-21 L James Madison  
 21-27 L Salisbury State

**1978-79 (5-9-0)**  
**COACH: PETE ROBINSON**  
 4-41 L Florida  
 14-26 L West Chester  
 28-15 W James Madison  
 33-18 W Indiana (PA)  
 18-24 L Virginia Commonwealth  
 27-18 W George Mason  
 33-16 W Richmond  
 17-24 L Salisbury State  
 10-32 L William & Mary  
 19-33 L East Carolina  
 13-30 L Virginia Tech  
 20-19 W East Carolina  
 18-25 L North Carolina  
 10-32 L Virginia

**1979-80 (6-6-0)**  
**VIRGINIA STATE CHAMPIONS**  
**COACH: PETE ROBINSON**  
 15-23 L Navy  
 26-12 W West Chester  
 32-9 W James Madison  
 11-30 L North Carolina  
 46-6 W Richmond  
 25-17 W Salisbury State  
 13-26 L East Carolina  
 16-28 L William & Mary  
 23-20 W Virginia  
 41-6 W Virginia Commonwealth  
 19-24 L Wilkes  
 12-26 L Virginia Tech

**1980-81 (9-9-0)**  
**VIRGINIA STATE CHAMPIONS**  
**COACH: PETE ROBINSON**  
 20-15 W Shippensburg  
 29-17 W Springfield  
 11-24 L Army  
 19-17 L James Madison  
 23-12 W Pittsburgh  
 3-36 L North Carolina State  
 28-19 W William & Mary  
 20-17 W Clemson  
 10-35 L Auburn  
 27-15 W UT-Chattanooga  
 17-21 L Morgan State  
 25-23 W Virginia Commonwealth  
 19-21 L North Carolina  
 14-28 L Virginia Tech  
 25-19 W East Carolina  
 8-36 L North Carolina State  
 17-23 L William & Mary  
 22-18 W Virginia

**1981-82 (8-5-0)**  
**NCAA EAST REGIONAL CHAMPIONS**  
**COACH: PETE ROBINSON**  
 28-7 W William & Mary  
 15-22 L Cal Poly-San Luis Obispo  
 7-30 L Navy  
 20-18 W Clemson  
 18-32 L North Carolina State  
 0-37 L North Carolina  
 23-19 W Norfolk State  
 25-17 L West Chester  
 37-13 W Georgetown  
 29-20 W Salisbury State  
 32-15 W Virginia Tech  
 30-12 W George Washington  
 31-9 W Virginia

**1982-83 (10-3-0)**  
**VIRGINIA STATE CHAMPIONS**  
**COACH: PETE ROBINSON**  
 27-7 W Morgan State  
 6-29 L Kentucky  
 41-3 W Salisbury State  
 31-12 W James Madison  
 21-13 W West Virginia  
 25-15 W Morgan State  
 12-30 L North Carolina  
 22-12 W West Chester  
 40-(-1) W Norfolk State  
 24-21 W Liberty Baptist  
 11-24 L North Carolina  
 28-14 W Virginia  
 34-6 W Virginia Tech

**1983-84 (20-3-1)**  
**NCAA EAST REGION CHAMPIONS**  
**COACH: WADE SCHALLES**  
 33-9 W Norfolk State  
 41-9 W Elizabeth City  
 47-4 W Seton Hall  
 25-12 W Princeton

# RESULTS

27-11 W Army  
 21-15 W Temple  
 16-25 L Missouri  
 31-12 W Morgan State  
 26-16 W North Carolina  
 15-15 T Missouri  
 23-20 W Tennessee  
 33-14 W Virginia Tech  
 37-5 W Norfolk State  
 22-14 W Pittsburgh  
 8-25 L Maryland  
 8-30 L Navy  
 24-13 W James Madison  
 41-14 W George Washington  
 45-6 W Coppin State  
 60-0 W Maryland Eastern Shore  
 39-9 W Youngstown State  
 25-11 W West Chester  
 60-0 W Maryland Eastern Shore  
 29-15 W Liberty Baptist

## 1984-85 (13-5-0)

### COACH: WADE SCHALLES

11-26 L Oregon State  
 37-11 W Norfolk State  
 6-40 L Clarion  
 34-15 W Delaware State  
 9-38 L North Carolina State  
 17-35 L West Virginia  
 17-27 L Illinois  
 34-14 W George Washington  
 33-14 W Virginia Tech  
 25-14 W American  
 27-15 W West Chester  
 42-2 W George Mason  
 39-9 W Howard  
 54-0 W Coppin State  
 39-20 W Norfolk State  
 24-20 W Morgan State  
 45-5 W William & Mary  
 24-18 W Liberty Baptist

## 1985-86 (9-9-1)

### COACH: WADE SCHALLES

22-13 W Norfolk State  
 25-17 W Livingston  
 14-31 L Appalachian State  
 18-26 L Waynesboro State  
 6-38 L West Virginia  
 12-32 L Ohio State  
 10-24 L Tennessee  
 24-22 W George Washington  
 37-14 W Coppin State  
 34-17 W Norfolk State  
 18-33 L Slippy Rock  
 27-19 W Kutztown  
 54-3 W Loyola  
 32-14 W Howard  
 18-23 L William & Mary  
 21-21 T Delaware  
 21-20 W American  
 8-40 L Liberty  
 15-34 L Virginia Military Institute

## 1986-87 (13-11-2)

### COACH: BILLY MARTIN JR

33-11 W Norfolk State  
 43-13 W Coppin State  
 12-30 L Pittsburgh-Johnstown  
 11-25 L American  
 40-13 W Delaware State  
 3-40 L North Carolina  
 6-43 L Missouri  
 11-34 L Maryland  
 46-10 W New York  
 18-18 T Rutgers  
 32-14 W Yale  
 28-17 W East Stroudsburg  
 35-12 W Coast Guard  
 24-16 W Harvard  
 38-8 W George Washington  
 35-11 W Norfolk State  
 12-25 L Virginia  
 23-16 W George Mason  
 15-25 L Slippy Rock  
 17-26 L Central Connecticut  
 34-12 W American  
 27-12 W Delaware  
 6-29 L Navy  
 18-21 L Bucknell  
 21-26 L James Madison  
 21-21 T Liberty

## 1987-88 (9-4-0)

### COACH: GRAY SIMONS

25-6 W Cornell  
 45-0 W Coppin State  
 20-24 L Wilkes  
 42-6 W Norfolk State  
 7-29 L North Carolina

20-15 W Virginia  
 14-31 L Maryland  
 22-20 W Liberty  
 16-32 L Virginia Military Institute  
 39-11 W Norfolk State  
 42-12 W American  
 22-20 W William & Mary  
 36-6 W George Washington

## 1988-89 (11-9-1)

### COACH: GRAY SIMONS

29-9 W California (Pa.)  
 27-9 W Coppin State  
 9-32 L Wilkes  
 45-10 W Norfolk State  
 15-21 L Slippy Rock  
 14-18 L Wright State  
 Forfeit W Liberty  
 3-36 L Syracuse  
 5-39 L Oklahoma State  
 10-20 L Indiana  
 9-30 L Missouri  
 18-18 T Maryland  
 19-22 L Virginia  
 30-8 W Virginia Military Institute  
 34-13 W Liberty  
 34-23 W Norfolk State  
 24-26 W American  
 22-20 W William & Mary  
 9-30 L North Carolina  
 33-14 W James Madison  
 42-2 W George Washington

## 1989-90 (9-6-0)

### COACH: GRAY SIMONS

16-30 L Central Connecticut  
 30-9 W Wilkes-Barre  
 35-13 W Shippensburg  
 16-22 L Kent State  
 46-6 W Norfolk State  
 13-23 L Maryland  
 25-12 W Liberty  
 19-24 L William & Mary  
 32-8 W American  
 27-9 W Virginia Military Institute  
 12-27 L James Madison  
 44-12 W Norfolk State  
 29-6 W Virginia  
 8-41 L North Carolina  
 25-14 W Virginia Tech

## 1990-91 (14-3-0)

### RANKED 20TH

### COACH: GRAY SIMONS

20-14 W Central Connecticut  
 35-9 W American  
 19-15 W Wilkes  
 35-6 W Norfolk State  
 18-29 L Appalachian State  
 29-13 W Hofstra  
 29-12 W Yale  
 18-17 W Indiana  
 28-7 W Adams State  
 27-13 W Virginia Tech  
 22-17 W Liberty  
 50-0 W Howard  
 17-20 L Maryland  
 27-13 W Virginia  
 32-11 W James Madison  
 18-23 L North Carolina  
 29-12 W William & Mary

## 1991-92 (8-4-1)

### COACH: GRAY SIMONS

21-21 T Hofstra  
 33-6 W Drexel  
 8-30 L Lock Haven  
 7-30 L Maryland  
 44-3 W Norfolk State  
 21-15 W Liberty  
 18-16 W Virginia  
 37-5 W James Madison  
 50-3 W American  
 12-28 L North Carolina  
 21-15 W Virginia Tech  
 16-24 L George Mason  
 38-5 W William & Mary

## 1992-93 (4-9-0)

### COACH: GRAY SIMONS

15-19 L Hofstra  
 7-34 L Wisconsin  
 9-19 L North Carolina  
 16-29 L Maryland  
 19-18 W William & Mary  
 16-15 W James Madison  
 12-24 L Virginia Tech  
 9-29 L Liberty  
 27-13 W Norfolk State  
 16-19 L American

10-21 L Virginia  
 37-9 W Howard  
 15-17 L George Mason

## 1993-94 (8-4-0)

### CAA CHAMPIONS

### COACH: GRAY SIMONS

15-18 L Lock Haven  
 35-9 W William & Mary  
 34-9 W Norfolk State  
 11-28 L Clemson  
 21-20 W Virginia Tech  
 15-22 L Lock Haven  
 19-16 W Maryland  
 36-6 W Virginia Tech  
 27-11 W Liberty  
 25-19 W James Madison  
 26-14 W American  
 17-19 L George Mason

## 1994-95 (7-6-0)

### COACH: GRAY SIMONS

18-22 L Drexel  
 38-6 W Norfolk State  
 12-23 L U.S. Naval Academy  
 17-17 W North Carolina State #  
 12-27 L Pennsylvania  
 12-24 L Maryland  
 21-16 W Virginia  
 38-6 W William and Mary  
 16-18 L Virginia Tech  
 30-15 W Howard  
 26-14 W UNC Greensboro  
 12-20 L George Mason  
 29-7 W American

## 1995-96 (12-5)

### COACH: GRAY SIMONS

34-6 W The Citadel  
 23-12 W Georgia State  
 26-13 W Howard  
 42-6 W Coppin State  
 27-9 W Drexel  
 42-4 W Norfolk State  
 23-13 W Virginia Military Institute  
 6-31 L Oklahoma  
 14-33 L Wyoming  
 10-22 L Maryland  
 20-16 W Virginia Tech  
 20-16 W James Madison  
 19-20 L George Mason  
 16-18 L Virginia  
 33-9 W American  
 28-10 W UNC Greensboro  
 37-8 W Wilkes

## 1996-97 (9-5)

### COACH: GRAY SIMONS

40-0 W Campbell  
 15-27 L Drexel  
 49-4 W Coppin State  
 22-17 W UNC-Greensboro  
 55-0 W Anderson College  
 12-23 L Maryland  
 21-13 W Virginia Tech  
 12-23 L James Madison  
 6-37 L Virginia  
 32-18 W American  
 37-9 W Wilkes  
 36-9 W Howard  
 50-6 W Norfolk State  
 15-30 L George Mason

## 1997-98 (6-8)

### COACH: GRAY SIMONS

25-19 W Slippy Rock  
 34-12 W Norfolk State  
 6-38 L Edinboro  
 15-27 L Brown  
 16-17 L Maryland  
 5-31 L Virginia Tech  
 19-22 L James Madison  
 9-31 L Virginia  
 16-29 L American  
 32-15 W Campbell  
 30-14 W Howard  
 58-0 W Wilkes  
 37-9 W Norfolk State  
 13-19 L George Mason

## 1998-99 (8-10)

### COACH: GRAY SIMONS

17-21 L The Citadel  
 6-33 L Kent State  
 20-21 L Gardner Webb  
 12-18 L NC State  
 27-10 W VMI  
 28-9 W Duke  
 9-24 L Drexel  
 9-29 L Virginia

26-6 W Virginia Tech  
 8-37 L Cleveland State  
 13-25 L James Madison  
 29-16 W American  
 26-9 W Campbell  
 51-3 W Norfolk State  
 25-18 W Howard  
 30-12 W Wilkes  
 13-25 L Maryland  
 10-33 L George Mason

## 1999-2000 (5-6)

### COACH: GRAY SIMONS

9-24 L VMI  
 24-18 W Duke  
 15-25 L Seton Hall  
 7-32 L Virginia  
 26-15 W Campbell  
 18-25 L James Madison  
 33-13 W American  
 25-15 W Howard  
 16-21 L Maryland  
 35-9 W Delaware State  
 19-22 L GMU

## 2000-01 (7-6)

### COACH: GRAY SIMONS

24-15 W Howard  
 41-6 W Delaware State  
 18-15 L Duke  
 25-18 W Columbia  
 39-9 L Lock Haven  
 33-3 L Cornell  
 24-22 W VMI  
 28-15 W American  
 23-9 L JMU  
 24-12 L UVA  
 26-15 W Campbell  
 28-21 L Maryland  
 43-3 W Delaware St.  
 Canceled George Mason

## 2001-02 (6-9)

### COACH: GRAY SIMONS

13-32 L Drexel  
 13-29 L N.C. State  
 10-30 L VMI  
 6-43 L Missouri  
 6-40 L Rider  
 11-40 L Kent State  
 19-27 L Virginia  
 18-23 L James Madison  
 28-11 W Campbell  
 15-22 L Maryland  
 30-15 W American  
 20-15 W Buffalo  
 43-7 W Delaware State  
 37-8 W Howard  
 28-17 W George Mason

## 2002-2003 (6-10)

### COACH: GRAY SIMONS

23-17 W UNC Greensboro  
 42-6 W American  
 12-25 L N.C. State  
 21-13 W Campbell  
 29-6 W Drexel  
 13-34 L Virginia  
 27-8 L Maryland  
 36-7 W Delaware State  
 21-24 L James Madison

## 2003-2004 (7-12)

### COACH: GRAY SIMONS

42-6 L Edinboro  
 39-9 W American  
 37-7 L Purdue  
 25-19 L Drexel  
 39-6 L Rider  
 23-20 W Sacred Heart  
 34-9 L Boston University  
 32-18 W Binghamton  
 25-14 L Virginia  
 29-12 L Virginia Tech  
 32-11 L Kent State  
 27-22 L NC State  
 21-20 L VMI  
 32-7 W Campbell  
 22-14 L Maryland  
 23-19 L UNC-Greensboro  
 42-3 W James Madison  
 57-0 W Delaware State  
 20-13 W George Mason

# OLD DOMINION VS. OPPONENTS

SCHOOL	RECORD	FIRST MEETING	LAST MEETING	OPPONENT	RECORD	1983	1985
Adams State	1-0-0	1991	1991	Liberty Baptist	3-0-0	1983	1985
American	25-4	1959	2003	Livingston	1-0-0	1986	1986
Appalachian State	7-13-1	1961	1991	Lock Haven	0-7-0	1962	2001
Army	1-1-0	1981	1984	Loyola (Md.)	5-0-0	1960	1986
Anderson College	1-0-0	1997	1997	Lycoming	2-2-0	1963	1967
Ashland	0-2-1	1969	1972	Malone	1-0-0	1972	1972
Auburn	1-1-0	1966	1981	Maryland	1-17-1	1984	2004
Ball State	0-1-0	1970	1970	Maryland-Eastern Shore	2-0-0	1984	1984
Baltimore	10-1-2	1958	1970	Michigan	1-0-0	1970	1970
Binghamton	1-1	2003	2004	Missouri	0-4-1	1984	2002
Bloomsburg	0-2-0	1969	1970	Morgan State	4-1-0	1983	1985
Boston University	0-2	2003	2004	Navy	0-5-0	1966	1987
Brown	0-1-0	1998	1998	New York University	1-0-0	1987	1987
Bucknell	0-2-0	1975	1987	Norfolk State	32-0-0	1970	1999
Buffalo	1-1-0	1971	2002	North Carolina	2-14-0	1969	1993
Cal-State (Pa.)	0-1-0	1972	1972	North Carolina-Greensboro	4-1	1995	2004
Cal Poly-San Luis Obispo	0-1-0	1982	1982	North Carolina State	2-10	1959	2004
California Univ. of Pa.	1-0-0	1989	1989	Northern Ohio	0-1-0	1971	1971
Campbell	8-0	1997	2004	Ohio State	1-3-0	1969	1986
Catholic	3-0-0	1958	1965	Oklahoma	0-1-0	1996	1996
Central Connecticut	1-2-0	1987	1991	Oklahoma State	0-1-0	1989	1989
Citadel, The	2-2-0	1967	1998	Oregon State	0-1-0	1985	1985
Clarion	0-1-0	1985	1985	Pembroke State	1-0-0	1974	1974
Clemson	2-1-0	1981	1994	Pennsylvania	0-1-0	1995	1995
Cleveland State	0-1-0	1999	1999	Pfeiffer	5-0-0	1961	1967
Coast Guard	1-0-0	1987	1987	Pittsburgh	2-0-0	1981	1984
Columbia	1-0-0	2001	2001	Pitt-Johnstown	0-1-0	1987	1987
Coppin State	8-0-0	1984	1997	Princeton	1-1-0	1966	1984
Cornell	1-1-0	1988	2001	Purdue	0-1-0	2003	2003
Cumberland (Ky.)	0-1-0	2003	2003	Quantico Marines	1-0-0	1975	1975
Delaware	1-0-1	1986	1987	Richmond	3-4-0	1974	1980
Delaware State	8-0	1985	2004	Richmond Professional Inst.	5-0-0	1964	1968
Drexel	2-6-0	1992	2004	Rider	0-3	2002	2004
Duke	1-2-0	1971	2001	Rutgers	1-0-1	1969	1987
East Carolina	8-9-2	1963	1981	Sacred Heart	2-0	2003	2004
East Stroudsburg	1-0-0	1987	1987	Salisbury State	3-4-0	1976	1983
Edinboro	0-2-0	1998	2003	Seton Hall	1-1-0	1984	2000
Elizabeth City	1-0-0	1984	1984	Shippensburg	2-0-0	1981	1990
Florida	0-1-0	1979	1979	Slippery Rock	1-5-0	1973	1998
Florida Tech	0-1-0	1976	1976	Springfield	1-1-0	1966	1981
Fort Eustis	1-0-0	1959	1959	SUNY-Brockport	0-1-0	2003	2003
Franklin & Marshall	2-4-0	1966	1978	Syracuse	0-1-0	1989	1989
Gallaudet	6-0-0	1959	1963	Temple	1-1-0	1975	1984
Gardner Webb	0-10-0	1998	1998	Tennessee	1-1-0	1984	1986
George Mason	5-9	1979	2004	Tennessee-Chattanooga	1-1-0	1972	1981
George Washington	10-0-0	1973	1989	Towson State	7-0-0	1958	1969
Georgetown	1-0-0	1982	1982	U.S. Naval Academy	0-1-0	1995	1995
Georgia State	1-0-0	1995	1995	Virginia	16-19	1958	2004
Georgia Tech	0-1-0	1971	1971	Virginia Commonwealth	8-2-0	1969	1981
Gettysburg	0-1-0	1975	1975	Virginia Military Institute	8-4	1958	2004
Hampden-Sydney	11-0-0	1960	1968	Virginia State	1-0-0	1974	1974
Hampton Institute	1-0-0	1978	1978	Virginia Tech	16-13	1966	2004
Harvard	1-0-0	1987	1987	Washington & Lee	9-1-0	1958	1974
Hofstra	1-1-0	1991	1993	Waynesboro State	0-1-0	1986	1986
Howard	15-2-0	1970	2002	West Chester	4-8-0	1967	1985
Illinois	0-1-0	1985	1985	West Virginia	1-2-0	1983	1986
Indiana	1-1-0	1989	1991	Western Maryland	0-1-1	1970	1975
Indiana Univ. of Pa.	1-1-0	1971	1979	Wilkes	5-3-0	1980	1999
James Madison	12-10	1977	2004	Wilkes-Barre	1-1-0	1973	1990
Kent State	0-4	1990	2004	William & Mary	12-17-0	1967	1995
Kentucky	0-1-0	1983	1983	Wisconsin	0-1-0	1993	1993
Kutztown	1-0-0	1986	1986	Wright State	0-1-0	1989	1989
Liberty	7-2-1	1986	1994	Wyoming	0-1-0	1996	1996
				Yale	2-0-0	1987	1991
				Youngstown State	1-0-0	1984	1984

# MEDIA LIST

## PRINT MEDIA

**The Virginian Pilot**  
Chic Riebel  
150 W. Brambleton Avenue  
Norfolk, VA 23510  
757-446-2366  
FAX: 757-533-9004

**Newport News Daily Press**  
7505 Warwick Boulevard  
Newport News, VA 23607  
757-247-4630  
FAX: 757-247-9420

**The Richmond Times-Dispatch**  
PO Box 85333  
Richmond, VA 23293  
804-649-6554  
FAX: 804-775-8085

**USA Today**  
7950 Jones Branch Dr.  
McLean, VA 22108  
FAX: 703-854-2072

**The Washington Post**  
Sports Department  
1150 15th St., NW  
Washington, D.C. 20071  
202-334-7350  
FAX: 202-334-7685

**The Washington Times**  
Sports Department  
3600 New York Ave., NE  
Washington, D.C. 20022  
202-636-3269  
FAX: 202-269-3419

**Old Dominion Mace and Crown**  
Sports Editor  
Webb University Center  
Norfolk, VA 23529  
757-683-3456

## RADIO

**ESPN RADIO 1310 AM**  
Tony Mercurio, Sports Director  
5589 Greenwich Road  
Virginia Beach, VA 23462  
757-671-1000  
FAX: 757-490-8973

**WODU Radio (Cable 51)**  
Sports Director  
Webb University  
Norfolk, VA 23529  
757-683-3441  
www.oduradio.com

## SPORTS INFORMATION CONTACTS

Sports Information Director: Carol Hudson, Jr.  
Wrestling SID: Bobby Parks,  
Sports Information Graduate Assistant  
Office Phone: (757) 683-3372  
Office FAX: (757) 683-3119  
Parks' EMail: bparks@odu.edu

## TELEVISION

**WTKR TV-3 (CBS)**  
Ted Alexander, Sports Director  
720 Boush Street  
Norfolk, VA 23510  
757-446-1352  
FAX: 757-446-1376

**WAVY TV-10 (NBC)**  
Bruce Rader, Sports Director  
300 Wavy Street  
Portsmouth, VA 23704  
757-396-6181  
FAX: 757-397-8279

**WVEC TV-13 (ABC)**  
Scott Cash, Sports Director  
613 Woodis Avenue  
Norfolk, VA 23510  
757-628-6217  
FAX: 757-628-5855

**COMCAST Sportsnet**  
7700 Wisconsin Ave.  
Bethesda, Md. 20814  
301-718-3200 / 3306  
FAX: 301-718-3300

**ESPN**  
ESPN Plaza  
Bristol, CT 06010  
860-585-2000  
FAX: 860-585-2400

## CONFERENCE

**Colonial Athletic Association**  
Tripp Sheppard  
Assistant Commissioner  
8625 Patterson Ave.  
Richmond, VA 23229-6349  
804-754-1616  
FAX: 804-754-1830

## WIRE SERVICES

**Associated Press**  
Hank Kurz, Sports Desk  
700 E. Main Street, Suite 1380  
Richmond, VA 23219  
804-643-6646  
Inside Virginia  
800-552-9935  
FAX: 804-643-6223

## INTERNET

**College Sports Network**  
2035 Corte del Negal  
Suite 200  
Carlsbad, CA 92009  
Phone: 760-431-8221  
Fax: 760-431-8608



## BEFORE COVERING THE MONARCHS...

### INTERVIEWS

Head Coach Steve Martin will be available for interviews immediately following all home matches. Player interviews must be set up through the sports information office. Coach Martin is available during the week for interviews before and after practice. Please contact the sports information office at 757-683-3372 for more information.

### PHOTOGRAPHERS

Only working photographers will be allowed at mat side during matches. Credentials must be secured at least 24 hours in advance of games. Photographers will be asked to wear a press photo pass at all times when shooting.

### COLONIAL ATHLETIC ASSOCIATION

Wrestling statistics for the eleven CAA schools are compiled throughout the season at the conference office in Richmond, Va. For up-to-date information, call Rob Washburn at 804-754-1616. You can also get up-to-date information from Fax On Demand. Please call 770-399-3066 and dial 222 for the CAA. The document code for Old Dominion wrestling stats is 1680 and 1681.

### PRESS TABLE FACILITIES

Space is available at the scorer's table for members of the media. Old Dominion University Sports Information will furnish a complete statistics sheet immediately following the conclusion of all home matches upon request.

### RADIO BROADCAST LINES

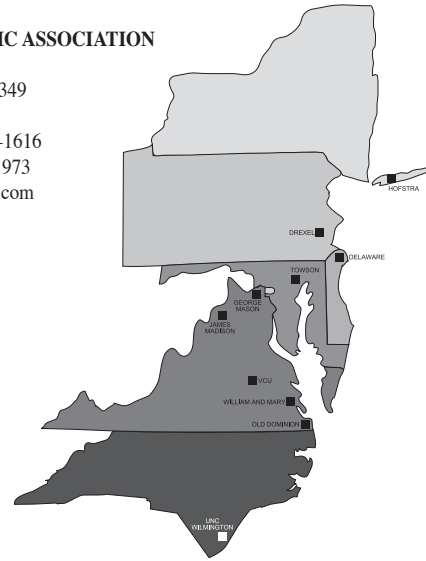
Visiting teams wishing to broadcast matches are asked to contact the sports information office at least two weeks prior to the game. The Fieldhouse is located between Parker and Powhatan. All radio lines must be secured through the Bell Atlantic Telephone office in Norfolk, by calling 757-667-5000.



**COLONIAL ATHLETIC ASSOCIATION**

8625 Patterson Avenue  
Richmond, VA 23229-6349

Office Phone: (804) 754-1616  
Office FAX: (804) 754-1973  
website: www.caasports.com



The Colonial Athletic Association celebrates its 20th Anniversary in 2004-05, proud of its past and excited about the future.

**B**oasting a roster of 10 (soon to be 12) well-respected academic institutions, the CAA has established itself as one of the nation's top collegiate conferences. On the playing field, the league has produced 16 national team champions in five different sports, 33 individual national champions, 11 national coaches of the year, 11 national players of the year and 12 Honda Award winners. The CAA has consistently ranked among the top 15 in the Sears Directors Cup standings and has been the nation's top-ranked Division I non-football conference in recent years. Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 16 NCAA post-graduate scholars. Last year, the CAA had eight CoSIDA Academic All-Americans, including five who were selected to the first team. Over 1,200 CAA student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner's Academic Award in 2003-04. With a geographic footprint that currently stretches from the shadow of the Statue of Liberty to the beaches of North Carolina, the landscape of the conference includes four of the nation's top 25 media markets - New York (1), Philadelphia (4), Washington, D.C. (8) and Baltimore (24). That reach will expand even wider in 2006 with the addition of Georgia State University in Atlanta and Northeastern University in Boston, giving the CAA a presence in five of the nation's nine largest metropolitan areas. The CAA conducts championships in 21 sports. Male athletes compete for championships in baseball, basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming & diving, tennis, track & field and volleyball. In men's basketball, the CAA has earned a reputation as a "giant killer" in the NCAA Tournament. Since 1981, CAA schools have posted 12 wins over higher-seeded teams. Last year, seven of the league's 10 teams were among the top 140 in the RPI and four were ranked in the top 100. In women's basketball, the CAA ranked ninth among the nation's 31 conferences in 2003-04. Perennial power Old Dominion has captured three national championships (1979, 1980, 1985) and reached the title game again in 1997. The conference has also excelled in many other sports. CAA squads have won 10 field hockey national titles since the championship began in 1981, which is not only more than any other conference but represents nearly half of all titles won. In baseball, at least two CAA teams have earned NCAA Tournament berths for seven consecutive seasons. The CAA is annually ranked among the nation's top 10 conferences in men's and women's soccer, and

has traditionally sent multiple teams to the NCAA Tournament. The conference finished the 2003-04 campaign with teams ranked among the top 25 nationally in cross country, field hockey, men's soccer, wrestling, softball, men's and women's tennis and men's and women's lacrosse. CAA member institutions are also committed to excellence in the classroom. The Colonial Academic Alliance was created in 2002 by the league's presidents with a goal of expanding their partnership to all aspects of university life outside of intercollegiate athletics. Among the programs already established are an undergraduate research conference, coordination of study abroad programs and granting visiting academic status to student-athletes traveling to an away contest so that they have access to libraries, academic resource centers and computer labs. In 2002, two faculty members from CAA institutions were awarded academia's most coveted distinction - the Nobel Prize. John B. Fenn, a research professor in the Department of Chemistry at Virginia Commonwealth University, received the Nobel Prize for chemistry, and Vernon Smith, a professor of economics and law at George Mason University, shared the Nobel Prize in economic sciences. Under the direction of Commissioner Thomas E. Yeager, who has guided the CAA since its inception, the league currently includes 10 members and will expand to 12 in 2006. Core members George Mason University, James Madison University, the University of North Carolina at Wilmington, Old Dominion University, Virginia Commonwealth University and the College of William & Mary were joined by the University of Delaware, Drexel University, Hofstra University and Towson University in 2001. Georgia State University and Northeastern University will become members of the conference in July, 2006. The CAA traces its roots back to 1983 when three of its current members- George Mason, James Madison, and William and Mary - were aligned with East Carolina University, the United States Naval Academy and the University of Richmond as a basketball league (ECAC South). During the next two years, the league added 11 sports, acquired two new members (UNC Wilmington and American University) and decided to form a new association. The transformation from ECAC South to CAA took place on June 6, 1985. By the fall of 1986, the league gained automatic bids to NCAA Championships in men's basketball, soccer, baseball and women's basketball and formed an officials' bureau. Old Dominion became a member of the CAA in 1991-92 and Virginia Commonwealth University joined the conference prior to the 1995-96 season. From all-star athletes to Nobel prize winning faculty, the CAA takes great pride in producing performers who stand out both on the playing field and in the classroom.

**2003-04 CAA CHAMPIONSHIP RESULTS**

TEAM	POINTS
Hofstra	111
Rider	69.5
Boston University	67
George Mason	59.5
Sacred Heart	56.5
Drexel	46.5
Old Dominion	29
Binghamton	27.5
Campbell	12.5
JMU	5
Wagner	4.5

**2003-04 INDIVIDUAL CAA CHAMPIONS**

WT	WRESTLER	SCHOOL
125	Tom Noto	Hofstra
133	Mike Messina	Sacred Heart
141	Josh Ruff	Binghamton
149	Adrian Austin	GMU
157	Dave Miller	Rider
165	Ralph Everett	Hofstra
174	Noel Thompson	Hofstra
184	Nick Catone	Rider
197	Chris Skretkowitz	Hofstra
HWT	Payam Zarrinpour	Sacred Heart

**PAST CAA CHAMPIONS**

1992	George Mason University
1993	Virginia Tech
1994	Old Dominion University
1995	George Mason University
1996	George Mason University
1997	George Mason University
1998	Virginia Tech
1999	James Madison
2000	James Madison
2001	George Mason
2002	Hofstra
2003	Hofstra
2004	Hofstra

# ODU ADMINISTRATION

## DR. ROSEANN RUNTE UNIVERSITY PRESIDENT



Dr. Roseann Runte became the seventh president of Old Dominion University in the summer of 2001. Runte, who has 21 years of experience as a professor and academic administrator, became only the third woman to head a four-year college or university in Virginia. Runte previously served as president of Victoria University in Toronto, principal of Glendon College (York University), president of l'Université Sainte-Anne in Nova Scotia and assistant dean of arts and science at Dalhousie University. She is an associate to the Council of the Royal College of Physicians and Surgeons of Canada, a board member of the National Bank of Canada and a member of the executive committee of the Club of Rome. Runte has served as president of the Canadian Commission for UNESCO for two terms, as president of the Humanities Federation of Canada, as a member of the advisory board of the National Library, as founding president of ACFAS-Toronto, as a board member for the Art Gallery of Nova Scotia and of the board of Associated Medical Services, as chair of the board of the Foundation for International Training, and as vice chair of the board of the Gardiner Museum of Ceramic Art. The author of five volumes of creative writing, she has edited nine books and has written more than 100 articles and book chapters on topics ranging from literature and education to economic and cultural development. Runte has a Ph.D. in French from the University of Kansas and

has received honorary degrees from Acadia University, Memorial University and the universities of Timisoara and Arad in Romania. She received the prix François Coppée from the Académie française as well as the Palmes Académiques and the Order of Merit from the French government, the Order of Canada, the Queen Elizabeth Jubilee medal, and is a Fellow of the Royal Society of Canada and of the World Academy of Arts and Sciences.

## DR. JIM JARRETT ATHLETIC DIRECTOR



When Jim Jarrett arrived on the campus of Old Dominion University in the fall of 1967 as a Health and Physical Education professor, he had little idea that his tenure would be counted in decades. During that time span, he has led the program from a well respected NCAA Division II member to a nationally respected Division I power that has captured 25 national championships.

Jarrett began his 34th year as athletic director in 2004, taking over the reigns in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. He committed early on to a philosophy of "selective excellence," whereby the department "selected" its competitive sports and committed itself financially, academically and competitively to the sports it felt the University could best excel.

In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aids to women student-athletes. It was a bold move at the time for a young athletic director and equally young University, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women's basketball, and led the nation in attendance.

Under his leadership, the department's athletic venues have tripled and are considered state of the art facilities. They include the construction of the 2,500-seat Bud Metheny Baseball Complex in 1983, the Sailing Center in 1981, the Outdoor Tennis Complex which has been expanded to 15 lighted courts and a championship court with seating for 1,000-plus, the 4,000-seat ODU Soccer Stadium in 1990, renovations to Foreman Field, which included Astro-Turf and new locker room facilities, and the planning and construction of the 8,500 seat Constant Convocation Center.

For all his efforts, Jarrett's has been honored many times by national and local groups. Most recently, Jarrett was named the 2003 Southeast Regional Athletic Director of the Year by NACDA. Other awards he has received include the Collegiate Director's Award from the Women's Basketball Coaches Committee. He is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame.

An avid golfer and tennis player, Jarrett and his wife Sugie reside in Norfolk.



## ATHLETIC DIRECTORY

(757 AREA CODE)

### President:

Dr. Roseann Runte ..... 683-3159

### Athletic Director:

Dr. Jim Jarrett ..... 683-3369

### Associate Athletic Director:

Deb Polca ..... 683-3358

### Associate Athletic Director:

Debbie H. Byrne ..... 683-3359

### Assistant A.D./Finance:

Mark Brown ..... 683-3569

### Assistant A.D./Event Management:

Greg Smith ..... 683-6026

### Compliance Coordinator:

Jeff Wilson ..... 683-5474

### Sports Information Director:

Carol R. Hudson, Jr. .... 683-3372

### Asst. Sports Information Director:

Kim Zivkovich ..... 683-3372

### Director of Athletic Publications:

Tina Price ..... 683-3372

### Asst. Athletic Ticket Manager:

Scott Lowery ..... 683-4444

### Athletic Camp Director:

Mindi Seidel-Adler ..... 683-4358

### Dir. of Sales & Corp. Sponsorships:

Chuck Gray ..... 683-3372

### Dir. of Game Atmosphere & Student Att.:

David Weisser ..... 683-3372

### Academic Counselor:

Tianna Scott ..... 683-3699

### Asst. Academic Advisor:

April Brecht ..... 683-3709

### Equipment Room Manager:

Andrea Allen ..... 683-3371

### Head Athletic Trainer:

Marty Bradley ..... 683-3383

### Asst. Athletic Trainer:

Scott Johnson ..... 683-3397

### Asst. Athletic Trainer:

Tina Lathrop ..... 683-5444

### Director of Recreational Sports:

Dr. Kevin Marbury ..... 683-3384

### Athletic Faculty Representative:

Dr. Janis Sanchez-Hucles ..... 683-4995

### Baseball Coach:

Jerry Meyers ..... 683-4360

### Men's Basketball Coach:

Blaine Taylor ..... 683-3362

### Women's Basketball Coach:

Wendy Larry ..... 683-3401

### Field Hockey Coach:

Beth Anders ..... 683-3785

### Golf Coach:

Dr. Murray Rudisill ..... 683-3300

### Women's Golf Coach:

Pat Kotten ..... 683-4553

### Lacrosse Coach (W):

Sue Stahl ..... 683-4541

### Sailing Coach (M&W):

Mitch Brindley ..... 683-3387

### Men's Soccer Coach:

Alan Dawson ..... 683-4360

### Women's Soccer Coach:

Joe Pereira ..... 683-5343

### Swimming Coach (M&W):

Carol Withus ..... 683-5752

### Tennis Coach (M&W):

Darryl Cummings ..... 683-5312

### Wrestling Coach:

Steve Martin ..... 683-5311

### Strength & Conditioning Coach:

Andy Zucker ..... 683-5313

# ATHLETIC

OLD DOMINION UNIVERSITY prides itself on being able to offer the student-athlete the best possible facilities to achieve maximum potential on the field.

The Intercollegiate Athletics Building, opened in houses both strength training and athletic training facilities which are always at the full disposal of the student-athlete.

The athletic training room ranks as one of the top facilities in the nation, providing the best in modern rehabilitation equipment for athletic injuries. The seven-foot deep running pool, located in the hydrotherapy room, along with three whirlpools and one jacuzzi, provides Old Dominion athletes the opportunity to rehabilitate through exercise in water. The room also includes nine training tables, a Kinkom rehabilitation machine, and a traction table. The athletic training room is under the supervision of Head Athletic Trainer Marty Bradley, M.S., A.T., C., and his two full-time assistants, along with a staff of graduate assistants and student assistants.

Adjacent to the athletic training room is the strength training room, built specifically for student-athlete use. The room includes the most up-to-date nautilus and free weight equipment, all under the supervision of Strength and Conditioning Coach Andy Zucker.

The Intercollegiate Athletics Building also houses the administrative staff including the athletic director, the associate and assistant athletic directors, the offices of sports information, athletic development and promotions, and the ticket office. The Athletic Support Office and Buildings and Grounds offices are also located in the Intercollegiate Athletics Building.

The Intercollegiate Athletics Building is located in the middle of the athletic quadrant of the campus that includes the 4,000 seat Old Dominion Soccer Stadium, the 2,500 seat Bud Metheny Baseball Complex, the 15-court Tennis Complex that includes a 1,000 seat championship court, and the Health & Physical Education Building.

The H&PE Building contains the 5,500 seat Old Dominion Fieldhouse, which serves as the “home floor” for the Monarch wrestlers for most of their home duals and tournaments. The J.C. “Scrap” Chandler Pool is also located in the H&PE Building, with seating for approximately 1,500 people.

Foreman Field, located behind Rollins Hall on the northern edge of the campus, is home to the field hockey and lacrosse teams, as well as being the site for much of Old Dominion’s intramural sports program.

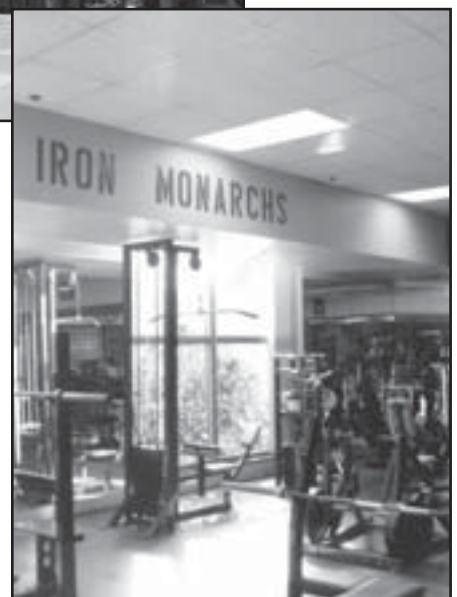
The Old Dominion Sailing Center, located on the Elizabeth River on the western side of the campus serves as home to the Monarch sailing program.



*Aerial view of Foreman Field, Bud Metheny Baseball Complex, ODU Soccer Stadium, tennis courts and ODU Fieldhouse.*



*Above, the ODU Fieldhouse, soon to be renovated houses the wrestling program. Right, the strength training room, supervised by Strength and Conditioning Coach Andy Zucker, features the latest in nautilus and free weight equipment.*



# FACILITIES



Above, the new Ted Constant Convocation Center is the home of the Old Dominion University basketball programs and is the site of concerts, commencements and many other University events.



Above and left, Old Dominion University students enjoy cheering for the Monarchs.

# OLD DOMINION



Old Dominion University opened its doors 74 years ago in an abandoned public school building with 206 students as the Norfolk Division of the College of William and Mary, and became an independent institution in 1962. Today, the University enrolls more than 20,000 students, including approximately 6,500 graduate students. Its 188-acre Norfolk campus is the primary hub of activity, along with four additional higher education centers (Virginia Beach Center, Peninsula Center, Tri-Cities Center and Northern Virginia Center).

Old Dominion is a versatile university, committed to its students, their education, personal development and overall success. The University offers 66 bachelor's degrees, 67 master's degrees, two education specialist degrees and 24 doctoral degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences.

Students who live on campus may choose residence hall or apartment-style living. The attractive Webb University Center provides a food court, video arcade, lounge areas and other shops to serve the student body.

Old Dominion is one of Virginia's leading Ph.D. research institutions. The total value of its research activity is about \$50 million annually. The University contributes approximately \$600 million a year to the Hampton Roads economy and provides the community with a variety of programs and services, including the Bank of America Entrepreneurial Center, Technology Applications Center and Military Career Transition Program. A leader in space-related research, Old Dominion ranks first in the state in funding from NASA for research projects. The University operates one of the largest wind tunnels in the world at NASA's Langley Research Center, and its Oceanography, Nuclear Physics, and Modeling and Simulation programs are among the best in the nation.

The University Village, a 75-acre development along the east side of Hampton Boulevard, is yet another economic spark for the region. The 8,600-seat Ted Constant Convocation Center, which opened in fall 2002, is the centerpiece of the project. The Village also currently includes 270 modern apartment units for students. Plans call for the addition of a hotel and parking garage, a variety of restaurants, a shopping center with a large grocery

store and research facilities.

In the classroom, Old Dominion students continue to earn high marks. Former student-athlete and 1996 graduate Samantha Salvia became the University's first Rhodes Scholar.

An international leader in delivering interactive instructional television, the University operates TELETECHNET, a distance learning system that offers students an opportunity to earn one of 17 baccalaureate or eight master's degrees without leaving their area of residence. Since its inception in 1992, TELETECHNET has exceeded growth projections and is the largest televised, interactive distance learning program of its kind in the United States.

Old Dominion is also well known for its international focus in both its curricula and student population. More than 1,100 international students from 100 countries are enrolled at the University.

The University also contributes to the cultural life of Hampton Roads by presenting music and dance concerts, art exhibits, and annual literary and film and video festivals. In addition, the President's Lecture Series brings a variety of nationally known speakers to campus each year.

The University is located about 200 miles south of Washington, D.C., and is but a short drive to Virginia Beach and the Outer Banks of North Carolina.

## WHY MONARCHS?



Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians. As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion's mother institution, the College of William and Mary. The nickname "Old Dominion" was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as "joint monarchs."

The Monarch used by Old Dominion has a royal crown on a lion's head, representing an historic past and a strong future. The school's current family of athletic logos were adopted in April of 2002.