

2010 PERFORMANCE LISTS

outdoor performance list

2010 MEN'S OUTDOOR

100-Meter Dash (OU Record: 10.04; Top 10: 10.28)			
10.21 ^{hw}	Mookie Salaam (So.)	Eugene, Ore.	June 11
10.57 ^w	Evan Pierson (So.)	Norman, Okla.	April 24
10.99	Jermie Robertson (Fr.)	Arlington, Texas	March 27
11.36 ^w	Marco Moon (Sr.)	Norman, Okla.	May 8
200-Meter Dash (20.24; 20.56)			
20.41	Mookie Salaam (So.)	Austin, Texas	May 28
21.91	Evan Pierson (So.)	Norman, Okla.	April 17
22.02	Daniel Nix (Fr.)	Austin, Texas	May 1
22.15	Zach Dawson (Sr.)	Norman, Okla.	April 17
22.41	Neelon Greenwood (Sr.)	Norman, Okla.	April 17
22.77 ^w	D'Andre Fisher (Jr.)	Norman, Okla.	April 24
22.98	Will Claye (So.)	Norman, Okla.	April 17
23.03	Alex Madkins (So.)	Norman, Okla.	April 17
23.55	Marco Moon (Sr.)	Arlington, Texas	March 27
23.93	Aaron Thompson (Fr.)	Arlington, Texas	March 27
400-Meter Dash (44.69; 46.1)			
47.03	Remuro Henry (Jr.)	Austin, Texas	May 1
47.54	Daniel Nix (Fr.)	Columbia, Mo.	May 15
47.67	Jarell Warren (Sr.)	Tempe, Ariz.	April 10
48.42	Zach Dawson (Sr.)	Norman, Okla.	April 17
50.42	Chris Sweeney (Jr.)	Norman, Okla.	April 17
800-Meter Run (1:45.85; 1:50.00)			
1:49.86	Scott Cooper (Jr.)	Fayetteville, Ark.	April 10
1:50.96	Chris Sweeney (Jr.)	Fayetteville, Ark.	April 10
1:52.90	Eric Harasyn (Jr.)	Fayetteville, Ark.	April 10
1:53.94	Jacob Boone (Jr.)	Norman, Okla.	April 17
1:57.85	Bobby Nicolls (Fr.)	Norman, Okla.	April 17
2:00.48	Tony Clement (Sr.)	Norman, Okla.	April 17
2:00.53	Kels Moreland (So.)	Norman, Okla.	April 17
1,500-Meter Run (3:42.19; 3:47.34)			
3:42.19 ⁸	Jacob Boone (Jr.)	Palo Alto, Calif.	May 1
3:43.10 ⁸	Eric Harasyn (Jr.)	Austin, Texas	May 27
3:46.58	Rob Sorrell (Jr.)	Palo Alto, Calif.	May 1
3:50.16	Kevin Schwab (Fr.)	Fayetteville, Ark.	April 10
3:50.55	Kevin Williams (Fr.)	Fayetteville, Ark.	April 10
3:53.56	Bill Kogel (Fr.)	Fayetteville, Ark.	April 10
3:57.70	Bobby Nicolls (Fr.)	Norman, Okla.	April 17
4:01.78	Clay Mayes (Sr.)	Fayetteville, Ark.	April 10
4:08.43	Tony Clement (Sr.)	Palo Alto, Calif.	March 26
5,000-Meter Run (13:51.13; 14:15.95)			
13:51.13 ⁸	Kevin Williams (Fr.)	Palo Alto, Calif.	May 1
13:54.69	Rob Sorrell (Jr.)	Palo Alto, Calif.	March 26
13:57.12	Kevin Schwab (Fr.)	Palo Alto, Calif.	May 1
13:58.64	Jeremy Sudbury (Jr.)	Palo Alto, Calif.	March 26
14:14.92	Bobby Nicolls (Fr.)	Palo Alto, Calif.	March 26
14:16.41	Bill Kogel (Fr.)	Palo Alto, Calif.	March 26
14:16.68	Clay Mayes (Sr.)	Palo Alto, Calif.	May 1
10,000-Meter Run (29:18.64; 31:31.40)			
29:18.64 [*]	Jeremy Sudbury (Jr.)	Palo Alto, Calif.	March 26
29:27.90	Kevin Schwab (Fr.)	Columbia, Mo.	May 14
29:57.91	Bill Kogel (Fr.)	Columbia, Mo.	May 14
30:53.25	Clay Mayes (Sr.)	Columbia, Mo.	May 14
110-Meter High Hurdles (13.31; 13.84)			
13.31 [*]	Ronnie Ash (Jr.)	Columbia, Mo.	May 16
13.79 [*]	Malcolm Anderson (Jr.)	Austin, Texas	May 1
14.08 ^w	D'Andre Fisher (Jr.)	Austin, Texas	April 3
14.60	Jeffrey Artis (Fr.)	Arlington, Texas	March 27
400-Meter Intermediate Hurdles (48.98; 51.18)			
50.17 [*]	Eric Bailey (Jr.)	Austin, Texas	May 28
51.93	Zach Dawson (Sr.)	Tempe, Ariz.	April 10
52.71	Trayvon Jones (Sr.)	Austin, Texas	May 1
3,000-Meter Steeplechase (8:46.54; 9:16.0)			
9:01.05	Kevin Schwab (Fr.)	Columbia, Mo.	May 16
9:01.13	Jeremy Sudbury (Jr.)	Columbia, Mo.	May 16
4x100-Meter Relay (38.86; 39.60)			
39.72	Bailey, Salaam, Henry, Pierson	Austin, Texas	May 29
39.80	Anderson, Salaam, Henry, Pierson	Austin, Texas	May 1
40.18	Ash, Salaam, Henry, Pierson	Tempe, Ariz.	April 10
4x400-Meter Relay (3:01.46; 3:04.32)			
3:06.43	Dawson, Henry, Warren, Bailey	Norman, Okla.	April 24
3:06.60	Bailey, Henry, Nix, Warren	Columbia, Mo.	May 16
3:06.97	Bailey, Henry, Salaam, Warren	Tempe, Ariz.	April 10
3:07.56	Bailey, Henry, Warren, Dawson	Austin, Texas	April 3
High Jump (7-5.00 [2.26]; 7-0.25 [2.14])			
6-11.00 (2.11)	Kevin Snyder (Jr.)	Austin, Texas	April 3
6-4.75 (1.95)	Aaron Thompson (Fr.)	Norman, Okla.	May 8
Pole Vault (18-6.25 [5.64]; 17-4.75 [5.30])			
15-7.00 (4.75)	Jonathan Webb (Fr.)	Norman, Okla.	April 17
Long Jump (26-4.25 [8.03]; 25-2.50 [7.68])			
25-1.25 (7.65) ^w	Neelon Greenwood (Sr.)	Norman, Okla.	April 24
24-10.50 (7.58)	Alex Madkins (So.)	Columbia, Mo.	May 15
23-11.50 (7.30) ^w	Will Claye (So.)	Austin, Texas	May 1
22-4.50 (6.82) ^w	Marco Moon (Sr.)	Norman, Okla.	May 8
Triple Jump (56-4.75 [17.19]; 49-9.50 [15.17])			
53-5.75 (16.30) ⁸	Will Claye (So.)	Austin, Texas	May 29
52-0.50 (15.86) ⁸	Neelon Greenwood (Sr.)	Austin, Texas	May 29
51-1.50 (15.38) ⁸	Marco Moon (Sr.)	Austin, Texas	May 1
Shot Put (64-2.50 [19.57]; 56-1.25 [17.10])			
56-2.00 (17.12)	Conrad Aaron (Fr.)	Norman, Okla.	May 8
56-1.25 (17.10)	Colin Quirke (So.)	Norman, Okla.	May 8
Discus (205-7 [62.66]; 175-8 [53.54])			
194-10 (59.39) [*]	Luke Bryant (So.)	Denton, Texas	April 10
185-8 (56.60)	K.P. Singh (Jr.)	Denton, Texas	April 10
183-7 (55.96)	Colin Quirke (So.)	Denton, Texas	April 10
162-3 (49.45)	Curtis Mulkey (Fr.)	Oklahoma City, Okla.	April 3
Hammer Throw (215-6 [65.69]; 178-10 [54.52])			
215-6 (65.69) [*]	K.P. Singh (Jr.)	Columbia, Mo.	May 14
178-10 (54.52)	Holden Mitchell (Fr.)	Fort Worth, Texas	March 20
Javelin (228-6 [68.64]; 168-8 [51.41])			
221-3 (67.44)	Justin Shirk (Fr.)	Denton, Texas	April 10
213-6 (65.07)	Mark Costello (So.)	Norman, Okla.	April 23
212-5 (64.76)	Chad Radgowski (Sr.)	Tulsa, Okla.	March 19

2010 WOMEN'S OUTDOOR

100-Meter Dash (OU Record: 11.21; Top 10: 11.52)			
11.30 [*]	Scottessa Miller (Sr.)	Norman, Okla.	April 24
11.53 ^w	Sherine Wells (So.)	Norman, Okla.	May 8
11.84	Jalesa Walker (Jr.)	Norman, Okla.	April 17
11.96	Marlena Wesh (Fr.)	Norman, Okla.	April 17
11.98	Latoya Greaves (Jr.)	Tempe, Ariz.	March 27
12.10	Jasmine Simmons (Jr.)	Arlington, Texas	March 27
12.21	Demeeka Jones (So.)	Norman, Okla.	April 24
12.43	Kristen Carson (Fr.)	Austin, Texas	May 1
200-Meter Dash (22.79; 23.57)			
23.28	Scottessa Miller (Sr.)	Tempe, Ariz.	April 10
23.58	Sherine Wells (So.)	Columbia, Mo.	May 15
24.13	Marlena Wesh (Fr.)	Tempe, Ariz.	March 27
24.23 ^w	Jalesa Walker (Jr.)	Norman, Okla.	April 24
24.47	Latoya Greaves (Jr.)	Austin, Texas	May 1
24.86	Jasmine Simmons (Jr.)	Norman, Okla.	April 17
25.48	Kristen Carson (Fr.)	Norman, Okla.	April 24
25.65	Claire McConnell (Fr.)	Columbia, Mo.	May 14
25.94	Demeeka Jones (So.)	Norman, Okla.	April 17
27.24	Natasha Kotey (Fr.)	Norman, Okla.	April 24
28.23	Taylor Wyatt (Fr.)	Norman, Okla.	April 24
400-Meter Dash (51.20; 54.44)			
54.02	Marlena Wesh (Fr.)	Austin, Texas	May 1
55.78	Jalesa Walker (Jr.)	Norman, Okla.	May 8
800-Meter Run (2:02.02; 2:08.87)			
2:14.95	Natalie Crain (So.)	Austin, Texas	May 17
2:15.68	Molly Ferguson (Fr.)	Norman, Okla.	April 17
2:26.03	Claire McConnell (Fr.)	Norman, Okla.	April 24
1,500-Meter Run (4:16.29; 4:28.51)			
4:30.75	Lauren Watson (Jr.)	Fayetteville, Ark.	April 10
4:31.38	Molly Ferguson (Fr.)	Eugene, Ore.	April 30
4:39.13	Jessica Engel (So.)	Fayetteville, Ark.	April 10
3,000-Meter Run			
9:44.13	Jessica Engel (So.)	Fayetteville, Ark.	March 27
9:47.30	Lauren Watson (Jr.)	Fayetteville, Ark.	March 27
11:35.27	Ellen Dobbin (Sr.)	Norman, Okla.	April 24
5,000-Meter Run (15:59.7; 17:06.18)			
16:13.28	Jessica Engel (So.)	Eugene, Ore.	June 11
17:07.26	Lauren Watson (Jr.)	Eugene, Ore.	April 30
100-Meter Hurdles (12.99; 13.87)			
13.05	Latoya Greaves (Jr.)	Austin, Texas	May 1
13.60	Latoya Heath (Sr.)	Tempe, Ariz.	March 27
13.83 ^w	Demeeka Jones (So.)	Norman, Okla.	May 8
14.75 ^w	Natasha Kotey (Fr.)	Norman, Okla.	May 8
14.86 ^w	Claire McConnell (Fr.)	Norman, Okla.	May 8
15.67 ^w	Taylor Wyatt (Fr.)	Norman, Okla.	May 8
15.70	Charlotté Abrahamson (Jr.)	Austin, Texas	May 1
16.77	Chelsea Goodman (Fr.)	Arlington, Texas	March 27
4x100-Meter Relay (43.58; 44.35)			
44.71	Wesh, Wells, Simmons, Miller	Tempe, Ariz.	April 10
44.94	Wells, Greaves, Simmons, Millers	Norman, Okla.	April 24
4x400-Meter Relay (3:31.81; 3:37.22)			
3:45.38	Wells, Wesh, Miller, Walker	Columbia, Mo.	May 16
3:45.93	Wells, Greaves, Walker, Wesh	Norman, Okla.	April 24
High Jump (6-1.00 [1.85]; 5-8.50 [1.74])			
5-7.00 (1.70)	Charlotte Abrahamson (Jr.)	Norman, Okla.	April 23
5-7.00 (1.70)	Kristen Rice (Fr.)	Norman, Okla.	May 8
5-7.00 (1.70)	Chelsea Goodman (Fr.)	Norman, Okla.	May 8
5-6.00 (1.68)	Chenale Smith (Fr.)	Arlington, Texas	March 27
5-3.00 (1.60)	Nichelle Johns (Fr.)	Norman, Okla.	April 17
5-1.00 (1.55)	Claire McConnell (Fr.)	Norman, Okla.	April 23
4-10.50 (1.49)	Taylor Wyatt (Fr.)	Norman, Okla.	April 23
4-4.75 (1.34)	Natasha Kotey (Fr.)	Norman, Okla.	April 23
Pole Vault (13-3.50 [4.05]; 11-6.25 [3.51])			
12-11.00 (3.94)	Sarah Pappas (Jr.)	Columbia, Mo.	May 16
11-7.00 (3.53)	Jacy Bennett (Fr.)	Oklahoma City, Okla.	April 3
11-0.25 (3.36)	Carl Wester (Jr.)	Austin, Texas	May 1
Long Jump (21-9.50 [6.64]; 19-6.75 [5.96])			
19-4.75 (5.91)	Jasmine Simmons (Jr.)	Columbia, Mo.	May 15
19-0.00 (5.79) ^w	Kristen Carson (Fr.)	Austin, Texas	May 1
17-4.75 (5.30)	Claire McConnell (Fr.)	Norman, Okla.	April 24
17-0.50 (5.19)	Charlotte Abrahamson (Jr.)	Norman, Okla.	April 24
16-8.00 (5.08) ^w	Taylor Wyatt (Fr.)	Norman, Okla.	May 8
16-7.00 (5.05)	Chelsea Goodman (Fr.)	Arlington, Texas	March 27
15-11.50 (4.86) ^w	Natasha Kotey (Fr.)	Norman, Okla.	May 8
Triple Jump (45-10.75 [13.99]; 39-8.00 [12.09])			
42-4.75 (12.92)	Jasmine Simmons (Jr.)	Norman, Okla.	May 8
41-3.75 (12.59) ^w	Latoya Heath (Sr.)	Norman, Okla.	April 24
Shot Put (56-3.00 [17.14]; 45-9.00 [13.94])			
56-3.00 (17.14) ⁸	Karen Shump (Fr.)	Eugene, Ore.	June 11
54-9.25 (16.69) ⁸	Tia Brooks (Fr.)	Norman, Okla.	April 24
52-5.50 (15.99)	Amy Backel (Sr.)	Norman, Okla.	April 24
49-2.25 (14.99)	Brittany Borman (So.)	Austin, Texas	April 2
43-6.50 (13.27)	Charlotte Abrahamson (Jr.)	Norman, Okla.	April 23
34-2.75 (10.43)	Claire McConnell (Fr.)	Norman, Okla.	April 23
27-6.50 (8.39)	Natasha Kotey (Fr.)	Norman, Okla.	April 23
Discus (186-1 [56.72]; 142-9 [43.52])			
186-1 (56.72) ⁸	Brittany Borman (So.)	Denton, Texas	April 10
182-9 (55.70) ⁸	Karen Shump (Fr.)	Denton, Texas	April 10
157-3 (47.94)	Amy Backel (Sr.)	Norman, Okla.	May 8
Javelin (182-5 [55.60]; 136-10 [41.70])			
182-5 (55.60) ⁸	Amy Backel (Sr.)	Columbia, Mo.	May 16
175-11 (53.00) ⁸	Brittany Borman (So.)	Eugene, Ore.	June 12
158-7 (48.35) ⁸	Katelyn Penner (So.)	Arlington, Texas	March 27
136-3 (41.54)	Charlotte Abrahamson (Jr.)	Norman, Okla.	April 24
79-0 (24.07)	Claire McConnell (Fr.)	Norman, Okla.	April 24
Heptathlon (5,440; 4,453)			
4,598	Claire McConnell (Fr.)	Norman, Okla.	April 24

* - Program Record w - Wind Aided A - USATF 'A' Standard B - USATF 'B' Standard

2010 PERFORMANCE LISTS

2010 MEN'S TOP THREE MARKS

100-Meter Dash			
10.21	Mookie Salaam	June 11	NCAA Championships
10.25	Mookie Salaam	May 16	Big 12 Championships
10.27	Mookie Salaam	June 9	NCAA Championships
200-Meter Dash			
20.41	Mookie Salaam	May 28	NCAA West Prelims
20.52	Mookie Salaam	May 29	NCAA West Prelims
20.76	Mookie Salaam	April 10	Sun Angel Track Classic
400-Meter Dash			
47.03	Remuro Henry	May 1	Texas Invite
47.24	Remuro Henry	May 27	NCAA West Prelims
47.33	Remuro Henry	April 10	Sun Angel Track Classic
800-Meter Run			
1:49.86	Scott Cooper	April 10	John McDonnell Invitational
1:50.96	Chris Sweeney	April 10	John McDonnell Invitational
1:51.64	Chris Sweeney	May 1	Payton Jordan Cardinal Invitational
1,500-Meter Run			
3:42.19	Jacob Boone	May 1	Payton Jordan Cardinal Invitational
3:43.10	Eric Harasyn	May 27	NCAA West Prelims
3:44.70	Eric Harasyn	May 16	Big 12 Championships
5,000-Meter Run			
13:51.13	Kevin Williams	May 1	Payton Jordan Cardinal Invitational
13:53.08	Kevin Williams	March 26	Stanford Invitational
13:54.69	Rob Sorrell	March 26	Stanford Invitational
10,000-Meter Run			
29:18.64	Jeremy Sudbury	March 26	Stanford Invitational
29:27.90	Kevin Schwab	May 14	Big 12 Championships
29:35.07	Kevin Schwab	June 10	NCAA Championships
110-Meter Hurdles			
13.31	Ronnie Ash	May 16	Big 12 Championships
13.32	Ronnie Ash	June 10	NCAA Championships
13.37	Ronnie Ash	May 29	NCAA West Prelims
400-Meter Hurdles			
50.17	Eric Bailey	May 28	NCAA West Prelims
50.24	Eric Bailey	April 10	Sun Angel Track Classic
50.31	Eric Bailey	May 16	Big 12 Championships
3,000-Meter Steeplechase			
9:01.05	Kevin Schwab	May 16	Big 12 Championships
9:01.13	Jeremy Sudbury	May 16	Big 12 Championships
4x100-Meter Relay			
39.72	Bailey, Salaam, Henry, Pierson	May 29	NCAA West Prelims
39.80	Anderson, Salaam, Henry, Pierson	May 1	Texas Invite
40.16	Anderson, Salaam, Henry, Pierson	May 16	Big 12 Championships
4x400-Meter Relay			
3:06.42	Bailey, Henry, Nix, Warren	May 16	Big 12 Championships
3:06.43	Dawson, Henry, Warren, Bailey	April 24	Sooner Invitational
3:06.92	Bailey, Henry, Nix, Warren	May 29	NCAA West Prelims
High Jump			
6-11.00 (2.11)	Kevin Snyder	April 3	Texas Relays
6-10.25 (2.09)	Kevin Snyder	April 17	John Jacobs Invitational
6-10.25 (2.09)	Kevin Snyder	May 8	Sooner Open
Pole Vault			
15-7.00 (4.75)	Jonathan Webb	April 17	John Jacobs Invitational
15-2.25 (4.63)	Jonathan Webb	May 8	Sooner Open
Long Jump			
25-1.25 (7.65)	Neelon Greenwood	April 24	Sooner Invitational
24-10.50 (7.58)	Neelon Greenwood	May 8	Sooner Open
24-10.50 (7.58)	Alex Madkins	May 15	Big 12 Championships
Triple Jump			
53-5.75 (16.30)	Will Claye	May 29	NCAA West Prelims
53-3.00 (16.23)	Will Claye	April 10	Sun Angel Track Classic
52-8.75 (16.07)	Will Claye	May 16	Big 12 Championships
Shot Put			
56-2.00 (17.12)	Conrad Aaron	May 8	Sooner Open
56-1.25 (17.10)	Colin Quirke	May 8	Sooner Open
55-9.00 (16.99)	Colin Quirke	May 27	NCAA West Prelims
Discus			
194-10 (59.39)	Luke Bryant	April 10	North Texas Spring Classic
194-3 (59.22)	Luke Bryant	May 8	Sooner Open
190-1 (57.94)	Luke Bryant	March 20	Horned Frog Invitational
Javelin			
221-3 (67.44)	Justin Shirk	April 10	North Texas Spring Classic
214-1 (65.27)	Justin Shirk	March 19	Tulsa Duels
213-6 (65.07)	Mark Costello	April 23	Sooner Invitational
Hammer Throw			
215-6 (65.69)	K.P. Singh	May 14	Big 12 Championships
210-9 (64.23)	K.P. Singh	April 1	Texas Relays
210-3 (64.10)	K.P. Singh	June 11	NCAA Championships

2010 WOMEN'S TOP THREE MARKS

100-Meter Dash			
11.30	Scottesha Miller	April 24	Sooner Invitational
11.32	Scottesha Miller	April 3	Texas Relays
11.42	Scottesha Miller	May 16	Big 12 Championships
200-Meter Dash			
23.28	Scottesha Miller	April 10	Sun Angel Track Classic
23.39	Scottesha Miller	May 16	Big 12 Championships
23.48	Scottesha Miller	May 28	NCAA West Prelims
400-Meter Dash			
54.02	Marlena Wesh	May 1	Texas Invite
54.59	Marlena Wesh	May 27	NCAA West Prelims
54.60	Marlena Wesh	March 27	Arizona State Invitational
800-Meter Run			
2:14.95	Natalie Crain	April 30	Oregon Relays
2:15.40	Natalie Crain	April 24	Sooner Invitational
2:15.68	Molly Ferguson	April 17	John Jacobs Invitational
1,500-Meter Run			
4:30.75	Lauren Watson	April 10	John McDonnell Invitational
4:31.38	Molly Ferguson	April 30	Oregon Relays
4:36.49	Molly Ferguson	May 15	Big 12 Championships
3,000-Meter Run			
9:44.13	Jessica Engel	March 27	Razorback Spring Invitational
9:47.30	Lauren Watson	March 27	Razorback Spring Invitational
11:35.27	Ellen Dobbins	April 24	Sooner Invitational
5,000-Meter Run			
16:13.28	Jessica Engel	June 11	NCAA Championships
16:20.69	Jessica Engel	May 16	Big 12 Championships
16:30.82	Jessica Engel	April 30	Oregon Relays
100-Meter Hurdles			
13.05	Latoya Greaves	May 1	Texas Invite
13.10	Latoya Greaves	April 24	Sooner Invitational
13.10	Latoya Greaves	May 16	Big 12 Championships
4x100-Meter Relay			
44.71	Wesh, Wells, Simmons, Miller	April 10	Sun Angel Track Classic
44.74	Wesh, Wells, Simmons, Miller	April 3	Texas Relays
44.94	Wells, Greaves, Simmons, Miller	April 24	Sooner Invitational
4x400-Meter Relay			
3:45.38	Wells, Wesh, Miller, Walker	May 16	Big 12 Championships
3:45.93	Wells, Greaves, Walker, Wesh	April 24	Sooner Invitational
High Jump			
5-7.00 (1.70)	Charlotte Abrahamsen	April 24	Sooner Invitational
5-7.00 (1.70)	Kristen Rice	May 8	Sooner Open
5-7.00 (1.70)	Chelsea Goodman	May 8	Sooner Open
Pole Vault			
12-11.00 (3.94)	Sarah Pappas	May 16	Big 12 Championships
12-9.50 (3.90)	Sarah Pappas	May 27	NCAA West Prelims
12-7.50 (3.85)	Sarah Pappas	April 17	John Jacobs Invitational
Long Jump			
19-4.75 (5.91)	Jasmine Simmons	May 15	Big 12 Championships
19-4.00 (5.89)	Jasmine Simmons	May 1	Texas Invite
19-0.00 (5.79)	Kristen Carson	May 1	Texas Invite
Triple Jump			
42-4.75 (12.92)	Jasmine Simmons	May 8	Sooner Open
42-3.50 (12.89)	Jasmine Simmons	May 1	Texas Invite
42-0.50 (12.81)	Jasmine Simmons	April 24	Sooner Invitational
Shot Put			
56-3.00 (17.14)	Karen Shump	June 11	NCAA Championships
55-10.25 (17.02)	Karen Shump	May 27	NCAA West Prelims
55-7.50 (16.95)	Karen Shump	April 3	Texas Relays
Discus			
186-1 (56.72)	Brittany Borman	April 10	North Texas Spring Classic
182-9 (55.70)	Karen Shump	April 10	North Texas Spring Classic
181-9 (55.39)	Brittany Borman	May 8	Sooner Open
Javelin			
182-5 (55.60)	Amy Backel	May 16	Big 12 Championships
173-11 (53.00)	Brittany Borman	June 12	NCAA Championships
172-2 (52.49)	Amy Backel	April 3	Texas Relays
Heptathlon			
4,598	Claire McConnell	April 24	Sooner Invitational
4,399	Claire McConnell	May 15	Big 12 Championships

2010 PERFORMANCE LISTS

2010 MEN'S OUTDOOR INDIVIDUAL TITLES

100-Meter Dash			
10.31	Mookie Salaam	April 10	Sun Angel Track Classic
110-Meter Hurdles			
13.80	Ronnie Ash	March 27	Bobby Lane Invitational
13.50	Ronnie Ash	April 3	Texas Relays
13.70	Ronnie Ash	April 10	Sun Angel Track Classic
13.58	Ronnie Ash	April 24	Sooner Invitational
13.54	Ronnie Ash	May 1	Texas Invite
13.91	Ronnie Ash	May 8	Sooner Open
13.31	Ronnie Ash	May 16	Big 12 Championships
13.37	Ronnie Ash	May 29	NCAA West Prelims
400-Meter Hurdles			
51.69	Eric Bailey	March 27	Bobby Lane Invitational
50.24	Eric Bailey	April 10	Sun Angel Track Classic
51.78	Eric Bailey	April 24	Sooner Invitational
50.76	Eric Bailey	May 1	Texas Invite
800-Meter Run			
1:49.86	Scott Cooper	April 10	John McDonnell Invitational
1,500-Meter Run			
4:00.58	Bobby Nicolls	April 24	Sooner Invitational
10,000-Meter Run			
29:18.64	Jeremy Sudbury	March 26	Stanford Invitational (Section 2)
4x400-Meter Relay			
3:13.34	Jones, Henry, Nix, Salaam	April 17	John Jacobs Invitational
High Jump			
6-10.25 (2.09)	Kevin Snyder	April 17	John Jacobs Invitational
6-10.25 (2.09)	Kevin Snyder	May 8	Sooner Open
Triple Jump			
53-3.00 (16.23)	Will Claye	April 10	Sun Angel Track Classic
Hammer Throw			
178-10 (54.52)	Holden Mitchell	March 20	Horned Frog Invitational
202-4 (61.67)	K.P. Singh	March 27	Bobby Lane Invitational
202-4 (61.67)	K.P. Singh	April 17	John Jacobs Invitational
208-4 (63.50)	K.P. Singh	April 24	Sooner Invitational
204-11 (62.45)	K.P. Singh	May 1	Texas Invite
215-6 (65.69)	K.P. Singh	May 14	Big 12 Championships
Discus			
182-3 (55.56)	Luke Bryant	May 1	Texas Invite
Javelin			
214-1 (65.27)	Justin Shirk	March 19	Tulsa Duels
221-3 (67.44)	Justin Shirk	April 10	North Texas Spring Classic

2010 WOMEN'S OUTDOOR INDIVIDUAL TITLES

100-Meter Dash			
11.70	Sherine Wells	April 17	John Jacobs Invitational
11.45	Scottasha Miller	May 8	Sooner Open
100-Meter Hurdles			
13.36	Latoya Greaves	April 10	Sun Angel Track Classic
13.23	Latoya Greaves	April 17	John Jacobs Invitational
13.10	Latoya Greaves	April 24	Sooner Invitational
13.05	Latoya Greaves	May 1	Texas Invite
13.39	Latoya Greaves	May 8	Sooner Open
800-Meter Run			
2:14.95	Natalie Crain	April 30	Oregon Relays (B)
3,000-Meter Run			
9:44.13	Jessica Engel	March 27	Razorback Spring Invitational
High Jump			
5-7.00 (1.70)	Kristen Rice	May 8	Sooner Open
Shot Put			
49-2.25 (14.99)	Brittany Borman	April 2	Texas Relays (B)
55-7.50 (16.95)	Karen Shump	April 3	Texas Relays (A)
53-9.00 (16.38)	Karen Shump	April 17	John Jacobs Invitational
54-9.25 (16.69)	Tia Brooks	April 24	Sooner Invitational
54-8.75 (16.68)	Karen Shump	May 16	Big 12 Championships
55-10.25 (17.02)	Karen Shump	May 27	NCAA West Prelims
Discus			
162-10 (49.63)	Brittany Borman	March 20	Horned Frog Invitational
186-1 (56.72)	Brittany Borman	April 10	North Texas Spring Classic
177-5 (54.08)	Brittany Borman	April 24	Sooner Invitational
177-6 (54.11)	Brittany Borman	May 1	Texas Invite
181-9 (55.39)	Brittany Borman	May 8	Sooner Open
174-5 (53.16)	Brittany Borman	May 15	Big 12 Championships
Javelin			
168-3 (51.28)	Amy Backel	March 19	Tulsa Duels
169-4 (51.61)	Amy Backel	April 17	John Jacobs Invitational
171-10 (52.38)	Brittany Borman	April 23	Sooner Invitational
170-6 (51.97)	Amy Backel	May 1	Texas Invite
182-5 (55.60)	Amy Backel	May 16	Big 12 Championships
Heptathlon			
4,598	Claire McConnell	April 24	Sooner Invitational

2010 PERFORMANCE LISTS

2010 MEN'S INDOOR

60-Meter Dash (6.71; 6.60)			
6.68 ^P	Mookie Salaam (So.)	Feb. 26	Ames, Iowa
6.84	Evan Pierson (So.)	Feb. 20	Norman, Okla.
6.89	Jermie Robertson (Fr.)	Jan. 8	Fayetteville, Ark.
7.09	Remuro Henry (Jr.)	Jan. 16	College Station, Texas
7.22	Marco Moon (Sr.)	Feb. 20	Norman, Okla.
7.33	Daniel Nix (Fr.)	Jan. 16	College Station, Texas
200-Meter Dash (21.23; 20.83)			
20.79 ^A	Mookie Salaam (So.)	March 12	Fayetteville, Ark.
21.82	Evan Pierson (So.)	Feb. 13	Fayetteville, Ark.
21.95	Jermie Robertson (Fr.)	Jan. 22	Fayetteville, Ark.
22.14	Daniel Nix (Fr.)	Jan. 16	College Station, Texas
22.76	Alex Madkins (So.)	Jan. 8	Fayetteville, Ark.
22.92	Neelon Greenwood (Sr.)	Jan. 8	Fayetteville, Ark.
22.98	D'Andre Fisher (Jr.)	Jan. 8	Fayetteville, Ark.
23.46	Marco Moon (Sr.)	Jan. 8	Fayetteville, Ark.
400-Meter Dash (47.25; 46.15)			
47.38	Eric Bailey (Jr.)	Feb. 26	Ames, Iowa
47.72	Remuro Henry (Jr.)	Feb. 26	Ames, Iowa
48.00	Jarell Warren (Sr.)	Feb. 12	Fayetteville, Ark.
48.18	Daniel Nix (Fr.)	Feb. 12	Fayetteville, Ark.
48.36	Zach Dawson (Sr.)	March 6	South Bend, Ind.
50.76	Trayvion Jones (Fr.)	Feb. 6	Norman, Okla.
52.29	Nathaniel Winfrey (Fr.)	Jan. 23	Norman, Okla.
800-Meter Run (1:50.50; 1:48.00)			
1:50.16 ^P	Chris Sweeney (Jr.)	Feb. 13	Seattle, Wash.
1:50.39 ^P	Scott Cooper (Jr.)	Feb. 6	New York City, N.Y.
1:56.22	Kels Moreland (So.)	Feb. 12	Fayetteville, Ark.
1,000-Meter Run			
2:27.03	Alex Muntefering (Fr.)	Feb. 26	Ames, Iowa
Mile Run (4:03.50; 3:59.00)			
3:59.44 ^P	Jacob Boone (Sr.)	Feb. 13	Seattle, Wash.
3:59.97 ^P	Eric Harasyn (Jr.)	Feb. 13	Seattle, Wash.
4:05.06	Rob Sorrell (Jr.)	Feb. 6	New York City, N.Y.
4:07.30	Ross Larimer (Fr.)	Feb. 13	Seattle, Wash.
4:09.15	Kevin Williams (Fr.)	Feb. 6	New York City, N.Y.
4:10.40	Alex Muntefering (Fr.)	Feb. 13	Seattle, Wash.
3,000-Meter Run (8:05.00; 7:54.50)			
7:57.47 ^P	Rob Sorrell (Jr.)	Feb. 13	Seattle, Wash.
8:01.76 ^P	Kevin Williams (Fr.)	Feb. 13	Seattle, Wash.
8:05.02	Kevin Schwab (Fr.)	Feb. 6	New York City, N.Y.
8:27.13	Jeremy Subury (Jr.)	Jan. 23	Fayetteville, Ark.
8:36.32	Bill Kogel (Fr.)	Jan. 23	Fayetteville, Ark.
5,000-Meter Run (14:10.00; 13:47.00)			
14:09.20 ^P	Kevin Schwab (Fr.)	Feb. 26	Ames, Iowa
14:17.03	Jeremy Sudbury (Jr.)	Feb. 26	Ames, Iowa
4x400-Meter Relay (3:10.40; 3:06.50)			
3:07.76 ^P	Henry, Warren, Bailey, Dawson	Feb. 13	Fayetteville, Ark.
3:08.06	Henry, Warren, Salaam, Bailey	March 6	South Bend, Ind.
3:09.04 ^P	Bailey, Henry, Salaam, Dawson	Feb. 6	New York City, N.Y.
3:19.04	Nix, Anderson, Robertson, Sweeney	Jan. 23	Fayetteville, Ark.
Distance Medley Relay (9:41.70; 9:30.00)			
9:34.66	Harasyn, Bailey, Sweeney, Boone	March 5	South Bend, Ind.
9:43.36	Harasyn, Henry, Cooper, Boone	Feb. 26	Ames, Iowa
9:47.18	Sorrell, Henry, Sweeney, Williams	Feb. 5	New York City, N.Y.
60-Meter Hurdles (7.91; 7.70)			
7.55 ^A	Ronnie Ash (Jr.)	March 12	Fayetteville, Ark.
7.76 ^P	Malcolm Anderson (Jr.)	Feb. 5	New York City, N.Y.
7.97	D'Andre Fisher (Jr.)	Feb. 20	Norman, Okla.
8.04	Jeffrey Artis (Fr.)	Feb. 20	Norman, Okla.
8.31	Nathaniel Winfrey (Fr.)	Feb. 20	Norman, Okla.
High Jump (2.14; 2.24)			
6-10.75 (2.10)	Kevin Snyder (Sr.)	Feb. 27	Ames, Iowa
6-6.75 (2.00)	Aaron Thompson (Fr.)	Feb. 20	Norman, Okla.
Pole Vault (5.20; 5.50)			
16-6.75 (5.05)	Jonathan Webb (Fr.)	Feb. 13	Fayetteville, Ark.
15-7.00 (4.75)	Cameron Roffey (Fr.)	Jan. 22	Fayetteville, Ark.
Long Jump (7.50; 7.85)			
24-9.75 (7.56) ^P	Alex Madkins (So.)	Feb. 20	Norman, Okla.
24-7.25 (7.50) ^P	Neelon Greenwood (Sr.)	Feb. 5	New York City, N.Y.
21-8.25 (6.61)	Aaron Thompson (Fr.)	Feb. 6	Norman, Okla.
Triple Jump (15.45; 16.15)			
52-2.50 (15.91) ^P	Will Claye (So.)	Feb. 27	Ames, Iowa
51-4.50 (15.66) ^P	Neelon Greenwood (Sr.)	Feb. 27	Ames, Iowa
50-7.25 (15.42)	Marco Moon (Sr.)	Feb. 12	Fayetteville, Ark.
Shot Put (17.75; 19.30)			
57-7.50 (17.56)	Colin Quirke (So.)	Feb. 12	Fayetteville, Ark.
53-8.25 (16.36)	Aaron Conrad (Fr.)	Feb. 20	Norman, Okla.
Weight Throw (19.50; 21.50)			
69-3.50 (21.12) ^P	K.P. Singh (Jr.)	March 13	Fayetteville, Ark.
50-10.75 (15.51)	Holden Mitchell (Fr.)	Jan. 23	Norman, Okla.

A - NCAA Automatic Qualifier, P - NCAA Provisional Qualifier, * - Program Record

2010 WOMEN'S INDOOR

60-Meter Dash (7.44; 7.26)			
7.26 ^A	Scottesha Miller, (Sr.)	March 12	Fayetteville, Ark.
7.41 ^P	Sherine Wells, (So.)	Feb. 20	Norman, Okla.
7.58	Ti'Anca Mock, (Jr.)	Jan. 8	Fayetteville, Ark.
8.00	Kristen Carson (Fr.)	Jan. 23	Fayetteville, Ark.
8.00	Demeeka Jones (So.)	Feb. 6	Norman, Okla.
8.27	Claire McConnell (Fr.)	Jan. 16	College Station, Texas
8.43	Natasha Kotey (Fr.)	Jan. 16	College Station, Texas
8.60	Taylor Wyatt (Fr.)	Jan. 16	College Station, Texas
200-Meter Dash (23.90; 23.20)			
23.14 ^P	Scottesha Miller (Sr.)	March 12	Fayetteville, Ark.
24.11	Sherine Wells (So.)	Feb. 26	Ames, Iowa
24.56	Jalesa Walker (Jr.)	Jan. 22	Fayetteville, Ark.
24.62	Marlena Wesh (Fr.)	Jan. 22	Fayetteville, Ark.
25.02	Ti'Anca Mock (Jr.)	Jan. 8	Fayetteville, Ark.
25.34	Jasmine Simmons (Jr.)	Jan. 8	Fayetteville, Ark.
25.46	Latoya Greaves (Jr.)	Jan. 22	Fayetteville, Ark.
25.85	Demeeka Jones (So.)	Jan. 22	Fayetteville, Ark.
26.40	Kristen Carson (Fr.)	Jan. 8	Fayetteville, Ark.
400-Meter Dash (54.40; 52.40)			
54.24 ^P	Marlena Wesh (Fr.)	Feb. 27	Ames, Iowa
56.88	Jalesa Walker (Jr.)	Jan. 16	College Station, Texas
57.40	Tiara Sims (So.)	Feb. 12	Fayetteville, Ark.
800-Meter Run (2:09.00; 2:05.00)			
2:14.92	Molly Ferguson (Fr.)	Feb. 20	Norman, Okla.
2:15.78	Natalie Cain (So.)	Feb. 12	Fayetteville, Ark.
2:17.12	Tati Ogan (Fr.)	Feb. 12	Fayetteville, Ark.
2:27.72	Claire McConnell (Fr.)	Jan. 22	Fayetteville, Ark.
2:58.77	Chelsea Goodman (Fr.)	Jan. 22	Fayetteville, Ark.
1,000-Meter Run			
2:56.90	Lauren Watson (Sr.)	Feb. 20	Norman, Okla.
2:56.91	Molly Ferguson (Fr.)	Feb. 6	Norman, Okla.
3:00.34	Erin Hargens (Fr.)	Jan. 16	College Station, Texas
3:08.91	Lindsay Pierson (Jr.)	Jan. 16	College Station, Texas
Mile Run (4:47.00; 4:37.00)			
4:53.36	Lauren Watson (Sr.)	Feb. 12	Fayetteville, Ark.
4:55.34	Molly Ferguson (Fr.)	Feb. 12	Fayetteville, Ark.
5:17.43	Erin Hargens (Fr.)	Jan. 23	Fayetteville, Ark.
5:14.83	Ellen Dobbins (Sr.)	Feb. 20	Norman, Okla.
3,000-Meter Run (9:32.00; 9:13.00)			
9:47.75	Lauren Watson (Sr.)	Feb. 27	Ames, Iowa
9:53.38	Molly Ferguson (Fr.)	Feb. 27	Ames, Iowa
10:21.16	Ellen Dobbins (Sr.)	Feb. 13	Fayetteville, Ark.
60-Meter Hurdles (8.43; 8.14)			
8.26 ^P	Latoya Greaves (Jr.)	Feb. 5	New York City, N.Y.
8.68	Demeeka Jones (So.)	Feb. 20	Norman, Okla.
9.12	Claire McConnell (Fr.)	Feb. 13	Norman, Okla.
9.17	Natasha Kotey (Fr.)	Jan. 23	Fayetteville, Ark.
9.40	Chelsea Goodman (Fr.)	Feb. 5	New York City, N.Y.
9.44	Charlotte Abrahamson (Jr.)	Feb. 5	New York City, N.Y.
9.59	Taylor Wyatt (Fr.)	Feb. 6	Norman, Okla.
4x400-Meter Relay (3:40.00; 3:33.00)			
3:42.99	Wesh, Walker, Wells, Miller	Feb. 13	Fayetteville, Ark.
3:44.38	Walker, Wesh, Greaves, Wells	Feb. 27	Ames, Iowa
3:54.51	Walker, Greaves, Wells, Wesh	Jan. 8	Fayetteville, Ark.
Distance Medley Relay (11:26.50; 11:05.50)			
11:33.87	Ferguson, Walker, Crain, Watson	Feb. 26	Ames, Iowa
11:45.90	Ferguson, Crain, Ogan, Watson	Feb. 13	Fayetteville, Ark.
High Jump (1.78; 1.85)			
5-7.25 (1.71)	Kristen Rice (Fr.)	Feb. 27	Ames, Iowa
5-6.00 (1.68)	Chelsea Goodman (Fr.)	Jan. 8	Fayetteville, Ark.
5-5.00 (1.65)	Charlotte Abrahamson (Jr.)	Feb. 5	New York City, N.Y.
5-5.00 (1.65)	Chenale Smith (Fr.)	Feb. 13	Fayetteville, Ark.
5-2.25 (1.58)	Nichelle Johns (Fr.)	Jan. 22	Fayetteville, Ark.
5-1.75 (1.57)	Claire McConnell (Fr.)	Feb. 13	Norman, Okla.
4-11.75 (1.52)	Taylor Wyatt	Feb. 13	Norman, Okla.
Pole Vault (4.00; 4.25)			
12-10.00 (3.91)	Sarah Pappas (Jr.)	Feb. 12	Fayetteville, Ark.
12-2.75 (3.73)	Jacy Bennett (Fr.)	Feb. 26	Ames, Iowa
10-10.00 (3.30)	Christina Flandrick (Fr.)	Jan. 8	Fayetteville, Ark.
Long Jump (6.13; 6.38)			
20-4.50 (6.21) ^P	Ti'Anca Mock (Sr.)	Feb. 26	Ames, Iowa
20-1.50 (6.13) ^P	Jasmine Simmons (Jr.)	Feb. 26	Ames, Iowa
17-10.75 (5.45)	Kristen Carson (Fr.)	Feb. 6	Norman, Okla.
17-5.25 (5.31)	Chelsea Goodman (Fr.)	Feb. 13	Norman, Okla.
16-10.00 (5.13)	Claire McConnell (Fr.)	Feb. 6	Norman, Okla.
15-0.50 (4.58)	Natasha Kotey (Fr.)	Feb. 13	Norman, Okla.
14-7.25 (4.45)	Nichelle Johns (Fr.)	Feb. 13	Norman, Okla.
Triple Jump (12.65; 13.30)			
42-11.50 (13.09) ^P	Jasmine Simmons (Jr.)	Feb. 13	Fayetteville, Ark.
40-3.50 (12.28)	Ti'Anca Mock (Sr.)	Feb. 6	New York City, N.Y.
Shot Put (15.20; 16.90)			
56-7.25 (17.25) ^A	Karen Shump (Fr.)	Feb. 27	Ames, Iowa
54-11.25 (16.74) ^P	Tia Brooks (Fr.)	March 13	Fayetteville, Ark.
52-4.00 (15.95) ^P	Amy Backel (Sr.)	Jan. 23	Norman, Okla.
49-3.00 (15.01)	Brittany Borman (So.)	Feb. 27	Ames, Iowa
47-5.25 (14.46)	Charlotte Abrahamson (Jr.)	Feb. 5	New York City, N.Y.
32-7.75 (9.95)	Chelsea Goodman (Fr.)	Feb. 13	Norman, Okla.
30-4.75 (9.26)	Claire McConnell (Fr.)	Feb. 13	Norman, Okla.
26-7.00 (8.10)	Natasha Kotey (Fr.)	Feb. 13	Norman, Okla.
24-1.00 (7.34)	Nichelle Johns (Fr.)	Feb. 6	Norman, Okla.
19-0.50 (5.80)	Taylor Wyatt (Fr.)	Feb. 6	Norman, Okla.
Weight Throw (18.75; 21.00)			
51-7.00 (15.72)	Karen Shump (Fr.)	Jan. 23	Norman, Okla.
Pentathlon (3,725; 4,075)			
3,206	Claire McConnell (Fr.)	Feb. 26	Ames, Iowa
2,817	Chelsea Goodman (Fr.)	Jan. 22	Fayetteville, Ark.

Q - NCAA Regional Qualifier, * - Program Record

2010 PERFORMANCE LISTS

2010 MEN'S TOP THREE MARKS

60-Meter Dash

6.68	Mookie Salaam	Feb. 26	Big 12 Championships
6.69	Mookie Salaam	Feb. 27	Big 12 Championships
6.74	Mookie Salaam	Feb. 12	Tyson Invitational

200-Meter Dash

20.79	Mookie Salaam	March 12	NCAA Championships
20.80	Mookie Salaam	Feb. 27	Big 12 Championships
20.92	Mookie Salaam	Feb. 26	Big 12 Championships

400-Meter Dash

47.38	Eric Bailey	Feb. 26	Big 12 Championships
47.72	Remuro Henry	Feb. 26	Big 12 Championships
47.99	Eric Bailey	Feb. 27	Big 12 Championships

800-Meter Run

1:50.16	Chris Sweeney	Feb. 13	UW Husky Invitational
1:50.29	Chris Sweeney	Feb. 26	Big 12 Championships
1:50.39	Scott Cooper	Feb. 6	New Balance Collegiate Invitational

1,000-Meter Run

2:27.03	Alex Muntefering	Feb. 26	Big 12 Championships
2:30.67	Alex Muntefering	Feb. 27	Big 12 Championships

Mile Run

3:59.44	Jacob Boone	Feb. 13	UW Husky Invitational
3:59.97	Eric Harasyn	Feb. 13	UW Husky Invitational
4:03.46	Eric Harasyn	March 12	NCAA Championships

3,000-Meter Run

7:57.47	Rob Sorrell	Feb. 13	UW Husky Invitational
8:01.76	Kevin Williams	Feb. 13	UW Husky Invitational
8:05.02	Kevin Schwab	Feb. 6	New Balance Collegiate Invitational

5,000-Meter Run

14:09.20	Kevin Schwab	Feb. 26	Big 12 Championships
14:17.03	Jeremy Sudbury	Feb. 26	Big 12 Championships

60-Meter Hurdles

7.55	Ronnie Ash	March 12	NCAA Championships
7.56	Ronnie Ash	March 13	NCAA Championships
7.59	Ronnie Ash	Feb. 27	Big 12 Championships

4x400-Meter Relay

3:07.76	Henry, Warren, Bailey, Dawson	Feb. 13	Tyson Invitational
3:08.01	Henry, Warren, Bailey, Dawson	Feb. 27	Big 12 Championships
3:08.06	Henry, Warren, Salaam, Bailey	March 6	Alex Wilson Invitational

Distance Medley Relay

9:34.66	Harasyn, Bailey, Sweeney, Boone	March 5	Alex Wilson Invitational
9:43.46	Harasyn, Henry, Cooper, Boone	Feb. 26	Big 12 Championships
9:47.18	Sorrell, Henry, Sweeney, Williams	Feb. 5	New Balance Collegiate Invitational

High Jump

6-10.75 (2.10)	Kevin Snyder	Feb. 27	Big 12 Championships
6-10.25 (2.09)	Kevin Snyder	Feb. 20	Sooner Open
6-8.75 (2.05)	Kevin Snyder	Jan. 23	Razorback Invitational

Pole Vault

16-6.75 (5.05)	Jonathan Webb	Feb. 13	Tyson Invitational
16-1.25 (4.91)	Jonathan Webb	Feb. 20	Sooner Open
16-0.75 (4.90)	Jonathan Webb	Feb. 6	Oklahoma Christian Invitational II

Long Jump

24-9.75 (7.56)	Alex Madkins	Feb. 20	Sooner Open
24-7.25 (7.50)	Neelon Greenwood	Feb. 5	New Balance Collegiate Invitational
24-6.25 (7.47)	Neelon Greenwood	Jan. 16	Texas A&M Invitational

Triple Jump

52-2.50 (15.91)	Will Claye	Feb. 27	Big 12 Championships
51-4.50 (15.66)	Neelon Greenwood	Feb. 27	Big 12 Championships
51-3.50 (15.63)	Neelon Greenwood	Feb. 13	Tyson Invitational

Shot Put

57-7.50 (17.56)	Colin Quirke	Feb. 13	Tyson Invitational
55-5.50 (16.90)	Colin Quirke	Feb. 6	Oklahoma Christian Invitational II
54-2.75 (16.53)	Colin Quirke	Feb. 20	Sooner Open

Weight Throw

69-3.50 (21.12)	K.P. Singh	March 13	NCAA Championships
69-0.00 (21.03)	K.P. Singh	Feb. 20	Sooner Open
68-11.25 (21.01)	K.P. Singh	Feb. 26	Big 12 Championships

2010 WOMEN'S TOP THREE MARKS

60-Meter Dash

7.26	Scottesha Miller	March 12	NCAA Championships
7.30	Scottesha Miller	Feb. 27	Big 12 Championships
7.32	Scottesha Miller	Feb. 26	Big 12 Championships

200-Meter Dash

23.14	Scottesha Miller	March 12	NCAA Championships
23.28	Scottesha Miller	Feb. 13	Tyson Invitational
23.52	Scottesha Miller	Feb. 27	Big 12 Championships

400-Meter Dash

54.24	Marlena Wesh	Feb. 27	Big 12 Championships
54.38	Marlena Wesh	Feb. 26	Big 12 Championships
54.73	Marlena Wesh	Feb. 12	Tyson Invitational

800-Meter Run

2:14.92	Molly Ferguson	Feb. 20	Sooner Open
2:15.78	Natalie Crain	Feb. 12	Tyson Invitational
2:16.03	Natalie Crain	Feb. 20	Sooner Open

1,000-Meter Run

2:56.90	Lauren Watson	Feb. 20	Sooner Open
2:56.91	Molly Ferguson	Feb. 6	Oklahoma Christian Invitational II
2:57.02	Lauren Watson	Feb. 6	Oklahoma Christian Invitational II

Mile Run

4:53.36	Lauren Watson	Feb. 13	Tyson Invitational
4:55.34	Molly Ferguson	Feb. 13	Tyson Invitational
4:58.78	Lauren Watson	Jan. 23	Razorback Invitational

3,000-Meter Run

9:47.75	Lauren Watson	Feb. 27	Big 12 Championships
9:53.38	Molly Ferguson	Feb. 27	Big 12 Championships
9:57.44	Lauren Watson	Jan. 16	Texas A&M Invitational

60-Meter Hurdles

8.26	Latoya Greaves	Feb. 5	New Balance Collegiate Invitational
8.27	Latoya Greaves	Feb. 26	Big 12 Championships
8.29	Latoya Greaves	Feb. 12	Tyson Invitational

4x400-Meter Relay

3:42.99	Wesh, Walker, Wells, Miller	Feb. 13	Tyson Invitational
3:44.38	Walker, Wesh, Greaves, Wells	Feb. 27	Big 12 Championships
3:54.51	Walker, Greaves, Wells, Wesh	Jan. 16	Arkansas Invitational

Distance Medley Relay

11:33.87	Ferguson, Walker, Crain, Watson	Feb. 26	Big 12 Championships
11:45.90	Ferguson, Crain, Ogan, Watson	Feb. 13	Tyson Invitational

High Jump

5-7.25 (1.71)	Kristen Rice	Feb. 27	Big 12 Championships
5-7.00 (1.70)	Kristen Rice	Feb. 13	Oklahoma Christian Invitational III
5-6.00 (1.68)	Chelsea Goodman	Jan. 8	Arkansas Invitational

Pole Vault

12-10.00 (3.91)	Sarah Pappas	Feb. 12	Tyson Invitational
12-2.75 (3.73)	Jacy Bennett	Feb. 26	Big 12 Championships
12-2.75 (3.73)	Sarah Pappas	Feb. 26	Big 12 Championships

Long Jump

20-4.50 (6.21)	Ti'Anca Mock	Jan. 23	Razorback Invitational
20-4.50 (6.21)	Ti'Anca Mock	Feb. 26	Big 12 Championships
20-3.75 (6.19)	Ti'Anca Mock	Jan. 16	Texas A&M Invitational

Triple Jump

42-11.50 (13.09)	Jasmine Simmons	Feb. 13	Tyson Invitational
42-8.85 (13.02)	Jasmine Simmons	March 13	NCAA Championships
42-8.25 (13.01)	Jasmine Simmons	Feb. 6	New Balance Collegiate Invitational

Shot Put

56-7.25 (17.25)	Karen Shump	Feb. 27	Big 12 Championships
55-3.75 (16.86)	Karen Shump	Jan. 16	Texas A&M Invitational
55-0.25 (16.77)	Karen Shump	Feb. 20	Sooner Open

Weight Throw

51-7.00 (15.72)	Karen Shump	Jan. 23	Oklahoma Christian Invitational
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Pentathlon

3,206	Claire McConnell	Feb. 26	Big 12 Championships
3,048	Claire McConnell	Jan. 22	Razorback Invitational
2,817	Chelsea Goodman	Jan. 22	Razorback Invitational

2010 PERFORMANCE LISTS

2010 MEN'S INDOOR INDIVIDUAL TITLES

Event	Time	Performer	Date	Location
60-Meter Dash	6.69	Mookie Salaam	Feb. 27	Big 12 Championships
200-Meter Dash	22.19	Jermie Robertson	Jan. 8	Arkansas Invitational
400-Meter Dash	48.18	Remuro Henry	Jan. 8	Arkansas Invitational
	48.54	Daniel Nix	Feb. 5	New Balance Collegiate Invitational
600-Meter Run	1:22.84	Jarell Warren	Feb. 6	Oklahoma Christian Invitational II
3,000-Meter Run	8:27.13	Jermie Sudbury	Jan. 23	Razorback Invitational
	8:05.02	Kevin Schwab	Feb. 6	New Balance Collegiate Invitational
60-Meter Hurdles	7.82	Malcolm Anderson	Jan. 23	Razorback Invitational
	8.31	Nathaniel Winfrey	Feb. 6	Oklahoma Christian Invitational II
	7.69	Ronnie Ash	Feb. 12	Tyson Invitational
	7.59	Ronnie Ash	Feb. 27	Big 12 Championships
	7.56	Ronnie Ash	March 13	NCAA Championships
4x400-Meter Relay	3:08.06	Henry, Warren, Salaam, Bailey	March 6	Alex Wilson Invitational
Long Jump	24-6.25 (7.47)	Neelon Greenwood	Jan. 16	Texas A&M Invitational
Triple Jump	51-3.50 (15.63)	Neelon Greenwood	Feb. 13	Tyson Invitational
Pole Vault	16-0.75 (4.90)	Jonathan Webb	Feb. 6	Oklahoma Christian Invitational II
	16-6.75 (5.05)	Jonathan Webb	Feb. 13	Tyson Invitational
Shot Put	55-5.50 (16.90)	Colin Quirke	Feb. 6	Oklahoma Christian Invitational II
	51-2.25 (15.60)	Aaron Conrad	Feb. 13	Oklahoma Christian Invitational III
Weight Throw	64-1.75 (19.55)	K.P. Singh	Jan. 16	Texas A&M Invitational
	65-0.00 (19.81)	K.P. Singh	Jan. 23	Oklahoma Christian Invitational
	69-0.00 (21.03)	K.P. Singh	Feb. 20	Sooner Open
	68-11.25 (21.01)	K.P. Singh	Feb. 26	Big 12 Championship

2010 WOMEN'S INDOOR INDIVIDUAL TITLES

Event	Time	Performer	Date	Location
60-Meter Dash	7.35	Scottesha Miller	Jan. 23	Razorback Invitational
	7.35	Scottesha Miller	Feb. 20	Sooner Open
1,000-Meter Run	2:56.90	Lauren Watson	Feb. 20	Sooner Open
Distance Medley Relay	12:19.10		Feb. 6	Oklahoma Christian Invitational II
60-Meter Hurdles	8.78	Demeeka Jones	Feb. 6	Oklahoma Christian Invitational II
	8.77	Demeeka Jones	Feb. 13	Oklahoma Christian Invitational III
	8.32	Latoya Greaves	Feb. 20	Sooner Open
Long Jump	20-3.75 (6.19)	Ti'Anca Mock	Jan. 16	Texas A&M Invitational
Triple Jump	42-3.50 (12.89)	Jasmine Simmons	Jan. 16	Texas A&M Invitational
High Jump	5-6.00 (1.68)	Chelsea Goodman	Jan. 8	Arkansas Invitational
	5-7.00 (1.70)	Kristen Rice	Feb. 13	Oklahoma Christian Invitational III
Pole Vault	12-10.00 (3.91)	Sarah Pappas	Feb. 12	Tyson Invitational
	12-2.50 (3.72)	Sarah Pappas	Feb. 20	Sooner Open
Shot Put	55-3.75 (16.86)	Karen Shump	Jan. 16	Texas A&M Invitational
	52-4.00 (15.95)	Amy Backel	Jan. 23	Oklahoma Christian Invitational
	53-6.50 (16.32)	Tia Brooks	Feb. 6	Husker Invitational
	54-6.50 (16.62)	Karen Shump	Feb. 13	Tyson Invitational
	56-7.25 (17.25)	Karen Shump	Feb. 27	Big 12 Championships

2010 NCAA AUTOMATIC QUALIFYING MARKS

Mark	Event	Name	Meet
7.69	60-meter hurdles	Ronnie Ash	Tyson Invitational
7.59	60-meter hurdles	Ronnie Ash	Big 12 Championships
20.80	200-meter dash	Mookie Salaam	Big 12 Championships
56-7.25 (17.25)	Shot put	Karen Shump	Big 12 Championships

2010 NCAA PROVISIONAL QUALIFYING MARKS

Mark	Event	Name	Meet
7.43	60-meter dash	Scottesha Miller	Arkansas Invitational
7.42	60-meter dash	Scottesha Miller	Arkansas Invitational
20-3.75 (6.19)	Long jump	Ti'Anca Mock	Texas A&M Invitational
42-3.50 (12.89)	Triple jump	Jasmine Simmons	Texas A&M Invitational
55-3.75 (16.86)	Shot put	Karen Shump	Texas A&M Invitational
51-6.50 (15.71)	Shot put	Amy Backel	Texas A&M Invitational
21.11	200-meter dash	Mookie Salaam	Texas A&M Invitational
3:09.51	4x400-meter relay	OU Men	Texas A&M Invitational
64-1.00 (19.55)	Weight throw	K.P. Singh	Texas A&M Invitational
7.41	60-meter dash	Scottesha Miller	Razorback Invitational
7.25	60-meter dash	Scottesha Miller	Razorback Invitational
23.78	200-meter dash	Scottesha Miller	Razorback Invitational
8.42	60-meter hurdles	Latoya Greaves	Razorback Invitational
20-4.50 (6.21)	Long jump	Ti'Anca Mock	Razorback Invitational
42-4.00 (12.90)	Triple jump	Jasmine Simmons	Razorback Invitational
21.19	200-meter dash	Mookie Salaam	Razorback Invitational
7.82	60-meter hurdles	Ronnie Ash	Razorback Invitational
7.90	60-meter hurdles	Malcolm Anderson	Razorback Invitational
7.87	60-meter hurdles	Ronnie Ash	Razorback Invitational
7.82	60-meter hurdles	Malcolm Anderson	Razorback Invitational
52-4.00 (15.95)	Shot put	Amy Backel	Oklahoma Christian Invitational I
52-3.75 (15.94)	Shot put	Karen Shump	Oklahoma Christian Invitational I
65-0.00 (19.81)	Weight throw	K.P. Singh	Oklahoma Christian Invitational I
66-1.50 (20.15)	Weight throw	K.P. Singh	Husker Invitational
53-6.50 (16.32)	Shot put	Tia Brooks	Husker Invitational
53-5.00 (16.28)	Shot put	Karen Shump	Husker Invitational
7.74	60-meter hurdles	Ronnie Ash	New Balance Collegiate Invitational
7.90	60-meter hurdles	Malcolm Anderson	New Balance Collegiate Invitational
7.81	60-meter hurdles	Ronnie Ash	New Balance Collegiate Invitational
7.76	60-meter hurdles	Malcolm Anderson	New Balance Collegiate Invitational
8.26	60-meter hurdles	Latoya Greaves	New Balance Collegiate Invitational
8.34	60-meter hurdles	Latoya Greaves	New Balance Collegiate Invitational
7.37	60-meter dash	Scottesha Miller	New Balance Collegiate Invitational
20-3.00 (6.17)	Long jump	Ti'Anca Mock	New Balance Collegiate Invitational
24-7.25 (7.50)	Long jump	Neelon Greenwood	New Balance Collegiate Invitational
3:09.04	4x400-meter relay	OU Men	New Balance Collegiate Invitational
42-8.25 (13.01)	Triple jump	Jasmine Simmons	New Balance Collegiate Invitational
1:50.39	800-meter run	Scott Cooper	New Balance Collegiate Invitational
21.23	200-meter dash	Mookie Salaam	New Balance Collegiate Invitational
7.35	60-meter dash	Scottesha Miller	Tyson Invitational
7.33	60-meter dash	Scottesha Miller	Tyson Invitational
23.28	200-meter dash	Scottesha Miller	Tyson Invitational
8.41	60-meter hurdles	Latoya Greaves	Tyson Invitational
8.29	60-meter hurdles	Latoya Greaves	Tyson Invitational
42-11.50 (13.09)	Triple jump	Jasmine Simmons	Tyson Invitational
54-6.50 (16.62)	Shot put	Karen Shump	Tyson Invitational
51-3.75 (15.64)	Shot put	Tia Brooks	Tyson Invitational
50-4.00 (15.34)	Shot put	Amy Backel	Tyson Invitational
21.09	200-meter dash	Mookie Salaam	Tyson Invitational
7.84	60-meter hurdles	Malcolm Anderson	Tyson Invitational
7.77	60-meter hurdles	Ronnie Ash	Tyson Invitational
7.85	60-meter hurdles	Malcolm Anderson	Tyson Invitational
3:07.76	4x400-meter relay	OU Men	Tyson Invitational
51-3.50 (15.63)	Triple jump	Neelon Greenwood	Tyson Invitational
65-11.75 (20.11)	Weight throw	K.P. Singh	Tyson Invitational
1:50.16	800-meter run	Chris Sweeney	UW Husky Invitational
3:59.97	Mile	Eric Harasyn	UW Husky Invitational
3:59.44	Mile	Jacob Boone	UW Husky Invitational
7:57.47	3,000-meter run	Rob Somrell	UW Husky Invitational
8:01.76	3,000-meter run	Kevin Williams	UW Husky Invitational
8.37	60-meter hurdles	Latoya Greaves	UW Husky Invitational
24-9.75 (7.56)	Long jump	Alex Madkins	Sooner Open
7.79	60-meter hurdles	Ronnie Ash	Sooner Open
7.85	60-meter hurdles	Malcolm Anderson	Sooner Open
7.43	60-meter dash	Scottesha Miller	Sooner Open
8.32	60-meter hurdles	Latoya Greaves	Sooner Open
7.35	60-meter dash	Scottesha Miller	Sooner Open
7.41	60-meter dash	Sherine Wells	Sooner Open
7.87	60-meter hurdles	Malcolm Anderson	Sooner Open
7.88	60-meter hurdles	Ronnie Ash	Sooner Open
55-0.25 (16.77)	Shot put	Karen Shump	Sooner Open
52-2.75 (15.92)	Shot put	Tia Brooks	Sooner Open
52-0.00 (15.85)	Shot put	Amy Backel	Sooner Open
69-0.00 (21.03)	Weight throw	K.P. Singh	Sooner Open
7.32	60-meter dash	Scottesha Miller	Big 12 Championships
23.64	200-meter dash	Scottesha Miller	Big 12 Championships
54.38	400-meter dash	Marlena Wesh	Big 12 Championships
8.27	60-meter hurdles	Latoya Greaves	Big 12 Championships
20-4.50 (6.21)	Long jump	Ti'Anca Mock	Big 12 Championships
20-1.50 (6.13)	Long jump	Jasmine Simmons	Big 12 Championships
6.68	60-meter dash	Mookie Salaam	Big 12 Championships
20.92	200-meter dash	Mookie Salaam	Big 12 Championships
1:50.29	800-meter run	Chris Sweeney	Big 12 Championships
14:09.20	5,000-meter run	Kevin Schwab	Big 12 Championships
7.80	60-meter hurdles	Malcolm Anderson	Big 12 Championships
7.80	60-meter hurdles	Ronnie Ash	Big 12 Championships
68-11.25 (21.01)	Weight throw	K.P. Singh	Big 12 Championships
7.30	60-meter dash	Scottesha Miller	Big 12 Championships
23.52	200-meter dash	Scottesha Miller	Big 12 Championships
54.24	400-meter dash	Marlena Wesh	Big 12 Championships
8.31	60-meter hurdles	Latoya Greaves	Big 12 Championships
41-9.75 (12.74)	Triple jump	Jasmine Simmons	Big 12 Championships
54-2.00 (16.51)	Shot put	Tia Brooks	Big 12 Championships
50-5.25 (15.37)	Shot put	Amy Backel	Big 12 Championships
6.69	60-meter dash	Mookie Salaam	Big 12 Championships
7.82	60-meter hurdles	Malcolm Anderson	Big 12 Championships
3:08.01	4x400-meter relay	OU Men	Big 12 Championships
52-2.50 (15.91)	Triple jump	Will Claye	Big 12 Championships
51-4.50 (15.66)	Triple jump	Neelon Greenwood	Big 12 Championships
8.32	60-meter hurdles	Latoya Greaves	Virginia Tech Last Chance Qualifier
8.37	60-meter hurdles	Latoya Greaves	Virginia Tech Last Chance Qualifier
9:34.66	Distance Medley Relay	OU Men	Alex Wilson Invitational
1:50.45	800-meter run	Scott Cooper	Alex Wilson Invitational
3:08.06	4x400-meter relay	OU Men	Alex Wilson Invitational