



Enclosed is information for the two cross country meets Ohio University will be hosting this fall. Our meets are held on the University Golf Course. The Course is all grass with rolling terrain. The footing is firm. There are 4 Paved Cart Crossings to navigate. The Women Run two 3K Loops and the Men run one 3K Loop and two 2.5K Loops.

**-Saturday, September 26<sup>th</sup> 2009 Ohio Invitational**, there will be team and individual awards.

**-Saturday, October 31<sup>st</sup> 2009 Mid American Conference Cross Country Championships**

Please return the enclosed flyer if you are interested in the meet. The meet information is enclosed. There will also be information online at [www.ohiobobcats.cstv.com/](http://www.ohiobobcats.cstv.com/)

For additional information, contact:

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