

OKLAHOMA STATE UNIVERSITY

COWGIRL SOFTBALL

HIGH SCHOOL & CLUB TEAM SOFTBALL

COACHES CLINIC

SATURDAY, DECEMBER 10, 2011

8:30 am — 5:00 pm

Saturday, December 10th

**Gallagher-Iba Arena
Theater Room**

- ◆ **\$50** for the first coach
- ◆ **\$40** for each add'l coach on staff

Registration will begin at 7:30am in Gallagher-Iba southwest lobby. The Theater Room is located inside Gallagher-Iba Arena on the west side, between the "Remember the Ten" Memorial and Heritage Hall Museum. Park vehicles south of Gallagher in the gravel lot and enter in the southwest doors.

Join Cowgirl Softball Head Coach, Rich Wieligman & staff for an exciting educational softball coaching seminar. After coming off a World Series appearance, the Cowgirl coaching staff would like to share their knowledge & experience of the game with all high school and club team coaches. The Clinic will provide instruction on how to improve athletes' skills, knowledge, ability to execute, & help take your team to the highest level! Don't miss out on this great opportunity!

Register TODAY!

Please cut along dotted line and return:

Coach's Name: _____ Phone: _____

Additional Coaches' Names: _____

School/Club Team Name: _____

Address: _____ City, State, Zip: _____

Email Address (for each Coach): _____

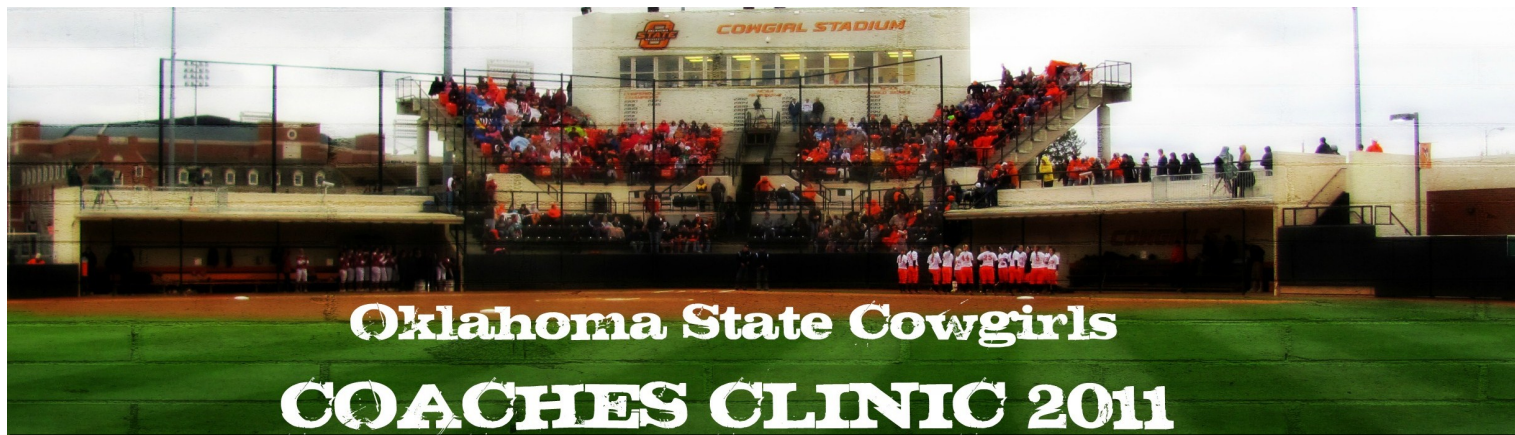
Please return form & payment to:

OSU Cowgirl Softball
ATTN: Haley Hayton
101 Softball Complex
Stillwater, OK 74078

For questions, please contact:

Haley Hayton
405.744.4655
405.744.0321 (fax)
haley.hayton@okstate.edu

Please make checks payable to: Rich Wieligman Softball Camp



Oklahoma State Cowgirls COACHES CLINIC 2011

TENTATIVE SCHEDULE:

7:30AM	Registration	SW Lobby of GIA
8:30AM	Infield Defense.....	Tom Gray
9:30AM	Pitching Mechanics & Drills..	Clarisa Crowell
10:30AM	Strength/Conditioning.....	Callye Williams
11:30AM	<i>Lunch on your own</i>	
1:00PM	Offense.....	Rich Wieligman
2:00PM	Outfield Defense.....	Tom Gray
3:00PM	Managing Pitchers throughout the Course of the Season.....	Clarisa Crowell
4:00PM	Team Practice Organization...	Rich Wieligman
5:00PM	Dismissed	

Registration Fee: \$50.00 (postmarked before Dec. 3)

Each Add'l Coach: \$40.00

Fee at the door: \$60.00

All coaches from one school can be paid for with a single payment; please list the names of *all* coaches. Personal checks, PO's, & cash accepted. No credit card or online registration available. Please make checks payable to: *Rich Wieligman Softball Camp.*

AREA INFORMATION:

Hotels:

◇ The Atherton Hotel at OSU:	405.744.6835
◇ Best Western-Cimarron Suites:	405.372.2878
◇ Fairfield Inn:	405.372.6300
◇ Hampton Inn & Suites:	405.743.1306
◇ Microtel:	888.222.2142
◇ Holiday Inn & Suites:	888.465.4329

Popular Restaurants: (*Note: Lunch is on your own*)

◇ Eskimo Joes:	501 W. Elm	405.372.8896
◇ The Hideaway:	230 S. Knoblock	405.372.4777
◇ McAlister's	205 E. Hall of Fame	405.743.3700
◇ Joseppi's:	233 E. Hall of Fame	405.624.8037
◇ Mexico Joe's:	311 E. Hall of Fame	405.372.1169
◇ Chili's:	310 E. Hall of Fame	405.324.2100
◇ Applebee's:	317 N. Perkins	405.372.9557
◇ Rib Crib:	103 S. Perkins	405.372.1900
◇ Kyoto Japanese:	2021 N. Boomer	405.377.8168
◇ Buffalo Wild Wings:	1701 N. Perkins	405.533.2356
◇ Texas Roadhouse:	2000 N. Perkins	405.707.7427



Oklahoma State Cowgirl Softball Coaching Staff:

From left: **Tom Gray**, - Assistant Coach, fourth season;
Rich Wieligman, - Head Coach, sixth season; **Clarisa Crowell**, Assistant Coach (pitching), sixth season.

COWGIRL SOFTBALL:

- 7 WCWS Appearances**
- 5 Top-Three Finishes**
- 18 NCAA Regional Appearances**
- 9 Conference Titles**
- 30 All-Americans**

"A TRADITION OF EXCELLENCE!"