

WRESTLING



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CREDITS

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Quick Facts

School: Old Dominion
 Founded: 1930, as the Norfolk Division of the College of William & Mary
 Location: Norfolk, VA
 Enrollment: 20,105
 Nickname: Monarchs
 Colors: State Blue and Silver
 Conference: Colonial Athletic Association
 Home Facility: Old Dominion Field House
 President: Dr. Roseann Runte (SUNY-New Paltz)
 Athletic Director: Dr. Jim Jarrett (SIU-Carbondale '59)
 Head Coach: Steve Martin (Iowa '91)
 Coaches Overall Record (Years): 12-5 (1)
 Coaches Record at ODU (Years): 12-5 (1)
 Assistant Coaches: Lee Pritts (Eastern Michigan '98)
 Cory Ace (Edinboro '03)
 Mike Dixon (Indiana '01)
 2004-05 Overall Record: 12-5
 2004-05 Conference Record: 7-2
 CAA Championship Finish: Tied for 5th
 Starters Returning/Lost: 4/6
 Letterwinners Returning/Lost: 9/9
 Sports Information Director: Carol Hudson, Jr.
 SID Phone: (757) 683-3372
 SID Fax: (757) 683-3119
 Sports Information Contact: Will Foxwell
 Office Phone: (757) 683-3374
 E-mail Address: wfoxwell@odu.edu
 Web Address: www.odusports.com



The 2005-06 Old Dominion Wrestling Team

Steve Martin

Second SEASON IOWA '91 Chesapeake, VA

Winning is all that Old Dominion wrestling coach Steve Martin has ever known. From his days as a high school wrestler at Kempville High School in Virginia Beach, as a three-time Virginia high school state champion, to his days at the University of Iowa where he was an all-American and Midlands Champion, and as the head coach at Great Bridge High School, all Steve Martin has ever known is winning.

That winning tradition he had as a coach has already broken through as the second-year coach at Old Dominion readies his wrestlers for a breakout season.

In 2004-05, Martin led the Monarchs to their first double-digit win total since 1996, as the Monarchs held an 11-5 dual mark and a 6-2 record in CAA competition. The 11-5 record was also the first above .500 since 2000-01.

Highlights of Martin's rookie season included Old Dominion's first victories over Rider and Boston University as well as individual wrestlers winning numerous Wrestler of the Week and Rookie of the Week honors from the CAA.

The Monarchs upgraded their schedule and even though Martin gave his new team a tougher schedule, five wrestlers earned over 30 wins and seven overall notched 20 victories or more in 2004-05.

He also recruited one of the top recruiting classes in the nation for the 2005-06 season, further preparing the Monarch wrestling program for success. InterMat ranked the incoming class #8, W.I.N. Magazine ranked it #10, while Wrestling USA Magazine ranked it #11.

The foundation for Martin's winning resume was also built on his pedigree. His father, the legendary Billy Martin, is the father of Virginia wrestling and won 22 state wrestling team titles in 23 years and coached dozens of state champions that went on to win and place at the NCAA championships.

Martin's brother David was a four-time Virginia high school state champion at Granby high school under his father and went on to wrestle at Indiana State.

Billy Martin, Jr. was a three-time NCAA all-American at Oklahoma State, finishing second in 1974. Wayne Martin preceded Steve at Great Bridge after wrestling at Old Dominion, and has now taken over again at Great Bridge now that Steve is the coach at ODU.

The groundwork for a successful wrestling coach was set in motion even before Steve Martin stepped on the mat as a competitor.

As a coach, he saw success only matched by his father, leading Great Bridge to 13 state championships in 14 years. Each of those 13 years, Martin's Wildcats were nationally ranked.

Moving up to the college ranks, Martin still keeps the winning attitude that's built around hard work in the wrestling room, hard work on your own, and hard work in the classroom.

"We had this emphasis in college, where you broke somebody," Steve Martin told the Virginian-Pilot in 2001. "You won by 15 points, or you pinned them, and at the end of the match, they crawled off the mat mentally and physically destroyed and they never wanted to step on the mat again with you."

Martin coached 40 high school state champions, 98 state place-winners, 35 All-Americans (freestyle and folkstyle) and six high school national champions.



He also coached NCAA Division I National Champion Carl Perry to three high school state championships at Great Bridge. Perry is currently an assistant at Illinois.

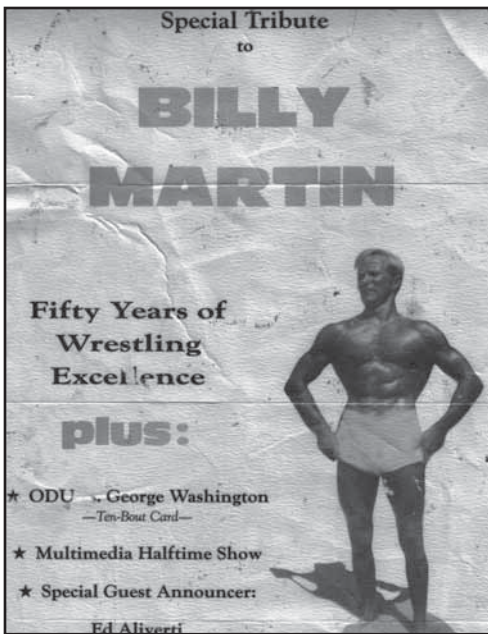
He was awarded the National Wrestling Coaches Association state and regional coach of the year in 1995 and 2000. The Norfolk Sports Club named him the Bob Bates Award winner as the

Outstanding Metropolitan Coach of the Year. On the high school level, Martin has been active in Virginia USA Wrestling, coaching at the Junior Nationals in Fargo, N.D. and has coached with the Wrestling USA Magazine Dream Team Classic and the Dapper Dan Classic in Pennsylvania.

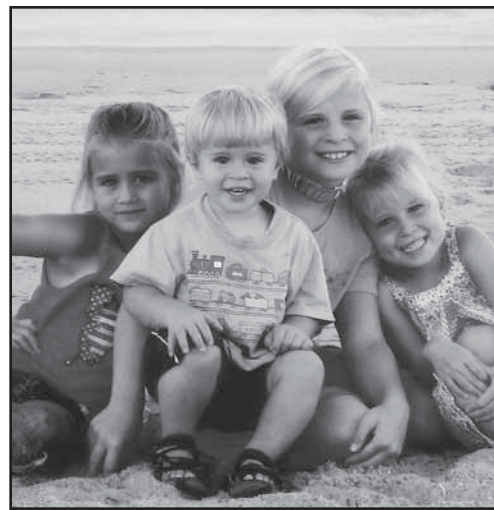
At Old Dominion, Martin will have more of a challenge and he readily accepts it.

Making the Monarchs program one of the top programs on the East Coast and in the nation is paramount. "Virginia high school wrestling is making a name for itself on the national level. While we will be recruiting nationally, it will be goal of our staff to keep these Virginia kids at home in front of their family and friends," Martin said. Martin's drive is to make Old Dominion a national powerhouse and the foundations are formed right now. The new wrestling room will be operational by 2006 and by then, Monarch wrestlers, under the new coaching regime, will be thriving.

"I want to thank the administration at Old Dominion for giving me this great opportunity," said



This 1985 promotional flyer for ODU wrestling honored the career of Billy Martin.



Macy (7), Max (2), Madison (9), McKenna (6).

Martin when he was named head coach in June of 2004. "It has been a personal goal of mine to coach at the Division I level and what makes this job even more special is that is in my home town and close to family, friends and supporters of wrestling."

His goal to become a coach was the first step, and with the administration supporting the pro-gram, becoming a winning program will be only a matter of time, Martin says.

"The school has made a nice commitment to the wrestling program," said Martin in an interview with Ron Good of Amateur Wrestling News in September of 2004.

"Jim Jarrett, our athletic director, has plans to build a new 7500 square foot wrestling room as well as hiring the first ever fulltime assistant coach (Lee Pritts)." Martin graduated from the University of Iowa in 1991 and got his master's degree from George Washington University in 1996.

Steve and his wife Lori live in Chesapeake, Va. They have four children; Madison (9), Macy (7), McKenna (6) and Max (2).

The Dan Gable Connection

Old Dominion coach Steve Martin is the tenth Division I college coach that wrestled under Dan Gable at the University of Iowa.

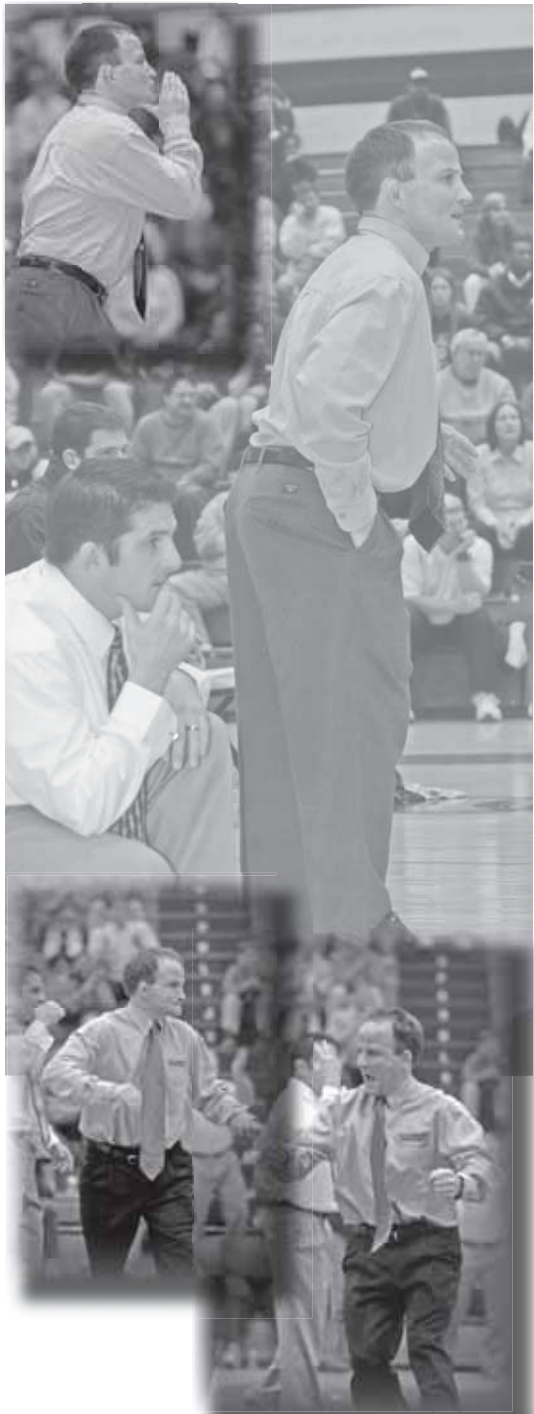
Name, School (Graduation Year)

- Steve Martin, Old Dominion (Iowa '91)
- Tom Brands, Virginia Tech (Iowa '92)
- Terry Brands, UT-Chattanooga (Iowa '92)
- Jim Zalesky, Iowa (Iowa '84)
- Lennie Zalesky, UC-Davis (Iowa '83)
- Duane Goldman, Indiana (Iowa '86)
- Tom Ryan, Hofstra (Iowa '92)
- Greg Randall, Boise State (Iowa '87)
- Brad Penrith, Northern Iowa (Iowa '88)
- Tim Cysewski, Northwestern (Iowa '76)

Carl Ragl and '66 & '69

David Lindjhem '67

Lou Curra '68, '69 & '70



WRESTLING AND THE MARTIN MEN

Since 1949, teams coached by members of the Martin family have won 24 state wrestling titles. Among them, Billy Martin's four sons won 10 individual state titles. His grandson Michael has won three, bringing the family total to 13.



Billy Martin, 83, left, coach Granby High to 21 state titles from 1945-1970. He was the first prep coach elected to the National Wrestling Hall of Fame, in 1990. He retired to his orchard in Kivits Island, N.C.



Wayne Martin, 42, above, won a state title at Kenposville High in 1978 and coached Great Bridge High to state titles in 1987, 1988, 1989 and 1991. He now serves as the director of athletics for Chesapeake public schools.



Billy Martin Jr., 49, A two-time state champ at Granby (1969-70), he was an NCAA runner-up (1974) and three-time Big Eight champ at Oklahoma State. He was head coach at Old Dominion in 1986-87 and now owns a screen printing business.



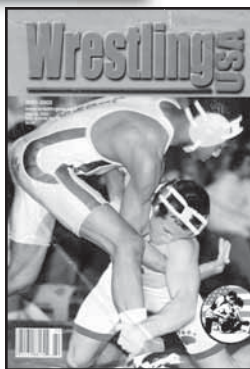
David Martin, 48, right, was a four-time state champ at Granby (1968-71). He also was a two-time Missouri Valley Conference champion at Indiana State. He started Martin Vineyards winery in 1995 and also manages the family orchard.



This excerpt from the December 2, 2001, *Virginia Pilot* shows the deep-rooted Martin family legacy.



Martin was part of the 1990 Iowa team that captured the NCAA Championship.



Martin's wrestlers have graced the cover of *Wrestling USA Magazine* many times. Pictured above (left-right): Dan Frishkorn (Oklahoma State), nephew Michael Martin (Illinois) and previous Monarch Hunter Davenport.

**MARTIN
YEAR-BY-YEAR**

AT GREAT BRIDGE HIGH SCHOOL
CHESAPEAKE, VA

VA STATE CHAMPIONS

- 1991-92
- 1992-93
- 1993-94
- 1994-95
- 1995-96
- 1997-98
- 1998-99
- 1999-00
- 2000-01
- 2001-02
- 2002-03
- 2003-04

**PUBLIC HIGH SCHOOL
NATIONAL CHAMPIONS**

- 2002
- 2003

| YEAR | NATIONAL RANK |
|---------|---------------|
| 1991-92 | 5 |
| 1992-93 | 7 |
| 1993-94 | 14 |
| 1994-95 | 26 |
| 1995-96 | 10 |
| 1996-97 | - |
| 1997-98 | 3 |
| 1998-99 | 22 |
| 1999-00 | 9 |
| 2000-01 | 18 |
| 2001-02 | 2 |
| 2002-03 | 4 |
| 2003-04 | 8 |

Assistant Coaches

LEE PRITTS

SECOND SEASON EASTERN MICHIGAN '98 FT. LAUDERDALE, FL



Upon coming to Old Dominion as the head assistant, Lee Pritts was asked by friends and colleagues why he left Missouri, where he was an assistant coach for six seasons.

The answer was simple.

“Old Dominion is a gold-mine,” he said. That gold-mine and the potential for winning made Pritts an easy choice for long-time friend Steve Martin.

Pritts brings an immediate intensity to the Old Dominion wrestling program that meshes well with the current staff and its direction for the program.

As a competitor, Pritts was a three-time NCAA qualifier from 1996-98. After a stint at Garden City Community College where he was teammates with former Old Dominion wrestler Mark Strickland (1997-98), Pritts claimed All-American honors in 1996 at Eastern Michigan.

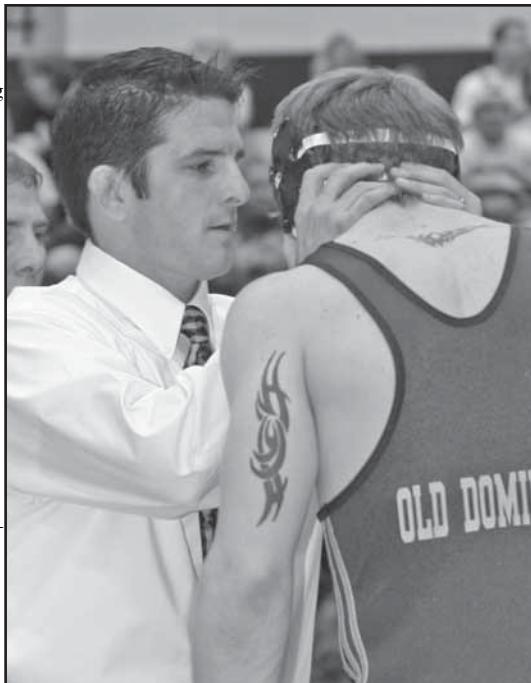
Unseeded coming into the 1996 tournament at Minneapolis, Pritts achieved All-American status. Pritts won two Mid-America Conference championships and after transferring to Clarion for his senior season, won Pennsylvania State Athletic Conference and Eastern Wrestling League titles at 118 pounds.

A Fort Lauderdale, Fla., native, Pritts followed high school coach Brian Smith to Missouri. Pritts was a vital piece of Missouri’s rebuilding mission. The Tigers were perennially at the bottom of the Big 12 conference, but with Pritts, the Tigers earned their first victory

over national powerhouse Oklahoma State in 2003-04. Missouri had breakout seasons, winning the 2002 Virginia Duals National College Division.

He’s coached six NCAA All-American and two NCAA finalists as well as helped guide the Tigers to tournament titles at the Reno Tournament of Champions, Southern Scuffle, Mat Town USA tournament and a runner-up finish in the National Wrestling Coaches Association National Duals, which puts the top 16 teams in the nation against each other in a dual-tournament format.

Pritts and his wife Krista and newborn son Briggs (born August 2005) live in Norfolk, Va. Pritts enjoys the outdoors and spending time at the Martin’s farm in Knotts Island, N.C. When he’s not working with wrestling, you can find him at the beach either surfing or wakeboarding and teaching his new son the finer points of wrist control.



CORY ACE

SECOND SEASON EDINBORO '03 FRANKLIN, PA



Cory Ace returns for his second season on the Old Dominion staff after a successful campaign as a wrestler and graduate-assistant at his alma mater, Edinboro.

Last year, Ace concentrated with the middle-weights and helped the Monarchs to their best season in nine years, going 11-5 and finishing conference competition at 6-2.

As a competitor, Ace was a 2002 All-American at 133 pounds and was ranked as high as seventh in the nation his junior and senior years. Ace wrestled 141 his freshman, sophomore and senior years and was a four-time NCAA qualifier. At the 2002 NCAA Championships in Albany, N.Y., Ace came in unseeded and

rebounded from a first-round loss to eventual third-place finisher Witt Durden of Oklahoma to win four straight matches in the consolations.

Ace was a Pennsylvania State Athletic Conference in 2002, and an Eastern Wrestling league champion in 2003. He aided the Fighting Scots Matt King (165) and Nate Yetzer (174) to All-American status and also aided in Deonte Penn’s EWL crown at 149 pounds in 2003-04.

“I’m excited to be a part of the new regime at Old Dominion.” Ace said. “I feel that we can be immediately competitive and I’m glad to be a part of a program that has winning in mind and the commitment from the coaching staff, the wrestlers and the administration.”

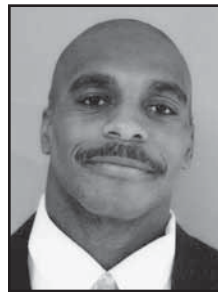
“In the time I’ve been here, I’ve learned a lot from coach Steve Martin. I feel that as a coaching staff, we mesh well which is going to help the program.” Ace said.

Originally from Franklin, Pa., Ace was high school teammates with Penn State All-Americans Josh Moore and Scott Moore (who later placed third at the University of Virginia). While at Franklin H.S., Ace won the Pennsylvania state title at 135 pounds in 1998.

Ace is single and resides in Norfolk, Va. He enjoys mixed martial arts, golfing and fishing, both freshwater and saltwater.

Mike Dixon

FIRST SEASON INDIANA '01 INDIANAPOLIS, IN



Dixon comes to ODU from Harrisonburg, Virginia where he spent time as an assistant coach with James Madison University. While at JMU he coached two conference place winners, and brought in the most credentialed recruiting class, with three state titles and three runner-up finishes, that the school had seen since they dropped scholarships in 2000.

Prior to his stint at JMU, Dixon coached four Academic All-Americans, five National Qualifiers, and the most wrestlers in the school’s history to finish in the top twelve in the country with three at the University of Indianapolis. He also spent some time as an assistant coach

with Arsenal Technical High School in Indianapolis, Indiana. There he coached four Individual Conference Champions, two Sectional Finalists, and one City Champion, the school’s first ever freshman to win a City Championship.

As a competitor, Dixon was a four year starter at heavyweight for Indiana University where he was an NCAA qualifier and Co-Captain his senior year. He was also a member of the Indiana football team as a backup linebacker. In 2001, Dixon captured University Nationals Champion at 97 Kg, and wrestled in the 2001 Pan Am’s where he placed fourth at 97 Kg.

Dixon will assist in recruiting, putting together work out regimens, and coaching and scheduling practices.

Mike McCarthy '75 & '76

Buddy Lee '80 & '82

Roger Randall '81

ODU All-Americans

2005-06 SEASON OUTLOOK

Following a much-improved 12-5 record in 2004, this season Old Dominion Wrestling is looking to continue to their winning ways. Second-year head coach Steve Martin looks to toughen up the Old Dominion Wrestling schedule again this season, as the Monarchs will travel across the country seeking out the nation's top competition. ODU will wrestle 11 of the nation's top 25 teams and compete in some of the toughest college tournaments throughout the year.

InterMat, the nation's top wrestling Internet resource for collegiate wrestling, released the Junior National All-American signings list boasting ODU as having the eighth-ranked recruiting class in the nation. Old Dominion's incoming freshman class won more All-American medals than any other college's freshman class, including powerhouses Iowa, Iowa State and Oklahoma State. While Michigan State claimed the most individual titles, with four titles in both Greco-Roman and freestyle, Old Dominion had four individual wrestlers win five total medals. Freshman recruit Cam Watkins (Rockville, MD) was a double medallist, holding a medal in both freestyle and Greco Roman. Newcomers Kevin Harrington (East Greenbush, NY), Ben Fiacco (Acworth, GA), and Kaylen Baxter (Fairbanks, AK) each won individual medals as well.

The Monarchs returning starters this year include senior John Dolida (Bridgewater, NJ) who will be starting in the heavy weight class this season, Nelson "Robby" Gosnell (Warrenton, VA) competing at 165, and NCAA Tournament qualifier Adam Wright (Dayton, VA) who will look to wrestle at 197 his senior year. Junior Jacob Forestiere (Yorktown, VA) returns to compete for the position at 149 after red shirting last year. NCAA Qualifier and Big Ten placewinner, Michael Martin (Chesapeake, VA.) comes to Old Dominion as a transfer from Illinois and will look to bring depth to his Uncle Steve's team wrestling at 133. Graduate student T.J Hansen (Dallas, TX) is expected to make an immediate impact to the Monarch squad as an anticipated starter at 174 pounds.

The Monarchs have a long and grueling season in front of them and with out a doubt the toughest in ODU history, facing challenging tournaments such as the ODU Invitational, the Mat Town Tournament, the Las Vegas Invitational, Avalon Duals, Southern Scuffle and the Virginia State Intercollegiate. ODU will be going up against tough teams UNC Chapel Hill, University of Northern Iowa, Slippery Rock University, Maryland, UVA, and Hofstra. Nevertheless Coach Martin and his staff feel that this is what is needed. "I am confident our student-athletes will be ready to perform when they look across the mat and see someone standing in a Big 10 or Big 12 uniform. We will make sure of that", Martin said.

The Monarchs by Weight Class

125: Braxdon Scaletta (Valley View, OH) will start this weight class as a freshman. Scaletta won his junior and senior year of high school and was a senior national All-American. Ranked sixth by Wrestling USA and ninth by InterMat, Scaletta compiled a high school record of 176-11. Bryan Lashomb (Chesapeake, VA) is a backup wrestler for this weight class.

133: Michael Martin will start at 133 lbs. Martin is a transfer from Illinois where he was a 2004 NCAA qualifier and Big Ten placewinner. Martin beat NCAA All-American Cory Cooperman of Lehigh in an opening round fall 26 seconds into their 2004 NCAA championship match. Backup for the 133 weight class will be Selas Douglas (Alexandria, VA), and freshmen Ryan Williams (Cumberland, PA) and Mike Abell (Boston, MA).

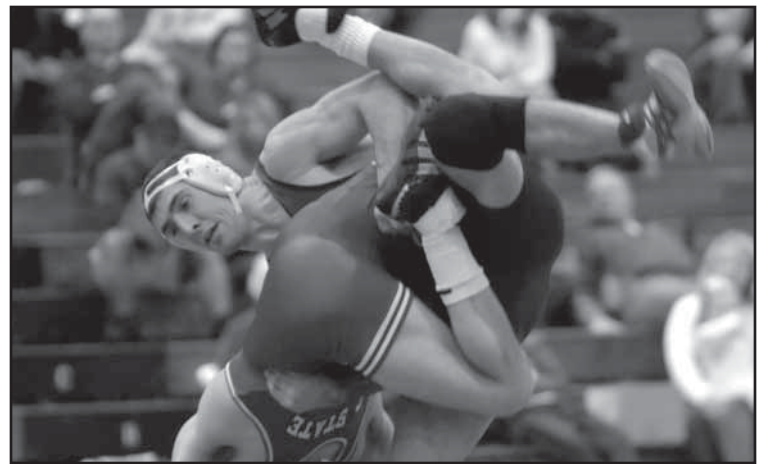
141: Returning this year to wrestle at 141 will be Shannon Slack (Richmond, VA). Slack lead the team with 12 major decisions and 37 victories last year in his first year at Old Dominion. Former CAA Wrestler of the Week, Slack finished 13-3 in dual meets. Backing up 141 will be Kyle Pardun (Milltown, NJ), Kaylen Baxter, and Cam Watkins.

149: Freshman Jeff Becker (Lipperry Rock, PA) will be starting at 149. During his high school campaign, Becker was a three-time PIAA state placewinner. He was a USA Wrestling Cadet Freestyle national runner up in 2002 and a two-time freestyle All-American. Becker was ranked 27th in the nation by Wrestling USA Magazine. Josh Tyler (Mechanicsville, VA) and Jacob Forestiere will back up the 149 weight class.

157: Nick Pullano (Chesapeake, VA) will start in this weight class. Last year



Adam Wright



Nelson "Robby" Gosnell

Pullano finished the season 17-20 earning two falls and a notable victory over VMI's Chris Hardy in a dual meet. Pullano won the ODU Invitational last year at 157 pounds. Backing up 157 will be freshman Chris Brown (Chesapeake, VA).

165: Nelson "Robby" Gosnell will start at this weight class. Last year Gosnell went 30-10, 12 -5 in dual meets, and 8-1 in the conference at 165. He placed fourth at the Missouri Open and third at the Mat Town USA Invitational. Gosnell was also a Virginia Intercollegiate State Champion. Bryan Lenhardt (Gloucester, VA) will back up Gosnell at 165.

174: Graduate student T.J. Hansen is expected to start at 174. Hansen comes to ODU from Missouri where he carried a 46-28 career record. Last year, Hansen took first in the Missouri Valley Open, and had two wins by fall including one over Purdue's Nick Skinner in less than three minutes. Backing up will be Bryan Koz (Lakewood, OH) and Bryan Lenhardt.

184: Kevin Harrington will start at 184. Harrington drops down to 184 after earning Sectional Champion while wrestling in New York at 215 pounds. During his high school campaign he went 93-22 and was a 2005 USA Wrestling Junior All-American. Bryan Koz and Bryan Lenhardt will back up the 184 weight class.

197: Returning NCAA qualifier Adam Wright will compete at this weight class. Wright earned his second consecutive 30-win season, and a runner up finish at the Missouri Open. He had a victory over NCAA All-American Matt Pell of Missouri last year at the Missouri Open. David Mendoza (Wyomissing, PA) will be backing up Wright at 197 pounds.

285: John Dolida returns for his senior season to wrestle at 285/Hwt. class. Dolida wrestled at 197 last year and finished with an 8-15 record. He went 4-8 in dual meets and earned three falls. Backing up Dolida will be freshmen Matt Pellar (Fredricksburg, VA) and Robert Nixon (Virginia Beach, VA).

Ben Ward '84

Peter Horst '91

Nick Garone '91

2005-06 MONARCH ROSTER



| Name | Yr. | Ht. | Wt. | Hometown | Previous/High School |
|------------------|------|------|-----|--------------------|----------------------|
| Kevin Harrington | Fr | 5-11 | 184 | E. Greenbush, NY | Columbia |
| Mike Abell | Fr | 5-7 | 133 | Boston, MA | Catholic Memorial |
| Kyle Pardun | Frn | 5-7 | 141 | Milltown, NJ | St. John Vinney |
| Adam Wright | Sr | 6-0 | 197 | Dayton, VA | Turner Ashby |
| Nick Pullano | So | 5-9 | 157 | Chesapeake, VA | Great Bridge |
| TJ Hansen | Grad | 5-11 | 174 | Dallas, TX | Jesuit College Prep |
| Matt Pellar | Fr | 6-1 | 285 | Fredricksburg, VA | Colonial Forge |
| Josh Tyler | So | 5-6 | 149 | Mechanicsville, VA | Lee Davis |
| Michael Martin | Jr | 5-5 | 133 | Chesapeake, VA | Great Bridge |
| Cam Watkins | Fr | 5-7 | 141 | Rockville, MD | Magruder |
| Selas Douglas | So | 5-7 | 133 | Alexandria, VA | Mt. Vernon |
| Bryan Koz | Fr | 6-0 | 165 | Lakewood, OH | St. Edward |
| David Mendoza | Fr | 6-0 | 197 | Wyomissing, PA | Wyomissing |
| Braxton Scaletta | Fr | 5-4 | 125 | Valley View, OH | Cuyahoga Heights |
| Ryan Williams | Fr | 5-5 | 133 | Cumberland, PA | Cumberland Valley |
| Chris Brown | Fr | 5-10 | 157 | Chesapeake, VA | Great Bridge |
| Ben Fiacco | Fr | 5-8 | 165 | Acworth, GA | Harrison |
| Bryan LaShomb | Fr | 5-4 | 125 | Chesapeake, VA | Great Bridge |
| Kaylen Baxter | Fr | 5-7 | 141 | Fairbanks, AK | West Valley |
| John Dolida | Sr | 6-0 | 285 | Bridgewater, NJ | Bridgewater-Raritan |
| BJ Compton | So | 5-6 | 141 | Christiansburg, VA | Christiansburg |
| Nelson Gosnell | Sr | 5-10 | 165 | Warrenton, VA | Fauquier |
| Shanon Slack | Sr | 5-7 | 149 | Richmond, VA | Hermitage |
| Robert Nixon | Fr | 6-0 | 285 | Virginia Beach, VA | Kellam |
| Jeff Becker | Fr | 5-7 | 149 | Slippery Rock, PA | Slippery Rock |
| Jake Forestiere | Jr | 5-9 | 141 | Yorktown, VA | Tabb |
| Bryan Lenhardt | Fr | 6-1 | 165 | Gloucester, VA | Gloucester |

Head Coach: Steve Martin (Iowa '91)

Assistant Coaches: Lee Pritts (Eastern Michigan '98), Cory Ace (Edinboro '03), Mike Dixon (Indiana University '01)

Athletic Trainer: Kevin Henry (Marist College '05)

Managers: Jessica Simpson, Jeremy Walker

MONARCH WRESTLING ROOM

"THE NEW
MAT ROOM"

Home of the
Monarch
Wrestlers

A

new, state-of-the-art wrestling room, consisting of 7500 square feet, will give Monarch wrestlers one of the top facilities to practice and train in.

The new mat room, located in the Athletic Administration Building, will feature two full-size competition mats, spacious locker rooms, cardio area and video equipment.

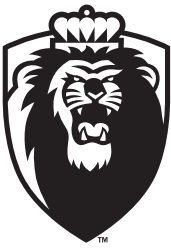
Separate offices for the head coach and the assistant coaches are accessible from either the outside hallway or the mat room itself, as is the wrestlers' locker room.



ODU All-Americans

Jody Staylor '94

Nick Hall '95



Meet the MONARCHS



B.J. Compton (36-13)



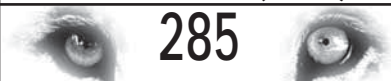
**RS Sophomore
Christiansburg
Christiansburg, VA**

Career: 2004-2005: Compton came to Old Dominion and made an immediate impact, leading the team with 14 pins and picking up the second-most victories during the year with 36...Compton placed in all but two tournaments during last season...He won the Virginia Intercollegiate State championship, finished third at the Missouri Open, Carolina Open and fourth at the Mat Town USA Invitational...Gained notable victories over UT-Chattanooga's Josh Keefe at the West Virginia Open and pinned N.C. State's Jeremy Hartrum in a dual meet...Was named CAA Rookie of the Week twice...Will redshirt for the 2005-06 season...**Prep:** Compton spent four seasons on the wrestling squad with Christiansburg...Four-time District Champ...Compiled a record of 178-12...4x Regional and 4x State Champion.

Off the Mat: Born March 19, 1985... Son of Bane and Sandy Compton of Christiansburg, VA...Has a sister, Jessie (18)...Favorite sports personality is Terrell Owens...Favorite movie "Training Day"...Major is Sports Management.



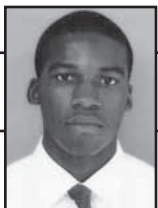
John Dolida (16-28)



**Senior
Bridgewater-Raritan
Bridgewater, NJ**

Career: 2005-2006: Dolida moved up from 197 pounds to heavyweight for the 2004-05 season and finished with an 8-15 record...Dolida missed nearly a quarter of the season with an injury, but went 4-8 in dual meets and earned three falls...2003-04: Battled through injuries to finish with 5-11 overall record...Took third at the Old Dominion Invitational...Had three falls during the season...2002-03: Had third place finish at the ODU Invite... Posted a win at the competitive Carolina Open... Brings youth and experience at the 197 spot...**Prep:** Dolida spent four seasons on the wrestling squad at Bridgewater... Finished with a 65-25 record and led the team in pins... Two-time District Champ... Played on the defensive line for his high school football team for three years.

Off the Mat: Born March 11, 1984... Son of Kenneth and Nancy Dolida of Bridgewater, NJ... Has one brother, Michael (24)... Favorite movie is "Pumping Iron"...Major is Industrial Technology.



Selas Douglas (2-5)



**Sophomore
Mt. Vernon
Lorton, VA**

Career: 2004-05: Saw limited action at 125, 133 and 141 pounds...Finished third at the ODU Invitational at 125 pounds...Earned a dual meet victory over Delaware Valley's Ryan Finkbinder on Dec. 10...**Prep:** Douglas joins the Monarchs from Mt. Vernon High School, Alexandria, VA...Compiled a 82-37 record in high school, where he was a three-year varsity member and a two-time district champion...Placed third in the freestyle nationals his senior year.

Off the Mat: Born April 22, 1986...Son of George and Lori Douglas...Brother of Lavonya (24) and Kera (25)...Favorite sports personality is Deion Sanders...Most impressive person met is Dan Gables...Favorite movie is "The Ladies' Man"...Majoring in Communications.



Jacob Forestiere (3-4)



**RS Sophomore
Tabb Yorktown, VA**

Career: 2004-05: Returned to competition after a redshirt year in 2003-04 and went 3-4 in limited action...Forestiere took 1st place at the ODU Invitational at 149 lbs... Expected to compete for time at 149 pounds...2003-04: Did not see action...**Prep:** Four-year wrestler in high school...Finished with a 115-15 overall record, he was a two-time captain and was named Most Outstanding Wrestler twice...In his freshman year, placed 2nd in the regionals...In his sophomore year, placed 1st in the district/region and 3rd in the state...In his junior year, was 2nd in the district and 4th in the state...In his senior year, he was 1st in the district, 1st in the region and 2nd in the state...

Off the Mat: Born June 28, 1985...Son of Tony and Beth Forestiere...Has sister, Jessica (22) and brothers Brian (19) and Jamie (15)...Favorite movie is "Rocky"...Major is Psychology...



Nelson Gosnell I (51-30)



**Senior
Fauquier
Warrenton, VA**

Career: 2004-05: Had a breakthrough year at 165 pounds, going 30-10 and 12-3 in dual meets including an 8-1 mark in conference duals...He placed fourth at the Missouri Open and third at the Mat Town USA Invitational and was a Virginia Intercollegiate State Champion...Earned notable victories over American's Dwayne Hash-Barberis and Maryland's Jason Keissling at Mat Town...2003-04: Finished season with an 18-15 record as a solid back-up in the 165 and 174 weight classes...Placed second at the Old Dominion Invitational in the 165 class...Finished with one fall, one tech fall and five major decisions during his sophomore campaign...2002-03: Finished third at the ODU Invitational... Named to the CAA Preseason All-Freshman Team... Recorded one major decision...**Prep:** Competed all four years at Fauquier High... Will push for starts at 165... Compiled a 117-27 record and won a State 'AA' Championship at 160 lbs.

Off the Mat: Born August 2, 1984... Son of Paul and Tammie Schifflin of Gainesville, VA... Has one sister, Stephanie (19), and two brothers, Michael (14) and Matthew (12)... Majoring in Computer Engineering.



Adam Wright (85-26)



**Senior
Turner Ashby
Dayton, Va**

Career: 2004-05: Colonial Athletic Association runner-up at 184 pounds and returning NCAA qualifier...Wright notched his second consecutive 30-win season on the way to a championship at the Virginia Intercollegiate State tournament and a runner-up finish at the Missouri Open...Placed 5th at Mat Town USA and 2nd at the Carolina Open...Earned a notable victory over NCAA All-American Matt Pell of Missouri at the Missouri Open...2003-04: Had a career year with Old Dominion in his sophomore season, finishing a career-best 30-9 record...Finished second on the team in wins with 30...Named as an alternate for the NCAA Tournament in the 184 weight class after placing third in the CAA Championships...Took first at the Old Dominion Invitational and the Virginia State Intercollegiate Meet...Placed third in the Rubbermaid/Carolina Open...Placed second at the Coast of the East...Named CAA Co-Wrestler of the Week Feb. 10...Finished season with seven falls, six major decisions and four tech falls...2002-03: One of the top newcomers for ODU last season, posting an impressive 24-10 record during his rookie season... Finished in first place at the ODU Invitational and second in the Virginia State Intercollegiate Meet... Took a third place finish in the Beast of the East Tournament...Second on team last season with 11 decisions and three technical falls... A pre-season CAA All-Freshman Team selection... Led team with six major decisions...Posted 5-1 CAA record... Should continue to rack up victories and become a leader for the Monarchs...**Prep:** Won a State Title with an 117-32 overall record... Also won three district and two regional titles... Attended nationals as a wrestler and pole vaulter, winning championships in both... Should be the starter for ODU at 184 lbs as a freshman... Named All-district and All-region as a defensive end for his football team.

Off the Mat: Born May 5, 1984... Son of Keith and Jill Wright of Dayton, VA... Has one brother, Jeremy (23) Enjoys water sports...Favorite movie is "Top Gun"... Majoring in Mechanical Engineering Technology.



Meet the MONARCHS



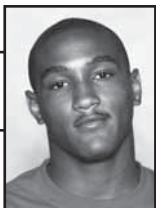
Nick Puliano (17-20)



**Sophomore
Great Bridge HS
Chesapeake, VA**

Career: Finished the season strong to finish 17-20 during 2004-05. Won 1st place at the ODU Invitational at 157 pounds...Earned a notable victory over VMI's Chris Hardy in the dual meet. Earned two falls during the season, the quickest coming in 44 seconds.
Prep: At Great Bridge, Pullano placed seventh at the High School National Championships, was the Virginia State Freestyle Champion and was the State runner-up and earned a 43-8 record as a senior in 2003...As a junior, he advanced to the State Semifinals, placed 4th in the AAA Virginia High School League State Tournament, was a member of the Virginia Junior National Team and achieved a 34-11 record... Pullano left Great Bridge with a 93-30 career record...As a redshirt last season at UTC, Pullano went 18-8, placing 2nd at the Lindenwood Open, 3rd at the Orange Bowl and 5th at the Missouri Open.

Off the Mat: Born November 14, 1984...Son of Michael and Michelle Pullano...Favorite movie is "Goodfellas"...Favorite book is the Bible...Majoring in Exercise Science.



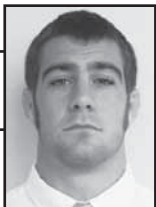
Shanon Slack (37-16)



**Senior
Fresno State/Hemitage
Richmond, VA**

Career: Lead the team in victories with 37 in his first season at ODU and also lead the team with 12 major decisions...Went 13-3 in dual meets and finished third at the West Virginia Open and Carolina Open and was fifth at the Southern Scuffle...Named CAA Wrestler of the Week...Earned a victory over NCAA All-American Michael Keefe at the West Virginia Open...Finished third at the University National Championships in Greco-Roman in 2005...Competed in the 2005 University World Team Trials in Greco-Roman...3rd at the world team trials. **Prep:** At Hermitage High School, Slack lettered in three years in wrestling, was a champion and three-time finalist in the Southeast Regional...Slack was a member of the Virginia Cadet National Freestyle and Greco Team and was a State Freestyle Champion...In addition, he was a Greco-Roman state champion...During his senior year, he was the district champion, regional champion, state runner-up and placed 5th at nationals...Slack was also named a high school All-American and compiled a 105-17 career record...Shanon Slack was 7-12, recording a pin and a major decision last season with Fresno State, wrestling in both the 133 and 141 weight classes...He placed 3rd in the NCAA West Regional in the 141-weight class...Prior to Fresno State, Slack had a stellar junior college career at Cerritos College, in Norwalk, CA, where he was ranked #1 in the 133, 141 and 149 divisions, while compiling an impressive 37-1 record en route to the National Junior College Championship...Slack was also the 141-pound champion in the California State Championships in 2002.

Off the Mat: Born April 23, 1983...Son of Shond Glover...Brother of Nick (25), Roshon (24) and Marshon (16)...Favorite movie is "Scarface"...Favorite book is "Hop on Pop"...Majoring in Communications.



Josh Tyler (2-6)



**RS Sophomore
Lee-Davys
Mechanicsville, VA**

Career: 2004-05: Saw limited action in 2004-05 going 1-4 and competing in the Carolina Open and Virginia Intercollegiate State tournament...Expected to compete for mat time at 149 pounds...**2003-04:** Competed in three matches in his freshman season with ODU, finishing with a 1-2 record as a back-up for Dennis Whitby...**Prep:** Competed on the junior varsity football team for two years and the varsity football team for two years in high school...Competed on the wrestling team all four years...Was a regional champion, two-time district champion and finished with a 78-23 career record...

Off the Mat: Born January 29, 1985...Son of Sonny and Melinda Tyler...Has a brother, Cory (16)...Enjoys water skiing, wakeboarding and volleyball...Favorite movie is "Fight Club"...Major is Health and Physical Education.



Michael Martin (0-0)



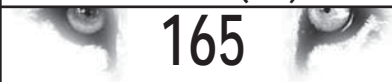
**Junior
Great Bridge/IIllinois
Chesapeake, VA**

Career: Martin returns to Hampton Roads after three years at the University of Illinois...A 2004 NCAA qualifier and Big Ten placewinner, Martin drops from 141 pounds to 133 and will immediately provide a national presence at the weight...At Illinois, Martin beat NCAA All-Americans Coyte Cooper of Indiana and Cory Cooperman of Lehigh. He recorded an opening round fall over Cooperman in 26 seconds at the 2004 NCAA championships...While attending Great Bridge, Martin was a Four-time State Champion...High School National Champion...Freestyle Cadet National champion...Named the Dave Schultz Excellence Award Winner for the southeast...2000 Beast of the East champion...Four-time letter winner for wrestling...During his four year at Great Bridge, the team brought home state championships in 1999, 2000, 2001 and 2002...He was named to the Wrestling USA Dream Team in 2002.

Off the Mat: Born April 6, 1984...Parents are David Martin and Susan Stageberg...Father David was a four-time high school state champion and one of two father-son combinations to win four state titles each...Has one brother...Nephew of head wrestling coach Steve Martin...Hobbies include singing and surfing...Favorite athlete is Cael Sanderson...Majoring in Political Science



Ben Fiacco (0-0)



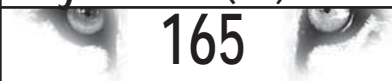
**Freshman
Harrison
Acworth, GA**

Career: Fiacco is one of several blue-chip recruits signed in 2005...A three-time Georgia state champion and four-time state placewinner, Fiacco was nationally ranked by Wrestling USA Magazine his last three years...A two-time USA Wrestling All-American, Fiacco was a Cadet National Runner-up in 2003 and was a Junior Freestyle All-American in 2005...At Harrison, he went 222-6 and was a four-time regional champion...Named Cobb County Wrestler of the Year by Atlanta Journal Constitution newspaper.

Off the Mat: Born Feb. 17, 1987...Son of Thomas and Tammy Fiacco...has two brothers, Nick (20) and Anthony (10)...Most impressive person ever met is undefeated four-time NCAA champion Cael Sanderson...Favorite movie is "Dumb and Dumber"...Majoring in Business.



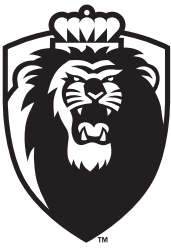
Bryan Koz (0-0)



**Freshman
St. Edward
Lakewood, OH**

Career: Koz wrestled for national high school powerhouse St. Edward and was an Ohio Division I state runner-up as a senior...Went 69-15 at St. Edward and was a district and sectional champion...A solid finisher, Koz recorded 33 falls his senior year and was ranked 26th by Wrestling USA Magazine...Cousin Matt is the starter at the University of Minnesota at 197 pounds.

Off the Mat: Born June 3, 1986...Son of Russell and Ann Koz...Has one brother, Russell (20) and three sisters, Kali (17), Katie (14) and Maddy (11)...Favorite book is "Pop goes the weasel"...Favorite movie is "Four Brothers"...Majoring in Criminal Justice.



Meet the MONARCHS



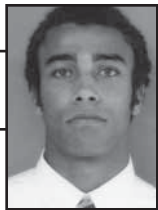
Braxdon Scaletta (0-0)



**RS Freshman
Cuyahoga Heights
Cleveland, OH**

Career: Scaletta comes to Old Dominion after an incredible high school career at Cuyahoga Heights...A four-time Ohio state placewinner, Scaletta won state titles his junior and senior year and was a senior national All-American, placing sixth at 130 pounds...Ranked 6th by Wrestling USA and 9th by InterMat, Scaletta compiled a high school record of 176-11.

Off the Mat: Born Jan. 30, 1987...Son of Richard and Concetta Scaletta...Has two sisters, Fena (17) and Allegra (15)...Favorite movie is "Goodfellas"...Favorite book is "The Outsiders"...Majoring in Sports Management.



Chris Brown (0-0)



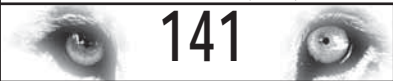
**RS Freshman
Great Bridge
Chesapeake, VA**

Career: Brown returns to wrestle for Steve Martin after wrestling under him for two years at Great Bridge High School in nearby Chesapeake...One of three wrestlers in 2004-05 to win both the prestigious Beast of the East and Ironman tournaments...Was a two-time Virginia AAA state champion and a four-time state placewinner...Went 54-1 his senior year and 176-18 overall. Brown was a senior national All-American and captured the NWCA Scholastic Open championship in 2003...Was a USA Wrestling Cadet Freestyle All-American in 2003 and a FILA Cadet National Champion in 2004...Was ranked eighth by Wrestling USA Magazine and sixth by InterMat. Will redshirt in 2004-05.

Off the Mat: Born Jan. 17, 1987...Son of Linda Barrett...Favorite movie is "20,000 Leagues Under the Sea"...Lists Linda Barrett as the most impressive person he's ever met...Majoring in Psychology.



T.J. Hansen (0-0)



**Graduate Student
Jesuit Prep/Missouri
Carrollton, TX**

Career: Expected to make an immediate impact as a graduate student in both the Monarch lineup and national rankings...Anticipated starter at 174 pounds, beat NCAA quarterfinalist Imad Kharbush of Stanford twice last season...During his high school campaign he was a three-time state champion in Texas (1999-2001), Hansen was selected three-times for All-State (1999-2001) and All-American (1998-2001) honors... Under the guidance of head coach Frank Holleran, Hansen helped lead the Rangers of Jesuit College Prep. to the Texas Prep. State Championship title in 2001...Among his honors, Hansen was selected as the team's Most Outstanding Wrestler (1998-99), Most Valuable Wrestler (1999-2000, 2000-01), second team All-Area (1998-99), first team All-Area (1999-2000, 2000-2001), and the 2001 InterMat Honorable Mention All-American.

Off the Mat: Born Sept. 1, 1982...Son of Bob and Leslie Hansen...Has one brother, Trey (24) who also wrestled at Jesuit Prep and played baseball for Rhodes College and Columbia University...Hansen's father, Bob, wrestled at Cornell University...Favorite movie is "Almost Famous"...Enjoys surfing and spending time at the beach... Graduated from the University of Missouri and is pursuing his MBA.



Bryan Lenhardt (0-0)



**Freshman
Gloucester
Gloucester, VA**

Career: A four-year starter and two-time state placewinner at Gloucester, Lenhardt was a 2004 Virginia Group AAA state runner-up at 152 pounds and finished third his senior year at 171 pounds...A senior national All-American, placing eighth, Lenhardt was a member of the Virginia USA Wrestling Freestyle and Greco-Roman National Teams...Expected to provide depth at 174 and/or 184 pounds.

Off the Mat: Born June 4, 1987... Son of Martin and Anita Lendhardt... One of 14 children... Favorite movie is "Billy Madison"... Lists Cael Sanderson as the most impressive person he's ever met... Undecided in major.



Jeff Becker (0-0)



**Freshman
Slippery Rock
Slippery Rock, PA**

Career: A three-time PIAA state placewinner under Freddie Powell at Slippery Rock, Becker went 38-1 his senior season and finished third in the state twice...Placed third twice at the Slippery Rock Open at 141 pounds...Was a USA Wrestling Cadet Freestyle National Runner-up in 2002 and is a two-time freestyle All-American...Ranked 27th in the nation by Wrestling USA Magazine...Went 129-12 in high school...Expected to challenge for a starting spot at 149 pounds.

Off the Mat: Born Nov. 27, 1986...Son of Robert and Beatrice Becker...Has two brothers, Bob (23) and Gunner (7)...Favorite movie is "Old School"...enjoys hunting and fishing...Majoring in Elementary Education.



Ryan Williams (0-0)



**Freshman
Cumberland Valley
Mechanicsville, PA**

Career: Williams comes to Old Dominion after a 103-20 career at Cumberland Valley...A two-time district and sectional champion at Cumberland Valley High School...Williams placed 7th in the state in 2004 and was 5th at the Beast of the East in 2004 before missing all of 2005 with an injury. Expected to provide depth at 133 and 141 pounds.

Off the Mat: Born Aug. 12, 1986...Son of Ralph and Beth Williams...Has one brother, Jon (21) and one sister, Kristen (17)...Favorite movie is "Old School"...enjoys golf, tennis, fishing and lifting...Undecided on major.



Kyle Pardun (0-0)



**Freshman
St. John Vinney
Milltown, NJ**

Career: A four-year member of the wrestling team at St. John Vianney in New Jersey...Honor roll student...Went an impressive 100-15 in high school...Expected to provide depth at 149 pounds.

Off the mat: Born Nov. 8, 1986... Son of William and Janice Pardun... Has one brother, one sister, Devin (25) and Lindsay (20)... Favorite movie is "Riding Giants"... Lists 1996 Olympic Gold Medalist Kendall Cross as the most impressive person he's ever met... Majoring in Criminal Justice.



Meet the MONARCHS



Mike Abel I (0-0)



**Freshman
Catholic Memorial
Dedham, MA**

Career: A four-year letterwinner at Catholic Memorial, Abel was 3rd in the Massachusetts state tournament, New England Prep Champion, and a team captain...Went 150-27 in high school and was a member of the Massachusetts National Freestyle Team...Was a four-time Catholic Conference All-Star...Expected to provide depth at 133 and 141 pounds.

Off the Mat: Born Aug. 20, 1986...Son of Maria Antonuccio, Kevin Mullaney and Robert Abell...Has three brothers, Chris (23), Bobby (22) and Owen Mullaney (2)...Favorite movie is "The Boondock Saints"...Favorite book is "Animal Farm"...Undecided on major.



David Mendoza (0-0)



**RS Sophomore
Wyomissing
West Reading, PA**

Career: Mendoza was a two-time state placewinner at Wyomissing, finishing 3rd 189 pounds as a senior...Went 117-34 in high school and placed 7th at the Beast of the East in 2004...Three times named to the All-County Team, Mendoza also threw the javelin and played football at Wyomissing...Will redshirt in 2005-06.

Off the Mat: Born Jan. 13, 1987...Son of Manuel Mendoza and Elizabeth and Alan Anderson...Has one sister, Lane'e (21) and three brothers Mike (17), Mike Anderson (17) and Bryce Anderson (5)...Nickname is Dosa...worked as a vendor for the Reading Phillies minor league baseball team...Majoring in Elementary Education.



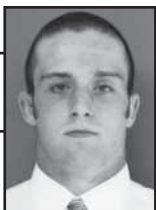
Robert Nixon (0-0)



**Freshman
Kellam
Virginia Beach, VA**

Career: Competed on the Kellam High School wrestling team for four years, competing Career: A four-year starter at heavyweight for coach Mike Benzel at nearby Kellam High School...A two-time regional placewinner, Nixon also played football and threw discus...Expected to provide depth at heavyweight.

Off the Mat: Born April 19, 1987...Son of Charles and Carol Nixon...Has two brothers, Andrew and Nick Phelam and two sisters, Sarah and Melanie Nemrouni...Favorite movie is "Rudy"...Majoring in Engineering.



Kevin Harrington (0-0)



**Freshman
Columbia
East Greenbush, NY**

Career: Coming from wrestling-tough New York, Harrington comes down from 215 pounds where he was a Sectional Champion and will be an immediate contender for the starting spot at 184 pounds...Harrington was a 2005 USA Wrestling Junior Greco-Roman All-American and went 93-22 in high school.

Off the Mat: Born May 15, 1987... Son of Ronald and Faith Harrington... Has one sister, Kaitlin (20)... enjoys going to the beach... Majoring in Philosophy and Accounting.



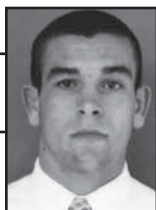
Matthew Pel lar (0-0)



**Freshman
Colonial Forge
Fredericksburg, VA**

Career: Pel lar comes to Old Dominion after finishing 2nd in the Virginia Group AAA State Championships at 215 pounds. Expected to provide depth at heavyweight, Pel lar was coached by Bill Swink at Colonial Forge High School and is a two-time state placewinner. Pel lar finished 3rd at both the prestigious Ironman and Powerade tournaments his senior season...Went 128-47 in high school.

Off the Mat: Born Jan. 28, 1987...Son of Mike and Lynn Pel lar...Has one brother, Dale (20) and two sisters, Anne (17) and Rachell (16)...Favorite movie is "Braveheart"... lists 2000 Olympic Gold Medalist Brandon Slay as the most impressive person he's ever met...Undecided in major.



Cam Watkins (0-0)



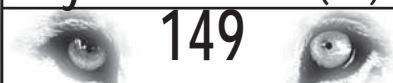
**Freshman
Magruder
Rockville, MD**

Career: A four-time state finalist and two-time state champion, Watkins comes to Old Dominion after a summer which saw him double as a medalist at the 2005 Junior National Championships in Fargo, N.D... He went 192-16 in high school at Magruder, McDonogh and DeMatha High Schools...Also played soccer...Was a three-time National Preps placewinner, finishing second in 2003...Ranked 18th in the nation overall by InterMat and 20th by Wrestling USA Magazine...Will redshirt in 2005-06.

Off the Mat: Born April 24, 1986...Son of Charlie and Gloria Watkins...Has two sisters, Mindy (30) and Mitzi (34)...Majoring in Business.



Kaylen Baxter (0-0)



**Freshman
West Valley
Fairbanks, AK**

Career: Baxter comes to Old Dominion from the Last Frontier of Alaska, where he was a three-time high school state champion and four-time high school state finalist at West Valley...A 2005 Junior National Freestyle All-American, Baxter will immediately content for time at 149 pounds, but could see time at 141...Baxter went 136-7 and finished his senior season ranked 12th by InterMat and 22nd by Wrestling USA Magazine.

Off the Mat: Born May 29, 1987...Son of Ron and Tammy Baxter...Has one brother, Dustin (16) and one sister, Amber (10)...Favorite movie is "Pulp Fiction"...Lists General Custer as a famous person in history he'd like to meet...Majoring in Psychology.



Bryan LaShomb (0-0)



**RS Freshman
Great Bridge
Chesapeake, VA**

Career: LaShomb was a four-time high school state finalist, winning three times and compiling a career high school record of 151-21...He was a three-time North Carolina State Champion for Currituck High School before moving to Great Bridge his senior year...A 2004 FILA Cadet Freestyle National Champion, LaShomb was also a 2004 Junior Freestyle All-American and placed fifth at the Beast of the East and 4th at the Ironman his senior season at Great Bridge...Ranked 12th in the nation by Wrestling USA Magazine.

Off the Mat: Born July 28, 1987...Son of Steve and Debbie LaShomb...Has one sister, Stephanie (20) who attends UNC Wilmington...Favorite movie is "Scarface"...Most impressive person he has ever met is Steve Martin...Majoring in Sports Management.



Meet the MONARCHS

Trainer

Kevin Henry



Marist College
Kingston, NY

Kevin is in his first year in the Old Dominion University athletic training program. While assisting the wrestling team, Kevin will be working on his Masters of Education in Athletic Training with a graduation date of May 2007. He was born October 23, 1983, is the son of James and Linda Henry, and has a brother Steven (23), and a sister Laura (25).

Managers

Jordan Linsey Taylor Simpson



Lafayette HS
Williamsburg, VA

After managing the wrestling team for two years at Lafayette High, freshman Jordan Simpson looks to continue the tradition into her college career as a manager of the Old Dominion Monarchs wrestling team while she is working on a bachelor's degree in psychology. She was born December 22, 1986, is the daughter of Larry and Sharyn Simpson, and has one brother Jason (34).

Jeremy D. Walker



Nandua HS
Harborton, VA

Jeremy joins the Old Dominion wrestling team this season after competing in wrestling and tennis at Nandua High School. He is currently a freshman majoring in criminal justice. Jeremy was born on November 8, 1986, is the son of Dillard and Shirley Walker, and has a brother Darren (17), and a sister Amanda (14).

Monarch Reachout

Continuing the Old Dominion University Athletic Department tradition of reaching out into the community, the Monarch wrestling team recently held a clinic for area youth.





"Patriots"
Location: Fairfax, VA
Conference: Colonial Athletic Association
President: Dr. Alan G. Merten
Athletic Director: Tom O'Connor
Colors: Green & Gold
Head Coach: Mark Weader
2004-05 Record: 8-7
Web site: www.gomason.com

George Mason



"Panthers"
Location: Cedar Falls, Iowa
Conference: Independent
President: Dr. Robert Koob
Athletic Director: Rick Hartzell
Colors: Purple and Old Gold
Head Coach: Brad Penrith
2004-05 Record: 8-7
Web site: www.unipanthers.com

Northern Iowa



"Keydets"
Location: Lexington, VA
Conference: Southern Conference
President: Gen. J.H. Binford Peay II
Athletic Director: Donny White
Colors: Red, White & Yellow
Head Coach: John Trudgeon
2004-05 Record: 6-6-1
Web site: www.vmikeydets.com

VMI



"Nittany Lions"
Location: University Park, PA
Conference: Big Ten
President: Dr. Graham Spanier
Athletic Director: Tim Curley
Colors: Blue and White
Head Coach: Troy Sunderland
2004-05 Record: 10-10
Web site www.goPSUsports.com

Penn State



"Spartans"
Location: Greensboro, NC
Conference: Southern Conference
President: Patricia A. Sullivan
Athletic Director: Nelson E. Bobb
Colors: Gold, White & Navy
Head Coach: Tom Shifflet
2003-04 Record: 11-5
Web site: www.uncgspartans.com

UNCG



"Fighting Scots"
Location: Edinboro, PA
Conference: Eastern Wrestling League
President: Dr. Frank G. Pogue Jr.
Athletic Director: Bruce Baumgartner
Colors: Red and White
Head Coach: Tim Flynn
2004-05 Record: 9-5-1
Web site: www.edinboro.com/athletics

Edinboro

OPPONENTS



“Camels”
Location: Buies Creek, NC
Conference: Colonial Athletic Association
President: Dr. Jerry Wallace
Athletic Director: Stan Williamson
Colors: Black & Gold
Head Coach: Billy Greene
2003-04 Record: 2-17
Web site: www.gocamels.com

Campbell



“Mountaineers”
Location: Boone, NC
Conference: Southern Conference
President: Dr. Kenneth E. Peacock
Athletic Director: Charlie Cobb
Colors: Black and Gold
Head Coach: Paul Mance
2004-05 Record: 9-5-1
Web site: www.goasu.com

Appalachian State



“Cavaliers”
Location: Charlottesville, VA
Conference: Atlantic Coast Conference
President: John T. Casteen III
Athletic Director: Craig Littlepage
Colors: Orange and Blue
Head Coach: Lenny Bernstein
2004-05 Record: 6-11
Web site: www.virginiaspports.com

Virginia



“Tar Heels”
Location: Chapel Hill, NC
Conference: Atlantic Coast Conference
President: Dr. James Moeser
Athletic Director: Dick Baddour
Colors: Carolina Blue & White
Head Coach: C.D. Mock
2003-04 Record: 6-9
Web site: tarheelblue.collegesports.com

North Carolina



“Tigers”
Location: Columbia, MO
Conference: Big Twelve
President: Dr. Elson S. Floyd
Athletic Director: Michael Alden
Colors: Old Gold & Black
Head Coach: Brian Smith
2003-04 Record: 15-6
Web site: www.mutigers.com

Missouri

Tournament INFO

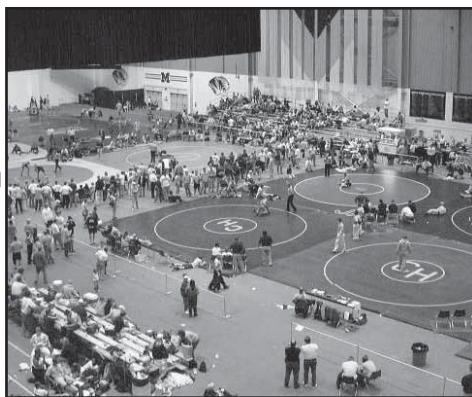
2005-06

Mat Town
Thomas Fiel dhouse
Lock Haven, PA



VA Dual s
Hampton Coliseum
Hampton, VA

Missouri Open
Hearnes Center
Col umbia, MO



2004-05

SEASON REVIEW

The Old Dominion wrestling team enjoyed a resurgence during the 2004-05 season, recording a 12-5 overall record and a 7-2 Colonial Athletic Association mark. The 12-5 record marked the most wins since the 1995-96 season and the first winning record since 2000-01. The Monarchs tied for fifth at the CAA Tournament, held in Boston, MA, and had two wrestlers qualify for the NCAA Tournament—the most since the 2000-01 season.

Redshirt Sophomore Christian Staylor, ranked #15 nationally in the 125 weight class by Amateur Wrestling News and #16 by InterMat, was the top ranked 125-pounder in the CAA. Staylor qualified for his second consecutive NCAA Tournament—his first as a Monarch—by winning the 125 championship at the CAA Tournament and finished the season with a 33-9 record. Christian Staylor recorded a team-high seven technical falls, as well as nine major decisions and five pins. Staylor placed first in the Virginia Intercollegiate State Tournament, 2nd at the Carolina Open and 3rd at both the Mat Town USA and Missouri Open tournaments. Christian Staylor was named CAA Wrestler of the Week January 11.

Junior Adam Wright, the 2nd-ranked 184-pounder in the CAA, qualified for his first NCAA Tournament after being named a third alternate for the 2004 tournament. Wright was the runner-up in the 184 championship at the CAA Tournament. For the season, Wright finished with a 32-11 record—his second straight season with at least 30 wins—and recorded seven major decisions, three technical falls and four pins. Wright placed first in the Virginia Intercollegiate State Tournament, 2nd at both the Carolina Open and the Missouri Open and 5th at Mat Town USA.

Junior Shanon Slack (141) helped ODU kick off the season on a high note by placing fifth at the West Virginia Open. The Monarchs followed up that success at the ODU Invitational, winning four weight classes and placing three other wrestlers in the top three. At the competitive Missouri Open, the Monarchs surprised many by having four wrestlers place. Adam Wright earned CAA Wrestler of the Week honors by placing 2nd at 184. Christian Staylor, Robby Gosnell (165) and B.J. Compton (133) also placed. The following week, ODU finished 8th out of 13 at the renowned Mat Town USA tournament, with five individual wrestlers placing. The Monarchs were led by Christian Staylor and Robby Gosnell, both placing third.

ODU then traveled to the Carolina Open, placing six wrestlers. Christian Staylor, Hunter Davenport (141) and Adam Wright all had runner-up finishes. The Monarchs then saw their first duals action of the season, dropping a 39-9 match to Pittsburgh-Johnstown before rebounding for a 29-16 win over Delaware Valley College, in a tri-meet. The Monarchs returned to action three weeks later, competing in both the Southern Scuffle at UNC-Greensboro and the national Midlands Tournament at Northwestern University. ODU finished 14th at the Southern Scuffle, with Shanon Slack placing fifth at 141. Adam Wright and Christian Staylor both scored wins at The Midlands, as the Monarchs finished 47th.

The team then traveled to Charlottesville for the Virginia Intercollegiate State Tournament, finishing a school best 2nd, taking four weight classes and placing in three others. The next weekend, the Monarchs competed at the Virginia Duals, splitting the first day after dropping a 44-0 match to Tennessee-Chattanooga and taking a 26-16 victory over The Citadel. ODU lost a narrow 20-18 dual to Ohio during the second day. Competing in the CAA Duals the following weekend, the Monarchs finished an impressive 4-1, recording victories for the first time over Rider (24-16) and Boston University (20-18). The Monarch's lone loss was a 17-16 edging by Drexel.

Finishing off the season with a series of duals, the Monarchs earned a dominating win over Campbell (49-4) before falling to nationally ranked Hofstra 27-12 at home. ODU came on strong toward the end, winning their last five duals, including a 23-13 win over NC State—the Monarch's first win over the Wolfpack since 1959.

For the season, seven Monarchs had at least 20 wins, led by Shanon Slack's 37.



2004-05 Wrestling Statistics

RECORD

Overall: 12-5 CAA: 7-2
 Steve Martin record at ODU 12-5
 Dual meet results found at www.oduports.com

INDIVIDUAL STATISTICS

| Name | Cl. | Wt. | Overall | Dual | CAA | Tourn. | Dec. | Tech. | Pins | Pts by/against |
|-------------------|-------|------|---------|------|-----|--------|------|-------|------|----------------|
| John Adams | Sr. | 174 | 26-18 | 11-6 | 6-3 | 15-12 | 8 | 3 | 5 | 45/21 |
| Patrick Bowman | Fr. | 149 | 0-0 | 0-0 | 0-0 | 0-0 | 0 | 0 | 0 | -- |
| Chris Buckner | R-Jr | 133 | 0-0 | 0-0 | 0-0 | 0-0 | 0 | 0 | 0 | -- |
| Jon Chernega | Fr. | Hwt. | 0-2 | 0-0 | 0-0 | 0-2 | 0 | 0 | 0 | -- |
| BJ Compton | Fr. | 133 | 36-13 | 13-4 | 7-2 | 23-9 | 5 | 1 | 13 | 62/14 |
| James Conyers | Fr. | 165 | 4-8 | 0-2 | 0-0 | 4-6 | 2 | 0 | 1 | 0/9 |
| Hunter Davenport | Fr. | 149 | 26-20 | 7-10 | 5-4 | 19-10 | 2 | 2 | 6 | 32/34 |
| John Dolida | Jr. | Hwt. | 7-15 | 3-9 | 2-7 | 4-6 | 1 | 1 | 3 | 15/36 |
| John Downin | So. | 157 | 2-2 | 0-0 | 0-0 | 2-2 | 0 | 0 | 0 | -- |
| Selas Douglas | Fr. | 125 | 2-5 | 1-1 | 0-1 | 1-4 | 1 | 0 | 1 | 4/4 |
| Alec Eaton | Fr. | Hwt. | 2-4 | 0-2 | 0-0 | 2-2 | 0 | 0 | 0 | 0/12 |
| Jacob Forestiere | R-Fr | 157 | 3-4 | 0-0 | 0-0 | 3-4 | 0 | 1 | 1 | -- |
| Rob Gosnell | Jr. | 165 | 30-10 | 12-3 | 8-1 | 18-7 | 5 | 1 | 2 | 46/9 |
| Andrew Jordan | Fr. | 197 | 5-14 | 1-8 | 0-4 | 4-6 | 1 | 0 | 1 | 3/40 |
| Andy LaCroix | So. | 133 | 0-0 | 0-0 | 0-0 | 0-0 | 0 | 0 | 0 | -- |
| Donald Motley | R-Fr. | 141 | 3-1 | 0-0 | 0-0 | 3-1 | 1 | 1 | 0 | -- |
| Nick Pullano | R-Fr. | 157 | 17-20 | 7-10 | 5-4 | 10-10 | 2 | 5 | 2 | 30/40 |
| Josh Puryear | So. | 149 | 2-2 | 0-0 | 0-0 | 2-2 | 1 | 0 | 0 | -- |
| Brian Roznowski | So. | 149 | 0-0 | 0-0 | 0-0 | 0-0 | 0 | 0 | 0 | -- |
| Shanon Slack | Jr. | 141 | 37-16 | 13-3 | 8-0 | 24-13 | 12 | 2 | 3 | 45/15 |
| Jared Smith | So. | 133 | 0-1 | 0-0 | 0-0 | 0-1 | 0 | 0 | 0 | -- |
| Shea Smith | Fr. | 197 | 6-13 | 3-5 | 3-2 | 3-8 | 0 | 0 | 1 | 12/20 |
| Christian Staylor | R-So. | 125 | 33-9 | 14-2 | 9-0 | 19-7 | 9 | 7 | 5 | 67/7 |
| Josh Tyler | So. | 149 | 2-6 | 0-0 | 0-0 | 2-6 | 0 | 0 | 0 | -- |
| Rob Valentine | So. | 197 | 0-0 | 0-0 | 0-0 | 0-0 | 0 | 0 | 0 | -- |
| Adam Wright | Jr. | 184 | 32-11 | 15-2 | 8-1 | 17-9 | 7 | 3 | 4 | 70/6 |

TOURNAMENT RESULTS

WVU Open (Nov. 7, 2004):

141 lbs: 3rd Place—Shanon Slack

ODU Invitational (Nov. 20, 2004):

133 lbs: 2nd Place—Jared Smith
 141 lbs: 3rd Place—Donald Motley
 149 lbs: 1st Place—Jake Forestiere
 157 lbs: 1st Place—Nick Pullano
 165 lbs: 1st Place—James Conyers
 174 lbs: 3rd Place—John Adams
 184 lbs: 1st Place—Shea Smith

Missouri Open (Nov. 21, 2004):

125 lbs: 3rd Place—Christian Staylor
 133 lbs: 3rd Place—B.J. Compton (Fr & So Div.)
 165 lbs: 4th Place—Rob Gosnell
 184 lbs: 2nd Place—Adam Wright

Mat Town USA Invitational (Nov. 27, 2004):

125 lbs: 3rd Place—Christian Staylor
 133 lbs: 4th Place—B.J. Compton
 149 lbs: 7th Place—Hunter Davenport
 165 lbs: 3rd Place—Rob Gosnell

Irwin Carolina Open (Dec. 4, 2004):

125 lbs: 2nd Place—Christian Staylor
 133 lbs: 3rd Place—B.J. Compton
 141 lbs: 3rd Place—Shanon Slack
 149 lbs: 2nd Place—Hunter Davenport
 174 lbs: 4th Place—John Adams
 184 lbs: 2nd Place—Adam Wright

Southern Scuffle (Dec. 29-30, 2004):

141 lbs: 5th Place—Shanon Slack

Virginia Intercollegiate (Jan. 8, 2005):

125 lbs: 1st Place—Christian Staylor
 133 lbs: 1st Place—B.J. Compton
 149 lbs: 3rd Place—Hunter Davenport
 165 lbs: 1st Place—Rob Gosnell
 174 lbs: 3rd Place—John Adams
 184 lbs: 1st Place—Adam Wright
 197 lbs: 3rd Place—Andrew Jordan

CAA Tournament (Mar. 4-5, 2005):

125 lbs: 1st Place—Christian Staylor
 184 lbs: 2nd Place—Adam Wright

DUAL RESULTS

Dec. 10 L 9-39 at Pittsburgh-Johnstown#
 W 29-16 vs. Delaware Valley College#
 Jan. 14 L 0-44 vs. Tennessee-Chattanooga@
 W 26-16 vs. Citadel@
 Jan. 15 L 18-20 vs. Ohio@
 Jan. 21 W 24-16 vs. Rider&
 W 34-9 vs. Sacred Heart&
 Jan. 22 W 20-18 vs. Boston University&
 L 16-17 vs. Drexel&
 W 55-0 vs. Wagner&
 Jan. 27 W 49-4 at Campbell*
 Jan. 30 L 12-27 vs. HOFSTRA*
 Feb. 3 W 20-15 at UNC-Greensboro
 Feb. 6 W 23-13 vs. NC STATE
 Feb. 11 W 27-11 at VMI
 Feb. 13 W 40-9 vs. JMU*
 Feb. 20 W 28-10 vs. GMU*

#Pittsburgh-Johnstown Tri-Meet
 @ Virginia Duals
 & CAA Duals
 * CAA match
 Home duals in CAPS

HONORED MONARCHS

VIRGINIA INTERCOLLEGIATE STATE CHAMPIONS

| YEAR | WRESTLER | WEIGHT |
|------|------------------------|---------|
| 1979 | Wayne Martin | 126 |
| 1979 | Buddy Lee | 134/142 |
| 1979 | Tim Davidson | 150/158 |
| 1979 | Frank Nowland | Hwt. |
| 1980 | Terry Kretz | 126 |
| 1980 | Roger Randell | 150/158 |
| 1981 | Andy Stone | 118 |
| 1981 | Roger Randell | 150/158 |
| 1981 | Larry Corry | 158/167 |
| 1982 | Brad Anderson | 167 |
| 1982 | Bill Sabo | Hwt. |
| 1984 | Ben Ward | 150 |
| 1984 | Pual Gravalis | 190 |
| 1984 | Bill Sabo | Hwt. |
| 1985 | Vincent Tripp | 158 |
| 1985 | Scott Giacobbe | 177 |
| 1987 | Rich Castano | 150 |
| 1988 | Wayne Gibson | 118 |
| 1989 | Wayne Gibson | 118 |
| 1990 | Noel Clavel | 126 |
| 1990 | Steve Sciandra | 190 |
| 1991 | Tom Sinacore | 118 |
| 1991 | Noel Clavel | 126 |
| 1991 | Nick Garone | 150 |
| 1991 | Pete Huntley | 177 |
| 1991 | Steve Sciandra | Hwt. |
| 1992 | Erick Shaw | 118 |
| 1992 | Noel Clavel | 126 |
| 1992 | Peter Horst | 134 |
| 1993 | Erick Shaw | 126 |
| 1993 | Bill Terry | 167 |
| 1994 | Tom Sinacore | 118 |
| 1994 | Jody Staylor | 126 |
| 1994 | Greg Satchell | 167 |
| 1994 | Nick Hall | Hwt. |
| 1995 | Jody Staylor | 134 |
| 1995 | Chris Todd | 167 |
| 1995 | Nick Hall | Hwt. |
| 1996 | Jamie Kelly | 158 |
| 1996 | Nick Hall | Hwt. |
| 1998 | Jamie Kelly | 158 |
| 1999 | Jeff Rusak | 157 |
| 2001 | Jeff Rusak | 174 |
| 2002 | Jeff Rusak | 174 |
| 2003 | Chris Buckner | 133 |
| 2003 | Ben Summerlin | 174 |
| 2004 | Adam Wright | 184 |
| 2004 | Derrell Lorthridge | Hwt. |
| 2005 | BJ Compton | 133 |
| 2005 | Christian Staylor | 125 |
| 2005 | Nelson "Robby" Gosnell | 165 |
| 2005 | Adam Wright | 184 |

CAA TOURN. INDIVIDUAL CHAMPIONS

| YEAR | WRESTLER | WEIGHT |
|------|-------------------|--------|
| 1992 | Noel Clavel | 126 |
| 1992 | Peter Horst | 134 |
| 1992 | Erick Shaw | 118 |
| 1993 | Tom Sinacore | 118 |
| 1993 | Bill Terry | 167 |
| 1994 | Jody Staylor | 126 |
| 1994 | Greg Satchell | 167 |
| 1995 | Jody Staylor | 134 |
| 1995 | Chris Todd | 167 |
| 1995 | Nick Hall | Hwt. |
| 1996 | Nick Hall | Hwt. |
| 1998 | Mark Strickland | 150 |
| 1999 | Paul Jimenez | 125 |
| 2000 | Dennis Whitby | 149 |
| 2001 | Jeff Rusak | 174 |
| 2002 | Jeff Rusak | 174 |
| 2005 | Christian Staylor | 125 |

NCAA EAST REGIONAL CHAMPIONS

| YEAR | WRESTLER | WEIGHT |
|------|----------------|---------|
| 1979 | Buddy Lee | 134/142 |
| 1980 | Buddy Lee | 134/142 |
| 1991 | Steve Sciandra | Hwt. |
| 1982 | Buddy Lee | 134/142 |
| 1983 | Larry Corry | 158/167 |
| 1982 | Brad Anderson | 167 |
| 1983 | Brad Anderson | 167 |
| 1984 | John Cecala | 134/142 |
| 1984 | Ben Ward | 150 |
| 1984 | Scott Giacobbe | 177 |
| 1986 | Jeff Bridges | 150 |
| 1989 | Wayne Gibson | 118 |
| 1989 | Rich Castano | 150 |
| 1990 | Noel Clavel | 126 |
| 1991 | Noel Clavel | 126 |
| 1991 | Nick Garone | 150 |
| 1991 | Peter Horst | 134 |
| 1991 | Steve Sciandra | Hwt. |

EASTERN NATIONAL OPEN CHAMPIONS

| YEAR | WRESTLER | WEIGHT |
|------|----------------|--------|
| 1984 | Ben Ward | 150 |
| 1985 | Scott Giacobbe | 177 |
| 1989 | Wayne Gibson | 118 |
| 1989 | Greg Satchell | 158 |
| 1990 | Steve Sciandra | 190 |
| 1991 | Peter Horst | 134 |
| 1991 | Nick Garone | 150 |
| 1991 | John Friel | Hwt. |

OLD DOMINION ATHLETE OF THE YEAR

| YEAR | WRESTLER | WEIGHT |
|------|-------------|---------|
| 1979 | Buddy Lee | 134/142 |
| 1991 | Peter Horst | 134 |
| 2001 | Jeff Rusak | 174 |

FRESHMAN ALL-STARS

| YEAR | WRESTLER | WT | HONOR |
|------|----------------|-----|----------|
| 1982 | Carlo Mincheff | 150 | 6th team |
| 1993 | Kip Covington | 150 | 4th team |

OUTSTANDING WRESTLER HONORS

| YEAR | WRESTLER | WT | HONOR |
|------|-----------------|-----|-------------------|
| 1989 | Wayne Gibson | 118 | Capital Wrestling |
| 1994 | Greg Satchell | 167 | CAA |
| 1998 | Mark Strickland | 150 | CAA |
| 2003 | Ben Summerlin | 174 | VA State |

CAA WRESTLER OF THE YEAR

| YEAR | NAME | WEIGHT |
|------|--------------|--------|
| 1994 | Jody Staylor | 126 |
| 1995 | Nick Hall | Hwt. |
| 1996 | Nick Hall | Hwt. |
| 2002 | Jeff Rusak | 174 |

CAA ROOKIE OF THE YEAR

| YEAR | NAME | WEIGHT |
|------|------------|--------|
| 1999 | Jeff Rusak | 157 |



2005 NCAA Qualifier Adam Wright

ALL AMERICANS



Nick Garone



Jody Staylor



Peter Horst



Nick Hall

OLD DOMINION ALL-AMERICANS

| YEAR | NAME | WT | PLACE |
|------|----------------|------|-------|
| 1966 | Carl Ragland | 130 | 2nd |
| 1967 | David Lindjhem | 145 | 4th |
| 1968 | Lou Curra | 115 | 4th |
| | David Todd | 177 | 6th |
| 1969 | Lou Curra | 115 | 5th |
| | Wayne Bright | 137 | 5th |
| | Carl Ragland | 152 | 1st |
| 1970 | Lou Curra | 115 | 4th |
| | Wayne Bright | 142 | 1st @ |
| 1974 | Terry Perdew | 118 | 1st |
| | Ray Pond | 142 | 3rd |
| 1975 | Mike McCarthy | 126 | 5th |
| 1976 | Mike McCarthy | 142 | 4th |
| 1980 | Buddy Lee | 134 | 4th |
| 1981 | Roger Randall | 150 | 7th |
| 1982 | Buddy Lee | 134 | 7th |
| 1984 | Ben Ward | 150 | 7th |
| 1991 | Peter Horst | 134 | 6th |
| | Nick Garone | 150 | 6th |
| 1994 | Jody Staylor # | 126 | 2nd |
| 1995 | Nick Hall | Hwt. | 5th |

Old Dominion's first Division I Finalist
@ Fourth in NCAA Division I

MONARCH WRESTLERS IN THE OLD DOMINION SPORTS HALL OF FAME

| NAME | INDUCTED | WRESTLED | NAME | INDUCTED | WRESTLED |
|---------------|----------|-----------------|---------------|----------|----------|
| Wayne Bright | 1982 | 1967-70 | Lou Curra | 1988 | 1967-70 |
| Carl Ragland | 1983 | 1966-69 | Terry Perdew | 1990 | 1972-74 |
| Pete Robinson | 1985 | 1959-83 (Coach) | Mike McCarthy | 1994 | 1972-76 |
| Paul Cote | 1986 | 1966-69 | Roger Randall | 2004 | 1979-81 |
| Buddy Lee | 1987 | 1980-83 | | | |

HONORED MONARCHS

INDIVIDUAL TOURNAMENT CHAMPIONS

OLD DOMINION INVITATIONAL*

| YEAR | WRESTLER | WEIGHT |
|------|--------------------|--------|
| 1983 | Brad Anderson | 167 |
| 1991 | Tom Sinacore | 118 |
| | Peter Horst | 134 |
| 1992 | Erick Shaw | 118 |
| | Noel Clavel | 126 |
| | Bill Terry | 177 |
| | Pete Huntley | 167 |
| | Nick Hall | Hwt. |
| 1993 | Erick Shaw | 118 |
| | Kip Covington | 150 |
| | Bill Terry | 167 |
| | Tom Sinacore | 118 |
| | Bryan Richardson | 126 |
| | Phil Donnelly | 142 |
| | Frank Matyiko | 150 |
| | Jamie Kelly | 158 |
| | Chris Todd | 167 |
| | Greg Satchell | 177 |
| | Nick Hall | Hwt. |
| 1995 | Erick Shaw | 126 |
| | John Alexander | 142 |
| | Phil Donnelly | 150 |
| | Curt Krazer | 158 |
| | Chris Todd | 167 |
| | Nick Hall | Hwt. |
| 1996 | Bryan Miller | 118 |
| | Erick Shaw | 126 |
| | Chad McPhatter | 158 |
| | Jamie Kelly | 167 |
| | Nick Hall | Hwt. |
| 1997 | Ryan Hersey | 158 |
| | Curt Krazer | 167 |
| | Jamie Kelly | 177 |
| 1998 | Jamie Kelly | 158 |
| | Mark Strickland | 150 |
| 1999 | Jeff Rusak | 157 |
| | Josh Fannon | 184 |
| 2000 | Chip Reyes | 125 |
| | Dennis Whitby | 149 |
| | Jeff Rusak | 167 |
| 2001 | Paul Jimenez | 125 |
| | Dennis Whitby | 149 |
| | Jeff Rusak | 174 |
| | Blake Romano | 165 |
| 2002 | John Starkes | 125 |
| | Paul Jimenez | 133 |
| | Casey Todd | 149 |
| | Ben Summerlin | 165 |
| | Jeff Rusak | 174 |
| | Matt Small | 184 |
| | Greg Gill | 197 |
| 2003 | Mike Davis | 133 |
| | Donald Marley | 141 |
| | Dennis Whitby | 149 |
| | Jesse Pearce | 157 |
| | John Adams | 165 |
| | Matt Ulrey | 174 |
| | Adam Wright | 184 |
| | Derrell Lorthridge | Hwt. |
| 2004 | Jake Foresteire | 149 |
| | Nick Pullano | 157 |
| | James Conyers | 165 |
| | Shea Smith | 184 |

SOUTHERN OPEN TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|---------------|--------|
| 1983 | Brad Anderson | 167 |

CAPITAL WRESTLING TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|---------------|--------|
| 1988 | Wayne Gibson | 118 |
| 1988 | Mark Billups | 150 |
| 1988 | Rich Castano | 158 |
| 1989 | Wayne Gibson | 118 |
| 1989 | Butch Hibbard | 134 |
| 1989 | Mark Billups | 142 |
| 1989 | John Friel | Hwt. |
| 1989 | Steve Line | 190 |

CLEMSON TIGER OPEN TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|---------------|---------|
| 1979 | Buddy Lee | 134/142 |
| 1980 | Eric Webb | 142 |
| 1980 | Roger Randell | 150/158 |
| 1981 | Wayne Martin | 126 |
| 1981 | Bill Sabo | Hwt. |
| 1982 | Buddy Lee | 134/142 |

JMU INVITATIONAL TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|----------------|--------|
| 1990 | Steve Sciandra | 190 |
| 1990 | John Friel | Hwt. |
| 1991 | Noel Clavel | 126 |
| 1991 | Peter Horst | 134 |
| 1991 | Steve Sciandra | Hwt. |

MAT TOWN TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|-------------|--------|
| 1991 | Noel Clavel | 126 |

| | | |
|------|----------------|------|
| 1991 | Steve Sciandra | Hwt. |
| 1992 | Noel Clavel | 126 |
| 1996 | Nick Hall | Hwt. |
| 2002 | Jeff Rusak | 174 |

CIVITAN MONARCH CLASSIC

| YEAR | WRESTLER | WEIGHT |
|------|---------------|---------|
| 1979 | Buddy Lee | 134/142 |
| 1980 | Terry Kretz | 126 |
| 1980 | Roger Randall | 150/158 |

NORTH CAROLINA INVITATIONAL

| YEAR | WRESTLER | WEIGHT |
|------|-----------|---------|
| 1979 | Buddy Lee | 134/142 |

MARYLAND TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|---------------|---------|
| 1982 | Brad Anderson | 167 |
| 1984 | John Cecala | 134/142 |

SUNSHINE OPEN TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|--------------|---------|
| 1979 | Buddy Lee | 134/142 |
| 1993 | Jody Staylor | 126 |

INDIAN INVITATIONAL TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|-----------|---------|
| 1979 | Buddy Lee | 134/142 |
| 1979 | Pat Ryan | 190 |

US NAVY TURKEY BOWL TOURNAMENT

| YEAR | WRESTLER | WEIGHT |
|------|---------------|---------|
| 1981 | Roger Randell | 150/158 |

WILKES OPEN

| YEAR | WRESTLER | WEIGHT |
|------|------------|--------|
| 1996 | Nick Hall | Hwt. |
| 1999 | Jeff Rusak | 165 |



Buddy Lee, ODU '82 & 1992 Olympian

One of Old Dominion's finest wrestling alums is Anthony "Buddy" Lee. For years, he has wowed audiences around the world with his acrobatic jump rope skills and techniques. Buddy currently has his own line of high performance jump ropes and training programs that are used by Olympians across all sports. His patented jump ropes are licensed and are the official ropes of The United States Olympic Team.

Buddy came to Old Dominion from Highland Springs High School in Richmond, Va. A high school known for its basketball and football state championship teams. He started wrestling as a 9th grader and won Highland Springs' first Virginia AAA State championship at 126 pounds in 1977 and was the State Runner up at 119 lb. in 1976.

He came to Old Dominion with only one high school state title and a record of 90 -5 1 and as of 2004, is one of only three high school state champions from Highland Springs.

Buddy was a two-time NCAA All-American at ODU, placing fourth in 1980 and seventh in 1982. After graduating from ODU with a degree in secondary education, he went on to serve in the U.S. Marines and became a 10-time world medalist, a three-time National Greco Roman Champion, and was voted most outstanding wrestler at the National Championships and was twice named U.S. Marine Corps Athlete of the Year.

Buddy is the first of hopefully many more Olympic wrestling hopefuls that have stepped on the mat at Old Dominion University. He placed sixth in the 1992 Barcelona Games in Greco-Roman.

He is the author of Jump Rope Training published by Human Kinetics, a national motivational speaker, inventor of Hyperformance jump rope with a patented bearing

system, and a trainer to Olympic Athletes, all while living an exemplary lifestyle. Pictured above, you will see Buddy carrying the Olympic Torch en route to the 1996 Atlanta Games.

In 2004, Buddy Lee Jump Ropes were recognized as the best jump rope, period, by "Men's Health" and Men's Fitness magazine and appeared on CNN Headline news, NBC, CBS, Business Week, GQ, Jet, New York Times, Los Angeles Times and will appear in Vogue. Buddy compiled an impressive 122-13-2 record at Old Dominion, was voted male athlete of the year three times; most valuable wrestler four times and was inducted into the ODU Sports Hall of Fame in 1987.

"Wrestling built my character, taught me the self discipline, commitment, confidence, persistence, and courage to fight to the end to live my dreams. My greatest lessons did not come from winning but from what I learned in the struggle for athletic excellence. I learned about life and about myself. Everyday I call on these mental skills to help me in my personal life, in business and to continue to stay focused to live my dream to motivate, educate and encourage others to become fit for life," said Lee.

"Wrestling helped me to discover, mold and develop my inner self to become a champion in life. As a result my education and sports background has allowed me to make the right choices in life."

MONARCHS

in the NCAA Tournament



NCAA NATIONAL CHAMPIONS

| YEAR | NAME | WEIGHT |
|------|--------------|--------|
| 1969 | Carl Ragland | 152 |
| 1970 | Wayne Bright | 142 |
| 1974 | Terry Perdew | 118 |



Wayne Bright



Carl Ragland



Terry Perdew

NCAA QUALIFIERS

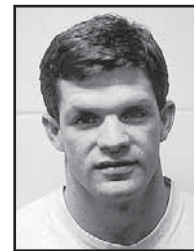
| YEAR | NAME | WEIGHT |
|------|-----------------|---------|
| 1979 | Buddy Lee | 134 |
| 1980 | Buddy Lee | 134/142 |
| 1981 | Roger Randell | 150/180 |
| 1982 | Brad Anderson | 167 |
| | Scott Giacobbe | 177 |
| | Bill Sabo | Hwt. |
| | Larry Corry | 158 |
| | Ben Ward | 142 |
| 1983 | Brad Anderson | 167 |
| | Larry Corry | 158 |
| | Scott Giacobbe | 177 |
| 1984 | Ben Ward | 150 |
| | John Cecala | 134/142 |
| | Scott Giacobbe | 177 |
| | Mike Duhigg | 118 |
| 1985 | Scott Giacobbe | 190 |
| | Vincent Tripp | 158 |
| | John Cecala | 134 |
| | Bill Sabo | Hwt. |
| | Paul Denoncourt | 118 |
| 1986 | Jeff Bridges | 142 |
| 1987 | Mark Billups | 142 |
| | Steve Sciandra | 190 |
| | Wayne Gibson | 118 |
| 1988 | Wayne Gibson | 118 |
| | Mark Billups | 142 |
| | Rich Castano | 158/167 |
| | Steve Line | Hwt. |
| 1989 | Wayne Gibson | 118 |
| | Rich Castano | 150 |

| YEAR | NAME | WEIGHT |
|------|-----------------|--------|
| 1989 | Mark Billups | 142 |
| | Greg Satchell | 158 |
| 1990 | Steve Sciandra | 190 |
| | Noel Clavel | 126 |
| | Pete Huntley | 177 |
| 1991 | Nick Garone | 150 |
| | Peter Horst | 134 |
| | Steve Sciandra | 190 |
| | Noel Clavel | 126 |
| 1992 | Noel Clavel | 126 |
| | Erick Shaw | 118 |
| | Peter Horst | 134 |
| 1993 | Tom Sinacore | 118 |
| | Erick Shaw | 126 |
| | Bill Terry | 167 |
| 1994 | Nick Hall | Hwt. |
| | Greg Satchell | 167 |
| | Tom Sinacore | 118 |
| | Jody Staylor | 126 |
| 1995 | Jody Staylor | 134 |
| | Chris Todd | 167 |
| | Nick Hall | Hwt. |
| 1996 | Erick Shaw | 126 |
| | Nick Hall | Hwt. |
| 1998 | Jamie Kelly | 158 |
| | Mark Strickland | 150 |
| 1999 | Paul Jimenez | 125 |
| | Jeff Rusak | 157 |
| 2000 | Jeff Rusak | 165 |
| | Dennis Whitby | 149 |

| YEAR | NAME | WEIGHT |
|------|--------------------|--------|
| 2001 | Jeff Rusak | 174 |
| 2002 | Jeff Rusak | 174 |
| 2004 | Derrell Lorthridge | Hwt. |
| 2005 | Christian Staylor | 125 |
| | Adam Wright | 184 |



Rich Castano



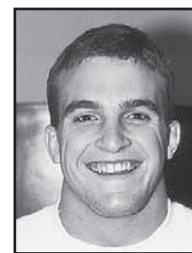
Mark Strickland



Steve Sciandra



Jeff Rusak



Jamie Kelly



Derrell Lorthridge

Letterwinners

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------|---|---|---|---|--|---|--|--|---|--|---|--|--|---|---|--|-------|--|--|-------|---|-------|---|-------|---|-------|--|-------|----------------------------|
| - A - | Abbutt, Matt 1960-62 Abrams, Robert 1965-66 Albertson, P. 1973-74 Adams, John 2001-05 Alexander, John 1995-96 Alford, Brad 2001-02 Allen, Terry 1977-78 Altice, C. Perry 1967-69 Altice, Perry 1969-71 Altizer, John 1990-92 Anderson, Brad 1981-83 Angeleri, Dave 1984-85 Armitage, John 1976-78 Ash, Phillip 1987-88 Ashe, Michael 1964-65 Ayers, Bill 1963-64 | Craig, Steve 1983-86 Crain, S. 1968-69 Crowling, Jim 1960-63 Cullen, Bill 1979-81 Curra, Luciano 1967-70 | - D - | DaBiero, Joseph 1982-83 Dalton, C. 1959-61 Darnell, Shane 1996-97 Daughtery 1958-59 Davenport, Hunter 2004-05 Davenport, James 1976-77 Davenport, Glenn P. 1969-70 Davidson, Jason 1994-96 Davidson, Tim 1976-80 Davis, Ronnie Harry 1957-61 Deming, Poe 1957-58 Denoncourt, Paul 1982-86 Derang, Wilfred 1990-91 Derricott, J.J. 1977-78 Deshields, Darrell 1984-85 Deveraux, Terry 1979-84 Devlin, Randy 1995-96 Dickerson, John 1976-77 Dolida, Bill 2004- Dondero, Steve 1987-88 Donnelly, Phil 1994-96 Douglas, Selas 2004- Duhigg, Mike 1983-84 Durham, David 1992-93 Durso, Mario 1986-88 | Hawkins, Jeff 1981-82 Hawkins, Joe 1991-94 Heil, Norman P. 1973-74 Herb, Kevin 1974-75 Herbert, Mike 1960-62 Hersey, Ryan 1995-97 Hibbard, Butch 1985-89 Hiller, Luke 1990-91 Hoelke, Robert 1988-90 Hoer, John 1971-72 Hogue, Robert 1963-66 Holmes, Arturo 1978-80 Holmes, Eugene 1976-77 Horst, Peter 1990-92 Hubbard 1970-71 Huffman, William 1965-66 Hughes, M. 1965-66 Huntley, Pete 1989-92 Hyland, Todd 1981-82 | Mentzer, Matt 1991-92 Meredith, Buddy 1958-62 Merritt, Jeff 1984-85 Minium, H. 1974-75 Miller, Bryan 1995-96 Miller, Scott 1966-67 Miller, Bill 1973-76 Miller, John 1983-84 Mincheff, Carlos 1981-82 Moore, William 1970-71 Mooskin, Gene 1957-59 Morvec, A. 1960-61 Motley, Donald 2004-05 Munnich, Mark 1990-94 Murphy, D. 1966-67 Murray, B. 1969-70 Murrell, H. 1964-65 | - N - | Naguin, Doug 1974-75 Nowland, Frank 1978-83 Nowland, John 1978-82 | - O - | O'Donnell, Jim 1988-89 O'Hara, James 1996-97 O'Toole, Henry 1974-77 Osborne, Jim 1987-88 Osman, Henry 1966-67 | - P - | Paris, William 1968-70 Parker, B. 1969-70 Parker, James 1971-73 Patykula, Joseph 1975-77 Payne, Carvey Randy 1974-78 Pearce, Jesse 1999-04 Perdew, Terry 1972-74 Persinger, Cliff 1984-85 Pettitt, Roger 1972-75 Place, Todd 1995-96 Placencia, Alex 1997-98 Platt, Jeff 1990-92 Pond, Ray 1971-75 Porter, James 1992-93 Porter, John 1984-85 Puckett, Will 2000-01 Pullano, Nick 2004- Puryear, Josh 2004-05 | - Q - | Query, P. 1969-70 Quick, Keith 1992-93 | - R - | Ragland, Carl 1965-69 Randall, Roger 1979-81 Recore, Gene 1978-80 Reilly, Peter 1995-96 Ricardo, Ned 1962-63 Rice, John 1960-62 Richardson, Bryan 1992-94 Ritterpusch, Kurt 1987-89 Rivenbark, Terry 1970-71 Rizzo, Greg 1984-85 Roberts, Tom 1978-79 Robinson, Bill 1979-81 Romano, Blake 1999-02 Rome, Bobby 1979-80 Rosser, Jonathan 1995-96 Ruff, Bill 1986-89 Ruff, Tom 1986-88 Rusak, Jeff 1997-02 Russillo, Bob 1971-72 Ryan, Jeff 1980-84 Ryan, Pat 1978-79 | - S - | Sabo, Bill 1980-85 Sadler, Jim 1971-72 Samuels, Damon 1983-85 Saunders, Buddy 1957-59 Sansone, Matt 1990-92 Satchell, Greg 1988-94 Sciandra, Steve 1986-91 Schinelli, Matt 1988-90 Schoffstall, Jim 1991-92 Schwind, Brian 1974-76 Scillia, Rich 1985-86 Seaman, Brian 1994 Segars, Bill 1987-88 Serrano, Alex 1988-89 Seymore, Steve 1979-80 | Shaw, Erick 1991-96 Shelton 1959-60 Shiver, Terry 1975-76 Sigmon, Kennis 1969-70 Silverman, Harvey 1959-63 Simons, Gray 1987-88 Sinacore, Tom 1989-94 Slack, Shannon 2004- Small, Matt 2000-02 Smith, Jeff 1992-93 Smith, Rod 1979-80 Smith, Shea 2004-05 Sniveby 1965-66 Soldier, E. 1973-74 Somers, Rob 1985-87 Southwell, M. 1969-70 Spagnoli, Chad 1992-93 Springston, Rex Claud 1970-74 Stanfield, Bob 1960-61 Standwill, Paul 1987-91 Starkes, John 2001-03 Staylor, Christian 2004-05 Staylor, Edward 1959-60 Staylor, Jody 1994-95 Stickney, Ethan 1979-80 Stillo, Frank 1981-83 Stillo, Frank 2000-01 Strickland, Mark 1997-98 Stokes, Jud 1981-82 Stone, Andy 1979-81 Straub, Rob 1992-94 Stringfield 1958-59 Suehs, Kirk 1971-74 Sullivan, Richard 1965-66 Summerlin, Ben 2001-03 Sutherland, John 1959-60 Sutherland, Bill 1981-84 Szabo, Ron 1985-86 | - T - | Terry, Bill 1989-93 Thatcher, Richard 1982-83 Thomas, J. 1960-61 Titcomb, Dave 1990-92 Todd Casey 2001-02 Todd, Chris 1990-95 Todd, David 1965-68 Tomblin, David 1988-89 Townsend, Douglas 1970-71 Tripp, Vincent 1980-85 Tugwell, Bill 1960-61 Turner, Fred 1961-62 Turner, Wendell 1995-96 Tyler, Josh 2004- | - V - | Vaire, J. 1968-69 Valdivieso, Steve 1980-81 Valenza, Vince 1981-82 Van Fenge, Tom 1977-78 Vandais, Robert 1988-89 Vera, Brandon 1995-96 Vick, John 1988-89 Villareale, Joe 1982-83 | - W - | Waller, Wayne 1980-82 Walley, Everett 1962-63 Ward, Ben 1981-84 Waterfield, Charles 1962-65 Watts, James 1972-74 Webb, Eric 1976-81 Weinthal, Dan 1986-87 Weismantel, Scott 1990-91 Weller, Frank 1957-59 Welch, Greg 1989-91 Whitby, Dennis 1999-04 Whitt, Mark 1973-74 Wilcox, Steven 1968-72 Wilson 1971-72 Williams, I. 1964-65 Williamson, Dean 1972-73 Winn, Dave 1980-81 Wooten, Kennis 1992-93 Wright, Joseph 1999-03 Wright, Adam 2003- Wynne, G. 1958-60 | - Y - | Mike Yetter 2001-02 Young, Tony 1983-84 | - Z - | Zlotnick, Danny 1979-83 |
| - B - | Ballou, Charles 1975-76 Bano, Lenny 1987-89 Barrett, Bryan 1982-84 Bassett, Larry 1984-87 Battiate, Charles 1986-87 Beachum, Doug 1957-58 Bednarek, Mickey 1972-75 Billups, Mark 1985-89 Bishop, James 1962-63 Blackowski, John 1992-94 Blair, Christopher 1995-96 Blancaflor, Jun 1995-96 Booth, James Jeff 1972-73 Borum, J. Frank 1967-71 Bottoms, Greg 1988-92 Boucher, Don 1974-76 Boulder 1967-68 Boyd, Albert 1960-62 Boyd, Brock 1994-95 Boyd, Edward 1975-76 Bozard, Tom 1976-78 Brashear, Phil 1980-81 Breidenbach, Scott 1976-77 Bridgeman, Scott 1986-87 Bridges, Jeff 1983-87 Bright, Andy 1971-72 Bright, L. Wayne 1967-70 Brittling 1957-58 Brown, Tom 1991-94 Buckner, Chris 2001- Bunch, David 1979-81 Burke, Jason 1991-92 Burkey, Mark 1979-83 Busch, Charles 1999-2003 | - E - | Eaton, Alec 2004-05 Ellis, Matt 1995-96 Entsminger, Lee 1969-73 Epps, Matt 2000-02 Ernest, Alexander 1995-96 | - F - | Fannon, Josh 1995-98 Fedak, Chuck 1983-84 Fields, Ed 1971-76 Filson, Chad 1997-99 Fitzpatrick, Brad 1997-98 Flynn, Russell 1965-68 Forbes, B. 1966-67 Ford, Ken 1972-73 Forehand 1961-63 Forestiere, Jacob 2004- Forte, Tony 1995-97 Friel, Jack 1986-91 Frook, Clay 1992-93 Frye, William 1958-64 Fucci 1965-66 Fussell, Chris 1992-94 Fussell, Johnathan 1989-93 | - G - | Gamble, Thomas 1983-84 Garone, Nick 1990-91 Gatling, Richard 1972-73 Gaurtaux, Larry 1958-62 Gautraux, Paul 1959-62 Gentilcore, David 1987-88 Giacobbe, Scott 1981-85 Giampolo, Bill 1983-84 Gibson, Wayne 1985-89 Gilbert, Chaz 1959-60 Gill, Greg 2000-03 Goodale, Tim 1999-03 Goodman, Jeffrey 1966-67 Goodson, Kieth 1977-78 Gosnell, "Robby" Nelson 2002- Grant, Randy 1988-90 Gravalis, Tom 1982-84 Gray, Tom 1991-94 Greene, Robert 1971-72 Gregor, Victor 1965-67 Gutterman, Robert 1960-64 | - H - | Hackman, Allen 1990-93 Hall, B. James 1964-65 Hall, Jeff 1963-67 Hall, Nick 1991-96 Hanley, Neil 1982-84 Harris, Richard 1962-66 Hartman, Greg 1877-78 Haskell, Trey 1986-87 Harrington, Chris 1996-99 Hatcher, Robert 1958-59 Hatcher, G. 1968-70 | - K - | Kanthula, Wan 2000-02 Kaplan, Dave 2001-03 Keifer, Frank 1967-68 Kellam 1958-59 Kelly, Danny 1986-88 Kelly, Jamie 1994-98 Kerns, Darren 1988-89 Kerr, John 1957-58 Kigerl, Wayne 1966-70 King, Robert 1973-74 Komthirath, Saylath 1999-00 Krazer, Curtis 1994-97 Krepps, Brad 1997-02 Kretz, Terry 1975-80 Kube, Kurt 1984-85 Kugler, A. 1960-61 | - L - | Lamb, Payton 2000-01 Lambert 1957-58 Lampros, Robert 1958-59 Land, Richard 1972-73 Langston, Bill 1960-62 LaRose, P. David 1972-73 Larson, John 1983-85 Laux, William 1975-78 Leaman, Timothy 1969-74 Lee, Buddy 1977-82 Lee, Jonathan 1980-84 Legge, Robert 1995-96 Lewis, Ian 1995-97 Lewis, Ronald 1958-59 Lewis, Danny 1985-86 Ligouri, Mike 1986-87 Lindhjem, David 1966-69 Line, Steve 1986-90 Lorhridge, Derrell 2000-04 Louverture, Jones 1998-00 Lovato, Dave 1984-86 Luck, John 1968-69 Lyons, Dick 1962-64 | - M - | McCarthy, John 1970-75 McCarthy, Michael 1972-76 McDonald, Leevi 1996-97 McFerron, Donald 1968-69 McMillan, Thomas 1962-65 McPhatter, Chad 1992-96 Manka, Conan 1996-97 Mansfield, Fank 1968-69 Mansfield, M. 1969-72 Marker, James 1987-88 Marks, Teddy 1957-61 Martin, Dan 2000-01 Martin, Wayne 1978-82 Matyiko, Frank 1990-94 Mayo, Wes 1988-89 Meekins, Doug 1972-76 Mele, Andy 1987-90 | | | | | | | | | | | | | | |

Year-by-Year

1957-58 (5-1-0)
COACH: PETE ROBINSON
 7-24 L Baltimore
 21-11 W Towson State
 29-3 W Catholic
 24-7 W Virginia - Freshman
 29-3 W Virginia Military Institute
 36-0 W Washington & Lee

1958-59 (7-0-0)
COACH: PETE ROBINSON
 21-10 W Fort Eustis
 31-2 W Towson State
 21-8 W American
 20-0 W Gallaudet
 36-0 W North Carolina State
 28-9 W Virginia
 14-12 W Baltimore

1959-60 (6-0-1)
COACH: PETE ROBINSON
 38-0 W Catholic
 20-13 W American
 18-18 T Baltimore
 19-8 W Hampden-Sydney
 21-14 W Loyola (MD)
 20-17 W Gallaudet
 21-12 W Hampden-Sydney

1960-61 (10-1-0)
COACH: PETE ROBINSON
 22-6 L Appalachian State
 24-10 W Pfeiffer
 33-5 W Hampden-Sydney
 34-5 W Towson State
 19-8 W Baltimore
 19-10 W Appalachian State
 29-6 W American
 19-11 W Hampden-Sydney
 21-12 W Gallaudet
 25-5 W Gallaudet
 16-13 W Appalachian State

1961-62 (10-1-0)
COACH: PETE ROBINSON
 29-3 W Appalachian State
 24-7 W Baltimore
 24-8 W Washington & Lee
 0-26 L Lock Haven
 30-0 W Gallaudet
 32-3 W Loyola (MD)
 36-3 W Hampden-Sydney
 17-13 W Appalachian State
 29-5 W Pfeiffer
 25-3 W American
 28-5 W Hampden-Sydney

1962-63 (7-3-0)
COACH: PETE ROBINSON
 11-17 L Washington & Lee
 5-24 L Lock Haven
 5-24 L Lycoming
 17-11 W East Carolina
 27-5 W American
 20-6 W East Carolina
 27-6 W Baltimore
 35-5 W Loyola (MD)
 28-5 W Gallaudet
 27-10 W Hampden-Sydney

1963-64 (9-0-1)
COACH: PETE ROBINSON
 25-9 W East Carolina
 12-12 T Appalachian State
 16-13 W Pfeiffer
 32-3 W Loyola (MD)
 35-3 W Richmond Prof. Institute
 30-5 W Towson State
 26-0 W East Carolina
 25-6 W Baltimore
 39-0 W Hampden-Sydney
 15-13 W Washington & Lee

1964-65 (7-2-0)
COACH: PETE ROBINSON
 35-0 W Catholic
 15-9 W Virginia
 5-24 L Lycoming
 10-19 L Appalachian State
 25-7 W Baltimore
 17-11 W Washington & Lee
 34-3 W Hampden-Sydney
 31-5 W Richmond Prof. Institute
 36-0 W American

1965-66 (9-5-0)
COACH: PETE ROBINSON
 13-18 L Springfield
 16-20 L Virginia
 19-18 W Franklin & Marshall

9-24 L Princeton
 15-14 W Lycoming
 29-5 W Auburn
 10-25 L Navy
 14-20 L Virginia Tech
 50-0 W American
 34-2 W Richmond Prof. Institute
 28-11 W Baltimore
 30-8 W Hampden-Sydney
 25-9 W Washington & Lee
 25-6 W Pfeiffer

1966-67 (7-5-1)
COACH: PETE ROBINSON
 34-2 W Richmond Prof. Institute
 34-3 W Pfeiffer
 16-21 L Franklin & Marshall
 20-15 W Virginia
 27-8 W William & Mary
 31-11 W Towson State
 21-14 W Lycoming
 3-32 L West Chester
 6-29 L Appalachian State
 26-15 W East Carolina
 11-19 L Citadel
 4-34 L Virginia Tech
 18-18 T Baltimore

1967-68 (10-1-1)
COACH: PETE ROBINSON
 29-5 W Virginia Military Institute
 27-7 W William & Mary
 28-2 W Virginia
 17-12 W Franklin & Marshall
 11-22 L Appalachian State
 17-17 T East Carolina
 30-8 W Towson State
 32-3 W Richmond Prof. Institute
 15-14 W Virginia Tech
 34-2 W Washington & Lee
 41-2 W Hampden-Sydney
 27-9 W Baltimore

1968-69 (11-3-1)
COACH: PETE ROBINSON
 18-18 T Ashland
 5-27 L Bloomsburg State
 13-23 L Appalachian State
 15-16 L William & Mary
 22-8 W Virginia
 19-13 W Rutgers
 22-11 W Virginia Military Institute
 17-14 W East Carolina
 20-8 W North Carolina
 19-13 W Ohio State
 22-7 W Virginia Tech
 33-13 W Washington & Lee
 37-5 W Towson State
 34-3 W Virginia Commonwealth
 27-11 W Baltimore

1969-70 (8-6-1)
COACH: PETE ROBINSON
 38-0 W Milligan
 17-16 W Appalachian State
 3-33 L Bloomsburg
 9-27 L West Chester
 16-21 L Western Maryland
 26-16 W Virginia Commonwealth
 18-18 T East Carolina
 16-17 L Appalachian State
 21-16 W Virginia Tech
 39-5 W Baltimore
 41-3 W Washington & Lee
 14-22 L William & Mary
 25-18 W Howard
 36-6 W Norfolk State
 13-29 L Ball State

1970-71 (0-12-0)
COACH: PETE ROBINSON
 5-36 L Northern Ohio
 8-32 L Buffalo
 10-34 L Georgia Tech
 11-31 L North Carolina State
 8-36 L East Carolina
 13-28 L Howard
 3-39 L William & Mary
 8-26 L Appalachian State
 3-33 L Virginia Tech
 5-39 L Ohio State
 3-35 L Ashland
 20-25 L Duke

1971-72 (5-12-0)
COACH: PETE ROBINSON
 33-18 W Norfolk State
 41-8 W Virginia
 8-24 L Cal State (Pa.)
 17-23 L Howard

6-29 L West Chester
 6-28 L William & Mary
 11-29 L Appalachian State
 20-26 L Navy
 6-34 L Indiana (Pa.)
 20-26 L Virginia Tech
 21-18 W The Citadel
 36-18 W Norfolk State
 6-36 L East Carolina
 12-24 L Virginia
 9-27 L Ashland
 6-28 L UT-Chattanooga
 36-8 W Malone

1972-73 (7-9-0)
COACH: PETE ROBINSON
 2-38 L William & Mary
 45-3 W Howard
 3-49 L Slippy Rock
 6-27 L West Chester
 9-28 L Appalachian State
 6-40 L Wilkes-Barre
 43-0 W George Washington
 8-29 L East Carolina
 45-0 W Norfolk State
 18-15 W Virginia Tech
 9-27 L Virginia
 12-33 L Ohio State
 0-46 L East Carolina
 38-11 W Norfolk State
 23-17 W Howard
 27-12 W Virginia Commonwealth

1973-74 (6-4-0)
COACH: PETE ROBINSON
 6-36 L William & Mary
 34-6 W Virginia Commonwealth
 45-3 W Virginia State
 9-36 L West Chester
 15-30 L Virginia
 18-25 L William & Mary
 28-12 W Washington & Lee
 20-18 W Pembroke State
 25-12 W Virginia Tech
 31-18 W Richmond

1974-75 (2-9-1)
COACH: PETE ROBINSON
 9-30 L William & Mary
 17-17 T Western Maryland
 2-33 L Slippy Rock
 19-15 W Appalachian State
 6-21 L Temple
 8-27 L Bucknell
 15-18 L Gettysburg
 14-26 L Franklin & Marshall
 9-30 L William & Mary
 24-18 W Quantico Marines
 10-31 L East Carolina
 13-24 L Richmond

1975-76 (1-6-0)
COACH: PETE ROBINSON
 20-24 L Salisbury State
 19-25 L Appalachian State
 60-0 W Virginia Commonwealth
 12-38 L North Carolina
 6-33 L Florida Tech
 14-32 L William & Mary
 10-33 L Richmond

1976-77 (4-7-0)
COACH: PETE ROBINSON
 39-12 W Virginia Commonwealth
 6-39 L Virginia
 18-22 L Richmond
 35-8 W James Madison
 11-20 L Franklin & Marshall
 3-35 L William & Mary
 42-2 W George Washington
 35-13 W Appalachian State
 4-37 L East Carolina
 19-22 L Salisbury State
 11-32 L Virginia Tech

1977-78 (3-13-0)
COACH: PETE ROBINSON
 32-16 W Norfolk State
 34-21 W Hampton Institute
 3-45 L Lock Haven
 8-37 L West Chester
 15-28 L Virginia Commonwealth
 12-38 L Virginia
 23-24 L Richmond
 17-23 L American
 9-34 L William & Mary
 12-29 L Franklin & Marshall
 3-47 L Virginia Tech
 25-22 W George Washington
 16-35 L East Carolina

23-30 L Appalachian State
 20-21 L James Madison
 21-27 L Salisbury State

1978-79 (5-9-0)
COACH: PETE ROBINSON
 4-41 L Florida
 14-26 L West Chester
 28-15 W James Madison
 33-18 W Indiana (PA)
 18-24 L Virginia Commonwealth
 27-18 W George Mason
 33-16 W Richmond
 17-24 L Salisbury State
 10-32 L William & Mary
 19-33 L East Carolina
 13-30 L Virginia Tech
 20-19 W East Carolina
 18-25 L North Carolina
 10-32 L Virginia

1979-80 (6-6-0)
VIRGINIA STATE CHAMPIONS
COACH: PETE ROBINSON
 15-23 L Navy
 26-12 W West Chester
 32-9 W James Madison
 11-30 L North Carolina
 46-6 W Richmond
 25-17 W Salisbury State
 13-26 L East Carolina
 16-28 L William & Mary
 23-20 W Virginia
 41-6 W Virginia Commonwealth
 19-24 L Wilkes
 12-26 L Virginia Tech

1980-81 (9-9-0)
VIRGINIA STATE CHAMPIONS
COACH: PETE ROBINSON
 20-15 W Shippensburg
 29-17 W Springfield
 11-24 L Army
 19-17 L James Madison
 23-12 W Pittsburgh
 3-36 L North Carolina State
 28-19 W William & Mary
 20-17 W Clemson
 10-35 L Auburn
 27-15 W UT-Chattanooga
 17-21 L Morgan State
 25-23 W Virginia Commonwealth
 19-21 L North Carolina
 14-28 L Virginia Tech
 25-19 W East Carolina
 8-36 L North Carolina State
 17-23 L William & Mary
 22-18 W Virginia

1981-82 (8-5-0)
NCAA EAST REGIONAL CHAMPIONS
COACH: PETE ROBINSON
 28-7 W William & Mary
 15-22 L Cal Poly-San Luis Obispo
 7-30 L Navy
 20-18 W Clemson
 18-32 L North Carolina State
 0-37 L North Carolina
 23-19 W Norfolk State
 25-17 L West Chester
 37-13 W Georgetown
 29-20 W Salisbury State
 32-15 W Virginia Tech
 30-12 W George Washington
 31-9 W Virginia

1982-83 (10-3-0)
VIRGINIA STATE CHAMPIONS
COACH: PETE ROBINSON
 27-7 W Morgan State
 6-29 L Kentucky
 41-3 W Salisbury State
 31-12 W James Madison
 21-13 W West Virginia
 25-15 W Morgan State
 12-30 L North Carolina
 22-12 W West Chester
 40-(-1) W Norfolk State
 24-21 W Liberty Baptist
 11-24 L North Carolina
 28-14 W Virginia
 34-6 W Virginia Tech

1983-84 (20-3-1)
NCAA EAST REGION CHAMPIONS
COACH: WADE SCHALLES
 33-9 W Norfolk State
 41-9 W Elizabeth City
 47-4 W Seton Hall
 25-12 W Princeton

RESULTS

27-11 W Army
 21-15 W Temple
 16-25 L Missouri
 31-12 W Morgan State
 26-16 W North Carolina
 15-15 T Missouri
 23-20 W Tennessee
 33-14 W Virginia Tech
 37-5 W Norfolk State
 22-14 W Pittsburgh
 8-25 L Maryland
 8-30 L Navy
 24-13 W James Madison
 41-14 W George Washington
 45-6 W Coppin State
 60-0 W Maryland Eastern Shore
 39-9 W Youngstown State
 25-11 W West Chester
 60-0 W Maryland Eastern Shore
 29-15 W Liberty Baptist

1984-85 (13-5-0)

COACH: WADE SCHALLES

11-26 L Oregon State
 37-11 W Norfolk State
 6-40 L Clarion
 34-15 W Delaware State
 9-38 L North Carolina State
 17-35 L West Virginia
 17-27 L Illinois
 34-14 W George Washington
 33-14 W Virginia Tech
 25-14 W American
 27-15 W West Chester
 42-2 W George Mason
 39-9 W Howard
 54-0 W Coppin State
 39-20 W Norfolk State
 24-20 W Morgan State
 45-5 W William & Mary
 24-18 W Liberty Baptist

1985-86 (9-9-1)

COACH: WADE SCHALLES

22-13 W Norfolk State
 25-17 W Livingston
 14-31 L Appalachian State
 18-26 L Waynesboro State
 6-38 L West Virginia
 12-32 L Ohio State
 10-24 L Tennessee
 24-22 W George Washington
 37-14 W Coppin State
 34-17 W Norfolk State
 18-33 L Slippy Rock
 27-19 W Kutztown
 54-3 W Loyola
 32-14 W Howard
 18-23 L William & Mary
 21-21 T Delaware
 21-20 W American
 8-40 L Liberty
 15-34 L Virginia Military Institute

1986-87 (13-11-2)

COACH: BILLY MARTIN JR

33-11 W Norfolk State
 43-13 W Coppin State
 12-30 L Pittsburgh-Johnstown
 11-25 L American
 40-13 W Delaware State
 3-40 L North Carolina
 6-43 L Missouri
 11-34 L Maryland
 46-10 W New York
 18-18 T Rutgers
 32-14 W Yale
 28-17 W East Stroudsburg
 35-12 W Coast Guard
 24-16 W Harvard
 38-8 W George Washington
 35-11 W Norfolk State
 12-25 L Virginia
 23-16 W George Mason
 15-25 L Slippy Rock
 17-26 L Central Connecticut
 34-12 W American
 27-12 W Delaware
 6-29 L Navy
 18-21 L Bucknell
 21-26 L James Madison
 21-21 T Liberty

1987-88 (9-4-0)

COACH: GRAY SIMONS

25-6 W Cornell
 45-0 W Coppin State
 20-24 L Wilkes
 42-6 W Norfolk State
 7-29 L North Carolina
 20-15 W Virginia
 14-31 L Maryland
 22-20 W Liberty
 16-32 L Virginia Military Institute

39-11 W Norfolk State
 42-12 W American
 22-20 W William & Mary
 36-6 W George Washington

1988-89 (11-9-1)

COACH: GRAY SIMONS

29-9 W California (Pa.)
 27-9 W Coppin State
 9-32 L Wilkes
 45-10 W Norfolk State
 15-21 L Slippy Rock
 14-18 L Wright State
 Forfeit W Liberty
 3-36 L Syracuse
 5-39 L Oklahoma State
 10-20 L Indiana
 9-30 L Missouri
 18-18 T Maryland
 19-22 L Virginia
 30-8 W Virginia Military Institute
 34-13 W Liberty
 34-23 W Norfolk State
 24-26 W American
 22-20 W William & Mary
 9-30 L North Carolina
 33-14 W James Madison
 42-2 W George Washington

1989-90 (9-6-0)

COACH: GRAY SIMONS

16-30 L Central Connecticut
 30-9 W Wilkes-Barre
 35-13 W Shippensburg
 16-22 L Kent State
 46-6 W Norfolk State
 13-23 L Maryland
 25-12 W Liberty
 19-24 L William & Mary
 32-8 W American
 27-9 W Virginia Military Institute
 12-27 L James Madison
 44-12 W Norfolk State
 29-6 W Virginia
 8-41 L North Carolina
 25-14 W Virginia Tech

1990-91 (14-3-0)

RANKED 20TH

COACH: GRAY SIMONS

20-14 W Central Connecticut
 35-9 W American
 19-15 W Wilkes
 35-6 W Norfolk State
 18-29 L Appalachian State
 29-13 W Hofstra
 29-12 W Yale
 18-17 W Indiana
 28-7 W Adams State
 27-13 W Virginia Tech
 22-17 W Liberty
 50-0 W Howard
 17-20 L Maryland
 27-13 W Virginia
 32-11 W James Madison
 18-23 L North Carolina
 29-12 W William & Mary

1991-92 (8-4-1)

COACH: GRAY SIMONS

21-21 T Hofstra
 33-6 W Drexel
 8-30 L Lock Haven
 7-30 L Maryland
 44-3 W Norfolk State
 21-15 W Liberty
 18-16 W Virginia
 37-5 W James Madison
 50-3 W American
 12-28 L North Carolina
 21-15 W Virginia Tech
 16-24 L George Mason
 38-5 W William & Mary

1992-93 (4-9-0)

COACH: GRAY SIMONS

15-19 L Hofstra
 7-34 L Wisconsin
 9-19 L North Carolina
 16-29 L Maryland
 19-18 W William & Mary
 16-15 W James Madison
 12-24 L Virginia Tech
 9-29 L Liberty
 27-13 W Norfolk State
 16-19 L American
 10-21 L Virginia
 37-9 W Howard
 15-17 L George Mason

1993-94 (8-4-0)

CAA CHAMPIONS

COACH: GRAY SIMONS
 15-18 L Lock Haven

35-9 W William & Mary
 34-9 W Norfolk State
 11-28 L Clemson
 21-20 W Virginia Tech
 15-22 L Lock Haven
 19-16 W Maryland
 36-6 W Virginia Tech
 27-11 W Liberty
 25-19 W James Madison
 26-14 W American
 17-19 L George Mason

1994-95 (7-6-0)

COACH: GRAY SIMONS

18-22 L Drexel
 38-6 W Norfolk State
 12-23 L U.S. Naval Academy
 17-17 W North Carolina State #
 12-27 L Pennsylvania
 12-24 L Maryland
 21-16 W Virginia
 38-6 W William and Mary
 16-18 L Virginia Tech
 30-15 W Howard
 26-14 W UNC Greensboro
 12-20 L George Mason
 29-7 W American

1995-96 (12-5)

COACH: GRAY SIMONS

34-6 W The Citadel
 23-12 W Georgia State
 26-13 W Howard
 42-6 W Coppin State
 27-9 W Drexel
 42-4 W Norfolk State
 23-13 W Virginia Military Institute
 6-31 L Oklahoma
 14-33 L Wyoming
 10-22 L Maryland
 20-16 W Virginia Tech
 20-16 W James Madison
 19-20 L George Mason
 16-18 L Virginia
 33-9 W American
 28-10 W UNC Greensboro
 37-8 W Wilkes

1996-97 (9-5)

COACH: GRAY SIMONS

40-0 W Campbell
 15-27 L Drexel
 49-4 W Coppin State
 22-17 W UNC-Greensboro
 55-0 W Anderson College
 12-23 L Maryland
 21-13 W Virginia Tech
 12-23 L James Madison
 6-37 L Virginia
 32-18 W American
 37-9 W Wilkes
 36-9 W Howard
 50-6 W Norfolk State
 15-30 L George Mason

1997-98 (6-8)

COACH: GRAY SIMONS

25-19 W Slippy Rock
 34-12 W Norfolk State
 6-38 L Edinboro
 15-27 L Brown
 16-17 L Maryland
 5-31 L Virginia Tech
 19-22 L James Madison
 9-31 L Virginia
 16-29 L American
 32-15 W Campbell
 30-14 W Howard
 58-0 W Wilkes
 37-9 W Norfolk State
 13-19 L George Mason

1998-99 (8-10)

COACH: GRAY SIMONS

17-21 L The Citadel
 6-33 L Kent State
 20-21 L Gardner Webb
 12-18 L NC State
 27-10 W VMI
 28-9 W Duke
 9-24 L Drexel
 9-29 L Virginia
 26-6 W Virginia Tech
 8-37 L Cleveland State
 13-25 L James Madison
 29-16 W American
 26-9 W Campbell
 51-3 W Norfolk State
 25-18 W Howard
 30-12 W Wilkes
 13-25 L Maryland
 10-33 L George Mason

1999-2000 (5-6)

COACH: GRAY SIMONS

9-24 L VMI
 24-18 W Duke
 15-25 L Seton Hall
 7-32 L Virginia
 26-15 W Campbell
 18-25 L James Madison
 33-13 W American
 25-15 W Howard
 16-21 L Maryland
 35-9 W Delaware State
 19-22 L GMU

2000-01 (7-6)

COACH: GRAY SIMONS

24-15 W Howard
 41-6 W Delaware State
 18-15 L Duke
 25-18 W Columbia
 39-9 L Lock Haven
 33-3 L Cornell
 24-22 W VMI
 28-15 W American
 23-9 L JMU
 24-12 L UVA
 26-15 W Campbell
 28-21 L Maryland
 43-3 W Delaware St.
 Canceled GMU

2001-02 (6-9)

COACH: GRAY SIMONS

13-32 L Drexel
 13-29 L N.C. State
 10-30 L VMI
 6-43 L Missouri
 6-40 L Rider
 11-40 L Kent State
 19-27 L Virginia
 18-23 L James Madison
 28-11 W Campbell
 15-22 L Maryland
 30-15 W American
 20-15 W Buffalo
 43-7 W Delaware State
 37-8 W Howard
 28-17 W George Mason

2002-2003 (6-10)

COACH: GRAY SIMONS

23-17 W UNC Greensboro
 42-6 W American
 12-25 L N.C. State
 21-13 W Campbell
 29-6 W Drexel
 13-34 L Virginia
 27-8 L Maryland
 36-7 W Delaware State
 21-24 L James Madison

2003-2004 (7-12)

COACH: GRAY SIMONS

42-6 L Edinboro
 39-9 W American
 37-7 L Purdue
 25-19 L Drexel
 39-6 L Rider
 23-20 W Sacred Heart
 34-9 L Boston University
 32-18 W Binghamton
 25-14 L Virginia
 29-12 L Virginia Tech
 32-11 L Kent State
 27-22 L N.C. State
 21-20 L VMI
 32-7 W Campbell
 22-14 L Maryland
 23-19 L UNC-Greensboro
 42-3 W James Madison
 57-0 W Delaware State
 20-13 W George Mason

2004-2005 (12-5)

COACH: STEVE MARTIN

9-39 L Pittsburgh-Johnstown
 29-16 W Delaware Valley
 0-44 L UT-Chattanooga
 26-16 W Citadel
 18-20 L Ohio
 24-16 W Rider
 34-9 W Sacred Heart
 20-18 W Boston University
 16-17 L Drexel
 55-0 W Wagner
 49-4 W Campbell
 12-27 L Hofstra
 20-15 W UNC-Greensboro
 23-13 W N.C. State
 27-11 W VMI
 40-9 W James Madison
 28-10 W George Mason

Old Dominion vs. Opponents

| SCHOOL | RECORD | FIRST MEETING | LAST MEETING | SCHOOL | RECORD | FIRST MEETING | LAST MEETING |
|--------------------------|--------|---------------|--------------|-----------------------------|---------|---------------|--------------|
| Adams State | 1-0-0 | 1991 | 1991 | Lock Haven | 0-7-0 | 1962 | 2001 |
| American | 25-4 | 1959 | 2003 | Loyola (Md.) | 5-0-0 | 1960 | 1986 |
| Appalachian State | 7-13-1 | 1961 | 1991 | Lycoming | 2-2-0 | 1963 | 1967 |
| Army | 1-1-0 | 1981 | 1984 | Malone | 1-0-0 | 1972 | 1972 |
| Anderson College | 1-0-0 | 1997 | 1997 | Maryland | 1-17-1 | 1984 | 2004 |
| Ashland | 0-2-1 | 1969 | 1972 | Maryland-Eastern Shore | 2-0-0 | 1984 | 1984 |
| Auburn | 1-1-0 | 1966 | 1981 | Michigan | 1-0-0 | 1970 | 1970 |
| Ball State | 0-1-0 | 1970 | 1970 | Missouri | 0-4-1 | 1984 | 2002 |
| Baltimore | 10-1-2 | 1958 | 1970 | Morgan State | 4-1-0 | 1983 | 1985 |
| Binghamton | 1-1 | 2003 | 2004 | Navy | 0-5-0 | 1966 | 1987 |
| Bloomsburg | 0-2-0 | 1969 | 1970 | New York University | 1-0-0 | 1987 | 1987 |
| Boston University | 1-2 | 2003 | 2005 | Norfolk State | 32-0-0 | 1970 | 1999 |
| Brown | 0-1-0 | 1998 | 1998 | North Carolina | 2-14-0 | 1969 | 1993 |
| Bucknell | 0-2-0 | 1975 | 1987 | North Carolina-Greensboro | 5-1 | 1995 | 2005 |
| Buffalo | 1-1-0 | 1971 | 2002 | North Carolina State | 3-10 | 1959 | 2005 |
| Cal-State (Pa.) | 0-1-0 | 1972 | 1972 | Northern Ohio | 0-1-0 | 1971 | 1971 |
| Cal Poly-San Luis Obispo | 0-1-0 | 1982 | 1982 | Ohio | 0-1 | 2004 | 2004 |
| California Univ. of Pa. | 1-0-0 | 1989 | 1989 | Ohio State | 1-3-0 | 1969 | 1986 |
| Campbell | 9-0 | 1997 | 2005 | Oklahoma | 0-1-0 | 1996 | 1996 |
| Catholic | 3-0-0 | 1958 | 1965 | Oklahoma State | 0-1-0 | 1989 | 1989 |
| Central Connecticut | 1-2-0 | 1987 | 1991 | Oregon State | 0-1-0 | 1985 | 1985 |
| Citadel, The | 3-2-0 | 1967 | 2004 | Pembroke State | 1-0-0 | 1974 | 1974 |
| Clarion | 0-1-0 | 1985 | 1985 | Pennsylvania | 0-1-0 | 1995 | 1995 |
| Clemson | 2-1-0 | 1981 | 1994 | Pfeiffer | 5-0-0 | 1961 | 1967 |
| Cleveland State | 0-1-0 | 1999 | 1999 | Pittsburgh | 2-0-0 | 1981 | 1984 |
| Coast Guard | 1-0-0 | 1987 | 1987 | Pitt-Johnstown | 0-2-0 | 1987 | 2004 |
| Columbia | 1-0-0 | 2001 | 2001 | Princeton | 1-1-0 | 1966 | 1984 |
| Coppin State | 8-0-0 | 1984 | 1997 | Purdue | 0-1-0 | 2003 | 2003 |
| Cornell | 1-1-0 | 1988 | 2001 | Quantico Marines | 1-0-0 | 1975 | 1975 |
| Cumberland (Ky.) | 0-1-0 | 2003 | 2003 | Richmond | 3-4-0 | 1974 | 1980 |
| Delaware | 1-0-1 | 1986 | 1987 | Richmond Professional Inst. | 5-0-0 | 1964 | 1968 |
| Delaware State | 8-0 | 1985 | 2004 | Rider | 1-3 | 2002 | 2005 |
| Delaware Valley | 1-0 | 2004 | 2004 | Rutgers | 1-0-1 | 1969 | 1987 |
| Drexel | 2-7-0 | 1992 | 2005 | Sacred Heart | 3-0 | 2003 | 2005 |
| Duke | 1-2-0 | 1971 | 2001 | Salisbury State | 3-4-0 | 1976 | 1983 |
| East Carolina | 8-9-2 | 1963 | 1981 | Seton Hall | 1-1-0 | 1984 | 2000 |
| East Stroudsburg | 1-0-0 | 1987 | 1987 | Shippensburg | 2-0-0 | 1981 | 1990 |
| Edinboro | 0-2-0 | 1998 | 2003 | Slippery Rock | 1-5-0 | 1973 | 1998 |
| Elizabeth City | 1-0-0 | 1984 | 1984 | Springfield | 1-1-0 | 1966 | 1981 |
| Florida | 0-1-0 | 1979 | 1979 | SUNY-Brockport | 0-1-0 | 2003 | 2003 |
| Florida Tech | 0-1-0 | 1976 | 1976 | Syracuse | 0-1-0 | 1989 | 1989 |
| Fort Eustis | 1-0-0 | 1959 | 1959 | Temple | 1-1-0 | 1975 | 1984 |
| Franklin & Marshall | 2-4-0 | 1966 | 1978 | Tennessee | 1-1-0 | 1984 | 1986 |
| Gallaudet | 6-0-0 | 1959 | 1963 | Tennessee-Chattanooga | 1-2-0 | 1972 | 2004 |
| Gardner Webb | 0-10-0 | 1998 | 1998 | Towson State | 7-0-0 | 1958 | 1969 |
| George Mason | 6-9 | 1979 | 2005 | U.S. Naval Academy | 0-1-0 | 1995 | 1995 |
| George Washington | 10-0-0 | 1973 | 1989 | Virginia | 16-19 | 1958 | 2004 |
| Georgetown | 1-0-0 | 1982 | 1982 | Virginia Commonwealth | 8-2-0 | 1969 | 1981 |
| Georgia State | 1-0-0 | 1995 | 1995 | Virginia Military Institute | 9-4 | 1958 | 2005 |
| Georgia Tech | 0-1-0 | 1971 | 1971 | Virginia State | 1-0-0 | 1974 | 1974 |
| Gettysburg | 0-1-0 | 1975 | 1975 | Virginia Tech | 16-13 | 1966 | 2004 |
| Hampden-Sydney | 11-0-0 | 1960 | 1968 | Wagner | 1-0 | 2005 | 2005 |
| Hampton Institute | 1-0-0 | 1978 | 1978 | Washington & Lee | 9-1-0 | 1958 | 1974 |
| Harvard | 1-0-0 | 1987 | 1987 | Waynesboro State | 0-1-0 | 1986 | 1986 |
| Hofstra | 1-2-0 | 1991 | 1993 | West Chester | 4-8-0 | 1967 | 1985 |
| Howard | 15-2-0 | 1970 | 2002 | West Virginia | 1-2-0 | 1983 | 1986 |
| Illinois | 0-1-0 | 1985 | 1985 | Western Maryland | 0-1-1 | 1970 | 1975 |
| Indiana | 1-1-0 | 1989 | 1991 | Wilkes | 5-3-0 | 1980 | 1999 |
| Indiana Univ. of Pa. | 1-1-0 | 1971 | 1979 | Wilkes-Barre | 1-1-0 | 1973 | 1990 |
| James Madison | 13-10 | 1977 | 2005 | William & Mary | 12-17-0 | 1967 | 1995 |
| Kent State | 0-4 | 1990 | 2004 | Wisconsin | 0-1-0 | 1993 | 1993 |
| Kentucky | 0-1-0 | 1983 | 1983 | Wright State | 0-1-0 | 1989 | 1989 |
| Kutztown | 1-0-0 | 1986 | 1986 | Wyoming | 0-1-0 | 1996 | 1996 |
| Liberty | 7-2-1 | 1986 | 1994 | Yale | 2-0-0 | 1987 | 1991 |
| Liberty Baptist | 3-0-0 | 1983 | 1985 | | | | |
| Livingston | 1-0-0 | 1986 | 1986 | | | | |

MediaList

PRINT MEDIA

The Virginian Pilot
Chic Riebel
150 W. Brambleton Avenue
Norfolk, VA 23510
757-446-2366
FAX: 757-533-9004

Newport News Daily Press
7505 Warwick Boulevard
Newport News, VA 23607
757-247-4630
FAX: 757-247-9420

The Richmond Times-Dispatch
PO Box 85333
Richmond, VA 23293
804-649-6554
FAX: 804-775-8085

USA Today
7950 Jones Branch Dr.
McLean, VA 22108
FAX: 703-854-2072

The Washington Post
Sports Department
1150 15th St., NW
Washington, D.C. 20071
202-334-7350
FAX: 202-334-7685

The Washington Times
Sports Department
3600 New York Ave., NE
Washington, D.C. 20022
202-636-3269
FAX: 202-269-3419

Old Dominion Mace and Crown
Sports Editor
Webb University Center
Norfolk, VA 23529
757-683-3456

RADIO

ESPN RADIO 1310 AM
Tony Mercurio, Sports Director
5589 Greenwich Road
Virginia Beach, VA 23462
757-671-1000
FAX: 757-490-8973

WODU Radio (Cable 51)
Sports Director
Webb University
Norfolk, VA 23529
757-683-3441
www.oduradio.com

SPORTS INFORMATION CONTACTS

Sports Information Director: Carol Hudson, Jr.
Wrestling SID: Will Foxwell,
Sports Information Graduate Intern
Office Phone: (757) 683-3372
Office FAX: (757) 683-3119
Foxwell's EMail: wfoxwell@odu.edu

TELEVISION

WTKR TV-3 (CBS)
Ted Alexander, Sports Director
720 Boush Street
Norfolk, VA 23510
757-446-1352
FAX: 757-446-1376

WAVY TV-10 (NBC)
Bruce Rader, Sports Director
300 Wavy Street
Portsmouth, VA 23704
757-396-6181
FAX: 757-397-8279

WVEC TV-13 (ABC)
Scott Cash, Sports Director
613 Woodis Avenue
Norfolk, VA 23510
757-628-6217
FAX: 757-628-5855

COMCAST Sportsnet
7700 Wisconsin Ave.
Bethesda, Md. 20814
301-718-3200 / 3306
FAX: 301-718-3300

ESPN
ESPN Plaza
Bristol, CT 06010
860-585-2000
FAX: 860-585-2400

CONFERENCE

Colonial Athletic Association
Tripp Sheppard
Assistant Commissioner
8625 Patterson Ave.
Richmond, VA 23229-6349
804-754-1616
FAX: 804-754-1830

WIRE SERVICES

Associated Press
Hank Kurz, Sports Desk
700 E. Main Street, Suite 1380
Richmond, VA 23219
804-643-6646
Inside Virginia
800-552-9935
FAX: 804-643-6223

INTERNET

College Sports Network
2035 Corte del Negal
Suite 200
Carlsbad, CA 92009
Phone: 760-431-8221
Fax: 760-431-8608



BEFORE COVERING THE MONARCHS...

INTERVIEWS

Head Coach Steve Martin will be available for interviews immediately following all home matches. Player interviews must be set up through the sports information office. Coach Martin is available during the week for interviews before and after practice. Please contact the sports information office at 757-683-3372 for more information.

PHOTOGRAPHERS

Only working photographers will be allowed at mat side during matches. Credentials must be secured at least 24 hours in advance of matches. Photographers will be asked to wear a press photo pass at all times when shooting.

COLONIAL ATHLETIC ASSOCIATION

Wrestling statistics for the eleven CAA schools are compiled throughout the season at the conference office in Richmond, Va. For up-to-date information, call Rob Washburn at 804-754-1616. You can also get up-to-date information from Fax On Demand. Please call 770-399-3066 and dial 222 for the CAA. The document code for Old Dominion wrestling stats is 1680 and 1681.

PRESS TABLE FACILITIES

Space is available at the scorer's table for members of the media. Old Dominion University Sports Information will furnish a complete statistics sheet immediately following the conclusion of all home matches upon request.

RADIO BROADCAST LINES

Visiting teams wishing to broadcast matches are asked to contact the sports information office at least two weeks prior to the game. The Fieldhouse is located between Parker and Powhatan. All radio lines must be secured through the Bell Atlantic Telephone office in Norfolk, by calling 757-667-5000.

THE Colonial

Colonial Athletic Association Quick Facts

8625 Patterson Avenue Richmond, VA 23229-6349

Telephone: 804-754-1616 Fax: 804-754-1830

WWW.CAASPORTS.COM



Fresh off the celebration of its 20th Anniversary, the Colonial Athletic Association enters its third decade with two new members and an expanded geographic footprint that gives the conference a presence in five of the nation's nine largest metropolitan areas.

The addition of Georgia State University in Atlanta and Northeastern University in Boston brings the membership of the CAA to 12 and enhances the league's reputation as one of the nation's top collegiate conferences both athletically and academically. On the playing field, the CAA has produced 16 national team champions in five different sports, 33 individual national champions, 11 national coaches of the year, 11 national players of the year and 12 Honda Award winners. Even more impressive, however, are the honors accumulated away from competition, which include five Rhodes Scholars and 16 NCAA post-graduate scholars. In 2004-05, the CAA had seven CoSIDA Academic All-Americans and more than 1,500 student-athletes posted at least a 3.2 grade point average while lettering in a varsity sport and received the CAA Commissioner's Academic Award.

The landscape of the conference now stretches along the majority of the East Coast, and includes six of the nation's top 25 media markets - New York (1), Philadelphia (4), Boston (5), Washington, D.C. (8), Atlanta (9) and Baltimore (23). The number of television homes in the CAA market exceeds 19 million.

The CAA conducts championships in 21 sports. Male athletes compete for championships in baseball, basketball, cross country, golf, lacrosse, soccer, swimming & diving, tennis, track & field and wrestling. Female athletes battle for conference titles in basketball, cross country, field hockey, golf, lacrosse, soccer, softball, swimming & diving, tennis, track & field and volleyball. The CAA will also begin sponsorship of a 12-team Division I-AA football league in the fall of 2007.

In men's basketball, the CAA has earned a reputation as a "giant killer" in the NCAA Tournament. Since 1981, CAA schools have posted 12 wins over higher-seeded teams. In 2004-05, the conference had four teams earn post-season berths for the first time in league history and five teams were ranked among the top 100 in the RPI. In women's basketball, the CAA has had two teams earn post-season berths for five consecutive years. Perennial power Old Dominion, which has won the past 14 conference titles, has captured three national championships (1979, 1980, 1985) and reached the title game again in 1997.

The conference has also excelled in many other sports. CAA squads have won 10 field hockey national titles since the championship began in 1981, which is not only more than any other conference but represents nearly half of all titles won. In baseball, at least two CAA teams have earned NCAA Tournament berths for seven of the past eight seasons. The CAA is annually ranked among the

nation's top 10 conferences in men's and women's soccer, and has traditionally sent multiple teams to the NCAA Tournament. In 2004-05, 24 league teams earned NCAA Tournament berths in 15 sports, with the CAA having multiple representatives in men's and women's soccer, field hockey, men's and women's golf, men's lacrosse and men's tennis. There were 29 CAA student-athletes who earned All-America honors.

CAA member institutions are also committed to excellence in the classroom. The Colonial Academic Alliance was created in 2002 by the league's presidents with a goal of expanding their partnership to all aspects of university life outside of intercollegiate athletics. Among the programs already established are an undergraduate research conference, coordination of study abroad programs and granting visiting academic status to student-athletes traveling to an away contest so that they have access to libraries, academic resource centers and computer labs.

In 2002, two faculty members from CAA institutions were awarded academia's most coveted distinction - the Nobel Prize. John B. Fenn, a research professor in the Department of Chemistry at Virginia Commonwealth University, received the Nobel Prize for chemistry, and Vernon Smith, a professor of economics and law at George Mason University, shared the Nobel Prize in economic sciences.

Commissioner Thomas E. Yeager has guided the CAA since its inception. Core members George Mason University, James Madison University, the University of North Carolina at Wilmington, Old Dominion University, Virginia Commonwealth University and the College of William & Mary were joined by the University of Delaware, Drexel University, Hofstra University and Towson University in 2001. Georgia State University and Northeastern University became members of the conference on July 1, 2005.

The CAA traces its roots back to 1983 when three of its current members- George Mason, James Madison, and William and Mary - were aligned with East Carolina University, the United States Naval Academy and the University of Richmond as a basketball league (ECAC South). During the next two years, the league added 11 sports, acquired two new members (UNC Wilmington and American University) and decided to form a new association. The transformation from ECAC South to CAA took place on June 6, 1985. By the fall of 1986, the league gained automatic bids to NCAA Championships in men's basketball, soccer, baseball and women's basketball and formed an officials' bureau. Old Dominion became a member of the CAA in 1991-92 and Virginia Commonwealth University joined the conference prior to the 1995-96 season.

From all-star athletes to Nobel Prize winning faculty, the CAA takes great pride in producing performers who stand out both on the playing field and in the classroom.



ODU ADMINISTRATION



ATHLETIC DIRECTORY
(757 Area Code)

Dr. Roseann Runte UNIVERSITY PRESIDENT



Dr. Roseann Runte became the seventh president of Old Dominion University in the summer of 2001. Runte, who has 22 years of experience as a professor and academic administrator, became only the third woman to head a four-year college or university in Virginia. Runte previously served as president of Victoria University in Toronto, principal of Glendon College (York University), president of l'Université Sainte-Anne in Nova Scotia and assistant dean of arts and science at Dalhousie University. She is an associate to the Council of the Royal College of Physicians and Surgeons of Canada, a board member of the National Bank of Canada and a member of the executive committee of the Club of Rome. Runte has served as president of the Canadian Commission for UNESCO for two terms, as president of the Humanities Federation of Canada, as a member of the advisory board of the National Library, as founding president of ACFAS-Toronto, as a board member for the Art Gallery of

Nova Scotia and of the board of Associated Medical Services, as chair of the board of the Foundation for International Training, and as vice chair of the board of the Gardiner Museum of Ceramic Art. The author of five volumes of creative writing, she has edited nine books and has written more than 100 articles and book chapters on topics ranging from literature and education to economic and cultural development. Runte has a Ph.D. in French from the University of Kansas and has received honorary degrees from Acadia University, Memorial University and the universities of Timisoara and Arad in Romania. She received the prix François Coppée from the Académie française as well as the Palmes Académiques and the Order of Merit from the French government, the Order of Canada, the Queen Elizabeth Jubilee medal, and is a Fellow of the Royal Society of Canada and of the World Academy of Arts and Sciences.

Dr. Jim Jarrett ATHLETIC DIRECTOR



When Jim Jarrett arrived on the campus of Old Dominion University in the fall of 1967 as a Health and Physical Education professor, he had little idea that his tenure would be counted in decades. During that time span, he has led the program from a well respected NCAA Division II member to a nationally respected Division I power that has captured 25 national championships.

Jarrett began his 35th year as athletic director in 2005, taking over the reigns in 1970 when Bud Metheny stepped down from that position. As one of the youngest athletic directors in the nation at that time, Jarrett quickly began to make a name for himself and ODU. He committed early on to a philosophy of "selective excellence," whereby the department "selected" its competitive sports and committed itself financially, academically and competitively to the sports it felt the University could best excel.

In 1974, Jarrett became the first athletic director in the state of Virginia to award grant-in-aids to women student-athletes. It was a bold move at the time for a young athletic director and equally young University, but one that paid great dividends. Just five years later, in 1979, the Lady Monarchs won the first of three national championships in women's basketball, and led the nation in attendance.

Under his leadership, the department's athletic venues have tripled and are considered state of the art facilities. They include the construction of the 2,500-seat Bud Metheny Baseball Complex in 1983, the Sailing Center in 1981, the Outdoor Tennis Complex which has been expanded to 15 lighted courts and a championship court with seating for 1,000-plus, the 4,000-seat ODU Soccer Stadium in 1990, renovations to Foreman Field, which included Astro-Turf and new locker room facilities, and the 8,600 seat Constant Convocation Center.

For all his efforts, Jarrett's has been honored many times by national and local groups. Most recently, Jarrett was named the 2003 Southeast Regional Athletic Director of the Year by NACDA. Other awards receive include the Collegiate Director's Award from the Women's Basketball Coaches Association, and the Norfolk Sports Club Man of the Year. He served as a member of the NCAA Women's Basketball Committee and is a past president of the Colonial Athletic Association and the Virginia Sports Hall of Fame.

An avid golfer, Jarrett and his wife Sugie reside in Norfolk.



President:

Dr. Roseann Runte 683-3159

Athletic Director:

Dr. Jim Jarrett 683-3369

Senior Associate Athletic Director:

Debbie H. Byrne 683-3359

Associate Athletic Director:

Deb Polca 683-3358

Assistant A.D./Finance:

Mark Brown 683-3569

Assistant A.D./Event Management:

Greg Smith 683-6026

Compliance Coordinator:

Jeff Wilson 683-5474

Sports Information Director:

Carol R. Hudson, Jr. 683-3372

Asst. Sports Information Director:

Kim Zivkovich 683-3372

Dir. of Ath. Publications/Creative Services:

Tina Price 683-3372

Asst. Business Manager:

Scott Lowery 683-4444

Athletic Camp Director:

Mindy Seidel-Adler 683-4358

Dir. of Sales & Corp. Sponsorships:

Chuck Gray 683-3372

Dir. of Game Atmosphere & Student Att.:

David Weissner 683-3372

Academic Counselor:

Tianna Scott 683-3699

Asst. Academic Advisor:

April Brecht 683-3709

Equipment Room Manager:

Andrea Allen 683-3371

Head Athletic Trainer:

Marty Bradley 683-3383

Asst. Athletic Trainer:

Scott Johnson 683-3397

Asst. Athletic Trainer:

Tina Lathrop 683-5444

Athletic Faculty Representative:

Dr. Janis Sanchez-Hucles 683-4995

Baseball Coach:

Jerry Meyers 683-4360

Men's Basketball Coach:

Blaine Taylor 683-3362

Women's Basketball Coach:

Wendy Larry 683-3401

Field Hockey Coach:

Beth Anders 683-3785

Men's Golf Coach:

Dr. Murray Rudisill 683-3300

Women's Golf Coach:

Pat Kotten 683-4553

Lacrosse Coach (W):

Sue Stahl 683-4541

Sailing Coach (M&W):

Mitch Brindley 683-3387

Men's Soccer Coach:

Alan Dawson 683-4360

Women's Soccer Coach:

Joe Pereira 683-5343

Swimming Coach (M&W):

Carol Withus 683-5752

Tennis Coach (M&W):

Darryl Cummings 683-5312

Wrestling Coach:

Steve Martin 683-5311

Strength & Conditioning Coach:

Andy Zucker 683-5313

Athletic

Old Dominion University prides itself on being able to offer the student-athlete the best possible facilities to achieve maximum potential on the field.

The Intercollegiate Athletics Building, which will undergo a renovation in 2006, houses both strength training and athletic training facilities which are always at the full disposal of the student-athlete. The expanded building will also be the home to academic advising.

The athletic training room provides the best in modern rehabilitation equipment for athletic injuries. The seven-foot deep running pool, located in the hydrotherapy room, along with three whirlpools and one jacuzzi, provides Old Dominion athletes the opportunity to rehabilitate through exercise in water. The room also includes nine training tables, a Kinkom rehabilitation machine, and a traction table. The athletic training room is under the supervision of Head Athletic Trainer Marty Bradley, M.S., A.T., C., and his two full-time assistants, along with a staff of graduate assistants and student assistants.

The strength training room, built specifically for student-athlete use. The room includes the most up-to-date in nautilus and free weight equipment, all under the supervision of Strength and Conditioning Coach Andy Zucker.

The Intercollegiate Athletics Building also houses the administrative staff including the athletic director, the associate and assistant athletic directors, the offices of sports information, promotions, and the ticket office. The Athletic Support Office and Buildings and Grounds offices are also located in the Intercollegiate Athletics Building.

The Intercollegiate Athletics Building is located in the middle of the athletic quadrant of the campus that includes the 4,000 seat Old Dominion Soccer Stadium, the 2,500 seat Bud Metheny Baseball Complex, the 15-court ODU Tennis Complex that includes a 1,000 seat championship court, and the Health & Physical Education Building. The H&PE Building contains the 5,500 seat Old Dominion Fieldhouse and the J.C. "Scrap" Chandler Pool. The ODU Tennis Complex, Soccer Stadium and the

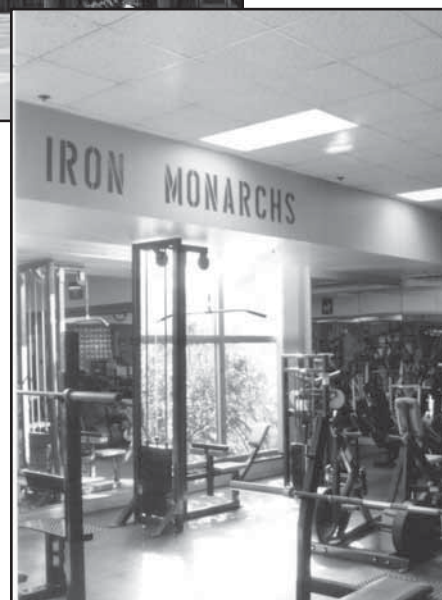
(Continued p. 40)
Health & Physical Education Building



Aerial view of Foreman Field, Bud Metheny Baseball Complex, ODU Soccer Stadium, tennis courts and ODU Fieldhouse.



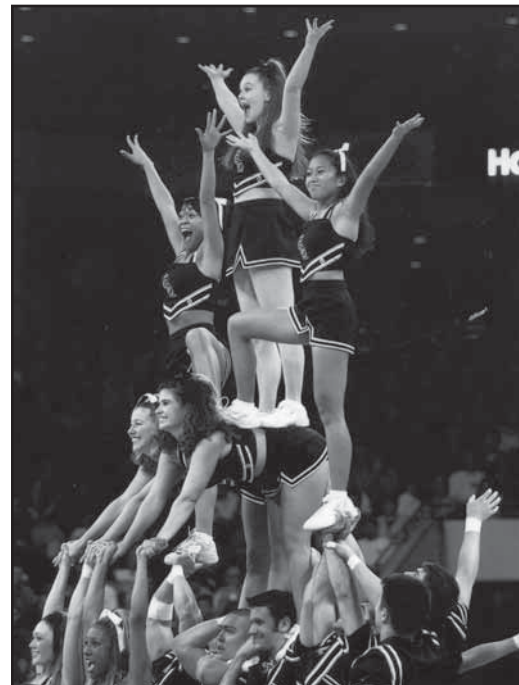
Above, the ODU Fieldhouse, soon to be renovated houses the wrestling program. Right, the strength training room, supervised by Strength and Conditioning Coach Andy Zucker, features the latest in nautilus and free weight equipment.



Facilities



Above, the new Ted Constant Convocation Center is the home of the Old Dominion University basketball programs and is the site of concerts, commencements and many other University events.



Above and left, Old Dominion University students enjoy cheering for the Monarchs.

Old Dominion



Old Dominion University opened its doors 75 years ago in an abandoned public school building with 206 students as the Norfolk Division of the College of William and Mary, and became an independent institution in 1962. Today, the University enrolls more than 20,000 students, including approximately 6,200 graduate students. Its 185-acre Norfolk campus is the primary hub of activity, along with four additional higher education centers (Virginia Beach Center, Peninsula Center, Tri-Cities Center and Northern Virginia Center). Old Dominion is a versatile university, committed to its students, their education, personal development and overall success.

The University offers 67 bachelor's degrees, 65 master's degrees, 26 doctoral degrees and two education specialist degrees, and consists of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences.

Students who live on campus may choose residence hall or apartment-style living. The attractive Webb University Center provides a bookstore, cafeteria, food court, game room, lounge areas, and other shops and offices to serve the student body. Old Dominion is one of Virginia's leading Ph.D. research institutions. The University contributes ap-

proximately \$600 million a year to the Hampton Roads economy and provides the community with a variety of programs and services, including the Applied Research Center, Technology Applications Center, Military Career Transition Program, Executive Development Center and the Virginia Modeling, Analysis and Simulation Center. A leader in space-related research, Old Dominion ranks first in the state in funding from NASA for research projects. The University operates one of the largest wind tunnels in the world at NASA's Langley Research Center, and its Oceanography, Nuclear Physics, and Modeling and Simulation programs are among the best in the nation.

The University Village, a 75-acre development along the east side of Hampton Boulevard, is yet another economic spark for the region. The 8,600-seat Ted Constant Convocation Center, which opened in fall 2002, is the centerpiece of the project. The Village also currently includes 270 modern apartment units for students, a fitness center and a variety of restaurants. Plans call for the addition of a hotel and parking garage, research facilities and a shopping center with a large grocery store.

In the classroom, Old Dominion students continue to earn high marks. The University boasts three USA Today Academic All-Ameri-

cans and a Truman Fellow. ODU's first Rhodes Scholar is former student-athlete Samantha Salvia, a 1996 graduate.

An international leader in delivering interactive instructional television, the University operates TELETECHNET, a distance learning system that offers students an opportunity to earn one of 17 baccalaureate and eight master's degrees, as well as one doctoral degree, without leaving their area of residence. Since its inception in 1992, TELETECHNET has become the largest televised, interactive distance learning program of its kind in the United States.

Old Dominion is also well known for its international focus in both its curricula and student population. More than 1,100 international students from 100 countries are enrolled at the University.

The University also contributes to the cultural life of Hampton Roads by presenting music and dance concerts, art exhibits, and annual literary and film and video festivals. In addition, the President's Lecture Series brings nationally known speakers to campus each year.

The University is located about 200 miles south of Washington, D.C., and is but a short drive to Virginia Beach and the Outer Banks of North Carolina.

WHY MONARCHS?



Many people have wondered how the Old Dominion University athletic teams came to be officially known as the Monarchs.

For many years, the athletic teams of the Norfolk Division of the College of William & Mary (as Old Dominion was formerly called) were known as the Braves. This was a derivation of the William & Mary nickname of Indians.

As Old Dominion achieved its own four-year status and saw its enrollment surpass that of its Williamsburg neighbor, it was no longer suitable or acceptable to have its teams called the Braves.

The name Monarchs evokes much of the early history of the Commonwealth of Virginia and of Old Dominion's mother institution, the College of William and Mary. The nickname "Old Dominion" was first coined to the Virginia colony by King Charles II after Virginia's loyalty to the crown during the English Civil War. Furthermore, William III and Mary II, whose patronage helped found the College of William and Mary in Virginia in 1693, ruled England at the invitation of Parliament as "joint monarchs."

The Monarch used by Old Dominion has a royal crown on a lion's head, representing an historic past and a strong future. The school's current family of athletic logos were adopted in April of 2002.