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2008 Wrestling Camps



2 Great Camps
Bobcat Kids Camp - July 7-10
Technique/Competition Camp - July 7-10



Ohio Wrestling Camp 2008
Ohio University
112 Convocation Center
Athens, Ohio 45701-2979



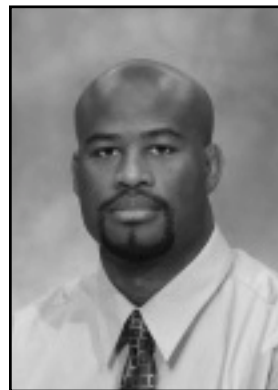
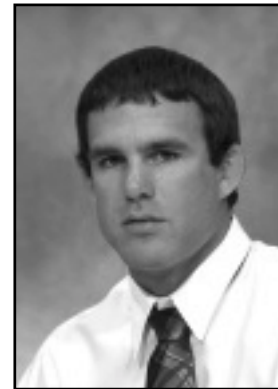
CAMP DIRECTOR



Joel Greenlee
Ohio University
Head Coach
2X NCAA DI
All- American
6X Member of USA
Wrestling National
Freestyle Team
1998 Assistant Coach
of the Year

CAMP TECHNICIANS

Kyle Hansen
Ohio University
Assistant Coach
2X NCAA DI
All- American
3X Western Regional
Champion
IA HS State Champion



Ozzie Saxon
Ohio University
Assistant Coach
2X NCAA DIII
Runner-up
Junior College
National Champion
WA HS State Champion

SPECIAL GUEST



Jake Percival
4X NCAA DI
All-American
4X MAC Champion

CAMP COUNSELORS

Our qualified staff is comprised of top collegiate wrestlers. We offer the individual attention necessary to learn difficult skills and proper techniques. Current and former Ohio wrestlers will be on hand to assist during the week.

- Quentin Keyes**
4X OH HS Placewinner
- Germane Lindsey**
OH HS State Champ
- Clay Tucker**
OH HS State Champ
- Jacob Ison**
MAC Placewinner
- Ryan Knapp**
MAC Placewinner
- Erik Schuth**
NY HS State Champ
- Jason Marshall**
HWT, OH HS State Champ
- Darrin Boing**
4X OH HS State Placer
- Matt Reedy**
OH HS State Champ
- Tommy Weinkam**
HS All-American
- Nick Purdue**
2X OH HS State Champ
- Justin Powell**
OH HS State Champ

OHIO WRESTLING
15-Time MAC Champions

2008 OHIO UNIVERSITY WRESTLING CAMPS

BOBCAT KIDS CAMP (K-5th) July 7-10

This camp is a 4 day commuter camp geared toward elementary age wrestlers. Kids will learn the basic skills of wrestling from 9 to noon each day. There will be plenty of individual attention for each wrestler to benefit greatly. There will be instructional drilling and games designed to develop skills of wrestling and put the love of the sport in each young athlete. Cost -\$100



TECHNIQUE/COMPETITION CAMP (5th -12th) July 7-10

All imaginable areas of wrestling will be covered in the technique/competition camp. Each session will consist of both technique and competition. The first half of each session will be high percentage scoring holds from the feet and highly effective turns and pinning combinations. We will teach advanced as well as basic wrestling techniques, including: takedowns, pins, nearfall, escapes, reversals, and riding. The second half of each session will consist of competition where wrestlers will be divided among weights into groups for live wrestling. We will also cover strength and conditioning, mental preparation, and nutrition. All campers will receive the appropriate attention from all the staff.

Cost - Resident fee: \$350
Commuter fee: \$225
Coach fee: \$160

In addition to wrestling and training techniques, in-depth instruction and lectures will be given in the following areas:

Weight Training

Lectures will include information on how weight training specifically relates to wrestling. There will be demonstrations and instructions in the use of weight training equipment.

Competition

Mat strategy will be taught so that the proper mental decisions will be made during competition.

Camp Counselors

Camp counselors will provide personal attention and guidance to each camper.

Outstanding Techniques

Outstanding techniques, along with drills that incorporates those new skills.



CAMP INFORMATION

Rules and Regulations

Each participant attending the camp will be required to abide by all regulations set by the director and staff. Any violation will result in dismissal from camp without a refund.

Medical Form/Injuries

A medical form will be e-mailed to each individual camper for completion when registration is received. This form *must be* completed and mailed back to the camps coordinator or brought with you on the day of check-in. Any athlete who receives a major injury will have the option of staying at camp and watching or returning home.

There will be no refund in either event.

Trainers

A first aid provider will be available at each session to immediately evaluate and treat injuries received by camp participants.

Deposit and Balance

Register early! Due to limited enrollment, it is important that you register early as sessions are filled on a first-come, first-served basis. A non-refundable \$50 deposit is required with registration; the balance is due 3 days prior to check-in.

Check-In and Check-Out

Registration confirmation will be e-mailed upon receipt of your application. All campers will report at 8 a.m. on the first day of camp at the Convocatin Center lobby. Check-out will be on the last day of camp at NOON.

Meals and Lodging Facilities

Meals and lodging will be in University dining and air conditioned residence facilities. The wrestling site is located in the air conditioned Convocation Center.

Ohio Wrestling Camp Registration

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone (_____) _____

Email _____

Age _____ Weight _____

Grade Entering in Fall _____

School _____

Adult T-Shirt Size (circle) M L XL XXL
Youth T-Shirt Size (circle) S M L

Bobcat Kids Camp- July 7-10

Registration Deadline: July 6

Cost: \$100 _____

Technique/Competition Camp-July 7-10

Registration Deadline: July 6

Resident fee: \$350 _____

Commuter fee: \$225 _____

Coach fee: \$160 _____

Credit Card Payment (check one)

___ VISA ___ MasterCard

Card # _____ Exp. Date ___ / ___ / ___

3 digit security code _____

Cardholder's Name (print) _____

Cardholder's Signature _____

Register online at www.ohiobobcats.com,
go to inside athletics, click on camps

Please Mail to: Ohio Sports Camps
PO Box 689
Athens, OH 45701

For program information call 740/593-1179 or 740/593-1213
Or to register fax 740/593-0291